

1. GOVERNING RULES & LAWS

- 1.1. These Championships shall be conducted under Swim England Laws, Regulations and Technical Rules of Swimming and these Promoter's Conditions.

2. MEET ADMINISTRATION

- 2.1. The nominated Meet Manager for these Championships is Nick Hallam.
- 2.2. Postal address: 34 Kingswood Avenue, South Croydon, Surrey CR2 9DQ.
- 2.3. Email address: london_region_meets@icloud.com
- 2.4. The Promoter for these Championships is Alan Thurlow (alanthurlow@gmail.com) and the Lead Referee is Ralph Shortland.

3. GENERAL CONDITIONS

- 3.1. A swimmer's age shall be determined as at midnight on 31st December 2019.
- 3.2. Closing deadline for entries and full payment is **10pm on 10th April 2019**.
- 3.3. A qualifying entry time must have been achieved on or after 18th April 2018 (i.e. in the 12 months immediately preceding the closing date for the Championships).
- 3.4. In the interest of safety, to keep the event within the available time booked at the hosting facility and to ensure the smooth running of the Championships, the London Swimming Events Team reserve the right to restrict the number of entries in any given event. In all cases, competitors with the fastest submitted times by age group will take preference.
- 3.5. Entry into these Championships will be one of the criteria for any London competitor to be selected for any overseas competition and/or camp organised by London Swimming in the twelve months immediately after these Championships.
- 3.6. Time Trials will not be permitted during these Championships.
- 3.7. London Swimming remind all those attending these Championships (competitors, coaches, team managers, spectators, officials, volunteers, contracted staff etc.) wishing to use cameras, video or digital image capturing devices (including mobile phones) that they should only do so after reference to their obligations and the recommendations laid down in Wavepower 2016-2019, the Swim England Child Safeguarding Policy & Procedures and other Swim England Photography guidance. Your adherence to the guidelines and vigilance during the event will assist in our efforts to avoid the misuse of such equipment and the images/videos produced.
- 3.8. In the circumstance that an infraction of clause 3.7 is identified by London Swimming officials and/or volunteers, the London Swimming Events Team will apply an appropriate sanction adjudged to be proportionate. This may include, but not be restricted to, the reporting of the person to their Club Welfare Officer for breach of applicable code of conduct or temporary confiscation of the equipment.
- 3.9. In the circumstance that an infraction of clause 3.7 is identified by or reported to the facility management, the Normal Operating Procedure of the facility will be applicable and will be fully supported by London Swimming.
- 3.10. With the specific exception of official photographers appointed by London Swimming, flash photography is prohibited at all times during the Championships.
- 3.11. All meet attendees must respect the privacy and wishes of all other users of the facilities, regardless of their celebrity status.
- 3.12. There will be a secondary strobe available at all venues.

4. DATA PROTECTION.

- 4.1. We will process personal data submitted by the swimmer or their club in accordance with the current Privacy Notice published by London Swimming. With respect to this meet we will process personal data for the legitimate purpose of running the gala. The items of personal data processed are name, Swim England number, date of birth, gender and para-swimming classification if applicable. During the gala we will process name, gender and competition age in reports for the legitimate purpose of running the gala efficiently. At the end of the gala we will process name, gender, Swim England number and date of birth in the electronic submission made to British Rankings. We will also make this information available on request to the club of the swimmer as the data controller.
- 4.2. After the gala the personal data processed will be stored securely in both document and electronic formats for 12 months and then erased. This period of storage permits the accurate response to enquiries about

the gala and provides statistical information for the purpose of designing the following year's gala. No personal data will remain on any electronic timing systems used to run the gala. You have the right to have your personal data erased from our systems if you have withdrawn from the gala. You also have the right to object to the processing of your personal data. In both cases, please make your request to the promoter.

5. FOOD, DRINKS & REFRESHMENTS.

- 5.1. Spectators ARE NOT permitted to bring any food/drinks/refreshments into the London Aquatic Centre, regardless of purpose or intent. Only refreshments that have been purchased on site may be consumed in the communal areas and spectators seating areas.
- 5.2. Swimmers/Coaches/Poolside Supervisors ARE permitted to bring food/drinks/refreshments into the facility.
- 5.3. It is preferred that any food/drinks/refreshments brought into the facility are consumed in the changing rooms, communal areas and spectators seating area.
- 5.4. The consumption of food/drinks/refreshments on the poolside/deck is not preferred but is not prohibited.
- 5.5. In the circumstance that food/drinks/refreshments are consumed on the poolside/deck, the swimmers/coaches/supervisors club are considered responsible for the management/collection of the waste produced.
- 5.6. In the circumstance that waste/refuse is not collected and disposed of by a club, that club will be liable for the full payment of any additional cleaning charge levied by the operators of the facility.
- 5.7. In the circumstance that waste/refuse is not collected and disposed of by two or more clubs, each club will be liable to pay an equal share of any additional cleaning charge levied by the operators of the facility.
- 5.8. The London Swimming Events Team request that all attendees of events at the London Aquatics Centre respect and comply with these obligations and do not challenge facility staff in an attempt to secure a concession.
- 5.9. In the circumstance that the actions/behaviour of any attendee of a London Swimming meet at the London Aquatic Centre or at the Crystal Palace National Sports Centre be deemed to be abusive or unacceptable, the Normal Operating Procedure of the facility will be applicable and will be fully supported by London Swimming.

