Upper Limit Qualifying times for Hillingdon SC Level 3 Invitational Meet 18th/19th December 2021: Short Course Times or Long Course converted to SC please. For conversions please usewww.pullbuoy.co.uk
Entry times must have been achieved at a licensed meet and appear on Swim England rankings.

Hillingdon Level 3 Winter Meet – Upper Limit Qualifying Times						
BOYS						
EVENT	**10/11**	**12**	**13**	**14**	**15**	**16/Over**
50m Freestyle	26.3	24.4	24.4	24.4	24.4	23.2
100m Freestyle	56.8	53.6	53.6	53.6	53.6	50.6
200m Freestyle	2.02.7	1.55.9	1.55.9	1.55.9	1.55.9	1.51.1
400m Freestyle	4.19.7	4.05.9	4.05.9	4.05.9	4.05.9	3.58.2
50m Breaststroke	33.1	30.7	30.7	30.7	30.7	29.1
100m Breaststroke	1.11.3	1.06.9	1.06.9	1.06.9	1.06.9	1.03.7
200m Breaststroke	2.35.0	2.25.8	2.25.8	2.25.8	2.25.8	2.19.7
50m Butterfly	28.2	26.7	26.7	26.7	26.7	25.2
100m Butterfly	1.02.0	58.5	58.5	58.5	58.5	55.6
200m Butterfly	2.17.9	2.09.6	2.09.6	2.09.6	2.09.6	2.05.2
50m Backstroke	29.1	27.4	27.4	27.4	27.4	26.2
100m Backstroke	1.02.3	58.7	58.7	58.7	58.7	56.0
200m Backstroke	2.14.9	2.08.1	2.08.1	2.08.1	2.08.1	2.02.7
200m IM	2.18.4	2.10.9	2.10.9	2.10.9	2.10.9	2.05.3
400m IM	4.55.1	4.39.1	4.39.1	4.39.1	4.39.1	4.30.8
GIRLS						
EVENT	**10/11**	**12**	**13**	**14**	**15**	**16/Over**
50m Freestyle	27.4	26.7	26.7	26.7	26.7	26.3
100m Freestyle	01:00.2	57.8	57.8	57.8	57.8	56.8
200m Freestyle	02:12.9	2.05.2	2.05.2	2.05.2	2.05.2	2.02.7
400m Freestyle	04:42.5	4.23.4	4.23.4	4.23.4	4.23.4	4.19.7
50m Breaststroke	34.4	33.6	33.6	33.6	33.6	33.1
100m Breaststroke	01:15.0	1.12.4	1.12.4	1.12.4	1.12.4	1.11.3
200m Breaststroke	02:42.3	2.37.2	2.37.2	2.37.2	2.37.2	2.35.0
50m Butterfly	29.6	28.9	28.9	28.9	28.9	28.2
100m Butterfly	01:05.1	1.03.8	1.03.8	1.03.8	1.03.8	1.02.0
200m Butterfly	02:24.4	2.20.2	2.20.2	2.20.2	2.20.2	2.17.9
50m Backstroke	30.4	29.9	29.9	29.9	29.9	29.1
100m Backstroke	01:05.4	1.03.9	1.03.9	1.03.9	1.03.9	1.02.3
200m Backstroke	02:22.9	2.17.8	2.17.8	2.17.8	2.17.8	2.14.9
200m IM	02:27.6	2.20.4	2.20.4	2.20.4	2.20.4	2.18.4
400m IM	05:14.9	4.57.6	4.57.6	4.57.6	4.57.6	4.55.1