

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Event 101 Men 11-15 100 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	53.50	53.49
11.98	25.48 (13.50)	39.51 (14.03)	53.49 (13.98)	
2 Malov, Filip	14	Sutton & Cheam	54.12	53.72
12.41	25.94 (13.53)	39.98 (14.04)	53.72 (13.74)	
3 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	54.66	53.76
12.57	26.26 (13.69)	40.15 (13.89)	53.76 (13.61)	
4 Ellis, Joshua	15	Beckenham Swimming Club	54.44	53.91
12.00	25.54 (13.54)	39.99 (14.45)	53.91 (13.92)	
5 Solly, Josh	15	Bexley Swimming Club	54.74	53.93
12.29	25.93 (13.64)	40.40 (14.47)	53.93 (13.53)	
6 Bartley, Joseph	15	Sutton & Cheam	55.37	55.63
12.77	26.85 (14.08)	41.33 (14.48)	55.63 (14.30)	
7 He, Leo	14	Camden Swiss Cottage Swimming	55.97	56.17
12.92	27.35 (14.43)	41.95 (14.60)	56.17 (14.22)	
8 Hoole, Hayden	15	Haringey Aquatics	56.35	56.69
12.73	27.00 (14.27)	42.16 (15.16)	56.69 (14.53)	

Event 101 Men 11-15 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	54.56	53.50
12.08	25.48 (13.40)	39.46 (13.98)	53.50 (14.04)	
2 Malov, Filip	14	Sutton & Cheam	53.55	54.12
12.27	25.80 (13.53)	39.94 (14.14)	54.12 (14.18)	
3 Ellis, Joshua	15	Beckenham Swimming Club	53.66	54.44
12.30	26.17 (13.87)	40.56 (14.39)	54.44 (13.88)	
4 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	56.67	54.66
12.34	25.96 (13.62)	40.32 (14.36)	54.66 (14.34)	
5 Solly, Josh	15	Bexley Swimming Club	54.85	54.74
12.07	25.97 (13.90)	40.47 (14.50)	54.74 (14.27)	
6 Bartley, Joseph	15	Sutton & Cheam	56.55	55.37
12.96	26.94 (13.98)	41.26 (14.32)	55.37 (14.11)	
7 He, Leo	14	Camden Swiss Cottage Swimming	57.68	55.97
12.77	27.06 (14.29)	41.72 (14.66)	55.97 (14.25)	
8 Hoole, Hayden	15	Haringey Aquatics	56.21	56.35
12.44	26.68 (14.24)	41.75 (15.07)	56.35 (14.60)	
9 Nimoh, Pharell	15	Saxon Crown (Lewisham)	57.86	56.40
12.96	27.29 (14.33)	41.99 (14.70)	56.40 (14.41)	
10 Carlton, Fraser	15	Hackney Aquatics	57.70	56.48
12.63	27.02 (14.39)	41.71 (14.69)	56.48 (14.77)	
11 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	57.54	56.50
13.19	27.56 (14.37)	42.05 (14.49)	56.50 (14.45)	
12 Broad, Mikhail	15	Sutton & Cheam	57.52	56.53
12.56	26.36 (13.80)	41.45 (15.09)	56.53 (15.08)	
13 Hampton, Elliott	15	Wandsworth Swimming Club	56.78	56.57
13.24	27.58 (14.34)	42.25 (14.67)	56.57 (14.32)	
14 Coyle, Alexander	14	Bo Of Harrow	56.34	56.75
12.91	27.18 (14.27)	42.00 (14.82)	56.75 (14.75)	
*15 Davies, Gareth	15	Haringey Aquatics	57.83	56.89
12.82	27.60 (14.78)	42.19 (14.59)	56.89 (14.70)	
*15 Divet, Antoine	14	Camden Swiss Cottage Swimming	57.44	56.89
13.20	27.74 (14.54)	42.63 (14.89)	56.89 (14.26)	
17 Bartholomew, Cameron	15	Hillingdon Swimming Club	58.02	57.04
13.09	27.44 (14.35)	42.04 (14.60)	57.04 (15.00)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 101 Men 11-15 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
18 Borak, Yuriy	14	Ealing Swimming Club	58.98	57.12
12.83	27.40 (14.57)	42.15 (14.75)	57.12 (14.97)	
19 Rates, James	14	Dulwich Dolphins Swimming Club	58.45	57.24
12.82	27.07 (14.25)	42.20 (15.13)	57.24 (15.04)	
20 Macgonigal, Oliver	13	Bo Of Harrow	57.85	57.53
13.07	27.31 (14.24)	42.48 (15.17)	57.53 (15.05)	
21 Corner, Jago	15	Hackney Aquatics	59.30	57.69
12.82	27.38 (14.56)	42.62 (15.24)	57.69 (15.07)	
22 Austin, Alex	15	Hillingdon Swimming Club	58.84	57.72
13.21	27.98 (14.77)	43.28 (15.30)	57.72 (14.44)	
23 Cleaver, James	14	Bromley Swimming Club	57.38	57.79
12.84	27.86 (15.02)	43.21 (15.35)	57.79 (14.58)	
24 Davies, Louis	15	Kingston Royals Swimming Club	57.98	57.85
13.21	27.82 (14.61)	43.06 (15.24)	57.85 (14.79)	
25 Carlos, Kai	14	Barnet Copthall Swimming Club	1:00.18	57.88
13.43	27.83 (14.40)	43.09 (15.26)	57.88 (14.79)	
26 Bartos, Matej	15	Barnet Copthall Swimming Club	56.57	57.96
13.23	27.80 (14.57)	43.19 (15.39)	57.96 (14.77)	
27 Bennett, Adam	15	Hillingdon Swimming Club	59.75	58.07
13.40	28.01 (14.61)	43.29 (15.28)	58.07 (14.78)	
28 Chou, Nevan	14	Bromley Swimming Club	58.61	58.11
12.92	27.77 (14.85)	43.27 (15.50)	58.11 (14.84)	
29 Raykin, Georgi	14	Newham & Uel Swimming Club	56.88	58.19
13.14	27.64 (14.50)	42.99 (15.35)	58.19 (15.20)	
30 Overton, Joe	15	Enfield Swim Squad	57.52	58.29
12.89	27.81 (14.92)	43.31 (15.50)	58.29 (14.98)	
31 Chapman, Nathan	15	Greenwich Royals Swimming Club	59.81	58.36
13.33	28.15 (14.82)	43.52 (15.37)	58.36 (14.84)	
32 Finch, Christopher	15	South Croydon Swimming Club	57.83	58.53
13.68	28.22 (14.54)	43.54 (15.32)	58.53 (14.99)	
33 Garfield, Joe	14	Borough of Waltham Forest Gato	59.44	58.56
13.35	28.03 (14.68)	43.41 (15.38)	58.56 (15.15)	
34 Harrington, James	15	Hillingdon Swimming Club	59.18	58.60
13.35	28.24 (14.89)	43.67 (15.43)	58.60 (14.93)	
35 Dakin, Jimmy	15	Leander Swimming Club	1:00.66	58.63
13.44	28.44 (15.00)	43.67 (15.23)	58.63 (14.96)	
36 Andrews, Eddie	15	Kingston Royals Swimming Club	58.07	58.74
13.11	28.06 (14.95)	43.58 (15.52)	58.74 (15.16)	
37 Wright, Oliver	14	Camden Swiss Cottage Swimming	1:00.73	58.75
13.64	28.37 (14.73)	43.75 (15.38)	58.75 (15.00)	
38 Moyles, Liam	15	Broomfield Park Swimming Club	59.26	58.79
13.43	28.24 (14.81)	43.87 (15.63)	58.79 (14.92)	
39 Duncan, Callum	15	Bo Of Harrow	59.18	58.81
13.46	28.13 (14.67)	43.76 (15.63)	58.81 (15.05)	
40 Miranda, Juan	15	Chelsea and Westminster Swimmi	1:00.28	59.01
13.42	28.41 (14.99)	43.70 (15.29)	59.01 (15.31)	
41 Totu, Mihnea	15	Newham & Uel Swimming Club	58.52	59.04
13.39	27.99 (14.60)	43.55 (15.56)	59.04 (15.49)	
42 Gray, Henry	13	Chelsea and Westminster Swimmi	1:00.24	59.06
13.34	27.90 (14.56)	43.49 (15.59)	59.06 (15.57)	
43 Neilson, Declan	15	Enfield Swim Squad	59.93	59.10
13.76	28.62 (14.86)	43.99 (15.37)	59.10 (15.11)	
*44 Lombardo, Maxime	15	Natare West London	1:00.67	59.25
12.91	27.59 (14.68)	43.42 (15.83)	59.25 (15.83)	
*44 Charles, Maceo	14	Ealing Swimming Club	1:00.16	59.25
13.61	28.44 (14.83)	44.06 (15.62)	59.25 (15.19)	
46 Kirdar, Tim	14	Bromley Swimming Club	59.84	59.40
13.79	28.78 (14.99)	44.12 (15.34)	59.40 (15.28)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 101 Men 11-15 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
47 Ryan, Samuel	13	Orpingon OJ	59.96	59.43
13.41	28.65 (15.24)	44.18 (15.53)	59.43 (15.25)	
48 Munden, Joe	15	Newham & Uel Swimming Club	1:00.13	59.47
13.81	29.02 (15.21)	44.35 (15.33)	59.47 (15.12)	
*49 Dixon, Lewis	14	Barking and Dagenham Aquatics	1:00.07	59.62
12.91	27.77 (14.86)	43.65 (15.88)	59.62 (15.97)	
*49 Pixner, Jack	15	Broomfield Park Swimming Club	59.99	59.62
13.66	28.33 (14.67)	44.16 (15.83)	59.62 (15.46)	
51 Haywood Crouch, Jackson	15	Bo Of Harrow	1:00.33	59.82
13.11	27.54 (14.43)	43.43 (15.89)	59.82 (16.39)	
52 Emerton, Matthew	15	Hillingdon Swimming Club	1:00.47	59.97
13.55	28.86 (15.31)	44.74 (15.88)	59.97 (15.23)	
53 Dalton, Oliver	15	Beckenham Swimming Club	1:00.01	1:00.22
13.48	28.69 (15.21)	44.65 (15.96)	1:00.22 (15.57)	
54 Wardell, Jack	15	Kingston Royals Swimming Club	59.79	1:00.45
13.91	29.61 (15.70)	45.66 (16.05)	1:00.45 (14.79)	
55 Thomas, Sonny	13	Leander Swimming Club	1:00.74	1:01.05
13.99	28.82 (14.83)	45.04 (16.22)	1:01.05 (16.01)	
56 Jiron, Michael	14	Croydon Amphibians Swimming Cl	1:00.67	1:01.21
13.86	29.13 (15.27)	45.61 (16.48)	1:01.21 (15.60)	
57 Dartnaill, Oliver	15	Hillingdon Swimming Club	58.87	1:01.32
13.48	28.76 (15.28)	45.20 (16.44)	1:01.32 (16.12)	
--- Durantel, Adrien	14	Chelsea and Westminster Swimmi	1:00.44	DQ
4.4 Start before starting signal				

Event 101 Men 16 & Over 100 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Parkinson, Jarvis	21	Chelsea and Westminster Swimmi	50.25	48.97
11.12	23.30 (12.18)	36.18 (12.88)	48.97 (12.79)	
2 Rowson, Alex	17	Brompton Swimming Club	51.32	50.91
11.79	24.66 (12.87)	37.83 (13.17)	50.91 (13.08)	
3 Lovelock, Taylor	19	Hillingdon Swimming Club	51.62	51.02
11.77	24.81 (13.04)	37.78 (12.97)	51.02 (13.24)	
4 Akopian, Anton	18	Ealing Swimming Club	51.46	51.37
11.67	24.62 (12.95)	37.91 (13.29)	51.37 (13.46)	
5 Dobb, Joseph	19	Bromley Swimming Club	51.54	51.85
11.91	25.05 (13.14)	38.58 (13.53)	51.85 (13.27)	
6 Gencas, Daniel	16	Romford Town Swimming Club	52.65	52.26
12.32	25.58 (13.26)	39.04 (13.46)	52.26 (13.22)	
7 Rudd, William	16	Chelsea and Westminster Swimmi	52.98	52.79
12.06	25.63 (13.57)	39.25 (13.62)	52.79 (13.54)	
8 Din, Aryaan	16	Chelsea and Westminster Swimmi	53.08	53.10
12.07	25.46 (13.39)	39.34 (13.88)	53.10 (13.76)	

Event 101 Men 16 & Over 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Parkinson, Jarvis	21	Chelsea and Westminster Swimmi	49.22	50.25
11.39	23.90 (12.51)	37.06 (13.16)	50.25 (13.19)	
2 Rowson, Alex	17	Brompton Swimming Club	51.89	51.32
11.88	24.82 (12.94)	38.16 (13.34)	51.32 (13.16)	
3 Akopian, Anton	18	Ealing Swimming Club	50.81	51.46
11.64	24.53 (12.89)	51.46 (26.93)		
4 Dobb, Joseph	19	Bromley Swimming Club	51.03	51.54
11.51	24.27 (12.76)	37.90 (13.63)	51.54 (13.64)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 101 Men 16 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
5 Lovelock, Taylor	19	Hillingdon Swimming Club	51.07	51.62
11.76	24.46 (12.70)	37.82 (13.36)	51.62 (13.80)	
6 Britton, John	24	Ealing Swimming Club	52.12	51.83
11.88	24.91 (13.03)	38.54 (13.63)	51.83 (13.29)	
7 Gencas, Daniel	16	Romford Town Swimming Club	52.16	52.65
12.43	25.88 (13.45)	39.74 (13.86)	52.65 (12.91)	
8 Rudd, William	16	Chelsea and Westminster Swimmi	54.24	52.98
12.20	25.59 (13.39)	39.33 (13.74)	52.98 (13.65)	
9 Din, Aryaan	16	Chelsea and Westminster Swimmi	55.69	53.08
12.13	25.31 (13.18)	39.29 (13.98)	53.08 (13.79)	
10 Giordani, Shakil	17	Haringey Aquatics	52.64	53.17
11.96	25.24 (13.28)	39.05 (13.81)	53.17 (14.12)	
11 Shaw, Luke	17	Sutton & Cheam	54.64	53.34
11.92	25.38 (13.46)	39.40 (14.02)	53.34 (13.94)	
12 Kirlew, Josh	20	Enfield Swim Squad	53.52	53.42
12.33	25.70 (13.37)	39.45 (13.75)	53.42 (13.97)	
*13 Olin, Jackson	17	Camden Swiss Cottage Swimming	53.55	53.44
12.44	25.98 (13.54)	39.80 (13.82)	53.44 (13.64)	
*13 Price, Archie	16	Barnet Cophthall Swimming Club	52.87	53.44
12.22	25.49 (13.27)	39.58 (14.09)	53.44 (13.86)	
15 Sheehan, Joseph	22	Ealing Swimming Club	55.63	53.49
12.25	25.66 (13.41)	39.67 (14.01)	53.49 (13.82)	
16 Stamenkovic, Pavle	17	Camden Swiss Cottage Swimming	53.54	53.67
11.99	25.61 (13.62)	39.73 (14.12)	53.67 (13.94)	
17 Cohen, Malachi	16	Barnes SC	55.74	53.83
12.59	26.06 (13.47)	40.05 (13.99)	53.83 (13.78)	
18 Chana, Dillon	16	Hillingdon Swimming Club	53.92	53.85
12.20	25.51 (13.31)	39.54 (14.03)	53.85 (14.31)	
19 Ogden, Kai	16	Hackney Aquatics	53.96	54.02
12.36	25.81 (13.45)	39.75 (13.94)	54.02 (14.27)	
20 Bongurala, Revanth	21	Newham & Uel Swimming Club	55.09	54.14
12.36	25.77 (13.41)	39.89 (14.12)	54.14 (14.25)	
21 Northover, Joe	29	Newham & Uel Swimming Club	56.51	54.70
	26.09 ()	40.37 (14.28)	54.70 (14.33)	
22 Lombardo, Pietro	16	Chelsea and Westminster Swimmi	53.59	54.78
12.93	26.87 (13.94)	40.94 (14.07)	54.78 (13.84)	
23 Latham, Oliver	16	Hillingdon Swimming Club	54.01	54.80
12.04	25.75 (13.71)	40.07 (14.32)	54.80 (14.73)	
24 Barretta, Luca	16	Croydon Amphibians Swimming Cl	55.02	54.90
12.81	26.92 (14.11)	41.23 (14.31)	54.90 (13.67)	
25 Woolley, Thomas	16	Bromley Swimming Club	52.66	54.96
12.41	26.18 (13.77)	40.63 (14.45)	54.96 (14.33)	
26 Hunt, Eddie	16	Kingston Royals Swimming Club	55.00	55.01
12.79	26.85 (14.06)	41.11 (14.26)	55.01 (13.90)	
27 Wilson, Aaron	17	Romford Town Swimming Club	54.41	55.04
12.38	26.06 (13.68)	40.56 (14.50)	55.04 (14.48)	
28 Isaza Ocampo, Alejandro	18	Haringey Aquatics	56.39	55.44
12.82	26.60 (13.78)	41.19 (14.59)	55.44 (14.25)	
29 Atanasov, Anthony	18	Ealing Swimming Club	57.14	55.60
12.39	26.31 (13.92)	40.71 (14.40)	55.60 (14.89)	
30 Isaza Ocampo, Fernando	19	Haringey Aquatics	56.00	55.61
12.50	26.47 (13.97)	40.95 (14.48)	55.61 (14.66)	
31 Matloub, Adam	16	Romford Town Swimming Club	57.18	55.64
12.74	26.81 (14.07)	41.49 (14.68)	55.64 (14.15)	
32 Bransby, Craig	45	Enfield Swim Squad	56.46	55.65
12.57	26.55 (13.98)	41.36 (14.81)	55.65 (14.29)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 101 Men 16 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
33 Fenton, Christian	18	Brompton Swimming Club	56.02	55.82
12.95	26.89 (13.94)	41.26 (14.37)	55.82 (14.56)	
34 Barou, Emile	17	Camden Swiss Cottage Swimming	57.35	55.90
12.94	27.01 (14.07)	41.47 (14.46)	55.90 (14.43)	
35 Pears, Jason	19	Ealing Swimming Club	56.04	55.92
12.20	25.77 (13.57)	40.45 (14.68)	55.92 (15.47)	
36 Maxwell, Finlay	17	Beckenham Swimming Club	54.77	56.00
12.63	26.35 (13.72)	41.06 (14.71)	56.00 (14.94)	
37 Capezzuoli, Luca	17	Kingston Royals Swimming Club	55.24	56.25
12.49	26.56 (14.07)	41.42 (14.86)	56.25 (14.83)	
38 Collins, Harry	16	Bexley Swimming Club	57.08	56.31
	27.02 ()	41.78 (14.76)	56.31 (14.53)	
39 Bingham, Herbie	16	Chelsea and Westminster Swimmi	56.91	56.34
12.96	27.06 (14.10)	41.51 (14.45)	56.34 (14.83)	
40 Markov, Danny	16	Camden Swiss Cottage Swimming	57.28	56.38
12.91	27.26 (14.35)	42.10 (14.84)	56.38 (14.28)	
*41 Penney, Rohan	18	Wandsworth Swimming Club	54.96	56.46
12.69	26.94 (14.25)	41.67 (14.73)	56.46 (14.79)	
*41 Wild, Jack	17	Sutton & Cheam	56.53	56.46
12.80	26.83 (14.03)	41.84 (15.01)	56.46 (14.62)	
43 Parsons, Jamie	18	Enfield Swim Squad	55.86	56.62
12.78	26.96 (14.18)	41.94 (14.98)	56.62 (14.68)	
*44 Hassan, Yasser	16	Brompton Swimming Club	58.12	56.71
12.84	26.82 (13.98)	41.78 (14.96)	56.71 (14.93)	
*44 Seema Roca, Pablo	16	Beckenham Swimming Club	56.19	56.71
12.74	26.62 (13.88)	41.43 (14.81)	56.71 (15.28)	
46 Abazie, Chidubem	16	Saxon Crown (Lewisham)	56.85	56.74
12.97	27.78 (14.81)	42.37 (14.59)	56.74 (14.37)	
47 Kershaw, Alastair	21	Newham & Uel Swimming Club	56.93	56.76
12.79	27.30 (14.51)	41.98 (14.68)	56.76 (14.78)	
48 Japal, Lewis	16	Enfield Swim Squad	57.77	56.90
12.96	26.95 (13.99)	41.72 (14.77)	56.90 (15.18)	
49 Castronovo, Amir	16	Camden Swiss Cottage Swimming	56.82	57.01
13.05	27.26 (14.21)	42.24 (14.98)	57.01 (14.77)	
50 Brighton, Daniel	17	Bexley Swimming Club	56.91	57.04
13.25	27.80 (14.55)	42.89 (15.09)	57.04 (14.15)	
51 Ault, Jake	16	Sutton & Cheam	57.24	57.06
12.69	26.77 (14.08)	41.77 (15.00)	57.06 (15.29)	
52 Durteste, Tristan	17	Brompton Swimming Club	57.66	57.22
12.98	27.61 (14.63)	42.80 (15.19)	57.22 (14.42)	
53 Eguakhide, Joshua	16	Romford Town Swimming Club	57.08	57.27
13.37	27.75 (14.38)	42.56 (14.81)	57.27 (14.71)	
54 Martin-McKevitt, Luca	16	Hillingdon Swimming Club	56.12	57.37
13.17	27.65 (14.48)	42.70 (15.05)	57.37 (14.67)	
55 Murphy, Joseph	17	Enfield Swim Squad	56.45	57.45
13.15	27.28 (14.13)	57.45 (30.17)		
56 Zapryanov, Bobby	17	Hackney Aquatics	57.12	57.47
13.53	28.18 (14.65)	43.01 (14.83)	57.47 (14.46)	
57 Scott, Dillan	17	Bo Of Harrow	57.81	57.77
13.57	28.25 (14.68)	43.39 (15.14)	57.77 (14.38)	
58 Cangir, Ali	18	Barking and Dagenham Aquatics	57.29	57.88
12.76	27.42 (14.66)	42.58 (15.16)	57.88 (15.30)	
59 Downey, Mack	16	Kingston Royals Swimming Club	57.60	57.93
13.11	27.85 (14.74)	42.87 (15.02)	57.93 (15.06)	
60 Bilas, Krystian	20	Brent Dolphins SC	57.52	58.09
13.30	27.93 (14.63)	43.28 (15.35)	58.09 (14.81)	
61 Peel, Max	16	Orpington OJ	56.38	58.27
13.14	27.90 (14.76)	43.52 (15.62)	58.27 (14.75)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 101 Men 16 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
62 Banga, Nathan	16	Romford Town Swimming Club	56.94	58.30
13.20	27.70 (14.50)	42.56 (14.86)	58.30 (15.74)	
63 Wilson, Alexander	18	Brompton Swimming Club	57.44	58.50
12.72	27.17 (14.45)	42.75 (15.58)	58.50 (15.75)	
64 Findlay, Ben	16	Leander Swimming Club	58.76	58.67
13.26	28.20 (14.94)	43.61 (15.41)	58.67 (15.06)	
65 Bransby, Luke	16	Enfield Swim Squad	59.12	58.82
12.94	27.18 (14.24)	42.81 (15.63)	58.82 (16.01)	
66 McAllister, Samuel	16	Anaconda Swimming Club	58.90	59.04
13.05	28.26 (15.21)	43.93 (15.67)	59.04 (15.11)	
67 Seabaggala, Luke	18	Anaconda Swimming Club	59.53	59.09
13.59	28.60 (15.01)	44.27 (15.67)	59.09 (14.82)	
68 Gomes, Guilherme	17	Newham & Uel Swimming Club	58.99	59.27
13.58	28.50 (14.92)	43.97 (15.47)	59.27 (15.30)	
69 Harding, Matthew	18	Greenwich Royals Swimming Club	57.73	59.44
13.48	28.19 (14.71)	43.87 (15.68)	59.44 (15.57)	
70 Finn, Gregory	16	Brompton Swimming Club	57.69	59.62
13.26	28.14 (14.88)	43.94 (15.80)	59.62 (15.68)	
71 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	59.13	59.67
13.09	27.87 (14.78)	43.87 (16.00)	59.67 (15.80)	
72 Dooley, Vaughn	18	Romford Town Swimming Club	58.25	1:00.17
13.63	28.63 (15.00)	44.42 (15.79)	1:00.17 (15.75)	
73 Nguyen, Nam	18	Orpingon OJ	58.15	1:00.66
13.59	29.05 (15.46)	45.14 (16.09)	1:00.66 (15.52)	
74 Totev, Steve	16	South Croydon Swimming Club	59.21	1:01.32
13.23	28.73 (15.50)	45.08 (16.35)	1:01.32 (16.24)	
75 Baker, Brett	17	Bexley Swimming Club	59.09	1:02.84
14.22	29.84 (15.62)	46.33 (16.49)	1:02.84 (16.51)	

Event 101 Men 100 SC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bradshaw, Balthazar S10	13	Brompton Swimming Club	1:11.42	1:10.72
16.25	34.65 (18.40)	53.51 (18.86)	1:10.72 (17.21)	

Event 102 Women 11-15 200 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Davis, Evie	15	Bromley Swimming Club	2:03.89	2:03.23
13.34	28.24 (14.90)	43.78 (15.54)	59.72 (15.94)	
1:15.67 (15.95)	1:31.76 (16.09)	1:48.06 (16.30)	2:03.23 (15.17)	
2 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	2:06.60	2:05.45
14.09	29.35 (15.26)	45.06 (15.71)	1:00.97 (15.91)	
1:17.27 (16.30)	1:33.61 (16.34)	1:49.92 (16.31)	2:05.45 (15.53)	
3 Proctor, Lola	15	Sutton & Cheam	2:10.57	2:07.79
14.11	29.76 (15.65)	45.99 (16.23)	1:02.39 (16.40)	
1:18.80 (16.41)	1:35.19 (16.39)	1:51.79 (16.60)	2:07.79 (16.00)	
4 Saeijs, Lilou	14	Bromley Swimming Club	2:10.24	2:10.54
14.44	30.34 (15.90)	46.88 (16.54)	1:03.49 (16.61)	
1:20.26 (16.77)	1:37.20 (16.94)	1:53.99 (16.79)	2:10.54 (16.55)	
5 Straupeniaks, Rae	15	Bromley Swimming Club	2:11.21	2:11.24
14.31	30.30 (15.99)	46.70 (16.40)	1:03.69 (16.99)	
1:20.77 (17.08)	1:37.78 (17.01)	1:54.96 (17.18)	2:11.24 (16.28)	
6 Miller, Amani	15	London Borough of Hounslow	2:11.12	2:11.37
14.58	30.91 (16.33)	47.33 (16.42)	1:04.17 (16.84)	
1:20.96 (16.79)	1:38.13 (17.17)	1:55.05 (16.92)	2:11.37 (16.32)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Finals ... (Event 102 Women 11-15 200 SC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
7 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	2:12.14	2:11.92
	14.71	31.05 (16.34)	47.66 (16.61)	1:04.51 (16.85)
	1:21.24 (16.73)	1:38.37 (17.13)	1:55.57 (17.20)	2:11.92 (16.35)
8 Titterton, Kasia	13	Bromley Swimming Club	2:12.21	2:12.74
	14.46	30.52 (16.06)	47.35 (16.83)	1:04.27 (16.92)
	1:21.47 (17.20)	1:38.75 (17.28)	1:56.23 (17.48)	2:12.74 (16.51)

Event 102 Women 11-15 200 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Davis, Evie	15	Bromley Swimming Club	2:02.78	2:03.89
	13.21	28.28 (15.07)	43.79 (15.51)	59.54 (15.75)
	1:15.64 (16.10)	1:31.81 (16.17)	1:48.30 (16.49)	2:03.89 (15.59)
2 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	2:06.01	2:06.60
	14.05	29.12 (15.07)	44.80 (15.68)	1:00.68 (15.88)
	1:17.04 (16.36)	1:33.50 (16.46)	1:50.35 (16.85)	2:06.60 (16.25)
3 Arundale, Jessica	14	Barnet Cophall Swimming Club	2:11.44	2:09.38
	15.11	30.80 (15.69)	47.12 (16.32)	1:03.42 (16.30)
	1:19.97 (16.55)	1:36.65 (16.68)	1:53.34 (16.69)	2:09.38 (16.04)
4 Saeijs, Lilou	14	Bromley Swimming Club	2:10.20	2:10.24
	14.08	29.99 (15.91)	45.98 (15.99)	1:02.75 (16.77)
	1:19.23 (16.48)	1:36.24 (17.01)	1:53.42 (17.18)	2:10.24 (16.82)
5 Chadwick, Ellie	12	Barnet Cophall Swimming Club	2:10.55	2:10.36
	14.07	29.84 (15.77)	46.32 (16.48)	1:03.08 (16.76)
	1:20.19 (17.11)	1:37.70 (17.51)	1:54.77 (17.07)	2:10.36 (15.59)
6 Proctor, Lola	15	Sutton & Cheam	2:09.09	2:10.57
	13.97	29.51 (15.54)	45.71 (16.20)	1:02.31 (16.60)
	1:19.09 (16.78)	1:36.45 (17.36)	1:53.72 (17.27)	2:10.57 (16.85)
7 Miller, Amani	15	London Borough of Hounslow	2:09.56	2:11.12
	14.19	29.99 (15.80)	46.41 (16.42)	1:02.98 (16.57)
	1:19.96 (16.98)	1:37.07 (17.11)	1:54.58 (17.51)	2:11.12 (16.54)
8 Straupeniaks, Rae	15	Bromley Swimming Club	2:10.83	2:11.21
	14.20	29.82 (15.62)	46.21 (16.39)	1:02.93 (16.72)
	1:20.15 (17.22)	1:37.32 (17.17)	1:54.64 (17.32)	2:11.21 (16.57)
9 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	2:11.48	2:12.14
	14.70	30.49 (15.79)	47.02 (16.53)	1:03.84 (16.82)
	1:21.01 (17.17)	1:38.46 (17.45)	1:55.83 (17.37)	2:12.14 (16.31)
10 Titterton, Kasia	13	Bromley Swimming Club	2:14.69	2:12.21
	14.16	30.50 (16.34)	47.25 (16.75)	1:04.56 (17.31)
	1:21.55 (16.99)	1:39.23 (17.68)	1:56.07 (16.84)	2:12.21 (16.14)
11 Wilson, Annabel	15	Beckenham Swimming Club	2:09.05	2:12.47
	14.30	29.86 (15.56)	46.09 (16.23)	1:02.73 (16.64)
	1:19.88 (17.15)	1:37.58 (17.70)	1:55.36 (17.78)	2:12.47 (17.11)
12 Mew, Lauren	13	Barnet Cophall Swimming Club	2:12.15	2:12.55
	15.20	31.49 (16.29)	48.09 (16.60)	1:04.88 (16.79)
	1:21.84 (16.96)	1:38.94 (17.10)	1:55.96 (17.02)	2:12.55 (16.59)
13 Murray, Sophie	15	Barnet Cophall Swimming Club	2:11.15	2:13.33
	14.80	30.94 (16.14)	47.66 (16.72)	1:04.59 (16.93)
	1:21.77 (17.18)	1:39.25 (17.48)	1:56.79 (17.54)	2:13.33 (16.54)
14 Paisley, Tallulah	15	Natare West London	2:15.68	2:13.92
	14.45	30.72 (16.27)	47.40 (16.68)	1:04.70 (17.30)
	1:22.21 (17.51)	1:39.68 (17.47)	1:57.24 (17.56)	2:13.92 (16.68)
15 McGrath, Edie	14	Camden Swiss Cottage Swimming	2:18.31	2:14.32
	14.65	31.22 (16.57)	47.99 (16.77)	1:05.33 (17.34)
	1:22.03 (16.70)	1:39.26 (17.23)	1:56.71 (17.45)	2:14.32 (17.61)
16 Young, Sophie	15	Kingston Royals Swimming Club	2:16.55	2:14.47
	14.36	30.70 (16.34)	47.58 (16.88)	1:04.95 (17.37)
	1:22.53 (17.58)	1:39.93 (17.40)	1:57.54 (17.61)	2:14.47 (16.93)

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 102 Women 11-15 200 SC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
17 Vadon, Millie	15	Ealing Swimming Club	2:17.43	2:15.82
14.95	31.98 (17.03)	49.61 (17.63)	1:06.94 (17.33)	
1:24.43 (17.49)	1:42.23 (17.80)	1:59.59 (17.36)	2:15.82 (16.23)	
18 Barrett, Matilda	15	Orpington OJ	2:16.99	2:15.86
15.00	31.40 (16.40)	48.24 (16.84)	1:05.84 (17.60)	
1:23.35 (17.51)	1:41.49 (18.14)	1:58.69 (17.20)	2:15.86 (17.17)	
19 Mcglinchey, Erica	13	Greenwich Royals Swimming Club	2:17.66	2:16.13
14.81	31.46 (16.65)	48.43 (16.97)	1:05.68 (17.25)	
1:23.32 (17.64)	1:41.20 (17.88)	1:59.17 (17.97)	2:16.13 (16.96)	
20 Hill, Olivia	13	Wandsworth Swimming Club	2:17.94	2:16.46
14.84	31.28 (16.44)	48.06 (16.78)	1:05.52 (17.46)	
1:22.93 (17.41)	1:41.45 (18.52)	1:59.30 (17.85)	2:16.46 (17.16)	
21 Zobek, Sonia	14	Ealing Swimming Club	2:16.95	2:16.50
14.93	31.33 (16.40)	48.25 (16.92)	1:05.66 (17.41)	
1:23.60 (17.94)	1:41.70 (18.10)	1:59.51 (17.81)	2:16.50 (16.99)	
22 Dreleva, Victoria	14	Romford Town Swimming Club	2:10.21	2:16.72
14.57	30.87 (16.30)	47.75 (16.88)	1:05.43 (17.68)	
1:23.26 (17.83)	1:41.34 (18.08)	1:59.40 (18.06)	2:16.72 (17.32)	
23 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	2:17.78	2:16.76
14.55	31.32 (16.77)	48.85 (17.53)	1:06.80 (17.95)	
1:24.63 (17.83)	1:42.61 (17.98)	2:00.18 (17.57)	2:16.76 (16.58)	
24 Ceccherini, Gabriella	14	Kingston Royals Swimming Club	2:15.54	2:17.60
14.78	31.60 (16.82)	48.85 (17.25)	1:06.36 (17.51)	
1:24.31 (17.95)	1:42.67 (18.36)	2:00.57 (17.90)	2:17.60 (17.03)	
25 Hyde, Izzy	13	Kingston Royals Swimming Club	2:15.60	2:17.66
15.10	32.14 (17.04)	49.39 (17.25)	1:07.06 (17.67)	
1:25.09 (18.03)	1:43.13 (18.04)	2:00.94 (17.81)	2:17.66 (16.72)	
26 Ogden, Mika	13	Hackney Aquatics	2:16.79	2:18.09
14.96	31.95 (16.99)	49.42 (17.47)	1:07.20 (17.78)	
1:25.12 (17.92)	1:42.87 (17.75)	2:00.75 (17.88)	2:18.09 (17.34)	
27 Ortiz, Emma	14	Hillingdon Swimming Club	2:15.94	2:18.26
14.73	31.37 (16.64)	48.77 (17.40)	1:06.63 (17.86)	
1:24.64 (18.01)	1:42.79 (18.15)	2:00.55 (17.76)	2:18.26 (17.71)	
28 Owens, Anna	15	Barnes SC	2:17.46	2:18.48
15.12	32.11 (16.99)	49.44 (17.33)	1:07.06 (17.62)	
1:24.86 (17.80)	1:43.06 (18.20)	2:01.05 (17.99)	2:18.48 (17.43)	
29 Shaw, Ava	13	Natare West London	2:18.17	2:18.58
15.05	32.27 (17.22)	49.38 (17.11)	1:06.50 (17.12)	
1:24.25 (17.75)	1:42.57 (18.32)	2:01.14 (18.57)	2:18.58 (17.44)	
30 Ansari, Aaliyah	15	Bo Of Harrow	2:14.51	2:19.01
15.15	31.53 (16.38)	48.67 (17.14)	1:06.21 (17.54)	
1:24.24 (18.03)	1:42.73 (18.49)	2:00.88 (18.15)	2:19.01 (18.13)	
31 Remyn, Ella	15	Borough of Waltham Forest Gato	2:15.03	2:19.31
15.33	32.39 (17.06)	50.12 (17.73)	1:08.16 (18.04)	
1:26.09 (17.93)	1:44.39 (18.30)	2:02.11 (17.72)	2:19.31 (17.20)	
32 Barnard, Lola	14	Barnet Cophall Swimming Club	2:16.87	2:19.43
15.13	31.22 (16.09)		1:05.83 ()	
1:23.76 (17.93)	1:42.36 (18.60)	2:01.00 (18.64)	2:19.43 (18.43)	
33 Weekly, Katherine	13	Saxon Crown (Lewisham)	2:17.31	2:19.99
15.12	32.05 (16.93)	49.47 (17.42)	1:06.95 (17.48)	
1:24.68 (17.73)	1:43.04 (18.36)	2:01.63 (18.59)	2:19.99 (18.36)	
34 Burns, Lola	13	Beckenham Swimming Club	2:17.47	2:20.40
15.32	32.50 (17.18)	50.06 (17.56)	1:08.07 (18.01)	
1:26.15 (18.08)	1:44.53 (18.38)	2:02.58 (18.05)	2:20.40 (17.82)	
35 Walton, Ella-Rose	15	Teddington Swimming Club	2:14.46	2:21.17
15.31	32.13 (16.82)	49.62 (17.49)	1:07.58 (17.96)	
1:25.71 (18.13)	1:44.32 (18.61)	2:02.93 (18.61)	2:21.17 (18.24)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 102 Women 11-15 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
36 Rayner, Hannah	14	Greenwich Royals Swimming Club	2:17.90	2:22.98
15.48	32.40 (16.92)	49.94 (17.54)	1:07.99 (18.05)	
1:26.80 (18.81)	1:45.53 (18.73)	2:04.65 (19.12)	2:22.98 (18.33)	
37 Poaros, Rhea	15	Teddington Swimming Club	2:14.55	2:23.37
15.95	33.14 (17.19)	51.00 (17.86)	1:09.20 (18.20)	
1:27.47 (18.27)	1:46.07 (18.60)	2:05.05 (18.98)	2:23.37 (18.32)	
38 Barnhurst, Poppy	14	Sutton & Cheam	2:15.41	2:29.64
15.64	33.35 (17.71)	52.06 (18.71)	1:11.26 (19.20)	
1:30.87 (19.61)	1:50.50 (19.63)	2:10.47 (19.97)	2:29.64 (19.17)	

Event 102 Women 16 & Over 200 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Britton, Phyllida	22	Ealing Swimming Club	2:02.57	2:01.04
13.76	28.97 (15.21)	44.34 (15.37)	59.92 (15.58)	
1:15.08 (15.16)	1:30.38 (15.30)	1:45.71 (15.33)	2:01.04 (15.33)	
2 Davies, Amy	17	South Croydon Swimming Club	2:04.79	2:01.47
13.74	28.83 (15.09)	44.17 (15.34)	59.96 (15.79)	
1:15.71 (15.75)	1:31.04 (15.33)	1:46.52 (15.48)	2:01.47 (14.95)	
3 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	2:02.55	2:02.19
13.70	29.07 (15.37)	44.59 (15.52)	1:00.36 (15.77)	
1:16.07 (15.71)	1:31.80 (15.73)	1:47.19 (15.39)	2:02.19 (15.00)	
4 Barnes, Megan	16	Barnes SC	2:02.34	2:03.98
13.71	28.76 (15.05)	44.45 (15.69)	59.95 (15.50)	
1:15.76 (15.81)	1:31.77 (16.01)	1:47.90 (16.13)	2:03.98 (16.08)	
5 O'Toole, Cara	16	Hillingdon Swimming Club	2:06.44	2:06.41
14.10	29.61 (15.51)	45.34 (15.73)	1:01.37 (16.03)	
1:17.57 (16.20)	1:34.09 (16.52)	1:50.43 (16.34)	2:06.41 (15.98)	
6 Flynn, Sadie	17	Brompton Swimming Club	2:05.28	2:06.86
13.94	29.34 (15.40)	44.79 (15.45)	1:00.79 (16.00)	
1:16.81 (16.02)	1:33.59 (16.78)	1:50.56 (16.97)	2:06.86 (16.30)	
7 Singh, Gaurika	17	Camden Swiss Cottage Swimming	2:06.62	2:07.09
14.57	30.32 (15.75)	46.50 (16.18)	1:02.70 (16.20)	
1:18.74 (16.04)	1:34.95 (16.21)	1:51.14 (16.19)	2:07.09 (15.95)	

