



**MIDDLESEX COUNTY AMATEUR
SWIMMING ASSOCIATION**

(Founded 1891)

(Affiliated to Swim England London Swimming)

HANDBOOK 2021

www.middlesexswimming.com

**Enquiries to:
secretary@middlesexswimming.com**

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COMPETITION CALENDAR 2021

SWIMMING COMPETITIONS

COUNTY AGE GROUPS & YOUTH COMPETITIONS

See Swim England London web site for competitions

SPRING DEVELOPMENT MEET

DEVELOPMENT CAMPS

TBA

JULY INVITATIONAL

Saturday July 17th 2021

Sunday July 18th 2021

Northolt
Southbury Road

NATIONAL COUNTY TEAM CHAMPIONSHIPS

AUTUMN DEVELOPMENT MEET Saturday 3rd October 2021

Saturday 9th October 2021

Sunday 10th October 2021

Saturday 16th October 2021

Sunday 17th October 2021

MASTERS COMPETITION

See Web site for details

SE REGION INTER COUNTIES MASTERS COMPETITION 2021

TBA

ARTISTIC SWIMMING

Middlesex Novice Competition

Middlesex Combi Team

Middlesex Duet/Solo/Free

Contact the Secretary of the Artistic Swimming section (London Region) for more details

OPEN WATER CHAMPIONSHIPS

Swim England London Region Open Water Event

For information of other meets – contact Brian Kapp

WATER POLO

Championship matches are played on a Home and Away league basis from March to October.

For further information contact Fred Willey or see the web site.

PARA SWIMMING

Len Badcock Memorial Para meet

EVENTS CALENDER 2021

ANNUAL COUNCIL MEETING

This meeting for Club Delegates etc. will be held on Thursday 25th November 2021 starting at 7pm at Perivale Residents Association, Horsenden Lane South, Perivale.

EXECUTIVE COMMITTEE MEETINGS

The Executive Committee meets six times per year. All meetings are scheduled to start at 7.15 pm. Venue : Perivale Community Centre or Zoom. The 2021 Dates have been arranged as follows:-

Tues 19th January ,

Wed 17th March ,

Thurs 18th May

Tues 25th July,

Wed 22nd September,

Thurs 19th October,

Thurs 25th November **

** This will be a short Executive meeting directly after the ACM to vote for Standing Committees.

Nomination Forms for President Elect and Officers/Office Holders/Elected Members are on web site

OFFICERS and OFFICE-HOLDERS

President: Brian **KAPP** (2016) Haringey Aquatics
(e-mail: brian.i.kapp@btinternet.com)

President Elect: Pam **CROFTS** (1994) Haringey Aquatics
(email: croftsp1406@gmail.com)

Hon. Secretary:
Gillian **NEAL** (2011) Seabyrd SC/Hillingdon SC
(e-mail: secretary@middlesexswimming.com)

Assistant Secretary:
Florence **BARNES** (2003) Ealing SC
(e-mail: assitsecretary@middlesexswimming.com)

Hon. Treasurer
Phillip **PRENTICE** (2017) Barnet Cophall
(e-mail: treasurer@middlesexswimming.com)

Assistant Treasurer:
Norman **EDWARDS** (1990)
(e-mail: assttreasurer@middlesexswimming.com)

Secretary, Swimming Committee:
Jeanette **EDMISTON** (2018) Teddington SC
(e-mail: swimsec@middlesexswimming.com)

Assistant Secretary, Swimming Committee :
Vacancy

Secretary, Swimming Competitions & Age Group Competitions & Championships:
Leah **PULLEN** (2013) Ealing S C Tel: 07593 972812
(e-mail: competitions@middlesexswimming.com)

Secretary, Diving Committee:
Richard **LERMAN** (2013) Haringey Aquatics
(e-mail: diving@haringeyaquatics.co.uk)

Secretary, Masters Committee:
Ian **WOOLLARD** (2006) Barnet Cophall S.C.
(e-mail: masters@middlesexswimming.com)

Secretary, Swimming Officials Committee:
Wayne Hirst (2011) Ruislip & Northwood Masters)

Secretary, Artistic Swimming:
London Region Artistic Swimming Committee
(e-mail: synchro@middlesexswimming.com)

Trophy Secretary :

Brian Kapp (2016) (Haringey Aquatics)
(e-mail: trophies@middlesexswimming.com)

Secretary, Water Polo Committee

Fred WILLEY (2018)
(e-mail: waterpolo@middlesexswimming.com)

Medical Officer

Dr. Chris WOOLLARD – Ex officio
(e-mail: cwoollard@yahoo.com)

Secretary, Para Swimming Committee

Brian KAPP (2016) Haringey Aquatics
(e-mail: brian.i.kapp@btinternet.com)

Secretary Open Water Committee

Brian KAPP (2016) Haringey Aquatics
(e-mail: brian.i.kapp@btinternet.com)

Welfare Officer

Maria ABRAMS (2003) Ealing S.C.
(e-mail: welfare@middlesexswimming.com)

Health & Safety Officer

Ralph SHORTLAND (2006) Ealing S.C
(e-mail: ralphshortland@hotmail.com)

Trustees

Phillip Prentice, Norman Edwards, Florence Barnes

EXECUTIVE

All Past Presidents plus

Colin JONES (2011) Seabyrds SC
Samantha WHITMORE (2015) Ealing SC
Suzette MUHAMMAD (2014) Harrow SC
Bob BLOOMFIELD (2017) Brompton SC
Sofia MARCAL WHITTLES (2017) Chelsea & Westminster SC
Karin VAZIRANI (2017) Ealing SC
Susie BRESLIN (2018) Barnet Copthall
Erol BADUNA (2018) Anaconda SC
Zak ANDRAWOS (2018) LB Hounslow
Taj RANDHAWA (2018) Hillingdon SC
Saranya RAMASAMY (2019) Ealing SC
Marc BARROT (2020) Camden Swiss Cottage

Independent Examiner

Rajiv MALHOTRA
Smith Malhotra Ltd
42- 44 High Street, Newington, Sittingbourne Kent, ME9 7JL

STANDING COMMITTEES

The President, President Elect, Secretary and Treasurer are ex-officio members of all Standing Committees except the Swimming Officials Committee & The Disputes and Disciplinary Committee..

General Purposes Committee (5 posts)

Andy Woska, Frances Prentice, Trevor Hyde. Leah Pullen

Finance Committee (Treasurer & Asst. Treasurer + 4 Posts)

Phillip Prentice (Sec), Norman Edwards, Florence Barnes, Sam Whitmore.

Masters Committee (Sec + 3 Posts)

Ian Woollard (Sec.). Susie Breslin.

Swimming Committee (Sec, Asst Sec, Comp. Sec, County Coach plus 7 posts)

Jeanette Edmiston (Sec), Leah Pullen (Sec Swimming Competitions), Gerry Gillespie (County Coach), Pam Crofts,, Andy Woska, Bob Bloomfield, Karin Vasirani, Sofia Marcal-Whittles, Wayne Hirst,

Diving Committee

Richard Lerman plus co-optees.

Swimming Officials Committee (Sec + 6 Posts)

Andy Scott, Tony Burton, Bob Bloomfield, Pam Crofts, Wayne Hirst, Brian Kapp & Susie Breslin
Advisor : Ralph Shortland

Artistic Swimming Committee (Sec + 5 Posts)

Vacant plus co-optees.

Water Polo Committee (Sec + 5 Posts)

Fred Willey &
Representatives from Clubs competing in MCASA Water polo Championships.

Affiliation Committee

President, Secretary, Trevor Hyde. Frances Prentice

Discipline Committee

Tony Burton, Trevor Hyde. Bob Bloomfield

Open Water Committee

Brian Kapp, Karin Vasirani, Sam Whitmore

Para Swimming Committee

Brian Kapp, Leah Pullen, Saranya Ramasamy

LONDON REGION APPOINTMENTS

President	Lisa Richards (Essex)
President Elect	John Handley (Kent)
Swimming Committee	Tony Burton
Masters Committee:	Ian Woollard
Welfare Officer:	Maria Abrams
Licensing Officer:	Jean Scott
Affiliations Officer:	Yvonne Stead
Health & Safety Officer:	Ralph Shortland

