

Newsletter - part 2



Half Term timetable

There is a half term (w/c 31/5/21) timetable now available on the following link (please download and save):

https://uk.teamunify.com/reczzfn/_doc/_Half%20Term%20Timetable.pdf

National Performance and Performance squads are split into different groups (focusing on either distance or sprint work) for Monday to Thursday, before resuming in their normal groups on Friday.

The groups are detailed below.

Junior Arena League

In case you missed this on our social medial, a message from Coach Julie Dickson:

What a start! Both Richard and I were blown away by the fantastic swims last night. Only 4 weeks back in the pool after 4 months out, what an outstanding effort all round. Numerous PB's, too many to mention. However, a special well done goes to the 2 boys from Academy who did a great job stepping up.

Yes, we have a few areas we need to work on, but that's to be expected so early on but we now have something to build on. Let's see more great swims in Level X and the next round of the Junior league.

Times will be put out as soon as possible.

Congratulations to every one of our young stars!

Don't forget to book your Level X races by the 19th May!

Hats

Check out your TU Team Feed and emails on how to order personalised swim hats. Deadline for orders is Fri 21st May. If you have not received this information, email hats@farehamnomads.co.uk for details.

National and Performance Groups for Half Term timetable

The following swimmers are in each group for the half terms timetable.

If you have any questions relating to these groups please contact Richard Pointon at headcoach@farehamnomads.co.uk

Senior Sprint Group

Charlie Hoyler	Thomas Dickson	Evie Hall
Sid Collingwood	Amelia Boyes	Alex Scribbans
Thomas Spencer	George Snow	

Distance Group

Evie Rowsell	Alice Rowsell	Emma Skelton
Evie Medlow	Penny Worthy	Betsy North
Harry Roebuck	Will Blount	Emma Cumes
Thomas Jennings	Oscar Reynolds	Beau Ashman
Katie Youp	George Lambert	

Sprint Group

Ruby Hudson	Emilia Evans	Oli Freemantle
Lily-Anne Knobel	Cara Milligan	Darcey Smith
Ava Bennell	Gabriella Taylor	Farah Thompson