

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Event 118 Women 11-15 100 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Davis, Evie	15	Bromley Swimming Club	55.29	55.80
	12.79	26.97 (14.18)	41.71 (14.74)	55.80 (14.09)
2 Musial, Zoe	15	Chelsea and Westminster Swimmi	57.10	57.37
	13.52	27.77 (14.25)	42.62 (14.85)	57.37 (14.75)
3 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	59.00	59.05
	13.72	28.67 (14.95)	44.12 (15.45)	59.05 (14.93)
4 Wilson, Annabel	15	Beckenham Swimming Club	59.92	59.69
	14.06	29.16 (15.10)	44.49 (15.33)	59.69 (15.20)
5 Saeijs, Lilou	14	Bromley Swimming Club	1:00.04	59.70
	14.11	29.18 (15.07)	44.53 (15.35)	59.70 (15.17)
6 Titterton, Kasia	13	Bromley Swimming Club	1:00.47	1:00.53
	13.93	29.43 (15.50)	45.34 (15.91)	1:00.53 (15.19)
7 Jackson, Sophia	15	Sutton & Cheam	1:00.19	1:00.71
	14.11	29.24 (15.13)	45.07 (15.83)	1:00.71 (15.64)
8 Ogden, Mika	13	Hackney Aquatics	1:00.45	1:01.20
	14.02	29.52 (15.50)	45.36 (15.84)	1:01.20 (15.84)

## Event 118 Women 11-15 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Davis, Evie	15	Bromley Swimming Club	55.29	55.29
	13.04	26.85 (13.81)	41.28 (14.43)	55.29 (14.01)
2 Musial, Zoe	15	Chelsea and Westminster Swimmi	58.70	57.10
	12.93	27.35 (14.42)	42.31 (14.96)	57.10 (14.79)
3 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	59.39	59.00
	13.66	28.63 (14.97)	43.92 (15.29)	59.00 (15.08)
4 Wilson, Annabel	15	Beckenham Swimming Club	1:00.79	59.92
	14.13	29.28 (15.15)	44.76 (15.48)	59.92 (15.16)
5 Saeijs, Lilou	14	Bromley Swimming Club	59.66	1:00.04
	13.87	29.20 (15.33)	44.74 (15.54)	1:00.04 (15.30)
6 Jackson, Sophia	15	Sutton & Cheam	1:00.46	1:00.19
	13.90	28.88 (14.98)	44.65 (15.77)	1:00.19 (15.54)
7 Ogden, Mika	13	Hackney Aquatics	1:00.37	1:00.45
	13.90	29.22 (15.32)	44.91 (15.69)	1:00.45 (15.54)
8 Titterton, Kasia	13	Bromley Swimming Club	1:00.71	1:00.47
	14.06	29.58 (15.52)	45.37 (15.79)	1:00.47 (15.10)
9 Adelaja, Toluwani	13	Barnet Copthall Swimming Club	1:00.11	1:00.50
	13.58	29.02 (15.44)	44.74 (15.72)	1:00.50 (15.76)
10 Proctor, Lola	15	Sutton & Cheam	59.96	1:00.78
	13.61	28.79 (15.18)	44.89 (16.10)	1:00.78 (15.89)
11 Chadwick, Ellie	12	Barnet Copthall Swimming Club	1:00.83	1:00.81
	13.87	29.24 (15.37)	45.43 (16.19)	1:00.81 (15.38)
12 Paisley, Tallulah	15	Natare West London	1:01.60	1:00.85
	13.95	29.39 (15.44)	45.31 (15.92)	1:00.85 (15.54)
*13 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	1:01.30	1:01.06
	14.15	29.60 (15.45)	45.51 (15.91)	1:01.06 (15.55)
*13 Baxter, Ellisia	15	Enfield Swim Squad	59.35	1:01.06
	13.75	29.35 (15.60)	45.37 (16.02)	1:01.06 (15.69)
15 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	1:03.69	1:01.26
	13.46	28.99 (15.53)	45.16 (16.17)	1:01.26 (16.10)
16 Straupeniaks, Rae	15	Bromley Swimming Club	1:00.79	1:01.41
	14.22	29.87 (15.65)	45.87 (16.00)	1:01.41 (15.54)
17 Wang, Jessica	15	Kingston Royals Swimming Club	1:02.09	1:01.60
	13.87	29.28 (15.41)	45.47 (16.19)	1:01.60 (16.13)

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 118 Women 11-15 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
18 Dreleva, Victoria	14	Romford Town Swimming Club	59.62	1:01.74
13.81	29.28 (15.47)	45.55 (16.27)	1:01.74 (16.19)	
19 Mew, Lauren	13	Barnet Cophthall Swimming Club	1:02.66	1:01.76
14.77	30.44 (15.67)	46.03 (15.59)	1:01.76 (15.73)	
20 Woolley, Anna	15	Croydon Amphibians Swimming Cl	1:03.41	1:01.78
14.47	30.17 (15.70)	46.67 (16.50)	1:01.78 (15.11)	
21 Jackson, Samantha	14	Orpingon OJ	1:01.72	1:01.83
14.02	29.70 (15.68)	45.82 (16.12)	1:01.83 (16.01)	
22 Cole, Marion	14	Dulwich Dolphins Swimming Club	1:03.43	1:01.92
14.15	29.87 (15.72)	46.07 (16.20)	1:01.92 (15.85)	
23 Cummins, Isabella	14	Ealing Swimming Club	1:02.90	1:01.94
13.84	29.25 (15.41)	45.60 (16.35)	1:01.94 (16.34)	
24 Byrne, Melissa	15	Enfield Swim Squad	1:02.81	1:02.01
13.92	29.19 (15.27)	45.60 (16.41)	1:02.01 (16.41)	
25 Humble, Jasmine	15	Kingston Royals Swimming Club	1:03.28	1:02.08
14.35	30.20 (15.85)	46.40 (16.20)	1:02.08 (15.68)	
26 Lambropoulos, Ava	12	Camden Swiss Cottage Swimming	1:03.20	1:02.11
14.36	30.31 (15.95)	46.44 (16.13)	1:02.11 (15.67)	
27 Wilcock, Tegan	15	Kingston Royals Swimming Club	1:03.51	1:02.27
14.20	29.78 (15.58)	46.25 (16.47)	1:02.27 (16.02)	
28 Sargent, Imogen	15	Chelsea and Westminster Swimmi	1:03.53	1:02.33
14.55	30.36 (15.81)	46.46 (16.10)	1:02.33 (15.87)	
29 Shires, Francesca	15	Hillingdon Swimming Club	1:03.23	1:02.41
14.35	30.15 (15.80)	46.67 (16.52)	1:02.41 (15.74)	
30 Follis, Elizabeth	15	Bromley Swimming Club	1:01.78	1:02.53
14.49	30.31 (15.82)	46.79 (16.48)	1:02.53 (15.74)	
31 Mcglinchey, Erica	13	Greenwich Royals Swimming Club	1:02.65	1:02.78
14.23	30.22 (15.99)	46.43 (16.21)	1:02.78 (16.35)	
32 Daffey, Schuyler	15	Brompton Swimming Club	1:03.51	1:02.80
14.25	30.11 (15.86)	46.57 (16.46)	1:02.80 (16.23)	
*33 Ceccherini, Gabriella	14	Kingston Royals Swimming Club	1:03.48	1:02.81
14.33	30.30 (15.97)	46.94 (16.64)	1:02.81 (15.87)	
*33 Vadon, Millie	15	Ealing Swimming Club	1:03.41	1:02.81
14.35	30.53 (16.18)	47.21 (16.68)	1:02.81 (15.60)	
35 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	1:04.05	1:02.85
14.19	30.13 (15.94)	46.79 (16.66)	1:02.85 (16.06)	
36 Weekly, Katherine	13	Saxon Crown (Lewisham)	1:03.22	1:02.86
14.24	30.17 (15.93)	46.70 (16.53)	1:02.86 (16.16)	
37 Zobek, Sonia	14	Ealing Swimming Club	1:03.48	1:02.96
14.71	30.62 (15.91)	46.86 (16.24)	1:02.96 (16.10)	
38 Young, Sophie	15	Kingston Royals Swimming Club	1:03.77	1:03.03
14.45	30.43 (15.98)	47.15 (16.72)	1:03.03 (15.88)	
39 Carter, Lenka	14	Bromley Swimming Club	1:02.47	1:03.18
14.32	30.40 (16.08)	46.93 (16.53)	1:03.18 (16.25)	
40 Ansari, Aaliyah	15	Bo Of Harrow	1:01.98	1:03.21
14.50	30.06 (15.56)	46.80 (16.74)	1:03.21 (16.41)	
41 Atherton, Leto	15	Anaconda Swimming Club	1:02.64	1:03.23
14.38	30.40 (16.02)	46.74 (16.34)	1:03.23 (16.49)	
42 Dziura, Suzanna	15	Enfield Swim Squad	1:03.79	1:03.30
14.35	30.13 (15.78)	46.73 (16.60)	1:03.30 (16.57)	
43 Ricca, Lavinia	13	Natare West London	1:02.17	1:03.46
14.31	30.30 (15.99)	46.90 (16.60)	1:03.46 (16.56)	
44 O'Neill, Sophia	13	Orpingon OJ	1:02.83	1:03.54
14.40	30.43 (16.03)	47.43 (17.00)	1:03.54 (16.11)	
45 Hutt, Ettienne	14	Anaconda Swimming Club	1:03.46	1:03.76
14.43	30.31 (15.88)	47.23 (16.92)	1:03.76 (16.53)	
46 McGrath, Edie	14	Camden Swiss Cottage Swimming	1:03.48	1:03.80
14.64	30.76 (16.12)	47.57 (16.81)	1:03.80 (16.23)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 118 Women 11-15 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
47 Hyde, Izzy	13	Kingston Royals Swimming Club	1:03.28	1:03.87
14.61	30.61 (16.00)	47.46 (16.85)	1:03.87 (16.41)	
48 Bhugun, Emma	14	Chelsea and Westminster Swimmi	1:03.94	1:03.89
14.40	30.65 (16.25)	47.37 (16.72)	1:03.89 (16.52)	
49 Armstrong, Rebecca	15	Borough of Waltham Forest Gato	1:04.03	1:03.91
14.77	30.64 (15.87)	47.63 (16.99)	1:03.91 (16.28)	
50 Shaw, Ava	13	Natare West London	1:03.92	1:03.92
14.34	30.36 (16.02)	47.26 (16.90)	1:03.92 (16.66)	
51 Meers, Lily	14	Bromley Swimming Club	1:03.74	1:04.05
14.22	30.30 (16.08)	47.30 (17.00)	1:04.05 (16.75)	
52 Walton, Ella-Rose	15	Teddington Swimming Club	1:03.53	1:04.46
14.98	31.05 (16.07)	47.96 (16.91)	1:04.46 (16.50)	
*53 Barnard, Lola	14	Barnet Cophthall Swimming Club	1:03.04	1:04.55
14.69	30.85 (16.16)	47.47 (16.62)	1:04.55 (17.08)	
*53 Harvey, Orla	15	Teddington Swimming Club	1:02.47	1:04.55
14.60	30.82 (16.22)	48.01 (17.19)	1:04.55 (16.54)	
55 Wilkinson, Saskia	13	Leander Swimming Club	1:03.70	1:04.91
14.34	30.51 (16.17)	47.82 (17.31)	1:04.91 (17.09)	
56 Gradillas, Yolanda	12	Natare West London	1:03.49	1:04.95
14.57	30.69 (16.12)	47.99 (17.30)	1:04.95 (16.96)	
57 Willis, Macy	15	Hillingdon Swimming Club	1:02.24	1:04.96
14.68	30.65 (15.97)	47.93 (17.28)	1:04.96 (17.03)	
58 Bridgen, Poppy	14	Hillingdon Swimming Club	1:02.75	1:04.98
14.96	31.38 (16.42)	48.26 (16.88)	1:04.98 (16.72)	
59 Morland, Megan	15	Sutton & Cheam	1:04.03	1:05.25
15.05	31.29 (16.24)	48.33 (17.04)	1:05.25 (16.92)	
60 Jolley-Ellis, Blythe	15	Orpington OJ	1:03.45	1:06.88
14.62	31.79 (17.17)	49.41 (17.62)	1:06.88 (17.47)	
61 Rayner, Hannah	14	Greenwich Royals Swimming Club	1:04.12	1:07.24
15.46	32.37 (16.91)	49.83 (17.46)	1:07.24 (17.41)	

**Event 118 Women 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Avramova, Katie	28	Ealing Swimming Club	55.94	55.81
12.93	27.04 (14.11)	41.54 (14.50)	55.81 (14.27)	
2 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	57.73	56.04
13.05	27.12 (14.07)	41.74 (14.62)	56.04 (14.30)	
3 Britton, Phyllida	22	Ealing Swimming Club	57.62	56.95
13.39	27.60 (14.21)	42.28 (14.68)	56.95 (14.67)	
4 Davies, Amy	17	South Croydon Swimming Club	57.85	57.45
13.44	27.91 (14.47)	42.72 (14.81)	57.45 (14.73)	
5 Van Selm, Emma	16	Bromley Swimming Club	58.18	57.87
13.32	28.08 (14.76)	43.01 (14.93)	57.87 (14.86)	
6 Meers, Imogen	17	Bromley Swimming Club	58.44	58.27
13.23	28.11 (14.88)	43.13 (15.02)	58.27 (15.14)	
7 Singh, Gaurika	17	Camden Swiss Cottage Swimming	58.44	58.55
13.52	28.36 (14.84)	43.41 (15.05)	58.55 (15.14)	
8 Luhmann, Eve	17	Beckenham Swimming Club	58.36	58.77
13.24	28.15 (14.91)	43.42 (15.27)	58.77 (15.35)	

**Event 118 Women 16 & Over 100 SC Meter Freestyle**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Avramova, Katie	28	Ealing Swimming Club	56.22	55.94
12.87	27.00 (14.13)	41.63 (14.63)	55.94 (14.31)	
2 Britton, Phyllida	22	Ealing Swimming Club	57.40	57.62
13.51	28.00 (14.49)	42.90 (14.90)	57.62 (14.72)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 118 Women 16 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
3 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	56.37	57.73
13.18	27.70 (14.52)	42.94 (15.24)	57.73 (14.79)	
4 Davies, Amy	17	South Croydon Swimming Club	57.07	57.85
13.50	27.99 (14.49)	43.06 (15.07)	57.85 (14.79)	
5 Judge, Brodie	18	Ealing Swimming Club	57.85	58.04
13.17	27.82 (14.65)	42.99 (15.17)	58.04 (15.05)	
6 Van Selm, Emma	16	Bromley Swimming Club	56.89	58.18
13.50	28.17 (14.67)	43.44 (15.27)	58.18 (14.74)	
7 Luhmann, Eve	17	Beckenham Swimming Club	58.62	58.36
13.20	28.08 (14.88)	43.30 (15.22)	58.36 (15.06)	
*8 Singh, Gaurika	17	Camden Swiss Cottage Swimming	58.45	58.44
13.60	28.48 (14.88)	43.59 (15.11)	58.44 (14.85)	
*8 Meers, Imogen	17	Bromley Swimming Club	57.11	58.44
13.32	28.06 (14.74)	43.33 (15.27)	58.44 (15.11)	
10 Brantley, Lauren	17	Camden Swiss Cottage Swimming	1:00.25	58.58
13.64	28.29 (14.65)	43.57 (15.28)	58.58 (15.01)	
11 Flynn, Sadie	17	Brompton Swimming Club	59.15	58.66
13.66	28.49 (14.83)	43.54 (15.05)	58.66 (15.12)	
12 Child, Tiegan	17	Beckenham Swimming Club	58.68	58.82
13.38	28.24 (14.86)	43.60 (15.36)	58.82 (15.22)	
13 Nicot, Alice	18	Sutton & Cheam	58.04	59.10
13.65	28.52 (14.87)	43.96 (15.44)	59.10 (15.14)	
14 Winters, Georgie	17	Camden Swiss Cottage Swimming	58.80	59.11
13.55	28.58 (15.03)	43.92 (15.34)	59.11 (15.19)	
15 Barnes, Megan	16	Barnes SC	58.29	59.29
13.78	28.84 (15.06)	44.19 (15.35)	59.29 (15.10)	
16 Marriott, Kai	17	Hackney Aquatics	59.06	59.95
13.42	28.76 (15.34)	43.98 (15.22)	59.95 (15.97)	
17 Ground, Sophia	18	Brompton Swimming Club	59.99	1:00.26
13.42	28.51 (15.09)	44.31 (15.80)	1:00.26 (15.95)	
18 Dunleavy, Maia	18	Brompton Swimming Club	58.89	1:00.42
13.60	28.86 (15.26)	44.79 (15.93)	1:00.42 (15.63)	
19 Macgonigal, Hazel	16	Bo Of Harrow	1:02.48	1:00.57
13.91	29.30 (15.39)	45.13 (15.83)	1:00.57 (15.44)	
20 Brock, Dorothy	16	Anaconda Swimming Club	1:00.08	1:00.68
13.90	29.22 (15.32)	45.10 (15.88)	1:00.68 (15.58)	
21 Follis, Maddie	17	Bromley Swimming Club	59.35	1:00.83
13.75	29.18 (15.43)	45.01 (15.83)	1:00.83 (15.82)	
22 Coyle, Ruby	17	Bo Of Harrow	59.25	1:00.96
14.00	29.38 (15.38)	45.30 (15.92)	1:00.96 (15.66)	
23 Lambropoulos, Athena	17	Camden Swiss Cottage Swimming	59.88	1:01.24
14.07	29.51 (15.44)	45.31 (15.80)	1:01.24 (15.93)	
24 Van Brakel, Saskia	21	Brompton Swimming Club	1:03.60	1:01.37
13.93	29.43 (15.50)	45.35 (15.92)	1:01.37 (16.02)	
25 Cesar, Justine	18	Brompton Swimming Club	1:01.50	1:01.38
13.83	29.25 (15.42)	45.35 (16.10)	1:01.38 (16.03)	
26 Kelly, Alesha	17	Brompton Swimming Club	1:00.11	1:01.49
14.31	29.93 (15.62)	45.75 (15.82)	1:01.49 (15.74)	
27 Kirlew, Maya	18	Enfield Swim Squad	1:02.31	1:01.92
14.36	29.83 (15.47)	46.09 (16.26)	1:01.92 (15.83)	
28 Britton, Beatrice	18	Ealing Swimming Club	1:01.43	1:01.99
14.04	29.71 (15.67)	45.80 (16.09)	1:01.99 (16.19)	
29 Adjei, Nubia	16	Sutton & Cheam	1:01.66	1:02.05
14.37	30.10 (15.73)	46.62 (16.52)	1:02.05 (15.43)	
30 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	1:01.03	1:02.08
14.17	29.99 (15.82)	45.97 (15.98)	1:02.08 (16.11)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 118 Women 16 &amp; Over 100 SC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
31 Boerner, Lisa	18	Kingston Royals Swimming Club	1:01.52	1:02.55
14.20	29.91 (15.71)	46.43 (16.52)	1:02.55 (16.12)	
32 Davison, Abby	17	Beckenham Swimming Club	1:01.68	1:02.73
14.19	29.97 (15.78)	46.55 (16.58)	1:02.73 (16.18)	
33 Dill, Ally	17	Camden Swiss Cottage Swimming	1:01.90	1:02.75
14.38	30.10 (15.72)	46.42 (16.32)	1:02.75 (16.33)	
34 Caswell, Priya	16	Brompton Swimming Club	1:03.01	1:02.89
14.29	30.13 (15.84)	46.87 (16.74)	1:02.89 (16.02)	
35 Davies, Edie	16	Kingston Royals Swimming Club	1:00.39	1:03.05
14.37	30.18 (15.81)	46.75 (16.57)	1:03.05 (16.30)	
36 Deaner, Tahlia	16	Hackney Aquatics	1:02.34	1:03.11
14.12	30.05 (15.93)	46.61 (16.56)	1:03.11 (16.50)	
37 Pereira, Sarah	16	Teddington Swimming Club	1:03.07	1:03.16
15.11	30.97 (15.86)	47.19 (16.22)	1:03.16 (15.97)	
38 Griffiths, Suki	16	Chelsea and Westminster Swimmi	1:02.01	1:03.66
14.50	30.69 (16.19)	47.29 (16.60)	1:03.66 (16.37)	
39 Neal, Joanne	17	Hillingdon Swimming Club	1:02.16	1:04.85
14.70	31.02 (16.32)	48.01 (16.99)	1:04.85 (16.84)	
40 Georgiou, Isobel	17	Enfield Swim Squad	1:03.68	1:05.40
14.81	31.27 (16.46)	48.08 (16.81)	1:05.40 (17.32)	

## Event 118 Women 100 SC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 O'Connell, Leah S7	17	Camden Swiss Cottage Swimming	1:21.87	1:20.94
17.72		1:00.26 ( )	1:20.94 (20.68)	
2 Hyde, Charlie S7	17	Camden Swiss Cottage Swimming	1:24.50	1:23.31
19.07	39.91 (20.84)	1:01.63 (21.72)	1:23.31 (21.68)	

## Event 119 Men 11-15 200 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Bartley, Joseph	15	Sutton & Cheam	1:58.47	1:56.80
13.17	27.43 (14.26)	42.59 (15.16)	57.78 (15.19)	
1:12.56 (14.78)	1:27.32 (14.76)	1:42.32 (15.00)	1:56.80 (14.48)	
2 Solly, Josh	15	Bexley Swimming Club	2:00.75	1:58.72
12.83	27.60 (14.77)	42.96 (15.36)	58.63 (15.67)	
	1:29.64 ( )	1:44.76 (15.12)	1:58.72 (13.96)	
3 Malov, Filip	14	Sutton & Cheam	1:59.30	1:58.73
13.26	27.84 (14.58)	42.79 (14.95)	58.29 (15.50)	
1:13.54 (15.25)	1:28.65 (15.11)	1:44.18 (15.53)	1:58.73 (14.55)	
4 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:00.59	1:59.86
13.21	27.59 (14.38)	42.61 (15.02)	57.86 (15.25)	
1:13.31 (15.45)	1:28.76 (15.45)	1:44.60 (15.84)	1:59.86 (15.26)	
5 Macgonigal, Oliver	13	Bo Of Harrow	2:02.36	2:00.81
13.12	27.56 (14.44)	42.53 (14.97)	58.01 (15.48)	
1:13.56 (15.55)	1:29.41 (15.85)	1:45.54 (16.13)	2:00.81 (15.27)	
6 Divet, Antoine	14	Camden Swiss Cottage Swimming	2:02.73	2:03.29
13.29	28.01 (14.72)	43.27 (15.26)	59.30 (16.03)	
1:15.14 (15.84)	1:31.49 (16.35)	1:47.71 (16.22)	2:03.29 (15.58)	
7 Austin, Alex	15	Hillingdon Swimming Club	2:03.81	2:08.31
13.47	28.70 (15.23)	44.40 (15.70)	1:00.88 (16.48)	
1:17.66 (16.78)	1:34.64 (16.98)	1:51.60 (16.96)	2:08.31 (16.71)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Event 119 Men 11-15 200 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Bartley, Joseph	15	Sutton & Cheam	2:01.76	1:58.47
12.99	27.15 (14.16)	41.86 (14.71)	57.02 (15.16)	
1:12.10 (15.08)	1:27.48 (15.38)	1:43.10 (15.62)	1:58.47 (15.37)	
2 Malov, Filip	14	Sutton & Cheam	1:58.27	1:59.30
13.07	27.28 (14.21)	42.19 (14.91)	57.44 (15.25)	
1:12.70 (15.26)	1:28.23 (15.53)	1:43.94 (15.71)	1:59.30 (15.36)	
3 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:01.75	2:00.59
13.07	27.75 (14.68)	42.58 (14.83)	57.91 (15.33)	
1:13.08 (15.17)	1:28.93 (15.85)	1:44.96 (16.03)	2:00.59 (15.63)	
4 Solly, Josh	15	Bexley Swimming Club	2:02.21	2:00.75
12.99	27.89 (14.90)	43.43 (15.54)	58.99 (15.56)	
1:14.75 (15.76)	1:30.42 (15.67)	2:00.75 (30.33)		
5 Carlos, Kai	14	Barnet Cophall Swimming Club	2:03.72	2:01.55
13.45	28.19 (14.74)	43.50 (15.31)	58.95 (15.45)	
1:14.01 (15.06)	1:29.68 (15.67)	1:45.68 (16.00)	2:01.55 (15.87)	
6 Macgonigal, Oliver	13	Bo Of Harrow	2:03.82	2:02.36
12.97	27.58 (14.61)	42.72 (15.14)	58.52 (15.80)	
1:14.50 (15.98)	1:30.74 (16.24)	1:46.73 (15.99)	2:02.36 (15.63)	
7 Davies, Gareth	15	Haringey Aquatics	2:06.81	2:02.44
13.32	28.36 (15.04)	43.98 (15.62)	59.99 (16.01)	
1:15.79 (15.80)	1:32.42 (16.63)	1:47.60 (15.18)	2:02.44 (14.84)	
8 Divet, Antoine	14	Camden Swiss Cottage Swimming	2:06.79	2:02.73
13.43	28.07 (14.64)	43.42 (15.35)	59.29 (15.87)	
1:15.03 (15.74)	1:31.24 (16.21)	1:47.33 (16.09)	2:02.73 (15.40)	
9 Hampton, Elliott	15	Wandsworth Swimming Club	2:04.21	2:02.82
13.41	28.17 (14.76)	43.72 (15.55)	59.45 (15.73)	
1:15.40 (15.95)	1:31.70 (16.30)	1:47.59 (15.89)	2:02.82 (15.23)	
10 Ellis, Joshua	15	Beckenham Swimming Club	2:08.67	2:02.88
13.24	28.42 (15.18)	44.06 (15.64)	1:00.49 (16.43)	
1:16.83 (16.34)	1:33.93 (17.10)	1:48.96 (15.03)	2:02.88 (13.92)	
11 Bartos, Matej	15	Barnet Cophall Swimming Club	2:02.51	2:03.07
13.19	28.07 (14.88)	43.41 (15.34)	59.54 (16.13)	
1:15.24 (15.70)	1:31.29 (16.05)	1:47.45 (16.16)	2:03.07 (15.62)	
12 Austin, Alex	15	Hillingdon Swimming Club	2:07.89	2:03.81
13.51	28.44 (14.93)	43.98 (15.54)	1:00.00 (16.02)	
1:16.16 (16.16)	1:32.69 (16.53)	1:48.82 (16.13)	2:03.81 (14.99)	
13 Harrington, James	15	Hillingdon Swimming Club	2:04.18	2:04.67
13.57	28.44 (14.87)	43.90 (15.46)	59.99 (16.09)	
1:16.23 (16.24)	1:32.77 (16.54)	1:48.79 (16.02)	2:04.67 (15.88)	
14 Duncan, Callum	15	Bo Of Harrow	2:08.76	2:04.77
13.73	28.91 (15.18)	44.64 (15.73)	1:00.72 (16.08)	
1:16.85 (16.13)	1:33.12 (16.27)	1:49.40 (16.28)	2:04.77 (15.37)	
15 Nimoh, Pharell	15	Saxon Crown (Lewisham)	2:09.15	2:04.86
14.01	29.21 (15.20)	44.99 (15.78)	1:00.84 (15.85)	
1:16.83 (15.99)	1:33.04 (16.21)	1:49.26 (16.22)	2:04.86 (15.60)	
16 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	2:03.59	2:04.92
14.09	29.76 (15.67)	45.37 (15.61)	1:01.28 (15.91)	
1:16.79 (15.51)	1:32.76 (15.97)	2:04.92 (32.16)		
17 Garfield, Joe	14	Borough of Waltham Forest Gato	2:09.82	2:06.07
13.44	28.41 (14.97)	44.35 (15.94)	1:00.64 (16.29)	
1:17.34 (16.70)	1:33.93 (16.59)	1:50.51 (16.58)	2:06.07 (15.56)	
18 Borak, Yuriy	14	Ealing Swimming Club	2:09.35	2:06.49
13.08	27.95 (14.87)	43.75 (15.80)	1:00.02 (16.27)	
1:16.48 (16.46)	1:33.32 (16.84)	1:50.28 (16.96)	2:06.49 (16.21)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 119 Men 11-15 200 SC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
19 Bennett, Adam	15	Hillingdon Swimming Club	2:08.50	2:06.69
	13.66	28.80 (15.14)	44.72 (15.92)	1:01.04 (16.32)
	1:17.41 (16.37)	1:33.83 (16.42)	1:51.05 (17.22)	2:06.69 (15.64)
20 Bartholomew, Cameron	15	Hillingdon Swimming Club	2:06.49	2:06.78
	13.58	28.84 (15.26)	44.58 (15.74)	1:00.72 (16.14)
	1:16.58 (15.86)	1:33.21 (16.63)	1:50.17 (16.96)	2:06.78 (16.61)
21 Raykin, Georgi	14	Newham & Uel Swimming Club	2:13.49	2:07.00
	13.43	28.27 (14.84)	43.98 (15.71)	1:00.00 (16.02)
	1:16.47 (16.47)	1:33.44 (16.97)	1:50.92 (17.48)	2:07.00 (16.08)
22 Lewis-Ward, Thomas	14	Beckenham Swimming Club	2:12.28	2:07.01
	14.22	29.58 (15.36)	45.66 (16.08)	1:02.02 (16.36)
	1:18.64 (16.62)	1:34.94 (16.30)	1:51.35 (16.41)	2:07.01 (15.66)
23 Gray, Henry	13	Chelsea and Westminster Swimmi	2:10.41	2:07.31
	13.77	28.94 (15.17)	45.05 (16.11)	1:01.39 (16.34)
	1:18.10 (16.71)	1:35.01 (16.91)	1:51.85 (16.84)	2:07.31 (15.46)
24 Davies, Louis	15	Kingston Royals Swimming Club	2:10.17	2:08.11
	13.51	28.71 (15.20)	44.75 (16.04)	1:01.05 (16.30)
	1:17.93 (16.88)	1:34.94 (17.01)	1:51.94 (17.00)	2:08.11 (16.17)
25 Irvine, William	14	Sutton & Cheam	2:09.33	2:08.12
	13.92	29.67 (15.75)	46.01 (16.34)	1:02.57 (16.56)
	1:19.45 (16.88)	1:35.82 (16.37)	1:52.44 (16.62)	2:08.12 (15.68)
26 Bartley, Thomas	14	Sutton & Cheam	2:12.42	2:08.31
	14.13	30.01 (15.88)	46.27 (16.26)	1:03.02 (16.75)
	1:19.92 (16.90)	1:37.06 (17.14)	1:53.16 (16.10)	2:08.31 (15.15)
27 Neilson, Declan	15	Enfield Swim Squad	2:14.20	2:09.77
	14.21	29.98 (15.77)	46.61 (16.63)	1:03.61 (17.00)
	1:20.21 (16.60)	1:36.91 (16.70)	1:53.49 (16.58)	2:09.77 (16.28)
28 Dinev, Bryan	13	Bexley Swimming Club	2:12.77	2:09.99
	13.86	29.52 (15.66)	46.16 (16.64)	1:03.42 (17.26)
	1:20.70 (17.28)	1:38.14 (17.44)	1:54.40 (16.26)	2:09.99 (15.59)
29 Street, Tom	14	Wandsworth Swimming Club	2:12.47	2:10.00
	13.73	28.91 (15.18)	44.67 (15.76)	1:01.21 (16.54)
	1:18.19 (16.98)	1:35.85 (17.66)	1:53.95 (18.10)	2:10.00 (16.05)
30 Dalton, Oliver	15	Beckenham Swimming Club	2:09.16	2:10.01
	13.77	29.29 (15.52)	45.57 (16.28)	1:01.96 (16.39)
	1:19.06 (17.10)	1:36.15 (17.09)	1:53.60 (17.45)	2:10.01 (16.41)
31 Miranda, Juan	15	Chelsea and Westminster Swimmi	2:14.74	2:10.03
	14.03	30.06 (16.03)	46.68 (16.62)	1:03.21 (16.53)
	1:19.91 (16.70)	1:37.09 (17.18)	1:54.00 (16.91)	2:10.03 (16.03)
32 Drienovsky, Daniel	14	Barnet Cophall Swimming Club	2:11.34	2:10.11
	13.96	29.89 (15.93)	46.13 (16.24)	1:02.93 (16.80)
	1:19.80 (16.87)	1:36.85 (17.05)	1:53.68 (16.83)	2:10.11 (16.43)
33 Williams, Alexander	14	Hillingdon Swimming Club	2:09.38	2:10.38
	14.56	30.66 (16.10)	47.14 (16.48)	1:04.00 (16.86)
	1:20.36 (16.36)	1:37.29 (16.93)	1:54.19 (16.90)	2:10.38 (16.19)
34 Cohen, Jacob	14	Camden Swiss Cottage Swimming	2:16.21	2:10.43
	14.33	29.87 (15.54)	46.05 (16.18)	1:02.83 (16.78)
	1:19.83 (17.00)	1:36.98 (17.15)	1:54.13 (17.15)	2:10.43 (16.30)
35 Archer, Thomas	15	Hackney Aquatics	2:14.00	2:10.58
	14.23	30.33 (16.10)	46.60 (16.27)	1:03.45 (16.85)
	1:20.19 (16.74)	1:37.33 (17.14)	1:54.30 (16.97)	2:10.58 (16.28)
36 Evans, Seb	15	Barnes SC	2:12.73	2:10.65
		29.68 ( )	46.11 (16.43)	1:03.03 (16.92)
		1:37.63 ( )	1:54.58 (16.95)	2:10.65 (16.07)
37 Munden, Joe	15	Newham & Uel Swimming Club	2:15.52	2:10.70
	14.25	30.15 (15.90)	46.78 (16.63)	1:04.01 (17.23)
	1:20.92 (16.91)	1:38.32 (17.40)	1:54.53 (16.21)	2:10.70 (16.17)

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 119 Men 11-15 200 SC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
38 Emerton, Matthew	15	Hillingdon Swimming Club	2:12.81	2:10.72
13.45	28.91 (15.46)	45.21 (16.30)	1:02.36 (17.15)	
1:19.62 (17.26)	1:36.97 (17.35)	1:54.48 (17.51)	2:10.72 (16.24)	
39 Robinson, Harry	15	Barking and Dagenham Aquatics	2:15.97	2:10.78
14.30	30.50 (16.20)	47.42 (16.92)	1:04.30 (16.88)	
1:20.64 (16.34)	1:37.75 (17.11)	1:54.62 (16.87)	2:10.78 (16.16)	
*40 Khadraoui, Sami	14	Enfield Swim Squad	2:15.18	2:10.83
14.12	29.78 (15.66)	46.02 (16.24)	1:03.13 (17.11)	
1:19.94 (16.81)	1:36.82 (16.88)	1:54.14 (17.32)	2:10.83 (16.69)	
*40 Totu, Mihnea	15	Newham & Uel Swimming Club	2:13.01	2:10.83
13.96	29.32 (15.36)	46.11 (16.79)	1:03.06 (16.95)	
1:20.47 (17.41)	1:38.22 (17.75)	1:55.44 (17.22)	2:10.83 (15.39)	
42 Lander, Samuel	13	Bromley Swimming Club	2:14.64	2:10.87
14.07	29.71 (15.64)	46.36 (16.65)		
1:20.41 ( )	1:37.80 (17.39)	1:54.88 (17.08)	2:10.87 (15.99)	
43 Roberts, Daniel	15	Kingston Royals Swimming Club	2:16.50	2:10.99
14.20	29.77 (15.57)	46.58 (16.81)	1:03.74 (17.16)	
1:20.38 (16.64)	1:37.74 (17.36)	1:54.98 (17.24)	2:10.99 (16.01)	
44 Moyles, Liam	15	Broomfield Park Swimming Club	2:10.53	2:11.22
13.78	29.43 (15.65)	45.93 (16.50)	1:02.60 (16.67)	
1:19.61 (17.01)	1:36.88 (17.27)	1:54.40 (17.52)	2:11.22 (16.82)	
45 Tutt, Alessio	14	Bromley Swimming Club	2:12.28	2:11.47
	29.61 ( )	46.08 (16.47)	1:02.73 (16.65)	
1:19.80 (17.07)	1:37.19 (17.39)	1:54.79 (17.60)	2:11.47 (16.68)	
46 Chilton, Christo	14	Dulwich Dolphins Swimming Club	2:13.71	2:11.91
14.37	30.06 (15.69)	46.47 (16.41)	1:03.11 (16.64)	
1:20.28 (17.17)	1:37.50 (17.22)	1:55.05 (17.55)	2:11.91 (16.86)	
47 Ismatullaev, Jamie	13	Hillingdon Swimming Club	2:11.19	2:12.63
14.33	30.24 (15.91)	46.72 (16.48)	1:03.72 (17.00)	
1:21.00 (17.28)	1:38.59 (17.59)	1:55.92 (17.33)	2:12.63 (16.71)	
48 Kazlauskas, Justinas	13	Barking and Dagenham Aquatics	2:16.44	2:12.77
13.77	28.76 (14.99)	44.80 (16.04)	1:01.59 (16.79)	
1:19.14 (17.55)	1:36.84 (17.70)	1:55.24 (18.40)	2:12.77 (17.53)	
49 Jiron, Michael	14	Croydon Amphibians Swimming Cl	2:14.02	2:12.79
14.20	30.25 (16.05)	46.71 (16.46)	1:03.61 (16.90)	
1:21.07 (17.46)	1:38.14 (17.07)	1:55.84 (17.70)	2:12.79 (16.95)	
50 Treadwell, Theo	13	Greenwich Royals Swimming Club	2:16.26	2:13.01
14.02	30.15 (16.13)	46.20 (16.05)	1:03.12 (16.92)	
1:20.28 (17.16)	1:38.04 (17.76)	1:55.84 (17.80)	2:13.01 (17.17)	
51 Zeren, Mehmet	13	Brompton Swimming Club	2:12.15	2:13.38
14.29	30.01 (15.72)	46.34 (16.33)	1:03.31 (16.97)	
1:20.61 (17.30)	1:38.11 (17.50)	1:55.92 (17.81)	2:13.38 (17.46)	
52 Alvarado, Matthias	14	Camden Swiss Cottage Swimming	2:15.82	2:13.49
13.86	29.45 (15.59)	45.80 (16.35)	1:03.15 (17.35)	
1:20.36 (17.21)	1:38.30 (17.94)	1:56.05 (17.75)	2:13.49 (17.44)	
53 Langley, David	14	Beckenham Swimming Club	2:13.54	2:13.60
14.47	30.44 (15.97)	47.39 (16.95)	1:04.82 (17.43)	
1:22.22 (17.40)	1:39.65 (17.43)	1:57.04 (17.39)	2:13.60 (16.56)	
54 Lead, George	15	Enfield Swim Squad	2:13.67	2:13.80
14.41	31.47 (17.06)	48.08 (16.61)	1:05.20 (17.12)	
1:22.65 (17.45)	1:40.11 (17.46)	1:57.32 (17.21)	2:13.80 (16.48)	
55 Pratt, Lanre	13	Chelsea and Westminster Swimmi	2:16.87	2:14.06
14.41	30.40 (15.99)	47.14 (16.74)	1:04.42 (17.28)	
1:21.72 (17.30)	1:39.31 (17.59)	1:56.81 (17.50)	2:14.06 (17.25)	
56 Ellis, Luke	13	Beckenham Swimming Club	2:15.03	2:14.08
14.10	29.86 (15.76)	46.55 (16.69)	1:03.65 (17.10)	
1:21.09 (17.44)	1:38.75 (17.66)	1:56.66 (17.91)	2:14.08 (17.42)	



## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 119 Men 11-15 200 SC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
57 Wardell, Jack	15	Kingston Royals Swimming Club	2:16.33	2:14.18
14.82	30.32 (15.50)	47.08 (16.76)	1:04.60 (17.52)	
1:22.52 (17.92)	1:40.38 (17.86)	1:58.29 (17.91)	2:14.18 (15.89)	
58 Lewis, Teddy	13	Saxon Crown (Lewisham)	2:15.67	2:14.41
14.94	31.69 (16.75)	48.67 (16.98)	1:05.92 (17.25)	
1:22.94 (17.02)	1:40.33 (17.39)	1:57.68 (17.35)	2:14.41 (16.73)	
59 Cinpoes, Pip	12	Kingston Royals Swimming Club	2:16.83	2:15.12
14.44	30.51 (16.07)	47.55 (17.04)	1:05.16 (17.61)	
1:22.60 (17.44)	1:40.32 (17.72)	1:58.31 (17.99)	2:15.12 (16.81)	
60 Porter, Thomas	14	Teddington Swimming Club	2:15.56	2:15.35
14.44	30.37 (15.93)	47.20 (16.83)	1:04.51 (17.31)	
1:22.26 (17.75)	1:40.07 (17.81)	1:58.12 (18.05)	2:15.35 (17.23)	
61 Platou, Oskar	14	Kingston Royals Swimming Club	2:14.97	2:15.75
14.78	31.21 (16.43)	48.43 (17.22)	1:05.62 (17.19)	
1:23.19 (17.57)	1:41.40 (18.21)	1:59.22 (17.82)	2:15.75 (16.53)	
62 Booth, Rex	14	Ealing Swimming Club	2:15.95	2:16.12
14.65	31.28 (16.63)	48.79 (17.51)	1:06.41 (17.62)	
1:24.27 (17.86)	1:42.17 (17.90)	1:59.60 (17.43)	2:16.12 (16.52)	
63 Hawkins, Tom	12	Bexley Swimming Club	2:13.10	2:16.33
14.46	30.87 (16.41)	48.50 (17.63)	1:06.19 (17.69)	
1:23.66 (17.47)	1:41.42 (17.76)	1:59.11 (17.69)	2:16.33 (17.22)	
64 Markov, Nik	13	Camden Swiss Cottage Swimming	2:16.46	2:19.87
14.64	30.74 (16.10)	47.85 (17.11)	1:05.69 (17.84)	
1:23.93 (18.24)	1:42.58 (18.65)	2:01.51 (18.93)	2:19.87 (18.36)	