PAST AND PRESENT OFFICERS

Year	President	Hon Secretary	Hon Treasurer
1891/4	W. Henry	A. Hudson	A. Hudson
1895	A. Poole	A. Hudson	A. Hudson
1896	W.S. Hankins OBE	A. Hudson	A. Hudson
1897	G.R. Craff	A. Hudson	A. Hudson
1898	W. Witham	A. Hudson	A. Hudson
1899	H.H. Stephens	A. Hudson	A. Hudson
1900	R. Grey	A. Hudson	A. Hudson
1901	S.J. Monks	A. Hudson	A. Hudson
1902	E.H. Hunt	A. Hudson	A. Hudson
1903	R.L. Busby	A. Hudson	A. Hudson
1904	W.G. Emery	A. Hudson	A. Hudson
1905	R.F.B. Cross	A. Hudson	A. Hudson
1906	A. Hudson	A. Hudson	A. Hudson
1907	F. Tanner	Leo S Lyon	Leo S Lyon
1908	J.E. Stevens	A Richardson	W.C. Cheshire
1909	Ald. HE Fern CBE JP	A Richardson	W.C. Cheshire
1910	J.C. Hurd	A. Richardson	W.C. Cheshire
1911	A. Judkins	A. Richardson	S.G. Hibbert
1912	E. Langley	A. Richardson	S.G. Hibbert
1913	S.G. Hibbert	R.C. Bott	S.G. Hibbert
1914/18	W.J. Newell	R.C. Bott	S.G. Hibbert
1919	W.J. Newell	C.J. White	S.G. Hibbert
1920	J. Woodley	C.J. White	S.G. Hibbert
1921	E. Blockley	C.J. White	S.G. Hibbert
1922	G. White	C.J. White	W.J. Newell
1923	H.E. Newman	Sir Harold Parker	C.S. Kerin
1924	E.B. Barrington	Sir Harold Parker	C.S. Kerin
1925	C.J. White	Sir Harold Parker	C.S. Kerin
1926	C.S. Kerin	Sir Harold Parker	C.S. Kerin
1927	W.E. Murray	J. Wallace	C.S. Kerin
1928	Sir Harold Parker KCB KBE MC	J. Wallace	C.S. Kenn
1929	E Udal	J. Wallace	C.S. Kerin
1930	T.H. Bugbee	J. Wallace	C.S. Kerin
1931	J. Wallace	A.C. Price	C.S. Kerin
1932	A.H. Pycock MBE	A.C. Price	C.S. Kerin
1933	F. Townsend	A.C. Price	Tom E Cogswell
1934	Mrs A Derbyshire	A.C. Price	Tom E Cogswell
1935	C. Smith	A.C. Price	Tom E Cogswell

Year	President	Hon Secretary	Hon Treasurer
1936	A.C. Price	A.J. Perring	Tom E Cogswell
1937	A. Van Beets	A.C. Price	Tom E Cogswell
1938	S.T. Hirst	A.C. Price	Tom E Cogswell
1939/40	Mrs V.M Strutchbury	A.C. Price	Tom E Cogswell
1940/43	Mrs V.M Strutchbury	A.C. Price	Tom E Cogswell
1944	E.J. Scott OBE MC	A. Van Beets	Tom E Cogswell
1945	C.P. Parkin	A. Van Beets	Tom E Cogswell
1946	Miss N Buller MBE	A. Van Beets	Tom E Cogswell
1947/48	A.J. Perring MBE	A. Van Beets	Tom E Cogswell
1949	H.E. Taylor	A. Van Beets	Tom E Cogswell
1950	H. Gibbons	A. Van Beets	Tom E Cogswell
1951	G. Matveieff	A. Van Beets	Tom E Cogswell
1952	T.E. Cogswell MBE	A. Van Beets	Tom E Cogswell
1953	T. Fletcher	A. Van Beets	Tom E Cogswell
1956	J.H.R. Haswell	A. Van Beets	Tom E Cogswell
1957	Miss J Manning	A. Van Beets	Tom E Cogswell
1958	J.C Andrews	A. Van Beets	S.T. Greensmith
1959	Mrs P Besford	J. Gigg	S.T. Greensmith
1960	F.J. Coyne	J. Gigg	S.T. Greensmith
1961	J.H. Zimmermann	J. Gigg	S.T. Greensmith
1962	E.G. Pepper	J. Gigg	S.T. Greensmith
1963	J.F.G. Dunford	J. Gigg	S.T. Greensmith
1964	S.T. Greensmith BEM	J. Gigg	S.T. Greensmith
1965	Miss H.M Yate	E.E. Jones	S.T. Greensmith
1966	J.W. Dengel	E.E. Jones	S.T. Greensmith
1967	D.G. Turney	E.E. Jones	S.T. Greensmith
1968	F.M Billinghamurst	E.E. Jones	D.G. Turney
1969	A.R. Lawrence	E.E. Jones	D.G. Turney
1970	T.J. Basford	E.E. Jones	D.G. Turney
1971	E.E. Jones	E.E. Jones	D.G. Turney
1972	W.A. Usher	D.E.W. Shann	D.G. Turney
1973	T.A.J. Cockerill	D.E.W. Shann	D.G. Turney
1974	A.F. Clark	D.E.W. Shann	D.G. Turney
1975	A.G. Stuart	D.E.W. Shann	D.G. Turney
1976	D.E.W. Shann	R.J. Harris	D.G. Turney
1977	D. Slater	Mrs M.S Dixon	D.G. Turney
1978	R.A. Lockett	Mrs M.S Dixon	D.G. Turney
1979	W.D. Tassell	Mrs M.S Dixon	D.G. Turney
1980	R.J. Harding	Mrs M.S Dixon	D.G. Turney
1981	G. Shepherd	Mrs M.S Dixon	D.G. Turney

Year	President	Hon Secretary	Hon Treasurer
1982	T.G. Handley	Mrs M.S Dixon	D.G. Turney
1983	L.H. Badcock	Mrs M.S Dixon	D.G. Turney
1984	Mrs M.S Dixon	Mrs M.S Dixon	D.G. Turney
1985	Mrs E Shaikh	Mrs M.S Dixon	D.G. Turney
1986	E.R. Sayer	Mrs M.S Dixon	D.G. Turney
1987	Mrs E.A Hartley	Mrs M.S Dixon	D.G. Turney
1988	J.H. Zimmermann	Mrs M.S Dixon	M.J. Skyrme
1989	Mrs. D.B Sayer	Mrs D.M Short	M.J. Skyrme
1990	R.F. Turner	Mrs D.M Short	W.V. Brown
1991	J Rough	Mrs D.M Short	W.V. Brown
1992	T.J. Basford	Mrs D.M Short	W.V. Brown
1993	Mrs D.M Short	Mrs D.M Short	W.V. Brown
1994	M.J. Blunstone	Mrs D.M Short	W.V. Brown
1995	Ms C Matthews	Mrs D.M Short	W.V. Brown
1996	Miss J Clarke	Mrs D.M Short	W.V. Brown
1997	N.F. Edwards	Mrs D.M Short	W.V. Brown
1998	R Geier	Mrs D.M Short	W.V. Brown
1999	Gp Capt M Short MBE AFC	Mrs D.M Short	W.V. Brown
2000	W.V. Brown	Mrs D.M Short	W.V. Brown
2001	J Whelan	Mrs D.M Short	W.V. Brown
2002	Ms C Matthews	V. Davies	W.V. Brown
2003	Miss J Clarke	V. Davies	W.V. Brown
2004	D.J Barnes	V. Davies	W.V. Brown
2005	Mrs P Crofts	V. Davies	W.V. Brown
2006	I. Woollard	V. Davies	W.V. Brown
2007	Ms N. Muir-Cochrane	V. Davies	W.V. Brown
2008	R. Shortland	V. Davies	W.V. Brown
2009	Miss C Hedge	V. Davies	W.V. Brown
2010	V. Davies	D.J. Barnes	H. Turner
2011	T. Hyde	Mrs F. Barnes	H. Turner
2012	N.F. Edwards	Mrs F. Barnes	H. Turner
2013	A Woska	Mrs F. Barnes	H. Turner
2014	A.G.E. Burton	Mrs F. Barnes	H Turner/ T Walsh
2015	R Shortland	Mrs F. Barnes	T Walsh
2016	W Hirst	Mrs F. Barnes	T Walsh
2017	Mrs F Barnes	Mrs G Neal	T Walsh/ P Prentice
2018	Mrs F Prentice	Mrs G Nea	P Prentice
2019	Mrs G Neal	Mrs F Barnes	P Prentice
2020	B Kapp	Mrs F Barnes	P Prentice
2021	B Kapp	Mrs G Neal	P Prentice

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION

Constitution

1. NAME

The Association shall be called the **MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION**.

'**MIDDLESEX**' means the area covered by the City of London, and the London Boroughs of the City of Westminster, Camden, Islington, Hackney, Tower Hamlets, Hammersmith and Fulham, Royal Borough of Kensington and Chelsea, Hounslow, Hillingdon, Ealing, Harrow, Barnet, Brent, Haringey and Enfield together with local areas of Staines, Teddington and Sunbury on Thames

'**MEMBERS**' means:

- I. Honorary Life Presidents;
- II. Past Presidents;
- III. Individual and Life Members; and
- IV. Members of Middlesex Clubs.

2. OBJECTIVES OF THE ASSOCIATION

The objectives of the Association shall be: -

- a. To promote the teaching and practice of Swimming, Swimming with a Disability, Open Water Swimming, Diving, Artistic Swimming and Water Polo.
- b. To select teams to represent the County.
- c. To promote and hold championships and other competitions, wherever possible within the geographical boundaries of the Association.
- d. To ensure the Laws and Technical Rules of Swim England. and any resolutions and rulings of the Swim England Council and Swim England Committee are enforced.
- e. To develop all aspects of the sport, at every level, with the intent to improve standards and performances.

3. LAWS

The laws and orders of Swim England (SE) and the SE London Region (SELR) and resolutions adopted by SE and the SELR shall be binding on the Association.

4. CHILD PROTECTION

The Association will adopt the SE Child Protection policies and procedures and these shall apply to all members of the Association.

5. COMPOSITION

All clubs affiliated to SELR with headquarters in the area of MCASA as defined in 1 above are allocated to the Association. The affiliation fee paid by Clubs to SELR includes affiliation to the Association. Persons who may be elected by the Executive as individual Members shall pay an annual fee as set by the Executive. Individual and Life Members, as such, shall not have the right to speak or vote at any Council Meeting.