Event 102 Women 16 & Over 200 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Barnes, Megan	16	Barnes SC	2:01.76	2:02.34
13.66	28.35 (14.69)	43.83 (15.48)	59.49 (15.66)	
1:15.12 (15.63)	1:30.94 (15.82)	1:46.93 (15.99)	2:02.34 (15.41)	
2 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	2:03.96	2:02.55
13.43	28.31 (14.88)	43.70 (15.39)	59.48 (15.78)	
1:15.23 (15.75)	1:31.16 (15.93)	1:47.31 (16.15)	2:02.55 (15.24)	
3 Britton, Phyllida	22	Ealing Swimming Club	2:01.92	2:02.57
13.67	28.52 (14.85)	43.92 (15.40)	59.48 (15.56)	
1:15.11 (15.63)	1:30.79 (15.68)	1:46.98 (16.19)	2:02.57 (15.59)	
4 Davies, Amy	17	South Croydon Swimming Club	2:02.35	2:04.79
13.74	29.13 (15.39)	44.77 (15.64)	1:00.68 (15.91)	
1:16.82 (16.14)	1:32.84 (16.02)	1:49.37 (16.53)	2:04.79 (15.42)	
5 Flynn, Sadie	17	Brompton Swimming Club	2:08.88	2:05.28
13.79	28.82 (15.03)	44.33 (15.51)	1:00.13 (15.80)	
1:16.21 (16.08)	1:32.55 (16.34)	1:49.07 (16.52)	2:05.28 (16.21)	
6 Byrne, Meghan	19	Barnet Cophthall Swimming Club	2:03.55	2:05.47
13.96	29.17 (15.21)	45.17 (16.00)	1:01.15 (15.98)	
1:17.22 (16.07)	1:33.48 (16.26)	1:49.65 (16.17)	2:05.47 (15.82)	
7 O'Toole, Cara	16	Hillingdon Swimming Club	2:06.23	2:06.44
14.30	29.89 (15.59)	45.54 (15.65)	1:01.42 (15.88)	
1:17.56 (16.14)	1:33.77 (16.21)	1:50.56 (16.79)	2:06.44 (15.88)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 102 Women 16 & Over 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
8 Child, Tiegan	17	Beckenham Swimming Club	2:06.51	2:06.60
13.42	28.73 (15.31)	44.34 (15.61)	1:00.47 (16.13)	
1:16.71 (16.24)	1:33.59 (16.88)	1:50.19 (16.60)	2:06.60 (16.41)	
9 Singh, Gaurika	17	Camden Swiss Cottage Swimming	2:04.95	2:06.62
14.18	29.50 (15.32)	45.21 (15.71)	1:01.07 (15.86)	
1:17.20 (16.13)	1:33.69 (16.49)	1:50.38 (16.69)	2:06.62 (16.24)	
10 Winters, Georgie	17	Camden Swiss Cottage Swimming	2:08.05	2:06.75
14.03	29.43 (15.40)	45.34 (15.91)	1:01.59 (16.25)	
1:18.02 (16.43)	1:34.70 (16.68)	1:51.31 (16.61)	2:06.75 (15.44)	
11 Crameri, Nastassja	21	Chelsea and Westminster Swimmi	2:05.81	2:06.96
14.22	29.56 (15.34)	45.29 (15.73)	1:01.15 (15.86)	
1:17.70 (16.55)	1:34.32 (16.62)	1:50.88 (16.56)	2:06.96 (16.08)	
12 Van Selm, Emma	16	Bromley Swimming Club	2:03.61	2:07.29
13.61	28.97 (15.36)	45.06 (16.09)	1:01.40 (16.34)	
1:18.21 (16.81)	1:34.94 (16.73)	1:51.75 (16.81)	2:07.29 (15.54)	
13 Luhmann, Eve	17	Beckenham Swimming Club	2:16.93	2:08.49
13.86	29.48 (15.62)	45.62 (16.14)	1:02.04 (16.42)	
1:18.60 (16.56)	1:35.39 (16.79)	1:52.14 (16.75)	2:08.49 (16.35)	
14 Callaghan, Scarlett	17	Beckenham Swimming Club	2:07.31	2:09.06
14.01	29.80 (15.79)	45.67 (15.87)	1:02.37 (16.70)	
1:18.92 (16.55)	1:36.04 (17.12)	1:52.68 (16.64)	2:09.06 (16.38)	
15 Davies, Edie	16	Kingston Royals Swimming Club	2:12.31	2:10.03
14.35	30.18 (15.83)	46.54 (16.36)	1:02.84 (16.30)	
1:19.67 (16.83)	1:36.63 (16.96)	1:53.64 (17.01)	2:10.03 (16.39)	
16 Kelly, Alesha	17	Brompton Swimming Club	2:09.84	2:10.89
14.26	30.15 (15.89)	46.44 (16.29)	1:03.49 (17.05)	
1:20.26 (16.77)	1:37.39 (17.13)	1:54.29 (16.90)	2:10.89 (16.60)	
17 Dunleavy, Maia	18	Brompton Swimming Club	2:08.45	2:10.98
14.30	30.18 (15.88)	46.49 (16.31)	1:02.79 (16.30)	
1:19.35 (16.56)	1:36.72 (17.37)	1:53.98 (17.26)	2:10.98 (17.00)	
18 Dill, Drew	17	Camden Swiss Cottage Swimming	2:09.98	2:12.66
14.67	30.94 (16.27)	47.41 (16.47)	1:04.19 (16.78)	
1:21.23 (17.04)	1:38.44 (17.21)	1:55.76 (17.32)	2:12.66 (16.90)	
19 Brock, Dorothy	16	Anaconda Swimming Club	2:11.53	2:12.78
14.71	31.07 (16.36)	47.86 (16.79)	1:04.56 (16.70)	
1:21.58 (17.02)	1:39.45 (17.87)	1:56.95 (17.50)	2:12.78 (15.83)	
20 Kirlew, Maya	18	Enfield Swim Squad	2:14.72	2:13.17
14.29	30.40 (16.11)	46.83 (16.43)	1:04.03 (17.20)	
1:21.38 (17.35)	1:38.75 (17.37)	1:56.25 (17.50)	2:13.17 (16.92)	
21 Coyle, Ruby	17	Bo Of Harrow	2:11.56	2:13.22
14.73	31.05 (16.32)	47.92 (16.87)	1:05.34 (17.42)	
1:22.39 (17.05)	1:39.84 (17.45)	1:57.01 (17.17)	2:13.22 (16.21)	
22 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	2:12.81	2:14.08
14.75	31.25 (16.50)	47.95 (16.70)	1:04.90 (16.95)	
1:22.01 (17.11)	1:39.44 (17.43)	1:56.82 (17.38)	2:14.08 (17.26)	
23 Poaros, Thalia	18	Teddington Swimming Club	2:07.56	2:14.15
14.80	31.14 (16.34)	47.57 (16.43)	1:04.50 (16.93)	
1:21.57 (17.07)	1:39.18 (17.61)	1:56.79 (17.61)	2:14.15 (17.36)	
24 Follis, Maddie	17	Bromley Swimming Club	2:11.68	2:14.18
14.21	30.41 (16.20)	46.89 (16.48)	1:04.11 (17.22)	
1:21.60 (17.49)	1:39.11 (17.51)	1:56.91 (17.80)	2:14.18 (17.27)	
25 Boerner, Lisa	18	Kingston Royals Swimming Club	2:16.32	2:15.25
14.59	31.09 (16.50)	48.10 (17.01)	1:05.50 (17.40)	
1:23.02 (17.52)	1:40.81 (17.79)	1:58.40 (17.59)	2:15.25 (16.85)	
26 Dill, Ally	17	Camden Swiss Cottage Swimming	2:13.82	2:15.81
15.03	31.03 (16.00)	48.02 (16.99)	1:05.08 (17.06)	
1:22.31 (17.23)	1:39.93 (17.62)	1:57.98 (18.05)	2:15.81 (17.83)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 102 Women 16 & Over 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
27 Ground, Sophia	18	Brompton Swimming Club	2:16.05	2:15.88
14.10	30.44 (16.34)	47.82 (17.38)	1:05.71 (17.89)	
1:23.82 (18.11)	1:42.14 (18.32)	1:59.43 (17.29)	2:15.88 (16.45)	
28 Somerville, Renee	17	Saxon Crown (Lewisham)	2:13.78	2:16.33
15.01	31.10 (16.09)	47.92 (16.82)	1:05.00 (17.08)	
1:22.63 (17.63)	1:40.64 (18.01)	1:58.78 (18.14)	2:16.33 (17.55)	
29 Davison, Abby	17	Beckenham Swimming Club	2:13.00	2:17.34
14.63	31.00 (16.37)	47.90 (16.90)	1:05.66 (17.76)	
1:23.21 (17.55)	1:41.28 (18.07)	1:59.51 (18.23)	2:17.34 (17.83)	
30 Rees, Hannah	16	Sutton & Cheam	2:17.24	2:17.78
14.87	31.49 (16.62)	48.55 (17.06)	1:06.03 (17.48)	
1:23.73 (17.70)	1:41.75 (18.02)	2:00.16 (18.41)	2:17.78 (17.62)	
31 Neal, Joanne	17	Hillingdon Swimming Club	2:13.12	2:18.46
15.20	32.10 (16.90)	49.65 (17.55)	1:07.45 (17.80)	
1:24.94 (17.49)	1:42.47 (17.53)	2:01.01 (18.54)	2:18.46 (17.45)	
32 Carlos, Caitlin	16	Barnet Cophall Swimming Club	2:14.39	2:18.72
15.23	32.15 (16.92)	49.34 (17.19)	1:06.90 (17.56)	
1:24.76 (17.86)	1:42.82 (18.06)	2:00.82 (18.00)	2:18.72 (17.90)	
33 Griffiths, Suki	16	Chelsea and Westminster Swimmi	2:14.56	2:18.93
14.83	31.56 (16.73)	48.68 (17.12)	1:06.13 (17.45)	
1:24.04 (17.91)	1:42.67 (18.63)	2:01.14 (18.47)	2:18.93 (17.79)	
34 Pereira, Sarah	16	Teddington Swimming Club	2:14.62	2:19.43
15.53	32.01 (16.48)	49.05 (17.04)	1:06.54 (17.49)	
1:24.83 (18.29)	1:43.03 (18.20)	2:01.62 (18.59)	2:19.43 (17.81)	
35 Ahmed, Junayna	16	Romford Town Swimming Club	2:16.99	2:20.90
14.81	31.59 (16.78)	49.40 (17.81)	1:07.39 (17.99)	
1:25.72 (18.33)	1:44.23 (18.51)	2:02.97 (18.74)	2:20.90 (17.93)	
36 Pepperday, Rose	18	Haringey Aquatics	2:17.49	2:20.91
	31.71 ()	49.25 (17.54)	1:06.95 (17.70)	
1:25.12 (18.17)	1:43.64 (18.52)	2:02.53 (18.89)	2:20.91 (18.38)	

Event 103 Men 11-15 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Cornish, Sam	15	Enfield Swim Squad	31.55	30.64
14.15	30.64 (16.49)			
2 Din, Kamran	15	Chelsea and Westminster Swimmi	31.61	31.36
14.51	31.36 (16.85)			
3 Pauling, Edward	15	Beckenham Swimming Club	32.12	31.60
14.81	31.60 (16.79)			
4 Woolfenden, Callum	14	Beckenham Swimming Club	32.07	32.09
15.04	32.09 (17.05)			
5 Dartnaill, Oliver	15	Hillingdon Swimming Club	32.46	32.17
14.70	32.17 (17.47)			
6 Finch, Christopher	15	South Croydon Swimming Club	32.63	32.38
15.16	32.38 (17.22)			
7 Roberts, Marco	14	Hackney Aquatics	32.35	32.77
15.14	32.77 (17.63)			
8 Wright, Oliver	14	Camden Swiss Cottage Swimming	32.52	33.12
15.61	33.12 (17.51)			

Event 103 Men 11-15 50 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Cornish, Sam	15	Enfield Swim Squad	30.70	31.55
14.61	31.55 (16.94)			
2 Din, Kamran	15	Chelsea and Westminster Swimmi	33.01	31.61
14.67	31.61 (16.94)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 103 Men 11-15 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
3 Woolfenden, Callum 14.99	14	Beckenham Swimming Club	32.46	32.07
		32.07 (17.08)		
4 Pauling, Edward 14.89	15	Beckenham Swimming Club	32.16	32.12
		32.12 (17.23)		
5 Roberts, Marco 14.87	14	Hackney Aquatics	32.32	32.35
		32.35 (17.48)		
6 Dartnail, Oliver 14.76	15	Hillingdon Swimming Club	34.90	32.46
		32.46 (17.70)		
7 Wright, Oliver 15.05	14	Camden Swiss Cottage Swimming	32.83	32.52
		32.52 (17.47)		
8 Finch, Christopher 15.06	15	South Croydon Swimming Club	32.12	32.63
		32.63 (17.57)		
9 Bartley, Thomas 15.17	14	Sutton & Cheam	33.62	32.80
		32.80 (17.63)		
10 Pickering, Sebastian 15.31	14	Bromley Swimming Club	33.52	32.91
		32.91 (17.60)		
11 Green, Max 15.22	15	Haringey Aquatics	32.93	33.03
		33.03 (17.81)		
12 Chapman Lennon, Harvey 15.30	14	Dulwich Dolphins Swimming Club	33.59	33.18
		33.18 (17.88)		
13 Ito, Ley 15.24	14	Hackney Aquatics	33.75	33.29
		33.29 (18.05)		
14 Hoole, Hayden 15.39	15	Haringey Aquatics	33.76	33.58
		33.58 (18.19)		
15 Miranda, Juan 15.64	15	Chelsea and Westminster Swimmi	34.72	33.74
		33.74 (18.10)		
16 Williams, Alexander 16.04	14	Hillingdon Swimming Club	34.99	33.82
		33.82 (17.78)		
17 Callaway, Jasper 15.38	14	Dulwich Dolphins Swimming Club	34.23	33.88
		33.88 (18.50)		
*18 Austin, Alex 15.50	15	Hillingdon Swimming Club	34.23	33.89
		33.89 (18.39)		
*18 Ellis, Joshua 15.26	15	Beckenham Swimming Club	32.88	33.89
		33.89 (18.63)		
20 Munden, Joe 15.73	15	Newham & Uel Swimming Club	34.11	33.91
		33.91 (18.18)		
21 Bohm, Lucas 15.79	12	Camden Swiss Cottage Swimming	35.46	33.92
		33.92 (18.13)		
22 Broad, Mikhail 15.29	15	Sutton & Cheam	34.23	34.00
		34.00 (18.71)		
23 Andrews, Eddie 15.68	15	Kingston Royals Swimming Club	33.24	34.36
		34.36 (18.68)		
24 Haywood Crouch, Jackson 15.58	15	Bo Of Harrow	33.39	34.37
		34.37 (18.79)		
25 Borak, Yuriy 15.84	14	Ealing Swimming Club	34.92	34.52
		34.52 (18.68)		
26 Bartholomew, Cameron 16.03	15	Hillingdon Swimming Club	34.78	34.54
		34.54 (18.51)		
27 Brealey, James 15.82	14	Anaconda Swimming Club	34.42	34.55
		34.55 (18.73)		
28 Ahmet, Kaya 16.01	15	Borough of Waltham Forest Gato	35.20	34.70
		34.70 (18.69)		
29 Casapu, Iuli 15.94	15	Enfield Swim Squad	35.61	34.76
		34.76 (18.82)		
30 He, Leo 15.91	14	Camden Swiss Cottage Swimming	35.74	34.98
		34.98 (19.07)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 103 Men 11-15 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
31 Carlton, Fraser	15	Hackney Aquatics	34.78	35.09
15.87	35.09	(19.22)		
32 Wright, Jonny	15	Kingston Royals Swimming Club	34.93	35.10
16.08	35.10	(19.02)		
33 Ismatullaev, Jamie	13	Hillingdon Swimming Club	35.49	35.22
16.23	35.22	(18.99)		
*34 Hare, Jake	15	London Borough of Redbridge SC	34.96	35.29
16.39	35.29	(18.90)		
*34 Coyle, Alexander	14	Bo Of Harrow	36.04	35.29
16.17	35.29	(19.12)		
36 Walker, Jacob	14	Greenwich Royals Swimming Club	35.08	35.30
16.74	35.30	(18.56)		
37 Rates, James	14	Dulwich Dolphins Swimming Club	35.38	35.41
16.16	35.41	(19.25)		
38 Duncan, Callum	15	Bo Of Harrow	35.77	35.44
16.34	35.44	(19.10)		
39 Hamilton McMahon, Arun	14	Haringey Aquatics	35.98	35.65
16.37	35.65	(19.28)		
40 Salazar, Kurt Francis	14	Newham & Uel Swimming Club	36.32	35.66
16.19	35.66	(19.47)		
41 Ellingham, Luke	15	Haringey Aquatics	35.02	35.78
16.23	35.78	(19.55)		
42 Gamble, Isaac	14	Wandsworth Swimming Club	36.02	35.79
16.33	35.79	(19.46)		
43 Nimoh, Pharell	15	Saxon Crown (Lewisham)	36.76	35.81
16.44	35.81	(19.37)		
44 Tubbs, Bruno	14	Anaconda Swimming Club	35.92	36.25
16.83	36.25	(19.42)		
45 Raykin, Georgi	14	Newham & Uel Swimming Club	36.04	36.28
16.84	36.28	(19.44)		
46 Mclennon-Defoe, Zachary	15	Dulwich Dolphins Swimming Club	35.25	36.33
16.86	36.33	(19.47)		
--- Lombardo, Maxime	15	Natare West London	33.06	DQ
7.3 Elbows over water except for last stroke before the turn, during the turn or final str				

Event 103 Men 16 & Over 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Gerber, Yaron	21	Ealing Swimming Club	28.99	28.92
13.46	28.92	(15.46)		
2 Barnes, George	18	Brompton Swimming Club	30.14	29.87
13.60	29.87	(16.27)		
3 Farthing, Richard	17	Enfield Swim Squad	29.98	29.95
13.85	29.95	(16.10)		
4 Vazirani, Rohan	18	Ealing Swimming Club	30.52	30.08
13.77	30.08	(16.31)		
5 Hanson, Max	16	Haringey Aquatics	30.58	30.09
13.91	30.09	(16.18)		
6 Drzaic, Andrej	17	Sutton & Cheam	30.21	30.17
14.07	30.17	(16.10)		
7 Mahendrakumar, Pravin	16	Bromley Swimming Club	30.35	30.20
14.03	30.20	(16.17)		
8 Cangir, Ali	18	Barking and Dagenham Aquatics	30.47	30.68
14.03	30.68	(16.65)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Event 103 Men 16 & Over 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Gerber, Yaron	21	Ealing Swimming Club	29.57	28.99
13.60	28.99 (15.39)			
2 Farthing, Richard	17	Enfield Swim Squad	30.18	29.98
13.81	29.98 (16.17)			
3 Barnes, George	18	Brompton Swimming Club	29.82	30.14
13.76	30.14 (16.38)			
4 Drzaic, Andrej	17	Sutton & Cheam	30.91	30.21
14.02	30.21 (16.19)			
5 Mahendrakumar, Pravin	16	Bromley Swimming Club	30.27	30.35
14.33	30.35 (16.02)			
6 Lombardo, Pietro	16	Chelsea and Westminster Swimmi	30.50	30.38
14.18	30.38 (16.20)			
7 Cangir, Ali	18	Barking and Dagenham Aquatics	30.60	30.47
13.92	30.47 (16.55)			
8 Vazirani, Rohan	18	Ealing Swimming Club	31.17	30.52
14.15	30.52 (16.37)			
9 Hanson, Max	16	Haringey Aquatics	30.52	30.58
14.06	30.58 (16.52)			
10 Nguyen, Louis	16	Hackney Aquatics	30.89	30.71
14.31	30.71 (16.40)			
11 Morgan, Aaron	22	Bo Of Harrow	30.98	30.81
14.01	30.81 (16.80)			
12 Latham, Oliver	16	Hillingdon Swimming Club	30.93	31.06
14.25	31.06 (16.81)			
13 Portillo Hernaiz, Mario	17	Leander Swimming Club	31.92	31.23
14.64	31.23 (16.59)			
14 Woolley, Thomas	16	Bromley Swimming Club	30.59	31.70
14.66	31.70 (17.04)			
15 Castronovo, Amir	16	Camden Swiss Cottage Swimming	32.69	31.72
14.68	31.72 (17.04)			
16 Mcspadden, Marcus	16	Beckenham Swimming Club	31.27	31.77
14.40	31.77 (17.37)			
17 Durteste, Tristan	17	Brompton Swimming Club	31.69	32.01
14.70	32.01 (17.31)			
18 Rowson, Alex	17	Brompton Swimming Club	32.30	32.08
14.70	32.08 (17.38)			
19 Din, Aryaan	16	Chelsea and Westminster Swimmi	32.60	32.22
14.97	32.22 (17.25)			
20 Wileman, Jon	23	Sutton & Cheam	31.50	32.25
14.80	32.25 (17.45)			
21 Johnson, Kai	17	Saxon Crown (Lewisham)	33.42	32.45
14.90	32.45 (17.55)			
22 McAllister, Samuel	16	Anaconda Swimming Club	32.47	32.50
14.59	32.50 (17.91)			
23 Barou, Emile	17	Camden Swiss Cottage Swimming	33.19	32.71
15.04	32.71 (17.67)			
24 Barretta, Luca	16	Croydon Amphibians Swimming Cl	33.75	32.76
14.96	32.76 (17.80)			
25 Rounding, Oscar	17	Teddington Swimming Club	33.18	32.82
14.86	32.82 (17.96)			
26 Roman, Vlad	16	Dulwich Dolphins Swimming Club	33.26	33.58
15.39	33.58 (18.19)			
27 Marin, Stefan	17	Bexley Swimming Club	34.24	33.68
15.42	33.68 (18.26)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 103 Men 16 & Over 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
28 Abazie, Chidubem	16	Saxon Crown (Lewisham)	32.77	33.69
15.58	33.69 (18.11)			
29 Peel, Max	16	Orpingon OJ	34.92	33.72
15.38	33.72 (18.34)			
30 Wang, Marco	16	Kingston Royals Swimming Club	34.92	33.74
15.66	33.74 (18.08)			
31 Caravati-Pringle, Matteo	16	Haringey Aquatics	33.72	34.29
15.68	34.29 (18.61)			
32 Findlay, Ben	16	Leander Swimming Club	35.18	34.35
16.21	34.35 (18.14)			
33 Collins, Harry	16	Bexley Swimming Club	34.82	34.49
15.98	34.49 (18.51)			
34 Panchuk-Yavnyy, Antony	16	Newham & Uel Swimming Club	34.15	34.60
15.82	34.60 (18.78)			
35 Bilas, Krystian	20	Brent Dolphins SC	34.44	34.68
15.92	34.68 (18.76)			
36 Baritsch, Antony	16	Wandsworth Swimming Club	34.94	34.72
16.06	34.72 (18.66)			
37 Ferera, Anatole	17	Brent Dolphins SC	34.88	34.93
15.88	34.93 (19.05)			
38 Ault, Jake	16	Sutton & Cheam	35.11	35.90
16.25	35.90 (19.65)			
39 Langton, Oliver	19	Teddington Swimming Club	33.47	36.45
17.37	36.45 (19.08)			
40 Hachemi, Abdul	17	Brent Dolphins SC	35.47	37.06
16.90	37.06 (20.16)			

Event 104 Women 11-15 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Powell, Eliza	15	Bromley Swimming Club	1:12.02	1:12.22
15.58	33.81 (18.23)	52.78 (18.97)	1:12.22 (19.44)	
2 Hagan, Holly	15	Romford Town Swimming Club	1:14.85	1:14.46
16.29	35.11 (18.82)	54.63 (19.52)	1:14.46 (19.83)	
3 McEver, Ella	14	Camden Swiss Cottage Swimming	1:14.68	1:14.57
17.28	35.51 (18.23)	55.14 (19.63)	1:14.57 (19.43)	
4 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	1:15.33	1:15.29
16.08	35.47 (19.39)	55.01 (19.54)	1:15.29 (20.28)	
5 Bowley, Hannah	14	Hillingdon Swimming Club	1:14.98	1:15.80
16.99	36.23 (19.24)	56.26 (20.03)	1:15.80 (19.54)	
6 Sweeney, Rebecca	15	Barnes SC	1:16.88	1:17.14
16.59	36.27 (19.68)	56.32 (20.05)	1:17.14 (20.82)	
7 Humble, Jasmine	15	Kingston Royals Swimming Club	1:15.98	1:18.51
17.25	37.41 (20.16)	58.05 (20.64)	1:18.51 (20.46)	
8 Miller, Amani	15	London Borough of Hounslow	1:17.05	1:18.54
17.09	37.59 (20.50)	57.87 (20.28)	1:18.54 (20.67)	

Event 104 Women 11-15 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Powell, Eliza	15	Bromley Swimming Club	1:10.88	1:12.02
15.63	33.76 (18.13)	52.51 (18.75)	1:12.02 (19.51)	
2 McEver, Ella	14	Camden Swiss Cottage Swimming	1:16.28	1:14.68
16.20	35.48 (19.28)	55.01 (19.53)	1:14.68 (19.67)	
3 Musial, Zoe	15	Chelsea and Westminster Swimm	1:15.03	1:14.84
16.56	35.57 (19.01)	54.95 (19.38)	1:14.84 (19.89)	
4 Hagan, Holly	15	Romford Town Swimming Club	1:14.97	1:14.85
16.18	35.07 (18.89)	54.75 (19.68)	1:14.85 (20.10)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 104 Women 11-15 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
5 Bowley, Hannah	14	Hillingdon Swimming Club	1:17.78	1:14.98
16.68	35.51 (18.83)	55.11 (19.60)	1:14.98 (19.87)	
6 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	1:16.66	1:15.33
15.96	35.12 (19.16)	55.19 (20.07)	1:15.33 (20.14)	
7 Humble, Jasmine	15	Kingston Royals Swimming Club	1:16.56	1:15.98
16.60	35.80 (19.20)	55.36 (19.56)	1:15.98 (20.62)	
8 Sweeney, Rebecca	15	Barnes SC	1:16.66	1:16.88
16.66	35.97 (19.31)	55.97 (20.00)	1:16.88 (20.91)	
9 Miller, Amani	15	London Borough of Hounslow	1:17.73	1:17.05
16.59	36.47 (19.88)	56.89 (20.42)	1:17.05 (20.16)	
10 Bayley, Alice	15	Anaconda Swimming Club	1:17.60	1:17.25
16.19	35.69 (19.50)	56.29 (20.60)	1:17.25 (20.96)	
11 Baduna, Chloe	13	Hackney Aquatics	1:16.85	1:17.33
16.91	36.70 (19.79)	56.81 (20.11)	1:17.33 (20.52)	
12 Surminski, Josephine	14	Chelsea and Westminster Swimmi	1:16.67	1:17.83
17.02	36.59 (19.57)	56.67 (20.08)	1:17.83 (21.16)	
13 Armstrong, Rebecca	15	Borough of Waltham Forest Gato	1:16.64	1:17.96
16.90	36.26 (19.36)	56.64 (20.38)	1:17.96 (21.32)	
14 Kelly, Ava	13	Croydon Amphibians Swimming Cl	1:17.71	1:18.12
17.20	36.62 (19.42)	57.13 (20.51)	1:18.12 (20.99)	
15 Verbaityte, Emilia	15	Greenwich Royals Swimming Club	1:20.22	1:18.20
17.58	37.82 (20.24)	58.32 (20.50)	1:18.20 (19.88)	
16 Evans, Olwen	15	Bexley Swimming Club	1:20.13	1:18.77
16.50	36.02 (19.52)	58.13 (22.11)	1:18.77 (20.64)	
17 Ricca, Lavinia	13	Natare West London	1:18.73	1:18.79
17.61	37.64 (20.03)	58.39 (20.75)	1:18.79 (20.40)	
18 Humphries, Olivia	14	Sutton & Cheam	1:19.93	1:18.80
17.19	37.30 (20.11)	57.92 (20.62)	1:18.80 (20.88)	
19 Everett, Zoe	13	Greenwich Royals Swimming Club	1:20.34	1:18.82
17.56	37.16 (19.60)	57.84 (20.68)	1:18.82 (20.98)	
20 Sargent, Imogen	15	Chelsea and Westminster Swimmi	1:19.56	1:18.84
17.13	37.17 (20.04)	57.68 (20.51)	1:18.84 (21.16)	
21 Silva, Isla	13	Hackney Aquatics	1:19.89	1:18.85
16.79	37.12 (20.33)	57.82 (20.70)	1:18.85 (21.03)	
22 Pearson, Aoife	15	Hackney Aquatics	1:20.05	1:18.86
17.29	38.26 (20.97)	57.87 (19.61)	1:18.86 (20.99)	
23 Podurgiel, Ella	14	Camden Swiss Cottage Swimming	1:21.18	1:18.87
17.09	37.36 (20.27)	58.22 (20.86)	1:18.87 (20.65)	
24 Utermann, Helena	14	Camden Swiss Cottage Swimming	1:22.64	1:18.93
17.12	37.68 (20.56)	58.03 (20.35)	1:18.93 (20.90)	
25 Shaw, Ava	13	Natare West London	1:19.40	1:19.10
17.23	36.87 (19.64)	57.66 (20.79)	1:19.10 (21.44)	
26 Tran, Amy	13	Chelsea and Westminster Swimmi	1:20.95	1:19.41
17.71	37.43 (19.72)	59.06 (21.63)	1:19.41 (20.35)	
27 Jackson, Samantha	14	Orpington OJ	1:19.43	1:19.45
17.05	36.96 (19.91)	57.76 (20.80)	1:19.45 (21.69)	
28 Owens, Anna	15	Barnes SC	1:19.33	1:19.47
17.24	37.39 (20.15)	58.26 (20.87)	1:19.47 (21.21)	
29 Sweeting, Natasha	14	Barnes SC	1:21.25	1:19.69
17.39	37.25 (19.86)	58.15 (20.90)	1:19.69 (21.54)	
30 Lenihan, Lily	15	Sutton & Cheam	1:18.13	1:19.75
17.00	37.08 (20.08)	57.89 (20.81)	1:19.75 (21.86)	
31 Murine, Monika	12	Barking and Dagenham Aquatics	1:20.81	1:20.21
17.90	38.59 (20.69)	59.44 (20.85)	1:20.21 (20.77)	
32 Bremen, Sophia	13	Anaconda Swimming Club	1:19.70	1:20.26
17.66	38.01 (20.35)	58.99 (20.98)	1:20.26 (21.27)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 104 Women 11-15 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
33 Wilcock, Tegan	15	Kingston Royals Swimming Club	1:24.53	1:20.85
17.04	37.65 (20.61)	59.58 (21.93)	1:20.85 (21.27)	
34 Somasundram, Vinammra	15	Bo Of Harrow	1:21.92	1:21.05
16.97	37.71 (20.74)	59.11 (21.40)	1:21.05 (21.94)	
35 Daffey, Schuyler	15	Brompton Swimming Club	1:21.55	1:21.11
17.56	38.18 (20.62)	59.40 (21.22)	1:21.11 (21.71)	
36 Shafiq, Leila	14	Anaconda Swimming Club	1:21.20	1:21.15
17.01	37.56 (20.55)	59.14 (21.58)	1:21.15 (22.01)	
37 Long, Charlotte	13	Kingston Royals Swimming Club	1:21.91	1:21.55
17.44	38.52 (21.08)	1:00.08 (21.56)	1:21.55 (21.47)	
38 Lipsey-Swarbrick, Leah	14	Hackney Aquatics	1:24.16	1:21.61
17.76	38.65 (20.89)	59.86 (21.21)	1:21.61 (21.75)	
39 Phillimore, Ronni	15	Hackney Aquatics	1:24.73	1:21.89
17.78	39.02 (21.24)	1:00.27 (21.25)	1:21.89 (21.62)	
*40 Sanders, Annie	12	Greenwich Royals Swimming Club	1:22.97	1:21.93
16.73	37.45 (20.72)	59.85 (22.40)	1:21.93 (22.08)	
*40 Andersson Harmon, Klippa	13	Saxon Crown (Lewisham)	1:21.76	1:21.93
17.82	38.77 (20.95)	59.96 (21.19)	1:21.93 (21.97)	
42 Doyle, Ella	13	Greenwich Royals Swimming Club	1:22.91	1:21.95
17.39	37.64 (20.25)	59.64 (22.00)	1:21.95 (22.31)	
43 Clark, Molly	14	Kingston Royals Swimming Club	1:22.85	1:22.14
17.82	39.08 (21.26)	1:00.47 (21.39)	1:22.14 (21.67)	
44 Sullivan, Madeleine	14	Bexley Swimming Club	1:21.91	1:22.17
17.50	38.47 (20.97)	59.93 (21.46)	1:22.17 (22.24)	
45 Hayes, Mabel	13	Anaconda Swimming Club	1:25.14	1:22.48
17.27	38.76 (21.49)	1:00.46 (21.70)	1:22.48 (22.02)	
46 Leonard, Emily	13	Ealing Swimming Club	1:25.00	1:22.70
17.38	38.10 (20.72)	1:00.89 (22.79)	1:22.70 (21.81)	
47 Bhugun, Emma	14	Chelsea and Westminster Swimmi	1:25.02	1:22.87
18.11	39.86 (21.75)	1:01.18 (21.32)	1:22.87 (21.69)	
48 Bridgen, Poppy	14	Hillingdon Swimming Club	1:20.62	1:22.98
17.84	38.72 (20.88)	1:00.80 (22.08)	1:22.98 (22.18)	
*49 Dowell, Amelia	14	Camden Swiss Cottage Swimming	1:23.24	1:23.22
18.59	38.27 (19.68)	1:01.69 (23.42)	1:23.22 (21.53)	
*49 Wilkinson, Saskia	13	Leander Swimming Club	1:23.98	1:23.22
17.58	38.79 (21.21)	1:00.93 (22.14)	1:23.22 (22.29)	
51 Gunn, Emily	13	Bromley Swimming Club	1:21.35	1:23.29
17.22	38.82 (21.60)	1:00.93 (22.11)	1:23.29 (22.36)	
52 Jeffs, Beatrice	13	Hillingdon Swimming Club	1:23.85	1:23.30
18.75	39.92 (21.17)	1:01.31 (21.39)	1:23.30 (21.99)	
53 O'Connor, Lex	12	Romford Town Swimming Club	1:25.01	1:23.43
18.14	39.70 (21.56)	1:01.55 (21.85)	1:23.43 (21.88)	
54 Pereira, Veronika	15	Bo Of Harrow	1:23.47	1:23.46
17.66	38.94 (21.28)	1:00.92 (21.98)	1:23.46 (22.54)	
55 Hammond, Amelia	14	Broomfield Park Swimming Club	1:22.97	1:23.63
17.52	39.09 (21.57)	1:01.21 (22.12)	1:23.63 (22.42)	
56 Roberts, Isla	11	Hackney Aquatics	1:21.39	1:23.97
18.08	39.56 (21.48)	1:01.69 (22.13)	1:23.97 (22.28)	
57 Cole, Evelyn	14	Anaconda Swimming Club	1:24.93	1:23.99
17.82	38.96 (21.14)	1:01.08 (22.12)	1:23.99 (22.91)	
58 Wootton, Evie	14	Haringey Aquatics	1:21.95	1:24.57
18.18	39.51 (21.33)	1:01.74 (22.23)	1:24.57 (22.83)	
59 Rashed, Hania	14	Bexley Swimming Club	1:24.88	1:26.21
18.59	40.25 (21.66)	1:02.72 (22.47)	1:26.21 (23.49)	
60 Karagianni, Anisa	11	London Borough of Hounslow	1:23.33	1:27.66
18.78	41.44 (22.66)	1:04.86 (23.42)	1:27.66 (22.80)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Event 104 Women 16 & Over 100 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Lale-Klasicki, Pixie	23	Brompton Swimming Club	1:11.74	1:10.78
15.63	33.63 (18.00)	52.19 (18.56)	1:10.78 (18.59)	
2 Surminski, Emily	17	Brompton Swimming Club	1:14.19	1:11.34
15.63	33.86 (18.23)	52.21 (18.35)	1:11.34 (19.13)	
3 Ayling, Jessica	18	Romford Town Swimming Club	1:13.18	1:12.57
15.83	34.22 (18.39)	53.17 (18.95)	1:12.57 (19.40)	
4 Ransome, Ashley	24	Enfield Swim Squad	1:12.59	1:12.84
16.40	35.17 (18.77)	54.13 (18.96)	1:12.84 (18.71)	
5 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	1:13.61	1:13.06
15.98	35.79 (19.81)	53.68 (17.89)	1:13.06 (19.38)	
6 Adams-Howard, Izzie	16	Beckenham Swimming Club	1:14.98	1:13.36
15.97	34.62 (18.65)	53.88 (19.26)	1:13.36 (19.48)	
7 Holland, Jennifer	27	Hornchurch SC	1:13.08	1:13.43
15.99	35.01 (19.02)	54.69 (19.68)	1:13.43 (18.74)	

Event 104 Women 16 & Over 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Lale-Klasicki, Pixie	23	Brompton Swimming Club	1:12.64	1:11.74
15.61	33.75 (18.14)	52.67 (18.92)	1:11.74 (19.07)	
2 Ransome, Ashley	24	Enfield Swim Squad	1:10.86	1:12.59
15.93	34.57 (18.64)	53.48 (18.91)	1:12.59 (19.11)	
3 Holland, Jennifer	27	Hornchurch SC	1:13.11	1:13.08
16.88	34.43 (17.55)	53.64 (19.21)	1:13.08 (19.44)	
4 Ayling, Jessica	18	Romford Town Swimming Club	1:13.61	1:13.18
15.76	33.96 (18.20)	53.20 (19.24)	1:13.18 (19.98)	
5 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	1:12.67	1:13.61
16.20	34.83 (18.63)	54.22 (19.39)	1:13.61 (19.39)	
6 Surminski, Emily	17	Brompton Swimming Club	1:11.21	1:14.19
16.06	34.60 (18.54)	54.05 (19.45)	1:14.19 (20.14)	
7 Adams-Howard, Izzie	16	Beckenham Swimming Club	1:12.98	1:14.98
16.02	34.99 (18.97)	54.65 (19.66)	1:14.98 (20.33)	
8 Lewitt, Isabelle	18	Brompton Swimming Club	1:13.49	1:15.51
16.19	35.33 (19.14)	55.09 (19.76)	1:15.51 (20.42)	
9 Van Brakel, Saskia	21	Brompton Swimming Club	1:14.99	1:15.75
16.38	35.80 (19.42)	55.16 (19.36)	1:15.75 (20.59)	
10 Mitchell, Lydia	16	Beckenham Swimming Club	1:13.82	1:16.54
17.03	36.32 (19.29)	56.12 (19.80)	1:16.54 (20.42)	
11 Grant, Ellie	18	London Borough of Redbridge SC	1:12.82	1:16.60
15.73	34.60 (18.87)	54.80 (20.20)	1:16.60 (21.80)	
12 Stepan, Ellen	17	Beckenham Swimming Club	1:16.16	1:16.92
16.71	35.89 (19.18)	56.11 (20.22)	1:16.92 (20.81)	
13 Marriott, Kai	17	Hackney Aquatics	1:17.84	1:16.95
15.82	35.03 (19.21)	55.36 (20.33)	1:16.95 (21.59)	
14 Leng, Alice	17	Orpingon OJ	1:18.97	1:18.31
17.16	37.18 (20.02)	57.77 (20.59)	1:18.31 (20.54)	
15 Altankhuyag, Enerel	18	Dulwich Dolphins Swimming Club	1:19.57	1:18.81
17.23	37.73 (20.50)	58.02 (20.29)	1:18.81 (20.79)	
16 Caswell, Priya	16	Brompton Swimming Club	1:19.81	1:21.56
17.20	37.70 (20.50)	59.34 (21.64)	1:21.56 (22.22)	
17 Hawkins, Amie	17	Bexley Swimming Club	1:21.56	1:21.60
17.27	37.95 (20.68)	59.83 (21.88)	1:21.60 (21.77)	
18 Hawley, Ellen	16	Kingston Royals Swimming Club	1:22.60	1:22.57
17.89	38.84 (20.95)	1:00.77 (21.93)	1:22.57 (21.80)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 104 Women 16 & Over 100 SC Meter Breaststroke)

Name	Age	Team	Seed Time	Prelim Time
19 McCormack, Madeleine	17	Romford Town Swimming Club	1:22.55	1:22.65
17.96	39.01 (21.05)	1:00.57 (21.56)	1:22.65 (22.08)	
20 Deaner, Tahlia	16	Hackney Aquatics	1:21.36	1:22.87
17.33	38.12 (20.79)	59.69 (21.57)	1:22.87 (23.18)	
21 Stewart-Liddon, Hebe	16	Wandsworth Swimming Club	1:18.72	1:23.59
17.53	38.79 (21.26)	1:00.95 (22.16)	1:23.59 (22.64)	
22 Streltsova, Sofia	16	Ealing Swimming Club	1:23.23	1:24.76
17.85	38.76 (20.91)	1:00.96 (22.20)	1:24.76 (23.80)	

Event 104 Women 100 SC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Whiston, Brock SB8	23	Barking and Dagenham Aquatics	1:13.40	1:15.59
15.99	34.52 (18.53)	54.16 (19.64)	1:15.59 (21.43)	

Event 104 Women 100 SC Meter Breaststroke Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Whiston, Brock SB8	23	Barking and Dagenham Aquatics	1:12.07	1:13.40
16.09	34.15 (18.06)	53.35 (19.20)	1:13.40 (20.05)	
2 Hyde, Charlie SB6	17	Camden Swiss Cottage Swimming	2:00.79	1:51.76
25.10	53.40 (28.30)	1:22.50 (29.10)	1:51.76 (29.26)	
3 Trevor, Caitlin SB14	16	Kingston Royals Swimming Club	1:58.11	1:58.01
25.26	57.07 (31.81)	1:58.01 (1:00.94)		