## Event 119 Men 16 &amp; Over 200 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Lovelock, Taylor	19	Hillingdon Swimming Club	1:52.76	1:50.42
12.67	26.86 (14.19)		54.58 ( )	
1:08.43 (13.85)	1:22.29 (13.86)	1:36.63 (14.34)	1:50.42 (13.79)	
2 Gencas, Daniel	16	Romford Town Swimming Club	1:52.92	1:51.52
12.61	26.72 (14.11)	41.09 (14.37)	55.30 (14.21)	
1:09.55 (14.25)	1:23.68 (14.13)	1:37.82 (14.14)	1:51.52 (13.70)	
3 Dobb, Joseph	19	Bromley Swimming Club	1:53.40	1:54.13
12.54	26.69 (14.15)	41.05 (14.36)	55.60 (14.55)	
1:10.14 (14.54)	1:24.89 (14.75)	1:39.83 (14.94)	1:54.13 (14.30)	
4 Giordani, Shakil	17	Haringey Aquatics	1:55.85	1:55.48
12.68	27.00 (14.32)	41.42 (14.42)	56.46 (15.04)	
1:11.26 (14.80)	1:26.06 (14.80)	1:40.95 (14.89)	1:55.48 (14.53)	
5 Rudd, William	16	Chelsea and Westminster Swimmi	1:54.39	1:55.73
12.66	26.66 (14.00)	41.30 (14.64)	56.18 (14.88)	
1:10.81 (14.63)	1:25.92 (15.11)	1:41.12 (15.20)	1:55.73 (14.61)	
6 Vazirani, Rohan	18	Ealing Swimming Club	1:55.41	1:56.28
12.65	26.72 (14.07)	41.24 (14.52)	56.21 (14.97)	
1:11.23 (15.02)	1:26.43 (15.20)	1:41.63 (15.20)	1:56.28 (14.65)	
7 Stamenkovic, Pavle	17	Camden Swiss Cottage Swimming	1:55.95	1:56.89
12.58	26.97 (14.39)	41.37 (14.40)	56.49 (15.12)	
1:11.03 (14.54)	1:26.10 (15.07)	1:41.31 (15.21)	1:56.89 (15.58)	
8 Rowson, Alex	17	Brompton Swimming Club	1:53.19	1:57.81
12.57	26.50 (13.93)	41.15 (14.65)	55.70 (14.55)	
1:10.63 (14.93)	1:26.31 (15.68)	1:42.64 (16.33)	1:57.81 (15.17)	

## Event 119 Men 16 &amp; Over 200 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Lovelock, Taylor	19	Hillingdon Swimming Club	1:52.47	1:52.76
12.67	26.85 (14.18)	41.33 (14.48)	55.85 (14.52)	
1:10.09 (14.24)	1:24.18 (14.09)	1:38.31 (14.13)	1:52.76 (14.45)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 119 Men 16 & Over 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
2 Gencas, Daniel	16	Romford Town Swimming Club	1:52.83	1:52.92
	26.55 ( )	41.09 (14.54)	55.41 (14.32)	
1:10.04 (14.63)	1:24.56 (14.52)	1:39.24 (14.68)	1:52.92 (13.68)	
3 Rowson, Alex	17	Brompton Swimming Club	1:54.58	1:53.19
12.39	26.02 (13.63)	40.28 (14.26)	54.94 (14.66)	
1:09.38 (14.44)	1:24.03 (14.65)	1:38.83 (14.80)	1:53.19 (14.36)	
4 Dobb, Joseph	19	Bromley Swimming Club	1:54.25	1:53.40
12.69	26.51 (13.82)	40.61 (14.10)	54.88 (14.27)	
1:09.49 (14.61)	1:24.28 (14.79)	1:39.23 (14.95)	1:53.40 (14.17)	
5 Barnes, George	18	Brompton Swimming Club	1:55.11	1:54.13
12.23	25.75 (13.52)	39.94 (14.19)	54.19 (14.25)	
1:08.87 (14.68)	1:23.94 (15.07)	1:39.31 (15.37)	1:54.13 (14.82)	
6 Rudd, William	16	Chelsea and Westminster Swimmi	1:56.97	1:54.39
12.89	26.79 (13.90)	40.92 (14.13)	55.58 (14.66)	
1:09.68 (14.10)	1:24.28 (14.60)	1:39.47 (15.19)	1:54.39 (14.92)	
7 Vazirani, Rohan	18	Ealing Swimming Club	1:54.69	1:55.41
13.15	27.23 (14.08)	41.56 (14.33)	56.28 (14.72)	
1:10.80 (14.52)	1:25.50 (14.70)	1:40.46 (14.96)	1:55.41 (14.95)	
8 Price, Archie	16	Barnet Cophall Swimming Club	1:53.77	1:55.80
13.32	27.70 (14.38)	42.49 (14.79)	57.30 (14.81)	
1:11.96 (14.66)	1:26.54 (14.58)	1:41.59 (15.05)	1:55.80 (14.21)	
9 Giordani, Shakil	17	Haringey Aquatics	1:55.46	1:55.85
12.95	27.93 (14.98)	42.83 (14.90)	57.61 (14.78)	
1:12.17 (14.56)	1:26.68 (14.51)	1:41.59 (14.91)	1:55.85 (14.26)	
10 Stamenkovic, Pavle	17	Camden Swiss Cottage Swimming	1:59.31	1:55.95
12.63	26.71 (14.08)	41.33 (14.62)	56.51 (15.18)	
1:11.04 (14.53)	1:26.15 (15.11)	1:41.23 (15.08)	1:55.95 (14.72)	
11 Olin, Jackson	17	Camden Swiss Cottage Swimming	1:53.78	1:56.23
13.12	27.39 (14.27)	41.82 (14.43)	56.48 (14.66)	
1:11.05 (14.57)	1:26.23 (15.18)	1:41.53 (15.30)	1:56.23 (14.70)	
12 Kirlew, Josh	20	Enfield Swim Squad	1:56.40	1:57.80
12.91	26.82 (13.91)	41.19 (14.37)	55.82 (14.63)	
1:10.94 (15.12)	1:26.40 (15.46)	1:42.34 (15.94)	1:57.80 (15.46)	
13 Chana, Dillon	16	Hillingdon Swimming Club	1:55.51	1:57.86
12.84	27.12 (14.28)	41.12 (14.00)	55.49 (14.37)	
1:10.48 (14.99)	1:26.03 (15.55)	1:42.06 (16.03)	1:57.86 (15.80)	
14 Divet, Yann	16	Camden Swiss Cottage Swimming	1:58.78	1:58.00
13.18	27.54 (14.36)	42.13 (14.59)	56.97 (14.84)	
1:12.05 (15.08)	1:27.43 (15.38)	1:42.93 (15.50)	1:58.00 (15.07)	
15 Koster, Willem	17	Dulwich Dolphins Swimming Club	1:59.13	1:58.08
13.04	27.52 (14.48)	42.30 (14.78)	57.36 (15.06)	
1:12.30 (14.94)	1:27.71 (15.41)	1:43.09 (15.38)	1:58.08 (14.99)	
16 Din, Aryaan	16	Chelsea and Westminster Swimmi	2:01.66	1:58.31
12.60	26.71 (14.11)	41.26 (14.55)	56.45 (15.19)	
1:11.88 (15.43)	1:27.51 (15.63)	1:43.50 (15.99)	1:58.31 (14.81)	
17 Leberl, Timothy	17	Beckenham Swimming Club	1:58.83	1:58.78
13.12	27.56 (14.44)	42.20 (14.64)	57.23 (15.03)	
1:12.39 (15.16)	1:27.79 (15.40)	1:43.30 (15.51)	1:58.78 (15.48)	
18 Duni, Thomas	18	Bexley Swimming Club	2:00.51	1:59.55
13.21	28.03 (14.82)	43.10 (15.07)	58.54 (15.44)	
1:13.82 (15.28)	1:29.32 (15.50)	1:44.47 (15.15)	1:59.55 (15.08)	
19 Maxwell, Finlay	17	Beckenham Swimming Club	2:03.31	1:59.68
13.27	27.55 (14.28)	42.67 (15.12)	58.21 (15.54)	
1:13.48 (15.27)	1:28.90 (15.42)	1:44.68 (15.78)	1:59.68 (15.00)	
20 Akopian, Anton	18	Ealing Swimming Club	1:55.65	2:00.16
12.94	27.52 (14.58)	42.37 (14.85)	57.32 (14.95)	
1:12.49 (15.17)	1:28.46 (15.97)	1:44.42 (15.96)	2:00.16 (15.74)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 119 Men 16 & Over 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
21 Sheehan, Joseph	22	Ealing Swimming Club	2:05.01	2:00.57
12.52	26.25 (13.73)	40.86 (14.61)	56.21 (15.35)	
1:12.10 (15.89)	1:28.30 (16.20)	1:44.69 (16.39)	2:00.57 (15.88)	
22 Bongurala, Revanth	21	Newham & Uel Swimming Club	1:59.62	2:00.77
12.76	27.25 (14.49)	42.11 (14.86)	57.43 (15.32)	
1:13.10 (15.67)	1:29.03 (15.93)	1:45.40 (16.37)	2:00.77 (15.37)	
23 Brighton, Daniel	17	Bexley Swimming Club	2:04.56	2:01.35
13.23	28.08 (14.85)	43.59 (15.51)	59.46 (15.87)	
1:15.35 (15.89)	1:31.59 (16.24)	1:47.11 (15.52)	2:01.35 (14.24)	
24 Penney, Rohan	18	Wandsworth Swimming Club	2:02.79	2:01.58
12.85	27.27 (14.42)	42.78 (15.51)	58.37 (15.59)	
1:14.20 (15.83)	1:30.09 (15.89)	1:46.16 (16.07)	2:01.58 (15.42)	
25 Wild, Jack	17	Sutton & Cheam	2:02.95	2:01.66
13.22	27.68 (14.46)	42.64 (14.96)	58.30 (15.66)	
1:14.22 (15.92)	1:30.34 (16.12)	1:46.65 (16.31)	2:01.66 (15.01)	
26 Banga, Nathan	16	Romford Town Swimming Club	2:01.78	2:01.81
13.30	18.29 (4.99)	42.74 (24.45)	58.04 (15.30)	
1:13.77 (15.73)	1:29.75 (15.98)	1:46.09 (16.34)	2:01.81 (15.72)	
27 Mcspadden, Marcus	16	Beckenham Swimming Club	2:08.70	2:01.89
13.31	28.07 (14.76)	43.83 (15.76)	59.62 (15.79)	
1:15.34 (15.72)	1:31.23 (15.89)	1:47.11 (15.88)	2:01.89 (14.78)	
28 Hassan, Yasser	16	Brompton Swimming Club	2:05.85	2:02.09
13.19	27.78 (14.59)	43.14 (15.36)	58.95 (15.81)	
1:14.21 (15.26)	1:30.35 (16.14)	1:46.48 (16.13)	2:02.09 (15.61)	
29 Wilson, Alexander	18	Brompton Swimming Club	2:03.05	2:02.96
13.52	28.69 (15.17)	44.37 (15.68)	1:00.54 (16.17)	
1:15.94 (15.40)	1:31.51 (15.57)	1:47.59 (16.08)	2:02.96 (15.37)	
30 Thornton, Samuel	18	Ealing Swimming Club	2:02.40	2:03.81
13.28	28.16 (14.88)	43.60 (15.44)	59.57 (15.97)	
1:15.56 (15.99)	1:32.03 (16.47)	1:48.11 (16.08)	2:03.81 (15.70)	
31 Barou, Emile	17	Camden Swiss Cottage Swimming	2:08.88	2:04.06
13.58	28.79 (15.21)	44.74 (15.95)	1:00.86 (16.12)	
1:17.03 (16.17)	1:33.21 (16.18)	1:49.08 (15.87)	2:04.06 (14.98)	
32 Martin-McKevitt, Luca	16	Hillingdon Swimming Club	2:01.34	2:04.18
13.56	28.57 (15.01)	44.08 (15.51)	1:00.02 (15.94)	
1:15.92 (15.90)	1:32.62 (16.70)	1:48.88 (16.26)	2:04.18 (15.30)	
33 Matloub, Adam	16	Romford Town Swimming Club	2:03.40	2:04.86
13.39	28.25 (14.86)	43.94 (15.69)	1:00.10 (16.16)	
1:16.29 (16.19)	1:32.74 (16.45)	1:49.03 (16.29)	2:04.86 (15.83)	
34 Fenton, Christian	18	Brompton Swimming Club	2:02.62	2:05.11
13.30	28.23 (14.93)	44.23 (16.00)	1:00.20 (15.97)	
1:16.30 (16.10)	1:32.53 (16.23)	1:48.77 (16.24)	2:05.11 (16.34)	
35 Marin, Stefan	17	Bexley Swimming Club	2:09.13	2:05.32
13.71	28.67 (14.96)	44.21 (15.54)	59.98 (15.77)	
1:16.02 (16.04)	1:32.35 (16.33)	1:49.02 (16.67)	2:05.32 (16.30)	
36 Downey, Mack	16	Kingston Royals Swimming Club	2:11.13	2:05.44
13.27	27.87 (14.60)	43.02 (15.15)	58.99 (15.97)	
1:15.34 (16.35)	1:32.17 (16.83)	1:49.33 (17.16)	2:05.44 (16.11)	
37 Beer, Toby	16	Sutton & Cheam	2:06.71	2:05.58
13.53	28.45 (14.92)	43.90 (15.45)	59.83 (15.93)	
1:16.05 (16.22)	1:32.65 (16.60)	1:49.22 (16.57)	2:05.58 (16.36)	
38 Johnson, Kai	17	Saxon Crown (Lewisham)	2:07.68	2:05.66
13.64	29.11 (15.47)	44.97 (15.86)	1:01.33 (16.36)	
1:17.47 (16.14)	1:33.97 (16.50)	1:50.33 (16.36)	2:05.66 (15.33)	
39 Collins, Harry	16	Bexley Swimming Club	2:11.34	2:06.89
13.42	28.99 (15.57)	44.93 (15.94)	1:01.23 (16.30)	
1:17.75 (16.52)	1:34.76 (17.01)	1:51.37 (16.61)	2:06.89 (15.52)	

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Name	Age	Team	Seed Time	Prelim Time
40 Rounding, Oscar	17	Teddington Swimming Club	2:11.48	2:08.48
13.46	28.45 (14.99)	43.90 (15.45)	59.80 (15.90)	
1:16.20 (16.40)	1:33.37 (17.17)	1:50.92 (17.55)	2:08.48 (17.56)	
41 Young, Harry	16	Kingston Royals Swimming Club	2:10.49	2:08.56
13.65	29.21 (15.56)	45.54 (16.33)	1:02.17 (16.63)	
1:18.41 (16.24)	1:35.13 (16.72)	1:52.15 (17.02)	2:08.56 (16.41)	
42 Seema Roca, Pablo	16	Beckenham Swimming Club	2:08.73	2:08.66
12.94	27.68 (14.74)	43.11 (15.43)	59.25 (16.14)	
1:15.95 (16.70)	1:33.33 (17.38)	1:51.10 (17.77)	2:08.66 (17.56)	
43 Japal, Lewis	16	Enfield Swim Squad	2:08.42	2:09.24
13.75	28.85 (15.10)	44.68 (15.83)	1:01.13 (16.45)	
1:17.86 (16.73)	1:35.40 (17.54)	1:52.62 (17.22)	2:09.24 (16.62)	
44 Peel, Max	16	Orpington OJ	2:06.78	2:09.63
13.75	29.57 (15.82)	45.83 (16.26)	1:02.74 (16.91)	
1:19.91 (17.17)	1:37.26 (17.35)	1:53.64 (16.38)	2:09.63 (15.99)	
45 Spencer, Harry	18	Killerwhales	2:06.41	2:10.28
13.31	28.29 (14.98)	44.50 (16.21)	1:01.16 (16.66)	
1:18.42 (17.26)	1:35.88 (17.46)	1:53.37 (17.49)	2:10.28 (16.91)	
46 Finn, Gregory	16	Brompton Swimming Club	2:08.76	2:10.66
13.84	29.71 (15.87)	45.98 (16.27)	1:02.46 (16.48)	
1:19.59 (17.13)	1:36.70 (17.11)	1:53.95 (17.25)	2:10.66 (16.71)	
47 Markov, Danny	16	Camden Swiss Cottage Swimming	2:08.50	2:12.49
13.67	29.36 (15.69)	45.43 (16.07)	1:02.07 (16.64)	
1:18.77 (16.70)	1:36.36 (17.59)	1:54.57 (18.21)	2:12.49 (17.92)	
48 Gomes, Guilherme	17	Newham & Uel Swimming Club	2:08.31	2:13.24
13.97	29.34 (15.37)	45.59 (16.25)	1:02.06 (16.47)	
1:19.39 (17.33)	1:36.92 (17.53)	1:55.05 (18.13)	2:13.24 (18.19)	

**Event 120 Women 11-15 50 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Powell, Eliza	15	Bromley Swimming Club	33.33	33.12
15.57	33.12 (17.55)			
2 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	34.75	34.11
16.83	34.11 (17.28)			
3 Hagan, Holly	15	Romford Town Swimming Club	35.04	34.41
16.19	34.41 (18.22)			
4 Bayley, Alice	15	Anaconda Swimming Club	35.10	35.00
16.08	35.00 (18.92)			
5 Saeijs, Lilou	14	Bromley Swimming Club	35.57	35.17
16.42	35.17 (18.75)			
6 Hayes, Mabel	13	Anaconda Swimming Club	35.06	35.21
16.10	35.21 (19.11)			
7 Bowley, Hannah	14	Hillingdon Swimming Club	35.33	35.90
17.10	35.90 (18.80)			
8 Baduna, Chloe	13	Hackney Aquatics	35.61	36.34
16.96	36.34 (19.38)			

**Event 120 Women 11-15 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Powell, Eliza	15	Bromley Swimming Club	31.80	33.33
15.63	33.33 (17.70)			
2 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	34.27	34.75
15.87	34.75 (18.88)			
3 McEver, Ella	14	Camden Swiss Cottage Swimming	34.77	34.94
16.11	34.94 (18.83)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 120 Women 11-15 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
4 Hagan, Holly	15	Romford Town Swimming Club	34.25	35.04
16.40	35.04 (18.64)			
5 Hayes, Mabel	13	Anaconda Swimming Club	36.62	35.06
15.92	35.06 (19.14)			
6 Bayley, Alice	15	Anaconda Swimming Club	35.23	35.10
15.94	35.10 (19.16)			
7 Bowley, Hannah	14	Hillingdon Swimming Club	36.39	35.33
16.87	35.33 (18.46)			
8 Saeijs, Lilou	14	Bromley Swimming Club	35.57	35.57
16.59	35.57 (18.98)			
9 Baduna, Chloe	13	Hackney Aquatics	35.81	35.61
16.63	35.61 (18.98)			
10 Baxter, Ellisia	15	Enfield Swim Squad	35.86	35.68
16.40	35.68 (19.28)			
11 Humble, Jasmine	15	Kingston Royals Swimming Club	34.70	35.71
16.66	35.71 (19.05)			
12 Kelly, Ava	13	Croydon Amphibians Swimming Cl	35.88	35.78
16.80	35.78 (18.98)			
13 Evans, Olwen	15	Bexley Swimming Club	36.33	35.85
16.60	35.85 (19.25)			
14 Sargent, Imogen	15	Chelsea and Westminster Swimmi	35.83	35.88
16.68	35.88 (19.20)			
15 Armstrong, Rebecca	15	Borough of Waltham Forest Gato	36.92	35.95
16.73	35.95 (19.22)			
16 Shaw, Ava	13	Natare West London	37.94	36.08
16.80	36.08 (19.28)			
17 Dewhurst, Annabel	13	Anaconda Swimming Club	37.87	36.14
16.71	36.14 (19.43)			
18 Bremen, Sophia	13	Anaconda Swimming Club	38.30	36.16
16.79	36.16 (19.37)			
19 Mathews, Tiggy	14	Brompton Swimming Club	38.21	36.19
16.46	36.19 (19.73)			
20 Sweeney, Rebecca	15	Barnes SC	35.03	36.20
16.60	36.20 (19.60)			
21 Tran, Amy	13	Chelsea and Westminster Swimmi	36.54	36.26
16.73	36.26 (19.53)			
22 Silva, Isla	13	Hackney Aquatics	35.93	36.28
16.70	36.28 (19.58)			
23 Podurgiel, Ella	14	Camden Swiss Cottage Swimming	38.08	36.33
16.65	36.33 (19.68)			
*24 Medcalf, Lucy Jane	14	Sutton & Cheam	36.12	36.40
16.60	36.40 (19.80)			
*24 Surminski, Josephine	14	Chelsea and Westminster Swimmi	36.69	36.40
16.98	36.40 (19.42)			
26 Verbaityte, Emilia	15	Greenwich Royals Swimming Club	36.71	36.41
17.22	36.41 (19.19)			
27 Miller, Amani	15	London Borough of Hounslow	34.75	36.45
16.96	36.45 (19.49)			
28 Everett, Zoe	13	Greenwich Royals Swimming Club	36.22	36.51
16.94	36.51 (19.57)			
29 Utermann, Helena	14	Camden Swiss Cottage Swimming	37.61	36.56
17.60	36.56 (18.96)			
30 Ricca, Lavinia	13	Natare West London	36.82	36.57
16.95	36.57 (19.62)			
*31 Sweeting, Natasha	14	Barnes SC	37.40	36.82
17.06	36.82 (19.76)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 120 Women 11-15 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
*31 Wilcock, Tegan	15	Kingston Royals Swimming Club	36.42	36.82
16.69	36.82 (20.13)			
33 Somasundram, Vinammra	15	Bo Of Harrow	37.88	36.89
16.78	36.89 (20.11)			
34 Shafiq, Leila	14	Anaconda Swimming Club	35.49	36.90
16.77	36.90 (20.13)			
35 Owens, Anna	15	Barnes SC	36.52	36.95
17.02	36.95 (19.93)			
36 Jackson, Samantha	14	Orpingon OJ	36.31	37.07
17.29	37.07 (19.78)			
37 Gunn, Emily	13	Bromley Swimming Club	36.84	37.11
16.92	37.11 (20.19)			
38 Lenihan, Lily	15	Sutton & Cheam	35.59	37.14
16.79	37.14 (20.35)			
39 O'Connell, Annelise	15	Camden Swiss Cottage Swimming	36.70	37.30
17.38	37.30 (19.92)			
40 Sanders, Annie	12	Greenwich Royals Swimming Club	37.38	37.34
16.98	37.34 (20.36)			
41 Pearson, Aoife	15	Hackney Aquatics	37.39	37.40
17.52	37.40 (19.88)			
42 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	37.16	37.45
17.28	37.45 (20.17)			
*43 Wootton, Evie	14	Haringey Aquatics	38.00	37.53
17.83	37.53 (19.70)			
*43 Long, Charlotte	13	Kingston Royals Swimming Club	35.91	37.53
17.30	37.53 (20.23)			
45 Bhugun, Emma	14	Chelsea and Westminster Swimmi	37.61	37.57
17.49	37.57 (20.08)			
46 Daffey, Schuyler	15	Brompton Swimming Club	37.85	37.66
17.46	37.66 (20.20)			
47 Phillimore, Ronni	15	Hackney Aquatics	36.85	37.72
17.48	37.72 (20.24)			
48 Doyle, Ella	13	Greenwich Royals Swimming Club	38.08	37.75
17.78	37.75 (19.97)			
49 Wang, Jessica	15	Kingston Royals Swimming Club	37.57	37.78
17.51	37.78 (20.27)			
50 Corver, Alicia	15	Bromley Swimming Club	37.97	37.83
17.40	37.83 (20.43)			
51 Von Opel, Montana	13	Natare West London	37.84	37.84
17.26	37.84 (20.58)			
52 O'Connor, Lex	12	Romford Town Swimming Club	38.16	37.90
17.57	37.90 (20.33)			
53 Roberts, Isla	11	Hackney Aquatics	37.30	37.92
17.92	37.92 (20.00)			
54 Bridgen, Poppy	14	Hillingdon Swimming Club	36.89	37.96
17.30	37.96 (20.66)			
55 Dowell, Amelia	14	Camden Swiss Cottage Swimming	38.00	38.05
17.60	38.05 (20.45)			
56 Shires, Francesca	15	Hillingdon Swimming Club	37.12	38.06
17.76	38.06 (20.30)			
57 Andersson Harmon, Klippa	13	Saxon Crown (Lewisham)	38.23	38.12
17.66	38.12 (20.46)			
58 Ansari, Aaliyah	15	Bo Of Harrow	37.50	38.55
17.93	38.55 (20.62)			
59 Taylor, Louise	12	Beckenham Swimming Club	38.25	38.83
18.24	38.83 (20.59)			
60 Gleeson, Aura	14	Hillingdon Swimming Club	37.60	39.16
18.07	39.16 (21.09)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Event 120 Women 16 & Over 50 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
*1 Ransome, Ashley	24	Enfield Swim Squad	33.17	33.06
15.42	33.06 (17.64)			
*1 Lale-Klasicki, Pixie	23	Brompton Swimming Club	33.19	33.06
15.41	33.06 (17.65)			
3 Surminski, Emily	17	Brompton Swimming Club	34.21	33.23
15.30	33.23 (17.93)			
4 Ayling, Jessica	18	Romford Town Swimming Club	33.22	33.30
15.45	33.30 (17.85)			
5 Holland, Jennifer	27	Hornchurch SC	33.91	33.76
15.86	33.76 (17.90)			
6 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	33.98	33.85
15.80	33.85 (18.05)			
7 Adams-Howard, Izzie	16	Beckenham Swimming Club	34.33	34.34
15.67	34.34 (18.67)			
8 Whiston, Brock	23	Barking and Dagenham Aquatics	34.08	34.70
16.32	34.70 (18.38)			

**Event 120 Women 16 & Over 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ransome, Ashley	24	Enfield Swim Squad	31.63	33.17
15.25	33.17 (17.92)			
2 Lale-Klasicki, Pixie	23	Brompton Swimming Club	34.30	33.19
15.19	33.19 (18.00)			
3 Ayling, Jessica	18	Romford Town Swimming Club	32.97	33.22
15.52	33.22 (17.70)			
4 Holland, Jennifer	27	Hornchurch SC	33.53	33.91
15.88	33.91 (18.03)			
5 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	33.07	33.98
15.80	33.98 (18.18)			
6 Whiston, Brock	23	Barking and Dagenham Aquatics	33.40	34.08
15.96	34.08 (18.12)			
7 Surminski, Emily	17	Brompton Swimming Club	32.85	34.21
15.72	34.21 (18.49)			
8 Adams-Howard, Izzie	16	Beckenham Swimming Club	33.51	34.33
15.94	34.33 (18.39)			
9 Grant, Ellie	18	London Borough of Redbridge SC	33.54	34.54
15.68	34.54 (18.86)			
10 Lewitt, Isabelle	18	Brompton Swimming Club	34.33	34.59
15.97	34.59 (18.62)			
11 Cesar, Justine	18	Brompton Swimming Club	35.99	35.48
16.35	35.48 (19.13)			
12 Marriott, Kai	17	Hackney Aquatics	35.01	35.63
16.40	35.63 (19.23)			
13 Leng, Alice	17	Orpingon OJ	35.54	35.70
16.47	35.70 (19.23)			
14 Stepan, Ellen	17	Beckenham Swimming Club	35.11	35.76
16.58	35.76 (19.18)			
15 Mitchell, Lydia	16	Beckenham Swimming Club	35.35	35.95
16.81	35.95 (19.14)			
16 Altankhuyag, Enerel	18	Dulwich Dolphins Swimming Club	34.93	36.58
16.92	36.58 (19.66)			
17 Caswell, Priya	16	Brompton Swimming Club	35.73	36.83
16.83	36.83 (20.00)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 120 Women 16 & Over 50 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
18 Hawkins, Amie	17	Bexley Swimming Club	36.65	36.96
17.01	36.96 (19.95)			
19 Ground, Sophia	18	Brompton Swimming Club	37.71	37.17
16.98	37.17 (20.19)			
20 Chambers, India	16	Dulwich Dolphins Swimming Club	36.69	37.63
17.53	37.63 (20.10)			
21 Streltsova, Sofia	16	Ealing Swimming Club	38.20	38.20
17.49	38.20 (20.71)			
22 Stewart-Liddon, Hebe	16	Wandsworth Swimming Club	35.66	38.32
17.25	38.32 (21.07)			
23 Lustig, Nathalie	16	Camden Swiss Cottage Swimming	38.02	38.33
17.79	38.33 (20.54)			
24 Deaner, Tahlia	16	Hackney Aquatics	37.01	38.35
17.77	38.35 (20.58)			
25 Hawley, Ellen	16	Kingston Royals Swimming Club	37.68	38.38
17.65	38.38 (20.73)			
26 McCormack, Madeleine	17	Romford Town Swimming Club	36.37	38.66
17.92	38.66 (20.74)			
27 Ndu, Lucy	16	Barking and Dagenham Aquatics	36.78	40.58
18.66	40.58 (21.92)			
--- Van Brakel, Saskia	21	Brompton Swimming Club	35.23	DQ
7.1 After the start or after each turn single butterfly kick not performed before the 1st				

**Event 121 Men 11-15 100 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Cornish, Sam	15	Enfield Swim Squad	1:08.44	1:06.18
14.55	31.28 (16.73)	48.41 (17.13)	1:06.18 (17.77)	
2 Pauling, Edward	15	Beckenham Swimming Club	1:10.32	1:08.37
14.66	31.66 (17.00)	49.64 (17.98)	1:08.37 (18.73)	
3 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	1:09.29	1:08.60
15.11	32.85 (17.74)	50.98 (18.13)	1:08.60 (17.62)	
4 Woolfenden, Callum	14	Beckenham Swimming Club	1:09.20	1:08.62
15.18	32.51 (17.33)	50.50 (17.99)	1:08.62 (18.12)	
5 Roberts, Marco	14	Hackney Aquatics	1:11.03	1:10.44
14.92	33.16 (18.24)	51.77 (18.61)	1:10.44 (18.67)	
6 Wright, Oliver	14	Camden Swiss Cottage Swimming	1:11.18	1:11.57
15.50	33.23 (17.73)	52.11 (18.88)	1:11.57 (19.46)	
--- Din, Kamran	15	Chelsea and Westminster Swimmi	1:09.63	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no				

**Event 121 Men 11-15 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Cornish, Sam	15	Enfield Swim Squad	1:07.13	1:08.44
14.80	32.21 (17.41)	50.38 (18.17)	1:08.44 (18.06)	
2 Quiddington, Harvey	15	Barnet Copthall Swimming Club	1:08.99	1:08.54
15.06	32.40 (17.34)	50.25 (17.85)	1:08.54 (18.29)	
3 Woolfenden, Callum	14	Beckenham Swimming Club	1:10.26	1:09.20
15.03	32.71 (17.68)	50.71 (18.00)	1:09.20 (18.49)	
4 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	1:13.12	1:09.29
15.37	32.63 (17.26)	51.39 (18.76)	1:09.29 (17.90)	
5 Din, Kamran	15	Chelsea and Westminster Swimmi	1:11.81	1:09.63
14.84	32.47 (17.63)	50.82 (18.35)	1:09.63 (18.81)	
6 Pauling, Edward	15	Beckenham Swimming Club	1:08.73	1:10.32
15.08	32.62 (17.54)	51.14 (18.52)	1:10.32 (19.18)	



**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 121 Men 11-15 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
7 Roberts, Marco	14	Hackney Aquatics	1:09.70	1:11.03
15.26	33.47 (18.21)	52.29 (18.82)	1:11.03 (18.74)	
8 Wright, Oliver	14	Camden Swiss Cottage Swimming	1:11.75	1:11.18
15.60	33.47 (17.87)	52.25 (18.78)	1:11.18 (18.93)	
9 Whittles, Edward	13	Chelsea and Westminster Swimmi	1:12.35	1:11.38
15.65	33.90 (18.25)	52.36 (18.46)	1:11.38 (19.02)	
10 Chapman Lennon, Harvey	14	Dulwich Dolphins Swimming Club	1:12.54	1:11.86
15.18	33.20 (18.02)	52.28 (19.08)	1:11.86 (19.58)	
11 Lombardo, Maxime	15	Natare West London	1:15.43	1:11.91
14.96	32.91 (17.95)	52.12 (19.21)	1:11.91 (19.79)	
12 Williams, Alexander	14	Hillingdon Swimming Club	1:14.79	1:12.15
16.03	34.48 (18.45)	52.88 (18.40)	1:12.15 (19.27)	
13 Pickering, Sebastian	14	Bromley Swimming Club	1:11.88	1:12.42
15.57	33.77 (18.20)	52.77 (19.00)	1:12.42 (19.65)	
14 Ito, Ley	14	Hackney Aquatics	1:15.29	1:13.02
15.50	34.29 (18.79)	53.18 (18.89)	1:13.02 (19.84)	
15 Dartnaill, Oliver	15	Hillingdon Swimming Club	1:20.69	1:13.21
15.34	34.08 (18.74)	53.37 (19.29)	1:13.21 (19.84)	
16 Bohm, Lucas	12	Camden Swiss Cottage Swimming	1:18.63	1:13.31
15.92	34.38 (18.46)	53.52 (19.14)	1:13.31 (19.79)	
17 Chou, Nevan	14	Bromley Swimming Club	1:15.45	1:13.98
15.51	34.31 (18.80)	53.85 (19.54)	1:13.98 (20.13)	
18 Broad, Mikhail	15	Sutton & Cheam	1:15.99	1:14.09
15.22	33.90 (18.68)	53.58 (19.68)	1:14.09 (20.51)	
19 Alvarado, Matthias	14	Camden Swiss Cottage Swimming	1:18.36	1:14.13
15.56	34.01 (18.45)	53.72 (19.71)	1:14.13 (20.41)	
20 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	1:16.96	1:15.26
15.68	34.52 (18.84)	54.62 (20.10)	1:15.26 (20.64)	
21 Miranda, Juan	15	Chelsea and Westminster Swimmi	1:18.79	1:15.28
16.02	35.24 (19.22)	54.90 (19.66)	1:15.28 (20.38)	
22 Orlin, Ben	15	Barnes SC	1:19.35	1:15.39
15.92	35.01 (19.09)	55.17 (20.16)	1:15.39 (20.22)	
23 Duncan, Callum	15	Bo Of Harrow	1:17.31	1:15.45
16.22	35.62 (19.40)	55.39 (19.77)	1:15.45 (20.06)	
24 Austin, Alex	15	Hillingdon Swimming Club	1:13.57	1:15.55
16.40	35.21 (18.81)	55.82 (20.61)	1:15.55 (19.73)	
*25 Munden, Joe	15	Newham & Uel Swimming Club	1:16.65	1:15.92
16.44	36.04 (19.60)	55.87 (19.83)	1:15.92 (20.05)	
*25 Maunders, Harvey	15	Greenwich Royals Swimming Club	1:14.27	1:15.92
15.84	34.67 (18.83)	55.03 (20.36)	1:15.92 (20.89)	
27 Hare, Jake	15	London Borough of Redbridge SC	1:20.73	1:16.09
16.03	34.70 (18.67)	55.18 (20.48)	1:16.09 (20.91)	
28 Bartley, Thomas	14	Sutton & Cheam	1:16.13	1:16.18
15.85	35.30 (19.45)	55.77 (20.47)	1:16.18 (20.41)	
29 Wright, Jonny	15	Kingston Royals Swimming Club	1:17.50	1:16.76
15.83	35.04 (19.21)	54.83 (19.79)	1:16.76 (21.93)	
30 Dufour, Lorenzo	15	Brompton Swimming Club	1:19.92	1:16.88
16.32	35.91 (19.59)	55.83 (19.92)	1:16.88 (21.05)	
31 Crowther, Zachary	14	Dulwich Dolphins Swimming Club	1:16.21	1:16.89
16.34	35.92 (19.58)	56.36 (20.44)	1:16.89 (20.53)	
32 Tubbs, Bruno	14	Anaconda Swimming Club	1:20.78	1:16.99
16.75	36.48 (19.73)	56.48 (20.00)	1:16.99 (20.51)	
33 Ismatullaev, Jamie	13	Hillingdon Swimming Club	1:19.56	1:17.06
17.09	36.68 (19.59)	56.71 (20.03)	1:17.06 (20.35)	
34 Ahmet, Kaya	15	Borough of Waltham Forest Gato	1:16.86	1:17.09
16.42	36.12 (19.70)	56.58 (20.46)	1:17.09 (20.51)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 121 Men 11-15 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
35 Davies, Louis	15	Kingston Royals Swimming Club	1:19.68	1:17.61
16.52	36.33 (19.81)	56.75 (20.42)	1:17.61 (20.86)	
*36 Brealey, James	14	Anaconda Swimming Club	1:18.16	1:17.63
16.49	35.97 (19.48)	56.46 (20.49)	1:17.63 (21.17)	
*36 Walker, Jacob	14	Greenwich Royals Swimming Club	1:19.13	1:17.63
16.39	35.98 (19.59)	57.06 (21.08)	1:17.63 (20.57)	
38 Hall, Samuel	14	Teddington Swimming Club	1:19.23	1:17.85
16.21	35.76 (19.55)	56.18 (20.42)	1:17.85 (21.67)	
39 Biss, Brandon	14	Camden Swiss Cottage Swimming	1:19.63	1:18.28
16.69	36.44 (19.75)	57.43 (20.99)	1:18.28 (20.85)	
40 Gamble, Isaac	14	Wandsworth Swimming Club	1:19.99	1:18.78
16.66	36.74 (20.08)	57.34 (20.60)	1:18.78 (21.44)	
41 Parker, Lorenzo	14	Teddington Swimming Club	1:18.20	1:18.85
17.07	36.94 (19.87)	57.78 (20.84)	1:18.85 (21.07)	
42 Reder, Gabriel	13	London Borough of Hounslow	1:20.71	1:19.05
17.56	37.22 (19.66)	58.28 (21.06)	1:19.05 (20.77)	
43 Dinev, Bryan	13	Bexley Swimming Club	1:20.78	1:19.88
17.23	37.72 (20.49)	59.54 (21.82)	1:19.88 (20.34)	
44 Street, Tom	14	Wandsworth Swimming Club	1:18.68	1:20.16
16.69	37.03 (20.34)	58.11 (21.08)	1:20.16 (22.05)	
45 Dakin, Jimmy	15	Leander Swimming Club	1:19.87	1:20.26
17.32	38.35 (21.03)	58.72 (20.37)	1:20.26 (21.54)	
46 Mahendrakumar, Sachin	15	Bromley Swimming Club	1:18.44	1:20.92
17.23	37.94 (20.71)	58.84 (20.90)	1:20.92 (22.08)	
47 Pauling, Christian	13	Beckenham Swimming Club	1:19.56	1:21.60
17.70	38.09 (20.39)	59.74 (21.65)	1:21.60 (21.86)	
--- Hoole, Hayden	15	Haringey Aquatics	1:16.79	DQ
7.1 After the start or after each turn single butterfly kick not performed before the 1st				

**Event 121 Men 16 & Over 100 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Britton, John	24	Ealing Swimming Club	1:05.21	1:02.45
13.93	29.83 (15.90)	46.16 (16.33)	1:02.45 (16.29)	
2 Gerber, Yaron	21	Ealing Swimming Club	1:02.79	1:02.59
13.51	29.33 (15.82)	45.97 (16.64)	1:02.59 (16.62)	
3 Farthing, Richard	17	Enfield Swim Squad	1:05.76	1:04.33
13.93	30.12 (16.19)	47.04 (16.92)	1:04.33 (17.29)	
*4 Drzaic, Andrej	17	Sutton & Cheam	1:05.83	1:05.42
14.41	31.12 (16.71)	48.40 (17.28)	1:05.42 (17.02)	
*4 Barnes, George	18	Brompton Swimming Club	1:06.55	1:05.42
13.82	30.59 (16.77)	47.57 (16.98)	1:05.42 (17.85)	
6 Hanson, Max	16	Haringey Aquatics	1:07.13	1:06.81
14.59	32.01 (17.42)	49.29 (17.28)	1:06.81 (17.52)	
7 Nguyen, Louis	16	Hackney Aquatics	1:07.86	1:07.11
14.47	32.05 (17.58)	48.96 (16.91)	1:07.11 (18.15)	
8 Mahendrakumar, Pravin	16	Bromley Swimming Club	1:06.05	1:07.22
14.74	31.92 (17.18)	49.53 (17.61)	1:07.22 (17.69)	