6. ELIGIBILITY FOR ENTRY

- 6.1. The Championships is open to eligible competitors, as defined by Swim England, who are members of clubs affiliated to London Swimming.
- 6.2. A competitor in an individual event must be a registered member of the club in whose name they are entered at the closing date.
- 6.3. A competitor in a relay team must have been a registered member of the club, in whose name they are entered, at least 60 days prior to the first day of the Championships. The appropriate registration form must have been received by the relevant governing body before the 60th day.
- 6.4. A competitor may not take part in these Championships if they have or are competing in another region's Summer Championships since 1 September 2018. The Regional Winter Championships are excluded for this purpose.
- 6.5. For all events, the London Swimming Events Team has defined Long Course entry qualifying times. Short Course times can be used for entry if they are converted using the Swim England's Equivalent Performance Tables.
- 6.6. Competitors must have equalled or bettered the published entry qualifying time at an event licensed at Levels 1, 2 or 3 by Swim England or WASA, or Levels 1 or 2 by the SASA, or an event outside of Great Britain. In all circumstances, the entry time must be registered on the Swim England rankings database.
- 6.7. By submitting an entry to these Championships, a competitor - or in the case of a competitor being under 18 years of age during the meet, the competitor's legal guardians - attest to the fitness and ability of the competitor to complete the event without foreseeable injury or incident and without causing delay to the event schedule.

7. AGE CRITERIA

- 7.1. Age Groups swum in the meet will be in accordance with the Swim England Swimming Pathway implementation document for English Regional competitions.
- 7.2. Age Groups for entry will include separate 17 year old and 18+ age group, but they will be swum combined in the meet.

8. VENUES

8.1. The locations and dates of competition are shown in the following table:

Dates	Licence No.	Locations	Events
4 to 6 May	1LR191253	London Aquatics Centre, Queen Elizabeth Olympic Park, Stratford, London	Youth Championships, all Team Events and all Multi-Classification Events
11/12 May	1LR191254	London Aquatics Centre, Queen Elizabeth Olympic Park, Stratford, London	Age Group Championships
18/19 May	1LR191255	Crystal Palace National Sports Centre, Ledrington Road, Crystal Palace, London	Age Group Championships

9. EVENTS

9.1. These championships shall comprise of individual and team events.

9.2. There shall be separate 1500m and 800m events for males and females although they will be swum combined.

9.3. The following tables detail the schedule of events for the first weekend;

DAY 1 - SESSION 1 - LAC		DAY 2 - SESSION 4 - LAC		DAY 3 - SESSION 7 - LAC	
EVENT 110	HDW Mixed 15 Yrs/Over 1500m Freestyle	EVENT 210	HDW Mixed 15 Yrs/Over 800m Freestyle	EVENT 310	HDW Girls 15 Yrs/Over 400m Freestyle (MC)
EVENT 111	HDW Girls 15 Yrs/Over 400m IM	EVENT 211	HDW Boys 15 Yrs/Over 400m IM	EVENT 311	HDW Boys 15 Yrs/Over 400m Freestyle (MC)
EVENT 112	HDW Mens 14-16 Yrs 400m Freestyle Relay	EVENT 212	HDW Womens 14-16 Yrs 800m Freestyle Relay	EVENT 312	HDW Womens 14-16 Yrs 400m Medley Relay
EVENT 113	HDW Mens 17 Yrs/Over 400m Freestyle Relay	EVENT 213	HDW Womens 17 Yrs/Over 800m Freestyle Relay	EVENT 313	HDW Womens 17 Yrs/Over 400m Medley Relay
EVENT 114	HDW Womens 14-16 Yrs 400m Freestyle Relay	EVENT 214	HDW Mens 14-16 Yrs 800m Freestyle Relay	EVENT 314	HDW Mens 14-16 Yrs 400m Medley Relay
EVENT 115	HDW Womens 17 Yrs/Over 400m Freestyle Relay	EVENT 215	HDW Mens 17 Yrs/Over 800m Freestyle Relay	EVENT 315	HDW Mens 17 Yrs/Over 400m Medley Relay

DAY 1 - SESSION 2 - LAC		DAY 2 - SESSION 5 - LAC		DAY 3 - SESSION 8 - LAC	
EVENT 120	HEATS Girls 15 Yrs/Over 100m Backstroke (MC)	EVENT 220	HEATS Girls 15 Yrs/Over 100m Butterfly (MC)	EVENT 320	HEATS Girls 15 Yrs/Over 200m Butterfly
EVENT 121	HEATS Boys 15 Yrs/Over 100m Backstroke (MC)	EVENT 221	HEATS Boys 15 Yrs/Over 100m Butterfly (MC)	EVENT 321	HEATS Boys 15 Yrs/Over 200m Butterfly
EVENT 122	HEATS Girls 15 Yrs/Over 200m Breaststroke	EVENT 222	HEATS Girls 15 Yrs/Over 50m Backstroke (MC)	EVENT 322	HEATS Girls 15 Yrs/Over 50m Breaststroke (MC)
EVENT 123	HEATS Boys 15 Yrs/Over 200m Breaststroke	EVENT 223	HEATS Boys 15 Yrs/Over 50m Backstroke (MC)	EVENT 323	HEATS Boys 15 Yrs/Over 50m Breaststroke (MC)
EVENT 124	HEATS Girls 15 Yrs/Over 50m Butterfly (MC)	EVENT 224	HEATS Girls 15 Yrs/Over 200m IM (MC)	EVENT 324	HEATS Girls 15 Yrs/Over 200m Backstroke
EVENT 125	HEATS Boys 15 Yrs/Over 50m Butterfly (MC)	EVENT 225	HEATS Boys 15 Yrs/Over 200m IM (MC)	EVENT 325	HEATS Boys 15 Yrs/Over 200m Backstroke
EVENT 126	HEATS Girls 15 Yrs/Over 200m Freestyle (MC)	EVENT 226	HEATS Girls 15 Yrs/Over 50m Freestyle (MC)	EVENT 326	HEATS Girls 15 Yrs/Over 100m Freestyle (MC)
EVENT 127	HEATS Boys 15 Yrs/Over 200m Freestyle (MC)	EVENT 227	HEATS Boys 15 Yrs/Over 50m Freestyle (MC)	EVENT 327	HEATS Boys 15 Yrs/Over 100m Freestyle (MC)
		EVENT 228	HEATS Girls 15 Yrs/Over 100m Breaststroke (MC)		
		EVENT 229	HEATS Boys 15 Yrs/Over 100m Breaststroke (MC)		