Event 105 Men 11-15 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Whittles, Edward	13	Chelsea and Westminster Swimmi	4:41.75	4:36.33
13.65	30.02 (16.37)	47.51 (17.49)	1:03.65 (16.14)	
1:21.76 (18.11)	1:39.59 (17.83)	1:57.40 (17.81)	2:16.18 (18.78)	
2:34.57 (18.39)	2:54.11 (19.54)	3:13.59 (19.48)	3:33.29 (19.70)	
3:49.30 (16.01)	4:04.97 (15.67)	4:20.87 (15.90)	4:36.33 (15.46)	
2 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	4:51.18	4:42.62
13.27	29.72 (16.45)	47.30 (17.58)	1:05.46 (18.16)	
1:23.86 (18.40)	1:41.48 (17.62)	1:58.82 (17.34)	2:16.12 (17.30)	
2:36.60 (20.48)	2:56.60 (20.00)	3:16.66 (20.06)	3:37.00 (20.34)	
3:54.34 (17.34)	4:10.82 (16.48)	4:27.03 (16.21)	4:42.62 (15.59)	
3 Pauling, Edward	15	Beckenham Swimming Club	4:43.68	4:48.89
13.53	30.22 (16.69)	47.70 (17.48)	1:06.39 (18.69)	
1:25.52 (19.13)	1:43.67 (18.15)	2:02.61 (18.94)	2:21.14 (18.53)	
2:41.13 (19.99)	3:01.61 (20.48)	3:22.01 (20.40)	3:43.39 (21.38)	
4:00.72 (17.33)	4:16.77 (16.05)	4:33.17 (16.40)	4:48.89 (15.72)	
4 Austin, Alex	15	Hillingdon Swimming Club	4:56.36	4:50.35
13.96	31.30 (17.34)	48.95 (17.65)	1:07.23 (18.28)	
1:26.21 (18.98)	1:44.69 (18.48)	2:02.59 (17.90)	2:20.34 (17.75)	
2:41.41 (21.07)	3:02.78 (21.37)	3:23.71 (20.93)	3:44.66 (20.95)	
4:01.43 (16.77)	4:18.10 (16.67)	4:34.97 (16.87)	4:50.35 (15.38)	
5 Gabriel, Aaron	14	Barking and Dagenham Aquatics	5:00.20	4:52.84
15.25	31.39 (16.14)	49.39 (18.00)	1:07.35 (17.96)	
1:26.27 (18.92)	1:44.11 (17.84)	2:02.29 (18.18)	2:20.10 (17.81)	
2:41.32 (21.22)	3:02.35 (21.03)	3:24.20 (21.85)	3:45.29 (21.09)	
4:02.27 (16.98)	4:19.06 (16.79)	4:36.32 (17.26)	4:52.84 (16.52)	
6 Harrington, James	15	Hillingdon Swimming Club	5:04.86	4:54.56
14.25	31.44 (17.19)	49.75 (18.31)	1:08.15 (18.40)	
1:27.25 (19.10)	1:45.43 (18.18)	2:03.79 (18.36)	2:22.24 (18.45)	
2:43.80 (21.56)	3:05.52 (21.72)	3:26.76 (21.24)	3:48.83 (22.07)	
4:05.85 (17.02)	4:22.46 (16.61)	4:39.05 (16.59)	4:54.56 (15.51)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 105 Men 11-15 400 SC Meter IM)

Name	Age	Team	Seed Time	Finals Time
7 Roberts, Marco	14	Hackney Aquatics	5:00.70	4:59.76
14.05	30.81 (16.76)	49.16 (18.35)	1:07.68 (18.52)	
1:28.92 (21.24)	1:48.69 (19.77)	2:09.64 (20.95)	2:29.25 (19.61)	
2:50.19 (20.94)	3:09.90 (19.71)	3:30.52 (20.62)	3:51.44 (20.92)	
4:09.72 (18.28)	4:27.29 (17.57)	4:44.56 (17.27)	4:59.76 (15.20)	
8 Williams, Alexander	14	Hillingdon Swimming Club	5:06.48	5:00.26
14.32	31.47 (17.15)	49.19 (17.72)	1:08.16 (18.97)	
1:27.27 (19.11)	1:46.48 (19.21)	2:05.16 (18.68)	2:24.34 (19.18)	
2:44.54 (20.20)	3:05.44 (20.90)	3:26.35 (20.91)	3:47.83 (21.48)	
4:06.17 (18.34)	4:24.48 (18.31)	4:42.76 (18.28)	5:00.26 (17.50)	
9 Bennett, Adam	15	Hillingdon Swimming Club	5:09.92	5:03.01
14.19	31.62 (17.43)	50.56 (18.94)	1:10.86 (20.30)	
1:29.94 (19.08)	1:48.15 (18.21)	2:06.71 (18.56)	2:25.26 (18.55)	
2:46.06 (20.80)	3:08.41 (22.35)	3:29.89 (21.48)	3:52.00 (22.11)	
4:10.75 (18.75)	4:29.07 (18.32)	4:46.57 (17.50)	5:03.01 (16.44)	
10 Gray, Henry	13	Chelsea and Westminster Swimmi	5:12.16	5:04.00
14.57	31.99 (17.42)	49.73 (17.74)	1:08.60 (18.87)	
1:28.49 (19.89)	1:47.79 (19.30)	2:07.17 (19.38)	2:26.01 (18.84)	
2:48.91 (22.90)	3:11.28 (22.37)	3:33.80 (22.52)	3:56.15 (22.35)	
4:13.96 (17.81)	4:31.00 (17.04)	4:48.38 (17.38)	5:04.00 (15.62)	
11 Tomkins, Jake	13	Barnet Copthall Swimming Club	5:14.05	5:04.24
14.99	32.84 (17.85)	51.82 (18.98)	1:10.81 (18.99)	
1:31.88 (21.07)	1:50.87 (18.99)	2:09.86 (18.99)	2:28.96 (19.10)	
2:51.30 (22.34)	3:13.53 (22.23)	3:35.87 (22.34)	3:58.22 (22.35)	
4:15.60 (17.38)	4:32.61 (17.01)	4:49.21 (16.60)	5:04.24 (15.03)	
12 Drienovsky, Daniel	14	Barnet Copthall Swimming Club	5:26.98	5:05.62
14.75	31.93 (17.18)	49.31 (17.38)	1:07.73 (18.42)	
1:28.26 (20.53)	1:47.59 (19.33)	2:07.39 (19.80)	2:26.76 (19.37)	
2:49.43 (22.67)	3:11.84 (22.41)	3:34.85 (23.01)	3:57.96 (23.11)	
4:15.30 (17.34)	4:32.15 (16.85)	4:49.28 (17.13)	5:05.62 (16.34)	
13 Cohen, Jacob	14	Camden Swiss Cottage Swimming	5:19.84	5:06.93
14.88	32.01 (17.13)	49.45 (17.44)	1:08.10 (18.65)	
1:26.78 (18.68)	1:45.04 (18.26)	2:03.57 (18.53)	2:22.31 (18.74)	
2:45.76 (23.45)	3:10.14 (24.38)	3:34.03 (23.89)	3:57.81 (23.78)	
4:15.47 (17.66)	4:32.98 (17.51)	4:50.11 (17.13)	5:06.93 (16.82)	
14 Duncan, Callum	15	Bo Of Harrow	5:14.42	5:10.15
15.03	34.33 (19.30)	54.48 (20.15)		
1:36.41 ()	1:55.99 (19.58)	2:15.31 (19.32)	2:34.72 (19.41)	
2:56.56 (21.84)	3:18.42 (21.86)	3:40.43 (22.01)	4:02.86 (22.43)	
4:20.47 (17.61)	4:37.24 (16.77)	4:53.94 (16.70)	5:10.15 (16.21)	
15 Macgonigal, Oliver	13	Bo Of Harrow	5:21.57	5:11.46
14.15	32.15 (18.00)	49.62 (17.47)	1:08.66 (19.04)	
1:29.32 (20.66)	1:49.05 (19.73)	2:08.41 (19.36)	2:27.92 (19.51)	
2:50.73 (22.81)	3:14.23 (23.50)	3:37.87 (23.64)	4:01.08 (23.21)	
4:19.27 (18.19)	4:36.77 (17.50)	4:54.67 (17.90)	5:11.46 (16.79)	
16 Garfield, Joe	14	Borough of Waltham Forest Gato	5:23.19	5:13.58
13.92	30.53 (16.61)	48.44 (17.91)	1:07.54 (19.10)	
1:27.60 (20.06)	1:46.85 (19.25)	2:06.77 (19.92)	2:26.35 (19.58)	
2:49.89 (23.54)	3:14.20 (24.31)	3:38.03 (23.83)	4:02.81 (24.78)	
4:21.20 (18.39)	4:39.16 (17.96)	4:57.00 (17.84)	5:13.58 (16.58)	
17 Dakin, Jimmy	15	Leander Swimming Club	5:16.86	5:13.79
14.54	32.06 (17.52)	50.15 (18.09)	1:09.47 (19.32)	
1:29.64 (20.17)	1:49.57 (19.93)	2:09.77 (20.20)	2:30.04 (20.27)	
2:51.95 (21.91)	3:16.10 (24.15)	3:38.97 (22.87)	4:03.91 (24.94)	
4:21.68 (17.77)	4:39.53 (17.85)	4:57.62 (18.09)	5:13.79 (16.17)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****(Event 105 Men 11-15 400 SC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time
18	Hawkins, Tom	12	Bexley Swimming Club	5:25.94	5:15.30
	14.79	32.60 (17.81)	52.62 (20.02)	1:11.91 (19.29)	
	1:32.22 (20.31)	1:51.21 (18.99)	2:10.93 (19.72)	2:30.43 (19.50)	
	2:53.78 (23.35)	3:16.98 (23.20)	3:40.62 (23.64)	4:04.49 (23.87)	
	4:22.36 (17.87)	4:40.24 (17.88)	4:58.17 (17.93)	5:15.30 (17.13)	
19	Dinev, Bryan	13	Bexley Swimming Club	5:15.66	5:17.76
	14.85	33.05 (18.20)	52.75 (19.70)	1:13.77 (21.02)	
	1:34.85 (21.08)	1:55.08 (20.23)	2:14.93 (19.85)	2:35.24 (20.31)	
	2:57.67 (22.43)	3:20.86 (23.19)	3:43.93 (23.07)	4:07.27 (23.34)	
	4:25.54 (18.27)	4:43.37 (17.83)	5:00.78 (17.41)	5:17.76 (16.98)	
20	Ismatullaev, Jamie	13	Hillingdon Swimming Club	5:28.82	5:18.93
	15.06	32.49 (17.43)	50.86 (18.37)	1:09.96 (19.10)	
	1:31.15 (21.19)	1:51.74 (20.59)	2:12.08 (20.34)	2:32.86 (20.78)	
	2:55.62 (22.76)	3:18.72 (23.10)	3:41.27 (22.55)	4:04.84 (23.57)	
	4:23.61 (18.77)	4:42.35 (18.74)	5:00.80 (18.45)	5:18.93 (18.13)	
21	Cinpoes, Pip	12	Kingston Royals Swimming Club	5:26.65	5:21.42
	15.51	34.49 (18.98)	54.50 (20.01)	1:14.95 (20.45)	
	1:36.01 (21.06)	1:57.17 (21.16)	2:17.75 (20.58)	2:39.01 (21.26)	
	3:00.54 (21.53)	3:23.36 (22.82)	3:46.53 (23.17)	4:09.72 (23.19)	
	4:28.20 (18.48)	4:46.77 (18.57)	5:04.07 (17.30)	5:21.42 (17.35)	
22	Robinson, Harry	15	Barking and Dagenham Aquatics	5:21.04	5:22.10
	14.44	31.94 (17.50)	50.64 (18.70)	1:09.90 (19.26)	
	1:28.31 (18.41)	1:47.15 (18.84)	2:06.19 (19.04)	2:25.99 (19.80)	
	2:50.95 (24.96)	3:16.04 (25.09)	3:41.02 (24.98)	4:06.79 (25.77)	
	4:26.14 (19.35)	4:44.76 (18.62)	5:04.08 (19.32)	5:22.10 (18.02)	
23	Salazar, Steven	13	Newham & Uel Swimming Club	5:23.84	5:25.12
	15.16	32.64 (17.48)	51.52 (18.88)	1:10.87 (19.35)	
	1:32.25 (21.38)	1:52.76 (20.51)	2:13.70 (20.94)	2:34.61 (20.91)	
	2:59.61 (25.00)	3:22.93 (23.32)	3:46.82 (23.89)	4:11.26 (24.44)	
	4:30.52 (19.26)	4:49.21 (18.69)	5:07.54 (18.33)	5:25.12 (17.58)	
---	Biss, Brandon	14	Camden Swiss Cottage Swimming	5:09.17	DQ
	4.4 Start before starting signal - misc				
---	Lewis, Teddy	13	Saxon Crown (Lewisham)	5:33.06	DQ
	7.1 After the start or after each turn single butterfly kick not performed before the 1st				
---	Taltec-Botos, Kynan	13	Brompton Swimming Club	5:28.12	DQ
	8.4 Did not touch at turn or finish with both hands or touch not simultaneous or hands sep				

Event 105 Men 16 & Over 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Britton, John	24	Ealing Swimming Club	4:18.30	4:23.03
	12.81	27.82 (15.01)	43.90 (16.08)	1:00.17 (16.27)	
	1:17.82 (17.65)	1:34.20 (16.38)	1:50.80 (16.60)	2:07.21 (16.41)	
	2:25.45 (18.24)	2:43.70 (18.25)	3:02.35 (18.65)	3:20.82 (18.47)	
	3:37.04 (16.22)	3:52.42 (15.38)	4:08.05 (15.63)	4:23.03 (14.98)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****(Event 105 Men 16 & Over 400 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
2 Hunt, Eddie	16	Kingston Royals Swimming Club	4:29.57	4:34.54
13.52	29.63 (16.11)	46.50 (16.87)	1:03.85 (17.35)	
1:22.03 (18.18)	1:39.59 (17.56)	1:57.46 (17.87)	2:15.17 (17.71)	
2:34.17 (19.00)	2:53.23 (19.06)	3:13.12 (19.89)	3:32.27 (19.15)	
3:48.48 (16.21)	4:03.89 (15.41)	4:19.49 (15.60)	4:34.54 (15.05)	
3 Ogden, Kai	16	Hackney Aquatics	4:40.18	4:38.89
13.26	29.64 (16.38)	46.61 (16.97)	1:04.07 (17.46)	
1:22.30 (18.23)	1:40.07 (17.77)	1:57.85 (17.78)	2:15.36 (17.51)	
2:35.42 (20.06)	2:55.13 (19.71)	3:15.36 (20.23)	3:35.93 (20.57)	
3:52.33 (16.40)	4:08.02 (15.69)	4:23.75 (15.73)	4:38.89 (15.14)	
4 Conway, Dylan	19	Kingston Royals Swimming Club	5:06.28	4:40.63
12.72	28.06 (15.34)	44.74 (16.68)	1:01.70 (16.96)	
1:20.76 (19.06)	1:38.82 (18.06)	1:57.11 (18.29)	2:14.81 (17.70)	
2:34.65 (19.84)	2:54.75 (20.10)	3:15.30 (20.55)	3:35.42 (20.12)	
3:52.71 (17.29)	4:08.88 (16.17)	4:25.25 (16.37)	4:40.63 (15.38)	
5 Divet, Yann	16	Camden Swiss Cottage Swimming	4:46.83	4:45.23
13.38	29.12 (15.74)	45.43 (16.31)	1:02.76 (17.33)	
1:21.80 (19.04)	1:39.88 (18.08)	1:58.00 (18.12)	2:16.04 (18.04)	
2:37.14 (21.10)	2:57.69 (20.55)	3:18.55 (20.86)	3:39.87 (21.32)	
3:56.65 (16.78)	4:13.09 (16.44)	4:29.75 (16.66)	4:45.23 (15.48)	
6 Leberl, Timothy	17	Beckenham Swimming Club	4:46.38	4:54.56
13.86	30.87 (17.01)	47.03 (16.16)	1:04.76 (17.73)	
1:23.24 (18.48)	1:41.57 (18.33)	1:59.93 (18.36)	2:18.72 (18.79)	
2:40.20 (21.48)	3:01.38 (21.18)	3:23.20 (21.82)	3:45.86 (22.66)	
4:03.20 (17.34)	4:20.32 (17.12)	4:37.68 (17.36)	4:54.56 (16.88)	
7 Bitton, Liam	16	Sutton & Cheam	5:06.73	5:02.95
13.94	30.62 (16.68)	48.21 (17.59)	1:06.39 (18.18)	
1:26.23 (19.84)	1:45.42 (19.19)	2:04.20 (18.78)	2:23.44 (19.24)	
2:45.96 (22.52)	3:09.19 (23.23)	3:32.04 (22.85)	3:55.74 (23.70)	
4:13.32 (17.58)	4:30.17 (16.85)	4:46.95 (16.78)	5:02.95 (16.00)	
8 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	5:08.14	5:06.12
13.88	31.05 (17.17)	49.17 (18.12)	1:08.24 (19.07)	
1:27.33 (19.09)	1:45.85 (18.52)	2:04.32 (18.47)	2:23.19 (18.87)	
2:45.97 (22.78)	3:08.54 (22.57)	3:30.70 (22.16)	3:53.76 (23.06)	
4:12.24 (18.48)	4:30.43 (18.19)	4:48.47 (18.04)	5:06.12 (17.65)	
9 Banga, Nathan	16	Romford Town Swimming Club	5:07.75	5:11.02
14.37	31.45 (17.08)	49.56 (18.11)	1:08.59 (19.03)	
1:28.54 (19.95)	1:47.72 (19.18)	2:07.10 (19.38)	2:25.82 (18.72)	
2:49.19 (23.37)	3:12.81 (23.62)	3:36.29 (23.48)	4:00.17 (23.88)	
4:18.20 (18.03)	4:35.75 (17.55)	4:53.72 (17.97)	5:11.02 (17.30)	
10 Baker, Brett	17	Bexley Swimming Club	5:14.50	5:26.94
14.78	33.44 (18.66)	53.64 (20.20)	1:14.35 (20.71)	
1:34.56 (20.21)	1:53.95 (19.39)	2:13.96 (20.01)	2:33.85 (19.89)	
2:59.10 (25.25)	3:23.69 (24.59)	3:49.30 (25.61)	4:14.32 (25.02)	
4:33.59 (19.27)	4:51.46 (17.87)	5:09.70 (18.24)	5:26.94 (17.24)	

Event 106 Women 11-15 100 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Harris, Rachael	14	Kingston Royals Swimming Club	1:07.20	1:05.20
14.08	30.47 (16.39)	47.54 (17.07)	1:05.20 (17.66)	
2 Corver, Alicia	15	Bromley Swimming Club	1:06.40	1:05.78
14.25	31.07 (16.82)	48.23 (17.16)	1:05.78 (17.55)	
3 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	1:07.25	1:06.98
14.39	31.80 (17.41)	49.20 (17.40)	1:06.98 (17.78)	
4 McEver, Ella	14	Camden Swiss Cottage Swimming	1:06.56	1:07.07
14.73	31.92 (17.19)	49.56 (17.64)	1:07.07 (17.51)	
5 Sargent, Imogen	15	Chelsea and Westminster Swimm	1:07.83	1:07.20
14.81	31.83 (17.02)	49.21 (17.38)	1:07.20 (17.99)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Finals ... (Event 106 Women 11-15 100 SC Meter Butterfly)

Name	Age	Team	Prelim Time	Finals Time
6 Jackson, Sophia	15	Sutton & Cheam	1:07.65	1:07.25
14.47	31.81 (17.34)	49.40 (17.59)	1:07.25 (17.85)	
7 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	1:07.04	1:07.63
15.24	32.12 (16.88)	50.33 (18.21)	1:07.63 (17.30)	
8 Paisley, Tallulah	15	Natare West London	1:07.63	1:08.08
14.46	32.19 (17.73)	49.76 (17.57)	1:08.08 (18.32)	

Event 106 Women 11-15 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Corver, Alicia	15	Bromley Swimming Club	1:04.68	1:06.40
14.38	31.26 (16.88)	48.54 (17.28)	1:06.40 (17.86)	
2 McEver, Ella	14	Camden Swiss Cottage Swimming	1:08.93	1:06.56
14.33	31.43 (17.10)	49.01 (17.58)	1:06.56 (17.55)	
3 Hobsley, Jo	15	Barnet Cophall Swimming Club	1:03.25	1:06.97
14.48	31.39 (16.91)	50.02 (18.63)	1:06.97 (16.95)	
4 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	1:08.78	1:07.04
49.35	1:07.04 (17.69)			
5 Harris, Rachael	14	Kingston Royals Swimming Club	1:05.87	1:07.20
14.16	31.29 (17.13)	49.29 (18.00)	1:07.20 (17.91)	
6 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	1:11.46	1:07.25
14.43	31.59 (17.16)	49.27 (17.68)	1:07.25 (17.98)	
7 Paisley, Tallulah	15	Natare West London	1:07.66	1:07.63
14.03	31.50 (17.47)	49.19 (17.69)	1:07.63 (18.44)	
8 Jackson, Sophia	15	Sutton & Cheam	1:05.63	1:07.65
14.52	31.61 (17.09)	49.46 (17.85)	1:07.65 (18.19)	
9 Murray, Sophie	15	Barnet Cophall Swimming Club	1:05.94	1:07.78
14.84	32.04 (17.20)	49.83 (17.79)	1:07.78 (17.95)	
10 Sargent, Imogen	15	Chelsea and Westminster Swimmi	1:06.92	1:07.83
14.68	31.91 (17.23)	49.40 (17.49)	1:07.83 (18.43)	
11 Cruz-O'Dwyer, Sasha	15	Sutton & Cheam	1:07.69	1:08.01
49.69	1:08.01 (18.32)			
12 Grove, Thomasina	13	Chelsea and Westminster Swimmi	1:07.47	1:08.17
14.42	31.75 (17.33)	49.99 (18.24)	1:08.17 (18.18)	
13 Cottrell, Annabella	13	Greenwich Royals Swimming Club	1:10.70	1:08.27
14.77	32.11 (17.34)	50.32 (18.21)	1:08.27 (17.95)	
14 Mujer, Maegan	14	Sutton & Cheam	1:09.41	1:08.65
14.60	32.32 (17.72)	50.29 (17.97)	1:08.65 (18.36)	
15 Lambropoulos, Ava	12	Camden Swiss Cottage Swimming	1:10.70	1:08.72
14.75	31.56 (16.81)	49.76 (18.20)	1:08.72 (18.96)	
16 Bernholt, Tsala	13	Barnet Cophall Swimming Club	1:09.31	1:08.98
15.44	33.07 (17.63)	50.85 (17.78)	1:08.98 (18.13)	
17 Humble, Jasmine	15	Kingston Royals Swimming Club	1:10.44	1:09.23
14.62	31.78 (17.16)	50.16 (18.38)	1:09.23 (19.07)	
18 Atherton, Leto	15	Anaconda Swimming Club	1:08.28	1:09.25
50.76	1:09.25 (18.49)			
19 Wilson, Annabel	15	Beckenham Swimming Club	1:04.85	1:09.26
14.70	31.80 (17.10)	50.39 (18.59)	1:09.26 (18.87)	
20 Burns, Lola	13	Beckenham Swimming Club	1:08.03	1:09.31
50.41	1:09.31 (18.90)			
21 McCall, Chloe	13	Kingston Royals Swimming Club	1:08.80	1:09.51
50.02	1:09.51 (19.49)	1:09.51 ()		
22 Follis, Elizabeth	15	Bromley Swimming Club	1:09.35	1:09.55
15.12	32.54 (17.42)	50.93 (18.39)	1:09.55 (18.62)	
23 Berenger-Fleming, Evie	14	Bromley Swimming Club	1:06.97	1:09.61
15.09	32.56 (17.47)	51.17 (18.61)	1:09.61 (18.44)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 106 Women 11-15 100 SC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
24 McCall, Mikayla	15	Kingston Royals Swimming Club	1:07.49	1:09.62
14.62	32.02 (17.40)	50.35 (18.33)	1:09.62 (19.27)	
25 Dreleva, Victoria	14	Romford Town Swimming Club	1:05.42	1:09.75
14.85	32.31 (17.46)	50.88 (18.57)	1:09.75 (18.87)	
26 Weekly, Katherine	13	Saxon Crown (Lewisham)	1:08.59	1:10.06
50.94	1:10.06 (19.12)	1:10.06 ()		
27 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	1:08.85	1:10.49
14.98	32.80 (17.82)	51.22 (18.42)	1:10.49 (19.27)	
28 Cummins, Isabella	14	Ealing Swimming Club	1:11.62	1:10.51
14.64	32.23 (17.59)	50.99 (18.76)	1:10.51 (19.52)	
29 Van Zyl, Kayla	13	Hillingdon Swimming Club	1:11.89	1:10.84
14.73	34.18 (19.45)	52.00 (17.82)	1:10.84 (18.84)	
30 Ricca, Lavinia	13	Natare West London	1:10.64	1:10.89
15.17	33.49 (18.32)	52.21 (18.72)	1:10.89 (18.68)	
31 To, Jessica	13	Leander Swimming Club	1:10.48	1:11.19
14.87	32.87 (18.00)	51.50 (18.63)	1:11.19 (19.69)	
32 Phillimore, Ronni	15	Hackney Aquatics	1:10.19	1:11.33
15.70	34.02 (18.32)	52.96 (18.94)	1:11.33 (18.37)	
33 Waite, Lily	13	Anaconda Swimming Club	1:10.65	1:11.87
14.84	33.99 (19.15)	52.14 (18.15)	1:11.87 (19.73)	
34 Ansari, Aaliyah	15	Bo Of Harrow	1:10.42	1:11.94
15.54	33.30 (17.76)	52.40 (19.10)	1:11.94 (19.54)	
35 Pagan, Stephanie	14	Borough of Waltham Forest Gato	1:11.62	1:12.14
15.45	33.40 (17.95)	52.55 (19.15)	1:12.14 (19.59)	
36 Hyde, Izzy	13	Kingston Royals Swimming Club	1:09.21	1:13.87
15.48	34.58 (19.10)	54.25 (19.67)	1:13.87 (19.62)	
37 Jackson, Samantha	14	Orpington OJ	1:09.75	1:14.08
15.03	33.52 (18.49)	53.22 (19.70)	1:14.08 (20.86)	
38 Remyn, Ella	15	Borough of Waltham Forest Gato	1:10.95	1:15.82
15.77	34.79 (19.02)	56.11 (21.32)	1:15.82 (19.71)	

Event 106 Women 16 & Over 100 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Brantley, Lauren	17	Camden Swiss Cottage Swimming	1:01.75	1:01.26
13.67	29.27 (15.60)	45.19 (15.92)	1:01.26 (16.07)	
2 Thornton, Lucy	20	Ealing Swimming Club	1:01.87	1:01.84
13.65	29.24 (15.59)	45.24 (16.00)	1:01.84 (16.60)	
3 Judge, Brodie	18	Ealing Swimming Club	1:02.39	1:02.62
13.48	29.27 (15.79)	45.90 (16.63)	1:02.62 (16.72)	
4 Kelly, Alesha	17	Brompton Swimming Club	1:03.50	1:03.49
14.12	30.26 (16.14)	46.60 (16.34)	1:03.49 (16.89)	
5 Smith, Annabel	16	Bromley Swimming Club	1:03.19	1:03.55
13.50	29.64 (16.14)	46.40 (16.76)	1:03.55 (17.15)	
6 Van Selm, Emma	16	Bromley Swimming Club	1:04.98	1:04.28
13.53	29.73 (16.20)	46.91 (17.18)	1:04.28 (17.37)	
7 Hawley, Lucy	19	Kingston Royals Swimming Club	1:05.03	1:05.45
13.78	30.58 (16.80)	47.74 (17.16)	1:05.45 (17.71)	
8 O'Flynn, Hannah	17	Bromley Swimming Club	1:05.85	1:05.91
14.17	30.74 (16.57)	48.18 (17.44)	1:05.91 (17.73)	

Event 106 Women 16 & Over 100 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Brantley, Lauren	17	Camden Swiss Cottage Swimming	1:02.61	1:01.75
13.61	29.02 (15.41)	44.90 (15.88)	1:01.75 (16.85)	
2 Thornton, Lucy	20	Ealing Swimming Club	1:00.40	1:01.87
13.46	29.06 (15.60)	44.99 (15.93)	1:01.87 (16.88)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 106 Women 16 & Over 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
3 Judge, Brodie	18	Ealing Swimming Club	1:02.73	1:02.39
13.27	29.22 (15.95)	45.67 (16.45)	1:02.39 (16.72)	
4 Smith, Annabel	16	Bromley Swimming Club	1:02.77	1:03.19
13.62	29.32 (15.70)	46.26 (16.94)	1:03.19 (16.93)	
5 Kelly, Alesha	17	Brompton Swimming Club	1:03.90	1:03.50
14.24	30.40 (16.16)	46.66 (16.26)	1:03.50 (16.84)	
6 Lewis, Fleur	16	Barnet Copthall Swimming Club	1:02.88	1:04.53
14.27	30.21 (15.94)	47.31 (17.10)	1:04.53 (17.22)	
7 Van Selm, Emma	16	Bromley Swimming Club	1:05.87	1:04.98
13.93	30.36 (16.43)	47.42 (17.06)	1:04.98 (17.56)	
8 Hawley, Lucy	19	Kingston Royals Swimming Club	1:03.03	1:05.03
14.09	30.20 (16.11)	47.66 (17.46)	1:05.03 (17.37)	
9 Lale-Klasicki, Pixie	23	Brompton Swimming Club	1:04.91	1:05.64
14.32	30.79 (16.47)	48.10 (17.31)	1:05.64 (17.54)	
10 O'Flynn, Hannah	17	Bromley Swimming Club	1:04.70	1:05.85
14.50	31.08 (16.58)	48.42 (17.34)	1:05.85 (17.43)	
11 Dill, Drew	17	Camden Swiss Cottage Swimming	1:05.07	1:06.49
14.63	31.55 (16.92)	48.83 (17.28)	1:06.49 (17.66)	
12 Coyle, Ruby	17	Bo Of Harrow	1:05.78	1:06.59
14.35	31.24 (16.89)	48.58 (17.34)	1:06.59 (18.01)	
13 Lambropoulos, Athena	17	Camden Swiss Cottage Swimming	1:05.70	1:07.32
14.46	31.51 (17.05)	49.14 (17.63)	1:07.32 (18.18)	
14 Poaros, Thalia	18	Teddington Swimming Club	1:05.18	1:08.11
14.74	31.88 (17.14)	49.73 (17.85)	1:08.11 (18.38)	
15 Follis, Maddie	17	Bromley Swimming Club	1:08.32	1:08.18
49.25	1:08.18 (18.93)	1:08.18 ()		
16 Altankhuyag, Eneerel	18	Dulwich Dolphins Swimming Club	1:06.94	1:08.83
14.75	32.44 (17.69)	50.29 (17.85)	1:08.83 (18.54)	
17 Tan, Natasha	17	Enfield Swim Squad	1:07.68	1:08.97
14.48	31.49 (17.01)	49.44 (17.95)	1:08.97 (19.53)	
18 Dill, Ally	17	Camden Swiss Cottage Swimming	1:07.31	1:09.38
15.14	32.52 (17.38)	50.53 (18.01)	1:09.38 (18.85)	
19 Lustig, Nathalie	16	Camden Swiss Cottage Swimming	1:09.80	1:09.53
15.07	32.40 (17.33)	50.80 (18.40)	1:09.53 (18.73)	
20 Wallrock, Isla	16	Brompton Swimming Club	1:06.90	1:10.34
14.03	31.09 (17.06)	50.04 (18.95)	1:10.34 (20.30)	
21 Alonso Bizzi, Arianna	18	Brompton Swimming Club	1:11.35	1:12.04
14.77	33.33 (18.56)	52.77 (19.44)	1:12.04 (19.27)	
22 Roberts, Olivia	16	Borough of Waltham Forest Gato	1:09.21	1:12.31
15.44	33.33 (17.89)	52.83 (19.50)	1:12.31 (19.48)	
23 Ahmed, Junayna	16	Romford Town Swimming Club	1:08.53	1:12.64
		52.52 ()	1:12.64 (20.12)	

Event 107 Men 11-15 100 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	59.03	1:00.16
14.17	29.33 (15.16)	45.19 (15.86)	1:00.16 (14.97)	
2 Bartley, Joseph	15	Sutton & Cheam	1:01.47	1:01.04
14.49	29.63 (15.14)	45.36 (15.73)	1:01.04 (15.68)	
3 Bennett, Adam	15	Hillingdon Swimming Club	1:03.47	1:02.90
15.30	31.14 (15.84)	47.40 (16.26)	1:02.90 (15.50)	
4 Overton, Joe	15	Enfield Swim Squad	1:02.63	1:02.91
14.82	30.67 (15.85)	47.18 (16.51)	1:02.91 (15.73)	
5 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	1:00.98	1:03.01
14.39	30.41 (16.02)	46.83 (16.42)	1:03.01 (16.18)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Finals ... (Event 107 Men 11-15 100 SC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time
6 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	1:01.96	1:03.27
15.20	30.84 (15.64)	1:03.27 (32.43)		
7 Davies, Louis	15	Kingston Royals Swimming Club	1:03.41	1:03.57
14.80	30.74 (15.94)	47.26 (16.52)	1:03.57 (16.31)	
8 Chapman Lennon, Harvey	14	Dulwich Dolphins Swimming Club	1:03.96	1:05.38
15.06	31.21 (16.15)	48.25 (17.04)	1:05.38 (17.13)	

Event 107 Men 11-15 100 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	1:00.12	59.03
13.83	28.46 (14.63)	43.96 (15.50)	59.03 (15.07)	
2 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	1:03.39	1:00.98
14.25	29.33 (15.08)	45.21 (15.88)	1:00.98 (15.77)	
3 Bartley, Joseph	15	Sutton & Cheam	1:04.91	1:01.47
14.35	29.61 (15.26)	45.54 (15.93)	1:01.47 (15.93)	
4 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	1:03.89	1:01.96
15.03	30.19 (15.16)	45.95 (15.76)	1:01.96 (16.01)	
5 Overton, Joe	15	Enfield Swim Squad	1:01.63	1:02.63
14.41	30.09 (15.68)	46.46 (16.37)	1:02.63 (16.17)	
6 Davies, Louis	15	Kingston Royals Swimming Club	1:06.14	1:03.41
14.99	30.96 (15.97)	47.16 (16.20)	1:03.41 (16.25)	
7 Bennett, Adam	15	Hillingdon Swimming Club	1:05.43	1:03.47
15.12	31.16 (16.04)	47.54 (16.38)	1:03.47 (15.93)	
8 Chapman Lennon, Harvey	14	Dulwich Dolphins Swimming Club	1:03.07	1:03.96
14.65	30.44 (15.79)	47.14 (16.70)	1:03.96 (16.82)	
9 Gabriel, Aaron	14	Barking and Dagenham Aquatics	1:03.27	1:04.06
15.20	31.06 (15.86)	47.62 (16.56)	1:04.06 (16.44)	
10 Coyle, Alexander	14	Bo Of Harrow	1:05.28	1:04.07
14.79	30.51 (15.72)	47.46 (16.95)	1:04.07 (16.61)	
11 Carlton, Fraser	15	Hackney Aquatics	1:05.56	1:04.10
14.87	30.95 (16.08)	47.47 (16.52)	1:04.10 (16.63)	
12 Biss, Brandon	14	Camden Swiss Cottage Swimming	1:04.69	1:04.18
15.56	31.29 (15.73)	47.99 (16.70)	1:04.18 (16.19)	
13 Carlos, Kai	14	Barnet Copthall Swimming Club	1:07.04	1:04.47
15.44	31.83 (16.39)	48.28 (16.45)	1:04.47 (16.19)	
14 Moyles, Liam	15	Broomfield Park Swimming Club	1:04.84	1:04.68
14.82	30.78 (15.96)	47.87 (17.09)	1:04.68 (16.81)	
15 Chou, Nevan	14	Bromley Swimming Club	1:05.06	1:04.78
14.63	30.67 (16.04)	48.01 (17.34)	1:04.78 (16.77)	
16 Ryan, Samuel	13	Orpington OJ	1:06.29	1:04.81
15.34	31.85 (16.51)	48.86 (17.01)	1:04.81 (15.95)	
17 Emerton, Matthew	15	Hillingdon Swimming Club	1:06.81	1:05.16
15.26	31.80 (16.54)	1:05.16 (33.36)		
18 Tunsley, Jamie	15	Bexley Swimming Club	1:06.97	1:05.42
15.73	31.97 (16.24)	49.07 (17.10)	1:05.42 (16.35)	
19 Irvine, William	14	Sutton & Cheam	1:05.44	1:05.49
15.35	31.34 (15.99)	48.78 (17.44)	1:05.49 (16.71)	
20 Hoole, Hayden	15	Haringey Aquatics	1:04.37	1:05.88
15.11	31.39 (16.28)	48.67 (17.28)	1:05.88 (17.21)	
21 Bartos, Matej	15	Barnet Copthall Swimming Club	1:06.69	1:05.96
15.51	31.88 (16.37)	49.01 (17.13)	1:05.96 (16.95)	
22 Dufour, Lorenzo	15	Brompton Swimming Club	1:07.35	1:06.14
15.07	31.85 (16.78)	48.90 (17.05)	1:06.14 (17.24)	
23 Corner, Jago	15	Hackney Aquatics	1:08.02	1:06.51
14.68	31.32 (16.64)	49.06 (17.74)	1:06.51 (17.45)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 107 Men 11-15 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
24 Bartholomew, Cameron	15	Hillingdon Swimming Club	1:06.81	1:06.52
15.49	32.04 (16.55)	49.14 (17.10)	1:06.52 (17.38)	
25 Langdown, Ben	15	Orpington OJ	1:04.92	1:06.57
15.58	32.32 (16.74)	49.61 (17.29)	1:06.57 (16.96)	
26 Durantel, Adrien	14	Chelsea and Westminster Swimmi	1:07.16	1:06.96
15.75	32.32 (16.57)	49.82 (17.50)	1:06.96 (17.14)	
27 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	1:09.75	1:07.64
15.44	32.00 (16.56)	49.75 (17.75)	1:07.64 (17.89)	
28 Cohen, Jacob	14	Camden Swiss Cottage Swimming	1:08.34	1:07.85
16.29	33.15 (16.86)	50.90 (17.75)	1:07.85 (16.95)	
29 Zeren, Mehmet	13	Brompton Swimming Club	1:07.36	1:07.95
15.80	32.64 (16.84)	50.24 (17.60)	1:07.95 (17.71)	
30 Tubbs, Bruno	14	Anaconda Swimming Club	1:12.40	1:07.97
15.59	32.39 (16.80)	50.88 (18.49)	1:07.97 (17.09)	
31 Lea, Tom	13	Hackney Aquatics	1:09.37	1:08.44
15.97	33.38 (17.41)	50.88 (17.50)	1:08.44 (17.56)	
32 Robinson, Harry	15	Barking and Dagenham Aquatics	1:08.91	1:08.57
16.03	33.14 (17.11)	50.99 (17.85)	1:08.57 (17.58)	
33 Williams, Harrison	15	Ealing Swimming Club	1:08.98	1:08.66
16.29	33.41 (17.12)	51.17 (17.76)	1:08.66 (17.49)	
34 Hamilton McMahon, Arun	14	Haringey Aquatics	1:09.57	1:08.72
15.17	31.89 (16.72)	50.35 (18.46)	1:08.72 (18.37)	
35 Garfield, Joe	14	Borough of Waltham Forest Gato	1:10.38	1:09.05
16.85	34.12 (17.27)	52.02 (17.90)	1:09.05 (17.03)	
36 Ellis, Luke	13	Beckenham Swimming Club	1:09.09	1:09.14
15.63	32.92 (17.29)	50.85 (17.93)	1:09.14 (18.29)	
37 Thompson, Jared	13	Bromley Swimming Club	1:11.25	1:09.18
15.95	33.33 (17.38)	51.44 (18.11)	1:09.18 (17.74)	
38 Rates, James	14	Dulwich Dolphins Swimming Club	1:10.58	1:09.53
15.86	32.98 (17.12)	51.15 (18.17)	1:09.53 (18.38)	
39 Lander, Samuel	13	Bromley Swimming Club	1:09.25	1:09.63
16.20	33.64 (17.44)	51.71 (18.07)	1:09.63 (17.92)	
40 Neilson, Declan	15	Enfield Swim Squad	1:09.80	1:09.65
16.20	33.42 (17.22)	51.06 (17.64)	1:09.65 (18.59)	
41 Wardell, Jack	15	Kingston Royals Swimming Club	1:08.97	1:09.92
16.45	34.81 (18.36)	53.04 (18.23)	1:09.92 (16.88)	
42 Duncan, Callum	15	Bo Of Harrow	1:12.68	1:10.05
16.23	33.85 (17.62)	52.02 (18.17)	1:10.05 (18.03)	
43 Raykin, Georgi	14	Newham & Uel Swimming Club	1:08.85	1:10.30
15.91	33.20 (17.29)	51.78 (18.58)	1:10.30 (18.52)	
44 Miranda, Juan	15	Chelsea and Westminster Swimmi	1:08.17	1:10.36
16.53	34.72 (18.19)	52.63 (17.91)	1:10.36 (17.73)	
45 Jemmott, Kadeen	13	Bexley Swimming Club	1:12.28	1:10.41
16.30	33.83 (17.53)	52.26 (18.43)	1:10.41 (18.15)	
46 Dalton, Oliver	15	Beckenham Swimming Club	1:09.79	1:10.55
16.08	33.47 (17.39)	52.36 (18.89)	1:10.55 (18.19)	
47 Hare, Jake	15	London Borough of Redbridge SC	1:10.79	1:10.59
16.63	34.04 (17.41)	52.61 (18.57)	1:10.59 (17.98)	
48 Dean, Sam	15	Sutton & Cheam	1:12.19	1:10.66
16.16	33.94 (17.78)	53.32 (19.38)	1:10.66 (17.34)	
49 Khadraoui, Sami	14	Enfield Swim Squad	1:11.47	1:10.71
15.98	33.61 (17.63)	52.22 (18.61)	1:10.71 (18.49)	
50 Morse, Oliver	15	Bexley Swimming Club	1:12.39	1:10.95
16.79	35.10 (18.31)	53.63 (18.53)	1:10.95 (17.32)	
51 Salazar, Kurt Francis	14	Newham & Uel Swimming Club	1:10.67	1:11.01
16.76	34.80 (18.04)	1:11.01 (36.21)		
52 Malcev, Lucas	12	Bethnal Green Swimming Club	1:12.45	1:11.02
16.87	34.91 (18.04)	53.26 (18.35)	1:11.02 (17.76)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 107 Men 11-15 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
53 Pickering, Sebastian	14	Bromley Swimming Club	1:09.88	1:11.16
16.52	34.37 (17.85)	53.31 (18.94)	1:11.16 (17.85)	
54 Charles, Maceo	14	Ealing Swimming Club	1:10.35	1:11.29
16.87	34.64 (17.77)	53.26 (18.62)	1:11.29 (18.03)	
55 Williams, Alex	13	Dulwich Dolphins Swimming Club	1:11.23	1:11.33
16.28	33.90 (17.62)	52.56 (18.66)	1:11.33 (18.77)	
56 Thomas, Taran	13	Anaconda Swimming Club	1:12.34	1:11.88
		54.10 ()	1:11.88 (17.78)	
57 Hawkins, Tom	12	Bexley Swimming Club	1:11.95	1:12.50
16.72	35.10 (18.38)	53.79 (18.69)	1:12.50 (18.71)	
58 Dixon, Lewis	14	Barking and Dagenham Aquatics	1:10.07	1:12.54
16.56	34.29 (17.73)	53.12 (18.83)	1:12.54 (19.42)	
59 Adams, Josef	12	Ealing Swimming Club	1:12.26	1:12.81
16.89	35.36 (18.47)	54.45 (19.09)	1:12.81 (18.36)	
*60 Tutt, Alessio	14	Bromley Swimming Club	1:12.26	1:13.58
18.22	18.49 (0.27)	55.08 (36.59)	1:13.58 (18.50)	
*60 Pixner, Jack	15	Broomfield Park Swimming Club	1:11.73	1:13.58
17.39	35.43 (18.04)	54.64 (19.21)	1:13.58 (18.94)	
62 Harden-Wilson, Stephen	14	Haringey Aquatics	1:12.11	1:13.64
17.57	35.75 (18.18)	1:13.64 (37.89)		
63 Totu, Mihnea	15	Newham & Uel Swimming Club	1:12.18	1:14.55
16.79	35.75 (18.96)	55.48 (19.73)	1:14.55 (19.07)	
64 Munden, Joe	15	Newham & Uel Swimming Club	1:12.11	1:17.11
	37.53 ()	57.32 (19.79)	1:17.11 (19.79)	
--- Gray, Henry	13	Chelsea and Westminster Swimmi	1:09.62	DQ
4.4 Start before starting signal				
--- Treadwell, Theo	13	Greenwich Royals Swimming Club	1:10.86	DQ
6.2 Left position on the back (other than to initiate a turn)				