**Event 121 Men 16 & Over 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Gerber, Yaron	21	Ealing Swimming Club	1:02.38	1:02.79
13.49	29.48 (15.99)	45.96 (16.48)	1:02.79 (16.83)	
2 Lombardo, Pietro	16	Chelsea and Westminster Swimm	1:05.18	1:04.22
14.12	30.22 (16.10)	46.92 (16.70)	1:04.22 (17.30)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 121 Men 16 & Over 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
3 Britton, John	24	Ealing Swimming Club	1:03.03	1:05.21
14.13	31.25 (17.12)	48.45 (17.20)	1:05.21 (16.76)	
4 Farthing, Richard	17	Enfield Swim Squad	1:06.18	1:05.76
14.01	30.95 (16.94)	48.21 (17.26)	1:05.76 (17.55)	
5 Drzaic, Andrej	17	Sutton & Cheam	1:05.47	1:05.83
14.60	31.71 (17.11)	48.75 (17.04)	1:05.83 (17.08)	
6 Mahendrakumar, Pravin	16	Bromley Swimming Club	1:06.01	1:06.05
14.35	30.86 (16.51)	48.48 (17.62)	1:06.05 (17.57)	
7 Barnes, George	18	Brompton Swimming Club	1:04.74	1:06.55
14.47	32.19 (17.72)	49.35 (17.16)	1:06.55 (17.20)	
8 Hanson, Max	16	Haringey Aquatics	1:06.87	1:07.13
14.25	31.38 (17.13)	49.17 (17.79)	1:07.13 (17.96)	
9 Nguyen, Louis	16	Hackney Aquatics	1:08.16	1:07.86
14.31	31.23 (16.92)	49.02 (17.79)	1:07.86 (18.84)	
10 Hunt, Eddie	16	Kingston Royals Swimming Club	1:08.85	1:09.21
14.99	32.47 (17.48)	50.57 (18.10)	1:09.21 (18.64)	
11 Vazirani, Rohan	18	Ealing Swimming Club	1:06.31	1:09.74
15.04	32.58 (17.54)	51.37 (18.79)	1:09.74 (18.37)	
12 Portillo Hernaiz, Mario	17	Leander Swimming Club	1:09.72	1:10.15
15.04	32.95 (17.91)	51.37 (18.42)	1:10.15 (18.78)	
13 Wileman, Jon	23	Sutton & Cheam	1:08.36	1:10.34
14.87	32.69 (17.82)	51.38 (18.69)	1:10.34 (18.96)	
14 Ogden, Kai	16	Hackney Aquatics	1:09.83	1:10.35
15.07	32.98 (17.91)	51.56 (18.58)	1:10.35 (18.79)	
15 Castronovo, Amir	16	Camden Swiss Cottage Swimming	1:08.75	1:10.37
15.14	33.05 (17.91)	51.59 (18.54)	1:10.37 (18.78)	
16 Mcspadden, Marcus	16	Beckenham Swimming Club	1:11.02	1:10.39
14.68	32.76 (18.08)	51.39 (18.63)	1:10.39 (19.00)	
17 Latham, Oliver	16	Hillingdon Swimming Club	1:09.70	1:10.68
15.17	33.15 (17.98)	51.77 (18.62)	1:10.68 (18.91)	
18 Roman, Vlad	16	Dulwich Dolphins Swimming Club	1:13.48	1:11.20
15.50	33.45 (17.95)	52.02 (18.57)	1:11.20 (19.18)	
19 Barou, Emile	17	Camden Swiss Cottage Swimming	1:11.18	1:11.62
15.16	33.61 (18.45)	52.35 (18.74)	1:11.62 (19.27)	
20 McAllister, Samuel	16	Anaconda Swimming Club	1:14.52	1:12.56
14.74	32.52 (17.78)	52.22 (19.70)	1:12.56 (20.34)	
21 Abazie, Chidubem	16	Saxon Crown (Lewisham)	1:14.01	1:14.22
15.64	35.34 (19.70)	53.89 (18.55)	1:14.22 (20.33)	
22 Rowson, Alex	17	Brompton Swimming Club	1:09.44	1:14.32
15.01	33.45 (18.44)	53.38 (19.93)	1:14.32 (20.94)	
23 Marin, Stefan	17	Bexley Swimming Club	1:14.12	1:14.67
15.77	34.67 (18.90)	54.30 (19.63)	1:14.67 (20.37)	
24 Findlay, Ben	16	Leander Swimming Club	1:16.66	1:15.11
16.47	34.89 (18.42)	54.68 (19.79)	1:15.11 (20.43)	
25 Matloub, Adam	16	Romford Town Swimming Club	1:17.41	1:15.61
15.80	35.39 (19.59)	55.65 (20.26)	1:15.61 (19.96)	
26 Bilas, Krystian	20	Brent Dolphins SC	1:15.26	1:15.82
16.08	34.98 (18.90)	55.27 (20.29)	1:15.82 (20.55)	
27 Leberl, Timothy	17	Beckenham Swimming Club	1:12.39	1:16.21
15.51	34.22 (18.71)	54.80 (20.58)	1:16.21 (21.41)	
28 Panchuk-Yavnyy, Antony	16	Newham & Uel Swimming Club	1:16.95	1:17.25
15.78	35.24 (19.46)	55.52 (20.28)	1:17.25 (21.73)	
29 Din, Aryaan	16	Chelsea and Westminster Swimmi	1:11.96	1:17.64
16.22	36.14 (19.92)	56.61 (20.47)	1:17.64 (21.03)	
30 Langton, Oliver	19	Teddington Swimming Club	1:18.09	1:22.21
18.13	38.63 (20.50)	1:00.11 (21.48)	1:22.21 (22.10)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Event 122 Women 11-15 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 McEver, Ella	14	Camden Swiss Cottage Swimming	5:01.40	5:01.64
14.90	32.95 (18.05)	51.66 (18.71)	1:10.48 (18.82)	
1:30.65 (20.17)	1:49.60 (18.95)	2:08.88 (19.28)	2:27.29 (18.41)	
2:48.31 (21.02)	3:08.92 (20.61)	3:30.03 (21.11)	3:50.93 (20.90)	
4:09.69 (18.76)	4:27.31 (17.62)	4:44.90 (17.59)	5:01.64 (16.74)	
2 Miller, Amani	15	London Borough of Hounslow	5:08.68	5:10.03
14.46	33.25 (18.79)	51.17 (17.92)	1:10.55 (19.38)	
1:30.53 (19.98)	1:50.29 (19.76)	2:09.43 (19.14)	2:28.79 (19.36)	
2:50.46 (21.67)	3:13.87 (23.41)	3:35.98 (22.11)	3:58.58 (22.60)	
4:17.52 (18.94)	4:35.63 (18.11)	4:53.10 (17.47)	5:10.03 (16.93)	
3 Lambropoulos, Ava	12	Camden Swiss Cottage Swimming	5:37.21	5:19.79
14.92	32.51 (17.59)	50.67 (18.16)	1:09.53 (18.86)	
1:30.52 (20.99)	1:50.70 (20.18)	2:11.63 (20.93)	2:31.89 (20.26)	
2:56.14 (24.25)	3:20.36 (24.22)	3:44.87 (24.51)	4:09.34 (24.47)	
4:27.50 (18.16)	4:45.19 (17.69)	5:02.58 (17.39)	5:19.79 (17.21)	
4 Harris, Rachael	14	Kingston Royals Swimming Club	5:32.49	5:22.46
14.51	32.23 (17.72)	52.15 (19.92)	1:13.93 (21.78)	
1:34.36 (20.43)	1:54.40 (20.04)	2:14.21 (19.81)	2:34.21 (20.00)	
2:57.61 (23.40)	3:21.28 (23.67)	3:44.53 (23.25)	4:08.50 (23.97)	
4:27.14 (18.64)	4:45.52 (18.38)	5:04.09 (18.57)	5:22.46 (18.37)	
5 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	5:28.36	5:24.06
15.20	33.04 (17.84)	51.50 (18.46)	1:10.49 (18.99)	
1:31.85 (21.36)	1:52.93 (21.08)	2:13.94 (21.01)	2:34.69 (20.75)	
2:57.15 (22.46)	3:20.50 (23.35)	3:43.80 (23.30)	4:07.90 (24.10)	
4:27.74 (19.84)	4:46.96 (19.22)	5:06.24 (19.28)	5:24.06 (17.82)	
6 Askew, Ria	15	Hillingdon Swimming Club	5:38.24	5:26.52
16.15	35.35 (19.20)	55.73 (20.38)	1:16.16 (20.43)	
1:37.37 (21.21)	1:57.61 (20.24)	2:17.77 (20.16)	2:37.31 (19.54)	
3:01.35 (24.04)	3:25.39 (24.04)	3:49.35 (23.96)	4:13.50 (24.15)	
4:32.68 (19.18)	4:50.90 (18.22)	5:09.29 (18.39)	5:26.52 (17.23)	
7 Pearson, Aoife	15	Hackney Aquatics	5:35.16	5:26.88
15.91	35.33 (19.42)	55.88 (20.55)	1:18.22 (22.34)	
1:39.13 (20.91)	2:00.36 (21.23)	2:21.46 (21.10)	2:42.17 (20.71)	
3:05.36 (23.19)	3:27.21 (21.85)	3:50.24 (23.03)	4:12.86 (22.62)	
4:31.31 (18.45)	4:50.02 (18.71)	5:08.82 (18.80)	5:26.88 (18.06)	
8 Owens, Anna	15	Barnes SC	5:30.03	5:28.08
15.93	36.69 (20.76)	56.40 (19.71)	1:18.17 (21.77)	
1:40.05 (21.88)	2:01.38 (21.33)	2:22.79 (21.41)	2:43.99 (21.20)	
3:06.48 (22.49)	3:28.79 (22.31)	3:51.02 (22.23)	4:14.39 (23.37)	
4:32.59 (18.20)	4:51.47 (18.88)	5:10.15 (18.68)	5:28.08 (17.93)	
9 Hill, Olivia	13	Wandsworth Swimming Club	5:30.74	5:29.29
15.63		53.60 ( )	1:16.05 (22.45)	
1:36.54 (20.49)	1:57.71 (21.17)	2:18.16 (20.45)	2:38.84 (20.68)	
3:01.95 (23.11)	3:27.30 (25.35)	3:50.53 (23.23)	4:16.56 (26.03)	
4:34.45 (17.89)	4:53.34 (18.89)	5:12.39 (19.05)	5:29.29 (16.90)	
10 Poaros, Rhea	15	Teddington Swimming Club	5:32.82	5:32.51
15.51	34.62 (19.11)	55.27 (20.65)	1:17.92 (22.65)	
1:38.63 (20.71)	1:57.92 (19.29)		2:37.01 ( )	
3:01.72 (24.71)	3:26.47 (24.75)	3:50.58 (24.11)	4:15.73 (25.15)	
4:35.95 (20.22)	4:55.13 (19.18)	5:14.59 (19.46)	5:32.51 (17.92)	
11 Walton, Ella-Rose	15	Teddington Swimming Club	5:27.54	5:32.71
16.21	34.57 (18.36)	54.81 (20.24)	1:15.18 (20.37)	
1:37.18 (22.00)	1:57.33 (20.15)	2:18.33 (21.00)	2:38.97 (20.64)	
3:04.39 (25.42)	3:29.27 (24.88)	3:54.88 (25.61)	4:20.39 (25.51)	
4:40.03 (19.64)	4:57.68 (17.65)	5:15.60 (17.92)	5:32.71 (17.11)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

**(Event 122 Women 11-15 400 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
12 Magnus, Mia	13	London Borough of Redbridge SC	5:30.84	5:33.83
16.65	35.82 (19.17)	55.62 (19.80)	1:16.84 (21.22)	
1:37.84 (21.00)	1:58.04 (20.20)	2:18.17 (20.13)	2:38.54 (20.37)	
3:02.94 (24.40)	3:28.15 (25.21)	3:52.90 (24.75)	4:18.69 (25.79)	
4:38.10 (19.41)	4:56.82 (18.72)	5:15.57 (18.75)	5:33.83 (18.26)	
13 Littlemore, Matilda	14	Chelsea and Westminster Swimmi	5:36.81	5:34.68
15.13	34.41 (19.28)	53.80 (19.39)	1:14.99 (21.19)	
1:37.09 (22.10)	1:58.38 (21.29)	2:19.37 (20.99)	2:39.76 (20.39)	
3:04.24 (24.48)	3:28.37 (24.13)	3:52.95 (24.58)	4:18.26 (25.31)	
4:38.29 (20.03)	4:57.90 (19.61)	5:16.63 (18.73)	5:34.68 (18.05)	
14 Grove, Thomasina	13	Chelsea and Westminster Swimmi	5:35.27	5:36.20
14.81	32.68 (17.87)	52.54 (19.86)	1:12.88 (20.34)	
1:35.04 (22.16)	1:56.26 (21.22)	2:18.08 (21.82)	2:39.85 (21.77)	
3:04.86 (25.01)	3:30.32 (25.46)	3:55.53 (25.21)	4:21.26 (25.73)	
4:41.12 (19.86)	5:00.38 (19.26)	5:19.24 (18.86)	5:36.20 (16.96)	
15 Venuti, Veronica	11	Chelsea and Westminster Swimmi	5:38.18	5:36.48
16.09	36.61 (20.52)	56.33 (19.72)	1:19.69 (23.36)	
1:39.41 (19.72)	1:59.54 (20.13)	2:19.85 (20.31)	2:40.47 (20.62)	
3:06.02 (25.55)	3:32.27 (26.25)	3:56.74 (24.47)	4:22.41 (25.67)	
4:41.09 (18.68)	4:59.55 (18.46)	5:18.11 (18.56)	5:36.48 (18.37)	
16 Wiseman Lee, Holly	14	Teddington Swimming Club	5:40.59	5:41.03
16.13	35.50 (19.37)	55.39 (19.89)	1:16.42 (21.03)	
1:38.29 (21.87)	2:00.10 (21.81)	2:21.77 (21.67)	2:43.83 (22.06)	
3:08.24 (24.41)	3:33.04 (24.80)	3:57.19 (24.15)	4:22.45 (25.26)	
4:42.46 (20.01)	5:02.17 (19.71)	5:21.72 (19.55)	5:41.03 (19.31)	

**Event 122 Women 16 & Over 400 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Newe, Frances	16	Dulwich Dolphins Swimming Club	4:48.80	4:50.12
13.85	30.04 (16.19)	47.10 (17.06)	1:04.48 (17.38)	
1:23.48 (19.00)	1:41.41 (17.93)	1:59.78 (18.37)	2:17.77 (17.99)	
2:38.31 (20.54)	2:58.73 (20.42)	3:19.72 (20.99)	3:40.47 (20.75)	
3:58.52 (18.05)	4:15.81 (17.29)	4:33.51 (17.70)	4:50.12 (16.61)	
2 O'Toole, Cara	16	Hillingdon Swimming Club	4:56.43	4:56.67
14.39	31.54 (17.15)	50.28 (18.74)	1:09.90 (19.62)	
1:28.66 (18.76)	1:46.31 (17.65)	2:05.03 (18.72)	2:24.34 (19.31)	
2:45.44 (21.10)	3:07.44 (22.00)	3:29.42 (21.98)	3:51.32 (21.90)	
4:08.69 (17.37)	4:25.13 (16.44)	4:41.44 (16.31)	4:56.67 (15.23)	
3 Brantley, Lauren	17	Camden Swiss Cottage Swimming	5:01.61	4:56.75
14.10	30.64 (16.54)	47.69 (17.05)	1:05.31 (17.62)	
1:24.71 (19.40)	1:43.28 (18.57)	2:02.09 (18.81)	2:20.70 (18.61)	
2:42.26 (21.56)	3:03.70 (21.44)	3:25.28 (21.58)	3:47.09 (21.81)	
4:05.00 (17.91)	4:22.52 (17.52)	4:40.19 (17.67)	4:56.75 (16.56)	
4 Lale-Klasicki, Pixie	23	Brompton Swimming Club	5:03.51	4:59.07
14.33	32.10 (17.77)	49.45 (17.35)	1:08.41 (18.96)	
1:27.73 (19.32)	1:47.29 (19.56)	2:07.05 (19.76)	2:26.80 (19.75)	
2:46.46 (19.66)	3:07.25 (20.79)	3:27.01 (19.76)	3:47.90 (20.89)	
4:06.27 (18.37)	4:24.62 (18.35)	4:42.13 (17.51)	4:59.07 (16.94)	
5 Hawley, Lucy	19	Kingston Royals Swimming Club	5:02.02	5:10.59
14.33	31.53 (17.20)	49.81 (18.28)	1:08.67 (18.86)	
1:30.11 (21.44)	1:50.62 (20.51)	2:11.20 (20.58)	2:31.98 (20.78)	
2:53.09 (21.11)	3:15.04 (21.95)	3:36.93 (21.89)	3:59.35 (22.42)	
4:18.32 (18.97)	4:36.22 (17.90)	4:53.62 (17.40)	5:10.59 (16.97)	
6 Callaghan, Scarlett	17	Beckenham Swimming Club	5:10.66	5:11.79
14.46	32.44 (17.98)	50.85 (18.41)	1:10.60 (19.75)	
1:30.07 (19.47)	1:49.28 (19.21)	2:08.28 (19.00)	2:27.64 (19.36)	
2:51.30 (23.66)	3:15.23 (23.93)	3:38.69 (23.46)	4:02.73 (24.04)	
4:20.72 (17.99)	4:38.03 (17.31)	4:55.05 (17.02)	5:11.79 (16.74)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****(Event 122 Women 16 & Over 400 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
7 Whiston, Brock	23	Barking and Dagenham Aquatics	5:27.22	5:24.71
16.95	36.94 (19.99)	57.52 (20.58)	1:19.41 (21.89)	
1:41.51 (22.10)	2:02.73 (21.22)	2:24.11 (21.38)	2:45.59 (21.48)	
3:05.27 (19.68)	3:24.72 (19.45)	3:45.37 (20.65)	4:06.53 (21.16)	
4:27.00 (20.47)	4:47.23 (20.23)	5:06.29 (19.06)	5:24.71 (18.42)	
8 Roberts, Olivia	16	Borough of Waltham Forest Gato	5:20.01	5:26.15
15.36	33.58 (18.22)	53.15 (19.57)	1:12.92 (19.77)	
1:34.35 (21.43)	1:55.16 (20.81)	2:15.90 (20.74)	2:35.98 (20.08)	
3:00.42 (24.44)	3:24.02 (23.60)	3:48.37 (24.35)	4:12.48 (24.11)	
4:31.55 (19.07)	4:49.93 (18.38)	5:08.54 (18.61)	5:26.15 (17.61)	
9 Pepperday, Rose	18	Haringey Aquatics	5:27.80	5:31.12
15.86	34.71 (18.85)	54.42 (19.71)	1:15.23 (20.81)	
1:37.06 (21.83)	1:57.58 (20.52)	2:18.02 (20.44)	2:38.94 (20.92)	
3:03.36 (24.42)	3:28.17 (24.81)	3:52.72 (24.55)	4:17.82 (25.10)	
4:36.82 (19.00)	4:54.87 (18.05)	5:13.20 (18.33)	5:31.12 (17.92)	
10 Celestine, Margot	16	Hackney Aquatics	5:23.50	5:35.35
16.30	36.05 (19.75)	56.81 (20.76)	1:17.51 (20.70)	
1:38.56 (21.05)	1:58.55 (19.99)	2:18.97 (20.42)	2:38.90 (19.93)	
3:03.44 (24.54)	3:27.49 (24.05)	3:52.79 (25.30)	4:18.08 (25.29)	
4:38.05 (19.97)	4:57.09 (19.04)	5:16.69 (19.60)	5:35.35 (18.66)	
--- Hawkins, Amie	17	Bexley Swimming Club	5:38.22	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no				
--- Crameri, Nastassja	21	Chelsea and Westminster Swimmi	5:06.00	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no				

**Event 123 Men 11-15 100 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Cornish, Sam	15	Enfield Swim Squad	1:01.64	59.17
12.66	27.83 (15.17)	43.16 (15.33)	59.17 (16.01)	
2 Solly, Josh	15	Bexley Swimming Club	1:01.22	59.30
12.87	28.07 (15.20)	43.84 (15.77)	59.30 (15.46)	
3 Malov, Filip	14	Sutton & Cheam	1:01.11	59.59
12.84	28.08 (15.24)	43.54 (15.46)	59.59 (16.05)	
4 He, Leo	14	Camden Swiss Cottage Swimming	1:00.83	1:00.43
13.58	28.56 (14.98)	44.25 (15.69)	1:00.43 (16.18)	
5 Coyle, Alexander	14	Bo Of Harrow	1:00.78	1:01.99
12.97	28.72 (15.75)	45.15 (16.43)	1:01.99 (16.84)	
6 Cleaver, James	14	Bromley Swimming Club	1:02.98	1:02.33
13.27	29.02 (15.75)	45.54 (16.52)	1:02.33 (16.79)	
7 Lam, Zain	13	Croydon Amphibians Swimming Cl	1:01.59	1:02.44
13.44	29.31 (15.87)	45.73 (16.42)	1:02.44 (16.71)	
8 Ryan, Samuel	13	Orpingon OJ	1:03.13	1:03.23
13.60	29.42 (15.82)	46.17 (16.75)	1:03.23 (17.06)	

**Event 123 Men 11-15 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Davies, Gareth	15	Haringey Aquatics	58.87	58.86
12.86	27.83 (14.97)	43.16 (15.33)	58.86 (15.70)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 123 Men 11-15 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
2 Coyle, Alexander	14	Bo Of Harrow	1:00.57	1:00.78
12.64	28.07 (15.43)	44.37 (16.30)	1:00.78 (16.41)	
3 He, Leo	14	Camden Swiss Cottage Swimming	1:03.92	1:00.83
13.44	28.55 (15.11)	44.07 (15.52)	1:00.83 (16.76)	
4 Malov, Filip	14	Sutton & Cheam	59.62	1:01.11
13.19	28.49 (15.30)	44.98 (16.49)	1:01.11 (16.13)	
5 Solly, Josh	15	Bexley Swimming Club	1:01.77	1:01.22
12.96	28.45 (15.49)	44.63 (16.18)	1:01.22 (16.59)	
6 Lam, Zain	13	Croydon Amphibians Swimming Cl	1:06.21	1:01.59
13.56	28.98 (15.42)	45.01 (16.03)	1:01.59 (16.58)	
7 Cornish, Sam	15	Enfield Swim Squad	58.11	1:01.64
13.33	28.91 (15.58)	45.89 (16.98)	1:01.64 (15.75)	
8 Ellis, Joshua	15	Beckenham Swimming Club	1:01.17	1:01.96
12.90	28.75 (15.85)	44.85 (16.10)	1:01.96 (17.11)	
9 Whittles, Edward	13	Chelsea and Westminster Swimmi	1:03.77	1:02.65
13.61	29.34 (15.73)	46.20 (16.86)	1:02.65 (16.45)	
10 Cleaver, James	14	Bromley Swimming Club	1:01.92	1:02.98
13.10	29.17 (16.07)	46.20 (17.03)	1:02.98 (16.78)	
11 Chapman, Nathan	15	Greenwich Royals Swimming Club	1:03.05	1:03.01
13.75	29.89 (16.14)	46.51 (16.62)	1:03.01 (16.50)	
12 Ryan, Samuel	13	Orpingon OJ	1:03.85	1:03.13
13.38	29.49 (16.11)	46.01 (16.52)	1:03.13 (17.12)	
13 Roberts, Marco	14	Hackney Aquatics	1:03.25	1:03.55
13.43	29.62 (16.19)	46.27 (16.65)	1:03.55 (17.28)	
14 Garfield, Joe	14	Borough of Waltham Forest Gato	1:06.17	1:03.84
13.71	29.64 (15.93)	46.65 (17.01)	1:03.84 (17.19)	
15 Wardell, Jack	15	Kingston Royals Swimming Club	1:02.51	1:04.05
13.37	29.65 (16.28)	46.85 (17.20)	1:04.05 (17.20)	
16 Bartholomew, Cameron	15	Hillingdon Swimming Club	1:04.27	1:04.08
13.57	29.84 (16.27)	46.69 (16.85)	1:04.08 (17.39)	
*17 Archer, Thomas	15	Hackney Aquatics	1:02.45	1:04.28
13.63	29.43 (15.80)	46.38 (16.95)	1:04.28 (17.90)	
*17 Gabriel, Aaron	14	Barking and Dagenham Aquatics	1:06.78	1:04.28
14.05	30.36 (16.31)	47.70 (17.34)	1:04.28 (16.58)	
19 Raykin, Georgi	14	Newham & Uel Swimming Club	1:05.91	1:04.45
13.49	29.72 (16.23)	47.13 (17.41)	1:04.45 (17.32)	
20 Overton, Joe	15	Enfield Swim Squad	1:05.97	1:04.66
13.51	29.46 (15.95)	47.03 (17.57)	1:04.66 (17.63)	
21 Emerton, Matthew	15	Hillingdon Swimming Club	1:06.85	1:05.37
14.02	30.42 (16.40)	47.79 (17.37)	1:05.37 (17.58)	
22 Nimoh, Pharell	15	Saxon Crown (Lewisham)	1:05.53	1:05.45
14.20	31.01 (16.81)	48.35 (17.34)	1:05.45 (17.10)	
23 Carlton, Fraser	15	Hackney Aquatics	1:04.81	1:05.52
13.32	30.07 (16.75)	47.56 (17.49)	1:05.52 (17.96)	
24 Wright, Jonny	15	Kingston Royals Swimming Club	1:06.93	1:05.69
13.70	30.21 (16.51)	47.33 (17.12)	1:05.69 (18.36)	
25 Corner, Jago	15	Hackney Aquatics	1:08.58	1:05.82
13.22	29.68 (16.46)	47.44 (17.76)	1:05.82 (18.38)	
26 Crowther, Zachary	14	Dulwich Dolphins Swimming Club	1:03.90	1:06.15
14.05	30.95 (16.90)	48.31 (17.36)	1:06.15 (17.84)	
27 Hampton, Elliott	15	Wandsworth Swimming Club	1:04.41	1:06.45
13.89	30.57 (16.68)	48.18 (17.61)	1:06.45 (18.27)	
28 Gray, Henry	13	Chelsea and Westminster Swimmi	1:07.13	1:06.65
14.31	31.59 (17.28)	48.85 (17.26)	1:06.65 (17.80)	
29 Cohen, Jacob	14	Camden Swiss Cottage Swimming	1:09.36	1:06.79
14.52	31.13 (16.61)	48.71 (17.58)	1:06.79 (18.08)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 123 Men 11-15 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
30 Grammatikopoulos, Philip	14	Beckenham Swimming Club	1:05.88	1:06.93
14.23	31.04 (16.81)	48.69 (17.65)	1:06.93 (18.24)	
31 Lea, Tom	13	Hackney Aquatics	1:09.14	1:07.00
14.26	31.15 (16.89)	48.82 (17.67)	1:07.00 (18.18)	
32 Gurung, Anix	14	London Borough of Hounslow	1:08.03	1:07.11
14.31	30.88 (16.57)	48.63 (17.75)	1:07.11 (18.48)	
33 Salazar, Steven	13	Newham & Uel Swimming Club	1:08.59	1:07.43
14.70	31.69 (16.99)	49.33 (17.64)	1:07.43 (18.10)	
34 Drienovsky, Daniel	14	Barnet Copthall Swimming Club	1:07.66	1:07.64
14.80	31.89 (17.09)	49.92 (18.03)	1:07.64 (17.72)	
35 Dartnail, Oliver	15	Hillingdon Swimming Club	1:07.24	1:08.00
14.04	31.24 (17.20)	49.37 (18.13)	1:08.00 (18.63)	
36 Ismatullaev, Jamie	13	Hillingdon Swimming Club	1:07.65	1:08.26
15.34	32.69 (17.35)	50.50 (17.81)	1:08.26 (17.76)	
37 Dawson, James	14	Bo Of Harrow	1:06.47	1:08.43
14.38	31.67 (17.29)	49.84 (18.17)	1:08.43 (18.59)	
38 Munden, Joe	15	Newham & Uel Swimming Club	1:08.63	1:08.65
15.30	32.92 (17.62)	50.82 (17.90)	1:08.65 (17.83)	
39 Thurlow, Felix	14	Dulwich Dolphins Swimming Club	1:07.71	1:08.71
14.56	32.20 (17.64)	50.58 (18.38)	1:08.71 (18.13)	
40 Atotileto, Joshua	13	Newham & Uel Swimming Club	1:08.19	1:08.77
14.09	31.22 (17.13)	49.30 (18.08)	1:08.77 (19.47)	
41 Kirdar, Tim	14	Bromley Swimming Club	1:08.35	1:08.94
14.70	32.41 (17.71)	51.19 (18.78)	1:08.94 (17.75)	
42 Maunders, Harvey	15	Greenwich Royals Swimming Club	1:08.75	1:09.60
14.23	32.02 (17.79)	50.60 (18.58)	1:09.60 (19.00)	
43 Giustiniani, Rocco	12	Anaconda Swimming Club	1:09.15	1:10.12
15.10	32.54 (17.44)	50.98 (18.44)	1:10.12 (19.14)	
44 Hingorani, Aden	14	Barnes SC	1:08.59	1:10.15
14.59	31.99 (17.40)	50.51 (18.52)	1:10.15 (19.64)	
45 Williams, Alexander	14	Hillingdon Swimming Club	1:08.25	1:11.04
14.81	33.17 (18.36)	52.12 (18.95)	1:11.04 (18.92)	
46 Tallec-Botos, Kynan	13	Brompton Swimming Club	1:09.23	1:12.18
14.98	32.76 (17.78)	52.00 (19.24)	1:12.18 (20.18)	
47 Williams, Alex	13	Dulwich Dolphins Swimming Club	1:08.68	1:12.23
14.98	32.83 (17.85)	53.23 (20.40)	1:12.23 (19.00)	
--- Lombardo, Maxime	15	Natare West London	1:06.56	DQ
8.3 Movements of the legs not simultaneous or alternating movement of legs or feet				
--- Tshuma, Daniel	15	Newham & Uel Swimming Club	1:09.52	DQ
8.3 Movements of the legs not simultaneous or alternating movement of legs or feet				

**Event 123 Men 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Kirlew, Josh	20	Enfield Swim Squad	57.16	56.38
11.99	26.06 (14.07)	40.80 (14.74)	56.38 (15.58)	
2 Shaw, Luke	17	Sutton & Cheam	57.79	57.28
12.21	26.76 (14.55)	42.08 (15.32)	57.28 (15.20)	
3 Northover, Joe	29	Newham & Uel Swimming Club	58.20	57.87
12.37	26.79 (14.42)	41.95 (15.16)	57.87 (15.92)	
4 Durteste, Tristan	17	Brompton Swimming Club	58.20	58.10
12.46	27.33 (14.87)	42.49 (15.16)	58.10 (15.61)	
5 Cohen, Malachi	16	Barnes SC	58.81	58.67
12.57	27.14 (14.57)	42.38 (15.24)	58.67 (16.29)	
6 Gencas, Daniel	16	Romford Town Swimming Club	59.93	59.43
12.74	28.06 (15.32)	43.35 (15.29)	59.43 (16.08)	



**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Finals ... (Event 123 Men 16 & Over 100 SC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
7 Atanasov, Anthony	18	Ealing Swimming Club	59.76	59.59
	12.50	27.52 (15.02)	43.26 (15.74)	59.59 (16.33)
8 Conway, Dylan	19	Kingston Royals Swimming Club	59.27	59.65
	12.54	27.35 (14.81)	43.02 (15.67)	59.65 (16.63)

**Event 123 Men 16 & Over 100 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Kirlew, Josh	20	Enfield Swim Squad	55.49	57.16
	12.35	26.80 (14.45)	41.88 (15.08)	57.16 (15.28)
2 Shaw, Luke	17	Sutton & Cheam	56.61	57.79
	12.04	26.46 (14.42)	41.76 (15.30)	57.79 (16.03)
*3 Northover, Joe	29	Newham & Uel Swimming Club	59.84	58.20
	12.46	27.14 (14.68)	42.55 (15.41)	58.20 (15.65)
*3 Durteste, Tristan	17	Brompton Swimming Club	1:00.02	58.20
	12.39	26.96 (14.57)	42.25 (15.29)	58.20 (15.95)
5 Cohen, Malachi	16	Barnes SC	1:00.85	58.81
	12.69	27.14 (14.45)	42.57 (15.43)	58.81 (16.24)
6 Giordani, Shakil	17	Haringey Aquatics	57.93	59.18
	12.37	26.78 (14.41)	42.94 (16.16)	59.18 (16.24)
7 Conway, Dylan	19	Kingston Royals Swimming Club	58.35	59.27
	12.70	27.68 (14.98)	43.51 (15.83)	59.27 (15.76)
8 Akopian, Anton	18	Ealing Swimming Club	58.79	59.64
	12.41	27.31 (14.90)	42.90 (15.59)	59.64 (16.74)
9 Atanasov, Anthony	18	Ealing Swimming Club	1:00.94	59.76
	12.45	27.42 (14.97)	43.07 (15.65)	59.76 (16.69)
10 Gencas, Daniel	16	Romford Town Swimming Club	57.78	59.93
	12.94	28.33 (15.39)	44.41 (16.08)	59.93 (15.52)
11 Capezzuoli, Luca	17	Kingston Royals Swimming Club	59.33	1:00.39
	12.35	27.18 (14.83)	43.08 (15.90)	1:00.39 (17.31)
12 Mahendrakumar, Pravin	16	Bromley Swimming Club	1:03.25	1:00.59
	12.97	27.99 (15.02)	44.29 (16.30)	1:00.59 (16.30)
13 Kelly, Josh	16	Hillingdon Swimming Club	1:03.36	1:00.71
	12.92	28.04 (15.12)	43.89 (15.85)	1:00.71 (16.82)
14 Isaza Ocampo, Alejandro	18	Haringey Aquatics	1:02.20	1:00.80
	13.06	28.45 (15.39)	44.40 (15.95)	1:00.80 (16.40)
15 Colling, Logan	16	Hillingdon Swimming Club	1:02.23	1:00.88
	12.94	28.70 (15.76)	44.42 (15.72)	1:00.88 (16.46)
16 LaJoie, Alex	29	Otter Swimming Club	1:03.88	1:00.93
	12.62	28.20 (15.58)	44.33 (16.13)	1:00.93 (16.60)
17 Thornton, Samuel	18	Ealing Swimming Club	59.41	1:01.16
	13.13	28.51 (15.38)	44.69 (16.18)	1:01.16 (16.47)
18 Stamenkovic, Pavle	17	Camden Swiss Cottage Swimming	1:01.28	1:01.26
	13.08	28.80 (15.72)	44.64 (15.84)	1:01.26 (16.62)
19 Varzevicius, Almantas	19	Barking and Dagenham Aquatics	1:00.42	1:01.29
	12.76	28.35 (15.59)	44.57 (16.22)	1:01.29 (16.72)
20 Duni, Thomas	18	Bexley Swimming Club	1:02.13	1:01.57
	13.16	28.64 (15.48)	44.80 (16.16)	1:01.57 (16.77)
21 Ahmed, Ilyas	16	Hackney Aquatics	1:00.75	1:01.65
	12.87	28.22 (15.35)	44.37 (16.15)	1:01.65 (17.28)
22 Isaza Ocampo, Fernando	19	Haringey Aquatics	1:02.98	1:02.47
	13.24	28.99 (15.75)	45.68 (16.69)	1:02.47 (16.79)
23 Fenton, Christian	18	Brompton Swimming Club	1:00.54	1:02.79
	13.37	28.90 (15.53)	45.55 (16.65)	1:02.79 (17.24)
24 Rudd, William	16	Chelsea and Westminster Swimmi	1:02.07	1:02.81
	12.79	28.13 (15.34)	45.33 (17.20)	1:02.81 (17.48)

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 123 Men 16 & Over 100 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
25 Wild, Jack	17	Sutton & Cheam	1:05.15	1:02.88
13.67	29.50 (15.83)	46.26 (16.76)	1:02.88 (16.62)	
26 Eguakhide, Joshua	16	Romford Town Swimming Club	1:02.47	1:02.91
13.92	29.39 (15.47)	46.01 (16.62)	1:02.91 (16.90)	
27 Abazie, Chidubem	16	Saxon Crown (Lewisham)	1:02.56	1:02.99
13.21	29.73 (16.52)	46.06 (16.33)	1:02.99 (16.93)	
28 Scott, Dillan	17	Bo Of Harrow	1:02.40	1:03.09
13.46	29.10 (15.64)	45.54 (16.44)	1:03.09 (17.55)	
29 Nguyen, Louis	16	Hackney Aquatics	1:00.34	1:03.47
13.27	29.27 (16.00)	46.08 (16.81)	1:03.47 (17.39)	
30 Bitton, Liam	16	Sutton & Cheam	1:04.41	1:03.66
13.59	29.71 (16.12)	46.37 (16.66)	1:03.66 (17.29)	
31 Seabaggala, Luke	18	Anaconda Swimming Club	1:03.42	1:03.67
13.28	29.34 (16.06)	46.03 (16.69)	1:03.67 (17.64)	
32 Ramaiya, Shanil	17	Bo Of Harrow	1:05.93	1:03.98
13.68	29.51 (15.83)	46.50 (16.99)	1:03.98 (17.48)	
33 Hassan, Yasser	16	Brompton Swimming Club	1:06.49	1:04.26
13.79	29.67 (15.88)	46.69 (17.02)	1:04.26 (17.57)	
34 Bingham, Herbie	16	Chelsea and Westminster Swimmi	1:03.87	1:04.59
13.58	30.00 (16.42)	46.98 (16.98)	1:04.59 (17.61)	
35 Matloub, Adam	16	Romford Town Swimming Club	1:03.97	1:04.69
13.92	30.51 (16.59)	47.89 (17.38)	1:04.69 (16.80)	
36 Martin-McKevitt, Luca	16	Hillingdon Swimming Club	1:04.23	1:04.77
14.06	30.14 (16.08)	47.51 (17.37)	1:04.77 (17.26)	
37 Ratti, Alessandro	17	Brent Dolphins SC	1:06.20	1:05.05
13.33	29.31 (15.98)	46.40 (17.09)	1:05.05 (18.65)	
38 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	1:03.84	1:05.25
13.64	30.10 (16.46)	47.65 (17.55)	1:05.25 (17.60)	
39 Findlay, Ben	16	Leander Swimming Club	1:06.38	1:06.15
14.56	31.03 (16.47)	47.92 (16.89)	1:06.15 (18.23)	
40 Ault, Jake	16	Sutton & Cheam	1:05.52	1:06.58
13.87	30.32 (16.45)	48.51 (18.19)	1:06.58 (18.07)	
41 Harding, Matthew	18	Greenwich Royals Swimming Club	1:04.92	1:06.59
13.99	30.28 (16.29)	47.80 (17.52)	1:06.59 (18.79)	
42 Collins, Harry	16	Bexley Swimming Club	1:05.72	1:08.27
14.01	31.61 (17.60)	50.36 (18.75)	1:08.27 (17.91)	
--- Gomes, Guilherme	17	Newham & Uel Swimming Club	1:04.67	DQ
8.3 Movements of the legs not simultaneous or alternating movement of legs or feet				

**Event 123 Men 100 SC Meter Butterfly Multi-Class**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
--- Bradshaw, Balthazar S10	13	Brompton Swimming Club	1:20.62	DQ
8.2 Arms not brought forward simultaneously or arms not brought forward over the water				

**Event 124 Women 11-15 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Davis, Evie	15	Bromley Swimming Club	1:02.90	1:03.36
15.12	30.56 (15.44)	47.23 (16.67)	1:03.36 (16.13)	
2 Musial, Zoe	15	Chelsea and Westminster Swimmi	1:04.43	1:04.98
15.35	31.35 (16.00)	48.18 (16.83)	1:04.98 (16.80)	
3 McCall, Mikayla	15	Kingston Royals Swimming Club	1:05.75	1:06.14
15.70	32.07 (16.37)	48.89 (16.82)	1:06.14 (17.25)	
4 Ortiz, Emma	14	Hillingdon Swimming Club	1:07.08	1:06.90
15.52	32.34 (16.82)	49.76 (17.42)	1:06.90 (17.14)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Finals ... (Event 124 Women 11-15 100 SC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time
5 Ogden, Mika	13	Hackney Aquatics	1:07.32	1:07.51
15.72	32.50 (16.78)	50.00 (17.50)	1:07.51 (17.51)	
6 McArdle, Kiera	15	Leander Swimming Club	1:07.00	1:07.59
15.74	32.50 (16.76)	50.18 (17.68)	1:07.59 (17.41)	
7 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	1:07.97	1:07.68
15.32	32.17 (16.85)	50.12 (17.95)	1:07.68 (17.56)	
8 Paisley, Tallulah	15	Natare West London	1:08.63	1:07.82
15.63	32.69 (17.06)	50.23 (17.54)	1:07.82 (17.59)	