DAY 1 - SESSION 3 - LAC		DAY 2 - SESSION 6 - LAC		DAY 3 - SESSION 9 - LAC	
EVENT 120	FINALS Girls 15 Yrs/Over 100m Backstroke (MC)	EVENT 220	FINALS Girls 15 Yrs/Over 100m Butterfly (MC)	EVENT 320	FINALS Girls 15 Yrs/Over 200m Butterfly
EVENT 121	FINALS Boys 15 Yrs/Over 100m Backstroke (MC)	EVENT 221	FINALS Boys 15 Yrs/Over 100m Butterfly (MC)	EVENT 321	FINALS Boys 15 Yrs/Over 200m Butterfly
EVENT 122	FINALS Girls 15 Yrs/Over 200m Breaststroke	EVENT 222	FINALS Girls 15 Yrs/Over 50m Backstroke (MC)	EVENT 322	FINALS Girls 15 Yrs/Over 50m Breaststroke (MC)
EVENT 123	FINALS Boys 15 Yrs/Over 200m Breaststroke	EVENT 223	FINALS Boys 15 Yrs/Over 50m Backstroke (MC)	EVENT 323	FINALS Boys 15 Yrs/Over 50m Breaststroke (MC)
EVENT 124	FINALS Girls 15 Yrs/Over 50m Butterfly (MC)	EVENT 224	FINALS Girls 15 Yrs/Over 200m IM (MC)	EVENT 324	FINALS Girls 15 Yrs/Over 200m Backstroke
EVENT 125	FINALS Boys 15 Yrs/Over 50m Butterfly (MC)	EVENT 225	FINALS Boys 15 Yrs/Over 200m IM (MC)	EVENT 325	FINALS Boys 15 Yrs/Over 200m Backstroke
EVENT 126	FINALS Girls 15 Yrs/Over 200m Freestyle (MC)	EVENT 226	FINALS Girls 15 Yrs/Over 50m Freestyle (MC)	EVENT 326	FINALS Girls 15 Yrs/Over 100m Freestyle (MC)
EVENT 127	FINALS Boys 15 Yrs/Over 200m Freestyle (MC)	EVENT 227	FINALS Boys 15 Yrs/Over 50m Freestyle (MC)	EVENT 327	FINALS Boys 15 Yrs/Over 100m Freestyle (MC)
		EVENT 228	FINALS Girls 15 Yrs/Over 100m Breaststroke (MC)		
		EVENT 229	FINALS Boys 15 Yrs/Over 100m Breaststroke (MC)		

9.4. The following tables detail the schedule of events for the second and third weekends;

DAY 4 - SESSION 10 - LAC		DAY 5 - SESSION 12 - LAC		DAY 6 - SESSION 14 - CPNSC		DAY 7 - SESSION 16 - CPNSC	
EVENT 410	HDW Mixed 11/14 Yrs 800m Freestyle	EVENT 510	HDW Mixed 11/14 Yrs 1500m Freestyle	EVENT 610	HEATS Girls 11/14 Yrs 100m Backstroke	EVENT 710	HEATS Boys 11/14 Yrs 100m Backstroke
EVENT 411	HEATS Boys 11/14 Yrs 100m Freestyle	EVENT 511	HEATS Girls 11/14 Yrs 100m Freestyle	EVENT 611	HEATS Boys 11/14 Yrs 100m Breaststroke	EVENT 711	HEATS Girls 11/14 Yrs 100m Breaststroke
EVENT 412	HEATS Girls 11/14 Yrs 100m Butterfly	EVENT 512	HEATS Boys 11/14 Yrs 100m Butterfly	EVENT 612	HDW Girls 11/14 Yrs 400m Freestyle	EVENT 712	HDW Boys 11/14 Yrs 400m Freestyle
EVENT 413	HEATS Boys 11/14 Yrs 200m Backstroke	EVENT 513	HEATS Girls 11/14 Yrs 200m Backstroke	EVENT 610	FINALS Girls 11/14 Yrs 100m Backstroke	EVENT 710	FINALS Boys 11/14 Yrs 100m Backstroke
EVENT 414	HDW Girls 11/14 Yrs 400m IM	EVENT 514	HDW Boys 11/14 Yrs 400m IM	EVENT 611	FINALS Boys 11/14 Yrs 100m Breaststroke	EVENT 711	FINALS Girls 11/14 Yrs 100m Breaststroke
EVENT 411	FINALS Boys 11/14 Yrs 100m Freestyle	EVENT 511	FINALS Girls 11/14 Yrs 100m Freestyle				
EVENT 412	FINALS Girls 11/14 Yrs 100m Butterfly	EVENT 512	FINALS Boys 11/14 Yrs 100m Butterfly				
EVENT 413	FINALS Boys 11/14 Yrs 200m Backstroke	EVENT 513	FINALS Girls 11/14 Yrs 200m Backstroke				