6. FINANCE

- a. The Financial year shall end on the 31st August.
- b. The funds or other property of the Association shall be applied to the furtherance of the objects of the Association or for any charitable purposes. No funds or other property of the Association shall be paid to or distributed among the members of the Association except as legitimate expenses incurred on behalf of the Association. In the event of dissolution, the funds remaining will be devoted to objectives similar to those of the Association.
- c. The Treasurer shall keep proper books of accounts and exercise control over the funds of the Association.
- d. The Treasurer will be responsible for the collection and payment of ASA and ASALR membership fees of individual Members of the Association

- e. There shall be four signatories for cheques drawn on the Association accounts: the Treasurer, the Hon Secretary, the Assistant Treasurer and the Assistant Secretary. The Treasurer or the Assistant Treasurer shall sign all cheques drawn on the Association's Accounts. All cheques of £2,000 or over are to be countersigned by any one of the authorised signatories. The Treasurer will have authority to make Bank transfers up to an amount agreed annually by the Executive with the relevant paperwork.
- f. The Treasurer is to prepare an annual report and balance sheet, for examination by the Executive at a meeting not more than five weeks after the closing date of accounts. These accounts will then be presented for approval at the Annual Council Meeting.
- g. Qualified Examiners shall be appointed annually by the Council at the Annual Council Meeting to examine and report on the accounts of the Association.
- h. Debit cards are issued to those members who are responsible for expenses incurred on behalf of the County and those members will be required to keep accurate records and receipts and submit them to the treasurer monthly. Secretaries of the Swimming, SOC and Competitions will be allocated a petty cash float of £250 and those officers will be required to keep accurate records and receipts and submit them to the treasurer. No member of the Executive shall incur a liability on behalf of the association for a sum in excess of £100 per item without the express authority of the Executive.

7. COMPOSITION OF THE COUNCIL

The Council of the Association shall consist of:

- a. The President, the President Elect, the Secretary, the Treasurer plus the Office holders of the Association
- b. The Past Presidents of the Association;
- c. Club delegates in accordance with the provisions of Rule 10.1.3 of the ASALR Rules.

NOTE: At the date of publication of this handbook, each club is entitled to representation as follows:

- I. **One from each club comprising up to and including 50 members.**
- II. **Two from each club with a membership between 51 and 200**
- III. **Three from each club comprising 201 or more members.**

No club shall have more than three delegates. A new club shall be entitled to representation for the first year according to the number of members at the date of its application for affiliation.

8. ANNUAL COUNCIL MEETING

- a. The Annual Council Meeting shall be held in the month of November for presentation, amongst other things, of the Annual Report and Accounts for the year ending 31st August.
- b. Nominations for President Elect, the Secretary, the Treasurer and the Office holders and the Executive shall be in the hands of the Secretary not later than the 15th September prior to the Council Meeting.
- c. Notices of Motion for the Council Meeting shall be in the hands of the Secretary not later than 15th September prior to the Council meeting.
- d. No proposition for alteration of Rules shall be adopted unless it is passed by at least two-thirds of those present and voting and receives the approval of the ASALR where necessary.
- e. The Agenda for the Council Meeting shall be posted or delivered to those persons mentioned in Rule 7a and 7b. and to clubs not less than twenty-one days before the meeting.

9. SPECIAL MEETINGS

- a. The Executive may call a special Meeting of the Council.
- b. The Executive shall call a Special Meeting of the Council within one calendar month of the receipt of a written requisition signed by not less than six delegates representing six different affiliated clubs. Such requisition shall state the business for which the meeting is to be called and no other business shall be transacted.
- c. The Agenda for a special meeting shall be posted or delivered to those persons mentioned in Rule 7a and 7b and to clubs not less than twenty-one clear days before the meeting.

10. QUORUM

Fifteen Members of the Council shall form a quorum.

11. PROCEDURE AT COUNCIL MEETINGS

ASA Regulation 63, as appropriate, governing the procedure at ASA Council Meetings shall govern the procedure at Council Meetings of the Association.

12. PRESIDENT

- a. The Executive shall nominate a member of the Association for the office of President elect, who shall take office as President the next following year and who shall not hold office for two consecutive years, for consideration by Council.
- b. The President shall be Chairman of the Executive. If the President decides not to act as Chairman, the Executive shall determine the Chairman.

NOTE: "Nominations for President Elect, together with a brief CV, supported by a seconder and signed by the nominee, shall be in the hands of the Secretary no later than the 15th September prior to the Annual Council Meeting. The proposer and seconder must both be members of the Executive and the nominee must be a member of the Association. Such Past Presidents as are members of the Executive will then, prior to the next following Executive meeting, make a recommendation to the Executive for consideration by Council".

13. HONORARY LIFE PRESIDENTS

The Council may, in recognition of exceptional services rendered to the County, elect Honorary Life Presidents. Nominations as Hon. Life Presidents shall be proposed by those Past Presidents as are members of the Executive and referred to Council for approval.

14. OFFICERS and OFFICE HOLDERS

- a. The following shall be elected annually by Council at the Annual Council meeting of delegates and Past Presidents:
 - i. President Elect
Secretary
Treasurer and Trustee
 - ii. Assistant Secretary
Assistant Treasurer and Trustee
Secretary Diving Committee
Secretary Masters Committee
Secretary Swimming Committee
Secretary Swimming - Age Group Competitions
Secretary Swimming – Championships
Secretary Swimming Officials Committee
Secretary Synchronized Swimming Committee
Secretary Trophies
Secretary Water Polo Committee
Legal Adviser
Medical Officer
- b. The President, the Secretary and the Treasurer shall be the Officers of the Association.
- c. The President elect together with those persons mentioned in 14 a (i) shall be the Office Holders of the Association.

NOTES:

- i. **In the event that urgent decisions are required between meetings of the Executive relating to matters other than those within the Terms of Reference of the Technical Committees those decisions shall be made by the Officers of the Association and be reported to the next following meeting of the Executive.**

- ii. **In the event that urgent decisions are required relating to matters within the Terms of Reference of a Technical Committee, and it is not reasonably practicable to convene a meeting of the Committee, such decisions shall be made by the Chairman and Secretary of that Committee and reported to the next following meeting of the Committee.**

15. SWIM ENGLAND LONDON REGION COUNCIL:

One member of the Executive shall be appointed as delegate to SELR Council.

16. THE EXECUTIVE

The management of the Association shall be in the hands of the County Executive, which shall be composed of the following members:

- i) The Officers of the Association
- ii) The President Elect
- iii) The Office Holders
- iv) Past Presidents
- v) Ten Members elected by the Council from the delegates.

NOTE: - A Past President who fails to attend a total of 6(six) Executive Meetings in a period of three years shall cease to be a member of the Executive.

17. DUTIES AND POWERS OF THE EXECUTIVE

a. The Executive shall:

- i. Meet not less frequently than once in every alternate month (except in the months of July and August). Nine (9) members shall form a quorum to include at least one of the officers.
- ii. Transact the business of the Association, and observe and enforce the Rules of the Association and orders of the Council;
- iii. Exercise financial control over the affairs of the Association;
- iv. Appoint the Standing Committees referred to in Rule 18;
- v. Make changes to Conditions for Championships and Competitions of the Association on the recommendation of the appropriate Technical Committee and report such changes to the next following Council.
- vi. Be responsible for publication of the Association's Handbook and for the incorporation therein of any alterations authorised by the Council;
- vii. Appoint the Association's delegates to the SELR Council.

B The Executive shall have power to:

- viii. Suspend the membership of any Past-President, Officer or Member of the Executive who uses, for the purpose of publication or comment in the public press, information respecting matters that are still under consideration of the Executive or any of its committees. The resolution to suspend shall be passed by at least two thirds of such persons as, being entitled so to do, vote in person;
- ix. Declare that any member, other than the President, the President elect or a Past President, who has been absent from three consecutive meetings has vacated his seat;
- x. Fill any vacancy occurring on the Executive. The unsuccessful candidates at the preceding Annual Council Meeting, in order of voting, and if still eligible, shall have the first refusal;
- xi. Appoint officials for the Association's Swimming, Diving, Masters, Synchronized Swimming and Water Polo Championships and other competitions;
- xii. Delegate such of its powers as it may think fit, and on such terms as it may determine, to a Standing or Technical Committee.