Event 107 Men 16 & Over 100 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Giordani, Shakil	17	Haringey Aquatics	59.48	57.51
13.37	27.24 (13.87)	41.80 (14.56)	57.51 (15.71)	
2 Olin, Jackson	17	Camden Swiss Cottage Swimming	58.02	57.81
13.57	28.02 (14.45)	42.78 (14.76)	57.81 (15.03)	
3 Koster, Willem	17	Dulwich Dolphins Swimming Club	59.65	59.59
14.21	29.20 (14.99)	44.53 (15.33)	59.59 (15.06)	
4 Gencas, Daniel	16	Romford Town Swimming Club	1:00.32	59.90
14.13	29.16 (15.03)	44.67 (15.51)	59.90 (15.23)	
5 Duni, Thomas	18	Bexley Swimming Club	1:00.28	1:00.10
13.94	29.15 (15.21)	44.67 (15.52)	1:00.10 (15.43)	
6 Ahmed, Ilyas	16	Hackney Aquatics	1:00.12	1:00.33
14.06	29.01 (14.95)	44.74 (15.73)	1:00.33 (15.59)	
7 Smeets, Alan	35	Anaconda Swimming Club	1:00.70	1:02.40
14.38	30.03 (15.65)	46.06 (16.03)	1:02.40 (16.34)	
8 Costley, Jude	16	Hackney Aquatics	59.21	1:02.86
14.34	30.18 (15.84)	46.75 (16.57)	1:02.86 (16.11)	

Event 107 Men 16 & Over 100 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Olin, Jackson	17	Camden Swiss Cottage Swimming	58.62	58.02
13.75	28.11 (14.36)	43.08 (14.97)	58.02 (14.94)	
2 Costley, Jude	16	Hackney Aquatics	59.32	59.21
13.66	28.40 (14.74)	44.17 (15.77)	59.21 (15.04)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 107 Men 16 & Over 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
3 Giordani, Shakil	17	Haringey Aquatics	56.90	59.48
13.67	27.97 (14.30)	43.38 (15.41)	59.48 (16.10)	
4 Koster, Willem	17	Dulwich Dolphins Swimming Club	59.62	59.65
14.05	28.87 (14.82)	44.34 (15.47)	59.65 (15.31)	
5 Ahmed, Ilyas	16	Hackney Aquatics	59.79	1:00.12
14.18	29.12 (14.94)	44.75 (15.63)	1:00.12 (15.37)	
6 Duni, Thomas	18	Bexley Swimming Club	1:00.92	1:00.28
13.72	28.70 (14.98)	44.37 (15.67)	1:00.28 (15.91)	
7 Gencas, Daniel	16	Romford Town Swimming Club	1:00.20	1:00.32
14.15	29.23 (15.08)	45.08 (15.85)	1:00.32 (15.24)	
8 LaJoie, Alex	29	Otter Swimming Club	1:04.49	1:00.58
13.78	28.98 (15.20)	44.85 (15.87)	1:00.58 (15.73)	
9 Smeets, Alan	35	Anaconda Swimming Club	1:01.47	1:00.70
14.04	29.02 (14.98)	44.67 (15.65)	1:00.70 (16.03)	
10 Soulas, Oskar	18	Enfield Swim Squad	59.90	1:01.59
14.53	30.31 (15.78)	45.84 (15.53)	1:01.59 (15.75)	
11 Krishnan, Devesh	17	Kingston Royals Swimming Club	1:01.47	1:01.71
14.09	29.26 (15.17)	44.91 (15.65)	1:01.71 (16.80)	
12 Penney, Rohan	18	Wandsworth Swimming Club	1:01.44	1:01.96
14.39	29.71 (15.32)	45.79 (16.08)	1:01.96 (16.17)	
13 Wileman, Jon	23	Sutton & Cheam	59.98	1:01.97
14.26	29.41 (15.15)	45.47 (16.06)	1:01.97 (16.50)	
14 Wilson, Aaron	17	Romford Town Swimming Club	1:03.07	1:02.08
14.19	29.53 (15.34)	46.11 (16.58)	1:02.08 (15.97)	
15 Colling, Logan	16	Hillingdon Swimming Club	1:02.73	1:02.13
14.58	30.25 (15.67)	45.98 (15.73)	1:02.13 (16.15)	
16 Maxwell, Finlay	17	Beckenham Swimming Club	1:01.80	1:02.89
14.34	29.49 (15.15)	45.92 (16.43)	1:02.89 (16.97)	
*17 Isaza Ocampo, Alejandro	18	Haringey Aquatics	1:02.93	1:03.12
15.09	30.72 (15.63)	47.07 (16.35)	1:03.12 (16.05)	
*17 Barretta, Luca	16	Croydon Amphibians Swimming Cl	1:03.24	1:03.12
14.91	30.80 (15.89)	47.19 (16.39)	1:03.12 (15.93)	
19 Wilson, Alexander	18	Brompton Swimming Club	1:03.05	1:03.43
14.54	30.28 (15.74)	46.80 (16.52)	1:03.43 (16.63)	
20 Rudd, William	16	Chelsea and Westminster Swimmi	1:00.73	1:03.61
14.28	29.71 (15.43)	46.16 (16.45)	1:03.61 (17.45)	
21 Podmore, Tyler	21	Dulwich Dolphins Swimming Club	59.56	1:03.63
14.65	30.59 (15.94)	47.21 (16.62)	1:03.63 (16.42)	
22 Wild, Jack	17	Sutton & Cheam	1:05.03	1:04.46
14.81	30.43 (15.62)	47.34 (16.91)	1:04.46 (17.12)	
23 Sareen, Conell	16	Dulwich Dolphins Swimming Club	1:07.49	1:04.49
15.64	31.63 (15.99)	48.00 (16.37)	1:04.49 (16.49)	
24 Pears, Jason	19	Ealing Swimming Club	1:04.11	1:04.70
14.09	29.62 (15.53)	46.54 (16.92)	1:04.70 (18.16)	
25 Peel, Max	16	Orpington OJ	1:03.43	1:04.77
15.27	31.42 (16.15)	47.96 (16.54)	1:04.77 (16.81)	
26 Zapryanov, Bobby	17	Hackney Aquatics	1:06.12	1:05.09
15.21	31.88 (16.67)	48.75 (16.87)	1:05.09 (16.34)	
27 Japal, Lewis	16	Enfield Swim Squad	1:05.25	1:05.17
15.40	31.69 (16.29)	48.71 (17.02)	1:05.17 (16.46)	
28 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	1:05.84	1:05.79
15.58	32.00 (16.42)	49.01 (17.01)	1:05.79 (16.78)	
29 Routier, Victor	17	Brent Dolphins SC	1:06.04	1:05.84
15.58	32.08 (16.50)	49.50 (17.42)	1:05.84 (16.34)	
30 Portillo Hernaiz, Mario	17	Leander Swimming Club	1:07.84	1:05.99
15.47	32.03 (16.56)	49.34 (17.31)	1:05.99 (16.65)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 107 Men 16 & Over 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
31 Caravati-Pringle, Matteo	16	Haringey Aquatics	1:04.83	1:06.15
15.65	32.06 (16.41)	49.19 (17.13)	1:06.15 (16.96)	
32 Ramaiya, Shanil	17	Bo Of Harrow	1:07.08	1:06.43
15.49	31.82 (16.33)	48.80 (16.98)	1:06.43 (17.63)	
33 Findlay, Ben	16	Leander Swimming Club	1:05.66	1:06.64
15.92	32.04 (16.12)	1:06.64 (34.60)		
34 Finn, Gregory	16	Brompton Swimming Club	1:05.59	1:07.05
15.27	32.20 (16.93)	49.99 (17.79)	1:07.05 (17.06)	
35 Kelly, Josh	16	Hillingdon Swimming Club	1:07.55	1:07.07
16.09	33.00 (16.91)	50.01 (17.01)	1:07.07 (17.06)	
36 Wang, Marco	16	Kingston Royals Swimming Club	1:08.03	1:07.70
15.33	32.27 (16.94)	50.20 (17.93)	1:07.70 (17.50)	
37 Gomes, Guilherme	17	Newham & Uel Swimming Club	1:08.67	1:08.02
16.42	33.13 (16.71)	50.80 (17.67)	1:08.02 (17.22)	
38 Coupland, Benjamin	16	Bo Of Harrow	1:09.45	1:09.46
16.24	33.61 (17.37)	51.68 (18.07)	1:09.46 (17.78)	
39 Downey, Mack	16	Kingston Royals Swimming Club	1:10.70	1:10.12
16.64	33.99 (17.35)	52.16 (18.17)	1:10.12 (17.96)	
40 Collins, Harry	16	Bexley Swimming Club	1:07.83	1:10.22
16.13	33.10 (16.97)	51.69 (18.59)	1:10.22 (18.53)	
41 Harding, Matthew	18	Greenwich Royals Swimming Club	1:08.79	1:11.45
15.92	33.36 (17.44)	52.17 (18.81)	1:11.45 (19.28)	
42 Baker, Brett	17	Bexley Swimming Club	1:09.77	1:11.84
16.37	34.07 (17.70)	52.45 (18.38)	1:11.84 (19.39)	
43 Dooley, Vaughn	18	Romford Town Swimming Club	1:09.46	1:12.00
16.15	34.37 (18.22)	53.52 (19.15)	1:12.00 (18.48)	
44 Markov, Danny	16	Camden Swiss Cottage Swimming	1:11.19	1:15.96
17.34	36.25 (18.91)	55.92 (19.67)	1:15.96 (20.04)	

Event 107 Men 100 SC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bradshaw, Balthazar S10	13	Brompton Swimming Club	1:22.18	1:21.27
19.76	41.10 (21.34)	1:01.99 (20.89)	1:21.27 (19.28)	

Event 108 Women 11-15 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Davis, Evie	15	Bromley Swimming Club	29.38	29.33
14.73	29.33 (14.60)			
2 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	30.72	30.33
14.99	30.33 (15.34)			
3 McCall, Mikayla	15	Kingston Royals Swimming Club	31.14	30.53
15.15	30.53 (15.38)			
*4 Ogden, Mika	13	Hackney Aquatics	30.84	31.13
15.48	31.13 (15.65)			
*4 McArdle, Kiera	15	Leander Swimming Club	30.94	31.13
15.51	31.13 (15.62)			
6 Wilcock, Tegan	15	Kingston Royals Swimming Club	30.90	31.32
15.45	31.32 (15.87)			
7 Ortiz, Emma	14	Hillingdon Swimming Club	31.29	31.51
15.44	31.51 (16.07)			

Event 108 Women 11-15 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Davis, Evie	15	Bromley Swimming Club	30.49	29.38
14.71	29.38 (14.67)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 108 Women 11-15 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
2 Iley, Emily	15	Borough of Waltham Forest Gato	29.17	29.43
14.77	29.43	(14.66)		
3 Musial, Zoe	15	Chelsea and Westminster Swimmi	30.96	30.66
15.06	30.66	(15.60)		
4 Pillai, Neha	14	Borough of Waltham Forest Gato	30.90	30.70
15.12	30.70	(15.58)		
5 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	31.70	30.72
15.06	30.72	(15.66)		
6 Chadwick, Ellie	12	Barnet Cophall Swimming Club	30.68	30.76
15.19	30.76	(15.57)		
7 Ogden, Mika	13	Hackney Aquatics	32.14	30.84
15.49	30.84	(15.35)		
8 Wilcock, Tegan	15	Kingston Royals Swimming Club	30.53	30.90
15.24	30.90	(15.66)		
9 McArdle, Kiera	15	Leander Swimming Club	31.50	30.94
15.30	30.94	(15.64)		
10 McCall, Mikayla	15	Kingston Royals Swimming Club	30.64	31.14
15.40	31.14	(15.74)		
11 Ortiz, Emma	14	Hillingdon Swimming Club	31.33	31.29
15.35	31.29	(15.94)		
12 Baxter, Ellisia	15	Enfield Swim Squad	31.66	31.40
15.42	31.40	(15.98)		
13 Medcalf, Lucy Jane	14	Sutton & Cheam	30.41	31.59
15.46	31.59	(16.13)		
14 Paisley, Tallulah	15	Natare West London	31.99	31.61
15.67	31.61	(15.94)		
15 Ricca, Lavinia	13	Natare West London	32.33	31.63
15.79	31.63	(15.84)		
16 Sargent, Imogen	15	Chelsea and Westminster Swimmi	32.27	31.67
15.66	31.67	(16.01)		
17 Grove, Thomasina	13	Chelsea and Westminster Swimmi	33.04	31.72
15.47	31.72	(16.25)		
18 Titterton, Kasia	13	Bromley Swimming Club	32.32	31.74
15.96	31.74	(15.78)		
19 Saeijs, Lilou	14	Bromley Swimming Club	32.89	32.06
15.87	32.06	(16.19)		
20 Byrne, Melissa	15	Enfield Swim Squad	32.46	32.10
16.01	32.10	(16.09)		
21 Berenger-Fleming, Evie	14	Bromley Swimming Club	32.64	32.14
15.98	32.14	(16.16)		
22 Cottrell, Annabella	13	Greenwich Royals Swimming Club	33.00	32.15
23 Corver, Alicia	15	Bromley Swimming Club	32.07	32.21
16.18	32.21	(16.03)		
24 Bureau, Scarlet	15	Camden Swiss Cottage Swimming	33.20	32.25
15.77	32.25	(16.48)		
25 Shires, Francesca	15	Hillingdon Swimming Club	33.02	32.28
15.75	32.28	(16.53)		
26 Harris, Rachael	14	Kingston Royals Swimming Club	32.11	32.33
15.94	32.33	(16.39)		
27 Cole, Marion	14	Dulwich Dolphins Swimming Club	31.62	32.39
15.97	32.39	(16.42)		
28 Brown, Amy	15	Croydon Amphibians Swimming Cl	32.31	32.43
15.91	32.43	(16.52)		
29 Weekly, Katherine	13	Saxon Crown (Lewisham)	32.59	32.51
16.07	32.51	(16.44)		
30 Whiteman, Gabriella	14	Barnes SC	33.71	32.56
16.10	32.56	(16.46)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 108 Women 11-15 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
31 O'Neill, Sophia	13	Orpingon OJ	32.84	32.68
16.22	32.68 (16.46)			
32 Wang, Jessica	15	Kingston Royals Swimming Club	32.93	32.80
15.97	32.80 (16.83)			
33 Vadon, Millie	15	Ealing Swimming Club	33.18	32.83
16.24	32.83 (16.59)			
34 Hayes, Mabel	13	Anaconda Swimming Club	33.76	32.91
16.27	32.91 (16.64)			
*35 Pickering, Beatrice	12	Bromley Swimming Club	33.87	33.02
16.35	33.02 (16.67)			
*35 Benidir, Dina	14	Newham & Uel Swimming Club	33.48	33.02
16.45	33.02 (16.57)			
37 Doring, Lucy	13	Dulwich Dolphins Swimming Club	33.97	33.13
16.34	33.13 (16.79)			
38 Ceccherini, Gabriella	14	Kingston Royals Swimming Club	33.84	33.21
16.33	33.21 (16.88)			
39 Lenihan, Lily	15	Sutton & Cheam	32.69	33.25
16.36	33.25 (16.89)			
40 Cummins, Isabella	14	Ealing Swimming Club	33.87	33.26
16.66	33.26 (16.60)			
41 Van Zyl, Kayla	13	Hillingdon Swimming Club	32.41	33.27
16.33	33.27 (16.94)			
42 Venuti, Veronica	11	Chelsea and Westminster Swimmi	33.77	33.28
16.61	33.28 (16.67)			
43 Knight, Imogen	13	Brompton Swimming Club	33.57	33.29
16.34	33.29 (16.95)			
44 Dziura, Suzanna	15	Enfield Swim Squad	32.73	33.43
16.61	33.43 (16.82)			
45 Wilkinson, Saskia	13	Leander Swimming Club	32.75	33.44
16.30	33.44 (17.14)			
46 White, Sophie	15	Sutton & Cheam	32.26	33.45
16.69	33.45 (16.76)			
47 Farrell, Anna	15	Camden Swiss Cottage Swimming	33.81	33.46
16.34	33.46 (17.12)			
48 Pama, Charlotte	13	Camden Swiss Cottage Swimming	33.88	33.48
16.60	33.48 (16.88)			
*49 Poaros, Rhea	15	Teddington Swimming Club	32.67	33.57
16.44	33.57 (17.13)			
*49 Carver, Pippa	13	Beckenham Swimming Club	33.63	33.57
16.36	33.57 (17.21)			
51 Verbaityte, Emilia	15	Greenwich Royals Swimming Club	33.41	33.63
16.91	33.63 (16.72)			
52 Strover, Hannah	14	Orpingon OJ	33.56	33.66
16.74	33.66 (16.92)			
53 To, Jessica	13	Leander Swimming Club	33.83	33.71
16.42	33.71 (17.29)			
54 Foster, Ella	13	Broomfield Park Swimming Club	33.56	33.72
16.66	33.72 (17.06)			
55 Kelly, Ava	13	Croydon Amphibians Swimming Cl	33.70	33.82
16.69	33.82 (17.13)			
56 Mellor, Ariana	14	Barnes SC	33.86	33.88
16.57	33.88 (17.31)			
57 Morland, Megan	15	Sutton & Cheam	33.34	33.90
16.70	33.90 (17.20)			
*58 Yordanova, Magdalena	14	Romford Town Swimming Club	33.94	33.94
16.98	33.94 (16.96)			
*58 Ellender, Olivia	14	Dulwich Dolphins Swimming Club	33.27	33.94
16.49	33.94 (17.45)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 108 Women 11-15 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
60 Jolley-Ellis, Blythe	15	Orpingon OJ	33.56	34.07
16.69	34.07	(17.38)		
61 Evans, Clara	15	London Borough of Redbridge SC	33.31	34.09
16.96	34.09	(17.13)		
62 Gleeson, Aura	14	Hillingdon Swimming Club	33.66	34.12
16.97	34.12	(17.15)		
63 Cole, Evelyn	14	Anaconda Swimming Club	33.27	35.67
18.33	35.67	(17.34)		

Event 108 Women 16 & Over 50 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Avramova, Katie	28	Ealing Swimming Club	27.95	27.81
13.93	27.81	(13.88)		
2 Judge, Brodie	18	Ealing Swimming Club	28.79	28.84
14.30	28.84	(14.54)		
3 Meers, Imogen	17	Bromley Swimming Club	28.75	28.87
14.36	28.87	(14.51)		
4 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	29.15	29.28
14.55	29.28	(14.73)		
5 Smith, Annabel	16	Bromley Swimming Club	29.40	29.52
14.56	29.52	(14.96)		
6 Barnes, Megan	16	Barnes SC	30.10	30.44
15.04	30.44	(15.40)		
7 Macgonigal, Hazel	16	Bo Of Harrow	30.39	31.39
15.27	31.39	(16.12)		
8 Dunleavy, Maia	18	Brompton Swimming Club	30.56	31.44
15.53	31.44	(15.91)		

Event 108 Women 16 & Over 50 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Avramova, Katie	28	Ealing Swimming Club	28.68	27.95
14.03	27.95	(13.92)		
2 Meers, Imogen	17	Bromley Swimming Club	28.68	28.75
3 Judge, Brodie	18	Ealing Swimming Club	28.82	28.79
14.44	28.79	(14.35)		
4 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	29.81	29.15
14.53	29.15	(14.62)		
5 Smith, Annabel	16	Bromley Swimming Club	29.61	29.40
14.60	29.40	(14.80)		
6 Barnes, Megan	16	Barnes SC	31.42	30.10
15.03	30.10	(15.07)		
7 Macgonigal, Hazel	16	Bo Of Harrow	29.90	30.39
14.89	30.39	(15.50)		
8 Dunleavy, Maia	18	Brompton Swimming Club	30.85	30.56
15.18	30.56	(15.38)		
9 Adjei, Nubia	16	Sutton & Cheam	30.30	30.67
15.17	30.67	(15.50)		
10 Moule, Amelia	16	Romford Town Swimming Club	30.48	30.81
15.24	30.81	(15.57)		
11 Kirlew, Maya	18	Enfield Swim Squad	30.62	30.90
15.34	30.90	(15.56)		
12 Cesar, Justine	18	Brompton Swimming Club	30.50	31.08
15.39	31.08	(15.69)		
13 Ground, Sophia	18	Brompton Swimming Club	32.55	31.56
15.64	31.56	(15.92)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 108 Women 16 & Over 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
14 Neal, Joanne	17	Hillingdon Swimming Club	31.67	32.13
15.95	32.13 (16.18)			
15 Butler Brown, Clemmie	17	Hackney Aquatics	32.30	32.18
15.93	32.18 (16.25)			
16 Rees, Hannah	16	Sutton & Cheam	32.32	32.30
16.09	32.30 (16.21)			
17 Shute, Sasha	17	Haringey Aquatics	32.45	32.32
15.99	32.32 (16.33)			
18 Caswell, Priya	16	Brompton Swimming Club	33.39	32.53
16.49	32.53 (16.04)			
19 Wilson, Sadie	17	Anaconda Swimming Club	32.42	32.83
16.66	32.83 (16.17)			
20 Auld, Zoe	16	Brompton Swimming Club	32.46	33.10
16.57	33.10 (16.53)			
21 Marchant, Helen	17	Teddington Swimming Club	32.06	33.25
16.40	33.25 (16.85)			
22 Coyle, Ruby	17	Bo Of Harrow	33.49	34.05
16.84	34.05 (17.21)			
23 MacLennan, Katya	16	Brompton Swimming Club	33.64	34.13
17.04	34.13 (17.09)			
24 Mitchell, Lydia	16	Beckenham Swimming Club	33.19	34.31
16.53	34.31 (17.78)			
25 Stewart-Liddon, Hebe	16	Wandsworth Swimming Club	33.74	34.56
17.34	34.56 (17.22)			
26 Harden, Ellie	17	Orpington OJ	32.39	36.08
17.53	36.08 (18.55)			

Event 109 Men 11-15 200 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Chapman, Nathan	15	Greenwich Royals Swimming Club	2:14.12	2:13.59
14.02	30.51 (16.49)	47.54 (17.03)	1:04.90 (17.36)	
1:22.22 (17.32)	1:39.71 (17.49)	1:57.28 (17.57)	2:13.59 (16.31)	
2 Cornish, Sam	15	Enfield Swim Squad	2:20.06	2:13.77
13.27	29.05 (15.78)	45.85 (16.80)	1:02.73 (16.88)	
1:20.30 (17.57)	1:38.06 (17.76)	1:55.98 (17.92)	2:13.77 (17.79)	
3 Cleaver, James	14	Bromley Swimming Club	2:18.64	2:18.92
13.97	30.87 (16.90)	48.82 (17.95)	1:07.09 (18.27)	
1:25.55 (18.46)	1:43.09 (17.54)	2:01.24 (18.15)	2:18.92 (17.68)	
4 Gabriel, Aaron	14	Barking and Dagenham Aquatics	2:19.60	2:20.55
14.80	32.01 (17.21)	50.64 (18.63)	1:08.19 (17.55)	
1:26.11 (17.92)	1:44.42 (18.31)	2:02.68 (18.26)	2:20.55 (17.87)	
5 He, Leo	14	Camden Swiss Cottage Swimming	2:21.30	2:21.45
14.48	31.71 (17.23)	49.06 (17.35)	1:07.81 (18.75)	
1:25.28 (17.47)	1:44.02 (18.74)	2:02.38 (18.36)	2:21.45 (19.07)	
6 Wardell, Jack	15	Kingston Royals Swimming Club	2:23.81	2:25.98
14.01	31.32 (17.31)	49.64 (18.32)	1:09.04 (19.40)	
1:28.03 (18.99)	1:47.59 (19.56)	2:06.60 (19.01)	2:25.98 (19.38)	
7 Garfield, Joe	14	Borough of Waltham Forest Gato	2:23.53	2:27.20
14.03	30.61 (16.58)	48.82 (18.21)	1:08.84 (20.02)	
1:28.15 (19.31)	1:49.01 (20.86)	2:08.49 (19.48)	2:27.20 (18.71)	

Event 109 Men 11-15 200 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Chapman, Nathan	15	Greenwich Royals Swimming Club	2:13.63	2:14.12
13.86	30.25 (16.39)	47.41 (17.16)	1:04.55 (17.14)	
1:22.03 (17.48)	1:39.10 (17.07)	1:56.84 (17.74)	2:14.12 (17.28)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 109 Men 11-15 200 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
2 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:21.48	2:15.77
13.65	30.51 (16.86)	47.45 (16.94)	1:05.35 (17.90)	
1:22.41 (17.06)	1:40.31 (17.90)	1:57.52 (17.21)	2:15.77 (18.25)	
3 Solly, Josh	15	Bexley Swimming Club	2:20.84	2:18.25
13.11	29.70 (16.59)	47.00 (17.30)	1:04.54 (17.54)	
1:22.81 (18.27)	1:41.19 (18.38)	1:59.99 (18.80)	2:18.25 (18.26)	
4 Cleaver, James	14	Bromley Swimming Club	2:16.52	2:18.64
14.01	31.17 (17.16)	48.83 (17.66)	1:07.04 (18.21)	
1:25.13 (18.09)	1:42.95 (17.82)	2:00.83 (17.88)	2:18.64 (17.81)	
5 Gabriel, Aaron	14	Barking and Dagenham Aquatics	2:32.14	2:19.60
14.67	31.63 (16.96)	49.59 (17.96)	1:07.08 (17.49)	
1:25.45 (18.37)	1:43.68 (18.23)	2:01.95 (18.27)	2:19.60 (17.65)	
6 Cornish, Sam	15	Enfield Swim Squad	2:12.25	2:20.06
13.57	29.49 (15.92)	47.21 (17.72)	1:04.67 (17.46)	
1:23.28 (18.61)	1:41.91 (18.63)	2:01.58 (19.67)	2:20.06 (18.48)	
7 He, Leo	14	Camden Swiss Cottage Swimming	2:24.99	2:21.30
13.38	29.66 (16.28)	46.15 (16.49)	1:04.25 (18.10)	
1:21.86 (17.61)	1:40.81 (18.95)	2:00.61 (19.80)	2:21.30 (20.69)	
8 Garfield, Joe	14	Borough of Waltham Forest Gato	2:28.59	2:23.53
14.22	30.95 (16.73)	49.03 (18.08)	1:07.93 (18.90)	
1:27.40 (19.47)	1:46.53 (19.13)	2:04.95 (18.42)	2:23.53 (18.58)	
9 Wardell, Jack	15	Kingston Royals Swimming Club	2:21.67	2:23.81
13.83	30.71 (16.88)	48.62 (17.91)	1:07.52 (18.90)	
1:27.19 (19.67)	1:45.93 (18.74)	2:04.99 (19.06)	2:23.81 (18.82)	
10 Drienovsky, Daniel	14	Barnet Cophall Swimming Club	2:24.03	2:24.29
14.80	31.91 (17.11)	49.81 (17.90)	1:08.70 (18.89)	
1:27.62 (18.92)	1:46.44 (18.82)	2:05.54 (19.10)	2:24.29 (18.75)	
11 Cohen, Jacob	14	Camden Swiss Cottage Swimming	2:31.43	2:25.60
15.38	32.79 (17.41)	51.15 (18.36)	1:09.63 (18.48)	
1:28.46 (18.83)	1:47.37 (18.91)	2:06.63 (19.26)	2:25.60 (18.97)	
12 Robinson, Harry	15	Barking and Dagenham Aquatics	2:34.83	2:26.53
14.98	33.38 (18.40)	52.22 (18.84)	1:11.12 (18.90)	
1:29.80 (18.68)	1:48.55 (18.75)	2:07.44 (18.89)	2:26.53 (19.09)	
13 Maunders, Harvey	15	Greenwich Royals Swimming Club	2:31.21	2:27.81
14.39	31.65 (17.26)	50.31 (18.66)	1:09.38 (19.07)	
1:29.04 (19.66)	1:48.75 (19.71)	2:08.60 (19.85)	2:27.81 (19.21)	
14 Mccarthy, Connor	14	Romford Town Swimming Club	2:24.98	2:28.35
14.70	31.97 (17.27)	50.32 (18.35)	1:09.09 (18.77)	
1:28.54 (19.45)	1:48.45 (19.91)	2:08.13 (19.68)	2:28.35 (20.22)	
15 Thurlow, Felix	14	Dulwich Dolphins Swimming Club	2:32.21	2:29.86
14.53	32.25 (17.72)	50.77 (18.52)	1:10.06 (19.29)	
1:29.36 (19.30)	1:49.89 (20.53)	2:10.34 (20.45)	2:29.86 (19.52)	
16 Salazar, Steven	13	Newham & Uel Swimming Club	2:30.91	2:29.90
15.45	33.00 (17.55)	51.67 (18.67)	1:10.90 (19.23)	
1:31.19 (20.29)	1:50.98 (19.79)	2:10.52 (19.54)	2:29.90 (19.38)	
17 Williams, Alexander	14	Hillingdon Swimming Club	2:29.67	2:30.35
15.43	33.33 (17.90)	52.02 (18.69)	1:11.78 (19.76)	
1:31.29 (19.51)	1:50.91 (19.62)	2:11.26 (20.35)	2:30.35 (19.09)	
18 Kazlauskas, Justinas	13	Barking and Dagenham Aquatics	2:37.70	2:33.28
14.68	32.61 (17.93)	51.26 (18.65)	1:10.91 (19.65)	
1:31.23 (20.32)	1:52.13 (20.90)	2:12.59 (20.46)	2:33.28 (20.69)	
19 Ismatullaev, Jamie	13	Hillingdon Swimming Club	2:36.22	2:33.58
15.23	33.88 (18.65)	52.93 (19.05)	1:12.90 (19.97)	
1:32.84 (19.94)	1:53.26 (20.42)	2:13.56 (20.30)	2:33.58 (20.02)	
20 Grammatikopoulos, Philip	14	Beckenham Swimming Club	2:33.41	2:34.37
14.59	32.14 (17.55)	51.38 (19.24)	1:10.44 (19.06)	
1:30.49 (20.05)	1:51.24 (20.75)	2:13.22 (21.98)	2:34.37 (21.15)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 109 Men 11-15 200 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
21 Raykin, Georgi	14	Newham & Uel Swimming Club	2:27.72	2:34.40
	13.72	31.13 (17.41) 49.26 (18.13)	1:08.45 (19.19)	
	1:28.94 (20.49)	1:50.57 (21.63) 2:13.29 (22.72)	2:34.40 (21.11)	
22 Giustiniani, Rocco	12	Anaconda Swimming Club	2:36.40	2:35.16
	15.15	33.18 (18.03) 52.22 (19.04)	1:12.27 (20.05)	
	1:32.51 (20.24)	1:54.66 (22.15) 2:15.30 (20.64)	2:35.16 (19.86)	
23 Reder, Gabriel	13	London Borough of Hounslow	2:34.94	2:35.57
	15.20	34.29 (19.09) 53.78 (19.49)	1:14.70 (20.92)	
	1:34.75 (20.05)	1:55.69 (20.94) 2:15.06 (19.37)	2:35.57 (20.51)	
24 Atotileto, Joshua	13	Newham & Uel Swimming Club	2:38.02	2:38.11
	14.90	34.35 (19.45) 51.75 (17.40)	1:13.22 (21.47)	
	1:32.10 (18.88)	1:53.76 (21.66) 2:15.35 (21.59)	2:38.11 (22.76)	
25 Dinev, Bryan	13	Bexley Swimming Club	2:37.31	2:40.36
	15.09	33.46 (18.37) 53.33 (19.87)	1:14.59 (21.26)	
	1:36.50 (21.91)	1:59.03 (22.53) 2:19.27 (20.24)	2:40.36 (21.09)	
--- Tallec-Botos, Kynan	13	Brompton Swimming Club	2:34.54	DQ
	8.4 Did not touch at turn or finish with both hands or touch not simultaneous or hands sep			
--- Gray, Henry	13	Chelsea and Westminster Swimmi	2:32.67	DQ
	8.2 Arms not brought forward simultaneously or arms not brought forward over the water			

Event 109 Men 16 & Over 200 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Chana, Dillon	16	Hillingdon Swimming Club	2:10.28	2:07.46
	12.61	27.50 (14.89) 43.57 (16.07)	59.65 (16.08)	
	1:16.14 (16.49)	1:33.05 (16.91) 1:50.54 (17.49)	2:07.46 (16.92)	
2 Drzaic, Andrej	17	Sutton & Cheam	2:08.51	2:07.84
	13.47	29.13 (15.66) 45.31 (16.18)	1:01.88 (16.57)	
	1:18.50 (16.62)	1:34.83 (16.33) 1:51.38 (16.55)	2:07.84 (16.46)	
3 Conway, Dylan	19	Kingston Royals Swimming Club	2:13.22	2:08.63
	12.63	27.82 (15.19) 43.83 (16.01)	1:00.32 (16.49)	
	1:17.04 (16.72)	1:34.15 (17.11) 1:51.01 (16.86)	2:08.63 (17.62)	
4 Cohen, Malachi	16	Barnes SC	2:13.43	2:12.58
	13.27	29.84 (16.57) 46.21 (16.37)	1:03.02 (16.81)	
	1:20.17 (17.15)	1:37.50 (17.33) 1:54.83 (17.33)	2:12.58 (17.75)	
5 Hunt, Eddie	16	Kingston Royals Swimming Club	2:11.46	2:14.51
	13.39	30.01 (16.62) 46.77 (16.76)	1:04.27 (17.50)	
	1:21.41 (17.14)	1:38.78 (17.37) 1:56.52 (17.74)	2:14.51 (17.99)	
6 Kelly, Josh	16	Hillingdon Swimming Club	2:16.73	2:14.91
	13.46	29.51 (16.05) 46.00 (16.49)	1:03.29 (17.29)	
	1:20.56 (17.27)	1:38.52 (17.96) 1:56.80 (18.28)	2:14.91 (18.11)	
7 Capezzuoli, Luca	17	Kingston Royals Swimming Club	2:18.45	2:17.25
	13.54	30.31 (16.77) 47.34 (17.03)	1:05.28 (17.94)	
	1:23.38 (18.10)	1:42.09 (18.71) 1:59.96 (17.87)	2:17.25 (17.29)	
8 Olin, Jackson	17	Camden Swiss Cottage Swimming	2:15.82	2:17.39
	13.55	29.85 (16.30) 47.20 (17.35)	1:04.77 (17.57)	
	1:22.48 (17.71)	1:40.54 (18.06) 1:59.35 (18.81)	2:17.39 (18.04)	

Event 109 Men 16 & Over 200 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Drzaic, Andrej	17	Sutton & Cheam	2:11.99	2:08.51
	13.70	29.27 (15.57) 45.23 (15.96)	1:01.29 (16.06)	
	1:17.76 (16.47)	1:34.46 (16.70) 1:51.27 (16.81)	2:08.51 (17.24)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 109 Men 16 & Over 200 SC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
2 Chana, Dillon	16	Hillingdon Swimming Club	2:10.10	2:10.28
12.92	28.20 (15.28)	44.26 (16.06)	1:00.77 (16.51)	
1:17.57 (16.80)	1:34.94 (17.37)	1:53.05 (18.11)	2:10.28 (17.23)	
3 Hunt, Eddie	16	Kingston Royals Swimming Club	2:07.90	2:11.46
13.43	29.46 (16.03)	46.58 (17.12)	1:03.72 (17.14)	
1:20.45 (16.73)	1:36.88 (16.43)	1:54.25 (17.37)	2:11.46 (17.21)	
4 Conway, Dylan	19	Kingston Royals Swimming Club	2:16.21	2:13.22
13.22	29.02 (15.80)	45.68 (16.66)	1:02.90 (17.22)	
1:20.32 (17.42)	1:37.89 (17.57)	1:55.68 (17.79)	2:13.22 (17.54)	
5 Cohen, Malachi	16	Barnes SC	2:15.88	2:13.43
13.30	29.86 (16.56)	46.96 (17.10)	1:03.98 (17.02)	
1:21.46 (17.48)	1:38.33 (16.87)	1:55.76 (17.43)	2:13.43 (17.67)	
6 Olin, Jackson	17	Camden Swiss Cottage Swimming	2:11.80	2:15.82
13.95	30.44 (16.49)	47.60 (17.16)	1:04.88 (17.28)	
1:22.23 (17.35)	1:39.93 (17.70)	1:58.23 (18.30)	2:15.82 (17.59)	
7 Kelly, Josh	16	Hillingdon Swimming Club	2:19.97	2:16.73
13.69	29.56 (15.87)	46.25 (16.69)	1:03.88 (17.63)	
1:21.62 (17.74)	1:39.70 (18.08)	1:58.29 (18.59)	2:16.73 (18.44)	
8 Capezzuoli, Luca	17	Kingston Royals Swimming Club	2:09.53	2:18.45
13.90	30.58 (16.68)	47.87 (17.29)	1:04.94 (17.07)	
1:22.59 (17.65)	1:40.63 (18.04)	1:59.31 (18.68)	2:18.45 (19.14)	
9 Sareen, Conell	16	Dulwich Dolphins Swimming Club	2:21.08	2:18.64
13.94	30.53 (16.59)	47.45 (16.92)	1:05.23 (17.78)	
1:23.50 (18.27)	1:41.80 (18.30)	2:00.17 (18.37)	2:18.64 (18.47)	
10 Bitton, Liam	16	Sutton & Cheam	2:19.23	2:19.52
14.30	30.99 (16.69)	48.55 (17.56)	1:06.55 (18.00)	
1:24.99 (18.44)	1:43.24 (18.25)	2:01.69 (18.45)	2:19.52 (17.83)	
11 Scott, Dillan	17	Bo Of Harrow	2:24.43	2:23.67
14.19	30.90 (16.71)	48.04 (17.14)	1:05.81 (17.77)	
1:24.57 (18.76)	1:44.40 (19.83)	2:03.73 (19.33)	2:23.67 (19.94)	
12 Ahmed, Ilyas	16	Hackney Aquatics	2:19.06	2:23.80
13.79	30.59 (16.80)	48.27 (17.68)	1:06.66 (18.39)	
1:24.79 (18.13)	1:44.89 (20.10)	2:05.00 (20.11)	2:23.80 (18.80)	
13 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	2:25.68	2:25.59
14.31	31.67 (17.36)	49.71 (18.04)	1:08.67 (18.96)	
1:27.44 (18.77)	1:46.88 (19.44)	2:06.41 (19.53)	2:25.59 (19.18)	
14 Totev, Steve	16	South Croydon Swimming Club	2:24.07	2:26.64
13.06	29.22 (16.16)	46.40 (17.18)	1:04.76 (18.36)	
1:24.10 (19.34)	1:44.29 (20.19)	2:05.20 (20.91)	2:26.64 (21.44)	