DAY 4 - SESSION 11 - LAC		DAY 5 - SESSION 13 - LAC		DAY 6 - SESSION 15 - CPNSC		DAY 7 - SESSION 17 - CPNSC	
EVENT 450	HEATS Girls 11/14 Yrs 50m Freestyle	EVENT 550	HEATS Boys 11/14 Yrs 50m Backstroke	EVENT 650	HEATS Girls 11/14 Yrs 50m Breaststroke	EVENT 750	HEATS Boys 11/14 Yrs 50m Butterfly
EVENT 451	HEATS Boys 11/14 Yrs 50m Freestyle	EVENT 551	HEATS Girls 11/14 Yrs 50m Butterfly	EVENT 651	HEATS Boys 11/14 Yrs 50m Breaststroke	EVENT 751	HEATS Girls 11/14 Yrs 200m Freestyle
EVENT 452	HEATS Girls 11/14 Yrs 50m Backstroke	EVENT 552	HEATS Boys 11/14 Yrs 200m Breaststroke	EVENT 652	HEATS Girls 11/14 Yrs 50m Butterfly	EVENT 752	HEATS Boys 11/14 Yrs 200m IM
EVENT 453	HEATS Boys 11/14 Yrs 200m Butterfly	EVENT 550	FINALS Boys 11/14 Yrs 50m Backstroke	EVENT 653	HEATS Boys 11/14 Yrs 200m Freestyle	EVENT 750	FINALS Boys 11/14 Yrs 50m Butterfly
EVENT 454	HEATS Girls 11/14 Yrs 200m Breaststroke	EVENT 551	FINALS Girls 11/14 Yrs 200m Butterfly	EVENT 654	HEATS Girls 11/14 Yrs 200m IM	EVENT 751	FINALS Girls 11/14 Yrs 200m Freestyle
EVENT 450	FINALS Girls 11/14 Yrs 50m Freestyle	EVENT 552	FINALS Boys 11/14 Yrs 200m Breaststroke	EVENT 650	FINALS Girls 11/14 Yrs 50m Breaststroke	EVENT 752	FINALS Boys 11/14 Yrs 200m IM
EVENT 451	FINALS Boys 11/14 Yrs 50m Freestyle			EVENT 651	FINALS Boys 11/14 Yrs 50m Breaststroke		
EVENT 452	FINALS Girls 11/14 Yrs 50m Backstroke			EVENT 652	FINALS Girls 11/14 Yrs 50m Butterfly		
EVENT 453	FINALS Boys 11/14 Yrs 200m Butterfly			EVENT 653	FINALS Boys 11/14 Yrs 200m Freestyle		
EVENT 454	FINALS Girls 11/14 Yrs 200m Breaststroke			EVENT 654	FINALS Girls 11/14 Yrs 200m IM		

10. ENTRY FEES

10.1. The entry fee for each event (with the specific exception of the 800m & 1500m Freestyle events) shall be £8.00.

- 10.2. The entry fee for the long-distance events (specifically the 800m & 1500m Freestyle events) and all team events shall be £10.00.
- 10.3. Full payment for entries submitted must be received by the Meet Manager on or before the stated entry deadline.
- 10.4. Entries will not be accepted from clubs with an outstanding debt to London Swimming.
- 10.5. Refunds will not be considered with the specific exception where Clause 3.4 has been exercised.

11. ENTRY PROCEDURE FOR ALL EVENTS

- 11.1. An Events file containing the full schedule of events and all qualifying times/criteria is available for download from the London Swimming website. This file should be used in conjunction with the “Hy-Tek Team Manager” software application. This is a licensable fully-featured application, however a free-to-download “Lite” edition of the software for handling meet entries only may be obtained by visiting <https://hytek.active.com/downloads.html>. The events file is also compatible for use with the Team Unify software application. Entry files from Team Unify are acceptable.
- 11.2. All qualifying entries must be made by clubs in the standard electronic format produced by this aforementioned Team Manager or Team Unify applications.
- 11.3. All clubs entering this Championship are requested to provide one licensed official and one non-technical official.
- 11.4. All entries must be accompanied by the Summary form. Please include the name, qualification and Swim England number of any volunteers.
- 11.5. The London Swimming Events Team reserves the right to issue a penalty fine to clubs for submitting incorrect entries.