18. STANDING AND TECHNICAL COMMITTEES

Standing and Technical Committees shall be elected annually by the Executive as follows: -

a. GENERAL PURPOSE COMMITTEE

- i. Which shall consist of five members elected from the Executive. The Committee shall have the power to co-opt;

- ii. The Committee shall advise the Executive on all matters referred to it by the Executive.
- b. DIVING COMMITTEE**
- i. This Committee shall consist of the Secretary of the Diving Committee and five elected members. The Committee shall: -
 - ii. Advise the Executive on all matters relating to Diving;
 - iii. Encourage the provision of suitable facilities;
 - iv. Select Association Diving representatives and nominate representatives for Regional events when necessary;
 - v. Compile lists of Association Diving Officials;
 - vi. Recommend Officials for Association Diving Championships and other competitions when necessary;
 - vii. Be responsible for the organisation and promotion of such Diving Championships and competitions as directed by the Executive or Council;
 - viii. Make recommendations to the Executive for changes to Conditions for the Diving Championships and competitions of the Association;
 - ix. Submit budgets as required.
- c. FINANCE COMMITTEE**
- i. This Committee shall consist of five members elected from the Executive one of whom shall be the Assistant Treasurer. The Treasurer of the Association shall act as the Committee Secretary;
 - ii. The Committee shall consider every item of expenditure by the Association and shall advise the Association each year on the appropriate level of entry fees, and spectator admission charges, for the various Championships and Competitions.
- d. MASTERS COMMITTEE**
- i. This Committee shall consist of the Secretary of the Masters' Committee and three elected members; The Committee shall: -
 - ii. Advise the Executive on all matters relating to Masters' events;
 - iii. Encourage the provision of suitable facilities for training and competition;
 - iv. Be responsible for the organisation and promotion of Association Masters' events;
 - v. Select Masters teams to represent the Association;
 - vi. Make recommendations for changes to the Conditions for the Masters' Championships and Competitions of the Association;
 - vii. Submit budgets as required.
- e. SWIMMING COMMITTEE**
- i. This Committee shall consist of the Secretary of the Swimming Committee, the Secretary Swimming Age Group Competitions, the Secretary Swimming Championships and the Assistant Secretary Swimming Committee and five elected members. The Committee shall: -
 - ii. Assist and advise in the training of swimming;
 - iii. Promote courses and select swimmers to attend them.
 - iv. Select Association swimming representatives and nominate representatives for Regional events when necessary;
 - v. Advise the Executive on all matters relating to swimming;
 - vi. Be responsible for the organisation and promotion of such Swimming Championships and Competitions as directed by the Executive or Council;
 - vii. Make recommendations to the Executive for changes to the Swimming Championships and Competitions;
 - viii. Recommend officials for Association Swimming Championships and other Competitions when necessary;

- ix. Submit budgets as required.
- f. SWIMMING OFFICIALS COMMITTEE**
- i. This Committee shall consist of the Secretary of the Swimming Officials Committee and six elected members (each of the elected members shall be an ASA Licensed Official). The Committee shall: -
 - ii. Prepare and deal with the members wishing to become swimming officials, in accordance with the British Swimming training guidelines. They shall advise the Executive on all related matters;
 - iii. Submit budgets as required.
- g. ARTISTIC SWIMMING COMMITTEE**
- i. This Committee shall consist of the Secretary of the Synchronized Swimming Committee and five elected members. The Committee shall: -
 - ii. Make arrangements for the Association Championships, Competitions and when necessary, ASA or Regional events;
 - iii. Appoint the Association Coach and Manager;
 - iv. Select swimmers for the County Squad;
 - v. Compile a list of the Association Synchronized Swimming Officials.
 - vi. Conduct conferences and seminars for Officials and coaches;
 - vii. Conduct courses and examinations for Examiners and scorers;
 - viii. Conduct training courses for swimmers and trainee coaches;
 - ix. Make recommendations to the Executive for changes to the Conditions for the Synchronized Swimming Championships and Competitions of the Association;
 - x. Submit nominations to the ASA for International Officials;
 - xi. Submit budgets as required.
- h. WATER POLO COMMITTEE**
- i. This Committee shall consist of the Secretary and Chair of the Water Polo Committee and a representative of each club competing in the Water Polo Championships. The Secretary of the Water Polo Committee shall act as the Secretary of the Selection Committee. The Committee shall: -
 - ii. Advise the Executive on all matters relating to Water Polo.
 - iii. Encourage the provision of suitable facilities.
 - iv. Select the Association Water Polo representatives and nominate representatives for Regional events when necessary;
 - v. Be responsible for the organisation and promotion of such Water Polo Championships and Competitions;
 - vi. Make recommendations to the Executive for changes to the Conditions of the Water Polo Championships and Competitions;
 - vii. Submit budgets as required.
- i. AFFILIATION COMMITTEE**
- i. The Committee shall consist of three elected members;
 - ii. The Committee shall respond to any requests from London Region for comments regarding new affiliations and changes to the names of affiliated clubs;
 - iii. The Committee shall report to the Executive.
- j. DISPUTES & DISCIPLINARY COMMITTEE**
- i. The Committee shall consist of three elected members
 - ii. The Committee shall deal with matters of a disciplinary nature as referred to it by the Executive, or any of the sub-committees
 - iii. The Committee shall report action taken to the Executive in all instances

19. STANDING COMMITTEE GENERAL PROVISIONS

- a. Each Standing Committee shall set a quorum at its first meeting following the Annual Council Meeting;
- b. Each Standing Committee shall elect a Chairman at its first meeting following the Annual Council Meeting. No individual shall be Chairman of more than one committee in any year.
- c. An individual may not serve as Chairman of a Standing Committee for more than two consecutive years;
- d. Each Standing committee shall elect such sub-Committees as it deems necessary.
- e. The President, the President elect, the Secretary and the Treasurer shall be ex-officio members of all Standing Committees save only with the exception of the Swimming Officials Committee & The Disputes and Disciplinary Committee.

20. COUNTY AWARDS

County Badges may be awarded at the discretion of the Executive to: -

- a. Those individuals who represent the Association in Championship events for disciplines within its remit.
- b. Those individuals eligible to represent the Association in Championship events who gain first place in individual Swim England Championships
- c. Those individuals eligible to represent the Association in Championship events who have been awarded International representative honours in Swimming, Diving, Water Polo, Synchronized Swimming or Open Water;
- d. Those representing the Association in non-championship events for Swimming, Masters, Diving, Water Polo or Synchronized Swimming.
- e. Association Team Managers, Chaperones, Association Officers, and those helpers who render service to the Association.

21. TROPHIES

- a. Perpetual trophies exist for the Association's Championships, Competitions and, in some cases, for special achievements and these trophies remain the property of the Association
- b. Winners shall be entitled to hold, subject to c) below, the relevant trophies upon which their names shall be engraved at the expense of the Association;
- c. A trophy may be held from the time of giving to the Trustees a formal acknowledgement of receipt and an undertaking to return it, in a good and clean condition, together with any plinth and/or case, in accordance with directions to be given by the Trustees or by the Trophy Secretary;
- d. If the winner is under 18 years of age the receipt must be countersigned by a parent, guardian or an authorised official of his/her club. In the case of team events an authorised member of the winning club shall sign.
- e. Trophies must remain in the bona fide possession of their holders and may not be taken out of Great Britain.
- f. A copy of the Trophy Receipt Form shall be given to the trophy holder.
- g. The Trustees must be notified immediately of:
 - i. Any loss of, or damage to, a Trophy;
 - ii. Any change of address of the holder of a Trophy
- h. Penalties - Holders will render themselves liable to penalties as follows: -
 - i. For failure to return the trophy by the date directed - £25;
 - ii. For the return of a trophy in a condition unsuitable for immediate presentation - £25;
 - iii. For damage to a trophy whilst in their possession the holder shall be required to reimburse the Association for the cost of the repair.

22. INDEMNITY

Every member of the Executive shall be indemnified by the Association and its members jointly and severally for any act authorised by the Executive which they do on behalf of the Association and which is written within the scope of the Rules for the time being of the Association.

23. TRUSTEES

- a. The property of the Association, other than cash at the bank, shall be vested in not less than two, nor more than three Trustees. They shall deal with the property as directed by resolution of the Executive and entry in the minute book shall be conclusive evidence of such a resolution.
- b. The Trustees shall be elected at a Council Meeting of the Association and shall hold office until death or resignation unless removed by a resolution passed at a Council Meeting.
- c. The Trustees shall be entitled to an indemnity out of the property of the Association for all expenses and other liabilities properly incurred by them in the discharge of their duties.
- d. The Secretary of the Association is nominated as the person to appoint new Trustees within the meaning of section 36 of the Trustees Act 1925. A new Trustee or new Trustees shall be nominated by resolution of the Executive and the Secretary shall by deed duly appoint the person or persons so nominated by the Executive as the new Trustee or Trustees of the Association and the provision of the Trustee Act 1925 shall apply to any such appointment. Any statement of fact in any such deed of appointment shall in favour of a person dealing bona fide with the Association or the Executive be conclusive evidence of the fact so stated.

24 DISSOLUTION

- a) A resolution to dissolve the Association shall only be proposed at a general meeting and shall be carried by a majority of at least three-quarters of the members present and entitled to vote. A specific date for the dissolution shall be included in the resolution.
- b) The dissolution shall take effect from the date specified in the resolution and the members of the Committee shall be responsible for the winding-up of the assets and liabilities of the Association.
- c) Any property remaining after the discharge of the debts and liabilities of the Association shall be given to a charity or charities (or other non-profit making organisation having objects similar to those of the Association) for the furtherance of such objects nominated by the last committee.

MIDDLESEX COUNTY ASA RECORDS V1 05/11/13

1. Records shall be recognised if made by eligible swimmers who are members of clubs affiliated to the Association and with whom the swimmer holds the longest unbroken membership and whose times are published on British Rankings
2. The distances recognised by the Association as records for men and ladies, boys and girls shall be:
 - Freestyle: 50m. 100m. 200m. 400m. 800m. and 1500m.
 - Breaststroke, Backstroke and Butterflystroke: 50m. 100m and 200m.
 - Individual Medley: 100m, 200m and 400m.
 - 4x100m Medley & Freestyle relays - men and ladies
 - 4x50m Medley & Freestyle relays - boys & girls
 - 4x200m Freestyle relays - men & ladies (Long Course only)
3. Separate Records will be recognised for Short Course (25m) and Long Course (50m) events
4. A junior record (boys and girls) will be recognised only if it is made by a swimmer who is under sixteen years of age on the day of the swim.
5. Certificates will be awarded to swimmers setting new Association Records.
6. All records will be published on the County web-site (www.middlesexswimming.com) and will be updated regularly.

