Affiliated to ASA London Region, Under ASA Laws and FINA Technical Rules of Swimming. Licensed by the ASA at Level 3 under 3LR180254

Saturday 24th & Sunday 25th February 2018 The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Saturday 24 th February			Sunday 25 th February			
Session 1			Session 3			
Warm up 8:00am Start 9:00am		Warm up 8:00am Start 9.00am				
1	Girls 400m Freestyle	201 Boys 400m Freestyle				
2	Boys 50m Butterfly	202	Girls 50m Butterfly			
3	Girls 50m Breaststroke	203 Boys 50m Breaststroke				
4	Boys 100m Freestyle	204 Girls 100m Freestyle				
5	Girls 200m Backstroke	205 Boys 200m Backstroke				
6	Boys 200m Breaststroke	206 Girls 200m Breaststroke				
7	Girls 200m Freestyle	207 Boys 200m Freestyle				
Session 2		Session 4				
Warm up TBC (13:00?)			Warm up TBC (13:00?)			
8	Girls 100m Butterfly	208	Boys 100m Butterfly			
9	Boys 100m Backstroke	209	Girls 100m Backstroke			
10	Girls 200m Individual Medley	210	Boys 200m Individual Medley			
11	Boys 200m Butterfly	211	Girls 200m Butterfly			
12	Girls 50m Backstroke	212	Boys 100m Breaststroke			
13	Boys 50m Freestyle	213	Girls 50m Freestyle			
14	Girls 100m Breaststroke	214	Boys 50m Backstroke			
15	Boys 100m Individual Medley	215	Girls 100m Individual Medley			

^{*} Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed. Full details will be sent with confirmation of entries.

Venue: The New Northolt Leisure Centre,

Eastcote Lane North, Northolt, Middx UB5

25m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes

Age Groups: Age as of 25th February 2018

Events: 50m, 100m and 200m all strokes

plus 100m IM, 200m IM, 400m Freestyle All events will be heat declared winners.

Fees: £8.00 per event (cheques payable to Ealing Swimming Club)

Awards: Awards to 1st, 2nd and 3rd in all age groups. (HDW)

Entries: Electronic entries to be sent to Mrs Leah Pullen

meetmanager@swimesc.co.uk



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RULES AND CONDITIONS

- 1. This gala will take place at Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB and is licensed by the ASA at Level 3 under Licence number 3LR180254. It will run short course (25m) in accordance with ASA Laws and FINA Technical Rules of Swimming and the rules and conditions of this competition.
- **2.** Over the top starts may be used at the promoter's discretion.
- **3.** The pool is 25m long, 8 lanes, anti wave lane ropes and electronic timing.
- 4. No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
- 5. SPECTATORS Entry will be £5.00 for 1 session, £8.00 for 1 day including programme and £15.00 for entry to both days including programme. A copy of the result sheets will be provided to clubs at the end of the gala if possible or will be available from our website as soon as possible after the gala. If a hard copy of the results is required please provide an sae with £3.00 postage. (Large letter)
- **6.** Age bands are 9/10, 11, 12, 13, 14, 15 and Open. Ages as at 25th February 2018
- 7. Events: 50m 100m 200m all strokes, plus 100m IM, 200m IM, 400m Freestyle.
- **8.** Entry fees are £8.00.
- 9. Time Trials will be offered where there would otherwise be empty lanes. Time trials will be initially offered to any rejected swimmers on a first come first served basis, and competitors wishing to swim time trials should go to the Time Trial Helpdesk upon arrival at the start of each session prior to warm up. There will be a charge of £10.00 per time trial swim. There will be no awards for TTs but times achieved will go to Rankings.
- **10.** A time standard table is attached. Swimmers entering this Meet are expected to enter their current best times and must **NOT** enter faster times than the upper limit.
- 11. All events are Heat Declared Winner. Awards will be given to the top three swimmers in each age group (9/10, 11, 12, 13, 14, 15 and Open). An award will be presented to the visiting club with the most points; Points will be awarded to those swimmers in each category placed 1 to 8 on the basis of 8 to 1 to be used towards the best visiting club award. Any medals not collected on the day will be forfeited. All awards must be picked up at the time of the competition.
- 12. The Pool will be available for warm-up before the start of each session; see the summary programme for warm up timings. A second pool is available at Northolt Leisure Centre (Saturday afternoon and all day Sunday), which will be available for continuous warm up and swim down during the meet.
- 13. Entries will be restricted to ensure the meet runs to time and will be accepted on a 'first come first served' basis, but with consideration to balancing out the numbers in each year age category. The promoter's decision in this matter is final. Full reimbursement of fees shall be given to Clubs entering after the meet is declared 'full'. NO OTHER MONIES WILL BE REFUNDED. There will be no refunds for withdrawals after the closing date other than withdrawals for medical reasons that are accompanied by the appropriate certification.
- **14.** The closing date is **MIDNIGHT Tuesday 6th February 2018.** Entries with no time (NT) will not be accepted and times cannot be amended after the closing date.
- 15. If a club is entering fewer than 6 swimmers, entries may be made on the forms provided (photocopies will be accepted); all information must be legible (block caps please). Incomplete, ineligible entries or incorrect entry fees will not be accepted. Hard copies of entries along with the summary form, coach pass form and cheque to be sent to: Ms Leah Pullen, 16 Amherst Road, Ealing, London W13 8ND. Only