Event 110 Women 11-15 200 SC Meter IM

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 McEver, Ella	14	Camden Swiss Cottage Swimming	2:25.04	2:24.94
14.93	32.38 (17.45)	51.41 (19.03)	1:09.35 (17.94)	
1:30.28 (20.93)	1:50.68 (20.40)	2:08.54 (17.86)	2:24.94 (16.40)	
2 Proctor, Lola	15	Sutton & Cheam	2:28.77	2:26.16
14.23	31.31 (17.08)	50.47 (19.16)	1:08.26 (17.79)	
1:30.49 (22.23)	1:52.64 (22.15)	2:10.38 (17.74)	2:26.16 (15.78)	
3 Powell, Eliza	15	Bromley Swimming Club	2:30.26	2:27.57
14.58	32.59 (18.01)	53.48 (20.89)	1:13.34 (19.86)	
1:33.28 (19.94)	1:53.99 (20.71)	2:11.67 (17.68)	2:27.57 (15.90)	
4 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	2:30.34	2:29.23
15.00	32.81 (17.81)	52.58 (19.77)	1:11.34 (18.76)	
1:33.09 (21.75)	1:55.39 (22.30)	2:12.85 (17.46)	2:29.23 (16.38)	
5 Miller, Amani	15	London Borough of Hounslow	2:29.49	2:29.65
15.05	33.94 (18.89)	53.80 (19.86)	1:12.59 (18.79)	
1:33.59 (21.00)	1:55.28 (21.69)	2:13.28 (18.00)	2:29.65 (16.37)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Finals ... (Event 110 Women 11-15 200 SC Meter IM)

Name	Age	Team	Prelim Time	Finals Time
6 Cruz-O'Dwyer, Sasha	15	Sutton & Cheam	2:31.72	2:30.22
14.68	31.96 (17.28)	51.57 (19.61)	1:10.45 (18.88)	
1:32.50 (22.05)	1:54.51 (22.01)	2:13.22 (18.71)	2:30.22 (17.00)	
7 Sweeney, Rebecca	15	Barnes SC	2:30.04	2:30.46
14.71	32.46 (17.75)	52.13 (19.67)	1:10.81 (18.68)	
1:33.06 (22.25)	1:55.13 (22.07)	2:13.80 (18.67)	2:30.46 (16.66)	
8 Corver, Alicia	15	Bromley Swimming Club	2:31.88	2:31.68
14.92	32.87 (17.95)	52.99 (20.12)	1:12.58 (19.59)	
1:35.19 (22.61)	1:58.18 (22.99)	2:15.71 (17.53)	2:31.68 (15.97)	

Event 110 Women 11-15 200 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 McEver, Ella	14	Camden Swiss Cottage Swimming	2:23.93	2:25.04
14.56	31.74 (17.18)	50.67 (18.93)	1:08.70 (18.03)	
1:29.40 (20.70)	1:50.09 (20.69)	2:08.45 (18.36)	2:25.04 (16.59)	
2 Proctor, Lola	15	Sutton & Cheam	2:26.51	2:28.77
14.29	31.67 (17.38)	50.95 (19.28)	1:09.23 (18.28)	
1:31.55 (22.32)	1:54.25 (22.70)	2:12.51 (18.26)	2:28.77 (16.26)	
3 Miller, Amani	15	London Borough of Hounslow	2:26.69	2:29.49
14.99	32.60 (17.61)	52.86 (20.26)	1:11.38 (18.52)	
1:32.93 (21.55)	1:54.74 (21.81)	2:13.26 (18.52)	2:29.49 (16.23)	
4 Sweeney, Rebecca	15	Barnes SC	2:29.59	2:30.04
14.79	33.13 (18.34)	51.94 (18.81)	1:10.17 (18.23)	
1:32.19 (22.02)	1:55.26 (23.07)	2:13.12 (17.86)	2:30.04 (16.92)	
5 Powell, Eliza	15	Bromley Swimming Club	2:25.55	2:30.26
14.66	31.95 (17.29)	53.28 (21.33)	1:13.45 (20.17)	
1:33.99 (20.54)	1:55.06 (21.07)	2:13.67 (18.61)	2:30.26 (16.59)	
6 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	2:26.96	2:30.34
14.90	33.03 (18.13)	52.40 (19.37)	1:10.92 (18.52)	
1:33.35 (22.43)	1:56.20 (22.85)	2:13.91 (17.71)	2:30.34 (16.43)	
7 Cruz-O'Dwyer, Sasha	15	Sutton & Cheam	2:29.08	2:31.72
15.03	32.08 (17.05)	51.97 (19.89)	1:11.64 (19.67)	
1:33.49 (21.85)	1:55.82 (22.33)	2:14.60 (18.78)	2:31.72 (17.12)	
8 Corver, Alicia	15	Bromley Swimming Club	2:28.96	2:31.88
14.52	31.37 (16.85)	51.23 (19.86)	1:10.67 (19.44)	
1:33.32 (22.65)	1:56.58 (23.26)	2:15.26 (18.68)	2:31.88 (16.62)	
9 Jackson, Samantha	14	Orpingon OJ	2:28.01	2:32.07
14.87	32.81 (17.94)	52.99 (20.18)	1:12.94 (19.95)	
1:34.94 (22.00)	1:57.68 (22.74)	2:15.44 (17.76)	2:32.07 (16.63)	
10 Harris, Rachael	14	Kingston Royals Swimming Club	2:36.97	2:32.16
14.39	31.65 (17.26)	51.09 (19.44)	1:10.64 (19.55)	
1:33.12 (22.48)	1:56.63 (23.51)	2:14.95 (18.32)	2:32.16 (17.21)	
11 Surminski, Josephine	14	Chelsea and Westminster Swimmi	2:37.13	2:32.25
14.98	32.87 (17.89)	53.37 (20.50)	1:13.22 (19.85)	
1:34.00 (20.78)	1:55.45 (21.45)	2:14.49 (19.04)	2:32.25 (17.76)	
12 Shires, Francesca	15	Hillingdon Swimming Club	2:33.14	2:32.51
15.15	33.33 (18.18)	53.60 (20.27)	1:12.02 (18.42)	
1:34.74 (22.72)	1:57.63 (22.89)	2:16.18 (18.55)	2:32.51 (16.33)	
*13 Bowley, Hannah	14	Hillingdon Swimming Club	2:33.90	2:32.72
15.82	35.22 (19.40)	54.99 (19.77)	1:14.74 (19.75)	
1:35.27 (20.53)	1:56.16 (20.89)	2:15.29 (19.13)	2:32.72 (17.43)	
*13 Lambropoulos, Ava	12	Camden Swiss Cottage Swimming	2:38.07	2:32.72
14.97	32.01 (17.04)	53.01 (21.00)	1:12.73 (19.72)	
1:36.38 (23.65)	1:59.59 (23.21)	2:17.46 (17.87)	2:32.72 (15.26)	
15 Sargent, Imogen	15	Chelsea and Westminster Swimmi	2:37.02	2:32.89
14.68	32.29 (17.61)	51.96 (19.67)	1:10.80 (18.84)	
1:32.58 (21.78)	1:55.52 (22.94)	2:14.86 (19.34)	2:32.89 (18.03)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 110 Women 11-15 200 SC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
16 Podurgiel, Ella	14	Camden Swiss Cottage Swimming	2:36.58	2:33.03
15.32	34.40 (19.08)	54.07 (19.67)	1:13.08 (19.01)	
1:35.22 (22.14)	1:57.66 (22.44)	2:16.12 (18.46)	2:33.03 (16.91)	
17 Ricca, Lavinia	13	Natare West London	2:29.93	2:33.04
15.48	35.08 (19.60)	53.53 (18.45)	1:13.84 (20.31)	
1:34.80 (20.96)	1:57.96 (23.16)	2:15.85 (17.89)	2:33.04 (17.19)	
18 Hayes, Mabel	13	Anaconda Swimming Club	2:33.05	2:33.07
14.91	33.08 (18.17)	52.83 (19.75)	1:11.89 (19.06)	
1:34.94 (23.05)	1:57.62 (22.68)	2:16.46 (18.84)	2:33.07 (16.61)	
19 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	2:32.96	2:33.42
15.71	33.68 (17.97)	55.72 (22.04)	1:15.27 (19.55)	
1:36.97 (21.70)	1:58.02 (21.05)	2:16.88 (18.86)	2:33.42 (16.54)	
20 Paisley, Tallulah	15	Natare West London	2:36.82	2:33.54
14.13	31.44 (17.31)	51.07 (19.63)	1:10.43 (19.36)	
1:34.31 (23.88)	1:59.11 (24.80)	2:16.74 (17.63)	2:33.54 (16.80)	
21 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	2:38.45	2:34.32
14.83	32.50 (17.67)		1:13.28 ()	
1:35.58 (22.30)	1:57.91 (22.33)	2:16.90 (18.99)	2:34.32 (17.42)	
22 Wilcock, Tegan	15	Kingston Royals Swimming Club	2:29.71	2:35.09
15.05	33.37 (18.32)	53.00 (19.63)	1:11.83 (18.83)	
1:34.97 (23.14)	1:58.53 (23.56)	2:17.55 (19.02)	2:35.09 (17.54)	
23 Dreleva, Victoria	14	Romford Town Swimming Club	2:31.85	2:35.56
15.17	33.18 (18.01)	53.85 (20.67)	1:13.54 (19.69)	
1:36.73 (23.19)	2:00.39 (23.66)	2:18.35 (17.96)	2:35.56 (17.21)	
24 Ogden, Mika	13	Hackney Aquatics	2:32.87	2:35.58
15.44	33.99 (18.55)	53.54 (19.55)	1:12.82 (19.28)	
1:37.01 (24.19)	1:58.93 (21.92)	2:18.28 (19.35)	2:35.58 (17.30)	
25 Armstrong, Rebecca	15	Borough of Waltham Forest Gato	2:32.06	2:35.71
16.05	34.33 (18.28)	54.67 (20.34)	1:14.34 (19.67)	
1:36.38 (22.04)	1:58.27 (21.89)	2:18.05 (19.78)	2:35.71 (17.66)	
26 Grove, Thomasina	13	Chelsea and Westminster Swimmi	2:35.12	2:35.96
14.31	32.06 (17.75)	52.75 (20.69)	1:12.50 (19.75)	
1:35.51 (23.01)	1:59.89 (24.38)	2:18.85 (18.96)	2:35.96 (17.11)	
27 Pearson, Aoife	15	Hackney Aquatics	2:35.99	2:36.23
15.54	34.01 (18.47)	55.27 (21.26)	1:15.61 (20.34)	
1:37.77 (22.16)	2:01.18 (23.41)	2:19.16 (17.98)	2:36.23 (17.07)	
28 Hill, Olivia	13	Wandsworth Swimming Club	2:37.70	2:36.31
15.27	33.98 (18.71)	54.74 (20.76)	1:15.24 (20.50)	
1:37.20 (21.96)	2:00.70 (23.50)	2:19.44 (18.74)	2:36.31 (16.87)	
29 Kelly, Ava	13	Croydon Amphibians Swimming Cl	2:36.78	2:36.78
16.45	36.24 (19.79)	56.04 (19.80)	1:15.08 (19.04)	
1:37.04 (21.96)	1:59.44 (22.40)	2:18.91 (19.47)	2:36.78 (17.87)	
30 Hyde, Izzy	13	Kingston Royals Swimming Club	2:37.02	2:37.59
15.29	34.42 (19.13)	54.69 (20.27)	1:14.49 (19.80)	
1:38.18 (23.69)	2:01.74 (23.56)	2:20.20 (18.46)	2:37.59 (17.39)	
31 Shafiq, Leila	14	Anaconda Swimming Club	2:38.63	2:38.08
15.17	34.32 (19.15)	55.24 (20.92)	1:14.77 (19.53)	
1:37.51 (22.74)	2:00.87 (23.36)	2:20.30 (19.43)	2:38.08 (17.78)	
32 Murine, Monika	12	Barking and Dagenham Aquatics	2:38.46	2:38.44
16.45	35.61 (19.16)	57.14 (21.53)	1:17.73 (20.59)	
1:39.51 (21.78)	2:01.65 (22.14)	2:20.85 (19.20)	2:38.44 (17.59)	
33 Poaros, Rhea	15	Teddington Swimming Club	2:32.92	2:38.78
16.15	35.62 (19.47)	55.83 (20.21)	1:15.35 (19.52)	
1:38.47 (23.12)	2:01.76 (23.29)	2:21.80 (20.04)	2:38.78 (16.98)	
34 Daffey, Schuyler	15	Brompton Swimming Club	2:34.84	2:39.31
14.97	33.14 (18.17)	53.53 (20.39)	1:13.59 (20.06)	
1:37.33 (23.74)	2:00.69 (23.36)	2:21.05 (20.36)	2:39.31 (18.26)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 110 Women 11-15 200 SC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
35 Humble, Jasmine	15	Kingston Royals Swimming Club	2:36.84	2:40.66
	14.43	32.89 (18.46) 54.35 (21.46)	1:15.36 (21.01)	
	1:38.15 (22.79)	2:01.33 (23.18) 2:21.82 (20.49)	2:40.66 (18.84)	
36 Bridgen, Poppy	14	Hillingdon Swimming Club	2:38.67	2:43.37
	15.37	36.40 (21.03)	1:18.16 ()	
	1:41.63 (23.47)	2:05.45 (23.82) 2:25.65 (20.20)	2:43.37 (17.72)	
37 Wilkinson, Saskia	13	Leander Swimming Club	2:38.95	2:48.58
	14.85	33.65 (18.80) 54.26 (20.61)	1:14.63 (20.37)	
	1:40.64 (26.01)	2:06.67 (26.03) 2:27.95 (21.28)	2:48.58 (20.63)	
--- Humphries, Olivia	14	Sutton & Cheam	2:34.27	DQ
	6.2 Left position on the back (other than to initiate a turn) - back			

Event 110 Women 16 & Over 200 SC Meter IM

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:20.59	2:18.21
	13.95	30.16 (16.21) 48.02 (17.86)	1:05.17 (17.15)	
	1:25.03 (19.86)	1:45.07 (20.04) 2:02.32 (17.25)	2:18.21 (15.89)	
2 Brantley, Lauren	17	Camden Swiss Cottage Swimming	2:20.83	2:19.34
	13.80	29.82 (16.02) 48.26 (18.44)	1:05.99 (17.73)	
	1:26.49 (20.50)	1:47.01 (20.52) 2:03.60 (16.59)	2:19.34 (15.74)	
3 Davies, Amy	17	South Croydon Swimming Club	2:20.55	2:20.59
	14.37	31.11 (16.74) 49.83 (18.72)	1:07.74 (17.91)	
	1:28.99 (21.25)	1:49.69 (20.70) 2:05.98 (16.29)	2:20.59 (14.61)	
4 Lale-Klasicki, Pixie	23	Brompton Swimming Club	2:21.50	2:21.03
	14.13	30.95 (16.82) 49.70 (18.75)	1:07.64 (17.94)	
	1:27.05 (19.41)	1:46.62 (19.57) 2:04.64 (18.02)	2:21.03 (16.39)	
5 Hawley, Lucy	19	Kingston Royals Swimming Club	2:24.97	2:27.25
	14.22	31.65 (17.43) 51.58 (19.93)	1:10.91 (19.33)	
	1:31.76 (20.85)	1:53.47 (21.71) 2:10.99 (17.52)	2:27.25 (16.26)	
6 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	2:25.88	2:28.45
	14.36	31.97 (17.61) 51.46 (19.49)	1:10.62 (19.16)	
	1:31.16 (20.54)	1:52.81 (21.65) 2:11.13 (18.32)	2:28.45 (17.32)	

Event 110 Women 16 & Over 200 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Davies, Amy	17	South Croydon Swimming Club	2:17.99	2:20.55
	14.19	31.27 (17.08) 49.65 (18.38)	1:07.21 (17.56)	
	1:28.05 (20.84)	1:48.67 (20.62) 2:05.30 (16.63)	2:20.55 (15.25)	
2 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:17.93	2:20.59
	13.64	29.68 (16.04) 47.53 (17.85)	1:04.99 (17.46)	
	1:24.90 (19.91)	1:45.47 (20.57) 2:03.92 (18.45)	2:20.59 (16.67)	
3 Brantley, Lauren	17	Camden Swiss Cottage Swimming	2:22.15	2:20.83
	14.03	30.01 (15.98) 48.24 (18.23)	1:05.97 (17.73)	
	1:27.32 (21.35)	1:48.16 (20.84) 2:05.14 (16.98)	2:20.83 (15.69)	
4 Lale-Klasicki, Pixie	23	Brompton Swimming Club	2:25.11	2:21.50
	14.11	30.77 (16.66) 49.43 (18.66)	1:07.72 (18.29)	
	1:27.32 (19.60)	1:47.27 (19.95) 2:05.25 (17.98)	2:21.50 (16.25)	
5 Byrne, Meghan	19	Barnet Cophall Swimming Club	2:18.48	2:22.56
	14.50	31.91 (17.41) 51.23 (19.32)	1:09.13 (17.90)	
	1:30.25 (21.12)	1:50.17 (19.92) 2:07.12 (16.95)	2:22.56 (15.44)	
6 Thornton, Lucy	20	Ealing Swimming Club	2:27.54	2:24.55
	13.68	29.66 (15.98) 48.96 (19.30)	1:07.31 (18.35)	
	1:29.11 (21.80)	1:51.24 (22.13) 2:08.45 (17.21)	2:24.55 (16.10)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 110 Women 16 & Over 200 SC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
7 Hawley, Lucy	19	Kingston Royals Swimming Club	2:25.47	2:24.97
14.25	31.56 (17.31)	50.77 (19.21)	1:09.25 (18.48)	
1:30.42 (21.17)	1:51.84 (21.42)	2:09.37 (17.53)	2:24.97 (15.60)	
8 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	2:31.39	2:25.88
14.00	31.20 (17.20)	50.97 (19.77)	1:09.50 (18.53)	
1:29.90 (20.40)	1:50.88 (20.98)	2:09.12 (18.24)	2:25.88 (16.76)	
9 Flynn, Sadie	17	Brompton Swimming Club	2:27.22	2:28.14
14.64	32.02 (17.38)	51.10 (19.08)	1:09.46 (18.36)	
1:32.04 (22.58)	1:54.85 (22.81)	2:12.13 (17.28)	2:28.14 (16.01)	
10 Callaghan, Scarlett	17	Beckenham Swimming Club	2:23.77	2:28.80
14.75	32.29 (17.54)	51.50 (19.21)	1:09.94 (18.44)	
1:33.07 (23.13)	1:56.28 (23.21)	2:13.29 (17.01)	2:28.80 (15.51)	
11 Surminski, Emily	17	Brompton Swimming Club	2:24.21	2:29.90
14.99	33.15 (18.16)	52.88 (19.73)	1:11.49 (18.61)	
1:32.76 (21.27)	1:53.94 (21.18)	2:12.83 (18.89)	2:29.90 (17.07)	
12 O'Flynn, Hannah	17	Bromley Swimming Club	2:33.05	2:30.75
14.77	31.74 (16.97)	51.87 (20.13)	1:11.76 (19.89)	
1:33.75 (21.99)	1:55.88 (22.13)	2:14.12 (18.24)	2:30.75 (16.63)	
13 Altankhuyag, Enerel	18	Dulwich Dolphins Swimming Club	2:33.16	2:33.19
14.95	32.70 (17.75)	53.67 (20.97)	1:13.31 (19.64)	
1:35.08 (21.77)	1:56.77 (21.69)	2:16.00 (19.23)	2:33.19 (17.19)	
14 Poaros, Thalia	18	Teddington Swimming Club	2:28.75	2:33.44
14.94	33.16 (18.22)	52.82 (19.66)	1:12.70 (19.88)	
1:35.54 (22.84)	1:59.20 (23.66)	2:17.02 (17.82)	2:33.44 (16.42)	
15 Leng, Alice	17	Orpingon OJ	2:35.22	2:35.64
15.11	33.71 (18.60)	54.19 (20.48)	1:15.49 (21.30)	
1:36.43 (20.94)	1:58.93 (22.50)	2:18.59 (19.66)	2:35.64 (17.05)	
16 Celestine, Margot	16	Hackney Aquatics	2:32.39	2:35.94
15.71	34.44 (18.73)	54.36 (19.92)	1:13.62 (19.26)	
1:36.58 (22.96)	1:59.70 (23.12)	2:18.78 (19.08)	2:35.94 (17.16)	
17 Griffiths, Suki	16	Chelsea and Westminster Swimmi	2:34.51	2:36.01
15.11	32.75 (17.64)	52.41 (19.66)	1:12.45 (20.04)	
1:36.50 (24.05)	2:00.39 (23.89)	2:18.65 (18.26)	2:36.01 (17.36)	
18 Somerville, Renee	17	Saxon Crown (Lewisham)	2:30.92	2:36.44
14.87	32.66 (17.79)	52.44 (19.78)	1:12.19 (19.75)	
1:35.60 (23.41)	1:59.70 (24.10)	2:18.51 (18.81)	2:36.44 (17.93)	
19 Hawkins, Amie	17	Bexley Swimming Club	2:37.90	2:37.21
15.95	34.53 (18.58)	56.23 (21.70)	1:16.48 (20.25)	
1:38.11 (21.63)	1:59.93 (21.82)	2:18.96 (19.03)	2:37.21 (18.25)	
20 Pepperday, Rose	18	Haringey Aquatics	2:33.33	2:40.27
15.88	34.51 (18.63)	55.58 (21.07)	1:15.81 (20.23)	
1:39.63 (23.82)	2:04.15 (24.52)	2:23.21 (19.06)	2:40.27 (17.06)	
21 Flannagan, Millie	16	Enfield Swim Squad	2:36.13	2:41.16
15.48	34.16 (18.68)	54.24 (20.08)	1:13.75 (19.51)	
1:37.63 (23.88)	2:02.13 (24.50)	2:22.17 (20.04)	2:41.16 (18.99)	
22 Kemp, Megan	16	Chelsea and Westminster Swimmi	2:36.85	2:42.70
14.71	32.03 (17.32)	51.94 (19.91)		
1:37.34 ()	2:04.04 (26.70)	2:24.14 (20.10)	2:42.70 (18.56)	
--- Mitchell, Lydia	16	Beckenham Swimming Club	2:32.73	DQ
6.2 Left position on the back (other than to initiate a turn) - back				

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Event 110 Women 200 SC Meter IM Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Whiston, Brock SM8	23	Barking and Dagenham Aquatics	2:32.13	2:33.38
	16.48	35.77 (19.29)	56.68 (20.91)	1:16.86 (20.18)
	1:36.00 (19.14)	1:55.46 (19.46)	2:15.07 (19.61)	2:33.38 (18.31)
2 O'Connell, Leah SM7	17	Camden Swiss Cottage Swimming	3:24.52	3:13.52
	17.34	38.24 (20.90)	1:04.01 (25.77)	1:29.86 (25.85)
	1:59.06 (29.20)	2:28.94 (29.88)	2:51.88 (22.94)	3:13.52 (21.64)

Event 111 Men 11-15 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	4:09.09	4:10.04
	13.47	28.80 (15.33)	44.76 (15.96)	1:00.78 (16.02)
	1:16.74 (15.96)	1:32.90 (16.16)	1:49.08 (16.18)	2:05.24 (16.16)
	2:20.98 (15.74)	2:36.77 (15.79)	2:52.52 (15.75)	3:08.55 (16.03)
	3:24.41 (15.86)	3:40.21 (15.80)	3:55.25 (15.04)	4:10.04 (14.79)
2 Bartley, Joseph	15	Sutton & Cheam	4:24.18	4:13.37
	13.42	28.63 (15.21)	44.37 (15.74)	1:00.71 (16.34)
	1:16.89 (16.18)	1:33.09 (16.20)	1:49.22 (16.13)	2:05.41 (16.19)
	2:21.20 (15.79)	2:36.69 (15.49)	2:52.60 (15.91)	3:08.57 (15.97)
	3:24.57 (16.00)	3:40.98 (16.41)	3:57.24 (16.26)	4:13.37 (16.13)
3 Kaye, James	14	Barnet Copthall Swimming Club	4:21.86	4:16.34
	14.14	29.75 (15.61)	45.29 (15.54)	1:01.33 (16.04)
	1:17.25 (15.92)	1:33.30 (16.05)	1:49.47 (16.17)	2:05.70 (16.23)
	2:21.86 (16.16)	2:38.33 (16.47)	2:54.95 (16.62)	3:11.44 (16.49)
	3:27.87 (16.43)	3:44.36 (16.49)	4:00.86 (16.50)	4:16.34 (15.48)
4 Carlos, Kai	14	Barnet Copthall Swimming Club	4:18.26	4:16.54
	13.97	29.00 (15.03)	44.64 (15.64)	1:00.22 (15.58)
	1:16.24 (16.02)	1:32.17 (15.93)	1:48.67 (16.50)	2:05.20 (16.53)
	2:21.89 (16.69)	2:38.43 (16.54)	2:55.39 (16.96)	3:12.08 (16.69)
	3:28.73 (16.65)	3:45.38 (16.65)	4:01.71 (16.33)	4:16.54 (14.83)
5 Harrington, James	15	Hillingdon Swimming Club	4:18.52	4:20.57
	13.97	29.38 (15.41)	45.33 (15.95)	1:01.46 (16.13)
	1:17.98 (16.52)	1:34.51 (16.53)	1:51.11 (16.60)	2:07.74 (16.63)
	2:24.44 (16.70)	2:41.05 (16.61)	2:57.73 (16.68)	3:14.19 (16.46)
	3:30.98 (16.79)	3:47.69 (16.71)	4:04.61 (16.92)	4:20.57 (15.96)
6 Cleaver, James	14	Bromley Swimming Club	4:26.30	4:23.02
	14.08	30.26 (16.18)	46.96 (16.70)	1:03.75 (16.79)
	1:20.76 (17.01)	1:37.74 (16.98)	1:54.35 (16.61)	2:11.12 (16.77)
	2:27.83 (16.71)	2:44.53 (16.70)	3:01.22 (16.69)	3:17.82 (16.60)
	3:34.47 (16.65)	3:51.00 (16.53)	4:07.41 (16.41)	4:23.02 (15.61)
7 Divet, Antoine	14	Camden Swiss Cottage Swimming	4:31.74	4:24.89
	14.14	30.20 (16.06)	46.41 (16.21)	1:02.85 (16.44)
	1:19.46 (16.61)	1:35.82 (16.36)	1:52.60 (16.78)	2:09.27 (16.67)
	2:59.86 (50.59)	2:42.64 ()	3:33.79 (51.15)	3:16.79 ()
	4:08.29 (51.50)	3:51.03 ()	4:24.89 (33.86)	
8 Bartos, Matej	15	Barnet Copthall Swimming Club	4:15.44	4:25.38
	13.78	29.78 (16.00)	45.63 (15.85)	1:02.39 (16.76)
	1:18.43 (16.04)	1:35.16 (16.73)	1:51.85 (16.69)	2:08.77 (16.92)
	2:25.59 (16.82)	2:42.87 (17.28)	2:59.92 (17.05)	3:17.44 (17.52)
	3:34.33 (16.89)	3:51.93 (17.60)	4:08.94 (17.01)	4:25.38 (16.44)
9 Drienovsky, Daniel	14	Barnet Copthall Swimming Club	4:29.64	4:26.03
	14.28	30.61 (16.33)	46.85 (16.24)	1:03.54 (16.69)
	1:20.18 (16.64)	1:37.13 (16.95)	1:53.68 (16.55)	2:10.83 (17.15)
	2:27.60 (16.77)	2:44.85 (17.25)	3:01.71 (16.86)	3:18.92 (17.21)
	3:35.86 (16.94)	3:53.06 (17.20)	4:09.64 (16.58)	4:26.03 (16.39)

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 111 Men 11-15 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
10 Austin, Alex	15	Hillingdon Swimming Club	4:28.26	4:26.86
13.97	29.87 (15.90)	46.19 (16.32)	1:02.70 (16.51)	
1:19.61 (16.91)	1:36.64 (17.03)	1:53.46 (16.82)	2:10.27 (16.81)	
2:27.42 (17.15)	2:44.46 (17.04)	3:01.63 (17.17)	3:18.79 (17.16)	
3:36.13 (17.34)	3:53.68 (17.55)	4:10.70 (17.02)	4:26.86 (16.16)	
11 Macgonigal, Oliver	13	Bo Of Harrow	4:33.04	4:26.90
14.24	30.35 (16.11)	47.15 (16.80)	1:04.08 (16.93)	
1:21.11 (17.03)	1:38.13 (17.02)	1:55.50 (17.37)	2:12.79 (17.29)	
2:29.60 (16.81)	2:46.61 (17.01)	3:03.80 (17.19)	3:20.76 (16.96)	
3:37.62 (16.86)	3:54.57 (16.95)	4:11.20 (16.63)	4:26.90 (15.70)	
12 Duncan, Callum	15	Bo Of Harrow	4:28.50	4:27.10
14.08	29.92 (15.84)	46.32 (16.40)	1:03.34 (17.02)	
1:20.12 (16.78)	1:37.38 (17.26)	1:54.26 (16.88)	2:11.37 (17.11)	
2:28.17 (16.80)	2:45.25 (17.08)	3:02.25 (17.00)	3:19.54 (17.29)	
3:36.44 (16.90)	3:53.77 (17.33)	4:10.50 (16.73)	4:27.10 (16.60)	
13 Bennett, Adam	15	Hillingdon Swimming Club	4:24.98	4:27.88
14.27	30.48 (16.21)	46.97 (16.49)	1:04.04 (17.07)	
1:21.03 (16.99)	1:38.24 (17.21)	1:54.91 (16.67)	2:12.36 (17.45)	
2:29.30 (16.94)	2:46.19 (16.89)	3:03.77 (17.58)	3:21.37 (17.60)	
3:38.43 (17.06)	3:55.61 (17.18)	4:12.66 (17.05)	4:27.88 (15.22)	
14 Wootten, Finn	15	Beckenham Swimming Club	4:25.92	4:28.07
14.19	29.94 (15.75)	46.11 (16.17)	1:02.67 (16.56)	
1:19.49 (16.82)	1:36.27 (16.78)	1:53.50 (17.23)	2:10.52 (17.02)	
2:27.56 (17.04)	2:44.86 (17.30)	3:02.19 (17.33)	3:19.56 (17.37)	
3:36.97 (17.41)	3:54.45 (17.48)	4:11.83 (17.38)	4:28.07 (16.24)	
15 Hampton, Elliott	15	Wandsworth Swimming Club	4:25.49	4:29.30
14.04	29.74 (15.70)	45.74 (16.00)	1:02.35 (16.61)	
1:19.16 (16.81)	1:35.97 (16.81)	1:53.08 (17.11)	2:10.00 (16.92)	
2:27.13 (17.13)	2:44.27 (17.14)	3:01.92 (17.65)	3:19.25 (17.33)	
3:36.95 (17.70)	3:54.80 (17.85)	4:12.49 (17.69)	4:29.30 (16.81)	
16 Biss, Brandon	14	Camden Swiss Cottage Swimming	4:29.98	4:29.96
14.53	30.47 (15.94)	47.25 (16.78)	1:04.18 (16.93)	
1:21.26 (17.08)	1:38.37 (17.11)	1:55.63 (17.26)	2:12.96 (17.33)	
2:29.81 (16.85)	2:46.90 (17.09)	3:04.06 (17.16)	3:21.32 (17.26)	
3:38.62 (17.30)	3:55.92 (17.30)	4:13.41 (17.49)	4:29.96 (16.55)	
17 Bartholomew, Cameron	15	Hillingdon Swimming Club	4:36.13	4:32.78
13.99	30.27 (16.28)	46.66 (16.39)	1:03.81 (17.15)	
1:20.66 (16.85)	1:37.47 (16.81)	1:54.80 (17.33)	2:12.04 (17.24)	
2:29.14 (17.10)	2:46.67 (17.53)	3:04.77 (18.10)	3:22.77 (18.00)	
3:40.51 (17.74)	3:58.51 (18.00)	4:15.96 (17.45)	4:32.78 (16.82)	
18 Gray, Henry	13	Chelsea and Westminster Swimmi	4:38.73	4:33.35
14.83	31.19 (16.36)	48.08 (16.89)	1:05.22 (17.14)	
1:22.65 (17.43)	1:40.02 (17.37)	1:57.75 (17.73)	2:15.01 (17.26)	
2:32.25 (17.24)	2:49.48 (17.23)	3:07.24 (17.76)	3:24.41 (17.17)	
	3:59.48 ()	4:16.90 (17.42)	4:33.35 (16.45)	
19 Mccarthy, Connor	14	Romford Town Swimming Club	4:21.02	4:34.45
14.30	30.36 (16.06)	46.92 (16.56)	1:03.79 (16.87)	
1:20.98 (17.19)	1:38.48 (17.50)	1:56.26 (17.78)	2:13.64 (17.38)	
2:31.65 (18.01)	2:49.41 (17.76)	3:07.42 (18.01)	3:25.28 (17.86)	
3:42.94 (17.66)	4:00.74 (17.80)	4:18.11 (17.37)	4:34.45 (16.34)	
20 Hawkins, Tom	12	Bexley Swimming Club	4:39.03	4:35.21
14.54	30.61 (16.07)	47.53 (16.92)	1:04.65 (17.12)	
1:22.03 (17.38)	1:39.55 (17.52)	1:56.98 (17.43)	2:14.70 (17.72)	
2:32.14 (17.44)	2:49.66 (17.52)	3:07.61 (17.95)	3:25.12 (17.51)	
3:42.91 (17.79)	4:00.80 (17.89)	4:18.31 (17.51)	4:35.21 (16.90)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 111 Men 11-15 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
21 Lander, Samuel	13	Bromley Swimming Club	4:46.57	4:36.30
14.03	29.48 (15.45)	46.04 (16.56)	1:03.19 (17.15)	
1:20.68 (17.49)	1:38.42 (17.74)	1:56.48 (18.06)	2:14.47 (17.99)	
2:32.63 (18.16)	2:50.70 (18.07)	3:08.72 (18.02)	3:26.77 (18.05)	
3:44.85 (18.08)	4:02.69 (17.84)	4:20.34 (17.65)	4:36.30 (15.96)	
22 Tomkins, Jake	13	Barnet Cophthall Swimming Club	4:36.23	4:36.42
14.90	31.67 (16.77)	48.88 (17.21)	1:06.58 (17.70)	
1:24.12 (17.54)	1:41.78 (17.66)	1:59.03 (17.25)	2:16.80 (17.77)	
2:34.46 (17.66)	2:52.13 (17.67)	3:09.77 (17.64)	3:27.47 (17.70)	
3:45.13 (17.66)	4:02.68 (17.55)	4:20.02 (17.34)	4:36.42 (16.40)	
23 Irvine, William	14	Sutton & Cheam	4:43.98	4:36.65
14.16	30.10 (15.94)	47.46 (17.36)	1:04.98 (17.52)	
1:22.59 (17.61)	1:40.24 (17.65)	1:58.35 (18.11)	2:16.38 (18.03)	
2:33.41 (17.03)	2:50.93 (17.52)	3:09.00 (18.07)	3:26.91 (17.91)	
3:44.59 (17.68)	4:02.69 (18.10)	4:20.24 (17.55)	4:36.65 (16.41)	
24 Charles, Maceo	14	Ealing Swimming Club	4:43.16	4:36.73
14.33	30.82 (16.49)	47.82 (17.00)	1:05.01 (17.19)	
1:22.27 (17.26)	1:40.14 (17.87)	1:57.80 (17.66)	2:15.50 (17.70)	
2:33.42 (17.92)	2:51.45 (18.03)	3:09.30 (17.85)	3:27.32 (18.02)	
3:45.10 (17.78)	4:02.97 (17.87)	4:20.39 (17.42)	4:36.73 (16.34)	
25 Dinev, Bryan	13	Bexley Swimming Club	4:37.91	4:36.75
14.44	31.31 (16.87)	49.05 (17.74)	1:07.08 (18.03)	
1:25.10 (18.02)	1:42.95 (17.85)	2:01.06 (18.11)	2:19.15 (18.09)	
2:36.96 (17.81)	2:55.17 (18.21)	3:12.79 (17.62)		
3:47.53 ()	4:04.68 (17.15)	4:20.96 (16.28)	4:36.75 (15.79)	
26 Tutt, Alessio	14	Bromley Swimming Club	4:40.78	4:37.10
14.46	30.84 (16.38)	47.73 (16.89)	1:04.79 (17.06)	
1:22.08 (17.29)	1:40.10 (18.02)	1:57.93 (17.83)	2:16.04 (18.11)	
2:33.70 (17.66)	2:51.73 (18.03)	3:09.33 (17.60)	3:27.37 (18.04)	
3:44.97 (17.60)	4:03.20 (18.23)	4:20.60 (17.40)	4:37.10 (16.50)	
27 Langley, David	14	Beckenham Swimming Club	4:38.13	4:38.51
14.35	30.48 (16.13)	47.39 (16.91)	1:04.82 (17.43)	
1:22.33 (17.51)	1:39.88 (17.55)	1:57.44 (17.56)	2:15.25 (17.81)	
2:32.82 (17.57)	2:50.88 (18.06)	3:08.83 (17.95)	3:26.86 (18.03)	
3:44.87 (18.01)	4:03.04 (18.17)	4:21.10 (18.06)	4:38.51 (17.41)	
28 Garfield, Joe	14	Borough of Waltham Forest Gato	4:40.05	4:39.07
14.45	30.91 (16.46)	48.29 (17.38)	1:05.65 (17.36)	
1:23.47 (17.82)	1:41.11 (17.64)	1:58.78 (17.67)	2:16.79 (18.01)	
2:34.82 (18.03)	2:52.71 (17.89)	3:10.66 (17.95)	3:28.84 (18.18)	
3:47.04 (18.20)	4:05.18 (18.14)	4:22.68 (17.50)	4:39.07 (16.39)	
29 Cinpoes, Pip	12	Kingston Royals Swimming Club	4:43.74	4:39.39
14.87	31.09 (16.22)	48.14 (17.05)	1:05.69 (17.55)	
1:23.48 (17.79)	1:41.36 (17.88)	1:59.40 (18.04)	2:17.35 (17.95)	
2:35.34 (17.99)	2:53.47 (18.13)	3:11.46 (17.99)	3:29.34 (17.88)	
3:46.79 (17.45)	4:04.60 (17.81)	4:22.43 (17.83)	4:39.39 (16.96)	
30 Thomas, Sonny	13	Leander Swimming Club	4:43.60	4:40.54
14.62	30.60 (15.98)	47.46 (16.86)	1:05.27 (17.81)	
1:22.95 (17.68)	1:40.86 (17.91)	1:59.06 (18.20)	2:16.94 (17.88)	
2:34.98 (18.04)	2:52.88 (17.90)	3:11.30 (18.42)	3:29.16 (17.86)	
3:47.42 (18.26)	4:05.21 (17.79)	4:23.40 (18.19)	4:40.54 (17.14)	
31 Raykin, Georgi	14	Newham & Uel Swimming Club	4:47.47	4:41.00
14.44	30.32 (15.88)	47.19 (16.87)	1:04.77 (17.58)	
1:22.24 (17.47)	1:39.37 (17.13)	1:56.54 (17.17)	2:14.21 (17.67)	
2:32.95 (18.74)	2:51.31 (18.36)	3:09.41 (18.10)	3:27.80 (18.39)	
3:44.53 (16.73)	4:01.03 (16.50)	4:22.43 (21.40)	4:41.00 (18.57)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****(Event 111 Men 11-15 400 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
32 Kazlauskas, Justinas	13	Barking and Dagenham Aquatics	4:43.11	4:43.97
14.29	30.63 (16.34)	47.72 (17.09)	1:05.36 (17.64)	
1:23.36 (18.00)	1:41.06 (17.70)	1:59.46 (18.40)	2:17.52 (18.06)	
2:36.22 (18.70)	2:54.46 (18.24)	3:12.77 (18.31)	3:31.53 (18.76)	
3:50.08 (18.55)	4:08.13 (18.05)	4:26.48 (18.35)	4:43.97 (17.49)	
33 Pratt, Lanre	13	Chelsea and Westminster Swimmi	4:40.62	4:44.29
14.49	31.16 (16.67)	48.13 (16.97)	1:05.93 (17.80)	
1:23.50 (17.57)	1:41.28 (17.78)	1:59.34 (18.06)	2:17.72 (18.38)	
2:36.05 (18.33)	2:54.63 (18.58)	3:12.87 (18.24)	3:31.29 (18.42)	
3:49.80 (18.51)	4:08.54 (18.74)	4:26.81 (18.27)	4:44.29 (17.48)	
34 Ismatullaev, Jamie	13	Hillingdon Swimming Club	4:38.39	4:46.02
15.16	32.01 (16.85)	49.44 (17.43)	1:07.71 (18.27)	
1:25.60 (17.89)	1:43.90 (18.30)	2:01.95 (18.05)	2:20.31 (18.36)	
2:37.98 (17.67)	2:56.50 (18.52)	3:14.73 (18.23)	3:33.34 (18.61)	
3:51.14 (17.80)	4:09.99 (18.85)	4:28.22 (18.23)	4:46.02 (17.80)	