7. While every attempt will be made to maintain accurate records, anybody wishing to bring a possible record to the attention of the County should e-mail full details to **countyrecords@middlesexswimming.com**

MASTERS RECORDS

1. Records shall be recognised if made by eligible members of clubs affiliated to the Association who shall be eligible to compete in the Associations Masters Swimming Competitions.
2. Records recognised are those set in the events and age bands as set out by the ASA.

MEN

Freestyle:-	50m, 100m, 200m, 400m, 800m 1500m.
Backstroke:-	50m, 100m, 200m,
Breaststroke:-	50m, 100m, 200m,
Butterfly:-	50m, 100m, 200m,
Individual Medley:-	100m, 200m, 400m.
Freestyle Team and Medley Team	

WOMEN

Freestyle:-	50m, 100m, 200m, 800m.
Backstroke:-	50m, 100m, 200m.
Breaststroke:-	50m, 100m, 200m.
Butterfly:-	50m, 100m, 200m.
Individual Medley:-	100m, 200m, 400m
Freestyle Team and Medley Team	

3. All records must be made in still water. Any movement of the water due to the normal operation of the filtration system may be disregarded.
4. A record may be made in :-
 - a. A scratch competition held in public providing all officials are approved by the Secretary of the Masters' Committee.
 - b. An unpaced individual race against time, the date and venue of which must have been arranged and advertised as such before the day of the attempt, provided all officials are approved by the Secretary of the Masters' Committee.
5. The time taken:
 - a. The time shall be taken by one timekeeper who shall start his timer when the starting signal is given to the swimmer making an attempt. The time of the timekeeper shall be the accepted time. The referee or other official appointed by the Secretary of the Masters' Committee shall inspect and record the times which shall be publicly announced.
 - b. Where Automatic Operating Equipment (acceptable to the ASA) is used at the competition or individual race, the electronically recorded time shall be sufficient for record purposes provided that the referee is satisfied that the timing equipment was working properly. In the event of an individual touch pad failure, the semi-automatic back-up timer operated by the lane

timekeeper, will be acceptable. An authenticated copy of the race history from the timing system should accompany any record claim.

6. The course shall have been certified correct by a qualified surveyor appointed or approved by the Secretary of the Masters' Committee.
7. The height of the platform from which the start is made shall not exceed 75cm, the measurement to be from the surface of the water.
8. Application for recognition of records must be sent by the claimant to the Hon Secretary of the Masters' Committee within twenty-one days of the attempt. The times recorded shall be certified on a form by the timekeeper concerned and the applicant shall produce such further evidence in support of the claim as the Masters' Committee require.
9. Records made in the Associations Masters Competitions shall be reported to the Masters' Committee by the Masters Secretary for ratification.
10. All Records are now published on the County Web Site www.middlesexswimming.com and regularly updated.

COUNTY OFFICIALS

OFFICIALS' POLO SHIRTS

Will be awarded to:

- (a) Swimming, Diving and Artistic swimming officials who work at County Events
- (b) Middlesex graded water polo referees on the W.P.R.A. panel and W. P. table officials

COUNTY SWIMMING OFFICIALS

Additions to the County list of Referees, Starters, Judges and Timekeepers are made as a result of practical examinations resulting from courses for such officials. Particulars may be obtained from Secretary of the Swimming Officials Committee. The published Lists of Swimming officials consist of those officials registered with the Swim England.

COUNTY DIVING OFFICIALS

Anyone wishing to be placed on the County List of recorders and judges will be required to pass the relevant tests.

From time to time courses are organised for potential officials and usually an opportunity is given at the end of the course for the examination to be taken. Applications for inclusion on the list should be made to the Secretary, Diving Committee.

ARTISTIC SWIMMING

From time to time courses are organised for scorers, judges, referee and clerks of the course by SELR. Information regarding these courses and examinations is available from the Secretary, Artistic Swimming Committee.

WATER POLO OFFICIALS

Courses for Water Polo referees and Water Polo table officials are organised by SELR. Information regarding these courses and subsequent examinations can be obtained from the Hon Sec Water polo section.

TROPHIES

THE BOB GLAZIER MEMORIAL TROPHY

(Presented 1948)

1. The competition shall be open to all clubs affiliated to the Association
2. The competition shall be confined to all individual and team speed swimming championships (men and boys) of the Association.
3. Points shall be awarded in finals, and on declared results, in the following manner:

	Individual	Team
1st	4 points	5 points
2nd	3 points	3 points
3rd	2 points	2 points
4. The club obtaining the highest points aggregate shall be declared the winner. In the event of a dead heat, clubs shall hold the trophy jointly.
5. Competitors in individual events in the competition may score points for one club only (i.e. the club for which they first scored points in the competition)

THE W J HOWCROFT MEMORIAL TROPHY

(Presented 1952)

The conditions shall be as for the Bob Glazier Memorial Trophy but substituting “women and girls” for “men and boys”.

BOYS AND GIRLS CLUB YOUTH COMPETITIONS

COUNTY CUP (BOYS) (Presented 1976)

BULLER CUP (GIRLS) (Presented 1947)

The conditions of the two competitions shall be:

1. There shall be two competitions, one for boys and one for girls, open to all clubs affiliated to the Association.
2. The competitions shall be confined to swimmers aged 12 years and over in the Youth Competitions of the Association.
3. Points shall be awarded in the finals and on heat declared winner results for both individual and teams in the following manner: 8 points for first place and then 7,6,5,4,3,2,1 points for places thereafter.
4. The club obtaining the highest points aggregate in each competition shall be declared the winner. In the event of a dead heat, the clubs concerned shall hold the trophy jointly.
5. The winner of the boy’s competition shall be awarded the County Cup. The winner of the girls’ competition shall be awarded the Buller Cup.
6. Competitors in individual events in the competition may score points for one club only (i.e. the club for which they first scored points in the competition)

THE WILKINSON SWORD

(Presented 1987)

1. Awarded to the top swimmer aged 12 and over in the Youth Competitions of the Association in speed swimming.
2. Each swimmer will score points for each event swum as follows:
1st = 8 pts, 2nd = 7 pts, 3rd = 6 pts, 4th = 5 pts, 5th = 4 pts, 6th = 3pts, 7th = 2 pts, 8th = 1 point

3. The result of each event shall be determined from the result of the final or from the heats if no final is swum.
4. For this purpose, points are awarded for each individual single year age group irrespective of any combined groupings that may be used in the competition.
5. Where swimmers of different ages are eligible to swim in a different number of events the top swimmer shall be determined as the swimmer with the highest score achieved by taking the points gained as a percentage of the maximum points achievable from the eligible swims. This calculation is to be taken to two decimal places.
6. In the event of a dead heat then the swimmers shall hold the trophy jointly.

THE SWAN TROPHY

(Presented 1988)

1. The competition shall be open to all clubs affiliated to the Association.
2. The competition shall be confined to the 50 metre events of the Youth Competitions of the Association in speed swimming.
3. Points shall be awarded in the following manner:
 $1 = 8 \quad 2 = 7 \quad 3 = 6 \quad 4 = 5 \quad 5 = 4 \quad 6 = 3 \quad 7 = 2 \quad 8 = 1$
4. The club obtaining the highest points aggregate shall be declared the winner. In the event of a dead heat, clubs shall hold the trophy jointly.

BOYS AND GIRLS JUVENILE COMPETITION

THE WALRON TROPHY

(Presented 1982)

Conditions

1. The competition shall be open to all clubs affiliated to the Association.
2. The competition shall be confined to age 11 & under events in the Youth Competitions in speed swimming, for boys and girls.
3. Points shall be awarded in finals in the following manner:
Individual and Teams
 $1 = 8 \quad 2 = 7 \quad 3 = 6 \quad 4 = 5 \quad 5 = 4 \quad 6 = 3 \quad 7 = 2 \quad 8 = 1$
4. The club obtaining the highest aggregate points shall be declared the winner. In the event of a dead heat, the clubs concerned shall hold the trophy jointly.
5. Competitors may score points for one club only (i.e. the club for which they first scored points in the competition).

THE WILKINSON SWORDS

(Presented 1987)

1. Awarded to the top boy and top girl swimmer in the age 11 & under competitions of the Association in speed swimming.
2. The top boy and girl swimmer shall be determined by the aggregate number of points achieved by a swimmer in the finals of the competition. Points to be awarded as follows:
 $1 = 8 \quad 2 = 7 \quad 3 = 6 \quad 4 = 5 \quad 5 = 4 \quad 6 = 3 \quad 7 = 2 \quad 8 = 1$
3. The boy and girl with the highest aggregate number of points shall be declared the winner of the respective trophies. In the event of a dead heat, the swimmers concerned shall hold the trophy jointly.
4. Where a different number of events is swum by different Age Groups then the events to be included shall be restricted so that identical or equivalent events are included for each Age Group.

THE A VAN BEETS MEMORIAL TROPHIES

(Presented 1959 by Friends of 'Van')

These are two trophies awarded annually, at the discretion of the Executive, for outstanding achievements in any of the disciplines of swimming for Junior boys and girls. For this purpose 'Junior' shall have the same meaning as that accepted for the level of competition or event in which the individual is participating. All ages are as at 31st December. A Championships winners' medal shall also be awarded.

ALAN LAWRENCE MEMORIAL TROPHIES

(Presented 1998)

These are two trophies are awarded annually for the best single performance by a Junior Boy and a Junior Girl swimmer in the Association's Short Course Championships based on the FINA points table.

