



Southwold May Open Meet

27th/28th May 2017

PROMOTORS CONDITIONS

Licence Number: 3SW170197

1. The competition will be swum under ASA Laws and Regulations and Technical Rules of Racing and licensed by the ASA for entry into County and Regional Competitions. Any rules not covered by the Promoter's Conditions will be covered by the ASA Laws on Open Competitions.
2. All competitors must be British Swimming registered at Category 2 and must be members of a club affiliated to the ASA, WASA or SASA.
3. Age groups are: 9, 10, 11, 12, 13, 14, 15 and 16+ years in all events except 100 free, 100 back, 100 fly and 100 breast where 10 is the minimum age. Age is on 28th May 2017.
4. All events will be run on a heat declared winner (HDW) basis. Entries will be seeded into heats from submitted times, with the slowest heat first and the final heat spearheaded. Short course entry times should be submitted.
5. All entries are subject to meeting the qualifying times and will be accepted on a "*first come first served basis*". The promoter reserves the right to reject entries if the event is oversubscribed.
6. Entries will be confirmed by email only. It is the responsibility of the Club entering the swimmers to check for any inaccuracies in the confirmed entries. Any inaccuracies must be notified to the Meet Promoter prior to the Meet. Team managers will need to confirm any withdrawals, session by session, prior to the start of warm-up for the relevant session. In the case of individual entries this is the responsibility of the swimmer.
7. Swimmers are required to Sign In before the start of each sessions Warm Up, they can sign in for the whole day if competing in a number of sessions. and there will be no race cards issued for the meet.
8. The Promoters reserve the right to refuse any entry. Incorrect or incomplete entries will not be accepted. Entries are accepted on the understanding that the competitor accepts the Promoter's Conditions.
9. No entries will be accepted after the closing date (including replacement entries on the day). Refunds will be given to Hy-Tek Meet Manager rejected entries, and not to invalid or incorrect entries or if you withdraw after the closing date.
10. All visiting clubs with 6 or more swimmers are requested to provide a qualified and licensed official to assist with officiating in each session. For every 10 additional swimmers over the initial 6, clubs are requested to provide another official. No swimmer will be turned away if a club cannot supply them. Please contact Caroline Wilkins at caroline.wilkins1@btinternet.com for more information.
11. All events will be Heat Declared Winners (HDW) and awards will be made as detailed in point 11. Swimmers who exceed the upper limit qualifying time will not receive an award. Awards are to be collected from the Medals table when announced. All starts where possible and agreed with the referee will be over the top
12. Medals will be given to the top 8 swimmers in the age groups 9,10, 11, and 12. Medals will be given to the top 3 swimmers in the age groups 13 and above. There will be trophies awarded to Top Boy and Top Girl for all age groups, and Top Visiting Club based on points awarded for individual event performances within the QTs. Awards will be based on the acquisition of the highest points total throughout the meet (6 points for a 1st place, 5 for 2nd etc.). In the event of a tie, the number of first places etc. will decide the winner. Awards will be presented to winners after the final event of the meet.

13. The conditions cannot be changed once Licenced. Only the Referee can make changes on the day to facilitate the smooth running of the meet

14. Entry fee is £5.50 for each event. Entries from clubs must be made electronically and submitted via email using the Hy-Tek software only. Individual entries may be made via email using the relevant entry form attached at the end of the pack. Club entries must be sent with a single cheque for all entries. Cheques to be made payable to Southwold Swimming Club.

For all entries please supply an email address to enable us to return your acceptance /rejections and any other information as required.

Please submit, via post, the summary sheet, Hy-Tek entries report print-out, and a single cheque covering all the entry fees and coach passes made payable to 'Southwold Swimming Club'. BACs payment details on request. For individual entries, a copy of the email to be posted with the cheque to:
Shaun Pellow 44 Woodchester, Yate, Bristol. BS37 8TZ

15. Coach/team manager passes cost £15 which will entitle the holder to admission to all sessions, a programme and start sheets. It is the responsibility of attending clubs to ensure that all Coaches and Chaperones have the appropriate ASA registration and hold a valid Disclosures & Barring Service certificate (DBS clearance). Clubs must ensure passes are worn by their representatives at all times when on poolside.

16. Coaches/team managers are responsible for their swimmers at all times.

17. All meet participants and spectators must observe all safety precautions in operation at GL1 Leisure Centre and follow any instructions given by Leisure Centre staff.

18. Competitors are advised not to leave their belongings unattended. Neither Southwold Swimming Club nor GL1 can accept responsibility for any property that may be lost, stolen or damaged.

19. In accordance with the recommendations of the ASA child protection policy, any person wishing to use video, zoom or close range photography, including mobile phones that have photographic capabilities should first register their details at the spectator entrance. It is requested that all mobile phones are switched off or too silent during the competition and that there is no flash photography at the start of each race.

20. With the submission of entries, consent is deemed to have been given, as required by the Data Protection Act 1998, to hold and distribute as necessary, any personal information on computer, to run the meet.

