EALING SWIMMING CLUB

2022 Summer Meet

Under Swim England Laws and Swim England Technical Rules at Level 3 under no: 3LR220402

Saturday 11 & 12 June 2022

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Saturday 11 June		Sunday 12 June		
Session 1		Session 3		
Warm up 8:00am Start 9:15am		Warm up 8:00am Start 9.15am		
101	Girls 400m Freestyle	201	Boys 400m Freestyle	
102	Boys 50m Butterfly	202	Girls 50m Butterfly	
103	Girls 50m Breaststroke	203	Boys 50m Breaststroke	
104	Boys 100m Freestyle	204	Girls 100m Freestyle	
105	Girls 200m Backstroke	205	Boys 200m Backstroke	
106	Boys 200m Breaststroke	206	Girls 200m Breaststroke	
107	Girls 200m Individual Medley	207	Boys 200m Individual Medley	
Session 2		Session 4		
Warm up TBS Start TBC			Warm up TBS Start TBC	
108	Girls 100m Butterfly	208	Boys 100m Butterfly	
109	Boys 100m Backstroke	209	Girls 100m Backstroke	
110	Girls 200m Freestyle	210	Boys 200m Freestyle	
111	Boys 200m Butterfly	211	Girls 200m Butterfly	
112	Girls 100m Breaststroke	212	Boys 100m Breaststroke	
113	Boys 50m Freestyle	213	Girls 50m Freestyle	
114	Girls 50m Backstroke	214	Boys 50m Backstroke	
115	Boys 100m Individual Medley	215	Girls 100m Individual Medley	

* Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed. Full details will be sent with confirmation of entries.

Venue:	The New Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 25m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes
Age Groups:	Age as of 12 June 2022
Events:	50m, 100m and 200m all strokes plus 100m IM, 200m IM, 400m Freestyle All events will be heat declared winners.
Fees:	£8.00 per event
Awards:	Awards to 1 st , 2 nd and 3 rd in all age groups. (HDW)
Entries:	Electronic entries to be emailed to Ms Leah Pullen meetmanager@swimesc.co.uk

