

EALING SWIMMING CLUB

February L3 OPEN

Affiliated to ASA London Region, Under ASA Laws and FINA Technical Rules of Swimming.

Licensed by the ASA at Level 3 under 3LR180254

Saturday 24th & Sunday 25th February 2018

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Saturday 24 th February		Sunday 25 th February	
Session 1 Warm up 8:00am Start 9:00am		Session 3 Warm up 8:00am Start 9:00am	
1	Girls 400m Freestyle	201	Boys 400m Freestyle
2	Boys 50m Butterfly	202	Girls 50m Butterfly
3	Girls 50m Breaststroke	203	Boys 50m Breaststroke
4	Boys 100m Freestyle	204	Girls 100m Freestyle
5	Girls 200m Backstroke	205	Boys 200m Backstroke
6	Boys 200m Breaststroke	206	Girls 200m Breaststroke
7	Girls 200m Freestyle	207	Boys 200m Freestyle
Session 2 Warm up TBC (13:00?)		Session 4 Warm up TBC (13:00?)	
8	Girls 100m Butterfly	208	Boys 100m Butterfly
9	Boys 100m Backstroke	209	Girls 100m Backstroke
10	Girls 200m Individual Medley	210	Boys 200m Individual Medley
11	Boys 200m Butterfly	211	Girls 200m Butterfly
12	Girls 50m Backstroke	212	Boys 100m Breaststroke
13	Boys 50m Freestyle	213	Girls 50m Freestyle
14	Girls 100m Breaststroke	214	Boys 50m Backstroke
15	Boys 100m Individual Medley	215	Girls 100m Individual Medley

* Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed. Full details will be sent with confirmation of entries.

Venue: The New Northolt Leisure Centre,
Eastcote Lane North, Northolt, Middx UB5
25m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes

Age Groups: Age as of 25th February 2018

Events: 50m, 100m and 200m all strokes
plus 100m IM, 200m IM, 400m Freestyle
All events will be heat declared winners.

Fees: £8.00 per event (cheques payable to Ealing Swimming Club)

Awards: Awards to 1st, 2nd and 3rd in all age groups. (HDW)

Entries: Electronic entries to be sent to Mrs Leah Pullen
meetmanager@swimesc.co.uk