TED SAYER MEMORIAL TROPHY

(Presented 2012)

Awarded to the boy in the 11-year age group at the Age Groups competition achieving the highest number of points in any one individual event.

DORIS SAYER MEMORIAL TROPHY

(Presented 2012)

Awarded to the girl in the 11-year age group at the Age Groups competition achieving the highest number of points in any one individual event.

RON TURNER MEMORIAL TROPHY

(Presented 2012)

Awarded to the junior water polo player(s) who has/have brought most credit to Middlesex junior water polo.

Decision to be made by 2 members of the Water Polo committee plus the MCASA President.

DAVE BARNES MEMORIAL TROPHIES

(Presented 2013)

Awarded to the boy and girl in the 10-year age group at the Age Group competition achieving the highest number of points in any one individual event.

PRESIDENTS PLATE (Presented by Tom Cogwell Esq., 1952)

Awarded annually for conspicuous service, the allocation to be decided by a special committee composed of the Donor, the President, the Secretary and the Treasurer.

HOLDERS

1952	A van Beets	1987	Dr. A. Jones
1953	Mrs P. Besford	1988	Mrs E Shaikh
1954	P.D.Tarsey	1989	Mr & Mrs J. Rough
1955	Miss M. Edwards & Miss J. Grinham	1990	LB of Ealing SC Refreshment Team
1956	W.G. Neivens	1991	L.H. Badcock
1957	Miss J. Grinham	1992	D.F. Campbell
1958	Miss J. Manning	1993	Mrs K. Osher
1959	J. Wardley	1994	Ms C. Geier
1960	J. Gigg	1995	M. Blunstone
1961	A.C. Price	1996	Mrs D.M. Short
1962	R.F. Turner	1997	W.V. Brown
1963	C.P. Parkin	1998	N.F. Edwards
1964	Mrs E. Wheeler	1999	Ms Chris Matthews
1965	E.W. Arnett	2000	Ms N. Muir-Cochrane
1966	A.V. Fasoli	2001	Gp. Capt & Mrs M. Short
1967	Mr & Mrs S.T. Greensmith	2002	Miss S. Price
1968	J.H. Zimmermann	2003	Allan Thornton
1969	Mr & Mrs E.E. Jones	2004	M. Blunstone
1970	Mrs D Zajac	2005	Miss C. Hedge
1971	A R Lawrence	2006	Dave Hobbs
1972	A Williams	2007	Pam Crofts
1973	M.E Sly	2008	Ron Turner (Posthumously)
1974	D.G Turner	2009	Not awarded
1975	Miss J Lane	2010	Not awarded
1976	D.E.W.Shann	2011	Paul Bryan
1977	Miss S Jenner	2012	Florence Barnes
1978	Miss J Clarke	2013	Allan Thornton
1979	T.A.J. Cockerill	2014	Pam Crofts
1980	Mr & Mrs A.G.Stuart	2015	Leah Pullen
1981	W.D.Tassell	2016	Tom Walsh
1982	R. Burge	2017	Allan Thornton
1983	D. Lowe	2018	Ralph Shortland
1984	R.A. Lockett	2019	Sharon Austin
1985	T.J. Basford	2020	Frances Prentice
1986	Mrs M.S.Dixon	2021	Gerry Gillespie

MIDDLESEX COUNTY ASA INDIVIDUAL TROPHIES

Swimming:

MEN

Event	Trophy	Presented by
50m F/S	William Brown Memorial Trophy	The Brown family
100m (110y) F/S	Barrington Cup	Mrs E.B. Barrington
200m (220y) F/S	Brian Crompton Cup	Anonymous
400m (440y) F/S	Len Badcock Memorial Trophy	M.C.A.S.A.
800m F/S	The Heston Trophy	Norman Edwards
1500m F/S	Ian Harding Trophy	R.J. Harding
50m Back	Victor Levitt Memorial Trophy.	
100m Back	John Whelan Cup	John Whelan
200m (220y) Back	F.L. Woods Cup	Polytechnic SC
50m Breast	Frutina Trophy	Mr & Mrs Russ Kitching
100m (110y) Breast	SP & SA Cup	SP & SA
200m (220y) Breast	Edmonton Cup	Edmonton SC
50m Fly	The Camden Swiss Cottage Cup	CSC
100m (110y) Fly	SP & SA Cup	SP & SA
200m (220y) Fly	Stuart Cup	A.G. Stuart
100m I.M.	Hitachi Cup	Hitachi Ltd
200m I.M.	Alan Hime Memorial Trophy	M. Staight
400m I.M.	Middlesex Cup	M.C.A.S.A.
400m F/S Team	Bovril Cup	Bovril SC
400m Med. Team	Don Jackson Mem. Trophy	Mrs D. Jackson

LADIES

Event	Trophy	Presented by
50m F/S	Charriet Allen Cup	Mike Allen
100m (110y) F/S	Wallace Cup	J.Wallace
200m (220y) F/S	Ald. Fern Bowl	Ald. H.E. Fern CBE JP
400m (440y) F/S	St Pancras Ladies' Trophy	St Pancras Ladies'
800m F/S	Norman Edwards Cup	Norman Edwards
1500m F/S	The Frutina Trophy	R Kitching
50m Back	The Dave Heathcock Trophy	Dave Heathcock
100m (110y) Back	Davison Cup	Mrs M. Davison
200m (220y) Back	Grabel Cup	Mrs G Stuart & Mrs I Luckett
50m Breast	Josephine Edwards Cup	Norman Edwards
100m (110y) Breast	SP & SA Cup	SP & SA
200m (220y) Breast	Ruston Trophy	W A Howell
50m Fly	Lewis Brown Associates Trophy	
100m (110y) Fly	Middlesex Chronicle Bowl	Middlesex Chronicle
200m Fly	Peter Jenner Memorial Trophy	The Jenner Family
100m I.M.	Hitachi Cup	Hitachi Ltd
200m I.M.	Willesden Trophy	Boro of Brent SC
400m I.M.	Davey Cup	Mrs W F Davey
400m F/S Team	Bovril Cup	Bovril SC
400m Med. Team	Sir Claude Champion de Crespigny Cup	Miss V. Lancaster

BOYS

Event	Trophy	Presented by
50m F/S	The Aurum Trust Cup	
100m (110y) F/S	L G O C Cup	L G O C SC
200m F/S	Mick Blunstone Memorial Trophy	M.C.A.S.A
400m (440y) F/S	Mail-Van Cup	Anonymous
800m F/S	The Prentice Cup	The Prentice Family
1500m F/S	Joyce Clarke Cup	Joyce Clarke
50m Back	The Camden Swiss Cottage Cup	CSC
100m (100y) Back	T E C Cup	Tom E Cogswell MBE
200m Back	Lyn Mohammed Cup	Ealing SC
50m Breast	The Aurum Trust Cup	
100m (110y) Breast	Perring Cup	Allen J Perring MBE
200m Breast	Vernon Davies Cup	V Davies
50m Fly	The Camden Swiss Cottage Cup	CSC
100m (110y) Fly	John Arnold Cup	Enfield SC
200m (220y) Fly	SP & SA Cup	SP & SA
100m IM	Treasurers Cup	W V Brown
200m I.M.	Kingsbury Cup	Boro of Brent SC
400m I.M	Michael Cliffe Trophy	Michael Cliffe MP
200m F/S Team	Marcians President's Cup	J.C. Hurd, C.S. Keri, H.E. Taylor, F Pear
200m Med. Team	Pearmain Cup	Frank Pearmain

GIRLS

Event	Trophy	Presented by
50m F/S	Mark Foster Cup	Mark Foster
100m (110y) F/S	Summers Cup	Arthur Summers
200m (220y) F/S	SP & SA Cup	SP & SA
400m (440y) F/S	Fulham Cup	Fulham SC
800m F/S	Joyce Clarke Cup	Joyce Clarke
1500m F/S	Eamon Kedney Cup	G Kedney
50m Back	Chris Matthews Cup	Chris Matthews
100m (110y) Back	HC Cup	Mrs H. Cogswell
200m Back	Turney Cup	Hounslow SC
50m Breast	Ray Haggan Cup	Anaconda SC
100m (110y) Breast	Parkin Cup	C.P. Parkin
200m (220y) Breast	"B M L" Memorial Trophy	Mr & Mrs R.A. Lockett
50m Fly	SP & SA Cup	SP & SA
100m (110y)Fly	W.G. Biggs Trophy	W.G. Biggs
200m Fly	Daphne & Maurice Short Memorial Trophy	M.C.A.S.A.
100m IM	Daphne & Maurice Short Cup	Grp Capt & Mrs M Short
200m I.M.	Wembley Cup	Boro of Brent SC
400m IM	F D Wade Cup	F D Wade
200m F/S Team	Glisson Trophy	P.J.C. Glisson
200m Med. Team	Wheeler Cup	Mrs E. Wheeler

Trophy

ALAN LAWRENCE MEMORIAL TROPHIES
 TED SAYER MEMORIAL TROPHY
 DORIS SAYER MEMORIAL TROPHY
 DAVE BARNES MEMORIAL TROPHIES

Presented by

Ms Chris Matthews
 Mrs Judith Trinnaman
 Mrs Judith Trinnaman
 The Barnes family

Water Polo:

