

Swim England Covid-19 Risk Assessment Template

All clubs must complete a Covid-19 specific risk assessment before returning to the water.

Below is a partially populated example that clubs can use to help inform their risk assessment. It is critical that this is completed in full detail.

Use this template as a guide and starting point to create your club's own Covid-19 risk assessment.

This is not an exhaustive list and we highly recommend that you complete a full risk assessment for your club returning to the pool.

It is critical to complete Covid-19 risk assessment as comprehensively as possible prior to activity taking place.

This document is how you intend to reasonably protect any participants, workforce, public etc. from the risk of Covid-19. The protocols listed within this document must be reviewed regularly and changed accordingly if measures or guidance changes.

If you need support or advice in completing this risk assessment please contact Swim England officers for support.

General Covid-19 Risk Assessment for aquatic clubs

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| Name of Club: | Keynsham Swimming Club – Keynsham Pool Only | | | | |
| Date risk assessment carried out: | 25/08/2020 | Person: | Thelia Beament | Review date: | Updated 29/05/21 |

| What is the Hazard? | Who might be harmed | Risk rating before controls | Controls considered | Risk rating after controls | Actioned by |
|--------------------------------------|--|-----------------------------|--|----------------------------|--------------------------------------|
| Spread of Covid-19 Coronavirus | | | | | |
| Facility entrance and reception area | <ul style="list-style-type: none"> • Athletes • Coaches • Volunteers • Parents | High | <ul style="list-style-type: none"> • Social distancing - separate entry and exit at squad changeover. • No spectators allowed to enter – except for swimmers under 7 or if a child is having a trial session – parent must wear a mask. • Information given to parents of protocols. Declaration returned to ensure parents are aware of procedures. | Medium | Club Committee and Facility Operator |
| Changing rooms | <ul style="list-style-type: none"> • Athletes • Coaches • Volunteers | High | <ul style="list-style-type: none"> • Currently changing rooms are only available for pre-agreed swimmers. • <u>When changing rooms are available</u> – one child in each cubicle for removing wet things only. • Swimmers must ensure they have appropriate clothing to wear over a wet swimsuit – such as a onesie/dressing gown/tracksuit. • Swimmers sanitise hands on leaving changing rooms. | Medium | Club Committee and Facility Operator |

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| | | | <ul style="list-style-type: none"> Athletes to arrive in costume ready to swim. | | |
| Health screening | <ul style="list-style-type: none"> Athletes Coaches Volunteers | High | <ul style="list-style-type: none"> Health survey completed and returned. Waiver declaration signed and returned. Hands sanitised on arrival. Masks worn for 11 & over to pool side. | Medium | Lead Coaches/Covid-19 Officers |
| Someone becomes unwell during session | <ul style="list-style-type: none"> Athletes Coaches Volunteers | Low | <ul style="list-style-type: none"> Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility if needed. | Low | Covid-19 Officer Facility officer / Lifeguard |
| Poolside | <ul style="list-style-type: none"> Athletes Coaches Volunteers | High | <ul style="list-style-type: none"> Social distancing protocols to be followed at all times, monitored by the covid officers. Swimmers will have a designated area to change. Juniors/Prelims – boys at end by windows – girls at benches. Where possible swimmers will know in advance which lane they will be swimming in and this will remain the same each session. The swimmers will be in lane bubbles for contact tracing. Coaches may wear masks/shields if they wish. Coaches should be socially distanced from each other and swimmers at all times. In some session's lanes may be needed to be adjusted(this should be kept to a minimum) – in order to meet track & trace guidelines the covid officer will take a lane register every session. This register will also include adults present, coaches/young helpers and covid officers | Medium | Lead Coaches and Covid officers. |

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| During activity | <ul style="list-style-type: none"> Athletes | High | <ul style="list-style-type: none"> Appropriate training to achieve social distancing protocols. Overtaking only allowed at the wall end with swimmer facing away at wall. Maximum swimmers per lane: 7 prelim and juniors, 6 for age, county, regional and masters. Swimmers will be spaced out at the wall end at any time if needed for rest/drink/kit/coach. There is one toilet available during the session which will be monitored by a covid officer. | Medium | Lead Coaches and Covid Officers |
| Land Training | <ul style="list-style-type: none"> Athletes Coaches Volunteers | Medium | <ul style="list-style-type: none"> Currently taking place outside. Social distancing to be maintained. Hands sanitised on entry and exit. Masks worn until in position. Using own equipment only – bring own mat. | Medium | Lead land training coach and covid officer. |
| Hygiene measures | <ul style="list-style-type: none"> Athletes Coaches Volunteers | High | <ul style="list-style-type: none"> Covid-19 Rules communicated to all members in advance. Hands sanitised on entrance to pool. Sanitiser also available on poolside. | Medium | Club Committee/Covid-19 Officer |
| Equipment | <ul style="list-style-type: none"> Athletes | High | <ul style="list-style-type: none"> Equipment should not be shared. Recommendation of cleaning protocols after each training session to be circulated – chlorinated dip acceptable. | Medium | Club Committee |

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| Exit | <ul style="list-style-type: none"> • Athletes • Coaches • Volunteers • Parents | High | <ul style="list-style-type: none"> • One way system in place. Athletes to leave poolside using the rear emergency exit doors. • Lanes should leave in a staggered order with a few minutes gap to avoid a rush for the exit. The lanes will be asked to leave by their coach in a socially distanced line for parents collection. • There is a 15 minute gap between squads to allow for safe exit and entry. • Parents have been informed of collection point for children following the swim sessions. | Medium | Lead Coaches, Facility Operator |
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