12. QUALIFYING TIMES

- 12.1. The Qualifying Times for entry are set out in the following tables. Qualifying times are given as short course and long course times for all events. Swimmers may enter if they have achieved either time in the relevant pool length. No converted times are permitted. *Note that short course times have been generated from the long course times using the ASA’s Equivalent Performance Tables.*

GIRLS LONG COURSE QUALIFYING TIMES

Gender	Event	Age Group			Youth			
		11/12	13	14	15	16	17	18/OV
Female	50FR	32.12	31.12	30.20	30.20	30.00	29.70	29.20
Female	100FR	1:10.54	1:08.01	1:06.00	1:05.50	1:05.00	1:04.91	1:03.59
Female	200FR	2:33.26	2:26.16	2:22.85	2:21.00	2:20.50	2:20.00	2:18.00
Female	400FR	5:14.65	5:04.50	5:01.00	5:01.00	4:59.25	4:57.67	4:48.50
Female	800FR	10:44.53	10:24.22	10:14.07	10:13.00	10:12.00	10:11.50	10:09.00
Female	1500FR	21:29.06	20:48.44	20:28.14	20:26.00	20:24.00	20:23.00	20:18.00
Female	50BR	42.63	41.01	39.46	39.17	39.06	39.06	38.85
Female	100BR	1:33.38	1:29.32	1:27.29	1:26.73	1:25.05	1:25.05	1:24.21
Female	200BR	3:30.05	3:17.79	3:13.04	3:06.17	3:06.06	3:06.06	3:05.95
Female	50BU	36.03	34.31	32.92	32.76	32.55	31.92	31.64
Female	100BU	1:23.23	1:19.17	1:15.11	1:13.19	1:12.45	1:12.45	1:11.45
Female	200BU	3:03.71	2:54.07	2:49.50	2:46.64	2:45.16	2:45.16	2:44.13
Female	50BA	38.07	36.04	34.57	34.57	34.34	34.34	33.60
Female	100BA	1:20.18	1:17.14	1:15.73	1:15.49	1:15.39	1:15.39	1:15.02
Female	200BA	2:47.47	2:43.92	2:40.88	2:40.76	2:40.65	2:40.65	2:39.92
Female	200ME	2:55.59	2:47.47	2:44.43	2:41.70	2:40.65	2:39.22	2:38.45
Female	400ME	6:05.40	5:55.25	5:46.82	5:46.82	5:46.19	5:46.19	5:45.45

GIRLS SHORT COURSE QUALIFYING TIMES

Gender	Event	Age Group			Youth			
		11/12	13	14	15	16	17	18/OV
Female	50FR	31.50	30.40	29.50	29.50	29.30	29.00	28.50
Female	100FR	1:09.30	1:06.80	1:04.70	1:04.20	1:03.70	1:03.60	1:02.30
Female	200FR	2:31.00	2:23.80	2:20.40	2:18.50	2:18.00	2:17.50	2:15.50
Female	400FR	5:10.20	4:59.90	4:56.30	4:56.30	4:54.50	4:52.90	4:43.60
Female	800FR	10:35.50	10:14.90	10:04.60	10:03.50	10:02.50	10:02.00	9:59.40
Female	1500FR	21:12.90	20:31.80	20:11.20	20:09.00	20:07.00	20:06.00	20:00.90
Female	50BR	41.90	40.20	38.70	38.40	38.20	38.20	38.00
Female	100BR	1:32.00	1:27.90	1:25.80	1:25.30	1:23.60	1:23.60	1:22.70
Female	200BR	3:27.50	3:15.10	3:10.30	3:03.30	3:03.20	3:03.20	3:03.10
Female	50BU	35.50	33.80	32.30	32.20	32.00	31.30	31.00
Female	100BU	1:22.30	1:18.20	1:14.10	1:12.10	1:11.40	1:11.40	1:10.40
Female	200BU	3:02.00	2:52.20	2:47.60	2:44.70	2:43.20	2:43.20	2:42.20
Female	50BA	37.50	35.50	34.00	34.00	33.80	33.80	33.00
Female	100BA	1:19.20	1:16.10	1:14.70	1:14.40	1:14.30	1:14.30	1:13.90
Female	200BA	2:45.50	2:41.90	2:38.80	2:38.70	2:38.60	2:38.60	2:37.80
Female	200ME	2:53.30	2:45.10	2:42.00	2:39.20	2:38.20	2:36.70	2:35.90
Female	400ME	6:00.60	5:50.30	5:41.70	5:41.70	5:41.10	5:41.10	5:40.30

BOYS LONG COURSE QUALIFYING TIMES

Gender	Event	Age Group			Youth			
		11/12	13	14	15	16	17	18/OV
Male	50FR	31.85	30.65	28.92	28.70	28.32	26.97	25.50
Male	100FR	1:10.71	1:08.01	1:03.61	1:02.26	1:01.15	59.48	55.83
Male	200FR	2:32.25	2:24.64	2:19.79	2:19.75	2:14.71	2:09.80	2:08.30
Male	400FR	5:18.71	5:05.51	4:58.33	4:52.53	4:47.49	4:37.00	4:33.80
Male	800FR	10:53.36	10:26.30	10:11.58	9:59.69	9:49.35	9:27.85	9:21.29
Male	1500FR	20:58.60	20:07.85	19:12.03	19:03.87	18:40.67	18:23.00	18:06.30
Male	50BR	43.51	40.60	37.84	37.28	36.57	36.57	34.82
Male	100BR	1:36.80	1:31.15	1:25.50	1:22.43	1:19.70	1:17.71	1:15.90
Male	200BR	3:20.97	3:08.79	3:05.91	3:03.75	2:51.05	2:51.05	2:42.90
Male	50BU	35.55	34.25	31.82	31.37	30.66	29.20	27.38
Male	100BU	1:24.24	1:17.14	1:13.04	1:10.67	1:08.25	1:05.00	1:00.90
Male	200BU	3:04.73	2:51.53	2:41.38	2:40.44	2:30.05	2:30.05	2:22.90
Male	50BA	37.68	36.87	34.06	33.50	33.00	32.19	31.50
Male	100BA	1:24.12	1:17.14	1:14.50	1:13.92	1:12.56	1:09.10	1:06.38
Male	200BA	2:52.55	2:43.42	2:38.34	2:37.61	2:37.29	2:33.00	2:29.80
Male	200ME	2:54.36	2:44.43	2:40.17	2:37.29	2:32.57	2:25.30	2:23.44
Male	400ME	6:14.54	5:55.25	5:40.02	5:37.15	5:22.56	5:15.00	5:09.50

