



Programme of Events

Saturday 18th December		Sunday 19th December	
Session 1		Session 4	
M	100m Butterfly	F	100m Breaststroke
F	100m Butterfly	M	100m Breaststroke
M	50m Backstroke	F	50m Freestyle
F	50m Backstroke	M	50m Freestyle
M	200m Breaststroke	F	200m Backstroke
F	200m Breaststroke	M	200m Backstroke
M	100m Butterfly Final 13/14	F	100m Breaststroke Final 13/14
M	100m Butterfly Final 15+	F	100m Breaststroke Final 15+
F	100m Butterfly Final 13/14	M	100m Breaststroke Final 13/14
F	100m Butterfly Final 15+	M	100m Breaststroke Final 15+
M	50m Backstroke Final 12u	F	50m Freestyle Final 12u
F	50m Backstroke Final 12u	M	50m Freestyle Final 12u
Session 2		Session 5	
M	200m Freestyle	F	200m Freestyle
F	200m Individual Medley	M	200m Individual Medley
M	400m Individual Medley	F	400m Individual Medley
F	400m Freestyle	M	400m Freestyle
Session 3		Session 6	
M	100m Backstroke	F	100m Freestyle
F	100m Backstroke	M	100m Freestyle
M	50m Breaststroke	F	50m Butterfly
F	50m Breaststroke	M	20m Butterfly
M	200m Butterfly	F	200m Butterfly
M	100m Backstroke Final 13/14	F	100m Freestyle Final 13/14
M	100m Backstroke Final 15+	F	100m Freestyle Final 15+
F	100m Backstroke Final 13/14	M	100m Freestyle Final 13/14
F	100m Backstroke Final 15+	M	100m Freestyle Final 15+
M	50m Breaststroke Final 12u	F	50m Butterfly Final 12u
F	50m Breaststroke Final 12u	M	50m Butterfly Final 12u

Age groups 10/11, 12, 13, 14, 15, 16 & over