

EALING SWIMMING CLUB

2023 XMAS County Qualifier

Under Swim England Laws and Swim England Technical Rules at Level 3 under no: 3LR23

Saturday 2 & Sunday 3 December 2023

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Saturday 2 December		Sunday 3 December	
Session 1 Warm up 8:15am Start 9:30am		Session 3 Warm up 8:15am Start 9.15am	
101	Girls 400m Freestyle	201	Boys 400m Freestyle
102	Boys 100m Butterfly	202	Girls 100m Butterfly
103	Girls 200m Breaststroke	203	Boys 200m Breaststroke
104	Boys 200m Backstroke	204	Girls 200m Backstroke
105	Girls 100m Freestyle	205	Boys 100m Freestyle
106	Boys 50m Butterfly	206	Girls 50m Butterfly
107	Girls 50m Breaststroke	207	Boys 50m Breaststroke
108	Boys 200m Individual Medley	208	Girls 200m Individual Medley
Session 2 Warm up TBS Start TBC		Session 4 Warm up TBS Start TBC	
109	Girls 400m Individual Medley	209	Boys 400m Individual Medley
110	Boys 100m Backstroke	210	Girls 100m Backstroke
111	Girls 200m Freestyle	211	Boys 200m Freestyle
112	Boys 200m Butterfly	212	Girls 200m Butterfly
113	Girls 100m Breaststroke	213	Boys 100m Breaststroke
114	Boys 50m Freestyle	214	Girls 50m Freestyle
115	Girls 50m Backstroke	215	Boys 50m Backstroke
116	Boys 100m Individual Medley	216	Girls 100m Individual Medley

* Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed.
Full details will be sent with confirmation of entries.

Venue: The New Northolt Leisure Centre,
Eastcote Lane North, Northolt, Middx UB5
25m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes Age Groups:

Age bands 9/10, 11, 12, 13, 14, 15 and 16+. Ages as at midnight 5 March 2023

Events: 50m, 100m and 200m all strokes
plus 100m, 200m and 400m IM,
400m Freestyle
All events will be heat declared winners.

Fees: £9.00 per event

Awards: Awards to 1st, 2nd and 3rd in all age groups. (HDW)

Entries: Electronic entries to be emailed to Ms Leah Pullen
meetmanager@swimesc.co.uk