BOYS SHORT COURSE QUALIFYING TIMES

Gender	Event	Age Group			Youth			
		11/12	13	14	15	16	17	18/OV
Male	50FR	31.20	30.00	28.20	28.00	27.60	26.20	24.70
Male	100FR	1:09.50	1:06.80	1:02.30	1:00.90	59.80	58.10	54.30
Male	200FR	2:29.90	2:22.20	2:17.30	2:17.20	2:12.10	2:07.10	2:05.60
Male	400FR	5:14.30	5:00.90	4:53.60	4:47.70	4:42.60	4:31.90	4:28.60
Male	800FR	10:44.40	10:17.00	10:02.10	9:50.00	9:39.50	9:17.60	9:10.90
Male	1500FR	20:42.10	19:50.60	18:54.00	18:45.70	18:22.10	18:04.10	17:47.20
Male	50BR	42.80	39.80	37.00	36.40	35.70	35.70	33.90
Male	100BR	1:35.50	1:29.80	1:24.00	1:20.90	1:18.10	1:16.10	1:14.20
Male	200BR	3:18.30	3:06.00	3:03.00	3:00.90	2:47.90	2:47.90	2:39.60
Male	50BU	35.00	33.70	31.20	30.80	30.00	28.50	26.70
Male	100BU	1:23.30	1:16.10	1:12.00	1:09.60	1:07.10	1:03.80	59.60
Male	200BU	3:03.00	2:49.70	2:39.40	2:38.50	2:27.90	2:27.90	2:20.70
Male	50BA	37.10	36.30	33.50	32.90	32.40	31.60	30.90
Male	100BA	1:23.20	1:16.10	1:13.40	1:12.80	1:11.40	1:07.90	1:05.20
Male	200BA	2:50.60	2:41.40	2:36.20	2:35.50	2:35.20	2:30.80	2:27.60
Male	200ME	2:52.10	2:42.00	2:37.70	2:34.80	2:30.00	2:22.60	2:20.70
Male	400ME	6:09.80	5:50.30	5:34.80	5:31.90	5:17.10	5:09.40	5:03.80

13. MEET PROCEDURE

13.1. WITHDRAWAL SYSTEM

- 13.1.1. A withdrawal system will be in operation. Competitors who are not intending to swim (or their representatives) must submit official withdrawal forms, either electronically as prescribed on the competition website - up to 10.00am on Friday 3rd May 2019 (the day before the start of the competition), or at the Withdrawals table at the pool by completing an official withdrawal form no later than 50 minutes before the advertised starting time of the first event in each session. Notification of withdrawal by any other means than an official withdrawal form will not be considered.
- 13.1.2. A fine will be levied in respect of each competitor who fails to withdraw and does not present themselves to the Clerks of the Course at the start of the event - except in the case of a proven emergency.
- 13.1.3. Failure to report to the Clerks of the Course prior to an event or final shall forfeit the competitor's right to compete. Heat start lists for each event will be posted before each session starts and it is the competitor's responsibility to ensure their name appears on the list prior to the start time of the session.
- 13.1.4. Announced finalists and reserves not intending to swim shall withdraw by completing a withdrawal form as soon as possible, and in every case no later than the announced time determined by the Meet Manager.
- 13.1.5. A fine will be levied in respect of each competitor who withdraws from a final in such a manner as to prevent a reserve from taking part - except in the case of a proven emergency.

13.2. HEATS AND FINALS

- 13.2.1. All events of 400m and greater distance shall be decided on a Heat Declared Winner (HDW) basis i.e. on individual heat time. Lanes will be assigned in accordance with FINA rule SW3.1.2 for all heats.
- 13.2.2. All other events shall be determined by heats and a single final per age category, except for the 17+ Age Group where, if the number of entrants are at least 24, there will be an A and a B final. Lanes will be assigned in accordance with FINA rule SW3.1.1 and SW3.2.2.
- 13.2.3. Where an event is to be determined by a final, both heats and finals will always be swum, even if there is only one heat.

- 13.2.4. For each final in the second and third weekends, 8 lanes shall be allocated for events. Where there is a tie for 8th place at the London Aquatic Centre, the spare lanes shall be used to avoid a swim off.
- 13.2.5. For each final in the first weekend, 10 lanes shall be allocated for events.
- 13.2.6. The names of the finalists and the reserves (up to the maximum of four) shall be announced as soon as possible after the completion of the heats.
- 13.2.7. Where one or more competitors scratch from a final, reserves will be called in order of classifications in the heats.
- 13.2.8. Where a reserve is brought in after the final has been seeded, the reserve shall occupy the vacant lane.