Event 111 Men 16 & Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Vazirani, Rohan	18	Ealing Swimming Club	4:05.92	4:04.44
13.16	28.09 (14.93)	43.47 (15.38)	58.96 (15.49)	
1:14.52 (15.56)	1:30.12 (15.60)	1:45.73 (15.61)	2:01.48 (15.75)	
2:16.97 (15.49)	2:32.59 (15.62)	2:47.19 (14.60)	3:02.71 (15.52)	
3:18.44 (15.73)	3:34.22 (15.78)	3:49.30 (15.08)	4:04.44 (15.14)	
2 Dobb, Joseph	19	Bromley Swimming Club	4:03.80	4:06.02
13.24	28.13 (14.89)	43.30 (15.17)	58.75 (15.45)	
1:14.19 (15.44)	1:29.65 (15.46)	1:45.20 (15.55)	2:01.11 (15.91)	
2:16.78 (15.67)	2:32.48 (15.70)	2:48.34 (15.86)	3:04.17 (15.83)	
3:19.85 (15.68)	3:35.55 (15.70)	3:51.03 (15.48)	4:06.02 (14.99)	
3 Gencas, Daniel	16	Romford Town Swimming Club	4:03.72	4:06.33
13.56	28.53 (14.97)	44.23 (15.70)	1:00.08 (15.85)	
1:15.91 (15.83)	1:31.68 (15.77)	1:47.69 (16.01)	2:03.41 (15.72)	
2:19.26 (15.85)	2:35.00 (15.74)	2:50.86 (15.86)	3:06.68 (15.82)	
3:22.38 (15.70)	3:37.54 (15.16)	3:52.23 (14.69)	4:06.33 (14.10)	
4 Koster, Willem	17	Dulwich Dolphins Swimming Club	4:09.65	4:08.52
13.53	28.53 (15.00)	44.06 (15.53)	59.53 (15.47)	
1:15.14 (15.61)	1:30.82 (15.68)	1:46.60 (15.78)	2:02.31 (15.71)	
2:18.25 (15.94)	2:34.17 (15.92)	2:50.11 (15.94)	3:06.26 (16.15)	
3:21.79 (15.53)	3:37.52 (15.73)	3:53.23 (15.71)	4:08.52 (15.29)	
5 Price, Archie	16	Barnet Cophthall Swimming Club	4:01.96	4:09.17
13.40	28.58 (15.18)	43.99 (15.41)	59.56 (15.57)	
1:15.52 (15.96)	1:31.39 (15.87)	1:47.34 (15.95)	2:03.15 (15.81)	
2:19.56 (16.41)	2:35.56 (16.00)	2:51.42 (15.86)	3:06.97 (15.55)	
3:22.90 (15.93)	3:38.74 (15.84)	3:54.62 (15.88)	4:09.17 (14.55)	
6 Cohen, Malachi	16	Barnes SC	4:10.65	4:10.40
13.78	29.45 (15.67)	45.35 (15.90)	1:01.45 (16.10)	
1:17.54 (16.09)	1:33.84 (16.30)	1:49.92 (16.08)	2:06.06 (16.14)	
2:21.98 (15.92)	2:37.82 (15.84)	2:53.63 (15.81)	3:09.82 (16.19)	
3:25.48 (15.66)	3:41.04 (15.56)	3:55.88 (14.84)	4:10.40 (14.52)	
7 Hunt, Eddie	16	Kingston Royals Swimming Club	4:05.55	4:11.32
13.60	28.83 (15.23)	45.09 (16.26)	1:01.08 (15.99)	
1:16.90 (15.82)	1:32.92 (16.02)	1:49.12 (16.20)	2:05.26 (16.14)	
2:21.19 (15.93)	2:36.79 (15.60)	2:52.65 (15.86)	3:08.57 (15.92)	
3:24.28 (15.71)	3:40.25 (15.97)	3:56.25 (16.00)	4:11.32 (15.07)	
8 Divet, Yann	16	Camden Swiss Cottage Swimming	4:11.32	4:12.51
13.36	28.54 (15.18)	43.99 (15.45)	59.60 (15.61)	
1:15.27 (15.67)	1:31.08 (15.81)	1:46.92 (15.84)	2:02.86 (15.94)	
2:18.60 (15.74)	2:34.54 (15.94)	2:50.76 (16.22)	3:07.05 (16.29)	
3:23.47 (16.42)	3:40.07 (16.60)	3:56.67 (16.60)	4:12.51 (15.84)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 111 Men 16 & Over 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
9 Banga, Nathan	16	Romford Town Swimming Club	4:20.39	4:18.56
13.76	29.21 (15.45)	44.82 (15.61)	1:00.65 (15.83)	
1:16.58 (15.93)	1:32.88 (16.30)	1:49.19 (16.31)	2:05.77 (16.58)	
2:22.32 (16.55)	2:38.97 (16.65)	2:55.64 (16.67)	3:12.36 (16.72)	
3:29.28 (16.92)	3:46.06 (16.78)	4:02.60 (16.54)	4:18.56 (15.96)	
10 Brighton, Daniel	17	Bexley Swimming Club	4:22.39	4:20.88
13.49	28.60 (15.11)	44.38 (15.78)	1:00.73 (16.35)	
1:16.94 (16.21)	1:33.49 (16.55)	1:50.02 (16.53)	2:06.98 (16.96)	
2:23.57 (16.59)	2:40.73 (17.16)	2:57.77 (17.04)	3:14.76 (16.99)	
3:31.83 (17.07)	3:49.29 (17.46)	4:05.71 (16.42)	4:20.88 (15.17)	
11 Beer, Toby	16	Sutton & Cheam	4:27.33	4:21.00
13.79	29.41 (15.62)	45.25 (15.84)	1:01.63 (16.38)	
1:18.01 (16.38)	1:34.84 (16.83)	1:51.47 (16.63)	2:08.21 (16.74)	
2:24.99 (16.78)	2:41.70 (16.71)	2:58.24 (16.54)	3:15.02 (16.78)	
3:31.92 (16.90)	3:48.74 (16.82)	4:05.20 (16.46)	4:21.00 (15.80)	
12 Hassan, Yasser	16	Brompton Swimming Club	4:28.80	4:21.29
13.66	29.31 (15.65)	45.00 (15.69)	1:01.44 (16.44)	
1:17.72 (16.28)	1:34.44 (16.72)	1:51.01 (16.57)	2:07.56 (16.55)	
2:23.68 (16.12)	2:40.12 (16.44)	2:56.81 (16.69)	3:13.60 (16.79)	
3:30.57 (16.97)	3:47.97 (17.40)	4:04.74 (16.77)	4:21.29 (16.55)	
13 Sareen, Conell	16	Dulwich Dolphins Swimming Club	4:23.95	4:23.44
14.08	30.25 (16.17)	46.45 (16.20)	1:03.35 (16.90)	
1:19.97 (16.62)			2:09.87 ()	
2:26.79 (16.92)		3:00.51 ()	3:17.33 (16.82)	
4:07.61 (50.28)	3:50.82 ()	4:23.44 (32.62)		
14 Wilson, Alexander	18	Brompton Swimming Club	4:25.13	4:23.55
13.77	29.17 (15.40)	45.17 (16.00)	1:01.34 (16.17)	
	1:35.34 ()	1:52.53 (17.19)	2:09.40 (16.87)	
	2:42.77 ()		3:15.83 ()	
	3:50.20 ()	4:23.55 (33.35)		
15 Martin-McKevitt, Luca	16	Hillingdon Swimming Club	4:21.99	4:28.05
14.63	31.16 (16.53)	47.86 (16.70)	1:05.08 (17.22)	
1:22.09 (17.01)	1:39.27 (17.18)	1:56.23 (16.96)	2:13.61 (17.38)	
2:30.52 (16.91)	2:48.02 (17.50)	3:05.19 (17.17)	3:22.38 (17.19)	
3:39.66 (17.28)	3:56.99 (17.33)	4:13.21 (16.22)	4:28.05 (14.84)	
16 Young, Harry	16	Kingston Royals Swimming Club	4:40.30	4:32.75
13.67	30.02 (16.35)	46.80 (16.78)	1:04.09 (17.29)	
1:21.10 (17.01)	1:38.31 (17.21)	1:55.53 (17.22)	2:13.43 (17.90)	
2:31.02 (17.59)	2:48.80 (17.78)	3:06.55 (17.75)	3:24.44 (17.89)	
3:41.86 (17.42)	3:59.27 (17.41)	4:16.45 (17.18)	4:32.75 (16.30)	
17 Fenton, Christian	18	Brompton Swimming Club	4:27.80	4:33.00
13.51	28.61 (15.10)	44.34 (15.73)	1:00.75 (16.41)	
1:17.45 (16.70)	1:34.40 (16.95)	1:51.24 (16.84)	2:08.33 (17.09)	
2:25.61 (17.28)	2:43.22 (17.61)	3:00.75 (17.53)	3:18.89 (18.14)	
3:37.41 (18.52)	3:56.09 (18.68)	4:14.54 (18.45)	4:33.00 (18.46)	
18 Baker, Brett	17	Bexley Swimming Club	4:29.81	4:36.74
14.58	31.06 (16.48)	48.12 (17.06)	1:05.01 (16.89)	
1:21.93 (16.92)	1:38.86 (16.93)	1:56.39 (17.53)	2:13.79 (17.40)	
2:31.09 (17.30)	2:48.50 (17.41)	3:06.58 (18.08)	3:24.54 (17.96)	
3:42.47 (17.93)	4:00.57 (18.10)	4:18.90 (18.33)	4:36.74 (17.84)	
19 Coupland, Benjamin	16	Bo Of Harrow	4:39.51	4:38.06
14.68	31.31 (16.63)	48.69 (17.38)	1:06.13 (17.44)	
1:23.46 (17.33)	1:40.76 (17.30)	1:58.24 (17.48)	2:16.07 (17.83)	
2:33.44 (17.37)	2:51.03 (17.59)	3:09.15 (18.12)	3:26.96 (17.81)	
3:45.03 (18.07)	4:03.26 (18.23)	4:21.18 (17.92)	4:38.06 (16.88)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****(Event 111 Men 16 & Over 400 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
20	Harding, Matthew	18	Greenwich Royals Swimming Club	4:40.30	4:43.18
	14.35	30.35 (16.00)	47.33 (16.98)	1:04.94 (17.61)	
	1:22.43 (17.49)	1:40.37 (17.94)	1:58.34 (17.97)	2:16.92 (18.58)	
	2:34.85 (17.93)	2:53.14 (18.29)	3:11.28 (18.14)	3:29.62 (18.34)	
	3:48.28 (18.66)	4:07.04 (18.76)	4:25.10 (18.06)	4:43.18 (18.08)	
21	Gomes, Guilherme	17	Newham & Uel Swimming Club	4:36.60	4:47.91
	14.18	30.59 (16.41)	47.09 (16.50)	1:04.34 (17.25)	
	1:21.51 (17.17)	1:39.39 (17.88)	1:57.45 (18.06)	2:15.92 (18.47)	
	2:34.68 (18.76)	2:53.87 (19.19)	3:12.83 (18.96)	3:32.26 (19.43)	
	3:51.94 (19.68)	4:11.77 (19.83)	4:30.35 (18.58)	4:47.91 (17.56)	

Event 111 Men 400 SC Meter Freestyle Multi-Class

	Name	Age	Team	Seed Time	Finals Time
1	Bradshaw, Balthazar S10	13	Brompton Swimming Club	5:17.47	5:04.13
	16.20	34.50 (18.30)	53.23 (18.73)	1:12.48 (19.25)	
	1:31.20 (18.72)	1:50.61 (19.41)	2:09.74 (19.13)	2:29.52 (19.78)	
	2:49.16 (19.64)	3:09.22 (20.06)	3:28.23 (19.01)	3:47.72 (19.49)	
	4:07.64 (19.92)	4:27.07 (19.43)	4:45.79 (18.72)	5:04.13 (18.34)	

Event 112 Women 11-15 50 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Davis, Evie	15	Bromley Swimming Club	25.74	25.82
	12.66	25.82 (13.16)			
2	Musial, Zoe	15	Chelsea and Westminster Swimmi	26.45	26.32
	12.83	26.32 (13.49)			
3	Proctor, Lola	15	Sutton & Cheam	28.02	27.56
	13.47	27.56 (14.09)			
4	Baxter, Ellisia	15	Enfield Swim Squad	27.51	27.64
	13.44	27.64 (14.20)			
5	Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	27.82	27.86
	13.62	27.86 (14.24)			
6	Titterton, Kasia	13	Bromley Swimming Club	27.76	27.96
	13.77	27.96 (14.19)			
7	Cummins, Isabella	14	Ealing Swimming Club	28.07	28.20
	13.46	28.20 (14.74)			
8	Jackson, Sophia	15	Sutton & Cheam	27.60	28.31
	13.85	28.31 (14.46)			

Event 112 Women 11-15 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Davis, Evie	15	Bromley Swimming Club	25.43	25.74
	12.57	25.74 (13.17)			
2	Musial, Zoe	15	Chelsea and Westminster Swimmi	27.23	26.45
	12.93	26.45 (13.52)			
3	Iley, Emily	15	Borough of Waltham Forest Gato	26.68	27.01
	13.18	27.01 (13.83)			
4	Baxter, Ellisia	15	Enfield Swim Squad	27.12	27.51
	13.46	27.51 (14.05)			
5	Adelaja, Toluwani	13	Barnet Cophthall Swimming Club	27.04	27.52
	13.41	27.52 (14.11)			
6	Jackson, Sophia	15	Sutton & Cheam	27.99	27.60
	13.61	27.60 (13.99)			
7	Titterton, Kasia	13	Bromley Swimming Club	27.76	27.76
	13.39	27.76 (14.37)			
8	Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	27.76	27.82
	13.69	27.82 (14.13)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 112 Women 11-15 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
9 Proctor, Lola	15	Sutton & Cheam	27.80	28.02
13.81	28.02	(14.21)		
10 Chadwick, Ellie	12	Barnet Cophthall Swimming Club	27.73	28.03
13.69	28.03	(14.34)		
11 Cummins, Isabella	14	Ealing Swimming Club	28.74	28.07
13.63	28.07	(14.44)		
12 Saeijs, Lilou	14	Bromley Swimming Club	27.45	28.13
13.78	28.13	(14.35)		
13 Pillai, Neha	14	Borough of Waltham Forest Gato	27.40	28.14
13.84	28.14	(14.30)		
14 Moule, Sophia	12	Romford Town Swimming Club	29.38	28.22
13.98	28.22	(14.24)		
15 Follis, Elizabeth	15	Bromley Swimming Club	28.13	28.23
13.95	28.23	(14.28)		
16 Paisley, Tallulah	15	Natare West London	27.72	28.24
13.72	28.24	(14.52)		
17 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	29.32	28.29
13.50	28.29	(14.79)		
18 Woolley, Anna	15	Croydon Amphibians Swimming Cl	28.19	28.32
13.92	28.32	(14.40)		
19 Bayley, Alice	15	Anaconda Swimming Club	29.25	28.36
13.84	28.36	(14.52)		
20 Medcalf, Lucy Jane	14	Sutton & Cheam	27.83	28.37
14.14	28.37	(14.23)		
21 Sargent, Imogen	15	Chelsea and Westminster Swimmi	28.57	28.52
13.99	28.52	(14.53)		
22 Wilcock, Tegan	15	Kingston Royals Swimming Club	29.26	28.58
13.85	28.58	(14.73)		
23 McArdle, Kiera	15	Leander Swimming Club	29.55	28.59
13.93	28.59	(14.66)		
24 Jackson, Samantha	14	Orpingon OJ	28.54	28.65
14.01	28.65	(14.64)		
25 Grove, Thomasina	13	Chelsea and Westminster Swimmi	29.02	28.66
13.95	28.66	(14.71)		
26 Byrne, Melissa	15	Enfield Swim Squad	28.63	28.68
13.79	28.68	(14.89)		
27 Pama, Charlotte	13	Camden Swiss Cottage Swimming	29.32	28.69
13.94	28.69	(14.75)		
28 Hayes, Mabel	13	Anaconda Swimming Club	29.47	28.71
13.96	28.71	(14.75)		
29 Mcglinchey, Erica	13	Greenwich Royals Swimming Club	28.91	28.73
13.99	28.73	(14.74)		
30 Straupeniaks, Rae	15	Bromley Swimming Club	28.43	28.78
13.96	28.78	(14.82)		
31 Harvey, Orla	15	Teddington Swimming Club	28.26	28.80
14.03	28.80	(14.77)		
*32 Cole, Marion	14	Dulwich Dolphins Swimming Club	27.95	28.81
14.13	28.81	(14.68)		
*32 Wang, Jessica	15	Kingston Royals Swimming Club	29.06	28.81
14.12	28.81	(14.69)		
34 Hutt, Ettienne	14	Anaconda Swimming Club	28.90	28.83
13.97	28.83	(14.86)		
35 Dreleva, Victoria	14	Romford Town Swimming Club	27.99	28.84
13.99	28.84	(14.85)		
36 Hagberg, Emma	11	Wandsworth Swimming Club	29.44	28.88
14.11	28.88	(14.77)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 112 Women 11-15 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
*37 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	29.09	28.93
14.04	28.93 (14.89)			
*37 Cottrell, Annabella	13	Greenwich Royals Swimming Club	28.88	28.93
14.19	28.93 (14.74)			
39 Shires, Francesca	15	Hillingdon Swimming Club	28.58	28.94
14.14	28.94 (14.80)			
40 Bureau, Scarlet	15	Camden Swiss Cottage Swimming	28.70	29.01
14.05	29.01 (14.96)			
*41 Llewellyn, Emma	14	Brompton Swimming Club	29.14	29.02
14.04	29.02 (14.98)			
*41 Vadon, Millie	15	Ealing Swimming Club	29.26	29.02
14.10	29.02 (14.92)			
*43 Berenger-Fleming, Evie	14	Bromley Swimming Club	28.68	29.06
14.26	29.06 (14.80)			
*43 Doring, Lucy	13	Dulwich Dolphins Swimming Club	29.21	29.06
14.40	29.06 (14.66)			
45 Dziura, Suzanna	15	Enfield Swim Squad	28.69	29.09
14.18	29.09 (14.91)			
46 Daffey, Schuyler	15	Brompton Swimming Club	29.12	29.11
14.23	29.11 (14.88)			
47 Young, Sophie	15	Kingston Royals Swimming Club	29.07	29.18
14.41	29.18 (14.77)			
48 Ceccherini, Gabriella	14	Kingston Royals Swimming Club	29.12	29.19
14.10	29.19 (15.09)			
49 Sanders, Annie	12	Greenwich Royals Swimming Club	29.29	29.21
14.13	29.21 (15.08)			
50 Van Zyl, Kayla	13	Hillingdon Swimming Club	28.73	29.22
14.00	29.22 (15.22)			
51 Wilkinson, Saskia	13	Leander Swimming Club	28.20	29.27
14.22	29.27 (15.05)			
52 Bhugun, Emma	14	Chelsea and Westminster Swimmi	28.75	29.31
13.90	29.31 (15.41)			
*53 Bridgen, Poppy	14	Hillingdon Swimming Club	28.76	29.38
14.49	29.38 (14.89)			
*53 Gradillas, Yolanda	12	Natare West London	28.94	29.38
14.16	29.38 (15.22)			
55 To, Jessica	13	Leander Swimming Club	28.79	29.44
14.61	29.44 (14.83)			
*56 Atherton, Leto	15	Anaconda Swimming Club	28.70	29.50
14.18	29.50 (15.32)			
*56 Ansari, Aaliyah	15	Bo Of Harrow	29.18	29.50
14.59	29.50 (14.91)			
58 Webber, Phoebe	14	Broomfield Park Swimming Club	29.48	29.68
14.58	29.68 (15.10)			
59 Jolley-Ellis, Blythe	15	Orpingon OJ	29.14	29.71
14.54	29.71 (15.17)			
60 O'Neill, Sophia	13	Orpingon OJ	28.55	29.72
14.38	29.72 (15.34)			
61 Shaw, Ava	13	Natare West London	29.47	29.76
14.38	29.76 (15.38)			
62 Barnhurst, Poppy	14	Sutton & Cheam	29.08	29.80
14.74	29.80 (15.06)			
63 Weekly, Katherine	13	Saxon Crown (Lewisham)	29.22	29.84
14.31	29.84 (15.53)			
64 Barrett, Alex	14	Teddington Swimming Club	29.12	29.92
14.58	29.92 (15.34)			
65 Long, Charlotte	13	Kingston Royals Swimming Club	29.25	29.96
14.74	29.96 (15.22)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 112 Women 11-15 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
66 Morland, Megan	15	Sutton & Cheam	29.43	30.13
14.81	30.13 (15.32)			
67 Sullivan, Madeleine	14	Bexley Swimming Club	29.33	30.17
14.62	30.17 (15.55)			
68 Waite, Lily	13	Anaconda Swimming Club	29.14	30.32
14.57	30.32 (15.75)			
69 Barnard, Lola	14	Barnet Cophall Swimming Club	29.27	30.37
14.75	30.37 (15.62)			

Event 112 Women 16 & Over 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	26.56	26.41
13.01	26.41 (13.40)			
2 Van Selm, Emma	16	Bromley Swimming Club	26.66	26.52
13.08	26.52 (13.44)			
*3 Marriott, Kai	17	Hackney Aquatics	27.13	26.89
12.96	26.89 (13.93)			
*3 Meers, Imogen	17	Bromley Swimming Club	26.75	26.89
13.11	26.89 (13.78)			
5 Luhmann, Eve	17	Beckenham Swimming Club	26.70	26.90
13.17	26.90 (13.73)			
6 Ground, Sophia	18	Brompton Swimming Club	27.11	26.96
13.09	26.96 (13.87)			
7 Dunleavy, Maia	18	Brompton Swimming Club	27.07	28.11
13.40	28.11 (14.71)			

Event 112 Women 16 & Over 50 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	26.32	26.56
13.08	26.56 (13.48)			
2 Van Selm, Emma	16	Bromley Swimming Club	26.57	26.66
13.13	26.66 (13.53)			
3 Luhmann, Eve	17	Beckenham Swimming Club	26.52	26.70
12.94	26.70 (13.76)			
4 Meers, Imogen	17	Bromley Swimming Club	26.43	26.75
12.99	26.75 (13.76)			
5 Dunleavy, Maia	18	Brompton Swimming Club	27.38	27.07
12.99	27.07 (14.08)			
6 Ground, Sophia	18	Brompton Swimming Club	27.10	27.11
13.17	27.11 (13.94)			
7 Marriott, Kai	17	Hackney Aquatics	27.25	27.13
13.07	27.13 (14.06)			
8 Judge, Brodie	18	Ealing Swimming Club	26.69	27.15
13.13	27.15 (14.02)			
*9 Winters, Georgie	17	Camden Swiss Cottage Swimming	26.97	27.18
13.20	27.18 (13.98)			
*9 Child, Tiegán	17	Beckenham Swimming Club	27.14	27.18
13.22	27.18 (13.96)			
11 Barnes, Megan	16	Barnes SC	27.39	27.19
13.36	27.19 (13.83)			
12 Smith, Annabel	16	Bromley Swimming Club	26.25	27.27
13.36	27.27 (13.91)			
13 Davies, Amy	17	South Croydon Swimming Club	26.68	27.35
13.37	27.35 (13.98)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 112 Women 16 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
14 Nicot, Alice	18	Sutton & Cheam	27.15	27.40
13.58				27.40 (13.82)
15 Adjei, Nubia	16	Sutton & Cheam	27.86	27.82
13.68				27.82 (14.14)
16 Brock, Dorothy	16	Anaconda Swimming Club	27.73	27.86
13.50				27.86 (14.36)
17 Hawley, Lucy	19	Kingston Royals Swimming Club	28.80	28.00
13.51				28.00 (14.49)
18 Ransome, Ashley	24	Enfield Swim Squad	27.68	28.11
13.71				28.11 (14.40)
*19 Celul, Sydney	17	Anaconda Swimming Club	27.78	28.32
13.75				28.32 (14.57)
*19 Macgonigal, Hazel	16	Bo Of Harrow	29.27	28.32
13.81				28.32 (14.51)
21 Van Brakel, Saskia	21	Brompton Swimming Club	29.21	28.38
13.73				28.38 (14.65)
22 Kelly, Alesha	17	Brompton Swimming Club	29.18	28.42
13.98				28.42 (14.44)
23 Cesar, Justine	18	Brompton Swimming Club	27.80	28.49
13.66				28.49 (14.83)
24 Lambropoulos, Athena	17	Camden Swiss Cottage Swimming	28.50	28.51
14.05				28.51 (14.46)
25 Coyle, Ruby	17	Bo Of Harrow	27.67	28.56
13.66				28.56 (14.90)
26 O'Flynn, Hannah	17	Bromley Swimming Club	28.34	28.71
14.15				28.71 (14.56)
27 Stepan, Ellen	17	Beckenham Swimming Club	28.66	28.77
14.12				28.77 (14.65)
28 Kirlew, Maya	18	Enfield Swim Squad	28.72	28.83
13.98				28.83 (14.85)
29 Davison, Abby	17	Beckenham Swimming Club	28.97	28.84
13.81				28.84 (15.03)
*30 Davies, Edie	16	Kingston Royals Swimming Club	28.89	28.85
14.29				28.85 (14.56)
*30 Boerner, Lisa	18	Kingston Royals Swimming Club	28.15	28.85
14.08				28.85 (14.77)
32 Wallrock, Isla	16	Brompton Swimming Club	29.13	28.86
13.98				28.86 (14.88)
33 Somerville, Renee	17	Saxon Crown (Lewisham)	28.79	28.88
13.99				28.88 (14.89)
34 Chambers, India	16	Dulwich Dolphins Swimming Club	28.89	28.93
14.26				28.93 (14.67)
35 Adams-Howard, Izzie	16	Beckenham Swimming Club	29.26	28.95
14.10				28.95 (14.85)
36 Griffiths, Suki	16	Chelsea and Westminster Swimmi	28.91	29.05
14.11				29.05 (14.94)
37 Lewitt, Isabelle	18	Brompton Swimming Club	29.05	29.08
14.41				29.08 (14.67)
38 Deaner, Tahlia	16	Hackney Aquatics	28.72	29.12
13.93				29.12 (15.19)
*39 Caswell, Priya	16	Brompton Swimming Club	29.07	29.17
14.16				29.17 (15.01)
*39 McCooole, Caitlin	16	Enfield Swim Squad	28.97	29.17
14.01				29.17 (15.16)
41 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	28.71	29.18
14.16				29.18 (15.02)
42 Stewart-Liddon, Hebe	16	Wandsworth Swimming Club	28.33	29.29
14.36				29.29 (14.93)

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 112 Women 16 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
43 Kemp, Megan	16	Chelsea and Westminster Swimmi	29.21	29.87
14.62	29.87 (15.25)			
44 MacLennan, Katya	16	Brompton Swimming Club	29.31	29.92
14.58	29.92 (15.34)			
45 Rees, Hannah	16	Sutton & Cheam	29.21	30.01
14.49	30.01 (15.52)			
46 Neal, Joanne	17	Hillingdon Swimming Club	29.24	30.06
14.66	30.06 (15.40)			
47 Flannagan, Millie	16	Enfield Swim Squad	29.41	30.17
14.61	30.17 (15.56)			
48 Lustig, Nathalie	16	Camden Swiss Cottage Swimming	29.23	30.34
14.88	30.34 (15.46)			

Event 112 Women 50 SC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 O'Connell, Leah S7	17	Camden Swiss Cottage Swimming	37.73	37.51
18.29	37.51 (19.22)			
2 Hyde, Charlie S7	17	Camden Swiss Cottage Swimming	39.85	39.17
18.89	39.17 (20.28)			
3 Trevor, Caitlin S14	16	Kingston Royals Swimming Club	43.95	42.31
20.72	42.31 (21.59)			

Event 113 Men 11-15 200 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Quiddington, Harvey	15	Barnet Cophthall Swimming Club	2:27.34	2:25.36
15.15	33.01 (17.86)	51.29 (18.28)	1:10.24 (18.95)	
1:29.25 (19.01)	1:47.64 (18.39)	2:06.54 (18.90)	2:25.36 (18.82)	
2 Pauling, Edward	15	Beckenham Swimming Club	2:33.28	2:28.38
15.19	33.56 (18.37)	52.14 (18.58)	1:11.31 (19.17)	
1:30.54 (19.23)	1:50.04 (19.50)	2:09.11 (19.07)	2:28.38 (19.27)	
3 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:29.11	2:29.29
16.66	34.17 (17.51)	53.13 (18.96)	1:12.02 (18.89)	
1:31.33 (19.31)	1:50.62 (19.29)	2:10.86 (20.24)	2:29.29 (18.43)	
4 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	2:29.44	2:29.99
15.86	34.43 (18.57)	53.28 (18.85)	1:12.45 (19.17)	
1:31.95 (19.50)	1:51.65 (19.70)	2:11.99 (20.34)	2:29.99 (18.00)	
5 Woolfenden, Callum	14	Beckenham Swimming Club	2:30.48	2:33.39
15.73	34.85 (19.12)	54.52 (19.67)	1:14.47 (19.95)	
1:33.97 (19.50)	1:53.89 (19.92)	2:13.58 (19.69)	2:33.39 (19.81)	
6 Cornish, Sam	15	Enfield Swim Squad	2:31.69	2:34.29
14.83	33.33 (18.50)	52.02 (18.69)	1:11.36 (19.34)	
1:31.37 (20.01)	1:52.90 (21.53)	2:14.29 (21.39)	2:34.29 (20.00)	
7 Finch, Christopher	15	South Croydon Swimming Club	2:32.79	2:34.76
15.99	35.06 (19.07)	54.43 (19.37)	1:14.32 (19.89)	
1:34.03 (19.71)	1:54.15 (20.12)	2:14.33 (20.18)	2:34.76 (20.43)	
8 Wright, Oliver	14	Camden Swiss Cottage Swimming	2:35.21	2:37.84
15.97	35.48 (19.51)	55.14 (19.66)	1:15.35 (20.21)	
1:35.43 (20.08)	1:56.40 (20.97)	2:17.06 (20.66)	2:37.84 (20.78)	

Event 113 Men 11-15 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Quiddington, Harvey	15	Barnet Cophthall Swimming Club	2:28.43	2:27.34
15.51	33.88 (18.37)	52.79 (18.91)	1:11.71 (18.92)	
1:30.43 (18.72)	1:49.35 (18.92)	2:08.49 (19.14)	2:27.34 (18.85)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 113 Men 11-15 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
2 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:31.23	2:29.11
15.83	34.01 (18.18)	52.91 (18.90)	1:11.84 (18.93)	
1:31.31 (19.47)	1:50.40 (19.09)	2:09.96 (19.56)	2:29.11 (19.15)	
3 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	2:32.84	2:29.44
15.39	33.42 (18.03)	51.88 (18.46)	1:11.06 (19.18)	
1:30.49 (19.43)	1:50.29 (19.80)	2:09.72 (19.43)	2:29.44 (19.72)	
4 Woolfenden, Callum	14	Beckenham Swimming Club	2:33.52	2:30.48
15.29	33.92 (18.63)	53.45 (19.53)	1:12.95 (19.50)	
1:32.27 (19.32)	1:51.95 (19.68)	2:11.33 (19.38)	2:30.48 (19.15)	
5 Cornish, Sam	15	Enfield Swim Squad	2:25.17	2:31.69
15.56	34.14 (18.58)	53.64 (19.50)	1:12.59 (18.95)	
1:32.00 (19.41)	1:51.36 (19.36)	2:11.69 (20.33)	2:31.69 (20.00)	
6 Finch, Christopher	15	South Croydon Swimming Club	2:31.89	2:32.79
15.80	34.37 (18.57)	53.15 (18.78)	1:12.75 (19.60)	
1:32.46 (19.71)	1:52.20 (19.74)	2:12.36 (20.16)	2:32.79 (20.43)	
7 Pauling, Edward	15	Beckenham Swimming Club	2:27.81	2:33.28
15.40	33.39 (17.99)	52.48 (19.09)	1:11.97 (19.49)	
1:31.93 (19.96)	1:52.15 (20.22)	2:12.75 (20.60)	2:33.28 (20.53)	
8 Wright, Oliver	14	Camden Swiss Cottage Swimming	2:45.73	2:35.21
16.21	34.88 (18.67)	54.46 (19.58)	1:14.27 (19.81)	
1:34.27 (20.00)	1:54.45 (20.18)	2:15.10 (20.65)	2:35.21 (20.11)	
9 Roberts, Marco	14	Hackney Aquatics	2:31.43	2:35.55
16.57	35.45 (18.88)	55.45 (20.00)	1:15.88 (20.43)	
1:36.39 (20.51)	1:57.12 (20.73)	2:16.70 (19.58)	2:35.55 (18.85)	
10 Williams, Alexander	14	Hillingdon Swimming Club	2:37.15	2:36.68
16.51	36.70 (20.19)	56.54 (19.84)	1:16.65 (20.11)	
1:36.46 (19.81)	1:56.77 (20.31)	2:16.57 (19.80)	2:36.68 (20.11)	
11 Austin, Alex	15	Hillingdon Swimming Club	2:37.07	2:37.93
16.18	35.31 (19.13)	55.42 (20.11)	1:15.61 (20.19)	
1:36.25 (20.64)	1:57.24 (20.99)	2:17.43 (20.19)	2:37.93 (20.50)	
12 Pickering, Sebastian	14	Bromley Swimming Club	2:45.52	2:39.17
16.12	35.29 (19.17)	55.35 (20.06)	1:15.68 (20.33)	
1:36.45 (20.77)	1:57.44 (20.99)	2:18.50 (21.06)	2:39.17 (20.67)	
13 Ito, Ley	14	Hackney Aquatics	2:42.35	2:39.30
16.12	35.74 (19.62)	55.40 (19.66)	1:16.03 (20.63)	
1:36.02 (19.99)	1:57.11 (21.09)	2:18.01 (20.90)	2:39.30 (21.29)	
14 Bartley, Thomas	14	Sutton & Cheam	2:49.75	2:43.91
15.96	35.92 (19.96)	56.87 (20.95)	1:18.42 (21.55)	
1:40.10 (21.68)	2:02.01 (21.91)	2:23.49 (21.48)	2:43.91 (20.42)	
15 Orlin, Ben	15	Barnes SC	2:52.54	2:44.13
15.93	35.28 (19.35)	55.92 (20.64)	1:17.41 (21.49)	
1:38.67 (21.26)	2:00.28 (21.61)	2:22.11 (21.83)	2:44.13 (22.02)	
16 Bohm, Lucas	12	Camden Swiss Cottage Swimming	2:50.59	2:44.87
16.53	36.11 (19.58)	56.88 (20.77)	1:18.22 (21.34)	
1:39.89 (21.67)	2:01.72 (21.83)	2:23.69 (21.97)	2:44.87 (21.18)	
17 Maunders, Harvey	15	Greenwich Royals Swimming Club	2:48.55	2:45.79
16.79	36.43 (19.64)	57.78 (21.35)	1:18.77 (20.99)	
1:41.15 (22.38)	2:03.26 (22.11)	2:24.93 (21.67)	2:45.79 (20.86)	
18 Duncan, Callum	15	Bo Of Harrow	2:43.23	2:45.97
16.98	37.47 (20.49)	58.12 (20.65)	1:19.51 (21.39)	
1:41.08 (21.57)	2:03.01 (21.93)	2:24.47 (21.46)	2:45.97 (21.50)	
19 Haywood Crouch, Jackson	15	Bo Of Harrow	2:45.44	2:46.58
16.51	36.32 (19.81)	56.73 (20.41)	1:18.13 (21.40)	
1:39.73 (21.60)	2:02.06 (22.33)	2:24.30 (22.24)	2:46.58 (22.28)	
20 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	2:49.66	2:47.05
16.99	36.37 (19.38)	56.99 (20.62)	1:19.08 (22.09)	
1:41.18 (22.10)	2:03.56 (22.38)	2:25.61 (22.05)	2:47.05 (21.44)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 113 Men 11-15 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
21 Hayhow, Eliot	15	Borough of Waltham Forest Gato	2:50.25	2:47.31
17.98	38.67 (20.69)	1:00.01 (21.34)	1:21.82 (21.81)	
1:43.19 (21.37)	2:04.51 (21.32)	2:25.99 (21.48)	2:47.31 (21.32)	
22 Lombardo, Maxime	15	Natare West London	2:42.47	2:47.67
15.43	34.92 (19.49)	55.74 (20.82)	1:18.09 (22.35)	
1:39.39 (21.30)	2:02.78 (23.39)	2:25.00 (22.22)	2:47.67 (22.67)	
23 Biss, Brandon	14	Camden Swiss Cottage Swimming	2:47.99	2:48.27
16.80	36.42 (19.62)	57.47 (21.05)	1:19.18 (21.71)	
1:41.74 (22.56)	2:03.55 (21.81)	2:26.29 (22.74)	2:48.27 (21.98)	
24 Walker, Jacob	14	Greenwich Royals Swimming Club	2:50.03	2:48.85
17.70	38.79 (21.09)	1:00.54 (21.75)	1:22.57 (22.03)	
1:44.47 (21.90)	2:06.13 (21.66)	2:28.26 (22.13)	2:48.85 (20.59)	
25 Vickers, Joseph	14	Barnes SC	2:53.78	2:49.48
16.89	37.58 (20.69)	58.82 (21.24)	1:20.52 (21.70)	
1:42.92 (22.40)	2:04.98 (22.06)	2:27.28 (22.30)	2:49.48 (22.20)	
26 Garfield, Joe	14	Borough of Waltham Forest Gato	2:57.42	2:49.65
17.07	37.71 (20.64)	59.57 (21.86)	1:21.89 (22.32)	
1:44.57 (22.68)	2:07.44 (22.87)	2:28.70 (21.26)	2:49.65 (20.95)	
27 Gamble, Isaac	14	Wandsworth Swimming Club	2:54.66	2:50.17
16.93	37.54 (20.61)	59.11 (21.57)	1:21.19 (22.08)	
1:42.71 (21.52)	2:04.91 (22.20)	2:27.55 (22.64)	2:50.17 (22.62)	
28 Miranda, Juan	15	Chelsea and Westminster Swimmi	2:51.30	2:50.44
17.10	37.60 (20.50)	59.04 (21.44)	1:21.20 (22.16)	
1:43.58 (22.38)	2:06.04 (22.46)	2:28.86 (22.82)	2:50.44 (21.58)	
29 Hare, Jake	15	London Borough of Redbridge SC	2:54.54	2:50.51
17.13	37.76 (20.63)	59.96 (22.20)	1:22.59 (22.63)	
1:45.37 (22.78)	2:07.57 (22.20)	2:29.34 (21.77)	2:50.51 (21.17)	
30 Munden, Joe	15	Newham & Uel Swimming Club	2:55.11	2:50.62
17.43	39.31 (21.88)	1:01.51 (22.20)	1:24.22 (22.71)	
1:45.80 (21.58)	2:08.17 (22.37)	2:29.32 (21.15)	2:50.62 (21.30)	
31 Reder, Gabriel	13	London Borough of Hounslow	2:51.97	2:50.63
17.70	38.65 (20.95)	1:00.45 (21.80)	1:22.57 (22.12)	
1:44.96 (22.39)	2:06.97 (22.01)	2:29.31 (22.34)	2:50.63 (21.32)	
32 Opimo-Fisher, David	12	Hillingdon Swimming Club	2:54.10	2:51.15
17.90	39.49 (21.59)	1:01.00 (21.51)	1:24.17 (23.17)	
1:45.55 (21.38)	2:08.16 (22.61)	2:30.01 (21.85)	2:51.15 (21.14)	
33 Cinpoes, Pip	12	Kingston Royals Swimming Club	2:56.08	2:51.59
17.16	38.39 (21.23)	59.99 (21.60)	1:22.29 (22.30)	
1:44.47 (22.18)	2:07.25 (22.78)	2:29.28 (22.03)	2:51.59 (22.31)	
34 Baker, Toby	13	Ealing Swimming Club	2:59.97	2:51.61
18.22	38.67 (20.45)	1:00.57 (21.90)	1:22.65 (22.08)	
1:44.98 (22.33)	2:07.47 (22.49)	2:29.99 (22.52)	2:51.61 (21.62)	
35 Stafford-Davies, Max	11	Hounslow Jets	2:59.06	2:52.90
17.24	38.69 (21.45)	1:00.62 (21.93)	1:23.79 (23.17)	
1:46.46 (22.67)	2:09.97 (23.51)	2:31.43 (21.46)	2:52.90 (21.47)	
36 Tubbs, Bruno	14	Anaconda Swimming Club	2:58.76	2:53.66
17.58	39.15 (21.57)	1:00.96 (21.81)	1:23.89 (22.93)	
1:46.14 (22.25)	2:09.12 (22.98)	2:31.67 (22.55)	2:53.66 (21.99)	
37 Ahmet, Kaya	15	Borough of Waltham Forest Gato	2:49.55	2:54.23
17.53	38.40 (20.87)	1:00.76 (22.36)	1:23.55 (22.79)	
1:46.88 (23.33)	2:09.58 (22.70)	2:32.75 (23.17)	2:54.23 (21.48)	
38 Miceta, Damian	12	Camden Swiss Cottage Swimming	2:58.21	2:54.99
18.19	39.88 (21.69)	1:03.22 (23.34)	1:25.94 (22.72)	
1:48.95 (23.01)	2:11.30 (22.35)	2:33.51 (22.21)	2:54.99 (21.48)	
39 Espenilla, Malcolm	15	Barking and Dagenham Aquatics	2:52.47	2:55.56
17.95	39.19 (21.24)	1:01.14 (21.95)	1:23.99 (22.85)	
1:46.30 (22.31)	2:09.57 (23.27)	2:32.18 (22.61)	2:55.56 (23.38)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 113 Men 11-15 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
40 Scannell, Danny	13	Barking and Dagenham Aquatics	3:00.21	2:55.87
18.19	39.82 (21.63)	1:01.45 (21.63)	1:23.60 (22.15)	
1:46.39 (22.79)	2:09.12 (22.73)	2:32.81 (23.69)	2:55.87 (23.06)	
41 Pauling, Christian	13	Beckenham Swimming Club	2:52.94	2:56.18
17.92	39.10 (21.18)	1:01.33 (22.23)	1:24.83 (23.50)	
1:47.65 (22.82)	2:11.15 (23.50)	2:33.42 (22.27)	2:56.18 (22.76)	
42 Jemmott, Kadeen	13	Bexley Swimming Club	2:56.74	2:56.57
17.26	37.93 (20.67)	1:00.04 (22.11)	1:23.07 (23.03)	
1:46.05 (22.98)	2:09.83 (23.78)	2:33.14 (23.31)	2:56.57 (23.43)	
43 Lewis, Teddy	13	Saxon Crown (Lewisham)	2:58.64	2:57.60
18.38	42.30 (23.92)	1:03.83 (21.53)	1:27.83 (24.00)	
1:48.91 (21.08)	2:12.19 (23.28)	2:35.02 (22.83)	2:57.60 (22.58)	
44 Hawkins, Tom	12	Bexley Swimming Club	2:57.11	2:58.75
17.70	40.68 (22.98)	1:02.28 (21.60)	1:25.92 (23.64)	
1:48.58 (22.66)	2:12.72 (24.14)	2:35.35 (22.63)	2:58.75 (23.40)	
45 Mcloughlin, Conor	14	Bo Of Harrow	2:59.32	3:01.93
17.84	39.44 (21.60)	1:03.09 (23.65)	1:26.22 (23.13)	
1:51.47 (25.25)	2:14.35 (22.88)	2:38.72 (24.37)	3:01.93 (23.21)	
46 Ellingham, Luke	15	Haringey Aquatics	2:58.90	3:02.92
17.42	38.88 (21.46)	1:01.22 (22.34)	1:25.58 (24.36)	
1:49.94 (24.36)	2:14.81 (24.87)	2:39.24 (24.43)	3:02.92 (23.68)	
--- Chapman Lennon, Harvey	14	Dulwich Dolphins Swimming Club	2:40.17	DQ
7.1 After the start or after each turn single butterfly kick not performed before the 1st				
--- Andrews, Eddie	15	Kingston Royals Swimming Club	2:51.91	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no				