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one cheque per club will be accepted. Alternatively, please BACS to Ealing Swimming Club Ltd Account number 48500760; Sort code 30-84-58; Ref *Club name*FEB18

Entry fees should reach the Promoter by MIDNIGHT Tuesday 6th February 2018.

Clubs entering more than 6 swimmers **MUST** download the Hy-Tek Team Manager file from http://www.swimesc.co.uk and return the entry file to meetmanager@swimesc.co.uk. Please note that if a Club enters more than 6 swimmers by means of entry forms rather than Hy-Tek Manager Event File, these entries will incur an administration fee of £15.00.

Team Manager Instructions may also be found on http://www.swimesc.co.uk/SubTabGeneric.jsp?team=reczzesc& stabid =58749.

- **16.** Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
- **17.** All swimmers including those aged 9 must be registered as Category 2 with the ASA and have their cards available should they be required.
- **18.** This meet will operate as a **CARDLESS** meet. Entries will be pre-seeded before the meet. Any withdrawals must be made 45 minutes before the start of each session at the withdrawal desk.
- **19.** The pool will be cleared 10 minutes before the start of the session.
- **20.** This Meet has been licensed at Level 3 by the ASA. Times recorded at the meet will be accepted for entry into County and Regional Competitions and Championships, and will be sent to the ASA for inclusion in the National Rankings.
- 21. Coaches' passes will be issued at the cost of £10 per day or £15 for a two day pass. This will entitle the holder to admission to all sessions, a programme, session start lists, teas/coffee at the start of each day and poolside refreshments. Entry to poolside will not be permitted without a pass. Meals can be purchased on request at £12.50 p/person p/day.
- **22.** There will be a swim shop.
- 23. Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the Sport and at the discretion of the Meet Management or the Promoters.
- **24.** All participants must observe the safety precautions in operation at Northolt Leisure Centre. Neither the Meet Management, the Promoter nor Ealing Swimming Club will be responsible for any loss or damage occurring during this Meet.
- **25.** The Meet Manager is Leah Pullen. The meet is promoted by Ealing Swimming Club. For any further information please telephone Leah Pullen on 07808 403603 or email meetmanager@swimesc.co.uk.
- **26.** ESC remind all those attending this meet that under the pool operator's requirements (competitors, coaches, team managers, spectators, officials, volunteers, contracted staff etc.) wishing to use cameras, video or digital image capturing devices (including mobile phones) that they need to sign the photographic book.
- 27. ALL COMPETING CLUBS ARE REQUESTED TO NOMINATE 2 OFFICIALS. (J1 in training or QUALIFIED J1 AND ABOVE QUALIFIED OFFICIAL).