Division 1	Middlesex Shield	M C A S A
Division 11	Middlesex Shield	M C A S A
Division 111	Middlesex Shield	M C A S A
Division 1V	Dengel Cup	J.W. Dengel
Junior	Middlesex Shield	M C A S A

Trophy

RON TURNER MEMORIAL TROPHY

Presented by

M C A S A

2020 TROPHY WINNERS

MENS

50m F/S	William Brown Memorial Trophy	Jarvis Parkinson	C & W
100m F/S	Barrington Cup	Jarvis Parkinson	C & W
200m F/S	Brian Crompton Cup	Jarvis Parkinson	C & W
400m F/S	Len Badcock Memorial Trophy	Archie Price	Barnet Copthall
800m F/S	Heston Trophy	Kai Carlos	Barnet Copthall
1500m F/S	Ian Harding Trophy	Kai Carlos	Barnet Copthall
50m Back	Vic Lewitt Memorial Trophy	Jordon McPhail	Natare
100m Back	John Whelan Cup	Pietro Ubertalli	Natare
200m Back	F.L.Woods Cup	John Britton	Ealing
50m Breast	Frutina Trophy	Yaron Gerber	Ealing
100m Breast	SP & SA Cup	John Britton	Ealing
200m Breast	Edmonton Cup	Yaron Gerber	Ealing
50m Fly	The Camden Swiss Cottage Cup	Jarvis Parkinson	C & W
100m Fly	SP & SA Cup	Jordon McPhail	Natare
200m Fly	Stuart Cup	Dillon Chana	Hillingdon
100m IM	Hitachi Cup	Not swum	
200m IM	Alan Hime Memorial Trophy	Josh Kirlew	Enfield S
400m IM	Middlesex Cup	John Britton	Ealing

WOMENS

50m F/S	Charriet Allen Cup	Zoe Musial	C & W
100m F/S	Wallace Cup	Anna Podguriel	CSC
200m F/S	Ald Fern Bowl	Phillida Britton	Ealing
400m F/S	St. Pancras Ladies Trophy	Fleur Lewis	Barnet Copthall
800m F/S	Norman Edwards Cup	Fleur Lewis	Barnet Copthall
1500m F/S	The Frutina Cup	Fleur Lewis	Barnet Copthall
50m Back	Dave Heathcock Trophy	Leah Whittaker	C & W
100m Back	Davison Cup	Brodie Judge	Ealing
200m Back	Gabel Cup	Cara O'Toole	Hillingdon
50m Breast	Josephine Edwards Cup	Ashley Ransome	Enfield
100m Breast	SP & SA Cup	Pixie Lale Klasicki	Brompton
200m Breast	Ruston Trophy	Pixie Lale Klasicki	Brompton
50m Fly	Lewis Brown Associates Trophy	Leah Whittaker	C & W
100m Fly	Middlesex Chronicle Bowl	Lucy Thornton	Ealing
200m Fly	Peter Jenner Memorial Trophy	Fleur Lewis	Barnet Copthall
100m IM	Hitachi Cup	Not Swum	
200m IM	Willesden Trophy	Anna Podguriel	CSC
400m IM	Davey Cup	Pixie Lale Klasicki	Brompton

BOYS

50m F/S	The Aurum Trust Cup	Jason Mahmutoglu	C & W
100m F/S	L.G.O.C Cup	Jason Mahmutoglu	C & W
200m F/S	Mick Blunstone Memorial Trophy	Pietro Ubertalli	Natare
400m F/S	Mail-Van Cup	Donatas Dragasius	CSC
800m F/S	The Prentice Cup	Kai Carlos	Barnet Copthall
1500m F/S	Joyce Clarke Cup	Kaj Carlos	Barnet Copthall
50m Back	The Camden Swiss Cottage Cup	Jason Mahmutoglu	C & W
100m Back	T.E.C. Cup	Pietro Ubertalli	Natare
200m Back	Lyn Mohammed Cup	Donatas Dragasius	CSC
50m Breast	Aurum Trust Cup	Sam Cornish	Enfield SS
100m Breast	Perring Cup	Sam Cornish	Enfield SS
200m Breast	Vernon Davies Cup	Harvey Quiddington	Barnet Copthall
50m Fly	SP & SA Cup	Sam Cornish	Enfield SS
100m Fly	John Arnold Cup	Sam Cornish	Enfield SS
200m Fly	SP & SA Cup	Sam Cornish	Enfield SS
100m IM	The Treasurer's Cup	Not swum	
200m IM	Kingsbury Cup	Donatas Dragasius	CSC
400m IM	Michael Cliff Cup	Edward Whittles	C & W

GIRLS

50m F/S	Mark Foster Cup	Zoe Musial	C & W
100m F/S	Summers Cup	<i>Leah Whittaker</i>	C & W
200m F/S	SP & SA Cup	Jessica Arundale	Barnet Copthall
400m F/S	Fulham Cup	Jessica Arundale	Barnet Copthall
800m F/S	Joyce Clarke Cup	Jessica Arundale	Barnet Copthall
1500m F/S	Eamon Kedney Cup	Jessica Arundale	Barnet Copthall
50m Back	Chris Matthews Cup	Leah Whittaker	C & W
100m Back	H.C.Cup	<i>Zoe Musial</i>	C & W
200m Back	Turney Cup	Mika Ogden	Hackney
50m Breast	Ray Haggan Cup	Amani Miller	LB Hounslow
100m Breast	Parkin Cup	Ava Shaw	Natare
200m Breast	BML Memorial Trophy	Hannah Bowley	Hillingdon
50m Fly	SP & SA Cup	Leah Whittaker	C & W
100m Fly	W.G. Biggs Trophy	Jo Hobsley	Barnet Copthall
200m Fly	Daphne & Maurice Memorial Trophy	Jo Hobsley	Barnet Copthall
100m IM	Daphne & Maurice Short Cup	Not Swum	
200m IM	Wembley Cup	Amani Miller	LB Hounslow
400M IM	F.D.Wade Cup	Ella McEver	CSC

RELAY TROPHIES

Mens 4 x 100m F/S	Bovril Cup	No Competition
Mens 4 x 100m Medley	Don Jackson Mem Trophy	No Competition
Womens 4 x 100m F/S	Bovril Cup	No Competition
Womens 4 x 100m Medley	de Crespigny Cup	No Competition
Boys 4 x 50m Medley	Pearmain Cup	No Competition
Boys 4 x 50m F/S	Marcians Presidents Cup	No Competition
Girls 4 x 50m Medley	Wheeler Cup	No Competition
Girls 4 x 50m F/S	Glisson Trophy	No Competition

GENERAL TROPHIES

County Cup	Barnet Cophthall
Buller Cup	Camden Swiss Cottage
Wilkinson Swords	
Junior Girls	Isabella Thanassoulas
Junior Boys	Victor Gould
Senior	Veronica Venuti
Swan Trophy	Camden Swiss Cottage
Walron Trophy	Camden Swiss Cottage
Alan Lawrence Mem. Trophies	
Junior Girl Best Result on GB Points	Leah Whittaker
Junior Boy Best Result on GB Points	Kai Carlos
Bob Glazier Memorial Trophy	
Best Male Club Short Course Champs	Barnet Cophthall
W.J. Howcroft Memorial Trophy	
Best Female Club Short Course Champs	Camden Swiss Cottage
Van Beets Trophies	
Girls	Not awarded
Boys	Not awarded
Ted Sayer Memorial Trophy	Joshua Chirita
Doris Sayer Memorial Trophy	Isabella Thanassoulas
Dave Barnes Memorial Plates -	
Boys	Zac Baughan-Withington
Girls	Alexandra Nurney
Ron Turner Memorial Trophy	Not awarded

RECORDS

Girls

Short Course

50m Free	E. Dewhurst	Anaconda	25.84	Sheffield	2018
100m Free	M. Jameson	Ealing	56.72	Enfield	2014
200m Free	L. Turner	Ealing	2.02.56	Enfield	2009
400m Free	N. Durant	Ealing	4.14.80	Enfield	2006
800m Free	N. Durant	Ealing	8.40.98	Reading	2006
1500m Free	K. Mann	Hillingdon	17.10.05	Enfield	2010
50m Back	L Whittaker	Ealing	28.08	Sheffield	2018
100m Back	K. Mann	Hillingdon	1.00.63	Portland USA	2010
200m Back	K. Mann	Hillingdon	2.07.67	Portland USA	2010
50m Breast	S. Fussell	Teddington	33.04	Hillingdon	2014
100m Breast	S. Fussell	Teddington	1.11.51	Hillingdon	2014
200m Breast	F. Marr	Hillingdon	2.33.38	Enfield	2008
50m Fly	B. Judge	Ealing	28.16	Sheffield	2016
100m Fly	C. Cooper	Barnet Copthall	1.02.08	Nuneaton	1982
200m Fly	F. Lewis	Barnet Copthall	2.15.77	Lomdon	2019
100m IM	C Lewitt	Natare	1.04.53	Surrey	2018
200m IM	K. Mann	Hillingdon	2.13.00	Portland USA	2010
400m IM	K. Mann	Hillingdon	4.46.07	Bexleyheath	2010
200m Medley Relay		Natare	1.58.36	Edinburgh	2018
200m Freestyle Relay		Natare	1.45.74	Edinburgh	2018