**Event 124 Women 11-15 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Davis, Evie	15	Bromley Swimming Club	1:04.63	1:02.90
14.91	30.45 (15.54)	46.77 (16.32)	1:02.90 (16.13)	
2 Musial, Zoe	15	Chelsea and Westminster Swimmi	1:07.72	1:04.43
15.22	31.15 (15.93)	47.83 (16.68)	1:04.43 (16.60)	
3 McCall, Mikayla	15	Kingston Royals Swimming Club	1:04.98	1:05.75
15.58	31.94 (16.36)	48.90 (16.96)	1:05.75 (16.85)	
4 Chadwick, Ellie	12	Barnet Cophall Swimming Club	1:05.59	1:06.46
15.30	31.49 (16.19)	49.22 (17.73)	1:06.46 (17.24)	
5 McArdle, Kiera	15	Leander Swimming Club	1:08.60	1:07.00
15.65	32.34 (16.69)	49.56 (17.22)	1:07.00 (17.44)	
6 Ortiz, Emma	14	Hillingdon Swimming Club	1:07.42	1:07.08
15.69	32.45 (16.76)	49.89 (17.44)	1:07.08 (17.19)	
7 Ogden, Mika	13	Hackney Aquatics	1:07.28	1:07.32
16.02	33.07 (17.05)	50.21 (17.14)	1:07.32 (17.11)	
8 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	1:10.06	1:07.97
15.43	32.11 (16.68)	50.12 (18.01)	1:07.97 (17.85)	
9 Paisley, Tallulah	15	Natare West London	1:09.89	1:08.63
15.83	32.78 (16.95)	51.00 (18.22)	1:08.63 (17.63)	
10 Vadon, Millie	15	Ealing Swimming Club	1:09.82	1:08.77
16.23	33.19 (16.96)	51.18 (17.99)	1:08.77 (17.59)	
11 Cole, Marion	14	Dulwich Dolphins Swimming Club	1:11.15	1:09.53
16.00	33.29 (17.29)	1:09.53 (36.24)		
12 Sargent, Imogen	15	Chelsea and Westminster Swimmi	1:10.71	1:09.64
16.69	34.23 (17.54)	52.45 (18.22)	1:09.64 (17.19)	
13 Berenger-Fleming, Evie	14	Bromley Swimming Club	1:09.31	1:09.77
16.29	33.41 (17.12)	51.12 (17.71)	1:09.77 (18.65)	
14 Ricca, Lavinia	13	Natare West London	1:08.23	1:09.94
16.18	33.68 (17.50)	51.81 (18.13)	1:09.94 (18.13)	
*15 Medcalf, Lucy Jane	14	Sutton & Cheam	1:06.91	1:10.08
16.47	34.33 (17.86)	52.18 (17.85)	1:10.08 (17.90)	
*15 Wilcock, Tegan	15	Kingston Royals Swimming Club	1:07.12	1:10.08
16.07	33.79 (17.72)	52.09 (18.30)	1:10.08 (17.99)	
*17 Bureau, Scarlet	15	Camden Swiss Cottage Swimming	1:11.79	1:10.15
16.33	33.94 (17.61)	52.04 (18.10)	1:10.15 (18.11)	
*17 Dreleva, Victoria	14	Romford Town Swimming Club	1:09.13	1:10.15
16.26	33.65 (17.39)	51.82 (18.17)	1:10.15 (18.33)	
19 Cottrell, Annabella	13	Greenwich Royals Swimming Club	1:13.50	1:10.19
16.08	33.91 (17.83)	52.29 (18.38)	1:10.19 (17.90)	
20 Byrne, Melissa	15	Enfield Swim Squad	1:09.85	1:10.30
16.32	33.46 (17.14)	51.65 (18.19)	1:10.30 (18.65)	
21 Venuti, Veronica	11	Chelsea and Westminster Swimmi	1:13.58	1:10.40
16.91	34.28 (17.37)	52.61 (18.33)	1:10.40 (17.79)	
22 Shires, Francesca	15	Hillingdon Swimming Club	1:12.25	1:10.44
17.04	35.04 (18.00)	53.29 (18.25)	1:10.44 (17.15)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 124 Women 11-15 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
23 Pagan, Stephanie	14	Borough of Waltham Forest Gato	1:10.34	1:10.66
16.77	34.11 (17.34)	52.38 (18.27)	1:10.66 (18.28)	
24 Hayes, Mabel	13	Anaconda Swimming Club	1:12.17	1:10.69
16.51	34.04 (17.53)	52.46 (18.42)	1:10.69 (18.23)	
25 Benidir, Dina	14	Newham & Uel Swimming Club	1:11.70	1:10.92
16.60	34.18 (17.58)	52.78 (18.60)	1:10.92 (18.14)	
26 O'Neill, Sophia	13	Orpingon OJ	1:10.07	1:10.99
16.82	34.51 (17.69)	1:10.99 (36.48)		
27 Van Zyl, Kayla	13	Hillingdon Swimming Club	1:10.21	1:11.19
16.03	33.86 (17.83)	52.38 (18.52)	1:11.19 (18.81)	
28 Pickering, Beatrice	12	Bromley Swimming Club	1:13.81	1:11.22
16.34	34.17 (17.83)	52.76 (18.59)	1:11.22 (18.46)	
29 Carver, Pippa	13	Beckenham Swimming Club	1:12.39	1:11.25
16.55	34.40 (17.85)	52.77 (18.37)	1:11.25 (18.48)	
30 O'Connell, Annelise	15	Camden Swiss Cottage Swimming	1:10.21	1:11.31
16.54	33.87 (17.33)	52.53 (18.66)	1:11.31 (18.78)	
31 Shaw, Ava	13	Natare West London	1:11.56	1:11.32
16.88	34.84 (17.96)	52.94 (18.10)	1:11.32 (18.38)	
32 White, Sophie	15	Sutton & Cheam	1:11.42	1:11.47
16.60	34.22 (17.62)	53.05 (18.83)	1:11.47 (18.42)	
33 Dziura, Suzanna	15	Enfield Swim Squad	1:12.38	1:11.48
16.47	34.04 (17.57)	52.77 (18.73)	1:11.48 (18.71)	
34 Ellender, Olivia	14	Dulwich Dolphins Swimming Club	1:12.25	1:11.51
16.84	34.65 (17.81)	53.37 (18.72)	1:11.51 (18.14)	
35 Weekly, Katherine	13	Saxon Crown (Lewisham)	1:10.83	1:11.65
16.55	34.86 (18.31)	53.63 (18.77)	1:11.65 (18.02)	
36 Willis, Macy	15	Hillingdon Swimming Club	1:08.97	1:11.68
16.40	34.02 (17.62)	53.02 (19.00)	1:11.68 (18.66)	
37 Lenihan, Lily	15	Sutton & Cheam	1:09.74	1:11.72
16.93	34.80 (17.87)	53.65 (18.85)	1:11.72 (18.07)	
38 Knight, Imogen	13	Brompton Swimming Club	1:11.81	1:11.73
16.60	34.37 (17.77)	53.06 (18.69)	1:11.73 (18.67)	
39 Poaros, Rhea	15	Teddington Swimming Club	1:09.00	1:11.84
16.69	34.42 (17.73)	52.98 (18.56)	1:11.84 (18.86)	
*40 Ceccherini, Gabriella	14	Kingston Royals Swimming Club	1:11.99	1:11.86
16.87	34.85 (17.98)	53.29 (18.44)	1:11.86 (18.57)	
*40 Wang, Jessica	15	Kingston Royals Swimming Club	1:11.19	1:11.86
16.74	34.60 (17.86)	53.28 (18.68)	1:11.86 (18.58)	
*40 Cummins, Isabella	14	Ealing Swimming Club	1:12.10	1:11.86
16.68	34.85 (18.17)	53.72 (18.87)	1:11.86 (18.14)	
43 Cole, Evelyn	14	Anaconda Swimming Club	1:12.64	1:12.03
16.39	33.95 (17.56)	53.22 (19.27)	1:12.03 (18.81)	
*44 Pama, Charlotte	13	Camden Swiss Cottage Swimming	1:13.78	1:12.05
16.42	34.24 (17.82)	53.19 (18.95)	1:12.05 (18.86)	
*44 Ellis-Keeler, Sarah	15	Dulwich Dolphins Swimming Club	1:14.18	1:12.05
16.79	34.47 (17.68)	53.64 (19.17)	1:12.05 (18.41)	
46 Farrell, Anna	15	Camden Swiss Cottage Swimming	1:11.55	1:12.07
16.44	34.51 (18.07)	53.11 (18.60)	1:12.07 (18.96)	
47 Strover, Hannah	14	Orpingon OJ	1:11.59	1:12.62
17.39	35.21 (17.82)	54.29 (19.08)	1:12.62 (18.33)	
48 To, Jessica	13	Leander Swimming Club	1:10.32	1:12.65
16.52	34.03 (17.51)	53.63 (19.60)	1:12.65 (19.02)	
49 Verbaityte, Emilia	15	Greenwich Royals Swimming Club	1:13.03	1:12.71
17.36	35.78 (18.42)	54.78 (19.00)	1:12.71 (17.93)	
50 Bowley, Hannah	14	Hillingdon Swimming Club	1:12.94	1:12.77
17.42	35.38 (17.96)	54.42 (19.04)	1:12.77 (18.35)	
51 Podurgiel, Ella	14	Camden Swiss Cottage Swimming	1:14.05	1:12.99
17.16	35.61 (18.45)	54.41 (18.80)	1:12.99 (18.58)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 124 Women 11-15 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
52 Kelly, Ava	13	Croydon Amphibians Swimming Cl	1:12.66	1:13.00
17.23	35.31 (18.08)	54.24 (18.93)	1:13.00 (18.76)	
53 Grove, Thomasina	13	Chelsea and Westminster Swimmi	1:12.04	1:13.08
16.22	34.27 (18.05)	53.50 (19.23)	1:13.08 (19.58)	
54 Daffey, Schuyler	15	Brompton Swimming Club	1:14.03	1:13.20
17.39	35.57 (18.18)	54.55 (18.98)	1:13.20 (18.65)	
55 Magnus, Mia	13	London Borough of Redbridge SC	1:14.30	1:13.28
17.22	35.54 (18.32)	54.64 (19.10)	1:13.28 (18.64)	
56 Somasundram, Vinammra	15	Bo Of Harrow	1:13.40	1:13.47
17.65	35.86 (18.21)	54.71 (18.85)	1:13.47 (18.76)	
57 Yordanova, Magdalena	14	Romford Town Swimming Club	1:13.77	1:13.60
17.16	35.04 (17.88)	54.39 (19.35)	1:13.60 (19.21)	
*58 Griffiths, Betsy	14	Chelsea and Westminster Swimmi	1:14.21	1:13.68
17.07	35.52 (18.45)	55.00 (19.48)	1:13.68 (18.68)	
*58 McCall, Chloe	13	Kingston Royals Swimming Club	1:12.91	1:13.68
16.91	35.15 (18.24)	54.68 (19.53)	1:13.68 (19.00)	
60 Hyde, Izzy	13	Kingston Royals Swimming Club	1:13.91	1:13.81
17.36	35.47 (18.11)	54.86 (19.39)	1:13.81 (18.95)	
61 Atkinson, Emily	12	Bexley Swimming Club	1:14.22	1:13.93
17.23	35.50 (18.27)	54.81 (19.31)	1:13.93 (19.12)	
62 Wilkinson, Saskia	13	Leander Swimming Club	1:13.24	1:14.08
16.73	35.36 (18.63)	54.84 (19.48)	1:14.08 (19.24)	
63 Bayliss, Freya	15	Sutton & Cheam	1:13.99	1:14.31
17.22	36.03 (18.81)	55.15 (19.12)	1:14.31 (19.16)	
64 Ossman, Alisha	15	Ealing Swimming Club	1:13.93	1:14.42
16.95	35.46 (18.51)	54.69 (19.23)	1:14.42 (19.73)	
65 Meers, Lily	14	Bromley Swimming Club	1:13.70	1:14.46
17.33	35.62 (18.29)	55.34 (19.72)	1:14.46 (19.12)	
66 Woolley, Anna	15	Croydon Amphibians Swimming Cl	1:14.14	1:14.57
17.70	36.25 (18.55)	55.46 (19.21)	1:14.57 (19.11)	
67 Morland, Megan	15	Sutton & Cheam	1:13.45	1:15.09
56.02	36.31 ( )	1:15.09 (38.78)		
68 Pemberton, Ella	14	Borough of Waltham Forest Gato	1:13.54	1:15.29
17.45	36.33 (18.88)	56.05 (19.72)	1:15.29 (19.24)	
69 Young, Sophie	15	Kingston Royals Swimming Club	1:12.20	1:15.54
17.54	36.59 (19.05)	56.05 (19.46)	1:15.54 (19.49)	
70 Jolley-Ellis, Blythe	15	Orpingon OJ	1:13.25	1:16.82
17.24	36.37 (19.13)	1:16.82 (40.45)		
--- Evans, Clara	15	London Borough of Redbridge SC	1:12.48	DQ
6.2 Left position on the back (other than to initiate a turn)				

**Event 124 Women 16 & Over 100 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Avramova, Katie	28	Ealing Swimming Club	1:00.81	1:00.59
14.54	29.69 (15.15)	45.44 (15.75)	1:00.59 (15.15)	
2 Judge, Brodie	18	Ealing Swimming Club	1:02.39	1:02.51
14.70	30.40 (15.70)	46.59 (16.19)	1:02.51 (15.92)	
3 Singh, Gaurika	17	Camden Swiss Cottage Swimming	1:03.73	1:03.74
14.98	31.11 (16.13)	47.72 (16.61)	1:03.74 (16.02)	
4 Smith, Annabel	16	Bromley Swimming Club	1:03.71	1:03.82
15.04	31.12 (16.08)	47.77 (16.65)	1:03.82 (16.05)	
5 O'Toole, Cara	16	Hillingdon Swimming Club	1:05.79	1:04.10
15.34	31.44 (16.10)	47.72 (16.28)	1:04.10 (16.38)	
6 Meers, Imogen	17	Bromley Swimming Club	1:03.28	1:04.12
15.17	30.88 (15.71)	47.53 (16.65)	1:04.12 (16.59)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Finals ... (Event 124 Women 16 & Over 100 SC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time
7 Macgonigal, Hazel	16	Bo Of Harrow	1:06.42	1:07.11
15.52	32.28 (16.76)	49.68 (17.40)	1:07.11 (17.43)	
8 Kirlew, Maya	18	Enfield Swim Squad	1:07.04	1:07.12
15.37	32.35 (16.98)	49.64 (17.29)	1:07.12 (17.48)	

**Event 124 Women 16 & Over 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Avramova, Katie	28	Ealing Swimming Club	1:00.45	1:00.81
14.51	29.70 (15.19)	45.59 (15.89)	1:00.81 (15.22)	
2 Judge, Brodie	18	Ealing Swimming Club	1:01.76	1:02.39
14.95	30.55 (15.60)	46.99 (16.44)	1:02.39 (15.40)	
3 Meers, Imogen	17	Bromley Swimming Club	1:01.49	1:03.28
14.97	30.33 (15.36)	46.96 (16.63)	1:03.28 (16.32)	
4 Smith, Annabel	16	Bromley Swimming Club	1:03.64	1:03.71
14.95	30.89 (15.94)	47.70 (16.81)	1:03.71 (16.01)	
5 Singh, Gaurika	17	Camden Swiss Cottage Swimming	1:04.73	1:03.73
14.94	30.66 (15.72)	47.13 (16.47)	1:03.73 (16.60)	
6 Barnes, Megan	16	Barnes SC	1:08.27	1:05.53
15.51	31.96 (16.45)	49.12 (17.16)	1:05.53 (16.41)	
7 O'Toole, Cara	16	Hillingdon Swimming Club	1:05.54	1:05.79
15.38	31.74 (16.36)	48.95 (17.21)	1:05.79 (16.84)	
8 Macgonigal, Hazel	16	Bo Of Harrow	1:06.39	1:06.42
15.20	31.55 (16.35)	1:06.42 (34.87)		
9 Kirlew, Maya	18	Enfield Swim Squad	1:06.53	1:07.04
15.49	32.11 (16.62)	49.59 (17.48)	1:07.04 (17.45)	
10 Moule, Amelia	16	Romford Town Swimming Club	1:04.95	1:07.10
15.16	31.66 (16.50)	49.36 (17.70)	1:07.10 (17.74)	
11 Ground, Sophia	18	Brompton Swimming Club	1:09.79	1:07.77
15.95	32.55 (16.60)	50.33 (17.78)	1:07.77 (17.44)	
12 Rees, Hannah	16	Sutton & Cheam	1:07.07	1:08.29
15.93	32.83 (16.90)	50.53 (17.70)	1:08.29 (17.76)	
13 Cesar, Justine	18	Brompton Swimming Club	1:07.90	1:08.57
15.88	32.84 (16.96)	50.75 (17.91)	1:08.57 (17.82)	
14 Neal, Joanne	17	Hillingdon Swimming Club	1:08.96	1:08.91
16.02	32.89 (16.87)	50.65 (17.76)	1:08.91 (18.26)	
15 Dunleavy, Maia	18	Brompton Swimming Club	1:04.70	1:09.10
15.74	32.44 (16.70)	50.75 (18.31)	1:09.10 (18.35)	
16 Adjei, Nubia	16	Sutton & Cheam	1:08.35	1:09.34
15.49	32.83 (17.34)	51.34 (18.51)	1:09.34 (18.00)	
17 Caswell, Priya	16	Brompton Swimming Club	1:11.76	1:09.37
16.64	33.95 (17.31)	51.77 (17.82)	1:09.37 (17.60)	
18 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	1:11.46	1:09.71
16.55	34.09 (17.54)	51.92 (17.83)	1:09.71 (17.79)	
19 Harden, Ellie	17	Orpingon OJ	1:09.50	1:09.86
16.30	33.55 (17.25)	51.75 (18.20)	1:09.86 (18.11)	
20 Auld, Zoe	16	Brompton Swimming Club	1:08.34	1:10.12
16.41	34.29 (17.88)	52.08 (17.79)	1:10.12 (18.04)	
21 Shute, Sasha	17	Haringey Aquatics	1:10.13	1:10.54
16.00	33.26 (17.26)	1:10.54 (37.28)		
22 Wilson, Sadie	17	Anaconda Swimming Club	1:10.35	1:10.82
16.40	34.32 (17.92)	52.85 (18.53)	1:10.82 (17.97)	
23 Axam, Tia	16	Hillingdon Swimming Club	1:12.57	1:11.40
17.12	35.14 (18.02)	53.11 (17.97)	1:11.40 (18.29)	
24 Kemp, Megan	16	Chelsea and Westminster Swimmi	1:10.53	1:12.80
17.27	35.19 (17.92)	54.20 (19.01)	1:12.80 (18.60)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 124 Women 16 & Over 100 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
25 Flannagan, Millie	16	Enfield Swim Squad	1:13.16	1:13.09
17.21	35.44 (18.23)	54.38 (18.94)	1:13.09 (18.71)	
26 Pereira, Sarah	16	Teddington Swimming Club	1:11.53	1:13.36
17.35	35.40 (18.05)	54.04 (18.64)	1:13.36 (19.32)	
27 Davison, Abby	17	Beckenham Swimming Club	1:12.42	1:13.45
17.21	35.33 (18.12)	54.58 (19.25)	1:13.45 (18.87)	
28 MacLennan, Katya	16	Brompton Swimming Club	1:12.33	1:14.33
17.80	35.62 (17.82)	1:14.33 (38.71)		

**Event 124 Women 100 SC Meter Backstroke Multi-Class**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 O'Connell, Leah S7	17	Camden Swiss Cottage Swimming	1:42.77	1:37.44
23.65	48.07 (24.42)	1:13.15 (25.08)	1:37.44 (24.29)	
2 Hyde, Charlie S7	17	Camden Swiss Cottage Swimming	1:46.01	1:44.38
24.18	50.34 (26.16)	1:16.99 (26.65)	1:44.38 (27.39)	

**Event 125 Men 11-15 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	27.82	27.35
13.66	27.35 (13.69)			
2 Carlton, Fraser	15	Hackney Aquatics	29.14	28.72
14.08	28.72 (14.64)			
3 Bartley, Joseph	15	Sutton & Cheam	28.98	28.76
14.24	28.76 (14.52)			
4 Solly, Josh	15	Bexley Swimming Club	29.33	28.84
14.28	28.84 (14.56)			
5 Corner, Jago	15	Hackney Aquatics	29.53	28.98
14.22	28.98 (14.76)			
6 Chou, Nevan	14	Bromley Swimming Club	29.51	29.28
14.32	29.28 (14.96)			
7 Moyles, Liam	15	Broomfield Park Swimming Club	29.57	29.46
14.56	29.46 (14.90)			
8 Austin, Alex	15	Hillingdon Swimming Club	29.66	31.05
15.03	31.05 (16.02)			

**Event 125 Men 11-15 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	28.68	27.82
13.69	27.82 (14.13)			
2 Overton, Joe	15	Enfield Swim Squad	28.57	28.76
14.10	28.76 (14.66)			
3 Bartley, Joseph	15	Sutton & Cheam	29.97	28.98
14.45	28.98 (14.53)			
4 Carlton, Fraser	15	Hackney Aquatics	30.27	29.14
14.33	29.14 (14.81)			
5 Solly, Josh	15	Bexley Swimming Club	29.15	29.33
14.42	29.33 (14.91)			
*6 Pama, Alex	15	Camden Swiss Cottage Swimming	30.09	29.51
14.51	29.51 (15.00)			
*6 Chou, Nevan	14	Bromley Swimming Club	29.86	29.51
14.51	29.51 (15.00)			
8 Corner, Jago	15	Hackney Aquatics	31.08	29.53
14.50	29.53 (15.03)			
9 Moyles, Liam	15	Broomfield Park Swimming Club	29.96	29.57
14.73	29.57 (14.84)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 125 Men 11-15 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Austin, Alex	15	Hillingdon Swimming Club	30.62	29.66
14.72	29.66	(14.94)		
11 Coyle, Alexander	14	Bo Of Harrow	30.26	29.69
14.56	29.69	(15.13)		
12 Baker, Dylan	15	Anaconda Swimming Club	31.09	29.83
14.55	29.83	(15.28)		
*13 Emerton, Matthew	15	Hillingdon Swimming Club	31.25	29.85
15.04	29.85	(14.81)		
*13 Hoole, Hayden	15	Haringey Aquatics	29.93	29.85
14.71	29.85	(15.14)		
15 Langdown, Ben	15	Orpingon OJ	29.89	29.88
14.85	29.88	(15.03)		
16 Davies, Louis	15	Kingston Royals Swimming Club	30.89	30.01
14.84	30.01	(15.17)		
17 Ryan, Samuel	13	Orpingon OJ	30.90	30.11
15.25	30.11	(14.86)		
18 Hamilton McMahon, Arun	14	Haringey Aquatics	30.86	30.12
14.94	30.12	(15.18)		
19 Bennett, Adam	15	Hillingdon Swimming Club	30.39	30.18
15.10	30.18	(15.08)		
20 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	31.43	30.49
15.31	30.49	(15.18)		
21 Salazar, Kurt Francis	14	Newham & Uel Swimming Club	31.50	30.58
15.23	30.58	(15.35)		
22 Chapman Lennon, Harvey	14	Dulwich Dolphins Swimming Club	29.53	30.60
14.99	30.60	(15.61)		
23 Tunsley, Jamie	15	Bexley Swimming Club	31.31	30.61
15.55	30.61	(15.06)		
24 Dufour, Lorenzo	15	Brompton Swimming Club	31.31	30.64
*25 Gray, Henry	13	Chelsea and Westminster Swimmi	32.23	30.83
15.40	30.83	(15.43)		
*25 Macgonigal, Oliver	13	Bo Of Harrow	31.23	30.83
15.06	30.83	(15.77)		
*25 Raykin, Georgi	14	Newham & Uel Swimming Club	32.21	30.83
15.13	30.83	(15.70)		
28 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	31.40	31.06
15.18	31.06	(15.88)		
29 Durantel, Adrien	14	Chelsea and Westminster Swimmi	31.13	31.09
15.47	31.09	(15.62)		
30 Wardell, Jack	15	Kingston Royals Swimming Club	31.54	31.14
15.29	31.14	(15.85)		
31 Divet, Antoine	14	Camden Swiss Cottage Swimming	32.24	31.20
15.73	31.20	(15.47)		
32 Tubbs, Bruno	14	Anaconda Swimming Club	31.08	31.22
15.26	31.22	(15.96)		
33 Dalton, Oliver	15	Beckenham Swimming Club	31.82	31.24
15.60	31.24	(15.64)		
34 Charles, Maceo	14	Ealing Swimming Club	31.95	31.44
15.47	31.44	(15.97)		
35 Lea, Tom	13	Hackney Aquatics	31.89	31.52
15.64	31.52	(15.88)		
36 He, Leo	14	Camden Swiss Cottage Swimming	32.25	31.75
15.63	31.75	(16.12)		
37 Ellis, Luke	13	Beckenham Swimming Club	32.84	31.79
15.65	31.79	(16.14)		
38 Miranda, Juan	15	Chelsea and Westminster Swimmi	32.10	31.91
15.53	31.91	(16.38)		



**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 125 Men 11-15 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
39 Cohen, Jacob	14	Camden Swiss Cottage Swimming	32.75	31.98
16.05	31.98 (15.93)			
*40 Borak, Yuriy	14	Ealing Swimming Club	31.81	32.03
15.71	32.03 (16.32)			
*40 Garfield, Joe	14	Borough of Waltham Forest Gato	32.22	32.03
16.17	32.03 (15.86)			
42 Pickering, Sebastian	14	Bromley Swimming Club	32.03	32.04
15.94	32.04 (16.10)			
43 Williams, Alex	13	Dulwich Dolphins Swimming Club	32.35	32.08
15.89	32.08 (16.19)			
44 Gurung, Anix	14	London Borough of Hounslow	31.57	32.11
15.75	32.11 (16.36)			
45 Williams, Harrison	15	Ealing Swimming Club	32.38	32.16
15.87	32.16 (16.29)			
46 Abdulhafiz, Rami	12	Dulwich Dolphins Swimming Club	32.54	32.68
15.63	32.68 (17.05)			
47 Atotileto, Joshua	13	Newham & Uel Swimming Club	32.66	32.95
16.44	32.95 (16.51)			
48 Parrott, Thomas	12	Hillingdon Swimming Club	32.62	33.47
16.37	33.47 (17.10)			

**Event 125 Men 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Giordani, Shakil	17	Haringey Aquatics	27.36	26.57
13.34	26.57 (13.23)			
2 LaJoie, Alex	29	Otter Swimming Club	27.34	27.31
13.70	27.31 (13.61)			
3 Olin, Jackson	17	Camden Swiss Cottage Swimming	27.75	27.56
13.60	27.56 (13.96)			
4 Pears, Jason	19	Ealing Swimming Club	27.58	27.63
13.75	27.63 (13.88)			
5 Gencas, Daniel	16	Romford Town Swimming Club	27.95	27.75
13.76	27.75 (13.99)			
6 Costley, Jude	16	Hackney Aquatics	27.95	27.78
13.52	27.78 (14.26)			
7 Soulas, Oskar	18	Enfield Swim Squad	27.68	27.96
13.48	27.96 (14.48)			
8 Northover, Joe	29	Newham & Uel Swimming Club	27.54	28.16
13.80	28.16 (14.36)			
9 Duni, Thomas	18	Bexley Swimming Club	27.95	28.22
13.62	28.22 (14.60)			

**Event 125 Men 16 & Over 50 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 LaJoie, Alex	29	Otter Swimming Club	29.59	27.34
13.55	27.34 (13.79)			
2 Giordani, Shakil	17	Haringey Aquatics	26.43	27.36
13.83	27.36 (13.53)			
3 Northover, Joe	29	Newham & Uel Swimming Club	28.76	27.54
13.49	27.54 (14.05)			
4 Pears, Jason	19	Ealing Swimming Club	27.51	27.58
13.61	27.58 (13.97)			
5 Soulas, Oskar	18	Enfield Swim Squad	28.10	27.68
13.59	27.68 (14.09)			
6 Olin, Jackson	17	Camden Swiss Cottage Swimming	28.69	27.75
13.66	27.75 (14.09)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 125 Men 16 & Over 50 SC Meter Backstroke)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*7 Costley, Jude	16	Hackney Aquatics	27.07	27.95
13.84	27.95 (14.11)			
*7 Duni, Thomas	18	Bexley Swimming Club	28.54	27.95
13.76	27.95 (14.19)			
*7 Gencas, Daniel	16	Romford Town Swimming Club	27.64	27.95
13.97	27.95 (13.98)			
10 Wilson, Aaron	17	Romford Town Swimming Club	28.55	27.96
13.80	27.96 (14.16)			
11 Morgan, Aaron	22	Bo Of Harrow	27.96	28.02
14.03	28.02 (13.99)			
12 Krishnan, Devesh	17	Kingston Royals Swimming Club	28.76	28.10
13.80	28.10 (14.30)			
13 Podmore, Tyler	21	Dulwich Dolphins Swimming Club	28.02	28.16
13.86	28.16 (14.30)			
14 Rudd, William	16	Chelsea and Westminster Swimmi	28.01	28.30
13.92	28.30 (14.38)			
15 Parsons, Jamie	18	Enfield Swim Squad	28.84	28.48
13.94	28.48 (14.54)			
16 Ahmed, Ilyas	16	Hackney Aquatics	28.88	28.52
14.08	28.52 (14.44)			
17 Smeets, Alan	35	Anaconda Swimming Club	28.69	28.75
14.11	28.75 (14.64)			
18 Wileman, Jon	23	Sutton & Cheam	27.75	28.81
14.25	28.81 (14.56)			
19 Shaw, Luke	17	Sutton & Cheam	30.15	28.82
14.07	28.82 (14.75)			
20 Barretta, Luca	16	Croydon Amphibians Swimming Cl	29.15	28.84
14.59	28.84 (14.25)			
21 Penney, Rohan	18	Wandsworth Swimming Club	29.08	28.86
14.15	28.86 (14.71)			
22 Wild, Jack	17	Sutton & Cheam	30.06	29.28
14.41	29.28 (14.87)			
23 Wilson, Alexander	18	Brompton Swimming Club	28.66	29.58
14.44	29.58 (15.14)			
24 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	30.14	29.59
14.74	29.59 (14.85)			
25 Isaza Ocampo, Alejandro	18	Haringey Aquatics	29.59	29.64
14.77	29.64 (14.87)			
26 Barou, Emile	17	Camden Swiss Cottage Swimming	30.55	29.65
14.51	29.65 (15.14)			
27 Peel, Max	16	Orpingon OJ	29.85	30.01
14.74	30.01 (15.27)			
28 Findlay, Ben	16	Leander Swimming Club	31.02	30.24
14.96	30.24 (15.28)			
29 Japal, Lewis	16	Enfield Swim Squad	30.23	30.26
15.32	30.26 (14.94)			
30 Routier, Victor	17	Brent Dolphins SC	30.72	30.55
15.07	30.55 (15.48)			
31 Caravati-Pringle, Matteo	16	Haringey Aquatics	30.41	30.65
15.45	30.65 (15.20)			
32 Collins, Harry	16	Bexley Swimming Club	31.09	30.67
15.12	30.67 (15.55)			
33 Ramaiya, Shanil	17	Bo Of Harrow	31.34	30.77
15.36	30.77 (15.41)			
34 Finn, Gregory	16	Brompton Swimming Club	30.33	30.81
15.04	30.81 (15.77)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 125 Men 16 & Over 50 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
*35 McAllister, Samuel	16	Anaconda Swimming Club	31.88	30.95
15.54	30.95 (15.41)			
*35 Bingham, Herbie	16	Chelsea and Westminster Swimmi	30.00	30.95
15.06	30.95 (15.89)			
37 Kelly, Josh	16	Hillingdon Swimming Club	30.56	31.14
15.48	31.14 (15.66)			
38 Abazie, Chidubem	16	Saxon Crown (Lewisham)	31.54	31.41
15.21	31.41 (16.20)			
39 Harding, Matthew	18	Greenwich Royals Swimming Club	31.23	33.88
16.24	33.88 (17.64)			
--- Young, Harry	16	Kingston Royals Swimming Club	31.43	DQ
6.4 More than one single or double simultaneous arm pull used to initiate the turn or not				

**Event 126 Women 11-15 200 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	2:28.94	2:23.73
15.11	32.12 (17.01)	50.34 (18.22)	1:08.00 (17.66)	
1:27.96 (19.96)	1:45.67 (17.71)	2:05.29 (19.62)	2:23.73 (18.44)	
2 Corver, Alicia	15	Bromley Swimming Club	2:29.00	2:25.88
15.26	33.03 (17.77)	51.74 (18.71)	1:10.10 (18.36)	
1:29.05 (18.95)	1:48.19 (19.14)	2:07.30 (19.11)	2:25.88 (18.58)	
3 Wilson, Annabel	15	Beckenham Swimming Club	2:29.70	2:29.97
15.39	33.02 (17.63)	51.66 (18.64)	1:10.33 (18.67)	
1:29.65 (19.32)	1:49.51 (19.86)	2:10.30 (20.79)	2:29.97 (19.67)	
4 Harris, Rachael	14	Kingston Royals Swimming Club	2:33.62	2:31.33
14.62	32.25 (17.63)	51.56 (19.31)	1:12.15 (20.59)	
1:32.29 (20.14)	1:53.00 (20.71)	2:12.80 (19.80)	2:31.33 (18.53)	
5 Humphries, Olivia	14	Sutton & Cheam	2:35.15	2:31.58
14.98	33.23 (18.25)	52.25 (19.02)	1:11.99 (19.74)	
1:31.87 (19.88)	1:52.42 (20.55)	2:11.46 (19.04)	2:31.58 (20.12)	
6 McCall, Chloe	13	Kingston Royals Swimming Club	2:33.14	2:32.87
15.33	33.54 (18.21)	53.02 (19.48)	1:13.13 (20.11)	
1:32.65 (19.52)	1:53.13 (20.48)	2:13.25 (20.12)	2:32.87 (19.62)	
7 McGrath, Edie	14	Camden Swiss Cottage Swimming	2:35.73	2:34.82
15.68	34.36 (18.68)	53.69 (19.33)	1:13.72 (20.03)	
1:33.97 (20.25)	1:54.56 (20.59)	2:15.14 (20.58)	2:34.82 (19.68)	

**Event 126 Women 11-15 200 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Murray, Sophie	15	Barnet Cophall Swimming Club	2:18.75	2:22.11
14.90	31.96 (17.06)	49.92 (17.96)	1:07.88 (17.96)	
1:26.46 (18.58)	1:44.61 (18.15)	2:03.45 (18.84)	2:22.11 (18.66)	
2 Bernholt, Tsala	13	Barnet Cophall Swimming Club	2:29.91	2:26.54
15.66	33.55 (17.89)	51.84 (18.29)	1:10.85 (19.01)	
1:29.51 (18.66)	1:48.92 (19.41)	2:07.77 (18.85)	2:26.54 (18.77)	
3 Hobsley, Jo	15	Barnet Cophall Swimming Club	2:17.49	2:26.66
16.04	32.55 (16.51)	51.89 (19.34)	1:09.42 (17.53)	
1:29.03 (19.61)	1:47.96 (18.93)	2:07.65 (19.69)	2:26.66 (19.01)	
4 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	2:28.85	2:28.94
15.20	33.76 (18.56)	51.81 (18.05)	1:11.05 (19.24)	
1:29.99 (18.94)	1:50.85 (20.86)	2:09.74 (18.89)	2:28.94 (19.20)	
5 Corver, Alicia	15	Bromley Swimming Club	2:22.93	2:29.00
15.00	32.86 (17.86)	51.34 (18.48)	1:10.41 (19.07)	
1:30.03 (19.62)	1:49.74 (19.71)	2:09.63 (19.89)	2:29.00 (19.37)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 126 Women 11-15 200 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
6 Cruz-O'Dwyer, Sasha	15	Sutton & Cheam	2:26.30	2:29.46
15.13	33.14 (18.01)	51.20 (18.06)	1:10.21 (19.01)	
1:29.52 (19.31)	1:49.39 (19.87)	2:09.47 (20.08)	2:29.46 (19.99)	
7 Wilson, Annabel	15	Beckenham Swimming Club	2:21.50	2:29.70
14.92	32.25 (17.33)	51.00 (18.75)	1:09.94 (18.94)	
1:29.92 (19.98)	1:49.86 (19.94)	2:10.30 (20.44)	2:29.70 (19.40)	
8 McCall, Chloe	13	Kingston Royals Swimming Club	2:33.37	2:33.14
15.04	33.22 (18.18)	52.53 (19.31)	1:12.89 (20.36)	
1:33.14 (20.25)	1:54.17 (21.03)	2:13.97 (19.80)	2:33.14 (19.17)	
9 Harris, Rachael	14	Kingston Royals Swimming Club	2:31.71	2:33.62
15.34	34.97 (19.63)	54.52 (19.55)	1:14.48 (19.96)	
1:34.56 (20.08)	1:54.85 (20.29)	2:14.27 (19.42)	2:33.62 (19.35)	
10 Jackson, Sophia	15	Sutton & Cheam	2:30.20	2:33.65
14.87	33.12 (18.25)	51.96 (18.84)	1:12.42 (20.46)	
1:32.59 (20.17)	1:53.33 (20.74)	2:13.40 (20.07)	2:33.65 (20.25)	
11 Humphries, Olivia	14	Sutton & Cheam	2:39.07	2:35.15
15.11	33.52 (18.41)	53.31 (19.79)	1:13.57 (20.26)	
1:33.44 (19.87)	1:53.75 (20.31)	2:14.34 (20.59)	2:35.15 (20.81)	
12 McGrath, Edie	14	Camden Swiss Cottage Swimming	2:37.69	2:35.73
15.86	34.47 (18.61)	54.21 (19.74)	1:13.98 (19.77)	
1:34.66 (20.68)	1:55.30 (20.64)	2:15.64 (20.34)	2:35.73 (20.09)	
13 Hooper, Lucia	15	Croydon Amphibians Swimming Cl	2:43.05	2:37.48
15.61	34.78 (19.17)	54.41 (19.63)	1:15.13 (20.72)	
1:35.65 (20.52)	1:57.13 (21.48)	2:17.30 (20.17)	2:37.48 (20.18)	
14 Burns, Lola	13	Beckenham Swimming Club	2:31.60	2:37.63
15.33	34.12 (18.79)	53.06 (18.94)	1:13.55 (20.49)	
1:33.73 (20.18)	1:55.50 (21.77)	2:16.83 (21.33)	2:37.63 (20.80)	
15 Wiseman Lee, Holly	14	Teddington Swimming Club	2:41.01	2:38.42
16.24	34.87 (18.63)	55.79 (20.92)	1:15.62 (19.83)	
1:36.47 (20.85)	1:57.28 (20.81)	2:19.22 (21.94)	2:38.42 (19.20)	
16 Hill, Olivia	13	Wandsworth Swimming Club	2:44.17	2:38.57
15.70	34.64 (18.94)	54.78 (20.14)	1:16.87 (22.09)	
1:36.66 (19.79)	1:59.20 (22.54)	2:19.46 (20.26)	2:38.57 (19.11)	
17 Atherton, Leto	15	Anaconda Swimming Club	2:38.96	2:38.58
15.96	35.03 (19.07)	54.41 (19.38)	1:13.84 (19.43)	
1:34.47 (20.63)	1:55.36 (20.89)	2:16.78 (21.42)	2:38.58 (21.80)	
18 Lawrence, Amie	13	Orpington OJ	2:42.89	2:39.58
15.52	34.76 (19.24)	54.96 (20.20)	1:16.01 (21.05)	
1:36.65 (20.64)	1:58.34 (21.69)	2:19.12 (20.78)	2:39.58 (20.46)	
19 Meers, Lily	14	Bromley Swimming Club	2:33.51	2:39.92
15.20	35.14 (19.94)	55.03 (19.89)	1:15.43 (20.40)	
1:37.33 (21.90)	1:59.09 (21.76)	2:20.68 (21.59)	2:39.92 (19.24)	
20 Littlemore, Matilda	14	Chelsea and Westminster Swimmi	2:42.95	2:39.97
15.03	34.33 (19.30)	54.33 (20.00)	1:15.22 (20.89)	
1:35.76 (20.54)	1:56.99 (21.23)	2:18.42 (21.43)	2:39.97 (21.55)	
21 Van Zyl, Kayla	13	Hillingdon Swimming Club	2:41.06	2:42.41
16.20	35.62 (19.42)	56.14 (20.52)	1:16.23 (20.09)	
1:38.31 (22.08)	1:59.43 (21.12)	2:22.25 (22.82)	2:42.41 (20.16)	
22 Holden, Charlotte	12	Camden Swiss Cottage Swimming	2:39.33	2:43.52
16.26	34.93 (18.67)	54.60 (19.67)	1:15.42 (20.82)	
1:36.54 (21.12)	1:59.10 (22.56)	2:21.02 (21.92)	2:43.52 (22.50)	
23 Pagan, Stephanie	14	Borough of Waltham Forest Gato	2:38.75	2:44.00
16.24	34.85 (18.61)	55.41 (20.56)	1:15.53 (20.12)	
1:37.63 (22.10)	1:59.40 (21.77)	2:21.83 (22.43)	2:44.00 (22.17)	
24 Grove, Thomasina	13	Chelsea and Westminster Swimmi	2:40.27	2:44.94
15.92	36.09 (20.17)	56.54 (20.45)	1:18.37 (21.83)	
1:39.88 (21.51)	2:02.78 (22.90)	2:23.86 (21.08)	2:44.94 (21.08)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 126 Women 11-15 200 SC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
25 To, Jessica	13	Leander Swimming Club	2:41.10	2:52.24
16.73	36.79 (20.06)	57.96 (21.17)	1:20.63 (22.67)	
	2:05.85 ( )	2:52.24 (46.39)		
26 Tricker, Grace	13	Beckenham Swimming Club	2:41.79	2:56.01
17.38	38.25 (20.87)	1:00.99 (22.74)	1:23.07 (22.08)	
	2:10.14 ( )	2:56.01 (45.87)		