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Closing Date Midnight Tuesday 6th February 2018

PASSES FOR ENTRY TO POOLSIDE

Coaches' passes will be issued at a cost of £10 per day or £15.00 for a two-day pass. This will entitle the holder to admission to all sessions, a programme, session start lists and poolside refreshments. Lunch needs to be ordered, this will be an additional cost of £12.50 p/person. Results will be available on Ealing SC's web site: www.swimesc.co.uk. If results are required to be sent, please provide an s.a.e. with first class (Large Letter) postage or a request can be made via email to meetmanager@swimesc.co.uk.

Requests for passes must be made two weeks prior to the meet, together with payment for the relevant amount made payable to Ealing Swimming Club.

PLEASE NOTE THAT PASSES MUST BE WORN AT ALL TIMES DURING THE MEET. ENTRY TO THE POOLSIDE WILL NOT BE PERMITTED WITHOUT THEM.

REQUEST FOR POOLSIDE PASSES

CLUB		
Name of Coach or Team Manager		
Coach Names, ASA no & DBS no:		
How many person for Coach passes: Satu	urday/Sunday/Both days (please delete)	
Do you require lunch: £12.50 p/day: Yes No		
How many persons for lunch: Saturday/S	unday/Both days (please delete)	
I enclose a cheque for £ in favour of Ealing Swimming Club		
Signed P	osition in club	
Please send to: Leah Pullen, 16 Amherst Roa	id, Ealing, London W13 8ND	

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MEET SUMMARY ENTRY FORM

£		
£		
£		
£		
Date		
	you as a Club to nomina nail address on the forn	
ASA No	SESSION 1234	
	SESSION 1234	
	3E33ION 1234	
	parent / club officia and understood the Date alas. We are asking y	

Completed individual entry forms, summary form plus coach pass slip should be sent to Lean Pullen,
16 Amherst Road, London, W13 8ND or emailed to meetmanager@swimesc.co.uk. Cheques should be made payable to Ealing Swimming Club (EALL) or BACS to Ealing Swimming Club Ltd Account number 48500760
Sort code 30-84-58; Ref *Club name*NOVL317

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ENTRY FORM

Please complete even if entering electronically. All hard copy entries must be sent in.

Name							Male / Fem	iale
Address							1	
						<u> </u>		
Telephone No* (We require a contact No)*					E-mail			
Date of Birth			Age as at 25 th February 2018					
Club								
ASA Number								
	A.I.I.	TIMES TO DE	25 mg D/O		Ch a ** (
	ALL TIMES TO BE 25m POOL TIMES (Short Course) PLEASE REFER TO QUALIFYING TIMES INFORMATION							
EVEN	Т	ENTRY TIME	Event no		EVENT	EI	NTRY TIME	Event no
50m Freestyle				50m Breas	tstroke			
100m Freestyle				100m Brea	ststroke			
200m Freestyle				200m Breaststroke				
400m Freestyle				50m Butterfly				
50m Backstroke				100m Butterfly				
100m Backstroke				200m Butt	erfly			
200m Backstroke				200m IM				
100 I/M								
Total No. of Entri	es		@ £8.00 per event = Total £					
Cheques should b	e made payabl	e to Ealing Swimm	ing Club (EA	ALL)				

Cheques should be made payable to Ealing Swimming Club (EALL) or BACS to Ealing Swimming Club Ltd
Account number 48500760 Sort code 30-84-58

Please return entries by Closing Date Midnight Tuesday 6th February 2018

Please accept my entries for the events indicated above. The time indicated against each event has been achieved. I declare that the details entered in this form are correct, that I am an eligible competitor in accordance with the ASA Laws and that I agree to abide by the meet conditions.

Signature	
Jigilatuic	