Event 113 Men 16 & Over 200 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Britton, John	24	Ealing Swimming Club	2:19.79	2:15.36
14.59	31.22 (16.63)	48.64 (17.42)	1:05.69 (17.05)	
1:23.35 (17.66)	1:40.66 (17.31)	1:58.37 (17.71)	2:15.36 (16.99)	
2 Gerber, Yaron	21	Ealing Swimming Club	2:19.00	2:15.62
14.35	31.04 (16.69)	48.28 (17.24)	1:05.61 (17.33)	
1:23.02 (17.41)	1:40.61 (17.59)	1:58.10 (17.49)	2:15.62 (17.52)	
3 Barnes, George	18	Brompton Swimming Club	2:25.79	2:22.94
15.02	32.42 (17.40)	50.25 (17.83)	1:08.32 (18.07)	
1:26.65 (18.33)	1:44.81 (18.16)	2:04.26 (19.45)	2:22.94 (18.68)	
4 Farthing, Richard	17	Enfield Swim Squad	2:25.18	2:24.76
15.12	33.14 (18.02)	51.97 (18.83)	1:10.66 (18.69)	
1:29.38 (18.72)	1:47.87 (18.49)	2:06.33 (18.46)	2:24.76 (18.43)	
5 Mahendrakumar, Pravin	16	Bromley Swimming Club	2:26.93	2:25.92
14.63	32.00 (17.37)	50.44 (18.44)	1:09.88 (19.44)	
1:28.94 (19.06)	1:48.43 (19.49)	2:07.27 (18.84)	2:25.92 (18.65)	
6 Castronovo, Amir	16	Camden Swiss Cottage Swimming	2:32.18	2:30.30
15.35	33.71 (18.36)	52.62 (18.91)	1:11.48 (18.86)	
1:31.02 (19.54)	1:50.77 (19.75)	2:10.54 (19.77)	2:30.30 (19.76)	
7 Roman, Vlad	16	Dulwich Dolphins Swimming Club	2:35.50	2:33.75
15.64	34.32 (18.68)	53.32 (19.00)	1:13.03 (19.71)	
1:32.83 (19.80)	1:53.11 (20.28)	2:13.18 (20.07)	2:33.75 (20.57)	
8 Hanson, Max	16	Haringey Aquatics	2:30.91	2:35.05
14.75	33.18 (18.43)	52.03 (18.85)	1:11.78 (19.75)	
1:31.93 (20.15)	1:52.90 (20.97)	2:13.82 (20.92)	2:35.05 (21.23)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Event 113 Men 16 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Gerber, Yaron	21	Ealing Swimming Club	2:14.90	2:19.00
14.36	31.56 (17.20)	49.06 (17.50)	1:06.51 (17.45)	
1:24.23 (17.72)	1:42.21 (17.98)	2:00.79 (18.58)	2:19.00 (18.21)	
2 Britton, John	24	Ealing Swimming Club	2:13.25	2:19.79
14.21	31.11 (16.90)	48.98 (17.87)	1:06.90 (17.92)	
1:25.33 (18.43)	1:43.29 (17.96)	2:01.79 (18.50)	2:19.79 (18.00)	
3 Farthing, Richard	17	Enfield Swim Squad	2:30.86	2:25.18
15.35	33.30 (17.95)	52.30 (19.00)	1:11.07 (18.77)	
1:30.00 (18.93)	1:48.74 (18.74)	2:07.46 (18.72)	2:25.18 (17.72)	
4 Barnes, George	18	Brompton Swimming Club	2:21.06	2:25.79
15.16	34.04 (18.88)	53.07 (19.03)	1:12.05 (18.98)	
1:31.04 (18.99)	1:48.36 (17.32)	2:07.93 (19.57)	2:25.79 (17.86)	
5 Mahendrakumar, Pravin	16	Bromley Swimming Club	2:24.62	2:26.93
14.90	32.44 (17.54)	50.98 (18.54)	1:09.82 (18.84)	
1:28.86 (19.04)	1:48.29 (19.43)	2:08.05 (19.76)	2:26.93 (18.88)	
6 Hanson, Max	16	Haringey Aquatics	2:33.01	2:30.91
14.43	32.46 (18.03)	51.41 (18.95)	1:11.47 (20.06)	
1:31.20 (19.73)	1:51.86 (20.66)	2:11.59 (19.73)	2:30.91 (19.32)	
7 Castronovo, Amir	16	Camden Swiss Cottage Swimming	2:26.75	2:32.18
15.53	33.76 (18.23)	52.91 (19.15)	1:12.16 (19.25)	
1:31.90 (19.74)	1:51.86 (19.96)	2:12.62 (20.76)	2:32.18 (19.56)	
8 Roman, Vlad	16	Dulwich Dolphins Swimming Club	2:40.12	2:35.50
15.62	34.51 (18.89)	53.86 (19.35)	1:13.68 (19.82)	
1:33.77 (20.09)	1:54.22 (20.45)	2:14.71 (20.49)	2:35.50 (20.79)	
9 Baritsch, Antony	16	Wandsworth Swimming Club	2:42.02	2:37.66
16.17	35.19 (19.02)	54.85 (19.66)	1:15.45 (20.60)	
1:35.57 (20.12)	1:56.28 (20.71)	2:17.08 (20.80)	2:37.66 (20.58)	
10 Mcspadden, Marcus	16	Beckenham Swimming Club	2:45.01	2:39.30
15.39	34.40 (19.01)	54.51 (20.11)	1:14.78 (20.27)	
1:35.50 (20.72)	1:56.77 (21.27)	2:18.13 (21.36)	2:39.30 (21.17)	
--- Drzaic, Andrej	17	Sutton & Cheam	2:21.87	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no				

Event 114 Women 11-15 800 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Arundale, Jessica	14	Barnet Cophall Swimming Club	9:03.63	9:03.53
15.30	31.47 (16.17)	48.06 (16.59)	1:04.81 (16.75)	
1:21.60 (16.79)	1:38.47 (16.87)	1:55.40 (16.93)	2:12.31 (16.91)	
2:29.50 (17.19)	2:46.56 (17.06)	3:03.60 (17.04)	3:20.64 (17.04)	
3:37.81 (17.17)	3:54.76 (16.95)	4:11.76 (17.00)	4:28.67 (16.91)	
4:45.74 (17.07)	5:02.76 (17.02)	5:19.81 (17.05)	5:36.89 (17.08)	
5:54.09 (17.20)	6:11.25 (17.16)	6:28.49 (17.24)	6:45.79 (17.30)	
7:03.14 (17.35)	7:20.55 (17.41)	7:37.77 (17.22)	7:55.16 (17.39)	
8:12.30 (17.14)	8:29.81 (17.51)	8:47.00 (17.19)	9:03.53 (16.53)	
2 Mew, Lauren	13	Barnet Cophall Swimming Club	9:15.22	9:20.85
15.46	32.25 (16.79)	49.26 (17.01)	1:06.52 (17.26)	
1:23.70 (17.18)	1:41.11 (17.41)	1:58.50 (17.39)	2:15.93 (17.43)	
2:33.08 (17.15)	2:50.51 (17.43)	3:07.91 (17.40)	3:25.28 (17.37)	
3:42.75 (17.47)	4:00.45 (17.70)	4:18.05 (17.60)	4:35.81 (17.76)	
4:53.57 (17.76)	5:11.34 (17.77)	5:29.02 (17.68)	5:46.97 (17.95)	
6:04.75 (17.78)	6:22.68 (17.93)	6:40.71 (18.03)	6:58.66 (17.95)	
7:16.78 (18.12)	7:34.92 (18.14)	7:52.63 (17.71)	8:10.64 (18.01)	
8:28.21 (17.57)	8:46.14 (17.93)	9:03.91 (17.77)	9:20.85 (16.94)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 114 Women 11-15 800 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
3 Bernholt, Tsala	13	Barnet Cophthall Swimming Club	9:40.92	9:21.24
15.38	32.52 (17.14)	49.90 (17.38)	1:07.38 (17.48)	
1:24.67 (17.29)	1:42.50 (17.83)	1:59.96 (17.46)	2:17.88 (17.92)	
2:35.38 (17.50)	2:53.02 (17.64)	3:10.54 (17.52)	3:28.28 (17.74)	
3:46.09 (17.81)	4:04.00 (17.91)	4:21.55 (17.55)	4:39.05 (17.50)	
4:56.55 (17.50)	5:14.44 (17.89)	5:32.04 (17.60)	5:49.86 (17.82)	
6:07.44 (17.58)	6:25.18 (17.74)	6:42.81 (17.63)	7:00.47 (17.66)	
7:18.02 (17.55)	7:35.98 (17.96)	7:53.61 (17.63)	8:11.13 (17.52)	
8:29.21 (18.08)	8:47.02 (17.81)	9:04.48 (17.46)	9:21.24 (16.76)	
4 Walton, Ella-Rose	15	Teddington Swimming Club	9:25.88	9:39.86
15.86	33.01 (17.15)	50.69 (17.68)	1:08.52 (17.83)	
1:26.50 (17.98)	1:44.61 (18.11)	2:02.73 (18.12)	2:20.81 (18.08)	
2:39.04 (18.23)	2:57.25 (18.21)	3:15.71 (18.46)	3:34.32 (18.61)	
3:52.78 (18.46)	4:11.41 (18.63)	4:29.99 (18.58)	4:48.27 (18.28)	
5:06.66 (18.39)	5:24.83 (18.17)	5:43.31 (18.48)	6:01.88 (18.57)	
6:19.95 (18.07)	6:38.15 (18.20)	6:56.71 (18.56)	7:15.04 (18.33)	
7:33.58 (18.54)	7:51.43 (17.85)	8:09.55 (18.12)	8:28.04 (18.49)	
8:46.36 (18.32)	9:04.45 (18.09)	9:39.86 (35.41)		
5 Pagan, Stephanie	14	Borough of Waltham Forest Gato	9:44.31	9:43.16
15.45	31.85 (16.40)	49.18 (17.33)	1:06.71 (17.53)	
1:24.75 (18.04)	1:42.91 (18.16)	2:01.00 (18.09)	2:19.08 (18.08)	
2:37.36 (18.28)	2:55.58 (18.22)	3:13.97 (18.39)	3:32.31 (18.34)	
3:50.66 (18.35)	4:09.47 (18.81)	4:27.90 (18.43)	4:46.36 (18.46)	
5:04.81 (18.45)	5:23.55 (18.74)	5:42.15 (18.60)	6:00.69 (18.54)	
6:19.06 (18.37)	6:37.86 (18.80)	6:56.44 (18.58)	7:15.05 (18.61)	
7:33.42 (18.37)	7:52.22 (18.80)	8:10.78 (18.56)	8:29.53 (18.75)	
8:48.30 (18.77)	9:06.89 (18.59)	9:25.19 (18.30)	9:43.16 (17.97)	
6 McGrath, Edie	14	Camden Swiss Cottage Swimming	10:00.58	9:47.74
15.07	32.05 (16.98)	50.28 (18.23)	1:08.48 (18.20)	
1:27.08 (18.60)	1:45.84 (18.76)	2:04.43 (18.59)	2:23.12 (18.69)	
2:41.87 (18.75)	3:00.71 (18.84)	3:19.61 (18.90)	3:38.70 (19.09)	
3:57.56 (18.86)	4:16.69 (19.13)	4:35.43 (18.74)	4:54.23 (18.80)	
5:12.99 (18.76)	5:31.94 (18.95)	5:50.77 (18.83)	6:09.91 (19.14)	
6:28.81 (18.90)	6:47.34 (18.53)	7:06.24 (18.90)	7:24.89 (18.65)	
7:43.68 (18.79)	8:02.24 (18.56)	8:20.84 (18.60)	8:38.98 (18.14)	
8:56.95 (17.97)	9:14.57 (17.62)	9:31.69 (17.12)	9:47.74 (16.05)	
7 Rayner, Hannah	14	Greenwich Royals Swimming Club	9:53.60	9:48.20
16.05	33.53 (17.48)	51.45 (17.92)	1:10.12 (18.67)	
1:28.64 (18.52)	1:47.24 (18.60)	2:06.00 (18.76)	2:24.63 (18.63)	
2:43.24 (18.61)	3:01.87 (18.63)	3:20.51 (18.64)	3:39.17 (18.66)	
3:57.79 (18.62)	4:16.40 (18.61)	4:34.87 (18.47)	4:53.49 (18.62)	
5:12.12 (18.63)	5:30.80 (18.68)	5:49.69 (18.89)	6:08.14 (18.45)	
6:26.82 (18.68)	6:45.31 (18.49)	7:03.55 (18.24)	7:22.01 (18.46)	
7:40.90 (18.89)	7:59.29 (18.39)	8:17.91 (18.62)	8:36.60 (18.69)	
8:55.22 (18.62)	9:13.82 (18.60)	9:31.58 (17.76)	9:48.20 (16.62)	
8 Allison, Amy	14	Borough of Waltham Forest Gato	9:55.33	9:50.87
15.33	32.56 (17.23)	50.63 (18.07)	1:09.18 (18.55)	
1:28.30 (19.12)	1:47.04 (18.74)	2:05.72 (18.68)	2:24.60 (18.88)	
2:43.30 (18.70)	3:02.27 (18.97)	3:21.02 (18.75)	3:39.89 (18.87)	
3:58.82 (18.93)	4:17.71 (18.89)	4:36.46 (18.75)	4:55.33 (18.87)	
5:13.67 (18.34)	5:32.15 (18.48)	5:50.70 (18.55)	6:09.72 (19.02)	
6:28.02 (18.30)	6:46.61 (18.59)	7:04.97 (18.36)	7:23.32 (18.35)	
7:42.21 (18.89)	8:00.90 (18.69)	8:19.60 (18.70)	8:38.48 (18.88)	
8:56.89 (18.41)	9:15.75 (18.86)	9:33.92 (18.17)	9:50.87 (16.95)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 114 Women 11-15 800 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
9 Ortiz, Emma	14	Hillingdon Swimming Club	9:44.35	9:53.13
15.71	33.61 (17.90)	51.34 (17.73)	1:09.62 (18.28)	
1:27.70 (18.08)	1:45.96 (18.26)	2:04.10 (18.14)	2:22.63 (18.53)	
2:40.96 (18.33)	2:59.67 (18.71)	3:18.08 (18.41)	3:36.91 (18.83)	
3:55.69 (18.78)	4:14.61 (18.92)	4:33.42 (18.81)	4:52.33 (18.91)	
5:11.06 (18.73)	5:29.83 (18.77)	5:48.51 (18.68)	6:07.68 (19.17)	
6:26.61 (18.93)	6:45.57 (18.96)	7:04.57 (19.00)	7:23.75 (19.18)	
7:42.47 (18.72)	8:01.24 (18.77)	8:20.09 (18.85)	8:39.19 (19.10)	
8:57.96 (18.77)	9:16.74 (18.78)	9:34.96 (18.22)	9:53.13 (18.17)	
10 Chadwick, Isobel	15	Barnet Cophthall Swimming Club	9:31.16	9:53.38
15.27	31.75 (16.48)	49.01 (17.26)	1:06.83 (17.82)	
1:24.76 (17.93)	1:42.98 (18.22)	2:01.33 (18.35)	2:19.94 (18.61)	
2:38.54 (18.60)	2:57.33 (18.79)	3:16.17 (18.84)	3:35.13 (18.96)	
3:53.89 (18.76)	4:12.81 (18.92)	4:31.41 (18.60)	4:50.54 (19.13)	
5:09.70 (19.16)	5:28.94 (19.24)	5:48.16 (19.22)	6:07.67 (19.51)	
6:26.75 (19.08)	6:45.97 (19.22)	7:04.87 (18.90)	7:23.78 (18.91)	
7:42.48 (18.70)	8:01.42 (18.94)	8:19.99 (18.57)	8:39.19 (19.20)	
8:57.96 (18.77)	9:16.57 (18.61)	9:35.27 (18.70)	9:53.38 (18.11)	
11 Owens, Anna	15	Barnes SC	9:49.90	9:54.21
15.19	32.31 (17.12)	49.83 (17.52)	1:08.03 (18.20)	
1:25.93 (17.90)	1:44.42 (18.49)	2:02.73 (18.31)	2:21.59 (18.86)	
2:39.98 (18.39)	2:58.92 (18.94)	3:17.40 (18.48)	3:36.60 (19.20)	
3:55.58 (18.98)	4:14.60 (19.02)	4:33.53 (18.93)	4:52.60 (19.07)	
5:11.47 (18.87)	5:30.56 (19.09)	5:49.26 (18.70)	6:08.56 (19.30)	
6:27.36 (18.80)	6:46.47 (19.11)	7:05.34 (18.87)	7:24.52 (19.18)	
7:43.27 (18.75)	8:02.56 (19.29)	8:21.74 (19.18)	8:41.11 (19.37)	
9:00.11 (19.00)	9:18.92 (18.81)	9:36.90 (17.98)	9:54.21 (17.31)	
12 Carter, Lenka	14	Bromley Swimming Club	9:32.65	10:05.60
15.04	31.84 (16.80)	49.49 (17.65)	1:07.46 (17.97)	
1:25.85 (18.39)	1:44.67 (18.82)	2:03.39 (18.72)	2:21.96 (18.57)	
2:40.85 (18.89)	2:59.73 (18.88)	3:18.83 (19.10)	3:37.76 (18.93)	
3:56.71 (18.95)	4:15.93 (19.22)	4:35.29 (19.36)	4:54.86 (19.57)	
5:13.97 (19.11)	5:33.23 (19.26)	5:53.04 (19.81)	6:12.48 (19.44)	
6:32.02 (19.54)	6:51.49 (19.47)	7:11.40 (19.91)	7:31.40 (20.00)	
7:50.87 (19.47)	8:10.08 (19.21)	8:29.44 (19.36)	8:49.49 (20.05)	
9:09.00 (19.51)	9:27.88 (18.88)	9:47.18 (19.30)	10:05.60 (18.42)	
13 Magnus, Mia	13	London Borough of Redbridge SC	9:54.74	10:05.80
15.53	32.63 (17.10)	50.77 (18.14)	1:09.09 (18.32)	
1:28.32 (19.23)	1:46.99 (18.67)	2:05.71 (18.72)	2:24.49 (18.78)	
2:43.39 (18.90)	3:02.05 (18.66)	3:20.91 (18.86)	3:39.74 (18.83)	
3:58.69 (18.95)	4:17.84 (19.15)	4:37.10 (19.26)	4:56.04 (18.94)	
5:15.11 (19.07)	5:34.56 (19.45)	5:53.80 (19.24)	6:12.85 (19.05)	
6:32.26 (19.41)	6:51.58 (19.32)	7:10.87 (19.29)	7:30.54 (19.67)	
7:50.09 (19.55)	8:09.83 (19.74)	8:29.39 (19.56)	8:48.95 (19.56)	
9:08.30 (19.35)	9:27.79 (19.49)	9:47.18 (19.39)	10:05.80 (18.62)	
14 Kreuzer, Poppy	14	Teddington Swimming Club	9:51.66	10:15.78
15.67	32.97 (17.30)	51.39 (18.42)	1:10.16 (18.77)	
1:29.46 (19.30)	1:48.33 (18.87)	2:07.24 (18.91)	2:26.54 (19.30)	
2:45.94 (19.40)	3:05.50 (19.56)	3:24.69 (19.19)	3:44.42 (19.73)	
4:04.04 (19.62)	4:23.77 (19.73)	4:43.53 (19.76)	5:03.28 (19.75)	
5:23.13 (19.85)	5:42.92 (19.79)	6:02.52 (19.60)	6:22.37 (19.85)	
6:41.96 (19.59)	7:01.56 (19.60)	7:21.29 (19.73)	7:41.10 (19.81)	
8:00.41 (19.31)	8:20.17 (19.76)	8:39.93 (19.76)	8:59.53 (19.60)	
9:19.08 (19.55)	9:38.53 (19.45)	9:57.67 (19.14)	10:15.78 (18.11)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Event 114 Women 16 & Over 800 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Britton, Phyllida	22	Ealing Swimming Club	8:44.77	8:46.68
14.54	30.32 (15.78)	46.45 (16.13)	1:02.82 (16.37)	
1:19.08 (16.26)	1:35.25 (16.17)	1:51.68 (16.43)	2:08.04 (16.36)	
2:24.52 (16.48)	2:40.94 (16.42)	2:57.53 (16.59)	3:14.10 (16.57)	
3:30.89 (16.79)	3:47.56 (16.67)	4:04.23 (16.67)	4:20.92 (16.69)	
4:37.58 (16.66)	4:54.17 (16.59)	5:10.81 (16.64)	5:27.43 (16.62)	
5:44.24 (16.81)	6:00.86 (16.62)	6:17.58 (16.72)	6:34.24 (16.66)	
6:51.04 (16.80)	7:07.58 (16.54)	7:24.05 (16.47)	7:40.64 (16.59)	
7:57.33 (16.69)	8:14.12 (16.79)	8:30.78 (16.66)	8:46.68 (15.90)	
2 O'Toole, Cara	16	Hillingdon Swimming Club	9:09.71	8:53.34
14.55	31.15 (16.60)	47.90 (16.75)	1:04.79 (16.89)	
1:21.64 (16.85)	1:38.41 (16.77)	1:55.15 (16.74)	2:12.03 (16.88)	
2:28.45 (16.42)	2:44.83 (16.38)	3:01.44 (16.61)	3:18.00 (16.56)	
3:34.52 (16.52)	3:51.08 (16.56)	4:07.76 (16.68)	4:24.44 (16.68)	
4:41.09 (16.65)	4:57.77 (16.68)	5:14.49 (16.72)	5:31.34 (16.85)	
5:48.27 (16.93)	6:05.28 (17.01)	6:22.35 (17.07)	6:39.61 (17.26)	
6:56.31 (16.70)	7:13.44 (17.13)	7:30.30 (16.86)	7:47.44 (17.14)	
8:04.04 (16.60)	8:20.93 (16.89)	8:37.70 (16.77)	8:53.34 (15.64)	
3 Flynn, Sadie	17	Brompton Swimming Club	9:11.31	8:54.50
14.38	30.62 (16.24)	46.95 (16.33)	1:03.86 (16.91)	
1:20.66 (16.80)	1:37.66 (17.00)	1:54.42 (16.76)	2:11.19 (16.77)	
2:27.77 (16.58)	2:44.98 (17.21)	3:01.88 (16.90)		
3:35.34 ()	3:52.29 (16.95)	4:09.20 (16.91)	4:26.13 (16.93)	
4:43.10 (16.97)	5:00.42 (17.32)	5:17.04 (16.62)	5:33.73 (16.69)	
5:50.33 (16.60)	6:07.38 (17.05)	6:24.24 (16.86)	6:41.07 (16.83)	
6:57.91 (16.84)	7:14.84 (16.93)	7:31.61 (16.77)	7:48.62 (17.01)	
8:05.19 (16.57)	8:22.21 (17.02)	8:38.41 (16.20)	8:54.50 (16.09)	
4 Moule, Amelia	16	Romford Town Swimming Club	9:06.87	8:56.38
14.11	30.42 (16.31)	47.09 (16.67)	1:04.09 (17.00)	
1:20.63 (16.54)	1:37.43 (16.80)	1:54.08 (16.65)	2:10.74 (16.66)	
2:27.67 (16.93)	2:44.62 (16.95)	3:01.34 (16.72)	3:18.16 (16.82)	
3:35.07 (16.91)	3:52.13 (17.06)	4:08.96 (16.83)	4:26.14 (17.18)	
4:42.96 (16.82)	5:00.44 (17.48)	5:17.37 (16.93)	5:34.30 (16.93)	
5:50.80 (16.50)	6:07.76 (16.96)	6:24.79 (17.03)	6:41.96 (17.17)	
6:58.84 (16.88)	7:15.64 (16.80)	7:32.34 (16.70)	7:49.69 (17.35)	
8:06.31 (16.62)	8:23.09 (16.78)	8:39.84 (16.75)	8:56.38 (16.54)	
5 Nicot, Alice	18	Sutton & Cheam	9:03.75	9:05.77
14.05	30.06 (16.01)	46.61 (16.55)	1:03.59 (16.98)	
1:20.55 (16.96)	1:37.70 (17.15)	1:54.62 (16.92)	2:11.63 (17.01)	
2:28.37 (16.74)	2:45.41 (17.04)	3:02.36 (16.95)	3:19.46 (17.10)	
3:36.69 (17.23)	3:53.68 (16.99)	4:10.68 (17.00)	4:27.70 (17.02)	
4:44.78 (17.08)	5:01.86 (17.08)	5:19.16 (17.30)	5:36.41 (17.25)	
5:53.64 (17.23)	6:10.89 (17.25)	6:28.40 (17.51)	6:45.87 (17.47)	
7:03.49 (17.62)	7:21.16 (17.67)	7:38.73 (17.57)	7:56.43 (17.70)	
8:13.90 (17.47)	8:31.45 (17.55)	8:48.95 (17.50)	9:05.77 (16.82)	
6 Crameri, Nastassja	21	Chelsea and Westminster Swimmi	9:04.62	9:10.00
14.83	31.17 (16.34)	47.77 (16.60)	1:04.73 (16.96)	
1:21.25 (16.52)	1:38.04 (16.79)	1:54.56 (16.52)	2:11.58 (17.02)	
2:28.30 (16.72)	2:45.29 (16.99)	3:02.20 (16.91)	3:19.52 (17.32)	
3:36.35 (16.83)	3:53.58 (17.23)	4:10.79 (17.21)	4:28.22 (17.43)	
4:45.41 (17.19)	5:02.81 (17.40)	5:20.33 (17.52)	5:38.12 (17.79)	
5:55.63 (17.51)	6:13.21 (17.58)	6:30.87 (17.66)	6:48.62 (17.75)	
7:06.12 (17.50)	7:24.07 (17.95)	7:41.78 (17.71)	7:59.75 (17.97)	
8:17.39 (17.64)	8:35.37 (17.98)	8:52.87 (17.50)	9:10.00 (17.13)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

(Event 114 Women 16 & Over 800 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
7 Child, Tiegan	17	Beckenham Swimming Club	8:56.84	9:14.58
14.35	30.40 (16.05)	46.94 (16.54)	1:03.40 (16.46)	
1:19.70 (16.30)	1:36.14 (16.44)	1:52.55 (16.41)	2:09.38 (16.83)	
2:26.20 (16.82)	2:43.58 (17.38)	3:01.21 (17.63)	3:18.39 (17.18)	
3:35.96 (17.57)	3:53.66 (17.70)	4:11.47 (17.81)	4:29.13 (17.66)	
4:47.13 (18.00)	5:04.87 (17.74)	5:22.83 (17.96)	5:40.49 (17.66)	
5:58.25 (17.76)	6:16.01 (17.76)	6:33.85 (17.84)	6:51.44 (17.59)	
7:09.30 (17.86)	7:27.15 (17.85)	7:45.27 (18.12)	8:03.36 (18.09)	
8:21.52 (18.16)	8:39.30 (17.78)	8:57.36 (18.06)	9:14.58 (17.22)	
8 Jopson, Isabelle	16	Romford Town Swimming Club	9:20.08	9:19.44
14.75	31.23 (16.48)	48.19 (16.96)	1:05.34 (17.15)	
1:22.23 (16.89)	1:39.38 (17.15)	1:56.52 (17.14)	2:13.96 (17.44)	
2:31.20 (17.24)	2:48.69 (17.49)	3:05.97 (17.28)		
3:41.01 ()	3:58.71 (17.70)	4:16.22 (17.51)	4:34.02 (17.80)	
4:51.67 (17.65)	5:09.47 (17.80)	5:26.90 (17.43)	5:44.86 (17.96)	
6:02.69 (17.83)	6:20.65 (17.96)	6:38.39 (17.74)	6:56.30 (17.91)	
7:14.02 (17.72)	7:32.10 (18.08)	7:50.04 (17.94)	8:08.26 (18.22)	
8:26.10 (17.84)	8:44.25 (18.15)	9:02.15 (17.90)	9:19.44 (17.29)	
9 Carlos, Caitlin	16	Barnet Cophthall Swimming Club	9:38.48	9:46.40
16.01	32.95 (16.94)	50.42 (17.47)	1:08.12 (17.70)	
1:25.92 (17.80)	1:43.76 (17.84)	2:01.76 (18.00)	2:19.58 (17.82)	
2:37.63 (18.05)	2:55.67 (18.04)	3:13.74 (18.07)	3:32.04 (18.30)	
3:50.35 (18.31)	4:08.95 (18.60)	4:27.53 (18.58)	4:46.14 (18.61)	
5:04.80 (18.66)	5:23.43 (18.63)	5:42.14 (18.71)	6:01.00 (18.86)	
6:19.90 (18.90)	6:38.73 (18.83)	6:57.52 (18.79)	7:16.42 (18.90)	
7:35.56 (19.14)	7:54.48 (18.92)	8:13.38 (18.90)	8:32.30 (18.92)	
8:51.10 (18.80)	9:09.80 (18.70)	9:28.27 (18.47)	9:46.40 (18.13)	
10 Ahmed, Junayna	16	Romford Town Swimming Club	9:39.88	9:48.18
15.60	33.02 (17.42)	51.07 (18.05)	1:09.01 (17.94)	
1:27.55 (18.54)	1:46.03 (18.48)	2:04.72 (18.69)	2:23.06 (18.34)	
2:41.68 (18.62)	3:00.13 (18.45)	3:18.73 (18.60)	3:36.93 (18.20)	
3:55.32 (18.39)	4:13.59 (18.27)	4:32.26 (18.67)	4:50.98 (18.72)	
5:09.61 (18.63)	5:28.03 (18.42)	5:46.62 (18.59)	6:05.27 (18.65)	
6:23.70 (18.43)	6:42.46 (18.76)	7:00.82 (18.36)	7:19.71 (18.89)	
7:38.50 (18.79)	7:57.48 (18.98)	8:15.95 (18.47)	8:34.67 (18.72)	
8:53.30 (18.63)	9:12.00 (18.70)	9:30.39 (18.39)	9:48.18 (17.79)	
11 Roberts, Olivia	16	Borough of Waltham Forest Gato	9:51.89	9:49.04
15.11	31.90 (16.79)	49.80 (17.90)	1:07.51 (17.71)	
1:26.11 (18.60)	1:44.37 (18.26)	2:03.17 (18.80)	2:21.91 (18.74)	
2:40.64 (18.73)	2:59.09 (18.45)	3:17.99 (18.90)	3:36.32 (18.33)	
3:55.14 (18.82)	4:13.43 (18.29)	4:32.46 (19.03)	4:51.23 (18.77)	
5:10.28 (19.05)	5:28.84 (18.56)	5:48.01 (19.17)	6:06.92 (18.91)	
6:25.95 (19.03)	6:44.96 (19.01)	7:03.89 (18.93)	7:23.01 (19.12)	
7:41.85 (18.84)	8:00.42 (18.57)	8:19.33 (18.91)	8:38.19 (18.86)	
8:57.01 (18.82)	9:15.45 (18.44)	9:32.79 (17.34)	9:49.04 (16.25)	
12 Pereira, Sarah	16	Teddington Swimming Club	9:48.64	9:52.82
16.19	33.12 (16.93)	50.50 (17.38)	1:08.29 (17.79)	
1:26.71 (18.42)	1:44.97 (18.26)	2:03.73 (18.76)	2:22.35 (18.62)	
2:41.18 (18.83)	2:59.67 (18.49)	3:18.36 (18.69)	3:37.23 (18.87)	
3:56.26 (19.03)	4:14.93 (18.67)	4:33.53 (18.60)	4:52.29 (18.76)	
5:11.07 (18.78)	5:30.09 (19.02)	5:48.92 (18.83)	6:07.98 (19.06)	
6:26.55 (18.57)	6:45.38 (18.83)	7:03.92 (18.54)	7:22.81 (18.89)	
7:41.94 (19.13)	8:00.87 (18.93)	8:19.69 (18.82)	8:38.72 (19.03)	
8:57.89 (19.17)	9:16.73 (18.84)	9:35.24 (18.51)	9:52.82 (17.58)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****(Event 114 Women 16 & Over 800 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
13 Pepperday, Rose	18	Haringey Aquatics	10:00.94	10:04.65
15.25	32.37 (17.12)	49.78 (17.41)	1:07.78 (18.00)	
1:25.66 (17.88)	1:44.12 (18.46)	2:02.61 (18.49)	2:21.30 (18.69)	
2:39.84 (18.54)	2:58.86 (19.02)	3:17.68 (18.82)	3:36.95 (19.27)	
3:55.80 (18.85)	4:14.97 (19.17)	4:34.41 (19.44)	4:54.26 (19.85)	
5:13.42 (19.16)	5:33.25 (19.83)	5:52.61 (19.36)	6:12.68 (20.07)	
6:31.71 (19.03)	6:51.65 (19.94)	7:11.24 (19.59)	7:31.60 (20.36)	
7:50.66 (19.06)	8:10.19 (19.53)	8:29.73 (19.54)	8:49.41 (19.68)	
9:08.47 (19.06)	9:28.14 (19.67)	9:46.42 (18.28)	10:04.65 (18.23)	

Event 115 Men 11-15 100 SC Meter IM

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Whittles, Edward	13	Chelsea and Westminster Swimmi	1:03.64	1:02.61
13.24	29.60 (16.36)	48.03 (18.43)	1:02.61 (14.58)	
2 Hoole, Hayden	15	Haringey Aquatics	1:04.43	1:04.19
12.80	29.46 (16.66)	49.03 (19.57)	1:04.19 (15.16)	
3 Din, Kamran	15	Chelsea and Westminster Swimmi	1:04.02	1:04.47
13.57	30.07 (16.50)	48.92 (18.85)	1:04.47 (15.55)	

Event 115 Men 11-15 100 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Whittles, Edward	13	Chelsea and Westminster Swimmi	1:03.68	1:03.64
13.29	30.12 (16.83)	48.32 (18.20)	1:03.64 (15.32)	
2 Din, Kamran	15	Chelsea and Westminster Swimmi	1:06.29	1:04.02
13.08	29.74 (16.66)	48.41 (18.67)	1:04.02 (15.61)	
3 Hoole, Hayden	15	Haringey Aquatics	1:07.08	1:04.43
13.04	30.05 (17.01)	49.31 (19.26)	1:04.43 (15.12)	
4 Chou, Nevan	14	Bromley Swimming Club	1:05.75	1:05.82
13.20	29.30 (16.10)	49.68 (20.38)	1:05.82 (16.14)	
5 Green, Max	15	Haringey Aquatics	1:03.73	1:07.62
13.71	32.18 (18.47)	51.55 (19.37)	1:07.62 (16.07)	

Event 115 Men 16 & Over 100 SC Meter IM

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Vazirani, Rohan	18	Ealing Swimming Club	1:00.18	1:00.00
12.34	27.14 (14.80)	45.28 (18.14)	1:00.00 (14.72)	
2 Rowson, Alex	17	Brompton Swimming Club	1:01.15	1:00.11
12.82	28.72 (15.90)	46.12 (17.40)	1:00.11 (13.99)	
3 Conway, Dylan	19	Kingston Royals Swimming Club	1:01.00	1:00.17
12.84	27.91 (15.07)	45.69 (17.78)	1:00.17 (14.48)	
4 Morgan, Aaron	22	Bo Of Harrow	1:01.08	1:01.23
12.74	28.17 (15.43)	45.93 (17.76)	1:01.23 (15.30)	
5 Din, Aryaan	16	Chelsea and Westminster Swimmi	1:01.48	1:01.64
12.40	29.02 (16.62)	47.11 (18.09)	1:01.64 (14.53)	
6 Nguyen, Louis	16	Hackney Aquatics	1:02.56	1:02.43
12.98	30.41 (17.43)	47.27 (16.86)	1:02.43 (15.16)	
7 Ogden, Kai	16	Hackney Aquatics	1:02.20	1:02.48
12.91	29.06 (16.15)	47.20 (18.14)	1:02.48 (15.28)	
8 Hanson, Max	16	Haringey Aquatics	1:05.30	1:06.50
13.13	31.59 (18.46)	49.91 (18.32)	1:06.50 (16.59)	