## Event 126 Women 16 &amp; Over 200 SC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Kelly, Alesha	17	Brompton Swimming Club	2:17.62	2:16.74
14.72	31.21 (16.49)	48.42 (17.21)	1:05.82 (17.40)	
1:23.46 (17.64)	1:41.06 (17.60)	1:59.04 (17.98)	2:16.74 (17.70)	
2 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:21.26	2:16.81
14.22	30.75 (16.53)	48.47 (17.72)	1:05.93 (17.46)	
1:23.53 (17.60)	1:41.38 (17.85)	1:59.23 (17.85)	2:16.81 (17.58)	
3 O'Flynn, Hannah	17	Bromley Swimming Club	2:28.88	2:22.91
14.50	31.91 (17.41)	49.57 (17.66)	1:07.72 (18.15)	
1:25.79 (18.07)	1:44.92 (19.13)	2:03.88 (18.96)	2:22.91 (19.03)	
4 Poaros, Thalia	18	Teddington Swimming Club	2:23.80	2:23.78
15.07	32.50 (17.43)	49.86 (17.36)	1:08.07 (18.21)	
1:26.46 (18.39)	1:45.32 (18.86)	2:04.73 (19.41)	2:23.78 (19.05)	
5 Dill, Drew	17	Camden Swiss Cottage Swimming	2:24.31	2:24.64
14.99	32.25 (17.26)	49.89 (17.64)	1:08.00 (18.11)	
1:27.40 (19.40)	1:45.72 (18.32)	2:04.82 (19.10)	2:24.64 (19.82)	
6 Hawley, Lucy	19	Kingston Royals Swimming Club	2:24.84	2:26.65
14.44	32.15 (17.71)	50.29 (18.14)	1:09.18 (18.89)	
1:28.08 (18.90)	1:47.89 (19.81)	2:07.41 (19.52)	2:26.65 (19.24)	
7 Coyle, Ruby	17	Bo Of Harrow	2:28.37	2:27.69
14.54	32.01 (17.47)	50.07 (18.06)	1:08.85 (18.78)	
1:27.90 (19.05)	1:48.00 (20.10)	2:07.99 (19.99)	2:27.69 (19.70)	

## Event 126 Women 16 &amp; Over 200 SC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Lewis, Fleur	16	Barnet Cophthall Swimming Club	2:12.94	2:15.77
14.70	30.88 (16.18)	48.08 (17.20)	1:05.34 (17.26)	
1:23.31 (17.97)	1:40.75 (17.44)	1:59.55 (18.80)	2:15.77 (16.22)	
2 Thornton, Lucy	20	Ealing Swimming Club	2:13.19	2:16.09
14.08	30.48 (16.40)	47.75 (17.27)	1:05.14 (17.39)	
1:23.21 (18.07)	1:40.86 (17.65)	1:58.73 (17.87)	2:16.09 (17.36)	
3 Kelly, Alesha	17	Brompton Swimming Club	2:17.50	2:17.62
14.73	31.22 (16.49)	48.37 (17.15)	1:05.55 (17.18)	
1:23.27 (17.72)	1:40.98 (17.71)	1:59.12 (18.14)	2:17.62 (18.50)	
4 Brantley, Lauren	17	Camden Swiss Cottage Swimming	2:15.51	2:18.42
14.47	30.90 (16.43)	48.07 (17.17)	1:05.79 (17.72)	
1:23.45 (17.66)	1:41.61 (18.16)	2:00.09 (18.48)	2:18.42 (18.33)	
5 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:19.51	2:21.26
14.05	30.95 (16.90)	48.52 (17.57)	1:06.68 (18.16)	
1:25.03 (18.35)	1:43.81 (18.78)	2:02.64 (18.83)	2:21.26 (18.62)	
6 Poaros, Thalia	18	Teddington Swimming Club	2:23.39	2:23.80
15.03	32.58 (17.55)	50.27 (17.69)	1:09.06 (18.79)	
1:27.18 (18.12)	1:45.87 (18.69)	2:04.69 (18.82)	2:23.80 (19.11)	
7 Dill, Drew	17	Camden Swiss Cottage Swimming	2:21.92	2:24.31
14.83	32.20 (17.37)	49.72 (17.52)	1:07.85 (18.13)	
1:26.09 (18.24)	1:44.98 (18.89)	2:04.30 (19.32)	2:24.31 (20.01)	
8 Hawley, Lucy	19	Kingston Royals Swimming Club	2:17.99	2:24.84
14.85	32.14 (17.29)	50.35 (18.21)	1:08.58 (18.23)	
1:27.29 (18.71)	1:46.21 (18.92)	2:05.62 (19.41)	2:24.84 (19.22)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 126 Women 16 & Over 200 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
9 Coyle, Ruby	17	Bo Of Harrow	2:28.68	2:28.37
14.84	32.35 (17.51)	50.59 (18.24)	1:09.45 (18.86)	
1:29.00 (19.55)	1:48.94 (19.94)	2:08.77 (19.83)	2:28.37 (19.60)	
10 O'Flynn, Hannah	17	Bromley Swimming Club	2:20.25	2:28.88
15.10	32.52 (17.42)	50.89 (18.37)	1:09.24 (18.35)	
1:27.84 (18.60)	1:48.05 (20.21)	2:08.73 (20.68)	2:28.88 (20.15)	
11 Lambropoulos, Athena	17	Camden Swiss Cottage Swimming	2:24.74	2:29.30
15.22	33.16 (17.94)	51.39 (18.23)	1:10.67 (19.28)	
1:30.11 (19.44)	1:49.90 (19.79)	2:09.44 (19.54)	2:29.30 (19.86)	
12 Dill, Ally	17	Camden Swiss Cottage Swimming	2:25.98	2:29.59
15.26	33.42 (18.16)	51.48 (18.06)	1:10.19 (18.71)	
1:28.82 (18.63)	1:48.37 (19.55)	2:08.30 (19.93)	2:29.59 (21.29)	
13 Altankhuyag, Enerel	18	Dulwich Dolphins Swimming Club	2:29.20	2:30.43
15.53	34.00 (18.47)	52.46 (18.46)	1:11.62 (19.16)	
1:30.40 (18.78)	1:50.50 (20.10)	2:10.30 (19.80)	2:30.43 (20.13)	
14 Pepperday, Rose	18	Haringey Aquatics	2:38.98	2:36.42
15.96	35.05 (19.09)	54.65 (19.60)	1:15.27 (20.62)	
1:35.60 (20.33)	1:56.31 (20.71)	2:16.35 (20.04)	2:36.42 (20.07)	
15 Lustig, Nathalie	16	Camden Swiss Cottage Swimming	2:39.84	2:36.96
15.42	34.59 (19.17)	53.82 (19.23)	1:14.27 (20.45)	
1:33.83 (19.56)	1:55.05 (21.22)	2:15.99 (20.94)	2:36.96 (20.97)	
16 Roberts, Olivia	16	Borough of Waltham Forest Gato	2:29.21	2:37.57
15.77	35.06 (19.29)	53.85 (18.79)	1:13.77 (19.92)	
1:34.06 (20.29)	1:55.53 (21.47)	2:16.94 (21.41)	2:37.57 (20.63)	
17 Ahmed, Junayna	16	Romford Town Swimming Club	2:27.59	2:38.07
15.66	33.82 (18.16)	52.91 (19.09)	1:12.80 (19.89)	
1:32.91 (20.11)	1:54.56 (21.65)	2:16.47 (21.91)	2:38.07 (21.60)	
18 Braxton, Lauren	16	Romford Town Swimming Club	2:40.07	2:39.09
16.48	35.90 (19.42)	55.75 (19.85)	1:16.03 (20.28)	
1:36.47 (20.44)	1:58.48 (22.01)	2:19.27 (20.79)	2:39.09 (19.82)	
19 McCoolle, Caitlin	16	Enfield Swim Squad	2:42.79	2:42.72
15.96	35.78 (19.82)	55.81 (20.03)	1:16.92 (21.11)	
1:38.53 (21.61)	1:59.10 (20.57)	2:20.98 (21.88)	2:42.72 (21.74)	
20 Shaffer, Lauren	16	Chelsea and Westminster Swimmi	2:38.10	2:44.75
16.19	35.26 (19.07)	55.52 (20.26)	1:16.43 (20.91)	
1:37.94 (21.51)	1:59.86 (21.92)	2:22.42 (22.56)	2:44.75 (22.33)	

**Event 127 Men 11-15 200 SC Meter IM**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	2:11.85	2:10.62
13.34	29.20 (15.86)	45.88 (16.68)	1:01.53 (15.65)	
1:20.60 (19.07)	1:39.72 (19.12)	1:56.32 (16.60)	2:10.62 (14.30)	
2 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:13.67	2:12.14
13.32	29.00 (15.68)	46.04 (17.04)	1:03.59 (17.55)	
1:21.92 (18.33)	1:41.18 (19.26)	1:57.29 (16.11)	2:12.14 (14.85)	
3 Pauling, Edward	15	Beckenham Swimming Club	2:18.61	2:15.43
13.63	29.56 (15.93)	47.14 (17.58)	1:04.21 (17.07)	
1:23.86 (19.65)	1:43.66 (19.80)	2:00.37 (16.71)	2:15.43 (15.06)	
4 Bartley, Joseph	15	Sutton & Cheam	2:14.85	2:18.24
13.87	30.79 (16.92)	48.13 (17.34)	1:04.92 (16.79)	
1:25.65 (20.73)	1:46.72 (21.07)	2:03.36 (16.64)	2:18.24 (14.88)	
5 Gabriel, Aaron	14	Barking and Dagenham Aquatics	2:19.48	2:18.44
14.01	31.74 (17.73)	48.82 (17.08)	1:05.66 (16.84)	
1:26.17 (20.51)	1:46.81 (20.64)	2:03.08 (16.27)	2:18.44 (15.36)	
6 Woolfenden, Callum	14	Beckenham Swimming Club	2:20.11	2:21.03
13.72	30.79 (17.07)	49.46 (18.67)	1:07.98 (18.52)	
1:27.50 (19.52)	1:47.86 (20.36)	2:05.02 (17.16)	2:21.03 (16.01)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Finals ... (Event 127 Men 11-15 200 SC Meter IM)

Name	Age	Team	Prelim Time	Finals Time
7 Austin, Alex	15	Hillingdon Swimming Club	2:19.58	2:21.33
14.15	31.09 (16.94)	49.39 (18.30)	1:06.97 (17.58)	
1:28.31 (21.34)	1:49.00 (20.69)	2:05.93 (16.93)	2:21.33 (15.40)	
8 Din, Kamran	15	Chelsea and Westminster Swimmi	2:18.56	2:21.61
13.91	30.73 (16.82)	48.77 (18.04)	1:06.19 (17.42)	
1:26.56 (20.37)	1:47.26 (20.70)	2:05.10 (17.84)	2:21.61 (16.51)	

## Event 127 Men 11-15 200 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	2:17.41	2:11.85
13.20	29.02 (15.82)	45.61 (16.59)	1:01.48 (15.87)	
1:21.34 (19.86)	1:40.83 (19.49)	1:57.40 (16.57)	2:11.85 (14.45)	
2 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:16.06	2:13.67
13.38	29.70 (16.32)	46.88 (17.18)	1:04.50 (17.62)	
1:23.22 (18.72)	1:43.06 (19.84)	1:58.92 (15.86)	2:13.67 (14.75)	
3 Bartley, Joseph	15	Sutton & Cheam	2:23.42	2:14.85
13.79	29.80 (16.01)	47.03 (17.23)	1:02.98 (15.95)	
1:23.51 (20.53)	1:44.01 (20.50)	2:00.25 (16.24)	2:14.85 (14.60)	
4 Din, Kamran	15	Chelsea and Westminster Swimmi	2:25.12	2:18.56
13.59	30.22 (16.63)	47.71 (17.49)	1:04.96 (17.25)	
1:24.72 (19.76)	1:45.07 (20.35)	2:02.44 (17.37)	2:18.56 (16.12)	
5 Pauling, Edward	15	Beckenham Swimming Club	2:15.93	2:18.61
13.77	30.00 (16.23)	48.29 (18.29)	1:05.98 (17.69)	
1:26.22 (20.24)	1:46.09 (19.87)	2:03.21 (17.12)	2:18.61 (15.40)	
6 Gabriel, Aaron	14	Barking and Dagenham Aquatics	2:20.80	2:19.48
14.25	31.78 (17.53)	48.65 (16.87)	1:05.70 (17.05)	
1:26.94 (21.24)	1:47.34 (20.40)	2:03.81 (16.47)	2:19.48 (15.67)	
7 Austin, Alex	15	Hillingdon Swimming Club	2:16.99	2:19.58
13.69	30.57 (16.88)	48.96 (18.39)	1:06.77 (17.81)	
1:27.64 (20.87)	1:48.12 (20.48)	2:05.12 (17.00)	2:19.58 (14.46)	
8 Woolfenden, Callum	14	Beckenham Swimming Club	2:19.36	2:20.11
13.87	30.86 (16.99)	50.00 (19.14)	1:08.21 (18.21)	
1:27.75 (19.54)	1:47.66 (19.91)	2:04.67 (17.01)	2:20.11 (15.44)	
9 Coyle, Alexander	14	Bo Of Harrow	2:24.03	2:20.85
13.24	29.26 (16.02)	47.77 (18.51)	1:05.84 (18.07)	
1:27.64 (21.80)	1:49.36 (21.72)	2:06.02 (16.66)	2:20.85 (14.83)	
10 Bennett, Adam	15	Hillingdon Swimming Club	2:23.67	2:22.22
14.45	31.68 (17.23)	50.18 (18.50)	1:08.11 (17.93)	
1:29.58 (21.47)	1:50.29 (20.71)	2:07.29 (17.00)	2:22.22 (14.93)	
11 Biss, Brandon	14	Camden Swiss Cottage Swimming	2:26.64	2:22.54
14.41	31.48 (17.07)	49.65 (18.17)	1:06.72 (17.07)	
1:28.30 (21.58)	1:49.68 (21.38)	2:07.07 (17.39)	2:22.54 (15.47)	
12 Roberts, Marco	14	Hackney Aquatics	2:22.36	2:22.79
13.42	29.97 (16.55)	49.59 (19.62)	1:08.85 (19.26)	
1:28.66 (19.81)	1:49.21 (20.55)	2:07.76 (18.55)	2:22.79 (15.03)	
13 Bartholomew, Cameron	15	Hillingdon Swimming Club	2:23.42	2:24.60
13.61	29.34 (15.73)	47.77 (18.43)	1:05.41 (17.64)	
1:28.41 (23.00)	1:50.88 (22.47)	2:08.31 (17.43)	2:24.60 (16.29)	
14 He, Leo	14	Camden Swiss Cottage Swimming	2:28.03	2:25.28
13.69	29.98 (16.29)	49.57 (19.59)	1:08.75 (19.18)	
1:30.93 (22.18)	1:53.59 (22.66)	2:10.19 (16.60)	2:25.28 (15.09)	
15 Williams, Alexander	14	Hillingdon Swimming Club	2:24.82	2:25.42
14.77	32.45 (17.68)	50.75 (18.30)	1:09.34 (18.59)	
1:30.01 (20.67)	1:51.41 (21.40)	2:08.94 (17.53)	2:25.42 (16.48)	
16 Macgonigal, Oliver	13	Bo Of Harrow	2:30.53	2:25.62
13.96	30.35 (16.39)	49.74 (19.39)	1:07.92 (18.18)	
1:29.71 (21.79)	1:52.06 (22.35)	2:09.39 (17.33)	2:25.62 (16.23)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 127 Men 11-15 200 SC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
17 Chapman Lennon, Harvey	14	Dulwich Dolphins Swimming Club	2:20.81	2:26.15
14.00	31.00 (17.00)	48.33 (17.33)	1:05.15 (16.82)	
1:26.70 (21.55)	1:49.03 (22.33)	2:08.55 (19.52)	2:26.15 (17.60)	
*18 Duncan, Callum	15	Bo Of Harrow	2:31.74	2:27.81
15.13	33.48 (18.35)	53.08 (19.60)	1:11.75 (18.67)	
1:33.20 (21.45)	1:54.95 (21.75)	2:12.51 (17.56)	2:27.81 (15.30)	
*18 Wardell, Jack	15	Kingston Royals Swimming Club	2:30.40	2:27.81
13.46	29.74 (16.28)	49.67 (19.93)	1:07.98 (18.31)	
1:30.56 (22.58)	1:53.60 (23.04)	2:11.57 (17.97)	2:27.81 (16.24)	
20 Gray, Henry	13	Chelsea and Westminster Swimmi	2:28.37	2:28.08
14.58	31.88 (17.30)	50.90 (19.02)	1:09.60 (18.70)	
1:31.96 (22.36)	1:56.16 (24.20)	2:12.68 (16.52)	2:28.08 (15.40)	
21 Bartley, Thomas	14	Sutton & Cheam	2:30.67	2:28.22
14.43	32.76 (18.33)	54.19 (21.43)	1:13.81 (19.62)	
1:34.52 (20.71)	1:55.37 (20.85)	2:13.11 (17.74)	2:28.22 (15.11)	
22 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	2:29.36	2:29.44
14.21	32.15 (17.94)	51.54 (19.39)	1:10.16 (18.62)	
1:31.73 (21.57)	1:54.59 (22.86)	2:12.66 (18.07)	2:29.44 (16.78)	
23 Lea, Tom	13	Hackney Aquatics	2:32.81	2:29.46
14.77	31.84 (17.07)	51.33 (19.49)	1:10.24 (18.91)	
1:32.14 (21.90)	1:54.54 (22.40)	2:13.39 (18.85)	2:29.46 (16.07)	
24 Emerton, Matthew	15	Hillingdon Swimming Club	2:34.14	2:29.62
13.94	30.50 (16.56)	50.61 (20.11)	1:09.28 (18.67)	
1:32.64 (23.36)	1:56.51 (23.87)	2:14.04 (17.53)	2:29.62 (15.58)	
25 Neilson, Declan	15	Enfield Swim Squad	2:31.97	2:30.32
14.50	31.80 (17.30)	51.06 (19.26)	1:09.62 (18.56)	
1:33.23 (23.61)	1:57.06 (23.83)	2:14.70 (17.64)	2:30.32 (15.62)	
26 Robinson, Harry	15	Barking and Dagenham Aquatics	2:33.89	2:30.34
14.50	32.15 (17.65)	49.57 (17.42)	1:07.18 (17.61)	
1:31.25 (24.07)	1:55.28 (24.03)	2:13.72 (18.44)	2:30.34 (16.62)	
27 Dartnaill, Oliver	15	Hillingdon Swimming Club	2:28.63	2:30.50
14.43	31.57 (17.14)	52.04 (20.47)	1:10.79 (18.75)	
1:32.36 (21.57)	1:54.51 (22.15)	2:13.15 (18.64)	2:30.50 (17.35)	
28 Munden, Joe	15	Newham & Uel Swimming Club	2:31.11	2:30.79
14.77	32.64 (17.87)	53.69 (21.05)	1:13.57 (19.88)	
1:34.03 (20.46)	1:55.71 (21.68)	2:14.49 (18.78)	2:30.79 (16.30)	
29 Hingorani, Aden	14	Barnes SC	2:32.83	2:30.80
15.07	32.52 (17.45)	52.85 (20.33)	1:11.48 (18.63)	
1:33.73 (22.25)	1:55.71 (21.98)	2:14.42 (18.71)	2:30.80 (16.38)	
30 Chilton, Christo	14	Dulwich Dolphins Swimming Club	2:31.47	2:30.97
14.86	33.23 (18.37)	52.74 (19.51)	1:11.47 (18.73)	
1:33.81 (22.34)	1:56.51 (22.70)	2:14.51 (18.00)	2:30.97 (16.46)	
31 Zeren, Mehmet	13	Brompton Swimming Club	2:29.88	2:31.34
15.16	32.69 (17.53)	51.55 (18.86)	1:09.61 (18.06)	
1:33.43 (23.82)	1:56.69 (23.26)	2:14.68 (17.99)	2:31.34 (16.66)	
32 Alvarado, Matthias	14	Camden Swiss Cottage Swimming	2:33.62	2:31.79
14.59	32.61 (18.02)	52.95 (20.34)	1:13.56 (20.61)	
1:34.25 (20.69)	1:55.82 (21.57)	2:14.83 (19.01)	2:31.79 (16.96)	
33 Totu, Mihnea	15	Newham & Uel Swimming Club	2:28.69	2:31.97
13.94	31.16 (17.22)	52.97 (21.81)	1:13.43 (20.46)	
1:34.51 (21.08)	1:56.54 (22.03)	2:15.35 (18.81)	2:31.97 (16.62)	
*34 Lewis, Teddy	13	Saxon Crown (Lewisham)	2:34.54	2:32.45
15.43	33.31 (17.88)	53.75 (20.44)	1:13.06 (19.31)	
1:36.35 (23.29)	1:58.45 (22.10)	2:16.53 (18.08)	2:32.45 (15.92)	
*34 Ismatullaev, Jamie	13	Hillingdon Swimming Club	2:32.94	2:32.45
15.16	32.85 (17.69)	53.67 (20.82)	1:13.83 (20.16)	
1:35.89 (22.06)	1:57.87 (21.98)	2:16.42 (18.55)	2:32.45 (16.03)	



**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 127 Men 11-15 200 SC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
36 Hawkins, Tom	12	Bexley Swimming Club	2:33.17	2:35.70
15.15	33.41 (18.26)	54.21 (20.80)	1:13.59 (19.38)	
1:36.59 (23.00)	2:00.18 (23.59)	2:18.59 (18.41)	2:35.70 (17.11)	
37 Tallec-Botos, Kynan	13	Brompton Swimming Club	2:34.48	2:36.46
14.62	32.47 (17.85)	52.78 (20.31)	1:12.24 (19.46)	
1:35.89 (23.65)	1:59.99 (24.10)	2:19.16 (19.17)	2:36.46 (17.30)	
38 Tubbs, Bruno	14	Anaconda Swimming Club	2:34.62	2:38.86
15.61	33.87 (18.26)	55.15 (21.28)	1:14.55 (19.40)	
1:38.22 (23.67)	2:01.15 (22.93)	2:21.06 (19.91)	2:38.86 (17.80)	
39 Dakin, Jimmy	15	Leander Swimming Club	2:31.20	2:39.04
15.61	34.22 (18.61)	55.59 (21.37)	1:15.70 (20.11)	
1:38.31 (22.61)	2:01.79 (23.48)	2:20.94 (19.15)	2:39.04 (18.10)	
--- Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	2:20.37	DQ
8.4 Did not touch at turn or finish with both hands or touch not simultaneous or hands sep				

**Event 127 Men 16 & Over 200 SC Meter IM**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Britton, John	24	Ealing Swimming Club	2:09.69	2:03.16
12.55	26.98 (14.43)	43.53 (16.55)	58.64 (15.11)	
1:15.88 (17.24)	1:33.30 (17.42)	1:48.76 (15.46)	2:03.16 (14.40)	
2 Gerber, Yaron	21	Ealing Swimming Club	2:07.39	2:07.14
12.84	28.28 (15.44)	45.46 (17.18)	1:01.75 (16.29)	
1:19.38 (17.63)	1:36.85 (17.47)	1:52.70 (15.85)	2:07.14 (14.44)	
3 Hunt, Eddie	16	Kingston Royals Swimming Club	2:09.52	2:08.94
13.16	28.45 (15.29)	45.79 (17.34)	1:02.16 (16.37)	
1:20.77 (18.61)	1:38.60 (17.83)	1:54.57 (15.97)	2:08.94 (14.37)	
4 Ogden, Kai	16	Hackney Aquatics	2:12.70	2:10.80
12.94	28.47 (15.53)	45.65 (17.18)	1:02.27 (16.62)	
1:21.27 (19.00)	1:40.58 (19.31)	1:56.48 (15.90)	2:10.80 (14.32)	
5 Chana, Dillon	16	Hillingdon Swimming Club	2:11.44	2:11.29
12.40	27.58 (15.18)	43.61 (16.03)	59.50 (15.89)	
1:19.81 (20.31)	1:40.15 (20.34)	1:56.32 (16.17)	2:11.29 (14.97)	
6 Drzaic, Andrej	17	Sutton & Cheam	2:11.37	2:12.27
13.23	28.73 (15.50)	46.00 (17.27)	1:02.66 (16.66)	
1:21.46 (18.80)	1:40.76 (19.30)	1:57.11 (16.35)	2:12.27 (15.16)	
7 Farthing, Richard	17	Enfield Swim Squad	2:13.00	2:13.51
13.16	29.80 (16.64)	47.86 (18.06)	1:05.46 (17.60)	
1:23.74 (18.28)	1:42.34 (18.60)	1:58.87 (16.53)	2:13.51 (14.64)	
8 Conway, Dylan	19	Kingston Royals Swimming Club	2:12.11	2:19.56
13.12	29.51 (16.39)	47.96 (18.45)	1:05.65 (17.69)	
1:25.66 (20.01)	1:46.53 (20.87)	2:03.54 (17.01)	2:19.56 (16.02)	

**Event 127 Men 16 & Over 200 SC Meter IM**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Gerber, Yaron	21	Ealing Swimming Club	2:05.48	2:07.39
12.77	28.15 (15.38)	45.44 (17.29)	1:01.65 (16.21)	
1:18.85 (17.20)	1:36.29 (17.44)	1:52.37 (16.08)	2:07.39 (15.02)	
2 Hunt, Eddie	16	Kingston Royals Swimming Club	2:07.08	2:09.52
13.04	28.89 (15.85)	46.34 (17.45)	1:02.69 (16.35)	
1:21.40 (18.71)	1:39.49 (18.09)	1:55.23 (15.74)	2:09.52 (14.29)	
3 Britton, John	24	Ealing Swimming Club	2:03.10	2:09.69
13.16	28.52 (15.36)	45.81 (17.29)	1:01.85 (16.04)	
1:19.87 (18.02)	1:37.86 (17.99)	1:54.63 (16.77)	2:09.69 (15.06)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 127 Men 16 &amp; Over 200 SC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
4 Drzaic, Andrej	17	Sutton & Cheam	2:19.51	2:11.37
13.30	29.07 (15.77)	45.93 (16.86)	1:03.15 (17.22)	
1:21.35 (18.20)	1:40.97 (19.62)	1:56.69 (15.72)	2:11.37 (14.68)	
5 Chana, Dillon	16	Hillingdon Swimming Club	2:14.58	2:11.44
13.38	27.55 (14.17)	44.59 (17.04)	1:00.38 (15.79)	
1:20.45 (20.07)	1:39.96 (19.51)	1:56.32 (16.36)	2:11.44 (15.12)	
6 Conway, Dylan	19	Kingston Royals Swimming Club	2:10.97	2:12.11
12.92	28.22 (15.30)	45.85 (17.63)	1:02.35 (16.50)	
1:21.78 (19.43)	1:41.14 (19.36)	1:57.65 (16.51)	2:12.11 (14.46)	
7 Ogden, Kai	16	Hackney Aquatics	2:10.79	2:12.70
13.51	29.09 (15.58)	46.22 (17.13)	1:02.69 (16.47)	
1:22.25 (19.56)	1:41.95 (19.70)	1:57.96 (16.01)	2:12.70 (14.74)	
8 Farthing, Richard	17	Enfield Swim Squad	2:18.08	2:13.00
13.33	29.30 (15.97)	47.09 (17.79)	1:04.65 (17.56)	
1:23.30 (18.65)	1:41.55 (18.25)	1:58.31 (16.76)	2:13.00 (14.69)	
9 Divet, Yann	16	Camden Swiss Cottage Swimming	2:15.11	2:14.45
13.04	28.58 (15.54)	45.94 (17.36)	1:02.68 (16.74)	
1:23.04 (20.36)	1:43.88 (20.84)	1:59.63 (15.75)	2:14.45 (14.82)	
10 Cohen, Malachi	16	Barnes SC	2:20.44	2:14.52
13.07	29.01 (15.94)	47.41 (18.40)	1:05.94 (18.53)	
1:24.86 (18.92)	1:44.77 (19.91)	2:00.19 (15.42)	2:14.52 (14.33)	
11 Koster, Willem	17	Dulwich Dolphins Swimming Club	2:12.02	2:14.70
12.96	28.39 (15.43)	44.65 (16.26)	1:00.45 (15.80)	
1:21.11 (20.66)	1:42.01 (20.90)	1:59.35 (17.34)	2:14.70 (15.35)	
12 Mahendrakumar, Pravin	16	Bromley Swimming Club	2:17.35	2:15.97
13.16	28.63 (15.47)	47.13 (18.50)	1:05.41 (18.28)	
1:24.18 (18.77)	1:43.39 (19.21)	2:00.80 (17.41)	2:15.97 (15.17)	
13 Colling, Logan	16	Hillingdon Swimming Club	2:15.04	2:16.30
13.44	29.19 (15.75)	46.92 (17.73)	1:04.08 (17.16)	
1:24.35 (20.27)	1:44.44 (20.09)	2:01.17 (16.73)	2:16.30 (15.13)	
14 Penney, Rohan	18	Wandsworth Swimming Club	2:13.75	2:17.14
13.40	29.96 (16.56)	47.51 (17.55)	1:03.60 (16.09)	
1:24.60 (21.00)	1:45.20 (20.60)	2:01.92 (16.72)	2:17.14 (15.22)	
15 Krishnan, Devesh	17	Kingston Royals Swimming Club	2:24.12	2:18.85
13.19	29.25 (16.06)	47.08 (17.83)	1:03.80 (16.72)	
1:24.28 (20.48)	1:44.72 (20.44)	2:02.76 (18.04)	2:18.85 (16.09)	
16 Hanson, Max	16	Haringey Aquatics	2:16.33	2:19.69
13.33	29.67 (16.34)	49.34 (19.67)	1:07.44 (18.10)	
1:26.54 (19.10)	1:46.08 (19.54)	2:03.82 (17.74)	2:19.69 (15.87)	
17 Castronovo, Amir	16	Camden Swiss Cottage Swimming	2:17.76	2:20.04
13.20	28.69 (15.49)	47.30 (18.61)	1:05.83 (18.53)	
1:26.13 (20.30)	1:46.55 (20.42)	2:04.01 (17.46)	2:20.04 (16.03)	
18 Portillo Hernaiz, Mario	17	Leander Swimming Club	2:19.28	2:21.79
13.75	29.89 (16.14)	48.59 (18.70)	1:06.75 (18.16)	
1:26.49 (19.74)	1:47.11 (20.62)	2:05.17 (18.06)	2:21.79 (16.62)	
19 Roman, Vlad	16	Dulwich Dolphins Swimming Club	2:24.88	2:23.51
13.80	30.28 (16.48)	49.65 (19.37)	1:08.41 (18.76)	
1:29.09 (20.68)	1:49.76 (20.67)	2:07.46 (17.70)	2:23.51 (16.05)	
20 Bitton, Liam	16	Sutton & Cheam	2:25.39	2:23.79
14.09	30.50 (16.41)	49.34 (18.84)	1:07.54 (18.20)	
1:29.36 (21.82)	1:51.26 (21.90)	2:08.63 (17.37)	2:23.79 (15.16)	
21 Peel, Max	16	Orpingon OJ	2:24.27	2:24.03
13.85	30.86 (17.01)	49.77 (18.91)	1:08.08 (18.31)	
1:29.31 (21.23)	1:52.25 (22.94)	2:09.33 (17.08)	2:24.03 (14.70)	
22 Johnson, Kai	17	Saxon Crown (Lewisham)	2:24.06	2:24.16
13.27	29.68 (16.41)	49.09 (19.41)	1:07.35 (18.26)	
1:28.86 (21.51)	1:50.54 (21.68)	2:08.39 (17.85)	2:24.16 (15.77)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 127 Men 16 &amp; Over 200 SC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
23 Zapryanov, Bobby	17	Hackney Aquatics	2:26.74	2:24.44
	13.90	30.68 (16.78)	49.34 (18.66)	1:07.27 (17.93)
	1:28.81 (21.54)	1:51.08 (22.27)	2:08.77 (17.69)	2:24.44 (15.67)
24 Fenton, Christian	18	Brompton Swimming Club	2:21.03	2:24.95
	13.37	29.62 (16.25)	49.34 (19.72)	1:07.97 (18.63)
	1:28.62 (20.65)	1:49.88 (21.26)	2:08.31 (18.43)	2:24.95 (16.64)
25 Collins, Harry	16	Bexley Swimming Club	2:27.50	2:26.49
	13.83	31.16 (17.33)	1:09.41 ( )	
	1:32.14 (22.73)	1:54.25 (22.11)	2:11.36 (17.11)	2:26.49 (15.13)
26 Abazie, Chidubem	16	Saxon Crown (Lewisham)	2:27.99	2:28.15
	13.71	30.64 (16.93)	50.60 (19.96)	1:10.64 (20.04)
	1:32.86 (22.22)	1:55.55 (22.69)	2:12.46 (16.91)	2:28.15 (15.69)
27 Nguyen, Nam	18	Orpingon OJ	2:29.39	2:30.83
	14.10	31.51 (17.41)	51.48 (19.97)	1:10.30 (18.82)
	1:33.74 (23.44)	1:57.36 (23.62)	2:15.09 (17.73)	2:30.83 (15.74)
--- Gencas, Daniel	16	Romford Town Swimming Club	2:12.45	DQ
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no			

## Event 127 Men 200 SC Meter IM Multi-Class

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Bradshaw, Balthazar SM10	13	Brompton Swimming Club	3:02.42	2:58.63
	18.51	37.33 (18.82)	1:00.10 (22.77)	1:21.34 (21.24)
	1:53.00 (31.66)	2:22.07 (29.07)	2:40.63 (18.56)	2:58.63 (18.00)

## Event 128 Women 11-15 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	4:23.21	4:26.04
	14.32	30.31 (15.99)	46.73 (16.42)	1:03.54 (16.81)
	1:20.22 (16.68)	1:37.30 (17.08)	1:54.01 (16.71)	2:10.86 (16.85)
	2:27.64 (16.78)	2:44.61 (16.97)	3:01.49 (16.88)	3:18.56 (17.07)
	3:35.49 (16.93)	3:52.56 (17.07)	4:09.46 (16.90)	4:26.04 (16.58)
2 Arundale, Jessica	14	Barnet Copthall Swimming Club	4:30.05	4:28.99
	15.03	30.84 (15.81)	46.99 (16.15)	1:03.58 (16.59)
	1:20.27 (16.69)	1:37.15 (16.88)	1:54.09 (16.94)	2:11.17 (17.08)
	2:28.37 (17.20)	2:45.57 (17.20)	3:02.81 (17.24)	3:20.15 (17.34)
	3:37.55 (17.40)	3:54.93 (17.38)	4:12.21 (17.28)	4:28.99 (16.78)
3 Davis, Evie	15	Bromley Swimming Club	4:28.80	4:31.63
	14.14	30.60 (16.46)	47.03 (16.43)	1:03.61 (16.58)
	1:20.36 (16.75)	1:37.22 (16.86)	1:54.31 (17.09)	2:11.74 (17.43)
	2:28.93 (17.19)	2:46.21 (17.28)	3:03.88 (17.67)	3:21.58 (17.70)
	3:39.50 (17.92)	3:57.05 (17.55)	4:15.00 (17.95)	4:31.63 (16.63)
4 Mew, Lauren	13	Barnet Copthall Swimming Club	4:32.76	4:32.61
	15.14	31.26 (16.12)	47.83 (16.57)	1:04.59 (16.76)
	1:21.40 (16.81)	1:38.52 (17.12)	1:55.76 (17.24)	2:12.88 (17.12)
	2:30.18 (17.30)	2:47.59 (17.41)	3:04.92 (17.33)	3:22.48 (17.56)
	3:39.97 (17.49)	3:57.51 (17.54)	4:15.24 (17.73)	4:32.61 (17.37)
5 Proctor, Lola	15	Sutton & Cheam	4:27.37	4:36.91
	14.34	30.29 (15.95)	46.61 (16.32)	1:03.48 (16.87)
	1:20.64 (17.16)	1:37.95 (17.31)	1:55.38 (17.43)	2:13.08 (17.70)
	2:30.79 (17.71)	2:48.79 (18.00)	3:06.83 (18.04)	3:25.02 (18.19)
	3:43.11 (18.09)	4:01.64 (18.53)	4:19.87 (18.23)	4:36.91 (17.04)
6 Titterton, Kasia	13	Bromley Swimming Club	4:45.21	4:40.12
	14.63	31.46 (16.83)	48.94 (17.48)	1:06.54 (17.60)
	1:24.76 (18.22)	1:42.97 (18.21)	2:01.11 (18.14)	2:19.39 (18.28)
	2:37.58 (18.19)	2:55.96 (18.38)	3:14.20 (18.24)	3:31.83 (17.63)
	3:49.53 (17.70)	4:07.44 (17.91)	4:24.66 (17.22)	4:40.12 (15.46)