14. COACHES/CHAPERONES/PHYSIOTHERAPISTS/PERSONAL CARE ATTENDANTS

- 14.1. All coaches/chaperones/team managers/physiotherapists and personal care attendants who wish to be on deck/poolside during the event must have a valid Pass.
- 14.2. Passes must be clearly displayed at all times when on deck/poolside.
- 14.3. Passes are made available to clubs and their coaches to ensure the safety and wellbeing of their swimmers. All swimmers must be supervised on poolside. Clubs must ensure there are enough adults on poolside with valid passes to provide adequate supervision.
- 14.4. Event pass applications can be made by completing and submitting the on-line application form (available on the event page on the London Swimming website). Applications and payments must be received by midnight on the closing date.
- 14.5. Event passes will be available for collection at the entrance to the facility on the days of the meet.
- 14.6. All persons applying for an event or annual pass must have a current/valid DBS disclosure issued by Swim England/WASA/SASA.

15. AWARDS

- 15.1. The first, second and third placed competitors in each event shall be awarded medals.
- 15.2. Competitors must make themselves available for presentation. Awards will only be made to the competitor in person. It is not acceptable to send a substitute. The Technical Director will determine when the presentations will take place. Competitors must report to the Presentation Marshall immediately after the completion of their final.
- 15.3. Full tracksuit or club shorts and shirt must be worn for presentations.
- 15.4. Only in exceptional circumstances will awards be made to competitors who do not attend the presentation ceremony.

16. FINES

- 16.1. All fines are issued to clubs not competitors.
- 16.2. Fines may be reduced by 50% if paid in full within 28 days of the issue date of the fine.
- 16.3. Payment of fine(s) must be remitted by the fined club, not by an individual competitor.
- 16.4. If a club wishes to object to a fine, an official written objection must be sent to the Meet Manager within 28 days of the issue date of the fine. Objections will not be considered if received after this period has passed.
- 16.5. If the objection is denied, Clause 16.2 remains in force concerning the amount of fine to be paid.
- 16.6. Fine for submission of incorrect entries = £25.00
- 16.7. Fine for a competitor not withdrawing from event in accordance with the stated procedure = £20.00
- 16.8. Fine for a competitor withdrawing from a final in such a manner as to preclude the inclusion of a named reserve = £25.00.

17. DISPUTES

- 17.1. Any dispute, for which the foregoing Conditions do not provide, shall be determined by the London Swimming Events Team.

18. BANK ACCOUNT FOR PAYMENT OF ENTRY FEES/COACH PASSES/FINES

- 18.1. SORT CODE: 40-20-09
- 18.2. ACCOUNT NUMBER: 41469932
- 18.3. ACCOUNT NAME: Swim England London
- 18.4. PAYMENT REFERENCE: [CLUB CODE] or [COMPETITOR SURNAME] + “_LONSC19”

PS1. GOVERNING LAWS, RULES & CONDITIONS

- PS1.1. These Championships shall be conducted under Swim England Laws and the relevant World Para Swimming Rules.
- PS1.2. The General Meet Conditions for the 2019 Summer Championships shall apply to the Multi-Classification Para-Swimming events except where specifically varied by any of the following conditions.

PS2. MULTI-CLASSIFICATION PARA-SWIMMING INCLUSIVE EVENTS

- PS2.1. The 2019 Summer Championships shall be run with multi-classification para-swimming competitors integrated into the Age Group events during the first weekend.
- PS2.2. Para-Swimming competitors may swim in the following events:

Stroke/Distance	Range of Classifications
Freestyle – 50m & 100m	S1 - S14 (inclusive)
Freestyle – 200m	S1 - S5 (inclusive) & S14
Freestyle – 400m	S6 – S14 (inclusive)
Backstroke – 50m	S1 – S5 (inclusive)
Backstroke – 100m	S1, S2 & S6 – S14 (inclusive)
Breaststroke – 50m	SB1 – SB3 (inclusive)
Breaststroke – 100m	SB4 – SB9 & SB11 – SB14 (inclusive)
Butterfly – 50m	S2 – S7 (inclusive)
Butterfly – 100m	S8 – S14 (inclusive)
Individual Medley – 200m	SM5 – SM14 (inclusive)

PS3. ENTRY PROCEDURE

- PS3.1. All competitors must complete a manual entry form and submit to the meet organiser by the closing deadline.

PS4. ELIGIBILITY

- PS4.1. All competitors must be a minimum of 11 years old, determined as at midnight on 31 December 2019.
- PS4.2. All competitors must have an authorised IPC Swimming, British Swimming, INAS-FID or British Blind Sport classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.
- PS4.3. All competitors must have matched or bettered the following Para-Swimming Consideration Times for the stroke/distance entered in the 12 months immediately preceding the closing date for the Championships. These times can be achieved in Long Course or Short Course competitions.