21. Closing date for entries is midnight Monday 1st May 2017. Entries received without payment will not be processed.

22. The Promoter reserves the right to refuse admission to any competitor or spectator.

23. The Referee's decision is final subject to ASA Law.

24. The event is to be held at **GL1** Leisure Centre, Bruton Way, Gloucester, **GL1 1DT** - a 25m, 8 lane pool.

Please send all entries to: - shaun.pellow@btinternet.com

Meet pack available from: shaun.pellow@btinternet.com and the Southwold Swimming Club website: www.southwoldswimmingclub.com



Southwold Swimming Club "May Meet"

Level 3 Open Meet - Licence Number: 3SW170197

27th and 28th May 2017

Programme of Events

| Saturday 27 th May 2017 | | | | | |
|------------------------------------|-------------------|-------------------|---------------------------------------|-------------------|-------------------|
| Session 1 | | | Session 2 | | |
| Warm Up: 10.30 to 11.25 am. | | | Warm Up: 03.00pm to 03.55pm. | | |
| Start Time: 11.30 am. | | | Start Time: 04.00 pm. | | |
| Event 1 | Boys - 10 & Over | 100m Breaststroke | Event 8 | Boys - 9 & Over | 50m Breaststroke |
| Event 2 | Girls - 10 & Over | 100m Backstroke | Event 9 | Girls 10 & Over | 100m Freestyle |
| Event 3 | Boys - 9 & Over | 200m Backstroke | Event 10 | Boys 10 & Over | 100m Butterfly |
| Event 4 | Girls - 9 & Over | 200m Ind Medley | Event 11 | Girls 9 & Over | 200m Breaststroke |
| Event 5 | Boys - 9 & Over | 50m Freestyle | Event 12 | Boys 9 & Over | 200m Freestyle |
| Event 6 | Girls - 9 & Over | 50m Butterfly | Event 13 | Girls 9 & Over | 200m Butterfly |
| Event 7 | Boys - 9 & Over | 100m Ind Medley | | | |
| Finish Time: (t.b.c) | | | Finish Time: (t.b.c) | | |
| Sunday 28 th May 2017 | | | | | |
| Session 3 | | | Session 4 | | |
| Warm Up: 10.15 to 11.10 am. | | | Warm Up: 03.00 pm to 03.55 pm. | | |
| Start Time: 11.15 am | | | Start Time: 04.00 pm. | | |
| Event 14 | Girls - 9 & Over | 50m Backstroke | Event 21 | Girls - 9 & Over | 100m Ind Medley |
| Event 15 | Boys - 10 & Over | 100m Backstroke | Event 22 | Boys - 10 & Over | 100m Freestyle |
| Event 16 | Girls - 10 & Over | 100m Breaststroke | Event 23 | Girls - 10 & Over | 100m Butterfly |
| Event 17 | Boys - 9 & Over | 200m Ind Medley | Event 24 | Boys - 9 & Over | 50m Backstroke |
| Event 18 | Girls - 9 & Over | 200m Backstroke | Event 25 | Girls - 9 & Over | 50m Breaststroke |
| Event 19 | Boys - 9 & Over | 50m Butterfly | Event 26 | Boys - 9 & Over | 200m Breaststroke |
| Event 20 | Girls - 9 & Over | 50m Freestyle | Event 27 | Girls - 9 & Over | 200m Freestyle |
| | | | Event 28 | Boys - 9 & Over | 200m Butterfly |
| Finish Time: (t.b.c) | | | Finish Time: (t.b.c) | | |

Southwold Swimming Club "May Meet"

Level 3 Open Meet - Licence Number: 3SW170197



Upper Qualifying Times for Boys – Ages as at 28th May 2017

| | | | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16+ |
|--------|------|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| Free | 50m | Upper | 36.00 | 34.50 | 31.90 | 31.50 | 29.25 | 27.18 | 26.50 | 25.80 |
| | 100m | Upper | | 1.14.00 | 1.10.40 | 1.09.40 | 1.05.10 | 59.50 | 59.00 | 56.00 |
| | 200m | Upper | 2:50.00 | 2.42.00 | 2.32.20 | 2.31.20 | 2.23.40 | 2.11.20 | 2.05.50 | 2.00.60 |
| Breast | 50m | Upper | 46.00 | 44.00 | 42.80 | 42.50 | 39.50 | 37.70 | 34.70 | 33.60 |
| | 100m | Upper | | 1.37.00 | 1.34.80 | 1.33.80 | 1.29.50 | 1.21.90 | 1.15.20 | 1.12.60 |
| | 200m | Upper | 3:40.00 | 3.20.00 | 3.16.60 | 3.15.60 | 3.03.50 | 2.53.20 | 2.43.80 | 2.34.80 |
| Fly | 50m | Upper | 40.00 | 38.00 | 36.10 | 35.80 | 33.00 | 31.50 | 30.15 | 28.50 |
| | 100m | Upper | | 1.29.90 | 1.26.40 | 1.25.90 | 1.18.80 | 1.11.80 | 1.06.60 | 1.03.30 |
| | 200m | Upper | 3:30.00 | 3.18.00 | 3.12.15 | 3.11.15 | 2.55.80 | 2.40.50 | 2.26.70 | 2.20.50 |
| Back | 50m | Upper | 41.50 | 39.50 | 38.00 | 37.10 | 35.50 | 32.30 | 31.60 | 29.50 |
| | 100m | Upper | | 1.24.00 | 1.22.00 | 1.21.40 | 1.16.50 | 1.09.80 | 1.07.80 | 1.03.50 |
| | 200m | Upper | 2:58.00 | 2.53.00 | 2.50.60 | 2.49.60 | 2.39.70 | 2.25.30 | 2.21.40 | 2.14.10 |
| IM | 100m | Upper | 1:43.00 | 1.38.00 | 1.30.00 | 1.24.00 | 1.19.00 | 1.15.00 | 1.10.00 | 1.05.00 |
| | 200m | Upper | 3:10.00 | 2.58.80 | 2.54.20 | 2.53.20 | 2.45.90 | 2.31.30 | 2.25.80 | 2.18.20 |