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## (Event 128 Women 11-15 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
7 Murray, Sophie	15	Barnet Cophthall Swimming Club	4:31.06	4:40.30
15.10	31.55 (16.45)	48.38 (16.83)	1:05.66 (17.28)	
1:23.21 (17.55)	1:41.12 (17.91)	1:58.87 (17.75)	2:16.81 (17.94)	
2:34.80 (17.99)	2:52.98 (18.18)	3:10.91 (17.93)	3:29.04 (18.13)	
3:46.96 (17.92)		4:22.97 ( )	4:40.30 (17.33)	
8 Straupeniaks, Rae	15	Bromley Swimming Club	4:37.93	4:40.77
14.58	31.24 (16.66)	48.42 (17.18)	1:06.28 (17.86)	
1:24.03 (17.75)	1:42.08 (18.05)	1:59.96 (17.88)	2:17.87 (17.91)	
2:35.91 (18.04)	2:53.99 (18.08)	3:12.18 (18.19)	3:30.26 (18.08)	
3:48.50 (18.24)	4:06.23 (17.73)	4:23.91 (17.68)	4:40.77 (16.86)	
9 Chadwick, Isobel	15	Barnet Cophthall Swimming Club	4:49.45	4:42.30
15.51	32.49 (16.98)	49.79 (17.30)	1:07.58 (17.79)	
1:25.20 (17.62)	1:43.18 (17.98)	2:00.80 (17.62)	2:18.69 (17.89)	
2:36.48 (17.79)	2:54.60 (18.12)	3:12.35 (17.75)	3:30.36 (18.01)	
3:48.56 (18.20)	4:06.64 (18.08)	4:24.58 (17.94)	4:42.30 (17.72)	
10 Young, Sophie	15	Kingston Royals Swimming Club	4:52.62	4:42.35
15.11	31.91 (16.80)	49.36 (17.45)	1:06.92 (17.56)	
1:24.82 (17.90)	1:42.81 (17.99)	2:01.22 (18.41)	2:19.57 (18.35)	
2:37.71 (18.14)	2:55.74 (18.03)	3:13.81 (18.07)	3:31.77 (17.96)	
3:49.94 (18.17)	4:07.79 (17.85)	4:25.68 (17.89)	4:42.35 (16.67)	
11 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	4:39.77	4:43.77
14.65	31.29 (16.64)	48.28 (16.99)	1:05.64 (17.36)	
1:23.07 (17.43)	1:40.91 (17.84)	1:58.87 (17.96)	2:16.90 (18.03)	
2:34.90 (18.00)	2:53.18 (18.28)	3:11.65 (18.47)	3:30.51 (18.86)	
3:49.00 (18.49)	4:07.68 (18.68)	4:25.94 (18.26)	4:43.77 (17.83)	
12 Walton, Ella-Rose	15	Teddington Swimming Club	4:38.66	4:44.27
15.96	32.55 (16.59)	50.12 (17.57)	1:07.98 (17.86)	
1:25.91 (17.93)	1:43.74 (17.83)	2:01.99 (18.25)	2:20.08 (18.09)	
2:38.28 (18.20)	2:56.38 (18.10)	3:14.65 (18.27)	3:32.82 (18.17)	
3:51.09 (18.27)	4:09.33 (18.24)	4:27.26 (17.93)	4:44.27 (17.01)	
13 Shires, Francesca	15	Hillingdon Swimming Club	4:52.71	4:44.40
14.84	31.84 (17.00)	49.51 (17.67)	1:07.47 (17.96)	
1:25.38 (17.91)	1:43.64 (18.26)	2:01.81 (18.17)	2:20.12 (18.31)	
2:38.07 (17.95)	2:56.12 (18.05)	3:14.12 (18.00)	3:32.73 (18.61)	
3:50.53 (17.80)	4:09.00 (18.47)	4:26.87 (17.87)	4:44.40 (17.53)	
14 McGrath, Edie	14	Camden Swiss Cottage Swimming	4:55.97	4:45.52
15.16	32.45 (17.29)	50.21 (17.76)	1:08.53 (18.32)	
1:26.93 (18.40)	1:45.54 (18.61)	2:04.11 (18.57)	2:22.50 (18.39)	
2:40.81 (18.31)	2:59.21 (18.40)	3:17.61 (18.40)	3:35.86 (18.25)	
3:53.43 (17.57)	4:11.20 (17.77)	4:28.52 (17.32)	4:45.52 (17.00)	
15 Ortiz, Emma	14	Hillingdon Swimming Club	4:44.57	4:46.74
15.58	32.77 (17.19)	50.54 (17.77)	1:08.80 (18.26)	
1:27.01 (18.21)	1:45.45 (18.44)	2:03.97 (18.52)	2:22.46 (18.49)	
2:40.18 (17.72)	2:58.11 (17.93)	3:16.18 (18.07)	3:34.46 (18.28)	
3:52.59 (18.13)	4:11.01 (18.42)	4:29.48 (18.47)	4:46.74 (17.26)	
16 Carter, Lenka	14	Bromley Swimming Club	4:44.60	4:47.10
14.94	31.64 (16.70)	49.23 (17.59)	1:06.64 (17.41)	
1:24.42 (17.78)	1:42.52 (18.10)	2:00.75 (18.23)	2:19.19 (18.44)	
2:37.56 (18.37)	2:55.86 (18.30)	3:14.60 (18.74)	3:33.00 (18.40)	
3:51.90 (18.90)	4:10.76 (18.86)	4:29.14 (18.38)	4:47.10 (17.96)	
17 Askew, Ria	15	Hillingdon Swimming Club	4:55.98	4:47.42
16.13	33.54 (17.41)	51.53 (17.99)	1:09.84 (18.31)	
1:28.30 (18.46)	1:46.69 (18.39)	2:05.10 (18.41)	2:23.21 (18.11)	
2:41.36 (18.15)	2:59.35 (17.99)	3:17.64 (18.29)	3:35.74 (18.10)	
3:53.77 (18.03)	4:11.83 (18.06)	4:29.88 (18.05)	4:47.42 (17.54)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****(Event 128 Women 11-15 400 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
18 Ellender, Olivia	14	Dulwich Dolphins Swimming Club	4:53.45	4:48.46
15.23	32.04 (16.81)	49.67 (17.63)	1:07.46 (17.79)	
1:25.57 (18.11)	1:43.75 (18.18)	2:02.12 (18.37)	2:20.45 (18.33)	
2:38.90 (18.45)	2:57.47 (18.57)	3:16.11 (18.64)	3:34.80 (18.69)	
3:53.57 (18.77)	4:12.22 (18.65)	4:30.57 (18.35)	4:48.46 (17.89)	
19 Rayner, Hannah	14	Greenwich Royals Swimming Club	4:49.57	4:49.46
15.63	32.88 (17.25)	50.35 (17.47)	1:08.28 (17.93)	
1:26.38 (18.10)	1:44.87 (18.49)	2:03.13 (18.26)	2:21.84 (18.71)	
2:40.20 (18.36)	2:59.28 (19.08)	3:17.93 (18.65)	3:36.77 (18.84)	
3:55.13 (18.36)	4:14.13 (19.00)	4:32.01 (17.88)	4:49.46 (17.45)	
20 Barrett, Matilda	15	Orpingon OJ	4:49.94	4:49.99
15.42	32.13 (16.71)	49.58 (17.45)	1:07.52 (17.94)	
1:25.65 (18.13)	1:43.94 (18.29)	2:01.85 (17.91)	2:19.99 (18.14)	
2:38.09 (18.10)	2:56.29 (18.20)	3:14.71 (18.42)	3:33.87 (19.16)	
3:52.60 (18.73)	4:11.95 (19.35)	4:31.02 (19.07)	4:49.99 (18.97)	
21 Griffiths, Betsy	14	Chelsea and Westminster Swimmi	4:53.68	4:50.86
15.32	32.39 (17.07)	49.92 (17.53)	1:07.83 (17.91)	
1:25.94 (18.11)	1:44.45 (18.51)	2:02.60 (18.15)	2:21.67 (19.07)	
2:39.79 (18.12)	2:58.60 (18.81)	3:17.22 (18.62)	3:36.56 (19.34)	
3:54.98 (18.42)	4:13.90 (18.92)	4:32.82 (18.92)	4:50.86 (18.04)	
22 Zobek, Sonia	14	Ealing Swimming Club	4:51.95	4:53.38
15.22	31.99 (16.77)	49.56 (17.57)	1:07.29 (17.73)	
1:25.48 (18.19)	1:43.84 (18.36)	2:02.58 (18.74)	2:21.24 (18.66)	
2:40.55 (19.31)	2:59.60 (19.05)	3:18.67 (19.07)	3:37.65 (18.98)	
3:57.00 (19.35)	4:15.89 (18.89)	4:35.07 (19.18)	4:53.38 (18.31)	
23 Burns, Lola	13	Beckenham Swimming Club	4:47.25	4:53.55
15.75	33.43 (17.68)	51.43 (18.00)	1:09.82 (18.39)	
1:28.41 (18.59)	1:47.05 (18.64)	2:05.35 (18.30)	2:24.35 (19.00)	
2:42.85 (18.50)	3:01.56 (18.71)	3:20.34 (18.78)	3:39.48 (19.14)	
3:58.31 (18.83)	4:17.65 (19.34)	4:36.00 (18.35)	4:53.55 (17.55)	
24 Magnus, Mia	13	London Borough of Redbridge SC	4:54.06	4:55.23
15.45	32.68 (17.23)	50.48 (17.80)	1:08.85 (18.37)	
1:27.30 (18.45)	1:46.16 (18.86)	2:04.79 (18.63)	2:23.77 (18.98)	
2:42.44 (18.67)	3:01.37 (18.93)	3:20.40 (19.03)	3:39.42 (19.02)	
3:58.80 (19.38)	4:17.90 (19.10)	4:36.89 (18.99)	4:55.23 (18.34)	
25 Kreuzer, Poppy	14	Teddington Swimming Club	4:54.21	4:59.47
15.58	32.76 (17.18)	50.56 (17.80)	1:09.49 (18.93)	
1:28.57 (19.08)	1:48.08 (19.51)	2:07.31 (19.23)	2:26.93 (19.62)	
2:46.04 (19.11)	3:05.52 (19.48)	3:24.66 (19.14)	3:44.34 (19.68)	
4:03.24 (18.90)	4:22.86 (19.62)	4:41.59 (18.73)	4:59.47 (17.88)	
26 Carver, Pippa	13	Beckenham Swimming Club	4:52.35	5:02.49
15.27	32.29 (17.02)	50.29 (18.00)	1:08.58 (18.29)	
1:27.14 (18.56)	1:46.34 (19.20)	2:05.80 (19.46)	2:25.15 (19.35)	
2:44.61 (19.46)	3:04.51 (19.90)	3:24.55 (20.04)	3:44.46 (19.91)	
4:04.32 (19.86)	4:24.20 (19.88)	4:43.94 (19.74)	5:02.49 (18.55)	

**Event 128 Women 16 & Over 400 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Britton, Phyllida	22	Ealing Swimming Club	4:13.31	4:14.46
14.27	30.02 (15.75)	46.07 (16.05)	1:02.30 (16.23)	
1:18.68 (16.38)	1:34.89 (16.21)	1:51.30 (16.41)	2:07.55 (16.25)	
2:23.58 (16.03)	2:39.50 (15.92)	2:55.46 (15.96)	3:11.37 (15.91)	
3:27.22 (15.85)	3:43.13 (15.91)	3:59.10 (15.97)	4:14.46 (15.36)	
2 Davies, Amy	17	South Croydon Swimming Club	4:19.11	4:18.08
14.15	30.07 (15.92)	46.21 (16.14)	1:02.70 (16.49)	
1:19.36 (16.66)	1:36.04 (16.68)	1:52.69 (16.65)	2:09.05 (16.36)	
2:25.39 (16.34)	2:41.70 (16.31)	2:58.16 (16.46)	3:14.58 (16.42)	
3:30.78 (16.20)	3:47.07 (16.29)	4:03.10 (16.03)	4:18.08 (14.98)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## (Event 128 Women 16 &amp; Over 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
3 Byrne, Meghan	19	Barnet Cophthall Swimming Club	4:17.06	4:18.28
14.35	30.37 (16.02)	46.59 (16.22)	1:02.98 (16.39)	
1:19.49 (16.51)	1:35.97 (16.48)	1:52.35 (16.38)	2:08.76 (16.41)	
2:24.96 (16.20)	2:41.07 (16.11)	2:57.41 (16.34)	3:13.81 (16.40)	
3:30.20 (16.39)	3:46.70 (16.50)	4:02.92 (16.22)	4:18.28 (15.36)	
4 Lewis, Fleur	16	Barnet Cophthall Swimming Club	4:17.78	4:18.87
14.51	30.39 (15.88)	46.76 (16.37)	1:03.01 (16.25)	
1:19.32 (16.31)	1:35.77 (16.45)	1:52.29 (16.52)	2:08.80 (16.51)	
2:25.14 (16.34)	2:41.57 (16.43)	2:58.01 (16.44)	3:14.43 (16.42)	
3:30.92 (16.49)	3:47.27 (16.35)	4:03.57 (16.30)	4:18.87 (15.30)	
5 Podurgiel, Anna	17	Camden Swiss Cottage Swimming	4:28.42	4:21.70
13.71	29.13 (15.42)	45.41 (16.28)	1:01.85 (16.44)	
1:18.07 (16.22)	1:34.73 (16.66)	1:51.49 (16.76)	2:08.18 (16.69)	
2:24.43 (16.25)	2:41.08 (16.65)	2:57.93 (16.85)	3:14.99 (17.06)	
3:31.97 (16.98)	3:48.98 (17.01)	4:05.83 (16.85)	4:21.70 (15.87)	
6 Flynn, Sadie	17	Brompton Swimming Club	4:30.30	4:23.77
14.27	29.83 (15.56)	46.04 (16.21)	1:02.48 (16.44)	
1:19.05 (16.57)	1:35.80 (16.75)	1:52.48 (16.68)	2:09.14 (16.66)	
2:25.80 (16.66)	2:42.56 (16.76)	2:59.20 (16.64)	3:16.44 (17.24)	
3:33.56 (17.12)	3:50.57 (17.01)	4:07.53 (16.96)	4:23.77 (16.24)	
7 Nicot, Alice	18	Sutton & Cheam	4:27.00	4:25.44
14.01	29.38 (15.37)		1:01.83 ( )	
1:18.46 (16.63)	1:35.07 (16.61)	1:51.99 (16.92)	2:08.83 (16.84)	
2:25.56 (16.73)	2:42.51 (16.95)	2:59.86 (17.35)	3:17.09 (17.23)	
3:34.33 (17.24)	3:51.64 (17.31)	4:08.87 (17.23)	4:25.44 (16.57)	
8 Barnes, Megan	16	Barnes SC	4:20.50	4:26.19
14.07	30.01 (15.94)	46.51 (16.50)	1:03.35 (16.84)	
1:20.30 (16.95)	1:37.11 (16.81)	1:53.95 (16.84)	2:10.75 (16.80)	
2:27.66 (16.91)	2:44.54 (16.88)	3:01.53 (16.99)	3:18.43 (16.90)	
3:35.28 (16.85)	3:52.08 (16.80)	4:09.32 (17.24)	4:26.19 (16.87)	
9 Moule, Amelia	16	Romford Town Swimming Club	4:24.06	4:26.57
14.17	30.16 (15.99)	46.70 (16.54)	1:03.21 (16.51)	
1:19.60 (16.39)	1:36.51 (16.91)	1:53.37 (16.86)	2:10.59 (17.22)	
2:27.67 (17.08)	2:44.87 (17.20)	3:02.05 (17.18)	3:19.49 (17.44)	
3:36.11 (16.62)	3:53.33 (17.22)	4:10.28 (16.95)	4:26.57 (16.29)	
10 Crameri, Nastassja	21	Chelsea and Westminster Swimmi	4:28.18	4:27.03
14.56	30.48 (15.92)	46.74 (16.26)	1:03.24 (16.50)	
1:19.96 (16.72)	1:36.64 (16.68)	1:53.50 (16.86)	2:10.43 (16.93)	
2:27.37 (16.94)	2:44.30 (16.93)	3:01.51 (17.21)	3:18.60 (17.09)	
3:35.75 (17.15)	3:53.01 (17.26)	4:10.51 (17.50)	4:27.03 (16.52)	
11 O'Toole, Cara	16	Hillingdon Swimming Club	4:19.91	4:27.95
14.45	30.62 (16.17)	47.17 (16.55)	1:03.95 (16.78)	
1:20.10 (16.15)	1:36.55 (16.45)	1:53.23 (16.68)	2:09.96 (16.73)	
2:26.93 (16.97)	2:44.13 (17.20)	3:01.38 (17.25)	3:18.95 (17.57)	
3:36.33 (17.38)	3:53.48 (17.15)	4:10.87 (17.39)	4:27.95 (17.08)	
12 Child, Tiegan	17	Beckenham Swimming Club	4:19.69	4:29.22
14.21	30.31 (16.10)	46.86 (16.55)	1:03.34 (16.48)	
1:20.11 (16.77)	1:36.59 (16.48)	1:53.25 (16.66)	2:09.99 (16.74)	
2:26.68 (16.69)	2:43.87 (17.19)	3:01.21 (17.34)	3:18.93 (17.72)	
3:36.58 (17.65)	3:54.50 (17.92)	4:12.28 (17.78)	4:29.22 (16.94)	
13 Callaghan, Scarlett	17	Beckenham Swimming Club	4:25.75	4:30.67
14.42	30.64 (16.22)	47.08 (16.44)	1:04.08 (17.00)	
1:21.06 (16.98)	1:38.23 (17.17)	1:55.29 (17.06)	2:12.73 (17.44)	
2:29.98 (17.25)	2:47.42 (17.44)	3:04.64 (17.22)	3:22.21 (17.57)	
3:39.39 (17.18)	3:56.94 (17.55)	4:14.07 (17.13)	4:30.67 (16.60)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## (Event 128 Women 16 &amp; Over 400 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
14 Jopson, Isabelle	16	Romford Town Swimming Club	4:35.66	4:34.67
14.44	30.70 (16.26)	47.19 (16.49)	1:04.20 (17.01)	
1:21.33 (17.13)	1:38.61 (17.28)	1:56.14 (17.53)	2:13.71 (17.57)	
2:31.31 (17.60)	2:48.94 (17.63)	3:06.75 (17.81)	3:24.51 (17.76)	
3:42.17 (17.66)	3:59.97 (17.80)	4:17.59 (17.62)	4:34.67 (17.08)	
15 Poaros, Thalia	18	Teddington Swimming Club	4:33.01	4:36.02
15.17	31.92 (16.75)	48.39 (16.47)	1:05.79 (17.40)	
1:22.99 (17.20)	1:40.72 (17.73)	1:58.36 (17.64)	2:16.37 (18.01)	
2:33.65 (17.28)	2:51.17 (17.52)	3:08.36 (17.19)	3:25.98 (17.62)	
3:43.29 (17.31)	4:01.03 (17.74)	4:18.60 (17.57)	4:36.02 (17.42)	
16 Van Selm, Emma	16	Bromley Swimming Club	4:40.49	4:36.21
14.34	31.61 (17.27)	49.12 (17.51)	1:07.05 (17.93)	
1:24.62 (17.57)	1:42.10 (17.48)	1:59.73 (17.63)	2:17.50 (17.77)	
2:35.08 (17.58)	2:52.58 (17.50)	3:10.24 (17.66)	3:27.87 (17.63)	
3:45.45 (17.58)	4:03.62 (18.17)	4:20.06 (16.44)	4:36.21 (16.15)	
17 Davies, Edie	16	Kingston Royals Swimming Club	4:35.40	4:37.17
14.74	30.99 (16.25)	48.00 (17.01)	1:05.20 (17.20)	
1:22.88 (17.68)	1:40.64 (17.76)	1:58.83 (18.19)	2:16.79 (17.96)	
2:34.74 (17.95)	2:52.18 (17.44)	3:10.15 (17.97)	3:27.88 (17.73)	
3:45.62 (17.74)	4:03.21 (17.59)	4:37.17 (33.96)		
18 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	4:44.59	4:41.62
14.56	31.23 (16.67)	48.22 (16.99)	1:05.75 (17.53)	
1:23.06 (17.31)	1:40.67 (17.61)	1:58.33 (17.66)	2:16.21 (17.88)	
2:34.16 (17.95)	2:52.68 (18.52)	3:10.85 (18.17)	3:29.07 (18.22)	
3:47.31 (18.24)	4:05.57 (18.26)	4:24.21 (18.64)	4:41.62 (17.41)	
19 Carlos, Caitlin	16	Barnet Cophthall Swimming Club	4:41.97	4:44.23
15.38	32.38 (17.00)	49.56 (17.18)	1:07.03 (17.47)	
1:24.52 (17.49)	1:42.29 (17.77)	1:59.86 (17.57)	2:17.94 (18.08)	
2:35.86 (17.92)	2:54.32 (18.46)	3:12.72 (18.40)	3:31.29 (18.57)	
3:49.58 (18.29)	4:08.06 (18.48)	4:26.28 (18.22)	4:44.23 (17.95)	
20 Pereira, Sarah	16	Teddington Swimming Club	4:46.74	4:45.06
15.75	32.34 (16.59)	49.70 (17.36)	1:07.04 (17.34)	
1:25.02 (17.98)	1:43.03 (18.01)	2:01.68 (18.65)	2:20.00 (18.32)	
2:37.88 (17.88)	2:55.82 (17.94)	3:13.94 (18.12)	3:32.45 (18.51)	
3:50.85 (18.40)	4:09.24 (18.39)	4:27.43 (18.19)	4:45.06 (17.63)	
21 Boerner, Lisa	18	Kingston Royals Swimming Club	4:45.90	4:47.00
14.54	31.27 (16.73)	48.51 (17.24)	1:06.15 (17.64)	
1:24.67 (18.52)	1:43.10 (18.43)	2:01.22 (18.12)	2:19.72 (18.50)	
2:37.94 (18.22)	2:56.73 (18.79)	3:15.23 (18.50)	3:33.92 (18.69)	
3:52.56 (18.64)	4:11.46 (18.90)	4:29.69 (18.23)	4:47.00 (17.31)	
22 Pepperday, Rose	18	Haringey Aquatics	4:52.52	4:47.87
15.55	32.98 (17.43)	50.77 (17.79)	1:08.86 (18.09)	
1:27.08 (18.22)	1:45.65 (18.57)	2:04.20 (18.55)	2:22.81 (18.61)	
2:41.30 (18.49)	2:59.77 (18.47)	3:18.10 (18.33)	3:36.49 (18.39)	
3:54.68 (18.19)	4:13.10 (18.42)	4:30.86 (17.76)	4:47.87 (17.01)	
23 Neal, Joanne	17	Hillingdon Swimming Club	4:35.74	4:49.28
15.44	32.33 (16.89)	50.05 (17.72)	1:08.08 (18.03)	
1:26.50 (18.42)	1:44.74 (18.24)	2:03.36 (18.62)	2:21.87 (18.51)	
2:40.25 (18.38)	2:58.41 (18.16)	3:16.98 (18.57)	3:35.31 (18.33)	
3:54.30 (18.99)	4:12.78 (18.48)	4:31.47 (18.69)	4:49.28 (17.81)	
24 Braxton, Lauren	16	Romford Town Swimming Club	4:50.70	4:51.40
15.95	33.39 (17.44)	51.17 (17.78)	1:09.17 (18.00)	
1:27.46 (18.29)	1:45.83 (18.37)	2:04.12 (18.29)	2:22.79 (18.67)	
2:41.17 (18.38)	2:59.81 (18.64)	3:18.62 (18.81)	3:37.46 (18.84)	
3:56.49 (19.03)	4:15.15 (18.66)	4:33.72 (18.57)	4:51.40 (17.68)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****(Event 128 Women 16 & Over 400 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
25 Davison, Abby	17	Beckenham Swimming Club	4:44.84	4:52.67
14.59	31.30 (16.71)	48.71 (17.41)	1:06.65 (17.94)	
1:25.02 (18.37)	1:43.79 (18.77)	2:02.42 (18.63)	2:21.27 (18.85)	
2:40.25 (18.98)	2:59.50 (19.25)	3:18.72 (19.22)	3:37.82 (19.10)	
3:56.91 (19.09)	4:16.06 (19.15)	4:34.69 (18.63)	4:52.67 (17.98)	
26 Flannagan, Millie	16	Enfield Swim Squad	4:51.17	5:01.23
15.12	32.09 (16.97)	49.80 (17.71)	1:07.91 (18.11)	
1:26.22 (18.31)	1:44.86 (18.64)	2:03.91 (19.05)	2:23.25 (19.34)	
2:42.71 (19.46)	3:02.21 (19.50)	3:22.23 (20.02)	3:41.99 (19.76)	
4:02.09 (20.10)	4:21.98 (19.89)	4:42.07 (20.09)	5:01.23 (19.16)	

**Event 128 Women 400 SC Meter Freestyle Multi-Class**

Name	Age	Team	Seed Time	Finals Time
1 Hyde, Charlie S7	17	Camden Swiss Cottage Swimming	5:57.56	5:53.09
19.14	39.19 (20.05)	1:00.98 (21.79)	1:22.33 (21.35)	
1:44.85 (22.52)	2:07.16 (22.31)	2:29.57 (22.41)	2:52.01 (22.44)	
3:14.93 (22.92)	3:37.39 (22.46)	4:00.10 (22.71)	4:22.82 (22.72)	
4:45.72 (22.90)	5:08.31 (22.59)	5:30.75 (22.44)	5:53.09 (22.34)	

**Event 129 Men 11-15 50 SC Meter Freestyle**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	24.34	24.01
11.82	24.01 (12.19)			
2 Solly, Josh	15	Bexley Swimming Club	24.66	24.14
11.76	24.14 (12.38)			
3 Ellis, Joshua	15	Beckenham Swimming Club	24.60	24.19
11.89	24.19 (12.30)			
4 Hoole, Hayden	15	Haringey Aquatics	25.14	24.91
12.10	24.91 (12.81)			
5 Malov, Filip	14	Sutton & Cheam	24.84	25.10
12.34	25.10 (12.76)			
6 Pama, Alex	15	Camden Swiss Cottage Swimming	25.25	25.40
12.20	25.40 (13.20)			
7 He, Leo	14	Camden Swiss Cottage Swimming	25.52	25.43
12.47	25.43 (12.96)			
8 Achi, Denzel	15	Barking and Dagenham Aquatics	25.29	26.35
12.18	26.35 (14.17)			

**Event 129 Men 11-15 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Mahmutoglu, Jason	15	Ealing Swimming Club	24.83	24.34
11.97	24.34 (12.37)			
2 Ellis, Joshua	15	Beckenham Swimming Club	24.10	24.60
12.13	24.60 (12.47)			
3 Solly, Josh	15	Bexley Swimming Club	24.47	24.66
12.00	24.66 (12.66)			
4 Malov, Filip	14	Sutton & Cheam	24.59	24.84
12.22	24.84 (12.62)			
5 Hoole, Hayden	15	Haringey Aquatics	25.87	25.14
12.19	25.14 (12.95)			
6 Pama, Alex	15	Camden Swiss Cottage Swimming	25.68	25.25
12.10	25.25 (13.15)			
7 Achi, Denzel	15	Barking and Dagenham Aquatics	26.28	25.29
12.19	25.29 (13.10)			
8 He, Leo	14	Camden Swiss Cottage Swimming	26.57	25.52
12.56	25.52 (12.96)			



**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 129 Men 11-15 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
9 Broad, Mikhail	15	Sutton & Cheam	26.08	25.67
12.49	25.67	(13.18)		
10 Nimoh, Pharell	15	Saxon Crown (Lewisham)	26.75	25.69
12.65	25.69	(13.04)		
11 Lam, Zain	13	Croydon Amphibians Swimming Cl	26.53	25.88
12.55	25.88	(13.33)		
12 Din, Kamran	15	Chelsea and Westminster Swimmi	26.96	25.91
12.76	25.91	(13.15)		
13 Chou, Nevan	14	Bromley Swimming Club	26.77	25.92
12.63	25.92	(13.29)		
14 Borak, Yuriy	14	Ealing Swimming Club	26.62	26.00
12.55	26.00	(13.45)		
15 Cleaver, James	14	Bromley Swimming Club	26.46	26.04
12.80	26.04	(13.24)		
16 Divet, Antoine	14	Camden Swiss Cottage Swimming	26.14	26.11
12.83	26.11	(13.28)		
17 Mclennon-Defoe, Zachary	15	Dulwich Dolphins Swimming Club	26.37	26.13
12.84	26.13	(13.29)		
18 Bartley, Joseph	15	Sutton & Cheam	26.62	26.17
12.74	26.17	(13.43)		
19 Carlton, Fraser	15	Hackney Aquatics	26.54	26.24
12.85	26.24	(13.39)		
20 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	26.53	26.39
12.86	26.39	(13.53)		
*21 Lombardo, Maxime	15	Natare West London	27.76	26.40
12.88	26.40	(13.52)		
*21 Coyle, Alexander	14	Bo Of Harrow	26.29	26.40
12.72	26.40	(13.68)		
*23 Bartholomew, Cameron	15	Hillingdon Swimming Club	26.60	26.49
12.83	26.49	(13.66)		
*23 Corner, Jago	15	Hackney Aquatics	26.25	26.49
12.86	26.49	(13.63)		
25 Totu, Mihnea	15	Newham & Uel Swimming Club	25.94	26.50
13.23	26.50	(13.27)		
26 Austin, Alex	15	Hillingdon Swimming Club	26.67	26.63
13.07	26.63	(13.56)		
27 Raykin, Georgi	14	Newham & Uel Swimming Club	26.60	26.64
12.88	26.64	(13.76)		
*28 Gray, Henry	13	Chelsea and Westminster Swimmi	27.09	26.74
13.07	26.74	(13.67)		
*28 Macgonigal, Oliver	13	Bo Of Harrow	26.66	26.74
13.23	26.74	(13.51)		
30 Duncan, Callum	15	Bo Of Harrow	27.75	26.78
13.18	26.78	(13.60)		
31 Langdown, Ben	15	Orpingon OJ	26.19	26.79
12.77	26.79	(14.02)		
*32 Moyles, Liam	15	Broomfield Park Swimming Club	26.58	26.81
13.09	26.81	(13.72)		
*32 Crowther, Zachary	14	Dulwich Dolphins Swimming Club	27.05	26.81
13.40	26.81	(13.41)		
*34 Pixner, Jack	15	Broomfield Park Swimming Club	27.86	26.96
13.23	26.96	(13.73)		
*34 Bennett, Adam	15	Hillingdon Swimming Club	27.71	26.96
13.50	26.96	(13.46)		
36 Garfield, Joe	14	Borough of Waltham Forest Gato	27.55	27.00
13.20	27.00	(13.80)		

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 129 Men 11-15 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
37 Wardell, Jack	15	Kingston Royals Swimming Club	27.33	27.02
13.37	27.02	(13.65)		
38 Miranda, Juan	15	Chelsea and Westminster Swimmi	27.96	27.04
13.17	27.04	(13.87)		
39 Emerton, Matthew	15	Hillingdon Swimming Club	27.19	27.10
13.42	27.10	(13.68)		
*40 Neilson, Declan	15	Enfield Swim Squad	27.33	27.11
*40 Evans, Seb	15	Barnes SC	27.82	27.11
42 Dalton, Oliver	15	Beckenham Swimming Club	27.25	27.29
13.31	27.29	(13.98)		
43 Pickering, Sebastian	14	Bromley Swimming Club	28.02	27.37
13.45	27.37	(13.92)		
44 Dartnail, Oliver	15	Hillingdon Swimming Club	26.63	27.38
13.47	27.38	(13.91)		
45 Charles, Maceo	14	Ealing Swimming Club	27.86	27.39
13.42	27.39	(13.97)		
46 Wright, Oliver	14	Camden Swiss Cottage Swimming	27.86	27.41
13.56	27.41	(13.85)		
47 Kirdar, Tim	14	Bromley Swimming Club	27.11	27.44
13.45	27.44	(13.99)		
48 Dufour, Lorenzo	15	Brompton Swimming Club	27.83	27.54
13.52	27.54	(14.02)		
49 Salazar, Kurt Francis	14	Newham & Uel Swimming Club	27.34	27.66
50 Street, Tom	14	Wandsworth Swimming Club	27.94	27.68
13.73	27.68	(13.95)		
*51 Callaway, Jasper	14	Dulwich Dolphins Swimming Club	27.79	27.71
13.53	27.71	(14.18)		
*51 Abdulhafiz, Rami	12	Dulwich Dolphins Swimming Club	28.13	27.71
13.67	27.71	(14.04)		
53 Dinev, Bryan	13	Bexley Swimming Club	27.86	27.72
13.51	27.72	(14.21)		
54 Wootten, Finn	15	Beckenham Swimming Club	27.89	27.75
13.50	27.75	(14.25)		
55 Bohm, Lucas	12	Camden Swiss Cottage Swimming	27.77	27.82
13.57	27.82	(14.25)		
56 Tshuma, Daniel	15	Newham & Uel Swimming Club	28.01	27.88
13.45	27.88	(14.43)		
57 Hamilton McMahon, Arun	14	Haringey Aquatics	28.03	27.96
13.60	27.96	(14.36)		
58 Munden, Joe	15	Newham & Uel Swimming Club	27.73	28.04
13.91	28.04	(14.13)		
59 Odong, Saint	12	Brompton Swimming Club	28.06	28.15
13.79	28.15	(14.36)		
60 Ryan, Samuel	13	Orpingon OJ	27.88	28.23
13.65	28.23	(14.58)		
61 Gurung, Anix	14	London Borough of Hounslow	28.02	28.49
13.52	28.49	(14.97)		
62 Makky, Mahmoud	14	Kingston Royals Swimming Club	28.03	28.64
13.92	28.64	(14.72)		

**Event 129 Men 16 & Over 50 SC Meter Freestyle**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Akopian, Anton	18	Ealing Swimming Club	23.25	23.29
11.39	23.29	(11.90)		
2 Lovelock, Taylor	19	Hillingdon Swimming Club	23.84	23.58
11.57	23.58	(12.01)		

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Finals ... (Event 129 Men 16 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
3 Dobb, Joseph	19	Bromley Swimming Club	23.99	23.69
11.47	23.69 (12.22)			
4 Rowson, Alex	17	Brompton Swimming Club	24.11	24.05
11.86	24.05 (12.19)			
5 Morgan, Aaron	22	Bo Of Harrow	24.24	24.15
11.66	24.15 (12.49)			
6 Farthing, Richard	17	Enfield Swim Squad	24.27	24.30
11.81	24.30 (12.49)			
7 Gencas, Daniel	16	Romford Town Swimming Club	24.31	24.45
12.10	24.45 (12.35)			
8 Barnes, George	18	Brompton Swimming Club	24.15	25.41
11.95	25.41 (13.46)			

**Event 129 Men 16 & Over 50 SC Meter Freestyle**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Akopian, Anton	18	Ealing Swimming Club	23.20	23.25
11.38	23.25 (11.87)			
2 Lovelock, Taylor	19	Hillingdon Swimming Club	23.61	23.84
11.66	23.84 (12.18)			
3 Dobb, Joseph	19	Bromley Swimming Club	24.30	23.99
11.64	23.99 (12.35)			
4 Rowson, Alex	17	Brompton Swimming Club	24.34	24.11
11.92	24.11 (12.19)			
5 Barnes, George	18	Brompton Swimming Club	24.56	24.15
11.67	24.15 (12.48)			
6 Morgan, Aaron	22	Bo Of Harrow	24.26	24.24
11.86	24.24 (12.38)			
7 Farthing, Richard	17	Enfield Swim Squad	24.58	24.27
11.70	24.27 (12.57)			
8 Gencas, Daniel	16	Romford Town Swimming Club	24.32	24.31
12.13	24.31 (12.18)			
9 Giordani, Shakil	17	Haringey Aquatics	24.13	24.35
11.88	24.35 (12.47)			
10 Sheehan, Joseph	22	Ealing Swimming Club	25.58	24.42
11.97	24.42 (12.45)			
11 Northover, Joe	29	Newham & Uel Swimming Club	25.52	24.46
11.84	24.46 (12.62)			
12 Din, Aryaan	16	Chelsea and Westminster Swimmi	25.44	24.49
12.03	24.49 (12.46)			
13 Ayling, Jack	21	Romford Town Swimming Club	23.52	24.56
11.79	24.56 (12.77)			
14 Price, Archie	16	Barnet Cophthall Swimming Club	24.48	24.62
11.95	24.62 (12.67)			
*15 Wilson, Aaron	17	Romford Town Swimming Club	24.89	24.71
12.05	24.71 (12.66)			
*15 Stamenkovic, Pavle	17	Camden Swiss Cottage Swimming	25.03	24.71
11.92	24.71 (12.79)			
17 Varzevicius, Almantas	19	Barking and Dagenham Aquatics	24.52	24.73
11.96	24.73 (12.77)			
18 Woolley, Thomas	16	Bromley Swimming Club	24.40	24.76
12.05	24.76 (12.71)			
*19 Shaw, Luke	17	Sutton & Cheam	24.77	24.81
11.99	24.81 (12.82)			
*19 Podmore, Tyler	21	Dulwich Dolphins Swimming Club	24.68	24.81
12.06	24.81 (12.75)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 129 Men 16 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
21 Barretta, Luca	16	Croydon Amphibians Swimming Cl	24.98	24.85
12.25	24.85 (12.60)			
22 Atanasov, Anthony	18	Ealing Swimming Club	25.71	24.86
12.08	24.86 (12.78)			
23 Smeets, Alan	35	Anaconda Swimming Club	25.17	25.09
12.07	25.09 (13.02)			
24 Rudd, William	16	Chelsea and Westminster Swimmi	25.18	25.11
12.13	25.11 (12.98)			
25 Bransby, Craig	45	Enfield Swim Squad	25.45	25.12
12.17	25.12 (12.95)			
26 Wileman, Jon	23	Sutton & Cheam	24.89	25.23
12.15	25.23 (13.08)			
27 Durteste, Tristan	17	Brompton Swimming Club	25.29	25.30
12.19	25.30 (13.11)			
28 Pears, Jason	19	Ealing Swimming Club	24.76	25.34
12.15	25.34 (13.19)			
29 Capezzuoli, Luca	17	Kingston Royals Swimming Club	25.38	25.42
12.40	25.42 (13.02)			
30 Abazie, Chidubem	16	Saxon Crown (Lewisham)	25.36	25.46
12.52	25.46 (12.94)			
31 Abou-El-rous, Mohamed	19	Bo Of Harrow	25.73	25.47
12.15	25.47 (13.32)			
32 Seema Roca, Pablo	16	Beckenham Swimming Club	25.63	25.52
12.51	25.52 (13.01)			
33 Hanson, Max	16	Haringey Aquatics	25.54	25.57
12.48	25.57 (13.09)			
34 Kershaw, Alastair	21	Newham & Uel Swimming Club	26.51	25.58
12.42	25.58 (13.16)			
35 Fenton, Christian	18	Brompton Swimming Club	26.41	25.68
12.57	25.68 (13.11)			
36 Markov, Danny	16	Camden Swiss Cottage Swimming	25.82	25.70
12.56	25.70 (13.14)			
37 Penney, Rohan	18	Wandsworth Swimming Club	25.82	25.73
12.44	25.73 (13.29)			
38 Collins, Harry	16	Bexley Swimming Club	26.43	25.75
12.65	25.75 (13.10)			
39 Parsons, Jamie	18	Enfield Swim Squad	25.00	25.76
12.49	25.76 (13.27)			
40 Johnson, Kai	17	Saxon Crown (Lewisham)	26.21	25.79
12.50	25.79 (13.29)			
41 Wild, Jack	17	Sutton & Cheam	26.67	25.81
12.55	25.81 (13.26)			
42 Eguakhide, Joshua	16	Romford Town Swimming Club	25.97	25.82
12.72	25.82 (13.10)			
43 Brighton, Daniel	17	Bexley Swimming Club	26.37	25.83
12.74	25.83 (13.09)			
44 Wilson, Alexander	18	Brompton Swimming Club	26.61	25.85
12.43	25.85 (13.42)			
45 Hassan, Yasser	16	Brompton Swimming Club	26.45	25.88
12.75	25.88 (13.13)			
46 Matloub, Adam	16	Romford Town Swimming Club	25.62	25.89
12.67	25.89 (13.22)			
47 Mcspadden, Marcus	16	Beckenham Swimming Club	26.22	25.92
12.54	25.92 (13.38)			
48 Murphy, Joseph	17	Enfield Swim Squad	25.70	25.95
12.61	25.95 (13.34)			
49 Bingham, Herbie	16	Chelsea and Westminster Swimmi	25.94	25.96
12.62	25.96 (13.34)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 129 Men 16 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
50 Ault, Jake	16	Sutton & Cheam	25.73	25.99
12.88	25.99	(13.11)		
51 Costley, Jude	16	Hackney Aquatics	25.32	26.00
12.48	26.00	(13.52)		
*52 Bransby, Luke	16	Enfield Swim Squad	26.03	26.06
12.55	26.06	(13.51)		
*52 Barou, Emile	17	Camden Swiss Cottage Swimming	26.58	26.06
12.68	26.06	(13.38)		
54 Martin-McKevitt, Luca	16	Hillingdon Swimming Club	25.88	26.19
12.73	26.19	(13.46)		
55 Roman, Vlad	16	Dulwich Dolphins Swimming Club	26.69	26.21
12.86	26.21	(13.35)		
56 Peel, Max	16	Orpingon OJ	25.88	26.26
12.92	26.26	(13.34)		
57 Bilas, Krystian	20	Brent Dolphins SC	26.47	26.29
12.95	26.29	(13.34)		
58 Seabaggala, Luke	18	Anaconda Swimming Club	26.32	26.31
12.92	26.31	(13.39)		
59 Downey, Mack	16	Kingston Royals Swimming Club	26.50	26.37
13.07	26.37	(13.30)		
60 Scott, Dillan	17	Bo Of Harrow	26.25	26.43
13.06	26.43	(13.37)		
61 McAllister, Samuel	16	Anaconda Swimming Club	26.62	26.45
12.87	26.45	(13.58)		
*62 Zapryanov, Bobby	17	Hackney Aquatics	26.45	26.49
13.10	26.49	(13.39)		
*62 Japal, Lewis	16	Enfield Swim Squad	26.61	26.49
13.16	26.49	(13.33)		
64 Findlay, Ben	16	Leander Swimming Club	26.47	26.56
12.76	26.56	(13.80)		
65 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	26.43	26.59
12.94	26.59	(13.65)		
66 Caravati-Pringle, Matteo	16	Haringey Aquatics	26.97	26.78
13.14	26.78	(13.64)		
67 Abou-El-Rous, Marawan	16	Bo Of Harrow	27.36	27.09
13.18	27.09	(13.91)		
68 Kelly, Josh	16	Hillingdon Swimming Club	27.26	27.22
13.42	27.22	(13.80)		
69 Young, Harry	16	Kingston Royals Swimming Club	27.46	27.48
13.28	27.48	(14.20)		
70 Nguyen, Nam	18	Orpingon OJ	26.98	27.53
13.35	27.53	(14.18)		
71 Finn, Gregory	16	Brompton Swimming Club	26.95	27.56
13.18	27.56	(14.38)		
72 Murphy, Connor	16	Bromley Swimming Club	27.47	27.57
13.37	27.57	(14.20)		
73 Gomes, Guilherme	17	Newham & Uel Swimming Club	27.44	27.85
13.50	27.85	(14.35)		
74 Harding, Matthew	18	Greenwich Royals Swimming Club	27.10	28.29
13.81	28.29	(14.48)		

**Event 129 Men 50 SC Meter Freestyle Multi-Class**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Bradshaw, Balthazar S10	13	Brompton Swimming Club	33.65	33.08
16.45	33.08	(16.63)		

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Event 130 Women 11-15 200 SC Meter Breaststroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Bowley, Hannah	14	Hillingdon Swimming Club	2:40.19	2:37.36
17.85	36.49 (18.64)	57.13 (20.64)	1:16.09 (18.96)	
1:37.03 (20.94)	1:56.16 (19.13)	2:17.75 (21.59)	2:37.36 (19.61)	
2 McEver, Ella	14	Camden Swiss Cottage Swimming	2:37.93	2:41.47
17.13	37.11 (19.98)	57.81 (20.70)	1:18.60 (20.79)	
1:39.66 (21.06)	2:00.31 (20.65)	2:21.53 (21.22)	2:41.47 (19.94)	
3 Surminski, Josephine	14	Chelsea and Westminster Swimmi	2:40.88	2:41.77
17.61	37.28 (19.67)	57.96 (20.68)	1:18.34 (20.38)	
1:39.10 (20.76)	2:00.12 (21.02)	2:20.98 (20.86)	2:41.77 (20.79)	
4 Powell, Eliza	15	Bromley Swimming Club	2:42.59	2:42.79
15.89	35.32 (19.43)	55.13 (19.81)	1:16.25 (21.12)	
1:37.80 (21.55)	1:59.99 (22.19)	2:21.53 (21.54)	2:42.79 (21.26)	
5 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	2:46.05	2:44.85
16.56	36.95 (20.39)	57.39 (20.44)	1:18.97 (21.58)	
1:40.09 (21.12)	2:02.14 (22.05)	2:23.56 (21.42)	2:44.85 (21.29)	
6 Shaw, Ava	13	Natare West London	2:48.04	2:45.96
17.30	38.52 (21.22)	58.87 (20.35)	1:19.85 (20.98)	
1:40.81 (20.96)	2:02.29 (21.48)	2:23.81 (21.52)	2:45.96 (22.15)	
7 Humble, Jasmine	15	Kingston Royals Swimming Club	2:44.72	2:46.07
17.45	37.91 (20.46)	58.76 (20.85)	1:20.20 (21.44)	
1:41.14 (20.94)	2:03.24 (22.10)	2:24.87 (21.63)	2:46.07 (21.20)	
8 Hagan, Holly	15	Romford Town Swimming Club	2:48.38	2:46.53
16.90	37.28 (20.38)	58.11 (20.83)	1:19.88 (21.77)	
1:41.25 (21.37)	2:03.23 (21.98)	2:24.57 (21.34)	2:46.53 (21.96)	