Event	Para-Swimming Classification (S, SB, SM)														
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	
50m FREESTYLE	2:14.58	2:29.15	1:13.26	1:03.71	1:01.28	0:54.54	0:55.06	0:49.23	0:47.33	0:44.85	0:49.70	0:46.53	0:44.35	0:45.66	
100m FREESTYLE	6:39.41	5:18.77	2:40.34	2:19.39	2:13.26	1:57.57	1:56.70	1:45.02	1:41.54	1:37.66	1:51.18	1:37.46	1:37.06	1:38.06	
200m FREESTYLE	10:35.89	11:07.74	7:56.62	5:31.02	4:35.55									3:23.66	
400m FREESTYLE						8:43.15	8:33.92	7:59.22	7:38.93	7:18.99	8:49.44	7:41.92	7:31.66	7:45.50	
50m BACKSTROKE	3:37.46	2:06.82	1:29.76	1:23.36	1:13.09										
100m BACKSTROKE	7:10.90	4:27.55				2:16.48	2:15.15	2:04.64	1:55.23	1:51.01	2:10.16	1:56.27	1:50.88	1:47.81	
50m BREASTSTROKE	3:37.31	2:13.25	1:32.19												
100m BREASTSTROKE				3:00.86	2:41.98	2:41.10	2:28.34	2:15.52	2:04.67			2:19.60	2:09.28	2:02.77	2:02.94
50m BUTTERFLY	0:00.00	3:43.66	1:52.06	1:36.94	1:14.69	0:58.85	0:58.88								
100m BUTTERFLY								2:02.82	1:50.99	1:48.51	2:14.67	1:48.70	1:45.28	1:44.75	
200m IM					5:55.60	4:53.44	4:52.05	4:30.37	4:14.82	3:58.29	4:49.66	4:10.78	3:54.66	3:52.02	

Event	Para-Swimming Classification (S, SB, SM)													
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14
50m FREESTYLE	2:24.08	1:35.54	1:09.58	1:04.64	0:52.54	0:48.94	0:45.58	0:43.62	0:41.86	0:38.05	0:43.22	0:38.50	0:38.06	0:40.64
100m FREESTYLE	5:08.88	4:17.79	2:47.86	2:18.43	1:50.91	1:45.73	1:39.92	1:35.71	1:30.06	1:23.18	1:35.66	1:27.39	1:24.11	1:26.46
200m FREESTYLE	8:12.64	6:38.18	5:38.21	4:59.39	4:06.69									3:08.56
400m FREESTYLE						8:20.06	7:41.90	7:24.18	6:53.28	6:34.58	7:53.28	7:11.28	6:41.26	6:56.90
50m BACKSTROKE	1:56.90	1:26.70	1:17.31	1:12.74	0:57.87									
100m BACKSTROKE	4:01.10	3:07.09				2:07.49	1:56.50	1:49.87	1:43.57	1:34.88	1:56.67	1:38.34	1:37.33	1:38.78
50m BREASTSTROKE	2:55.36	1:33.18	1:19.95											
100m BREASTSTROKE				2:48.19	2:37.57	2:15.20	2:09.07	1:55.06	1:47.04		2:03.44	1:52.40	1:48.30	1:47.95
50m BUTTERFLY	0:00.00	3:50.69	2:14.69	1:13.62	0:59.65	0:52.43	0:48.58							
100m BUTTERFLY								1:40.24	1:37.22	1:29.38	1:44.70	1:32.75	1:33.71	1:32.58
200m IM					5:27.01	4:28.83	4:10.34	3:52.67	3:42.24	3:32.24	4:03.31	3:40.72	3:36.05	3:32.35

PS5. PERSONAL CARE ATTENDANTS

- PS5.1. Personal care attendants are only permitted for competitors where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the competitor for whom they have personal care responsibilities.
- PS5.2. A Para-Swimming competitor who has assistance as specified in Clause 14 may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free-of-charge.

PS6. COMPETITION FORMAT

- PS6.1. Male and female Para-Swimming competitors will swim in separate events; however, all classes of swimmers will swim together (Multi-Classification).
- PS6.2. Para-Swimming competitors will be seeded based on entry time.
- PS6.3. Any Para-Swimming competitor who qualifies for a Regional final may swim in that final in addition to any Para-Swimming final provided the competitor’s entry meets the Regional entry criteria for the relevant Regional event.
- PS6.4. Final positions/finalists will be determined by the number of British Para-Swimming (BPS) points attained by each Para-Swimming competitor in their heat. In the circumstance that a final is necessary, the top 10 Para-Swimming competitors based on BPS points will be selected to swim. There will be no reserves. No semi-finals or “B” finals will be held.
- PS6.5. If a final is required, it will be swum before the first Final in the Schedule of Events for the event concerned.
- PS6.6. In the event of a dead-heat of equal BPS points, there will be no swim-off and both competitors will be awarded the same position.
- PS6.7. In the event of a dead-heat of equal BPS points which results in the number of finalists exceeding the number of lanes available, a swim-off shall take place to determine which of those swimmers shall go forward to the final.
- PS6.8. Para-swimming competitors will be included in the multi-classification results and placed within those results according to their attainment of British Para-Swimming points.
- PS6.9. An official, who holds the qualification of Swim England Disability Official, will be appointed and will act as a technical advisor in each of the sessions where para-swimming competitors are entered.

PS7. MEDALS

- PS7.1. Medals will be awarded, on a multi-classification basis, to the first three places in each event which will be allocated to the top three BPS points scorers.
- PS7.2. If there are less than four para-swimming competitors in any one event, then the “minus 1” rule will be applied to award medals:
 - PS 7.2.1. Where there are only three competitors in an event, only the top two placed competitors will receive medals;
 - PS 7.2.2. Where there are only two competitors in an event, only the winner will receive a medal;
 - PS 7.2.3. If there is only one para-swimming competitor in an event, they will receive a medal only if they swim faster than their entry time.
- PS7.3. Medals shall be awarded during the relevant session in which the event has taken place.
- PS7.4. All competitors are required to present themselves to the Presentation Marshall when notified.