Upper Qualifying Times for Girls – Ages as at 28th May 2017

| | | | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16+ |
|--------|------|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| Free | 50m | Upper | 36.00 | 34.50 | 31.60 | 31.24 | 29.25 | 28.25 | 28.12 | 27.77 |
| | 100m | Upper | | 1.14.30 | 1.09.50 | 1.08.55 | 1.02.80 | 1.01.80 | 100.30 | 59.15 |
| | 200m | Upper | 2.50.00 | 2.42.00 | 2.30.75 | 2.29.70 | 2.21.40 | 2.15.20 | 2.09.80 | 2.08.30 |
| Breast | 50m | Upper | 46.00 | 44.00 | 42.70 | 42.30 | 39.70 | 37.45 | 37.10 | 36.30 |
| | 100m | Upper | | 1.37.00 | 1.33.80 | 1.33.10 | 1.27.00 | 1.23.20 | 1.20.20 | 1.17.70 |
| | 200m | Upper | 3.40.00 | 3.20.00 | 3.17.60 | 3.17.10 | 3.05.70 | 2.54.60 | 2.50.00 | 2.45.30 |
| Fly | 50m | Upper | 40.00 | 38.00 | 35.00 | 34.50 | 33.50 | 32.20 | 31.15 | 29.90 |
| | 100m | Upper | | 1.29.90 | 1.22.65 | 1.22.00 | 1.17.60 | 1.13.20 | 1.09.70 | 1.08.30 |
| | 200m | Upper | 3.30.00 | 3.18.00 | 3.00.00 | 2.59.00 | 2.52.80 | 2.46.50 | 2.33.40 | 2.32.00 |
| Back | 50m | Upper | 41.50 | 39.50 | 37.10 | 36.50 | 34.50 | 33.50 | 32.50 | 32.40 |
| | 100m | Upper | | 1.24.00 | 1.20.50 | 1.19.80 | 1.14.80 | 1.11.20 | 1.08.40 | 1.07.20 |
| | 200m | Upper | 2.58.00 | 2.53.00 | 2.47.60 | 2.46.60 | 2.35.80 | 2.32.70 | 2.24.10 | 2.23.50 |
| IM | 100m | Upper | 1.43.00 | 1.38.00 | 1.30.00 | 1.25.00 | 1.20.50 | 1.16.00 | 1.12.00 | 1.07.00 |
| | 200m | Upper | 3.10.00 | 2.58.80 | 2.47.25 | 2.46.30 | 2.42.40 | 2.36.50 | 2.30.50 | 2.27.30 |



Southwold Swimming Club "2017 May Meet"

Level 3 Open Meet – Licence Number: 3SW170197

27th & 28th May 2017
GL1 Pool, Gloucester.
Individual Age Group Entry Form

| | |
|------------------------|-------------------|
| Name: | |
| Club: | |
| Male/Female | ASA Number: |
| Date of Birth: | Age at: 28/05/17 |
| Address: | |
| Post Code: | Contact Phone No: |
| Contact Email Address: | |

| EVENT | Event No: | Entry time | Entry Fee | Cost |
|---------------------|-----------|------------|-----------|------|
| 100m – Breaststroke | | | £5.50 | |
| 100m – Backstroke | | | £5.50 | |
| 200m – Backstroke | | | £5.50 | |
| 200m – Ind Medley | | | £5.50 | |
| 50m – Freestyle | | | £5.50 | |
| 50m – Butterfly | | | £5.50 | |
| 100m – Ind Medley | | | £5.50 | |
| 200m – Breaststroke | | | £5.50 | |
| 100m – Butterfly | | | £5.50 | |
| 50m – Backstroke | | | £5.50 | |
| 50m – Breaststroke | | | £5.50 | |
| 100m – Freestyle | | | £5.50 | |
| 200m – Freestyle | | | £5.50 | |
| 200m - Butterfly | | | £5.50 | |
| | | | TOTAL | £ |

Payment cheque payable to "Southwold Swimming Club"

I certify that the above details are correct; I confirm I will abide by the meet Conditions and that I am an eligible competitor in accordance with the laws of the ASA.

| | |
|------------------------------|--------------|
| Competitors Signature | Date: |
|------------------------------|--------------|