**Event 130 Women 11-15 200 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 McEver, Ella	14	Camden Swiss Cottage Swimming	2:39.72	2:37.93
16.54	36.22 (19.68)	56.34 (20.12)	1:16.62 (20.28)	
1:37.13 (20.51)	1:57.47 (20.34)	2:17.88 (20.41)	2:37.93 (20.05)	
2 Bowley, Hannah	14	Hillingdon Swimming Club	2:44.62	2:40.19
17.39	37.86 (20.47)	57.92 (20.06)	1:18.76 (20.84)	
1:38.52 (19.76)	1:58.82 (20.30)	2:19.46 (20.64)	2:40.19 (20.73)	
3 Surminski, Josephine	14	Chelsea and Westminster Swimmi	2:41.85	2:40.88
17.28	36.88 (19.60)	56.83 (19.95)	1:16.68 (19.85)	
1:37.15 (20.47)	1:57.73 (20.58)	2:19.15 (21.42)	2:40.88 (21.73)	
4 Powell, Eliza	15	Bromley Swimming Club	2:39.45	2:42.59
16.39	36.61 (20.22)	57.16 (20.55)	1:17.89 (20.73)	
1:39.14 (21.25)	2:00.49 (21.35)	2:21.68 (21.19)	2:42.59 (20.91)	
5 Humble, Jasmine	15	Kingston Royals Swimming Club	2:48.04	2:44.72
17.24	38.12 (20.88)	58.94 (20.82)	1:20.13 (21.19)	
1:40.87 (20.74)	2:02.25 (21.38)	2:23.49 (21.24)	2:44.72 (21.23)	
6 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	2:44.66	2:46.05
16.62	37.24 (20.62)	57.87 (20.63)	1:19.29 (21.42)	
1:41.15 (21.86)	2:03.04 (21.89)	2:24.48 (21.44)	2:46.05 (21.57)	
7 Sweeney, Rebecca	15	Barnes SC	2:43.74	2:47.85
17.30	38.18 (20.88)	59.09 (20.91)	1:20.64 (21.55)	
1:42.03 (21.39)	2:04.06 (22.03)	2:25.91 (21.85)	2:47.85 (21.94)	
8 Shaw, Ava	13	Natare West London	2:54.92	2:48.04
17.47	38.29 (20.82)	59.93 (21.64)	1:21.06 (21.13)	
1:42.56 (21.50)	2:04.75 (22.19)	2:26.42 (21.67)	2:48.04 (21.62)	
9 Hagan, Holly	15	Romford Town Swimming Club	2:44.83	2:48.38
16.87	36.76 (19.89)	57.65 (20.89)	1:19.46 (21.81)	
1:41.35 (21.89)	2:03.83 (22.48)	2:25.81 (21.98)	2:48.38 (22.57)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 130 Women 11-15 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Miller, Amani	15	London Borough of Hounslow	2:46.44	2:48.69
17.31	38.67 (21.36)	1:00.30 (21.63)	1:22.49 (22.19)	
1:44.03 (21.54)	2:05.71 (21.68)	2:26.97 (21.26)	2:48.69 (21.72)	
11 Silva, Isla	13	Hackney Aquatics	2:54.09	2:48.88
17.16	37.21 (20.05)	58.01 (20.80)	1:19.54 (21.53)	
1:41.30 (21.76)	2:03.80 (22.50)	2:26.13 (22.33)	2:48.88 (22.75)	
12 Ricca, Lavinia	13	Natare West London	2:46.33	2:49.98
18.28	40.09 (21.81)	1:00.60 (20.51)	1:22.34 (21.74)	
1:43.95 (21.61)	2:07.05 (23.10)	2:28.12 (21.07)	2:49.98 (21.86)	
13 Pearson, Aoife	15	Hackney Aquatics	2:57.04	2:50.00
18.29	38.95 (20.66)	1:00.41 (21.46)	1:22.25 (21.84)	
1:44.07 (21.82)	2:06.17 (22.10)	2:27.94 (21.77)	2:50.00 (22.06)	
14 Podurgiel, Ella	14	Camden Swiss Cottage Swimming	3:00.25	2:50.79
17.32	37.90 (20.58)	59.71 (21.81)	1:22.02 (22.31)	
1:44.07 (22.05)	2:06.88 (22.81)	2:29.14 (22.26)	2:50.79 (21.65)	
15 Everett, Zoe	13	Greenwich Royals Swimming Club	2:54.92	2:51.04
17.58	38.61 (21.03)	59.81 (21.20)	1:22.12 (22.31)	
1:44.46 (22.34)	2:06.89 (22.43)	2:29.08 (22.19)	2:51.04 (21.96)	
16 Jeffs, Beatrice	13	Hillingdon Swimming Club	2:56.59	2:51.44
17.88	39.45 (21.57)	1:00.54 (21.09)	1:22.64 (22.10)	
1:44.24 (21.60)	2:06.65 (22.41)	2:28.58 (21.93)	2:51.44 (22.86)	
17 Somasundram, Vinammra	15	Bo Of Harrow	2:52.80	2:51.94
17.14	38.25 (21.11)	59.71 (21.46)	1:22.68 (22.97)	
1:44.26 (21.58)	2:07.01 (22.75)	2:29.13 (22.12)	2:51.94 (22.81)	
18 Lipsey-Swarbrick, Leah	14	Hackney Aquatics	2:57.86	2:51.96
17.50	38.78 (21.28)	1:00.29 (21.51)	1:22.73 (22.44)	
1:44.41 (21.68)	2:07.19 (22.78)	2:29.07 (21.88)	2:51.96 (22.89)	
*19 Baduna, Chloe	13	Hackney Aquatics	2:53.28	2:52.03
17.61	38.62 (21.01)	1:00.29 (21.67)	1:22.22 (21.93)	
1:45.12 (22.90)	2:07.77 (22.65)	2:30.55 (22.78)	2:52.03 (21.48)	
*19 Armstrong, Rebecca	15	Borough of Waltham Forest Gato	2:42.73	2:52.03
17.42	37.69 (20.27)	58.68 (20.99)	1:20.80 (22.12)	
1:43.37 (22.57)	2:06.01 (22.64)	2:28.93 (22.92)	2:52.03 (23.10)	
21 Owens, Anna	15	Barnes SC	2:49.51	2:52.75
17.89	39.08 (21.19)	1:00.83 (21.75)	1:24.17 (23.34)	
1:45.53 (21.36)	2:08.16 (22.63)	2:30.27 (22.11)	2:52.75 (22.48)	
22 Bremen, Sophia	13	Anaconda Swimming Club	3:03.04	2:53.31
17.44	39.61 (22.17)	1:01.57 (21.96)	1:24.20 (22.63)	
1:46.30 (22.10)	2:08.67 (22.37)	2:30.50 (21.83)	2:53.31 (22.81)	
23 Bayley, Alice	15	Anaconda Swimming Club	2:59.25	2:54.43
17.36	38.69 (21.33)	1:00.69 (22.00)	1:23.85 (23.16)	
1:46.04 (22.19)	2:08.91 (22.87)	2:31.62 (22.71)	2:54.43 (22.81)	
24 Andersson Harmon, Klippa	13	Saxon Crown (Lewisham)	2:57.09	2:55.62
18.54	39.78 (21.24)	1:01.92 (22.14)	1:24.04 (22.12)	
1:47.14 (23.10)	2:09.91 (22.77)	2:33.13 (23.22)	2:55.62 (22.49)	
25 Long, Charlotte	13	Kingston Royals Swimming Club	2:53.67	2:56.35
18.94	38.75 (19.81)	1:01.23 (22.48)	1:23.72 (22.49)	
1:47.08 (23.36)	2:10.68 (23.60)	2:33.84 (23.16)	2:56.35 (22.51)	
26 Tran, Amy	13	Chelsea and Westminster Swimmi	2:59.41	2:56.85
17.98	39.18 (21.20)	1:01.30 (22.12)	1:23.71 (22.41)	
1:46.38 (22.67)	2:09.37 (22.99)	2:33.13 (23.76)	2:56.85 (23.72)	
27 Dowell, Amelia	14	Camden Swiss Cottage Swimming	2:56.37	2:56.90
17.85	39.25 (21.40)	1:01.88 (22.63)	1:25.06 (23.18)	
1:48.08 (23.02)	2:11.80 (23.72)	2:34.48 (22.68)	2:56.90 (22.42)	
28 Utermann, Helena	14	Camden Swiss Cottage Swimming	2:58.65	2:57.17
17.90	39.72 (21.82)	1:02.57 (22.85)	1:25.81 (23.24)	
1:48.95 (23.14)	2:12.87 (23.92)	2:35.27 (22.40)	2:57.17 (21.90)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 130 Women 11-15 200 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
29 Leonard, Emily	13	Ealing Swimming Club	3:00.38	2:57.23
17.88	39.51 (21.63)	1:01.47 (21.96)	1:25.03 (23.56)	
1:47.60 (22.57)	2:10.73 (23.13)	2:34.49 (23.76)	2:57.23 (22.74)	
30 Shafiq, Leila	14	Anaconda Swimming Club	2:59.39	2:57.40
18.11	39.95 (21.84)	1:02.70 (22.75)	1:25.56 (22.86)	
1:48.61 (23.05)	2:11.56 (22.95)	2:34.74 (23.18)	2:57.40 (22.66)	
31 Wootton, Evie	14	Haringey Aquatics	2:57.27	2:57.86
18.53	40.15 (21.62)	1:03.01 (22.86)	1:25.90 (22.89)	
1:48.40 (22.50)	2:11.12 (22.72)	2:34.85 (23.73)	2:57.86 (23.01)	
32 Lenihan, Lily	15	Sutton & Cheam	2:49.56	2:58.38
17.62	39.04 (21.42)	1:01.05 (22.01)	1:25.09 (24.04)	
1:47.07 (21.98)	2:10.81 (23.74)	2:34.60 (23.79)	2:58.38 (23.78)	
33 Wilcock, Tegan	15	Kingston Royals Swimming Club	2:57.16	2:58.51
17.38	38.73 (21.35)	1:01.23 (22.50)	1:24.63 (23.40)	
1:48.48 (23.85)	2:12.15 (23.67)	2:35.89 (23.74)	2:58.51 (22.62)	
34 Bridgen, Poppy	14	Hillingdon Swimming Club	2:50.93	2:58.59
17.85	39.62 (21.77)	1:01.92 (22.30)	1:25.10 (23.18)	
1:47.89 (22.79)	2:11.50 (23.61)	2:34.96 (23.46)	2:58.59 (23.63)	
35 Doyle, Ella	13	Greenwich Royals Swimming Club	3:02.04	2:59.14
17.83	38.60 (20.77)	1:00.82 (22.22)	1:23.90 (23.08)	
1:47.95 (24.05)	2:11.88 (23.93)	2:37.35 (25.47)	2:59.14 (21.79)	
36 Struc, Cassandra	14	Hillingdon Swimming Club	3:00.75	2:59.37
18.00	39.40 (21.40)	1:01.49 (22.09)	1:24.60 (23.11)	
1:48.00 (23.40)	2:11.92 (23.92)	2:35.42 (23.50)	2:59.37 (23.95)	
37 Sweeting, Natasha	14	Barnes SC	3:00.91	2:59.43
17.93	40.56 (22.63)	1:03.82 (23.26)	1:26.94 (23.12)	
1:51.79 (24.85)	2:15.27 (23.48)	2:39.15 (23.88)	2:59.43 (20.28)	
38 Pagan, Stephanie	14	Borough of Waltham Forest Gato	2:58.54	2:59.60
18.73	40.76 (22.03)	1:03.09 (22.33)	1:26.35 (23.26)	
1:49.48 (23.13)	2:13.21 (23.73)	2:36.28 (23.07)	2:59.60 (23.32)	
39 Clark, Molly	14	Kingston Royals Swimming Club	3:02.49	2:59.80
18.25	40.17 (21.92)	1:02.70 (22.53)	1:25.89 (23.19)	
1:49.35 (23.46)	2:13.09 (23.74)	2:36.61 (23.52)	2:59.80 (23.19)	
40 Hayes, Mabel	13	Anaconda Swimming Club	3:02.57	3:00.85
18.39	40.56 (22.17)	1:03.73 (23.17)	1:27.80 (24.07)	
1:50.99 (23.19)	2:14.48 (23.49)	2:37.98 (23.50)	3:00.85 (22.87)	
41 Littlemore, Matilda	14	Chelsea and Westminster Swimmi	3:01.15	3:00.96
18.70	41.61 (22.91)	1:04.35 (22.74)	1:27.81 (23.46)	
1:51.21 (23.40)	2:14.68 (23.47)	2:37.83 (23.15)	3:00.96 (23.13)	
42 Karagianni, Anisa	11	London Borough of Hounslow	3:02.30	3:01.19
18.73	41.26 (22.53)	1:04.32 (23.06)	1:28.07 (23.75)	
1:52.34 (24.27)	2:15.96 (23.62)	2:39.80 (23.84)	3:01.19 (21.39)	
43 Shires, Francesca	15	Hillingdon Swimming Club	2:57.52	3:02.64
18.91	41.40 (22.49)	1:04.37 (22.97)	1:28.24 (23.87)	
1:51.95 (23.71)	2:15.98 (24.03)	2:39.47 (23.49)	3:02.64 (23.17)	
44 Roberts, Isla	11	Hackney Aquatics	2:56.99	3:03.68
18.95	41.40 (22.45)	1:04.88 (23.48)	1:30.74 (25.86)	
1:53.64 (22.90)	2:18.81 (25.17)	2:40.69 (21.88)	3:03.68 (22.99)	
45 Von Opel, Montana	13	Natare West London	2:59.43	3:05.04
18.62	40.91 (22.29)	1:03.80 (22.89)	1:27.41 (23.61)	
1:51.72 (24.31)	2:15.86 (24.14)	2:40.07 (24.21)	3:05.04 (24.97)	
46 Cole, Evelyn	14	Anaconda Swimming Club	3:01.52	3:05.30
18.48	40.67 (22.19)	1:03.47 (22.80)	1:27.53 (24.06)	
1:52.05 (24.52)	2:16.79 (24.74)	2:41.07 (24.28)	3:05.30 (24.23)	
47 Parenti, Sofia	14	Teddington Swimming Club	3:02.42	3:05.51
18.98	41.38 (22.40)	1:04.68 (23.30)	1:28.35 (23.67)	
1:52.09 (23.74)	2:16.28 (24.19)	2:41.17 (24.89)	3:05.51 (24.34)	



## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 130 Women 11-15 200 SC Meter Breaststroke)

Name	Age	Team	Seed Time	Prelim Time
48 Magnus, Mia	13	London Borough of Redbridge SC	3:02.20	3:14.10
	20.02	43.39 (23.37)	1:08.90 (25.51)	1:32.87 (23.97)
	1:58.39 (25.52)	2:23.53 (25.14)	2:49.54 (26.01)	3:14.10 (24.56)

## Event 130 Women 16 &amp; Over 200 SC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Lale-Klasicki, Pixie	23	Brompton Swimming Club	2:32.10	2:32.28
	15.98	34.83 (18.85)	54.20 (19.37)	1:13.37 (19.17)
	1:32.84 (19.47)	1:52.34 (19.50)	2:12.50 (20.16)	2:32.28 (19.78)
2 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:37.37	2:34.80
	16.33	35.20 (18.87)	54.49 (19.29)	1:14.06 (19.57)
	1:34.34 (20.28)	1:54.38 (20.04)	2:14.68 (20.30)	2:34.80 (20.12)
3 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	2:38.21	2:37.41
	16.65	36.17 (19.52)	56.00 (19.83)	1:16.34 (20.34)
	1:36.60 (20.26)	1:57.07 (20.47)	2:17.41 (20.34)	2:37.41 (20.00)
4 Whiston, Brock	23	Barking and Dagenham Aquatics	2:43.69	2:38.62
	16.76	35.96 (19.20)	55.84 (19.88)	1:16.45 (20.61)
	1:36.45 (20.00)	1:57.75 (21.30)	2:18.16 (20.41)	2:38.62 (20.46)
5 Surminski, Emily	17	Brompton Swimming Club	2:42.37	2:39.19
	16.51	36.07 (19.56)	55.84 (19.77)	1:16.27 (20.43)
	1:36.55 (20.28)	1:57.32 (20.77)	2:18.14 (20.82)	2:39.19 (21.05)
6 Adams-Howard, Izzie	16	Beckenham Swimming Club	2:41.29	2:39.60
	16.36	35.92 (19.56)	56.07 (20.15)	1:16.64 (20.57)
	1:37.15 (20.51)	1:58.15 (21.00)	2:19.10 (20.95)	2:39.60 (20.50)
7 O'Toole, Cara	16	Hillingdon Swimming Club	2:42.94	2:44.15
	17.06	37.11 (20.05)	57.32 (20.21)	1:18.30 (20.98)
	1:39.62 (21.32)	2:01.36 (21.74)	2:22.86 (21.50)	2:44.15 (21.29)
8 Mitchell, Lydia	16	Beckenham Swimming Club	2:42.75	2:45.86
	17.10	37.15 (20.05)	57.90 (20.75)	1:19.05 (21.15)
	1:40.13 (21.08)	2:01.86 (21.73)	2:23.73 (21.87)	2:45.86 (22.13)

## Event 130 Women 16 &amp; Over 200 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Lale-Klasicki, Pixie	23	Brompton Swimming Club	2:34.73	2:32.10
	15.71	34.08 (18.37)	53.19 (19.11)	1:12.32 (19.13)
	1:32.20 (19.88)	1:51.80 (19.60)	2:12.09 (20.29)	2:32.10 (20.01)
2 Newe, Frances	16	Dulwich Dolphins Swimming Club	2:38.07	2:37.37
	16.42	35.73 (19.31)	55.55 (19.82)	1:15.68 (20.13)
	1:35.95 (20.27)	1:56.63 (20.68)	2:17.44 (20.81)	2:37.37 (19.93)
3 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	2:37.68	2:38.21
	17.02	37.00 (19.98)	57.39 (20.39)	1:17.87 (20.48)
	1:38.14 (20.27)	1:58.46 (20.32)	2:18.70 (20.24)	2:38.21 (19.51)
4 Adams-Howard, Izzie	16	Beckenham Swimming Club	2:39.85	2:41.29
	16.26	35.84 (19.58)	56.43 (20.59)	1:17.44 (21.01)
	1:38.86 (21.42)	2:00.02 (21.16)	2:21.27 (21.25)	2:41.29 (20.02)
5 Surminski, Emily	17	Brompton Swimming Club	2:33.98	2:42.37
	16.96	36.68 (19.72)	57.32 (20.64)	1:18.01 (20.69)
	1:38.94 (20.93)	1:59.75 (20.81)	2:20.90 (21.15)	2:42.37 (21.47)
6 Mitchell, Lydia	16	Beckenham Swimming Club	2:42.29	2:42.75
	17.19	37.11 (19.92)	57.40 (20.29)	1:18.23 (20.83)
	1:38.94 (20.71)	2:00.20 (21.26)	2:21.57 (21.37)	2:42.75 (21.18)
7 O'Toole, Cara	16	Hillingdon Swimming Club	2:40.09	2:42.94
	16.98	37.11 (20.13)	57.79 (20.68)	1:18.11 (20.32)
	1:38.35 (20.24)	1:59.36 (21.01)	2:21.44 (22.08)	2:42.94 (21.50)
8 Whiston, Brock	23	Barking and Dagenham Aquatics	2:37.57	2:43.69
	17.36	37.19 (19.83)	57.81 (20.62)	1:18.54 (20.73)
	1:40.02 (21.48)	2:01.38 (21.36)	2:22.46 (21.08)	2:43.69 (21.23)

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Preliminaries ... (Event 130 Women 16 &amp; Over 200 SC Meter Breaststroke)

Name	Age	Team	Seed Time	Prelim Time
9 Lewitt, Isabelle	18	Brompton Swimming Club	2:40.37	2:47.90
17.14	37.67 (20.53)	58.59 (20.92)	1:19.89 (21.30)	
1:41.85 (21.96)	2:03.85 (22.00)	2:26.28 (22.43)	2:47.90 (21.62)	
10 Grant, Ellie	18	London Borough of Redbridge SC	2:38.57	2:48.20
17.41	37.12 (19.71)	58.65 (21.53)	1:19.87 (21.22)	
1:41.83 (21.96)	2:03.68 (21.85)	2:26.56 (22.88)	2:48.20 (21.64)	
11 Leng, Alice	17	Orpingon OJ	2:52.13	2:50.85
17.52	38.34 (20.82)	59.93 (21.59)	1:21.92 (21.99)	
1:44.04 (22.12)	2:06.48 (22.44)	2:28.79 (22.31)	2:50.85 (22.06)	
12 Stepan, Ellen	17	Beckenham Swimming Club	2:51.65	2:52.06
16.90	36.92 (20.02)	57.98 (21.06)	1:19.95 (21.97)	
1:41.98 (22.03)	2:05.15 (23.17)	2:28.87 (23.72)	2:52.06 (23.19)	
13 Hawkins, Amie	17	Bexley Swimming Club	2:52.24	2:54.99
17.59	38.81 (21.22)	1:00.57 (21.76)	1:23.00 (22.43)	
1:45.45 (22.45)	2:09.12 (23.67)	2:31.73 (22.61)	2:54.99 (23.26)	
14 Pepperday, Rose	18	Haringey Aquatics	2:57.65	3:00.26
18.77	40.97 (22.20)	1:03.76 (22.79)	1:27.45 (23.69)	
1:49.91 (22.46)	2:13.44 (23.53)	2:36.60 (23.16)	3:00.26 (23.66)	
15 Hawley, Ellen	16	Kingston Royals Swimming Club	2:55.42	3:00.60
18.30	40.23 (21.93)	1:02.98 (22.75)	1:26.46 (23.48)	
1:50.97 (24.51)	2:13.55 (22.58)	2:37.44 (23.89)	3:00.60 (23.16)	
16 McCormack, Madeleine	17	Romford Town Swimming Club	3:00.51	3:02.43
18.93	41.09 (22.16)	1:03.91 (22.82)	1:27.65 (23.74)	
1:51.11 (23.46)	2:15.43 (24.32)	2:39.12 (23.69)	3:02.43 (23.31)	
17 Crouzier, Lily	17	Brompton Swimming Club	3:02.56	3:09.05
17.94	39.65 (21.71)	1:03.36 (23.71)	1:27.99 (24.63)	
1:52.55 (24.56)	2:18.95 (26.40)	2:43.91 (24.96)	3:09.05 (25.14)	

## Event 131 Men 11-15 1500 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	16:20.24	16:13.83
13.85	28.85 (15.00)	44.75 (15.90)	1:00.54 (15.79)	
1:16.46 (15.92)	1:32.45 (15.99)	1:48.68 (16.23)	2:04.87 (16.19)	
2:21.18 (16.31)	2:37.39 (16.21)	2:53.68 (16.29)	3:10.00 (16.32)	
3:26.50 (16.50)	3:42.69 (16.19)	3:59.32 (16.63)	4:15.79 (16.47)	
4:32.33 (16.54)	4:48.79 (16.46)	5:05.36 (16.57)	5:21.64 (16.28)	
5:38.31 (16.67)	5:54.68 (16.37)	6:11.23 (16.55)	6:27.60 (16.37)	
6:44.08 (16.48)	7:00.35 (16.27)	7:16.93 (16.58)	7:33.17 (16.24)	
7:49.36 (16.19)	8:05.44 (16.08)	8:21.77 (16.33)	8:37.87 (16.10)	16:13.83 (7:35.96)
2 Carlos, Kai	14	Barnet Cophthall Swimming Club	16:39.61	16:19.15
13.95	29.11 (15.16)	44.47 (15.36)	1:00.28 (15.81)	
1:16.04 (15.76)	1:32.07 (16.03)	1:48.26 (16.19)	2:04.36 (16.10)	
2:20.43 (16.07)	2:36.73 (16.30)	2:52.94 (16.21)	3:09.14 (16.20)	
3:25.28 (16.14)	3:41.75 (16.47)	3:58.13 (16.38)	4:14.66 (16.53)	
4:31.08 (16.42)	4:47.57 (16.49)	5:04.07 (16.50)	5:20.69 (16.62)	
5:37.09 (16.40)	5:53.41 (16.32)	6:09.90 (16.49)	6:26.25 (16.35)	
6:42.70 (16.45)	6:59.15 (16.45)	7:15.71 (16.56)	7:32.19 (16.48)	
7:48.79 (16.60)	8:05.53 (16.74)	8:21.99 (16.46)	8:38.37 (16.38)	16:19.15 (7:40.78)
3 Chapman, Nathan	15	Greenwich Royals Swimming Club	17:20.02	16:44.97
14.15	30.26 (16.11)	46.32 (16.06)	1:02.81 (16.49)	
1:19.21 (16.40)	1:35.78 (16.57)	1:52.26 (16.48)	2:08.99 (16.73)	
2:25.69 (16.70)	2:42.40 (16.71)	2:59.04 (16.64)	3:15.67 (16.63)	
3:31.92 (16.25)	3:49.17 (17.25)	4:05.96 (16.79)	4:23.10 (17.14)	
4:40.01 (16.91)	4:56.79 (16.78)	5:13.67 (16.88)	5:30.76 (17.09)	
5:47.68 (16.92)	6:04.65 (16.97)	6:21.30 (16.65)	6:38.56 (17.26)	
6:55.27 (16.71)	7:12.39 (17.12)	7:28.86 (16.47)	7:45.99 (17.13)	
8:03.04 (17.05)	8:20.22 (17.18)	8:37.12 (16.90)	8:54.43 (17.31)	16:44.97 (7:50.54)

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## (Event 131 Men 11-15 1500 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
4 Kaye, James	14	Barnet Cophthall Swimming Club	16:56.47	17:00.25
14.37	29.92 (15.55)	45.87 (15.95)	1:02.16 (16.29)	
1:18.54 (16.38)	1:35.19 (16.65)	1:51.91 (16.72)	2:08.44 (16.53)	
2:25.31 (16.87)	2:41.81 (16.50)	2:59.04 (17.23)	3:15.90 (16.86)	
3:32.92 (17.02)	3:49.64 (16.72)	4:06.61 (16.97)	4:23.49 (16.88)	
4:40.77 (17.28)	4:57.74 (16.97)	5:15.45 (17.71)	5:32.17 (16.72)	
5:49.41 (17.24)	6:06.37 (16.96)	6:23.61 (17.24)	6:40.57 (16.96)	
6:57.74 (17.17)	7:14.79 (17.05)	7:32.29 (17.50)	7:49.39 (17.10)	
8:06.69 (17.30)	8:23.68 (16.99)	8:40.56 (16.88)	8:57.49 (16.93)	17:00.25 (8:02.76)
5 Drienovsky, Daniel	14	Barnet Cophthall Swimming Club	17:18.32	17:02.34
14.38	30.53 (16.15)	46.72 (16.19)	1:03.29 (16.57)	
1:19.80 (16.51)	1:36.45 (16.65)	1:53.18 (16.73)	2:10.04 (16.86)	
2:26.68 (16.64)	2:43.49 (16.81)	3:00.21 (16.72)	3:17.01 (16.80)	
3:33.84 (16.83)	3:50.93 (17.09)	4:07.78 (16.85)	4:24.76 (16.98)	
4:41.75 (16.99)	4:59.02 (17.27)	5:15.89 (16.87)	5:33.02 (17.13)	
5:50.14 (17.12)	6:07.44 (17.30)	6:24.57 (17.13)	6:41.82 (17.25)	
6:58.93 (17.11)	7:16.13 (17.20)	7:33.26 (17.13)	7:50.54 (17.28)	
8:07.70 (17.16)	8:25.01 (17.31)	8:42.17 (17.16)	8:59.49 (17.32)	17:02.34 (8:02.85)
6 Harrington, James	15	Hillingdon Swimming Club	17:29.52	17:13.89
13.91	29.94 (16.03)	46.13 (16.19)	1:02.99 (16.86)	
1:19.76 (16.77)	1:36.71 (16.95)	1:53.74 (17.03)	2:10.91 (17.17)	
2:27.98 (17.07)	2:45.21 (17.23)	3:02.11 (16.90)	3:19.22 (17.11)	
3:36.26 (17.04)	3:53.61 (17.35)	4:10.85 (17.24)	4:28.03 (17.18)	
4:45.39 (17.36)	5:02.71 (17.32)	5:19.86 (17.15)	5:37.16 (17.30)	
5:54.19 (17.03)	6:11.53 (17.34)	6:28.77 (17.24)	6:46.01 (17.24)	
7:03.08 (17.07)	7:20.30 (17.22)	7:37.23 (16.93)	7:54.61 (17.38)	
8:11.71 (17.10)	8:28.83 (17.12)	8:45.76 (16.93)	9:02.83 (17.07)	17:13.89 (8:11.06)
7 Wootten, Finn	15	Beckenham Swimming Club	17:11.56	17:19.33
14.23	29.75 (15.52)	45.57 (15.82)	1:01.87 (16.30)	
1:18.29 (16.42)	1:34.99 (16.70)	1:51.76 (16.77)	2:08.56 (16.80)	
2:25.72 (17.16)	2:42.73 (17.01)	2:59.71 (16.98)	3:16.81 (17.10)	
3:33.85 (17.04)	3:51.23 (17.38)	4:08.53 (17.30)	4:25.95 (17.42)	
4:43.37 (17.42)	5:01.08 (17.71)	5:18.37 (17.29)	5:35.92 (17.55)	
5:53.44 (17.52)	6:11.04 (17.60)	6:28.54 (17.50)	6:46.15 (17.61)	
7:03.62 (17.47)	7:20.87 (17.25)	7:38.18 (17.31)	7:55.31 (17.13)	
8:12.67 (17.36)	8:29.93 (17.26)	8:47.25 (17.32)	9:04.63 (17.38)	17:19.33 (8:14.70)
8 Davies, Louis	15	Kingston Royals Swimming Club	17:51.24	17:24.28
13.58	29.05 (15.47)	45.40 (16.35)	1:02.01 (16.61)	
1:18.85 (16.84)	1:35.84 (16.99)	1:53.00 (17.16)	2:10.10 (17.10)	
2:27.34 (17.24)	2:44.80 (17.46)	3:02.20 (17.40)	3:19.72 (17.52)	
3:37.15 (17.43)	3:54.65 (17.50)	4:12.25 (17.60)	4:29.84 (17.59)	
4:47.80 (17.96)	5:05.43 (17.63)	5:22.95 (17.52)	5:40.64 (17.69)	
5:58.40 (17.76)	6:16.00 (17.60)	6:33.90 (17.90)	6:51.71 (17.81)	
7:09.37 (17.66)	7:26.90 (17.53)	7:44.52 (17.62)	8:02.31 (17.79)	
8:20.07 (17.76)	8:37.56 (17.49)	8:55.32 (17.76)	9:13.13 (17.81)	17:24.28 (8:11.15)
9 Tomkins, Jake	13	Barnet Cophthall Swimming Club	17:48.62	17:26.17
14.64	30.99 (16.35)	47.88 (16.89)	1:05.41 (17.53)	
1:22.73 (17.32)	1:39.78 (17.05)	1:56.88 (17.10)	2:14.18 (17.30)	
2:31.63 (17.45)	2:49.15 (17.52)	3:06.48 (17.33)	3:24.03 (17.55)	
3:41.69 (17.66)	3:59.29 (17.60)	4:16.62 (17.33)	4:34.13 (17.51)	
4:51.59 (17.46)	5:09.29 (17.70)	5:26.65 (17.36)	5:44.18 (17.53)	
6:01.97 (17.79)	6:19.39 (17.42)	6:36.81 (17.42)	6:54.59 (17.78)	
7:12.41 (17.82)	7:30.17 (17.76)	7:47.47 (17.30)	8:05.12 (17.65)	
8:22.90 (17.78)	8:40.84 (17.94)	8:58.22 (17.38)	9:15.33 (17.11)	17:26.17 (8:10.84)

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## (Event 131 Men 11-15 1500 SC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
10 Hawkins, Tom	12	Bexley Swimming Club	18:24.28	17:47.95
14.46	30.49 (16.03)	46.98 (16.49)	1:03.99 (17.01)	
1:21.20 (17.21)	1:38.48 (17.28)	1:56.01 (17.53)	2:13.38 (17.37)	
2:30.96 (17.58)	2:48.75 (17.79)	3:06.30 (17.55)	3:23.84 (17.54)	
3:41.65 (17.81)	3:59.54 (17.89)	4:17.33 (17.79)	4:35.13 (17.80)	
4:52.88 (17.75)	5:10.78 (17.90)	5:28.83 (18.05)	5:46.84 (18.01)	
6:04.81 (17.97)	6:22.20 (17.39)	6:40.16 (17.96)	6:57.96 (17.80)	
7:16.08 (18.12)	7:34.51 (18.43)	7:52.68 (18.17)	8:10.97 (18.29)	
8:28.93 (17.96)	8:46.92 (17.99)	9:05.07 (18.15)	9:23.38 (18.31)	17:47.95 (8:24.57)
11 Lewis-Ward, Thomas	14	Beckenham Swimming Club	18:31.62	17:48.82
15.45	32.76 (17.31)	50.10 (17.34)	1:07.95 (17.85)	
1:25.71 (17.76)	1:43.68 (17.97)	2:01.72 (18.04)	2:20.04 (18.32)	
2:37.82 (17.78)	2:56.12 (18.30)	3:14.18 (18.06)	3:32.41 (18.23)	
3:50.49 (18.08)	4:09.00 (18.51)	4:27.25 (18.25)	4:45.75 (18.50)	
5:03.74 (17.99)	5:21.90 (18.16)	5:40.09 (18.19)	5:58.24 (18.15)	
6:15.95 (17.71)	6:33.70 (17.75)	6:51.63 (17.93)	7:09.32 (17.69)	
7:27.03 (17.71)	7:44.85 (17.82)	8:02.49 (17.64)	8:20.56 (18.07)	
8:38.36 (17.80)	8:56.27 (17.91)	9:14.15 (17.88)	9:32.15 (18.00)	17:48.82 (8:16.67)
12 Cinpoes, Pip	12	Kingston Royals Swimming Club	18:04.21	17:50.38
14.45	30.78 (16.33)	47.66 (16.88)	1:05.20 (17.54)	
1:22.62 (17.42)	1:40.39 (17.77)	1:58.20 (17.81)	2:16.25 (18.05)	
2:33.78 (17.53)	2:51.75 (17.97)	3:09.74 (17.99)	3:27.70 (17.96)	
3:45.64 (17.94)	4:03.99 (18.35)	4:21.52 (17.53)	4:39.28 (17.76)	
4:57.62 (18.34)	5:15.46 (17.84)	5:33.64 (18.18)	5:51.58 (17.94)	
6:09.72 (18.14)	6:28.06 (18.34)	6:46.53 (18.47)	7:03.75 (17.22)	
7:21.18 (17.43)	7:39.40 (18.22)	7:56.84 (17.44)	8:15.03 (18.19)	
8:32.81 (17.78)	8:50.54 (17.73)	9:08.23 (17.69)	9:26.54 (18.31)	17:50.38 (8:23.84)
13 Gray, Henry	13	Chelsea and Westminster Swimmi	18:39.96	17:52.26
14.76	31.65 (16.89)	49.36 (17.71)	1:07.14 (17.78)	
1:24.88 (17.74)	1:42.68 (17.80)	2:00.65 (17.97)	2:18.66 (18.01)	
2:36.75 (18.09)	2:54.62 (17.87)	3:12.48 (17.86)	3:30.39 (17.91)	
3:48.41 (18.02)	4:06.29 (17.88)	4:24.29 (18.00)	4:42.15 (17.86)	
4:59.99 (17.84)	5:17.83 (17.84)	5:35.85 (18.02)	5:53.82 (17.97)	
6:11.72 (17.90)	6:29.36 (17.64)	6:47.30 (17.94)	7:05.29 (17.99)	
7:23.38 (18.09)	7:41.28 (17.90)	7:59.66 (18.38)	8:17.49 (17.83)	
8:35.39 (17.90)	8:53.29 (17.90)	9:11.37 (18.08)	9:29.39 (18.02)	17:52.26 (8:22.87)
14 Langley, David	14	Beckenham Swimming Club	17:57.98	18:03.72
14.53	30.88 (16.35)	48.27 (17.39)	1:05.61 (17.34)	
1:22.94 (17.33)	1:40.44 (17.50)	1:57.75 (17.31)	2:15.32 (17.57)	
2:33.25 (17.93)	2:50.97 (17.72)	3:08.83 (17.86)	3:26.68 (17.85)	
3:44.79 (18.11)	4:02.86 (18.07)	4:21.05 (18.19)	4:39.05 (18.00)	
4:57.06 (18.01)	5:15.15 (18.09)	5:33.33 (18.18)	5:51.45 (18.12)	
6:09.65 (18.20)	6:27.86 (18.21)	6:46.13 (18.27)	7:04.32 (18.19)	
7:22.51 (18.19)	7:40.70 (18.19)	7:58.54 (17.84)	8:16.95 (18.41)	
8:35.12 (18.17)	8:53.45 (18.33)	9:11.93 (18.48)	9:30.14 (18.21)	18:03.72 (8:33.58)
15 Dakin, Jimmy	15	Leander Swimming Club	18:06.79	18:03.92
14.71	31.10 (16.39)	48.12 (17.02)	1:05.85 (17.73)	
1:23.09 (17.24)	1:40.71 (17.62)	1:58.31 (17.60)	2:15.65 (17.34)	
2:33.47 (17.82)	2:51.36 (17.89)	3:09.13 (17.77)	3:26.87 (17.74)	
3:45.22 (18.35)	4:03.44 (18.22)	4:21.72 (18.28)	4:39.94 (18.22)	
4:58.07 (18.13)	5:16.60 (18.53)	5:34.74 (18.14)	5:52.86 (18.12)	
6:11.25 (18.39)	6:29.43 (18.18)	6:47.96 (18.53)	7:06.65 (18.69)	
7:25.23 (18.58)	7:43.57 (18.34)	8:01.83 (18.26)	8:20.07 (18.24)	
8:38.28 (18.21)	8:56.75 (18.47)	9:14.93 (18.18)	9:33.14 (18.21)	18:03.92 (8:30.78)

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

**(Event 131 Men 11-15 1500 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
16 Oden, Baran	13	Barking and Dagenham Aquatics	18:17.34	18:13.00
14.99	31.64 (16.65)	48.69 (17.05)	1:06.27 (17.58)	
1:24.04 (17.77)	1:42.05 (18.01)	1:59.66 (17.61)	2:18.01 (18.35)	
2:35.80 (17.79)	2:53.92 (18.12)	3:12.24 (18.32)	3:30.72 (18.48)	
3:48.51 (17.79)	4:06.35 (17.84)	4:24.09 (17.74)	4:42.33 (18.24)	
5:00.60 (18.27)	5:19.14 (18.54)	5:37.48 (18.34)	5:56.22 (18.74)	
6:14.27 (18.05)	6:32.80 (18.53)	6:51.18 (18.38)	7:09.61 (18.43)	
7:27.98 (18.37)	7:46.63 (18.65)	8:04.90 (18.27)	8:23.70 (18.80)	
8:42.05 (18.35)	9:00.99 (18.94)	9:19.28 (18.29)	9:38.00 (18.72)	18:13.00 (8:35.00)
17 Pratt, Lanre	13	Chelsea and Westminster Swimmi	18:37.69	18:16.77
15.41	32.44 (17.03)	50.46 (18.02)	1:08.73 (18.27)	
1:26.95 (18.22)	1:45.62 (18.67)	2:04.38 (18.76)	2:22.97 (18.59)	
2:41.39 (18.42)	2:59.88 (18.49)	3:18.56 (18.68)	3:37.13 (18.57)	
3:55.69 (18.56)	4:14.01 (18.32)	4:32.60 (18.59)	4:51.12 (18.52)	
5:09.37 (18.25)	5:27.69 (18.32)	5:46.27 (18.58)	6:04.85 (18.58)	
6:23.11 (18.26)	6:41.54 (18.43)	7:00.01 (18.47)	7:18.22 (18.21)	
7:36.49 (18.27)	7:54.77 (18.28)	8:13.04 (18.27)	8:31.62 (18.58)	
8:49.96 (18.34)	9:08.37 (18.41)	9:26.87 (18.50)	9:45.25 (18.38)	18:16.77 (8:31.52)
18 Thomas, Sonny	13	Leander Swimming Club	18:34.49	19:05.64
15.70	33.09 (17.39)	50.87 (17.78)	1:09.24 (18.37)	
1:28.12 (18.88)	1:46.52 (18.40)	2:05.41 (18.89)	2:24.38 (18.97)	
2:43.58 (19.20)	3:01.95 (18.37)	3:20.73 (18.78)	3:39.20 (18.47)	
3:58.06 (18.86)	4:17.09 (19.03)	4:36.81 (19.72)	4:55.68 (18.87)	
5:15.05 (19.37)	5:33.99 (18.94)	5:53.20 (19.21)	6:12.39 (19.19)	
6:32.03 (19.64)	6:50.87 (18.84)	7:10.52 (19.65)	7:29.47 (18.95)	
7:48.60 (19.13)	8:07.44 (18.84)	8:27.11 (19.67)	8:46.61 (19.50)	
9:06.39 (19.78)	9:25.27 (18.88)	9:44.79 (19.52)	10:03.83 (19.04)	19:05.64 (9:01.81)

