Qualifying times for Hillingdon SC Level 2 Invitational Meet 21st/22nd December 2019:
Short Course Times or Long Course converted to SC please. For conversions please use www.pullbuoy.co.uk
Entry times must have been achieved at a licensed meet and appear on ASA rankings.

Hillingdon Level 2 Winter Meet - Minimum Qualifying Times						
BOYS						
EVENT	**10/11**	**12**	**13**	**14**	**15**	**16/Over**
50m Freestyle	37.2	35.6	33.1	32.5	29.9	27.4
100m Freestyle	01:20.6	01:16.0	01:11.1	01:08.7	01:04.6	01:00.2
200m Freestyle	02:54.8	02:46.0	02:35.0	02:28.0	02:20.8	02:12.9
400m Freestyle	06:06.0	05:48.8	05:26.8	05:09.5	04:57.5	04:42.5
50m Breaststroke	48.0	46.9	41.9	39.9	37.7	34.4
100m Breaststroke	01:43.4	01:38.1	01:30.1	01:26.0	01:21.0	01:15.0
200m Breaststroke	03:42.4	03:30.3	03:15.3	03:05.8	02:55.8	02:42.3
50m Butterfly	41.0	39.5	36.4	35.4	32.5	29.6
100m Butterfly	01:30.4	01:26.1	01:19.1	01:16.7	01:10.7	01:05.1
200m Butterfly	03:18.2	03:10.7	02:54.7	02:45.5	02:35.5	02:24.4
50m Backstroke	42.5	40.6	37.6	36.0	33.9	30.4
100m Backstroke	01:30.5	01:26.7	01:19.7	01:15.5	01:11.5	01:05.4
200m Backstroke	03:13.3	03:04.1	02:51.1	02:43.3	02:34.3	02:22.9
200m IM	03:17.6	03:10.8	02:55.8	02:48.2	02:38.2	02:27.6
400m IM	06:59.7	06:30.0	06:12.0	05:52.6	05:34.6	05:14.9
GIRLS						
EVENT	**10/11**	**12**	**13**	**14**	**15**	**16/Over**
50m Freestyle	37.7	36.3	34.3	33.5	32.5	30.5
100m Freestyle	01:21.3	01:18.5	01:13.5	01:11.9	01:09.9	01:07.1
200m Freestyle	02:55.4	02:47.0	02:38.0	02:34.2	02:30.2	02:26.1
400m Freestyle	06:04.9	05:48.8	05:29.8	05:21.8	05:13.8	05:07.2
50m Breaststroke	48.3	45.2	43.2	42.8	40.8	38.5
100m Breaststroke	01:43.5	01:38.3	01:32.3	01:29.1	01:27.1	01:23.2
200m Breaststroke	03:42.1	03:31.2	03:18.2	03:11.9	03:07.9	02:58.7
50m Butterfly	41.3	39.5	37.3	36.2	35.2	32.7
100m Butterfly	01:30.9	01:26.2	01:21.2	01:19.9	01:16.9	01:12.2
200m Butterfly	03:20.2	03:04.3	02:57.3	02:51.9	02:46.9	02:39.0
50m Backstroke	42.7	40.7	38.7	37.8	36.8	34.4
100m Backstroke	01:31.0	01:27.4	01:21.4	01:19.1	01:17.1	01:13.6
200m Backstroke	03:12.5	03:04.3	02:54.3	02:49.8	02:44.8	02:38.3
200m IM	03:17.9	03:10.8	02:58.8	02:55.5	02:49.5	02:44.2
400m IM	06:57.3	06:34.4	06:14.4	06:03.9	05:55.8	05:44.5