Individual Meet Results

 $Swim England\ National\ Winter\ Championships 2018\ 14-Dec\text{-}18\ to\ 16-Dec\text{-}18\ [Ageup:\ 31/12/2018]\ SC\ Meters$

Location: Ponds Forge

Ealing Swimming Club [EALL] Coach: Dave Heathcock

Time	F/P/S	Event	Place	Points	Improv
J. Britton (23) M					
2:13.25\$	F #310	Men 200 Breast	8		-1.18
2:14.37S	P #310	Men 200 Breast	7		-0.06
P. Britton (21) W	I				
4:13.31S	F # 209	Women 400 Free	9		-2.35
4:13.35S	P # 209	Women 400 Free	5		-2.31
2:02.93S	P #305	Women 200 Free	24		1.01
A. Hopkin (22) V	V				
52.00S	F #110	Women 100 Free	2		-1.53
52.78S	P #110	Women 100 Free	3		-0.75
23.70S	F # 201	Women 50 Free	1		-0.67
24.13S	P # 201	Women 50 Free	1		-0.24
58.92S	F # 205	Women 100 Fly	4		-1.97
59.35S	P # 205	Women 100 Fly	4		-1.54
25.94S	F #303	Women 50 Fly	2		-0.56
26.06S	P #303	Women 50 Fly	2		-0.44
L. whittaker (13)	W				
28.08S	F #106	Women 50 Back	1		-1.10
28.48\$	P #106	Women 50 Back	11		-0.70
26.45S	P # 201	Women 50 Free	24		-0.22
28.83S	P #303	Women 50 Fly	28		-0.01
1:01.96S	P #307	Women 100 Back	21		-0.99