**Event 131 Men 16 & Over 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Leberl, Timothy	17	Beckenham Swimming Club	16:10.07	16:33.22
13.63	28.53 (14.90)	43.81 (15.28)	59.35 (15.54)	
1:15.12 (15.77)	1:31.09 (15.97)	1:47.00 (15.91)	2:03.18 (16.18)	
2:19.06 (15.88)	2:35.26 (16.20)	2:51.40 (16.14)	3:07.66 (16.26)	
3:23.92 (16.26)	3:40.19 (16.27)	3:57.04 (16.85)	4:13.44 (16.40)	
4:29.97 (16.53)	4:46.47 (16.50)	5:03.08 (16.61)	5:19.65 (16.57)	
5:36.50 (16.85)	5:53.12 (16.62)	6:09.62 (16.50)	6:25.77 (16.15)	
6:42.56 (16.79)	6:59.03 (16.47)	7:15.45 (16.42)	7:31.65 (16.20)	
7:48.13 (16.48)	8:04.36 (16.23)	8:20.95 (16.59)	8:37.26 (16.31)	16:33.22 (7:55.96)

**Event 132 Women 11-15 100 SC Meter IM**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Sweeney, Rebecca	15	Barnes SC	1:09.66	1:08.28
14.34	31.71 (17.37)	51.68 (19.97)	1:08.28 (16.60)	
2 Sargent, Imogen	15	Chelsea and Westminster Swimmi	1:10.37	1:08.47
13.89	32.43 (18.54)	51.82 (19.39)	1:08.47 (16.65)	
3 Jackson, Samantha	14	Orpingon OJ	1:09.90	1:09.71
14.37	31.93 (17.56)	53.12 (21.19)	1:09.71 (16.59)	
4 Grove, Thomasina	13	Chelsea and Westminster Swimmi	1:09.89	1:09.75
13.71	31.46 (17.75)	53.28 (21.82)	1:09.75 (16.47)	
5 Ogden, Mika	13	Hackney Aquatics	1:11.01	1:09.88
14.17	31.31 (17.14)	52.94 (21.63)	1:09.88 (16.94)	
6 Jackson, Sophia	15	Sutton & Cheam	1:10.49	1:10.89
14.23	31.08 (16.85)	54.14 (23.06)	1:10.89 (16.75)	
7 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	1:10.05	1:10.91
14.88	34.22 (19.34)	53.76 (19.54)	1:10.91 (17.15)	
8 McEver, Ella	14	Camden Swiss Cottage Swimming	1:10.49	1:11.45
14.52	33.45 (18.93)	53.84 (20.39)	1:11.45 (17.61)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Event 132 Women 11-15 100 SC Meter IM**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Sweeney, Rebecca	15	Barnes SC	1:08.90	1:09.66
14.51	32.25 (17.74)	52.69 (20.44)	1:09.66 (16.97)	
2 Grove, Thomasina	13	Chelsea and Westminster Swimmi	1:12.99	1:09.89
13.75	31.26 (17.51)	53.27 (22.01)	1:09.89 (16.62)	
3 Jackson, Samantha	14	Orpingon OJ	1:09.41	1:09.90
14.52	32.50 (17.98)	53.49 (20.99)	1:09.90 (16.41)	
4 Kinsler, Teddy	15	Dulwich Dolphins Swimming Club	1:11.55	1:10.05
14.52	33.68 (19.16)	53.07 (19.39)	1:10.05 (16.98)	
5 Sargent, Imogen	15	Chelsea and Westminster Swimmi	1:11.00	1:10.37
14.16	31.96 (17.80)	53.03 (21.07)	1:10.37 (17.34)	
*6 McEver, Ella	14	Camden Swiss Cottage Swimming	1:12.33	1:10.49
14.35	32.76 (18.41)	53.02 (20.26)	1:10.49 (17.47)	
*6 Jackson, Sophia	15	Sutton & Cheam	1:10.50	1:10.49
14.06	31.15 (17.09)	53.58 (22.43)	1:10.49 (16.91)	
8 Ogden, Mika	13	Hackney Aquatics	1:12.20	1:11.01
14.30	32.07 (17.77)	53.42 (21.35)	1:11.01 (17.59)	
9 Hayes, Mabel	13	Anaconda Swimming Club	1:11.83	1:11.18
14.34	32.56 (18.22)	54.19 (21.63)	1:11.18 (16.99)	
10 Miller, Amani	15	London Borough of Hounslow	1:08.67	1:11.26
14.71	32.87 (18.16)	53.86 (20.99)	1:11.26 (17.40)	
11 McCall, Mikayla	15	Kingston Royals Swimming Club	1:09.72	1:11.80
14.51	31.98 (17.47)	54.43 (22.45)	1:11.80 (17.37)	

**Event 132 Women 16 & Over 100 SC Meter IM**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Meers, Imogen	17	Bromley Swimming Club	1:04.74	1:05.77
13.63	29.90 (16.27)	49.45 (19.55)	1:05.77 (16.32)	
2 Hawley, Lucy	19	Kingston Royals Swimming Club	1:07.52	1:06.92
13.98	31.33 (17.35)	50.90 (19.57)	1:06.92 (16.02)	
3 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	1:07.29	1:08.37
14.26	32.42 (18.16)	52.10 (19.68)	1:08.37 (16.27)	
4 Surminski, Emily	17	Brompton Swimming Club	1:10.05	1:08.94
14.46	32.30 (17.84)	51.70 (19.40)	1:08.94 (17.24)	
5 Van Brakel, Saskia	21	Brompton Swimming Club	1:08.65	1:09.30
14.53	32.35 (17.82)	51.95 (19.60)	1:09.30 (17.35)	
6 Kelly, Alesha	17	Brompton Swimming Club	1:09.73	1:10.27
14.09	32.25 (18.16)	53.65 (21.40)	1:10.27 (16.62)	

**Event 132 Women 16 & Over 100 SC Meter IM**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Meers, Imogen	17	Bromley Swimming Club	1:05.43	1:04.74
13.45	29.43 (15.98)	48.50 (19.07)	1:04.74 (16.24)	
2 Stoimenova, Kameliya	16	Newham & Uel Swimming Club	1:07.78	1:07.29
14.17	31.82 (17.65)	50.98 (19.16)	1:07.29 (16.31)	
3 Hawley, Lucy	19	Kingston Royals Swimming Club	1:10.43	1:07.52
13.61	30.98 (17.37)	51.07 (20.09)	1:07.52 (16.45)	
4 Van Brakel, Saskia	21	Brompton Swimming Club	1:10.16	1:08.65
14.41	32.86 (18.45)	51.65 (18.79)	1:08.65 (17.00)	
5 Kelly, Alesha	17	Brompton Swimming Club	1:08.92	1:09.73
14.01	31.73 (17.72)	52.94 (21.21)	1:09.73 (16.79)	
6 Surminski, Emily	17	Brompton Swimming Club	1:08.98	1:10.05
14.76	32.71 (17.95)	52.43 (19.72)	1:10.05 (17.62)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Event 133 Men 11-15 200 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	2:08.63	2:07.36
	14.26	29.94 (15.68)	46.26 (16.32)	1:02.66 (16.40)
	1:18.87 (16.21)	1:35.15 (16.28)	1:51.68 (16.53)	2:07.36 (15.68)
2 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	2:13.60	2:12.56
	14.82	31.11 (16.29)	48.11 (17.00)	1:05.43 (17.32)
	1:22.64 (17.21)	1:39.91 (17.27)	1:56.85 (16.94)	2:12.56 (15.71)
3 Gabriel, Aaron	14	Barking and Dagenham Aquatics	2:15.50	2:13.47
	15.18	31.47 (16.29)	48.32 (16.85)	1:05.29 (16.97)
	1:22.40 (17.11)	1:39.57 (17.17)	1:56.74 (17.17)	2:13.47 (16.73)
4 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	2:15.75	2:15.49
	16.05	33.04 (16.99)	1:25.02 (51.98)	1:07.81 ( )
	1:59.05 (51.24)	1:42.11 ( )	2:15.49 (33.38)	
5 Bennett, Adam	15	Hillingdon Swimming Club	2:15.61	2:15.96
	15.15	31.78 (16.63)	48.79 (17.01)	1:06.19 (17.40)
	1:23.42 (17.23)	1:41.28 (17.86)	1:58.83 (17.55)	2:15.96 (17.13)
6 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:18.47	2:17.10
	15.27	31.73 (16.46)	48.61 (16.88)	1:06.12 (17.51)
	1:23.76 (17.64)	1:41.65 (17.89)	1:59.42 (17.77)	2:17.10 (17.68)
7 Biss, Brandon	14	Camden Swiss Cottage Swimming	2:15.55	2:18.19
	15.81	32.36 (16.55)	49.84 (17.48)	1:07.36 (17.52)
	1:24.96 (17.60)	1:42.68 (17.72)	2:00.64 (17.96)	2:18.19 (17.55)
8 Tunsley, Jamie	15	Bexley Swimming Club	2:20.82	2:19.25
	15.75	32.28 (16.53)	49.36 (17.08)	1:06.93 (17.57)
	1:24.81 (17.88)	1:42.72 (17.91)	2:01.38 (18.66)	2:19.25 (17.87)

**Event 133 Men 11-15 200 SC Meter Backstroke**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Dragasius, Donatas	15	Camden Swiss Cottage Swimming	2:09.45	2:08.63
	14.21	29.86 (15.65)	46.15 (16.29)	1:03.08 (16.93)
	1:19.52 (16.44)	1:36.18 (16.66)	1:52.67 (16.49)	2:08.63 (15.96)
2 Overton, Joe	15	Enfield Swim Squad	2:11.52	2:12.27
	30.91 ( )	47.65 (16.74)	1:04.57 (16.92)	
	1:21.42 (16.85)	1:38.53 (17.11)	1:55.77 (17.24)	2:12.27 (16.50)
3 Ridgley, Samuel	15	Dulwich Dolphins Swimming Club	2:11.31	2:13.60
	14.93	31.25 (16.32)	48.45 (17.20)	1:05.99 (17.54)
	1:22.89 (16.90)	1:40.04 (17.15)	1:57.54 (17.50)	2:13.60 (16.06)
4 Gabriel, Aaron	14	Barking and Dagenham Aquatics	2:17.71	2:15.50
	15.62	31.86 (16.24)	48.79 (16.93)	1:06.00 (17.21)
	1:23.38 (17.38)	1:40.91 (17.53)	1:58.67 (17.76)	2:15.50 (16.83)
5 Biss, Brandon	14	Camden Swiss Cottage Swimming	2:17.85	2:15.55
	15.35	19.32 (3.97)	48.49 (29.17)	1:06.12 (17.63)
	1:23.33 (17.21)	1:41.05 (17.72)	1:58.37 (17.32)	2:15.55 (17.18)
6 Bennett, Adam	15	Hillingdon Swimming Club	2:16.15	2:15.61
	15.51	32.33 (16.82)	49.58 (17.25)	1:07.24 (17.66)
	1:24.62 (17.38)	1:42.10 (17.48)	1:59.18 (17.08)	2:15.61 (16.43)
7 Hazelwood, Turner	15	Dulwich Dolphins Swimming Club	2:23.36	2:15.75
	15.87	31.91 (16.04)	48.89 (16.98)	1:05.60 (16.71)
	1:22.87 (17.27)		1:58.40 ( )	2:15.75 (17.35)
8 Whittles, Edward	13	Chelsea and Westminster Swimmi	2:19.72	2:18.47
	15.52	32.37 (16.85)	49.60 (17.23)	1:07.21 (17.61)
	1:24.88 (17.67)	1:42.91 (18.03)	2:00.63 (17.72)	2:18.47 (17.84)
9 Pauling, Edward	15	Beckenham Swimming Club	2:18.29	2:19.75
	15.07	31.26 (16.19)	48.28 (17.02)	1:06.40 (18.12)
	1:24.71 (18.31)	1:43.23 (18.52)	2:01.36 (18.13)	2:19.75 (18.39)

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 133 Men 11-15 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
10 Tunsley, Jamie	15	Bexley Swimming Club	2:23.78	2:20.82
16.01	33.08 (17.07)	50.63 (17.55)	1:08.85 (18.22)	
1:26.97 (18.12)	1:44.92 (17.95)	2:03.42 (18.50)	2:20.82 (17.40)	
11 Davies, Louis	15	Kingston Royals Swimming Club	2:21.58	2:21.13
15.50	31.99 (16.49)	49.31 (17.32)	1:07.52 (18.21)	
1:25.88 (18.36)	1:44.37 (18.49)	2:03.07 (18.70)	2:21.13 (18.06)	
12 Cohen, Jacob	14	Camden Swiss Cottage Swimming	2:24.51	2:21.58
16.29	33.37 (17.08)	51.23 (17.86)	1:09.38 (18.15)	
1:27.52 (18.14)	1:45.79 (18.27)	2:03.89 (18.10)	2:21.58 (17.69)	
13 Moyles, Liam	15	Broomfield Park Swimming Club	2:22.55	2:22.10
15.08	31.97 (16.89)	49.30 (17.33)	1:07.53 (18.23)	
1:26.02 (18.49)	1:44.69 (18.67)	2:03.65 (18.96)	2:22.10 (18.45)	
14 Ryan, Samuel	13	Orpington OJ	2:26.39	2:22.63
16.06	33.77 (17.71)	52.64 (18.87)	1:10.82 (18.18)	
1:29.39 (18.57)	1:48.02 (18.63)	2:06.37 (18.35)	2:22.63 (16.26)	
15 Irvine, William	14	Sutton & Cheam	2:23.34	2:22.68
15.80	32.46 (16.66)	50.53 (18.07)	1:09.28 (18.75)	
1:28.04 (18.76)	1:46.70 (18.66)	2:05.35 (18.65)	2:22.68 (17.33)	
16 Carlton, Fraser	15	Hackney Aquatics	2:27.96	2:22.86
15.56	32.68 (17.12)	51.06 (18.38)	1:09.53 (18.47)	
1:27.93 (18.40)	1:46.77 (18.84)	2:22.86 (36.09)		
17 Treadwell, Theo	13	Greenwich Royals Swimming Club	2:33.91	2:23.65
15.88	32.77 (16.89)	50.46 (17.69)	1:08.81 (18.35)	
1:27.57 (18.76)	1:46.45 (18.88)	2:05.61 (19.16)	2:23.65 (18.04)	
18 Robinson, Harry	15	Barking and Dagenham Aquatics	2:27.40	2:23.78
16.50	34.58 (18.08)	52.44 (17.86)	1:10.67 (18.23)	
1:28.73 (18.06)	1:47.26 (18.53)	2:05.90 (18.64)	2:23.78 (17.88)	
19 Emerton, Matthew	15	Hillingdon Swimming Club	2:27.49	2:24.59
16.38	34.18 (17.80)	52.25 (18.07)	1:11.11 (18.86)	
1:29.97 (18.86)	1:49.32 (19.35)	2:07.90 (18.58)	2:24.59 (16.69)	
20 Zeren, Mehmet	13	Brompton Swimming Club	2:25.97	2:24.87
16.28	34.12 (17.84)	52.40 (18.28)	1:10.73 (18.33)	
1:29.23 (18.50)	1:47.94 (18.71)	2:06.64 (18.70)	2:24.87 (18.23)	
21 Austin, Alex	15	Hillingdon Swimming Club	2:16.55	2:24.88
16.08	33.48 (17.40)	51.40 (17.92)	1:10.26 (18.86)	
1:28.99 (18.73)	1:47.92 (18.93)	2:06.66 (18.74)	2:24.88 (18.22)	
22 Dufour, Lorenzo	15	Brompton Swimming Club	2:29.96	2:25.29
15.90	33.26 (17.36)	51.22 (17.96)	1:09.44 (18.22)	
1:27.71 (18.27)	1:46.60 (18.89)	2:05.96 (19.36)	2:25.29 (19.33)	
23 Gray, Henry	13	Chelsea and Westminster Swimmi	2:28.69	2:27.08
16.16	33.62 (17.46)	51.82 (18.20)	1:10.49 (18.67)	
1:29.65 (19.16)	1:48.94 (19.29)	2:08.54 (19.60)	2:27.08 (18.54)	
24 Lander, Samuel	13	Bromley Swimming Club	2:32.85	2:27.37
16.31	33.63 (17.32)	52.69 (19.06)	1:11.12 (18.43)	
1:30.76 (19.64)	1:49.71 (18.95)	2:09.04 (19.33)	2:27.37 (18.33)	
25 Miranda, Juan	15	Chelsea and Westminster Swimmi	2:28.44	2:27.38
16.74	34.28 (17.54)	53.05 (18.77)	1:11.85 (18.80)	
1:30.89 (19.04)	1:50.43 (19.54)	2:09.37 (18.94)	2:27.38 (18.01)	
26 Duncan, Callum	15	Bo Of Harrow	2:30.56	2:28.61
16.66	34.94 (18.28)	53.61 (18.67)	1:12.69 (19.08)	
1:31.82 (19.13)	1:51.01 (19.19)	2:10.00 (18.99)	2:28.61 (18.61)	
27 Chilton, Christo	14	Dulwich Dolphins Swimming Club	2:30.03	2:28.76
16.91	34.66 (17.75)	53.18 (18.52)	1:12.03 (18.85)	
1:31.26 (19.23)	1:50.75 (19.49)	2:10.04 (19.29)	2:28.76 (18.72)	
28 Tallec-Botos, Kynan	13	Brompton Swimming Club	2:32.54	2:29.21
17.19	35.89 (18.70)	54.53 (18.64)	1:13.63 (19.10)	
1:32.61 (18.98)	1:51.85 (19.24)	2:10.92 (19.07)	2:29.21 (18.29)	



**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 133 Men 11-15 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
29 Jiron, Michael	14	Croydon Amphibians Swimming Cl	2:35.20	2:29.56
16.75	34.68 (17.93)	53.40 (18.72)	1:12.84 (19.44)	
1:32.55 (19.71)	1:52.21 (19.66)	2:10.95 (18.74)	2:29.56 (18.61)	
30 Malcev, Lucas	12	Bethnal Green Swimming Club	2:33.89	2:30.02
16.97	34.76 (17.79)	53.07 (18.31)	1:11.79 (18.72)	
1:31.57 (19.78)	1:51.11 (19.54)	2:11.27 (20.16)	2:30.02 (18.75)	
31 Charles, Maceo	14	Ealing Swimming Club	2:33.13	2:30.44
16.56	34.48 (17.92)	53.32 (18.84)	1:12.70 (19.38)	
1:32.21 (19.51)	1:52.02 (19.81)	2:11.65 (19.63)	2:30.44 (18.79)	
32 Khadraoui, Sami	14	Enfield Swim Squad	2:34.38	2:31.35
16.81	34.96 (18.15)	54.09 (19.13)	1:13.48 (19.39)	
1:33.04 (19.56)	1:53.15 (20.11)	2:12.61 (19.46)	2:31.35 (18.74)	
33 Hare, Jake	15	London Borough of Redbridge SC	2:33.03	2:31.43
17.42	35.06 (17.64)	54.45 (19.39)	1:14.22 (19.77)	
1:33.94 (19.72)	1:53.71 (19.77)	2:12.97 (19.26)	2:31.43 (18.46)	
34 Lea, Tom	13	Hackney Aquatics	2:32.25	2:31.84
17.03	35.35 (18.32)	54.08 (18.73)	1:13.53 (19.45)	
1:33.10 (19.57)	1:52.81 (19.71)	2:12.52 (19.71)	2:31.84 (19.32)	
35 Kistic, Damjan	13	Chelsea and Westminster Swimmi	2:34.95	2:32.16
16.38	35.02 (18.64)	54.34 (19.32)	1:14.07 (19.73)	
1:33.56 (19.49)		2:13.23 ( )	2:32.16 (18.93)	
36 Tutt, Alessio	14	Bromley Swimming Club	2:32.03	2:32.31
17.63	35.47 (17.84)	54.08 (18.61)	1:13.79 (19.71)	
1:33.25 (19.46)	1:53.28 (20.03)	2:13.08 (19.80)	2:32.31 (19.23)	
37 Booth, Rex	14	Ealing Swimming Club	2:35.25	2:32.78
16.93	35.67 (18.74)	54.84 (19.17)	1:14.50 (19.66)	
1:34.26 (19.76)	1:54.07 (19.81)	2:13.48 (19.41)	2:32.78 (19.30)	

**Event 133 Men 16 & Over 200 SC Meter Backstroke**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Britton, John	24	Ealing Swimming Club	2:06.51	2:02.94
14.53	29.75 (15.22)	45.20 (15.45)	1:01.06 (15.86)	
1:16.58 (15.52)	1:32.30 (15.72)	1:47.92 (15.62)	2:02.94 (15.02)	
2 Olin, Jackson	17	Camden Swiss Cottage Swimming	2:03.58	2:04.44
13.81	28.87 (15.06)		1:00.32 ( )	
	1:31.80 ( )	2:04.44 (32.64)		
3 Penney, Rohan	18	Wandsworth Swimming Club	2:11.27	2:09.43
14.72	30.32 (15.60)	46.47 (16.15)	1:03.11 (16.64)	
1:19.89 (16.78)	1:36.63 (16.74)	1:53.11 (16.48)	2:09.43 (16.32)	
4 Duni, Thomas	18	Bexley Swimming Club	2:09.88	2:11.10
14.75	30.83 (16.08)	47.58 (16.75)	1:04.33 (16.75)	
1:21.25 (16.92)	1:38.23 (16.98)	1:55.03 (16.80)	2:11.10 (16.07)	
5 Chana, Dillon	16	Hillingdon Swimming Club	2:11.31	2:12.01
14.52	30.43 (15.91)	46.52 (16.09)	1:03.38 (16.86)	
1:20.18 (16.80)	1:37.37 (17.19)	1:54.72 (17.35)	2:12.01 (17.29)	
6 Giordani, Shakil	17	Haringey Aquatics	2:11.05	2:12.24
14.60	30.67 (16.07)	47.64 (16.97)	1:05.29 (17.65)	
1:22.03 (16.74)	1:39.30 (17.27)	1:56.70 (17.40)	2:12.24 (15.54)	
7 Ogden, Kai	16	Hackney Aquatics	2:12.17	2:13.39
15.08	31.41 (16.33)	48.08 (16.67)	1:05.05 (16.97)	
1:22.08 (17.03)	1:39.32 (17.24)	1:56.71 (17.39)	2:13.39 (16.68)	
8 Ahmed, Ilyas	16	Hackney Aquatics	2:12.13	2:14.68
14.74	31.38 (16.64)	48.17 (16.79)	1:05.59 (17.42)	
1:22.42 (16.83)	1:39.81 (17.39)	1:57.69 (17.88)	2:14.68 (16.99)	

## London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019

## Results

## Event 133 Men 16 &amp; Over 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Olin, Jackson	17	Camden Swiss Cottage Swimming	2:01.53	2:03.58
14.22	29.22 (15.00)	45.07 (15.85)	1:01.24 (16.17)	
1:16.75 (15.51)	1:32.16 (15.41)	1:48.10 (15.94)	2:03.58 (15.48)	
2 Britton, John	24	Ealing Swimming Club	2:07.35	2:06.51
14.65	29.80 (15.15)	45.74 (15.94)	1:01.78 (16.04)	
1:18.23 (16.45)	1:34.27 (16.04)	1:50.51 (16.24)	2:06.51 (16.00)	
3 Duni, Thomas	18	Bexley Swimming Club	2:16.16	2:09.88
14.71	30.94 (16.23)	47.72 (16.78)	1:04.46 (16.74)	
1:21.15 (16.69)	1:37.80 (16.65)	1:53.99 (16.19)	2:09.88 (15.89)	
4 Giordani, Shakil	17	Haringey Aquatics	2:10.58	2:11.05
13.99	29.28 (15.29)	45.17 (15.89)	1:02.22 (17.05)	
1:19.10 (16.88)	1:36.50 (17.40)	1:54.10 (17.60)	2:11.05 (16.95)	
5 Penney, Rohan	18	Wandsworth Swimming Club	2:09.91	2:11.27
14.61	30.25 (15.64)	46.60 (16.35)	1:03.17 (16.57)	
1:20.19 (17.02)	1:37.02 (16.83)	1:54.62 (17.60)	2:11.27 (16.65)	
6 Chana, Dillon	16	Hillingdon Swimming Club	2:07.63	2:11.31
14.68	30.36 (15.68)	45.99 (15.63)	1:01.77 (15.78)	
1:18.71 (16.94)	1:35.41 (16.70)	1:53.67 (18.26)	2:11.31 (17.64)	
7 Ahmed, Ilyas	16	Hackney Aquatics	2:11.75	2:12.13
14.52	30.25 (15.73)	46.95 (16.70)	1:04.22 (17.27)	
1:20.72 (16.50)	1:38.04 (17.32)	1:55.41 (17.37)	2:12.13 (16.72)	
8 Ogden, Kai	16	Hackney Aquatics	2:13.01	2:12.17
15.48	31.43 (15.95)	47.83 (16.40)	1:04.64 (16.81)	
1:21.48 (16.84)	1:38.37 (16.89)	1:55.41 (17.04)	2:12.17 (16.76)	
9 Koster, Willem	17	Dulwich Dolphins Swimming Club	2:08.17	2:12.84
14.32	30.24 (15.92)	46.48 (16.24)	1:03.29 (16.81)	
1:19.96 (16.67)	1:37.44 (17.48)	1:55.10 (17.66)	2:12.84 (17.74)	
10 Colling, Logan	16	Hillingdon Swimming Club	2:16.15	2:14.34
15.52	32.30 (16.78)	49.21 (16.91)	1:06.55 (17.34)	
1:23.53 (16.98)	1:40.80 (17.27)	1:57.71 (16.91)	2:14.34 (16.63)	
11 Wilson, Alexander	18	Brompton Swimming Club	2:18.03	2:17.07
14.70	31.07 (16.37)	48.17 (17.10)	1:05.85 (17.68)	
1:23.55 (17.70)	1:41.54 (17.99)	1:59.62 (18.08)	2:17.07 (17.45)	
12 Wild, Jack	17	Sutton & Cheam	2:16.86	2:17.09
15.04	31.26 (16.22)	48.35 (17.09)	1:05.54 (17.19)	
1:22.92 (17.38)	1:40.91 (17.99)	1:59.32 (18.41)	2:17.09 (17.77)	
13 Caravati-Pringle, Matteo	16	Haringey Aquatics	2:15.34	2:18.15
15.89	32.11 (16.22)	49.02 (16.91)	1:06.62 (17.60)	
1:24.66 (18.04)	1:42.65 (17.99)	2:00.73 (18.08)	2:18.15 (17.42)	
14 Isaza Ocampo, Alejandro	18	Haringey Aquatics	2:19.23	2:20.16
15.13	31.32 (16.19)	48.16 (16.84)	1:06.24 (18.08)	
1:24.18 (17.94)	1:43.04 (18.86)	2:01.88 (18.84)	2:20.16 (18.28)	
15 Peel, Max	16	Orpington OJ	2:20.65	2:21.32
15.43	32.47 (17.04)	50.12 (17.65)	1:08.54 (18.42)	
1:27.24 (18.70)	1:45.72 (18.48)	2:03.51 (17.79)	2:21.32 (17.81)	
16 Vencatachellum, Brandon-N	16	South Croydon Swimming Club	2:20.83	2:21.66
15.56	32.52 (16.96)	49.89 (17.37)	1:08.08 (18.19)	
1:26.48 (18.40)	1:45.20 (18.72)	2:03.70 (18.50)	2:21.66 (17.96)	
17 Japal, Lewis	16	Enfield Swim Squad	2:24.48	2:23.86
16.05	33.35 (17.30)	51.51 (18.16)	1:09.82 (18.31)	
1:28.57 (18.75)	1:47.10 (18.53)	2:05.88 (18.78)	2:23.86 (17.98)	
18 Ramaiya, Shanil	17	Bo Of Harrow	2:25.30	2:25.80
15.98	33.07 (17.09)	51.08 (18.01)	1:09.80 (18.72)	
1:28.75 (18.95)	1:47.82 (19.07)	2:07.12 (19.30)	2:25.80 (18.68)	

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 133 Men 16 & Over 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
19 Coupland, Benjamin	16	Bo Of Harrow	2:29.50	2:28.70
	16.46	34.24 (17.78)	52.60 (18.36)	1:11.31 (18.71)
	1:30.93 (19.62)	1:50.19 (19.26)	2:09.99 (19.80)	2:28.70 (18.71)

**Event 134 Women 11-15 50 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Musial, Zoe	15	Chelsea and Westminster Swimmi	29.13	29.06
	13.61	29.06 (15.45)		
2 Cottrell, Annabella	13	Greenwich Royals Swimming Club	29.11	29.26
	13.75	29.26 (15.51)		
3 Grove, Thomasina	13	Chelsea and Westminster Swimmi	29.24	29.41
	13.49	29.41 (15.92)		
4 Paisley, Tallulah	15	Natare West London	29.77	29.67
	13.82	29.67 (15.85)		
5 Mujer, Maegan	14	Sutton & Cheam	29.91	29.79
	13.76	29.79 (16.03)		
6 Saeijs, Lilou	14	Bromley Swimming Club	30.13	30.12
	14.14	30.12 (15.98)		
7 Corver, Alicia	15	Bromley Swimming Club	30.02	30.29
	14.07	30.29 (16.22)		
8 Medcalf, Lucy Jane	14	Sutton & Cheam	30.19	30.90
	14.14	30.90 (16.76)		

**Event 134 Women 11-15 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Cottrell, Annabella	13	Greenwich Royals Swimming Club	29.60	29.11
	13.32	29.11 (15.79)		
2 Musial, Zoe	15	Chelsea and Westminster Swimmi	29.58	29.13
	13.33	29.13 (15.80)		
3 Grove, Thomasina	13	Chelsea and Westminster Swimmi	30.14	29.24
	13.60	29.24 (15.64)		
4 Paisley, Tallulah	15	Natare West London	29.04	29.77
	13.71	29.77 (16.06)		
5 Mujer, Maegan	14	Sutton & Cheam	29.93	29.91
	13.83	29.91 (16.08)		
6 Corver, Alicia	15	Bromley Swimming Club	29.87	30.02
	13.99	30.02 (16.03)		
7 Saeijs, Lilou	14	Bromley Swimming Club	30.50	30.13
	14.38	30.13 (15.75)		
8 Medcalf, Lucy Jane	14	Sutton & Cheam	30.73	30.19
	13.81	30.19 (16.38)		
9 Moule, Sophia	12	Romford Town Swimming Club	31.45	30.20
	14.06	30.20 (16.14)		
10 Dreleva, Victoria	14	Romford Town Swimming Club	30.36	30.31
	14.07	30.31 (16.24)		
11 Humble, Jasmine	15	Kingston Royals Swimming Club	30.78	30.37
	14.06	30.37 (16.31)		
12 Van Zyl, Kayla	13	Hillingdon Swimming Club	30.14	30.44
	13.75	30.44 (16.69)		
13 Sargent, Imogen	15	Chelsea and Westminster Swimmi	30.97	30.60
	14.01	30.60 (16.59)		
14 Follis, Elizabeth	15	Bromley Swimming Club	30.26	30.64
	14.09	30.64 (16.55)		
15 Berenger-Fleming, Evie	14	Bromley Swimming Club	30.32	30.69
	14.58	30.69 (16.11)		

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 134 Women 11-15 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
16 Hobsley, Jo	15	Barnet Cophthall Swimming Club	29.38	30.70
14.37				30.70 (16.33)
17 Harris, Rachael	14	Kingston Royals Swimming Club	29.94	30.74
14.26				30.74 (16.48)
18 Jackson, Sophia	15	Sutton & Cheam	29.66	30.79
14.26				30.79 (16.53)
*19 Waite, Lily	13	Anaconda Swimming Club	31.18	30.82
14.15				30.82 (16.67)
*19 Llewellyn, Emma	14	Brompton Swimming Club	31.88	30.82
14.07				30.82 (16.75)
*21 McCall, Mikayla	15	Kingston Royals Swimming Club	29.57	30.85
14.24				30.85 (16.61)
*21 Pasakinskaite, Erika	13	Barking and Dagenham Aquatics	30.62	30.85
14.58				30.85 (16.27)
23 Willis, Macy	15	Hillingdon Swimming Club	30.56	30.87
14.48				30.87 (16.39)
24 Hyde, Izzy	13	Kingston Royals Swimming Club	29.64	30.91
14.34				30.91 (16.57)
25 Lambropoulos, Alexis	15	Camden Swiss Cottage Swimming	30.80	31.00
14.58				31.00 (16.42)
26 Miller, Amani	15	London Borough of Hounslow	29.90	31.01
14.34				31.01 (16.67)
27 Dewhurst, Annabel	13	Anaconda Swimming Club	31.00	31.03
14.25				31.03 (16.78)
28 Magliocco, Emilia	14	Camden Swiss Cottage Swimming	31.88	31.04
14.05				31.04 (16.99)
29 Lambropoulos, Ava	12	Camden Swiss Cottage Swimming	32.16	31.09
14.63				31.09 (16.46)
30 Weekly, Katherine	13	Saxon Crown (Lewisham)	30.78	31.11
14.59				31.11 (16.52)
31 Meers, Lily	14	Bromley Swimming Club	30.57	31.16
14.31				31.16 (16.85)
32 Atherton, Leto	15	Anaconda Swimming Club	31.05	31.18
14.71				31.18 (16.47)
33 Jovanov, Mila	14	Dulwich Dolphins Swimming Club	31.02	31.22
14.50				31.22 (16.72)
34 Cummins, Isabella	14	Ealing Swimming Club	31.07	31.30
14.34				31.30 (16.96)
35 Hutt, Ettienne	14	Anaconda Swimming Club	30.38	31.36
14.19				31.36 (17.17)
36 Verbaityte, Emilia	15	Greenwich Royals Swimming Club	30.74	31.41
14.69				31.41 (16.72)
37 Harvey, Orla	15	Teddington Swimming Club	29.47	31.44
14.45				31.44 (16.99)
*38 Bayley, Alice	15	Anaconda Swimming Club	30.48	31.51
14.52				31.51 (16.99)
*38 McCall, Chloe	13	Kingston Royals Swimming Club	31.19	31.51
14.50				31.51 (17.01)
40 Shires, Francesca	15	Hillingdon Swimming Club	31.48	31.53
14.22				31.53 (17.31)
41 Ansari, Aaliyah	15	Bo Of Harrow	31.68	31.56
14.75				31.56 (16.81)
42 McArdle, Kiera	15	Leander Swimming Club	30.79	31.65
14.39				31.65 (17.26)
43 Bhugun, Emma	14	Chelsea and Westminster Swimmi	31.33	31.67
14.32				31.67 (17.35)
*44 Sweeney, Rebecca	15	Barnes SC	31.67	31.77
14.41				31.77 (17.36)

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 134 Women 11-15 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
*44 Hayes, Mabel	13	Anaconda Swimming Club	31.86	31.77
14.43	31.77	(17.34)		
46 Wilkinson, Saskia	13	Leander Swimming Club	30.19	31.89
14.45	31.89	(17.44)		
47 Daffey, Schuyler	15	Brompton Swimming Club	31.44	31.97
14.66	31.97	(17.31)		
48 Yordanova, Magdalena	14	Romford Town Swimming Club	31.67	32.29
14.80	32.29	(17.49)		
49 Sumner, Beth	15	Bexley Swimming Club	31.69	32.30
14.73	32.30	(17.57)		
*50 Wang, Jessica	15	Kingston Royals Swimming Club	31.03	32.31
14.84	32.31	(17.47)		
*50 To, Jessica	13	Leander Swimming Club	30.65	32.31
14.86	32.31	(17.45)		
52 Bridgen, Poppy	14	Hillingdon Swimming Club	31.80	32.38
14.69	32.38	(17.69)		
53 Armstrong, Rebecca	15	Borough of Waltham Forest Gato	31.91	32.58
15.68	32.58	(16.90)		
54 Mucen, Selin	13	Chelsea and Westminster Swimmi	31.49	32.71
14.93	32.71	(17.78)		
*55 Barrett, Alex	14	Teddington Swimming Club	31.43	32.85
14.91	32.85	(17.94)		
*55 Cole, Marion	14	Dulwich Dolphins Swimming Club	31.37	32.85
14.84	32.85	(18.01)		
57 Jolley-Ellis, Blythe	15	Orpington OJ	31.77	32.88
14.91	32.88	(17.97)		
58 White, Sophie	15	Sutton & Cheam	32.05	33.40
15.50	33.40	(17.90)		

**Event 134 Women 16 & Over 50 SC Meter Butterfly**

Name	Age	Team	Prelim Time	Finals Time
<b>Finals</b>				
1 Judge, Brodie	18	Ealing Swimming Club	28.46	28.21
13.26	28.21	(14.95)		
2 Smith, Annabel	16	Bromley Swimming Club	28.87	28.61
13.27	28.61	(15.34)		
3 Meers, Imogen	17	Bromley Swimming Club	28.34	28.77
13.46	28.77	(15.31)		
4 Hawley, Lucy	19	Kingston Royals Swimming Club	29.23	29.00
13.41	29.00	(15.59)		
5 Luhmann, Eve	17	Beckenham Swimming Club	28.63	29.17
13.27	29.17	(15.90)		
6 Van Selm, Emma	16	Bromley Swimming Club	29.03	29.22
13.25	29.22	(15.97)		
7 Ransome, Ashley	24	Enfield Swim Squad	29.49	29.58
13.58	29.58	(16.00)		
8 Macgonigal, Hazel	16	Bo Of Harrow	29.55	29.87
13.76	29.87	(16.11)		

**Event 134 Women 16 & Over 50 SC Meter Butterfly**

Name	Age	Team	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Meers, Imogen	17	Bromley Swimming Club	27.57	28.34
13.29	28.34	(15.05)		
2 Judge, Brodie	18	Ealing Swimming Club	28.46	28.46
13.38	28.46	(15.08)		
*3 Thornton, Lucy	20	Ealing Swimming Club	27.68	28.63
13.31	28.63	(15.32)		

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019****Results****Preliminaries ... (Event 134 Women 16 & Over 50 SC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
*3 Luhmann, Eve	17	Beckenham Swimming Club	28.84	28.63
13.59	28.63 (15.04)			
5 Smith, Annabel	16	Bromley Swimming Club	28.00	28.87
13.52	28.87 (15.35)			
6 Van Selm, Emma	16	Bromley Swimming Club	28.33	29.03
13.26	29.03 (15.77)			
7 Hawley, Lucy	19	Kingston Royals Swimming Club	28.92	29.23
13.63	29.23 (15.60)			
8 Ransome, Ashley	24	Enfield Swim Squad	28.31	29.49
13.65	29.49 (15.84)			
9 Macgonigal, Hazel	16	Bo Of Harrow	30.52	29.55
13.68	29.55 (15.87)			
10 Wallrock, Isla	16	Brompton Swimming Club	29.87	29.69
13.62	29.69 (16.07)			
11 Ground, Sophia	18	Brompton Swimming Club	31.13	29.70
13.50	29.70 (16.20)			
12 Kelly, Alesha	17	Brompton Swimming Club	29.58	29.72
13.94	29.72 (15.78)			
13 Lewis, Fleur	16	Barnet Cophthall Swimming Club	29.67	30.06
13.85	30.06 (16.21)			
14 O'Flynn, Hannah	17	Bromley Swimming Club	29.36	30.27
14.19	30.27 (16.08)			
15 Adjei, Nubia	16	Sutton & Cheam	29.52	30.31
13.79	30.31 (16.52)			
16 Coyle, Ruby	17	Bo Of Harrow	30.02	30.61
14.09	30.61 (16.52)			
17 Lambropoulos, Athena	17	Camden Swiss Cottage Swimming	30.39	30.70
14.26	30.70 (16.44)			
18 Mitchell, Lydia	16	Beckenham Swimming Club	31.46	31.22
14.27	31.22 (16.95)			
*19 Brock, Dorothy	16	Anaconda Swimming Club	29.89	31.38
14.17	31.38 (17.21)			
*19 Celul, Sydney	17	Anaconda Swimming Club	30.64	31.38
14.09	31.38 (17.29)			
21 Altankhuyag, Enerel	18	Dulwich Dolphins Swimming Club	30.12	31.42
14.58	31.42 (16.84)			
22 Alonso Bizzi, Arianna	18	Brompton Swimming Club	31.13	31.46
14.36	31.46 (17.10)			
23 Kemp, Megan	16	Chelsea and Westminster Swimmi	31.07	31.51
14.50	31.51 (17.01)			
24 Griffiths, Suki	16	Chelsea and Westminster Swimmi	31.18	31.52
14.50	31.52 (17.02)			
25 McCooles, Caitlin	16	Enfield Swim Squad	30.91	31.54
14.47	31.54 (17.07)			
26 Kirlew, Maya	18	Enfield Swim Squad	30.86	31.67
14.64	31.67 (17.03)			
27 Lustig, Nathalie	16	Camden Swiss Cottage Swimming	31.42	31.68
14.77	31.68 (16.91)			
28 Marriott, Kai	17	Hackney Aquatics	31.89	32.18
14.43	32.18 (17.75)			
29 Shute, Sasha	17	Haringey Aquatics	31.82	32.29
14.86	32.29 (17.43)			
30 Klimaszewska, Suzannah	17	Dulwich Dolphins Swimming Club	30.89	32.45
14.87	32.45 (17.58)			
31 Celestine, Margot	16	Hackney Aquatics	31.34	32.48
15.15	32.48 (17.33)			

**London Region Winter Championships 2019 - 02/11/2019 to 03/11/2019  
Results****Event 134 Women 50 SC Meter Butterfly Multi-Class**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>				
1 O'Connell, Leah S7	17	Camden Swiss Cottage Swimming	38.91	38.94
17.78	38.94 (21.16)			