Event 115 Men 16 & Over 100 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Giordani, Shakil	17	Haringey Aquatics	1:01.52	59.81
11.61	25.75 (14.14)	45.03 (19.28)	59.81 (14.78)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 115 Men 16 & Over 100 SC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
2 Vazirani, Rohan	18	Ealing Swimming Club	1:00.99	1:00.18
12.84	28.82 (15.98)	45.67 (16.85)	1:00.18 (14.51)	
3 Conway, Dylan	19	Kingston Royals Swimming Club	1:00.44	1:01.00
12.67	27.68 (15.01)	46.02 (18.34)	1:01.00 (14.98)	
4 Morgan, Aaron	22	Bo Of Harrow	1:00.64	1:01.08
12.69	28.11 (15.42)	45.86 (17.75)	1:01.08 (15.22)	
5 Rowson, Alex	17	Brompton Swimming Club	1:02.10	1:01.15
12.95	29.24 (16.29)	46.97 (17.73)	1:01.15 (14.18)	
6 Din, Aryaan	16	Chelsea and Westminster Swimmi	1:03.40	1:01.48
12.29	28.24 (15.95)	46.92 (18.68)	1:01.48 (14.56)	
7 Shaw, Luke	17	Sutton & Cheam	1:03.84	1:01.83
11.68	27.25 (15.57)	46.98 (19.73)	1:01.83 (14.85)	
8 Lombardo, Pietro	16	Chelsea and Westminster Swimmi	1:01.35	1:02.15
12.96	28.59 (15.63)	46.58 (17.99)	1:02.15 (15.57)	
9 Ogden, Kai	16	Hackney Aquatics	1:01.55	1:02.20
12.98	28.92 (15.94)	47.31 (18.39)	1:02.20 (14.89)	
10 Nguyen, Louis	16	Hackney Aquatics	1:01.46	1:02.56
12.76	29.16 (16.40)	47.10 (17.94)	1:02.56 (15.46)	
11 Wileman, Jon	23	Sutton & Cheam	1:00.84	1:03.04
12.89	28.60 (15.71)	47.25 (18.65)	1:03.04 (15.79)	
12 Hanson, Max	16	Haringey Aquatics	1:03.26	1:05.30
13.37	31.34 (17.97)	49.46 (18.12)	1:05.30 (15.84)	

Event 116 Women 11-15 200 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Ogden, Mika	13	Hackney Aquatics	2:21.11	2:21.42
15.96	32.79 (16.83)	50.41 (17.62)	1:08.12 (17.71)	
1:26.49 (18.37)	1:44.67 (18.18)	2:03.32 (18.65)	2:21.42 (18.10)	
2 McCall, Mikayla	15	Kingston Royals Swimming Club	2:23.72	2:22.09
15.87	33.42 (17.55)	51.26 (17.84)	1:09.38 (18.12)	
1:27.75 (18.37)	1:46.40 (18.65)	2:04.66 (18.26)	2:22.09 (17.43)	
3 McEver, Ella	14	Camden Swiss Cottage Swimming	2:22.76	2:23.06
16.93	34.61 (17.68)	52.54 (17.93)	1:10.79 (18.25)	
1:29.06 (18.27)	1:47.38 (18.32)	2:05.67 (18.29)	2:23.06 (17.39)	
4 Shires, Francesca	15	Hillingdon Swimming Club	2:29.63	2:28.60
16.54	34.96 (18.42)	53.84 (18.88)	1:13.09 (19.25)	
1:32.37 (19.28)	1:51.71 (19.34)	2:10.44 (18.73)	2:28.60 (18.16)	
5 Sweeney, Rebecca	15	Barnes SC	2:29.78	2:29.00
17.03	35.35 (18.32)	54.12 (18.77)	1:13.37 (19.25)	
1:32.30 (18.93)	1:51.59 (19.29)	2:10.52 (18.93)	2:29.00 (18.48)	
6 Miller, Amani	15	London Borough of Hounslow	2:25.59	2:30.90
17.76	36.23 (18.47)	55.15 (18.92)	1:14.38 (19.23)	
1:33.59 (19.21)	1:52.88 (19.29)	2:12.19 (19.31)	2:30.90 (18.71)	
7 McArdle, Kiera	15	Leander Swimming Club	2:29.94	2:31.58
16.46	34.68 (18.22)	53.68 (19.00)	1:13.31 (19.63)	
1:32.87 (19.56)	1:53.09 (20.22)	2:12.88 (19.79)	2:31.58 (18.70)	
8 Sargent, Imogen	15	Chelsea and Westminster Swimmi	2:30.12	2:32.03
17.17	35.95 (18.78)	54.48 (18.53)	1:14.19 (19.71)	
1:33.22 (19.03)	1:53.15 (19.93)	2:12.86 (19.71)	2:32.03 (19.17)	

Event 116 Women 11-15 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Iley, Emily	15	Borough of Waltham Forest Gato	2:13.74	2:19.18
15.37	31.85 (16.48)	48.98 (17.13)	1:06.49 (17.51)	
1:24.65 (18.16)		2:01.12 ()	2:19.18 (18.06)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 116 Women 11-15 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
2 Ogden, Mika	13	Hackney Aquatics	2:25.70	2:21.11
15.74	33.02 (17.28)	50.85 (17.83)	1:09.02 (18.17)	
1:27.04 (18.02)	1:45.25 (18.21)	2:03.42 (18.17)	2:21.11 (17.69)	
3 McEver, Ella	14	Camden Swiss Cottage Swimming	2:27.69	2:22.76
16.62	34.21 (17.59)	52.08 (17.87)	1:10.37 (18.29)	
1:28.59 (18.22)	1:46.94 (18.35)	2:04.96 (18.02)	2:22.76 (17.80)	
4 McCall, Mikayla	15	Kingston Royals Swimming Club	2:21.24	2:23.72
15.91	33.02 (17.11)	50.79 (17.77)	1:08.62 (17.83)	
1:27.19 (18.57)	1:45.93 (18.74)	2:05.03 (19.10)	2:23.72 (18.69)	
5 Chadwick, Ellie	12	Barnet Cophthall Swimming Club	2:26.79	2:25.31
15.70	32.72 (17.02)	50.24 (17.52)	1:08.90 (18.66)	
1:27.91 (19.01)	1:47.35 (19.44)	2:06.56 (19.21)	2:25.31 (18.75)	
6 Miller, Amani	15	London Borough of Hounslow	2:28.03	2:25.59
16.81	34.73 (17.92)	52.84 (18.11)	1:11.51 (18.67)	
1:29.99 (18.48)	1:48.63 (18.64)	2:07.21 (18.58)	2:25.59 (18.38)	
7 Shires, Francesca	15	Hillingdon Swimming Club	2:32.23	2:29.63
17.48	35.83 (18.35)	54.83 (19.00)	1:13.62 (18.79)	
1:33.03 (19.41)	1:52.13 (19.10)	2:11.41 (19.28)	2:29.63 (18.22)	
8 Sweeney, Rebecca	15	Barnes SC	2:30.44	2:29.78
16.42	34.31 (17.89)	52.72 (18.41)	1:11.75 (19.03)	
1:30.91 (19.16)	1:50.73 (19.82)	2:10.48 (19.75)	2:29.78 (19.30)	
9 McArdle, Kiera	15	Leander Swimming Club	2:30.57	2:29.94
16.04	34.04 (18.00)	52.42 (18.38)	1:11.52 (19.10)	
1:30.85 (19.33)	1:50.71 (19.86)	2:10.39 (19.68)	2:29.94 (19.55)	
10 Sargent, Imogen	15	Chelsea and Westminster Swimmi	2:37.00	2:30.12
17.68	36.77 (19.09)	55.44 (18.67)	1:14.62 (19.18)	
1:33.54 (18.92)	1:52.61 (19.07)	2:11.49 (18.88)	2:30.12 (18.63)	
11 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	2:34.01	2:30.17
15.91	33.91 (18.00)	53.22 (19.31)	1:12.76 (19.54)	
1:32.58 (19.82)	1:52.24 (19.66)	2:11.76 (19.52)	2:30.17 (18.41)	
12 Ellender, Olivia	14	Dulwich Dolphins Swimming Club	2:31.12	2:30.80
16.51	34.71 (18.20)	53.33 (18.62)	1:12.79 (19.46)	
1:32.21 (19.42)	1:52.08 (19.87)	2:11.76 (19.68)	2:30.80 (19.04)	
13 Titterton, Kasia	13	Bromley Swimming Club	2:32.78	2:30.88
17.01	35.32 (18.31)	54.46 (19.14)	1:14.15 (19.69)	
1:33.44 (19.29)	1:53.06 (19.62)	2:12.95 (19.89)	2:30.88 (17.93)	
14 Van Zyl, Kayla	13	Hillingdon Swimming Club	2:31.89	2:31.08
16.14	34.40 (18.26)	52.96 (18.56)	1:12.14 (19.18)	
1:31.51 (19.37)	1:51.38 (19.87)	2:11.37 (19.99)	2:31.08 (19.71)	
15 Benidir, Dina	14	Newham & Uel Swimming Club	2:35.18	2:32.30
17.23	36.30 (19.07)	55.62 (19.32)	1:15.08 (19.46)	
1:34.92 (19.84)	1:55.18 (20.26)	2:14.23 (19.05)	2:32.30 (18.07)	
16 Vadon, Millie	15	Ealing Swimming Club	2:30.33	2:32.54
16.74	34.65 (17.91)	53.63 (18.98)	1:12.86 (19.23)	
1:32.80 (19.94)	1:52.98 (20.18)	2:13.13 (20.15)	2:32.54 (19.41)	
17 Byrne, Melissa	15	Enfield Swim Squad	2:26.78	2:32.64
16.49	33.88 (17.39)	52.60 (18.72)	1:11.96 (19.36)	
1:32.00 (20.04)	1:52.56 (20.56)	2:12.95 (20.39)	2:32.64 (19.69)	
18 Strover, Hannah	14	Orpingon OJ	2:31.90	2:33.17
17.33	35.34 (18.01)	54.89 (19.55)	1:14.57 (19.68)	
1:34.78 (20.21)	1:54.47 (19.69)	2:14.25 (19.78)	2:33.17 (18.92)	
19 Somasundram, Vinammra	15	Bo Of Harrow	2:32.75	2:33.32
18.16	36.82 (18.66)	56.17 (19.35)	1:15.42 (19.25)	
1:35.09 (19.67)	1:54.76 (19.67)	2:14.44 (19.68)	2:33.32 (18.88)	
20 O'Neill, Sophia	13	Orpingon OJ	2:34.36	2:33.51
17.04	35.48 (18.44)	54.70 (19.22)		
1:34.19 ()	1:54.45 (20.26)	2:14.55 (20.10)	2:33.51 (18.96)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 116 Women 11-15 200 SC Meter Backstroke)

Name	Age	Team	Seed Time	Prelim Time
21 Knight, Imogen	13	Brompton Swimming Club	2:36.32	2:33.53
16.83	35.46 (18.63)	54.84 (19.38)	1:14.57 (19.73)	
1:34.55 (19.98)	1:55.31 (20.76)	2:14.49 (19.18)	2:33.53 (19.04)	
22 Bureau, Scarlet	15	Camden Swiss Cottage Swimming	2:36.62	2:34.07
16.64	34.87 (18.23)	54.16 (19.29)	1:14.29 (20.13)	
1:33.79 (19.50)	1:54.22 (20.43)	2:14.31 (20.09)	2:34.07 (19.76)	
23 Remyn, Ella	15	Borough of Waltham Forest Gato	2:29.76	2:34.11
17.31	35.76 (18.45)	54.76 (19.00)	1:14.25 (19.49)	
1:34.17 (19.92)	1:54.30 (20.13)	2:14.47 (20.17)	2:34.11 (19.64)	
24 Wilcock, Tegan	15	Kingston Royals Swimming Club	2:32.31	2:34.22
16.87	35.65 (18.78)	55.25 (19.60)	1:15.31 (20.06)	
1:35.41 (20.10)	1:55.52 (20.11)	2:15.22 (19.70)	2:34.22 (19.00)	
25 Venuti, Veronica	11	Chelsea and Westminster Swimmi	2:37.95	2:34.59
17.24	36.10 (18.86)	55.34 (19.24)	1:15.20 (19.86)	
1:35.03 (19.83)	1:54.99 (19.96)	2:15.09 (20.10)	2:34.59 (19.50)	
26 Ellis-Keeler, Sarah	15	Dulwich Dolphins Swimming Club	2:37.61	2:35.04
17.14	35.73 (18.59)	54.83 (19.10)	1:15.05 (20.22)	
1:34.79 (19.74)	1:55.60 (20.81)	2:15.72 (20.12)	2:35.04 (19.32)	
27 Hayes, Mabel	13	Anaconda Swimming Club	2:38.64	2:35.08
17.92	37.25 (19.33)	57.54 (20.29)	1:17.27 (19.73)	
1:37.26 (19.99)	1:56.84 (19.58)	2:16.42 (19.58)	2:35.08 (18.66)	
28 Podurgiel, Ella	14	Camden Swiss Cottage Swimming	2:34.02	2:35.50
17.92	36.77 (18.85)	56.74 (19.97)	1:17.15 (20.41)	
1:37.29 (20.14)	1:56.90 (19.61)	2:16.47 (19.57)	2:35.50 (19.03)	
29 Poaros, Rhea	15	Teddington Swimming Club	2:29.13	2:35.62
17.02	35.17 (18.15)	54.11 (18.94)	1:13.84 (19.73)	
1:33.68 (19.84)	1:54.38 (20.70)	2:15.28 (20.90)	2:35.62 (20.34)	
30 Lenihan, Lily	15	Sutton & Cheam	2:32.13	2:35.64
17.54	36.14 (18.60)	56.32 (20.18)	1:16.08 (19.76)	
1:36.23 (20.15)	1:56.12 (19.89)	2:16.21 (20.09)	2:35.64 (19.43)	
31 Grove, Thomasina	13	Chelsea and Westminster Swimmi	2:38.11	2:35.82
18.05	37.53 (19.48)	56.78 (19.25)	1:16.55 (19.77)	
1:36.99 (20.44)	1:56.95 (19.96)	2:17.04 (20.09)	2:35.82 (18.78)	
32 Ceccherini, Gabriella	14	Kingston Royals Swimming Club	2:35.09	2:37.10
17.62	36.46 (18.84)	55.87 (19.41)	1:16.04 (20.17)	
1:36.34 (20.30)	1:56.76 (20.42)	2:17.21 (20.45)	2:37.10 (19.89)	
33 Tran, Amy	13	Chelsea and Westminster Swimmi	2:38.33	2:37.76
18.40	37.72 (19.32)	57.51 (19.79)	1:17.14 (19.63)	
1:37.32 (20.18)	1:57.42 (20.10)	2:18.04 (20.62)	2:37.76 (19.72)	
34 Barrett, Matilda	15	Orpingon OJ	2:37.59	2:37.89
17.90	36.63 (18.73)	56.21 (19.58)	1:16.51 (20.30)	
1:37.00 (20.49)	1:57.56 (20.56)	2:17.73 (20.17)	2:37.89 (20.16)	
35 Carver, Pippa	13	Beckenham Swimming Club	2:33.44	2:38.35
17.33	35.89 (18.56)	55.79 (19.90)	1:15.78 (19.99)	
1:36.48 (20.70)	1:57.23 (20.75)	2:18.33 (21.10)	2:38.35 (20.02)	
36 Magnus, Mia	13	London Borough of Redbridge SC	2:35.18	2:38.73
17.75	37.17 (19.42)	56.94 (19.77)	1:17.23 (20.29)	
1:37.72 (20.49)	1:58.26 (20.54)	2:18.71 (20.45)	2:38.73 (20.02)	
37 Kelly, Ava	13	Croydon Amphibians Swimming Cl	2:35.72	2:40.69
17.65	36.43 (18.78)	56.34 (19.91)	1:16.73 (20.39)	
1:38.01 (21.28)	1:59.47 (21.46)	2:20.46 (20.99)	2:40.69 (20.23)	
38 Cole, Marion	14	Dulwich Dolphins Swimming Club	2:36.53	2:40.85
16.23		55.31 ()	1:16.29 (20.98)	
1:37.26 (20.97)	2:40.85 (1:03.59)			
39 Bowley, Hannah	14	Hillingdon Swimming Club	2:37.32	2:41.26
18.32	37.83 (19.51)	58.16 (20.33)	1:18.52 (20.36)	
1:39.16 (20.64)	2:00.19 (21.03)	2:20.74 (20.55)	2:41.26 (20.52)	

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

Results

Preliminaries ... (Event 116 Women 11-15 200 SC Meter Backstroke)

Name	Age	Team	Seed Time	Prelim Time
40 Funsch, Eva	14	Dulwich Dolphins Swimming Club	2:37.78	2:41.74
	17.54	36.66 (19.12)	56.47 (19.81)	1:17.05 (20.58)
	1:37.82 (20.77)		2:20.47 ()	2:41.74 (21.27)

Event 116 Women 16 & Over 200 SC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Avramova, Katie	28	Ealing Swimming Club	2:10.27	2:09.23
	15.10	31.36 (16.26)	48.25 (16.89)	1:04.49 (16.24)
	1:20.96 (16.47)	1:37.24 (16.28)	1:53.82 (16.58)	2:09.23 (15.41)
2 Judge, Brodie	18	Ealing Swimming Club	2:14.19	2:13.56
	15.07	31.32 (16.25)	48.18 (16.86)	1:05.20 (17.02)
	1:22.38 (17.18)	1:39.44 (17.06)	1:56.90 (17.46)	2:13.56 (16.66)
3 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:19.41	2:16.45
	15.87	32.52 (16.65)	49.71 (17.19)	1:07.08 (17.37)
	1:24.99 (17.91)	1:42.38 (17.39)	1:59.81 (17.43)	2:16.45 (16.64)
4 Meers, Imogen	17	Bromley Swimming Club	2:16.72	2:18.00
	15.66	32.23 (16.57)	48.81 (16.58)	1:06.02 (17.21)
	1:23.74 (17.72)	1:41.57 (17.83)	1:59.92 (18.35)	2:18.00 (18.08)
5 Singh, Gaurika	17	Camden Swiss Cottage Swimming	2:19.42	2:19.18
	15.31	32.17 (16.86)	49.31 (17.14)	1:06.80 (17.49)
	1:24.60 (17.80)	1:43.02 (18.42)	2:01.32 (18.30)	2:19.18 (17.86)
6 Barnes, Megan	16	Barnes SC	2:22.77	2:24.36
	16.03	33.14 (17.11)	50.94 (17.80)	1:09.45 (18.51)
	1:28.34 (18.89)	1:47.41 (19.07)	2:06.30 (18.89)	2:24.36 (18.06)
7 Macgonigal, Hazel	16	Bo Of Harrow	2:23.16	2:25.60
	15.83	33.38 (17.55)	51.47 (18.09)	1:09.95 (18.48)
	1:28.76 (18.81)	1:47.64 (18.88)	2:06.83 (19.19)	2:25.60 (18.77)
8 Rees, Hannah	16	Sutton & Cheam	2:25.32	2:26.05
	16.76	34.89 (18.13)	52.99 (18.10)	1:11.74 (18.75)
	1:29.77 (18.03)	1:48.67 (18.90)	2:07.71 (19.04)	2:26.05 (18.34)

Event 116 Women 16 & Over 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Avramova, Katie	28	Ealing Swimming Club	2:09.93	2:10.27
	14.80	30.73 (15.93)	47.45 (16.72)	1:04.33 (16.88)
	1:20.83 (16.50)	1:37.42 (16.59)	1:54.25 (16.83)	2:10.27 (16.02)
2 Judge, Brodie	18	Ealing Swimming Club	2:13.09	2:14.19
		31.04 ()	48.01 (16.97)	1:04.94 (16.93)
		1:40.12 ()	1:58.07 (17.95)	2:14.19 (16.12)
3 Meers, Imogen	17	Bromley Swimming Club	2:11.94	2:16.72
	15.58	32.85 (17.27)	49.77 (16.92)	1:06.40 (16.63)
	1:23.86 (17.46)	1:41.26 (17.40)	1:59.36 (18.10)	2:16.72 (17.36)
4 O'Toole, Cara	16	Hillingdon Swimming Club	2:16.52	2:17.52
	15.46	32.23 (16.77)	49.49 (17.26)	1:06.98 (17.49)
	1:24.46 (17.48)	1:42.31 (17.85)	2:00.12 (17.81)	2:17.52 (17.40)
5 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:21.46	2:19.41
	15.59	32.00 (16.41)	49.05 (17.05)	1:06.75 (17.70)
	1:24.98 (18.23)	1:43.22 (18.24)	2:01.44 (18.22)	2:19.41 (17.97)
6 Singh, Gaurika	17	Camden Swiss Cottage Swimming	2:20.63	2:19.42
	15.38	32.31 (16.93)	49.87 (17.56)	1:07.71 (17.84)
	1:25.34 (17.63)	1:43.27 (17.93)	2:01.70 (18.43)	2:19.42 (17.72)
7 Barnes, Megan	16	Barnes SC	2:25.00	2:22.77
	15.67	32.25 (16.58)	49.72 (17.47)	1:07.76 (18.04)
	1:26.70 (18.94)	1:45.87 (19.17)	2:04.34 (18.47)	2:22.77 (18.43)
8 Macgonigal, Hazel	16	Bo Of Harrow	2:24.37	2:23.16
	15.90	33.31 (17.41)	51.32 (18.01)	1:09.64 (18.32)
	1:27.94 (18.30)	1:46.39 (18.45)	2:04.96 (18.57)	2:23.16 (18.20)

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 116 Women 16 & Over 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
9 Moule, Amelia	16	Romford Town Swimming Club	2:20.07	2:23.77
	15.22	31.96 (16.74)	49.87 (17.91)	1:08.43 (18.56)
	1:27.10 (18.67)	1:46.44 (19.34)	2:05.42 (18.98)	2:23.77 (18.35)
10 Rees, Hannah	16	Sutton & Cheam	2:26.09	2:25.32
	16.26	33.29 (17.03)	50.71 (17.42)	1:08.67 (17.96)
	1:27.07 (18.40)	1:46.10 (19.03)	2:05.74 (19.64)	2:25.32 (19.58)
11 Auld, Zoe	16	Brompton Swimming Club	2:32.96	2:31.45
	16.99	35.30 (18.31)	54.24 (18.94)	1:13.30 (19.06)
	1:32.57 (19.27)	1:52.25 (19.68)	2:12.13 (19.88)	2:31.45 (19.32)
12 Neal, Joanne	17	Hillingdon Swimming Club	2:24.51	2:32.35
	16.50	34.02 (17.52)	52.66 (18.64)	1:12.19 (19.53)
	1:32.03 (19.84)	1:52.32 (20.29)	2:12.67 (20.35)	2:32.35 (19.68)
13 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	2:31.21	2:32.60
	17.47	36.10 (18.63)	55.01 (18.91)	1:14.48 (19.47)
	1:33.92 (19.44)	1:53.52 (19.60)	2:13.33 (19.81)	2:32.60 (19.27)
14 Harden, Ellie	17	Orpington OJ	2:30.75	2:33.19
	16.94	35.30 (18.36)	54.27 (18.97)	1:13.65 (19.38)
	1:33.69 (20.04)	1:54.06 (20.37)	2:13.78 (19.72)	2:33.19 (19.41)
15 Celestine, Margot	16	Hackney Aquatics	2:30.49	2:33.89
	17.02	35.36 (18.34)	54.23 (18.87)	1:13.73 (19.50)
	1:33.14 (19.41)	1:53.46 (20.32)	2:13.70 (20.24)	2:33.89 (20.19)
16 Axam, Tia	16	Hillingdon Swimming Club	2:35.80	2:33.93
	17.65	36.22 (18.57)	55.28 (19.06)	1:14.91 (19.63)
	1:34.48 (19.57)	1:54.48 (20.00)	2:14.59 (20.11)	2:33.93 (19.34)
17 Somerville, Renee	17	Saxon Crown (Lewisham)	2:32.38	2:34.03
	17.67	36.32 (18.65)	55.64 (19.32)	1:15.29 (19.65)
	1:35.07 (19.78)	1:54.72 (19.65)	2:14.52 (19.80)	2:34.03 (19.51)
18 Marchant, Helen	17	Teddington Swimming Club	2:35.16	2:35.92
	17.50	36.78 (19.28)	56.13 (19.35)	1:15.78 (19.65)
	1:36.02 (20.24)	1:56.06 (20.04)	2:16.37 (20.31)	2:35.92 (19.55)
19 Pereira, Sarah	16	Teddington Swimming Club	2:34.74	2:36.57
	18.60	37.50 (18.90)	56.75 (19.25)	1:16.64 (19.89)
	1:37.20 (20.56)	1:57.27 (20.07)	2:17.11 (19.84)	2:36.57 (19.46)
20 Pepperday, Rose	18	Haringey Aquatics	2:37.15	2:48.46
	18.17	38.26 (20.09)	59.44 (21.18)	1:21.27 (21.83)
	1:42.91 (21.64)	2:05.02 (22.11)	2:26.89 (21.87)	2:48.46 (21.57)
--- Kemp, Megan	16	Chelsea and Westminster Swimmi	2:33.35	DQ
	6.2 Left position on the back (other than to initiate a turn)			

Event 117 Men 11-15 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Ellis, Joshua	15	Beckenham Swimming Club	26.95	26.62
	12.69	26.62 (13.93)		
2 Mahmutoglu, Jason	15	Ealing Swimming Club	26.64	26.69
	12.33	26.69 (14.36)		
3 Malov, Filip	14	Sutton & Cheam	27.24	26.86
	12.35	26.86 (14.51)		
4 Coyle, Alexander	14	Bo Of Harrow	27.25	27.02
	12.49	27.02 (14.53)		
5 Davies, Gareth	15	Haringey Aquatics	27.42	27.19
	12.57	27.19 (14.62)		
6 He, Leo	14	Camden Swiss Cottage Swimming	27.72	27.63
	12.96	27.63 (14.67)		
7 Hoole, Hayden	15	Haringey Aquatics	27.78	28.44
	12.96	28.44 (15.48)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Finals ... (Event 117 Men 11-15 50 SC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
--- Solly, Josh	15	Bexley Swimming Club	27.08	DQ
4.4 Start before starting signal				

Event 117 Men 11-15 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	27.43	26.64
12.21	26.64	(14.43)		
2 Ellis, Joshua	15	Beckenham Swimming Club	26.56	26.95
12.34	26.95	(14.61)		
3 Solly, Josh	15	Bexley Swimming Club	26.63	27.08
12.45	27.08	(14.63)		
4 Malov, Filip	14	Sutton & Cheam	26.96	27.24
12.69	27.24	(14.55)		
5 Coyle, Alexander	14	Bo Of Harrow	26.76	27.25
12.65	27.25	(14.60)		
6 Davies, Gareth	15	Haringey Aquatics	27.23	27.42
12.82	27.42	(14.60)		
7 He, Leo	14	Camden Swiss Cottage Swimming	28.85	27.72
13.27	27.72	(14.45)		
8 Hoole, Hayden	15	Haringey Aquatics	28.40	27.78
12.65	27.78	(15.13)		
9 Achi, Denzel	15	Barking and Dagenham Aquatics	28.85	27.91
12.64	27.91	(15.27)		
10 Broad, Mikhail	15	Sutton & Cheam	29.26	28.35
13.10	28.35	(15.25)		
11 Carlton, Fraser	15	Hackney Aquatics	28.61	28.40
12.97	28.40	(15.43)		
*12 Nimoh, Pharell	15	Saxon Crown (Lewisham)	28.25	28.41
13.29	28.41	(15.12)		
*12 Cleaver, James	14	Bromley Swimming Club	28.31	28.41
13.18	28.41	(15.23)		
Swim-Off Required				
14 Din, Kamran	15	Chelsea and Westminster Swimmi	29.23	28.42
12.91	28.42	(15.51)		
15 Emerton, Matthew	15	Hillingdon Swimming Club	28.46	28.55
13.05	28.55	(15.50)		
16 Bartholomew, Cameron	15	Hillingdon Swimming Club	28.16	28.62
13.30	28.62	(15.32)		
17 Garfield, Joe	14	Borough of Waltham Forest Gato	29.57	28.65
13.45	28.65	(15.20)		
18 Rates, James	14	Dulwich Dolphins Swimming Club	28.72	28.67
13.47	28.67	(15.20)		
*19 Chapman, Nathan	15	Greenwich Royals Swimming Club	29.56	28.89
13.81	28.89	(15.08)		
*19 Divet, Antoine	14	Camden Swiss Cottage Swimming	28.42	28.89
13.34	28.89	(15.55)		
21 Macgonigal, Oliver	13	Bo Of Harrow	28.55	28.91
13.28	28.91	(15.63)		
22 Wardell, Jack	15	Kingston Royals Swimming Club	27.75	28.98
13.73	28.98	(15.25)		
23 Lombardo, Maxime	15	Natare West London	29.47	29.01
13.44	29.01	(15.57)		
24 Moyles, Liam	15	Broomfield Park Swimming Club	28.98	29.03
13.31	29.03	(15.72)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 117 Men 11-15 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
*25 Gurung, Anix	14	London Borough of Hounslow	29.38	29.06
13.24	29.06 (15.82)			
*25 Austin, Alex	15	Hillingdon Swimming Club	29.84	29.06
13.45	29.06 (15.61)			
*27 Andrews, Eddie	15	Kingston Royals Swimming Club	28.39	29.07
13.20	29.07 (15.87)			
*27 Corner, Jago	15	Hackney Aquatics	28.71	29.07
13.31	29.07 (15.76)			
*29 Wright, Jonny	15	Kingston Royals Swimming Club	29.77	29.20
13.43	29.20 (15.77)			
*29 Chou, Nevan	14	Bromley Swimming Club	29.52	29.20
13.16	29.20 (16.04)			
31 Ryan, Samuel	13	Orpington OJ	29.58	29.21
13.61	29.21 (15.60)			
32 Raykin, Georgi	14	Newham & Uel Swimming Club	29.61	29.38
13.42	29.38 (15.96)			
33 Mclennon-Defoe, Zachary	15	Dulwich Dolphins Swimming Club	29.28	29.40
13.50	29.40 (15.90)			
34 Salazar, Kurt Francis	14	Newham & Uel Swimming Club	29.18	29.43
13.39	29.43 (16.04)			
35 Hampton, Elliott	15	Wandsworth Swimming Club	28.68	29.50
13.38	29.50 (16.12)			
36 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	30.30	29.66
13.60	29.66 (16.06)			
37 Borak, Yuriy	14	Ealing Swimming Club	30.64	29.68
13.57	29.68 (16.11)			
*38 Williams, Alexander	14	Hillingdon Swimming Club	29.66	29.70
13.87	29.70 (15.83)			
*38 Dakin, Jimmy	15	Leander Swimming Club	30.69	29.70
14.16	29.70 (15.54)			
40 Atotileto, Joshua	13	Newham & Uel Swimming Club	29.65	29.78
13.74	29.78 (16.04)			
41 Dixon, Lewis	14	Barking and Dagenham Aquatics	30.36	29.82
13.76	29.82 (16.06)			
42 Bennett, Adam	15	Hillingdon Swimming Club	30.26	29.92
14.14	29.92 (15.78)			
43 Dean, Sam	15	Sutton & Cheam	30.41	29.95
13.94	29.95 (16.01)			
44 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	29.87	29.99
13.84	29.99 (16.15)			
45 Haywood Crouch, Jackson	15	Bo Of Harrow	29.61	30.01
13.68	30.01 (16.33)			
46 Lea, Tom	13	Hackney Aquatics	30.57	30.03
13.81	30.03 (16.22)			
47 Kirdar, Tim	14	Bromley Swimming Club	29.66	30.18
13.91	30.18 (16.27)			
48 Pixner, Jack	15	Broomfield Park Swimming Club	30.68	30.21
13.94	30.21 (16.27)			
*49 Grammatikopoulos, Philip	14	Beckenham Swimming Club	29.89	30.34
14.24	30.34 (16.10)			
*49 Thompson, Jared	13	Bromley Swimming Club	29.67	30.34
13.86	30.34 (16.48)			
51 Gray, Henry	13	Chelsea and Westminster Swimmi	30.65	30.42
14.15	30.42 (16.27)			
52 Tubbs, Bruno	14	Anaconda Swimming Club	30.10	30.47
14.18	30.47 (16.29)			
53 Dartnaill, Oliver	15	Hillingdon Swimming Club	29.73	30.56
14.14	30.56 (16.42)			

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 117 Men 11-15 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
54 Roberts, Daniel	15	Kingston Royals Swimming Club	29.98	30.62
14.22	30.62	(16.40)		
55 Thurlow, Felix	14	Dulwich Dolphins Swimming Club	30.65	30.63
13.90	30.63	(16.73)		
*56 Munden, Joe	15	Newham & Uel Swimming Club	30.14	30.71
14.34	30.71	(16.37)		
*56 Hingorani, Aden	14	Barnes SC	30.54	30.71
14.31	30.71	(16.40)		
58 Robinson, Harry	15	Barking and Dagenham Aquatics	30.43	31.42
14.71	31.42	(16.71)		
59 Thomas, Sonny	13	Leander Swimming Club	30.49	31.75
14.59	31.75	(17.16)		
60 Zeren, Mehmet	13	Brompton Swimming Club	30.25	31.78
14.67	31.78	(17.11)		

Event 117 Men 16 & Over 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Akopian, Anton	18	Ealing Swimming Club	25.45	25.25
11.65	25.25	(13.60)		
2 Giordani, Shakil	17	Haringey Aquatics	26.13	25.37
11.58	25.37	(13.79)		
3 Shaw, Luke	17	Sutton & Cheam	25.93	25.65
11.84	25.65	(13.81)		
4 Northover, Joe	29	Newham & Uel Swimming Club	26.18	26.00
12.00	26.00	(14.00)		
5 Chana, Dillon	16	Hillingdon Swimming Club	26.28	26.31
12.07	26.31	(14.24)		
6 Gencas, Daniel	16	Romford Town Swimming Club	26.37	26.49
12.28	26.49	(14.21)		
7 Atanasov, Anthony	18	Ealing Swimming Club	26.53	26.54
11.99	26.54	(14.55)		
8 Rudd, William	16	Chelsea and Westminster Swimmi	26.50	26.93
12.21	26.93	(14.72)		

Event 117 Men 16 & Over 50 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Akopian, Anton	18	Ealing Swimming Club	25.74	25.45
11.62	25.45	(13.83)		
2 Shaw, Luke	17	Sutton & Cheam	25.52	25.93
12.05	25.93	(13.88)		
3 Giordani, Shakil	17	Haringey Aquatics	25.72	26.13
12.14	26.13	(13.99)		
4 Northover, Joe	29	Newham & Uel Swimming Club	26.78	26.18
12.02	26.18	(14.16)		
5 Chana, Dillon	16	Hillingdon Swimming Club	26.36	26.28
12.10	26.28	(14.18)		
6 Gencas, Daniel	16	Romford Town Swimming Club	26.14	26.37
12.31	26.37	(14.06)		
7 Podmore, Tyler	21	Dulwich Dolphins Swimming Club	26.25	26.46
12.17	26.46	(14.29)		
8 Rudd, William	16	Chelsea and Westminster Swimmi	27.16	26.50
12.07	26.50	(14.43)		
9 Atanasov, Anthony	18	Ealing Swimming Club	27.25	26.53
12.20	26.53	(14.33)		
10 Durteste, Tristan	17	Brompton Swimming Club	27.28	26.59
12.38	26.59	(14.21)		

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 117 Men 16 & Over 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
11 Farthing, Richard 12.23	17 26.69 (14.46)	Enfield Swim Squad	26.69	26.69
12 Din, Aryaan 12.49	16 26.72 (14.23)	Chelsea and Westminster Swimmi	27.92	26.72
13 LaJoie, Alex 12.39	29 26.80 (14.41)	Otter Swimming Club	28.27	26.80
14 Smeets, Alan 12.32	35 26.89 (14.57)	Anaconda Swimming Club	26.82	26.89
15 Cohen, Malachi 12.63	16 26.90 (14.27)	Barnes SC	28.19	26.90
16 Capezzuoli, Luca 12.63	17 27.00 (14.37)	Kingston Royals Swimming Club	26.35	27.00
*17 Colling, Logan 12.68	16 27.06 (14.38)	Hillingdon Swimming Club	27.93	27.06
*17 Stamenkovic, Pavle 12.28	17 27.06 (14.78)	Camden Swiss Cottage Swimming	27.63	27.06
19 Kershaw, Alastair 12.48	21 27.16 (14.68)	Newham & Uel Swimming Club	26.71	27.16
20 Abou-El-rous, Mohamed 12.44	19 27.25 (14.81)	Bo Of Harrow	27.52	27.25
21 Abazie, Chidubem 12.63	16 27.27 (14.64)	Saxon Crown (Lewisham)	27.61	27.27
22 Parsons, Jamie 12.42	18 27.44 (15.02)	Enfield Swim Squad	27.57	27.44
23 Ahmed, Ilyas 12.93	16 27.47 (14.54)	Hackney Aquatics	27.75	27.47
24 Castronovo, Amir 12.79	16 27.60 (14.81)	Camden Swiss Cottage Swimming	28.30	27.60
25 Nguyen, Louis 12.67	16 27.63 (14.96)	Hackney Aquatics	26.84	27.63
26 Brighton, Daniel 12.65	17 27.67 (15.02)	Bexley Swimming Club	27.89	27.67
27 Mahendrakumar, Pravin 12.56	16 27.77 (15.21)	Bromley Swimming Club	27.23	27.77
28 Fenton, Christian 12.82	18 27.79 (14.97)	Brompton Swimming Club	27.90	27.79
*29 Krishnan, Devesh 12.77	17 27.89 (15.12)	Kingston Royals Swimming Club	28.48	27.89
*29 Johnson, Kai 12.69	17 27.89 (15.20)	Saxon Crown (Lewisham)	28.85	27.89
31 Totev, Steve 12.81	16 27.97 (15.16)	South Croydon Swimming Club	26.96	27.97
32 Bingham, Herbie 12.93	16 27.99 (15.06)	Chelsea and Westminster Swimmi	28.50	27.99
33 Costley, Jude 12.79	16 28.00 (15.21)	Hackney Aquatics	27.47	28.00
*34 Seabaggala, Luke 12.68	18 28.01 (15.33)	Anaconda Swimming Club	27.76	28.01
*34 Collins, Harry 13.03	16 28.01 (14.98)	Bexley Swimming Club	28.15	28.01
36 Morgan, Aaron 12.84	22 28.06 (15.22)	Bo Of Harrow	27.36	28.06
37 Kelly, Josh 12.97	16 28.08 (15.11)	Hillingdon Swimming Club	28.81	28.08
*38 Latham, Oliver 13.10	16 28.19 (15.09)	Hillingdon Swimming Club	27.71	28.19

London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019**Results****Preliminaries ... (Event 117 Men 16 & Over 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
*38 Leberl, Timothy	17	Beckenham Swimming Club	28.87	28.19
13.15		28.19 (15.04)		
40 Mcspadden, Marcus	16	Beckenham Swimming Club	28.69	28.25
12.88		28.25 (15.37)		
41 Eguakhide, Joshua	16	Romford Town Swimming Club	27.89	28.26
12.99		28.26 (15.27)		
42 Pears, Jason	19	Ealing Swimming Club	27.47	28.31
12.75		28.31 (15.56)		
43 Seema Roca, Pablo	16	Beckenham Swimming Club	27.77	28.36
12.96		28.36 (15.40)		
44 Scott, Dillan	17	Bo Of Harrow	28.06	28.42
13.42		28.42 (15.00)		
45 Ratti, Alessandro	17	Brent Dolphins SC	28.77	28.45
13.16		28.45 (15.29)		
46 Barretta, Luca	16	Croydon Amphibians Swimming Cl	28.54	28.64
12.95		28.64 (15.69)		
47 Markov, Danny	16	Camden Swiss Cottage Swimming	28.84	28.74
13.17		28.74 (15.57)		
48 Hassan, Yasser	16	Brompton Swimming Club	28.95	28.86
13.32		28.86 (15.54)		
49 Zapryanov, Bobby	17	Hackney Aquatics	28.89	28.93
13.35		28.93 (15.58)		
50 Japal, Lewis	16	Enfield Swim Squad	29.79	28.97
13.45		28.97 (15.52)		
51 Bransby, Luke	16	Enfield Swim Squad	29.90	28.98
13.39		28.98 (15.59)		
52 Ault, Jake	16	Sutton & Cheam	28.91	28.99
13.19		28.99 (15.80)		
53 Matloub, Adam	16	Romford Town Swimming Club	28.72	29.02
13.38		29.02 (15.64)		
54 Roman, Vlad	16	Dulwich Dolphins Swimming Club	29.07	29.04
13.32		29.04 (15.72)		
55 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	29.19	29.09
13.55		29.09 (15.54)		
56 Dooley, Vaughn	18	Romford Town Swimming Club	28.18	29.18
13.82		29.18 (15.36)		
57 Ramaiya, Shanil	17	Bo Of Harrow	29.95	29.19
13.73		29.19 (15.46)		
58 Wilson, Alexander	18	Brompton Swimming Club	29.72	29.22
13.34		29.22 (15.88)		
59 Findlay, Ben	16	Leander Swimming Club	28.70	29.25
13.71		29.25 (15.54)		
60 Wild, Jack	17	Sutton & Cheam	29.77	29.42
13.94		29.42 (15.48)		
61 Finn, Gregory	16	Brompton Swimming Club	29.36	29.67
13.58		29.67 (16.09)		
62 Gomes, Guilherme	17	Newham & Uel Swimming Club	29.84	29.73
13.73		29.73 (16.00)		
63 Murphy, Joseph	17	Enfield Swim Squad	28.70	29.74
13.17		29.74 (16.57)		
64 Wang, Marco	16	Kingston Royals Swimming Club	29.42	29.87
13.70		29.87 (16.17)		
65 Harding, Matthew	18	Greenwich Royals Swimming Club	29.12	29.96
14.16		29.96 (15.80)		
66 Clements, Luke	16	Wandsworth Swimming Club	29.81	29.99
13.91		29.99 (16.08)		
67 Langton, Oliver	19	Teddington Swimming Club	29.83	30.48
14.24		30.48 (16.24)		