EALING SWIMMING CLUB

2022 Summer Meet

Under Swim England Laws and Swim England Technical Rules at Level 3 under no: 3LR220402

Saturday 11 & 12 June 2022

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

| Saturday 11 June | | Sunday 12 June | | |
|-----------------------------|------------------------------|-----------------------------|------------------------------|--|
| Session 1 | | Session 3 | | |
| Warm up 8:00am Start 9:15am | | Warm up 8:00am Start 9.15am | | |
| 101 | Girls 400m Freestyle | 201 | Boys 400m Freestyle | |
| 102 | Boys 50m Butterfly | 202 | Girls 50m Butterfly | |
| 103 | Girls 50m Breaststroke | 203 | Boys 50m Breaststroke | |
| 104 | Boys 100m Freestyle | 204 | Girls 100m Freestyle | |
| 105 | Girls 200m Backstroke | 205 | Boys 200m Backstroke | |
| 106 | Boys 200m Breaststroke | 206 | Girls 200m Breaststroke | |
| 107 | Girls 200m Individual Medley | 207 | Boys 200m Individual Medley | |
| Session 2 | | Session 4 | | |
| Warm up TBS Start TBC | | | Warm up TBS Start TBC | |
| 108 | Girls 100m Butterfly | 208 | Boys 100m Butterfly | |
| 109 | Boys 100m Backstroke | 209 | Girls 100m Backstroke | |
| 110 | Girls 200m Freestyle | 210 | Boys 200m Freestyle | |
| 111 | Boys 200m Butterfly | 211 | Girls 200m Butterfly | |
| 112 | Girls 100m Breaststroke | 212 | Boys 100m Breaststroke | |
| 113 | Boys 50m Freestyle | 213 | Girls 50m Freestyle | |
| 114 | Girls 50m Backstroke | 214 | Boys 50m Backstroke | |
| 115 | Boys 100m Individual Medley | 215 | Girls 100m Individual Medley | |

* Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed. Full details will be sent with confirmation of entries.

| Venue: | The New Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 25m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes |
|-------------|---|
| Age Groups: | Age as of 12 June 2022 |
| Events: | 50m, 100m and 200m all strokes plus 100m IM, 200m IM, 400m Freestyle All events will be heat declared winners. |
| Fees: | £8.00 per event |
| Awards: | Awards to 1 st , 2 nd and 3 rd in all age groups. (HDW) |
| Entries: | Electronic entries to be emailed to Ms Leah Pullen meetmanager@swimesc.co.uk |