Girls

Long Course

50m Free	E Dewhurst	Anaconda	26.22	London	2018
100m Free	I.Hindley	Chelsea & Westminster	56.78	Sheffield	2012
200m Free	G Boyle	Chelsea & Westminster	2.00.80	Sheffield	2014
400m Free	N. Durant	Ealing	4.20.00	Sheffield	2006
800m Free	J. Hunter	Hillingdon	8.53.32	Moscow	1997
1500m Free	F. Lewis	Barnet Copthall	16.52.46	Glasgow	2019
50m Back	L Whittaker	Ealing	29.51	London	2019
100m Back	K. Mann	Hillingdon	1.02.49	Helsinki	2010
200m Back	K. Mann	Hillingdon	2.11.48	Helsinki	2010
50m Breast	S. Fussell	Teddington	32.98	London	2015
100m Breast	S. Lawrence	Hillingdon	1.11.65	Moscow	1997
200m Breast	F. Marr	Hillingdon	2.33.82	Prague	2009
50m Fly	C Lewitt	Natare	28.48	Sheffield	2018
100m Fly	D. Robins	Camden Swiss Cottage	1.03.11	Sheffield	2008
200m Fly	F Lewis	Barnet Copthall	2.15.60	Glasgow	2019
200m IM	E. Nabney	Ealing	2.18.36	Poznan	2013
400m IM	K. Mann	Hillingdon	4.56.77	Aldershot	2010
200m Medley Relay		Barnet Copthall	2.08.49	Crystal Palace	1995
200m Freestyle Relay		Barnet Copthall	1.54.03	Crystal Palace	1995

Boys

Short Course

50m Free	M. Mahmuto	C/W	23.73	Sheffield	2019
100m Free	F. Samuels	Camden Swiss Cottage	51.82	Sheffield	2008
200m Free	G. Taplin	Hillingdon	1.52.66	Hillingdon	2014
400m Free	G. Taplin	Hillingdon	3.56.78	London	2014
800m Free	A. Prunty	Hillingdon	8.33.79	Enfield	2011
1500m Free	A. Lally	Hillingdon	16.11.50	Sheffield	2018
50m Back	D. Chana	Hillingdon	27.05	Sheffield	2018
100m Back	F. Cornwell	Barnet Copthall	57.67	Leicester	2014
200m Back	P. Ubertaini	Natare	2.04.88	Edinburgh	2019
50m Breast	P. Lombardo	Natare	30.50	London	2018
100m Breast	Y. Gerber	Barnet Copthall	1.04.92	Leicester	2014
200m Breast	Y. Gerber	Barnet Copthall	2.19.31	Leicester	2014
50m Fly	D. Chana	Hillingdon	26.36	London	2018
100m Fly	D. Chana	Hillingdon	57.54	London	2018
200m Fly	D. Chana	Hillingdon	2.06.95	Sheffield	2018
100m IM	J. McPhail	Natare	1.00.51	Surrey SP	2018
200m IM	Y. Gerber	Barnet Copthall	2.06.89	Leicester	2014
400m IM	G. Taplin	Hillingdon	4.32.34	Hillingdon	2014
200m Medley Team	Natare		1.51.94	Edinburgh	2018
200m Free Team	Natare		1.42.06	Edinburgh	2018

Boys

Long Course

50m Free	F Samuels	Camden Swiss Cottage	23.96	Sheffield	2009
100m Free	F. Samuels	Camden Swiss Cottage	52.4	Sheffield	2009
200m Free	G. Taplin	Hillingdon	1.55.88	Sheffield	2015
400m Free	G. Taplin	Hillingdon	4.02.94	London	2015
800m Free	G Taplin.	Hillingdon	8.34.87	London	2015
1500m Free	T. Veale	Camden Swiss Cottage	16.03.74	Sheffield	2009
50m Back	N. Willey	Barnet Copthall	27.41	Crystal Palace	1992
100m Back	F. Cornwell	Barnet Copthall	59.22	Sheffield	2014
200m Back	F. Cornwell	Barnet Copthall	2.07.11	Sheffield	2014
50m Breast	D. Bloomfield	Brompton	30.67	Sheffield	2015
100m Breast	Y. Gerber	Barnet Copthall	1.07.47	Sheffield	2014
200m Breast	A. Perkins	Ealing	2.26.39	Sheffield	2003
50m Fly	S. Giordani	Haringey	26.24	London	2018
100m Fly	B. Hooper	Harrow	57.45	Sheffield	2016
200m Fly	O. Keegan	Barnet Copthall	2.07.32	Sheffield	2009
200m IM	E Hunt	Teddington	2.10.80	London	2019
400m IM	A. Collins	Hillingdon	4.39.34	Sheffield	2015
200m Medley Relay		Barnet Copthall	1.57.82	Coventry	1999
200m Free Relay		Barnet Copthall	1.45.67	Coventry	1999

Womens

Short Course

50m Free	A. Hopkin	Ealing	23.70	Sheffield	2018
100m Free	A. Hopkin	Ealing	51.90	Glasgow	2019
200m Free	G. Boyle	Chelsea & Westminster	1.56.86	Sheffield	2015
400m Free	G. Boyle	Chelsea & Westminster	4.07.37	Sheffield	2015
800m Free	P. Britton	Ealing	8.38.23	Sheffield	2019
1500m Free	P. Britton	Ealing	16.38.33	Sheffield	2019
50m Back	I Hindley	Brompton	27.15	Sheffield	2019
100m Back	I Hindley	Brompton	58.66	Sheffield	2019
200m Back	S. Price	Barnet Copthall	2.04.44	Australia	2001
50m Breast	G. Heyn	Ealing	31.75	Leeds	2009
100m Breast	G. Heyn	Ealing	1.08.35	Enfield	2010
200m Breast	G. Heyn	Ealing	2.27.28	Enfield	2010
50m Fly	A. Hopkin	Ealing	25.94	Sheffield	2018
100m Fly	A. Hopkin	Ealing	58.92	Sheffield	2018
200m Fly	L Thornton	Ealing	2.12.77	Sheffield	2019
100m IM	I Hindley	Brompton	1.00.80	Sheffield	2019
200m IM	A. Larson	Camden Swiss Cottage	2.12.87	Sheffield	2018
400m IM	A. Larson	Camden Swiss Cottage	4.42.44	Stockport	2018
200m Medley Relay		Ealing	1.56.32	Basildon	2014
200m Freestyle Relay		Natare	1.45.74	Edinburgh	2018
400m Medley Relay		Ealing	4.06.89	Leeds	2009
400m Freestyle Relay		Ealing	3.39.76	Sheffield	2016
800m Freestyle Relay		Ealing	8.03.32	Leeds	2009

Womens Long Course

50m Free	A. Hopkin	Ealing	24.34	Gwangju	2019
100m Free	A. Hopkin	Ealing	53.21	Gwangju	2019
200m Free	G. Boyle	Chelsea & Westminster	1.59.72	Sheffield	2015
400m Free	G. Boyle	Chelsea & Westminster	4.13.55	Sheffield	2015
800m Free	L. Vos	Hillingdon	8.50.02	Sheffield	2018
1500m Free	F. Lewis	Barnet Copthall	16.43.21	London	2020
50m Back	E. Avramova	Ealing	28.49	London	2016
100m Back	E. Avramova	Ealing	1.00.52	London	2016
200m Back	K. Mann	Hillingdon	2.09.77	Sheffield	2012
50m Breast	G. Heyn	Ealing	32.16	Glasgow	2011
100m Breast	G. Heyn	Ealing	1.10.79	Sheffield	2010
200m Breast	E. Surminski	Brompton	2.32.97	London	2019
50m Fly	A. Ntountounaki	Camden Swiss Cottage	26.50	Sheffield	2019
100m Fly	A. Ntountounaki	Camden Swiss Cottage	58.52	Sheffield	2019
200m Fly	A. Larson	Camden Swiss Cottage	2.12.80	Glasgow	2019
200m IM	K. Mann	Hillingdon	2.15.55	Sheffield	2012
400m IM	K. Mann	Hillingdon	4.45.64	Sheffield	2012
200m Medley Relay		Ealing	2.00.99	Sheffield	2010
200m Freestyle Relay		Barnet Copthall	1.54.03	Crystal Palace	1995
400m Medley Relay		Hillingdon	4.15.44	Sheffield	2011
400m Freestyle Relay		Ealing	3.49.95	Sheffield	2018
800m Freestyle Relay		Ealing	8.22.07	Sheffield	2018

Mens

Short Course

50m Free	C. Turner	Ealing	21.50	Leeds	2009
100m Free	C. Turner	Ealing	47.90	Leeds	2009
200m Free	M. Fibbens	Barnet Copthall	1.49.23		1990
400m Free	J. Smithers	Ealing	3.51.50	Manchester	2004
800m Free	J. Smithers	Ealing	8.16.91	Enfield	2002
1500m Free	A. Mackay	Camden Swiss Cottage	15.52.72	Enfield	2008
50m Back	N. Willey	Ealing	24.55	Norwich	2001
100m Back	N. Willey	Barnet Copthall	53.23	Rio de Janeiro Brazil	1995
200m Back	J. Olin	CSC	1.59.50	Sheffield	2019
50m Breast	I. Hulme	Ealing	26.89	Leeds	2009
100m Breast	I. Hulme	Ealing	59.36	Leeds	2009
200m Breast	C. Jones	Ealing	2.10.45	Leeds	2009
50m Fly	J. Parkinson	C & W	23.61	Sheffield	2019
100m Fly	I. Hulme	Ealing	51.27	Leeds	2009
200m Fly	P. Hubble	Hounslow	1.59.39	Canada	1983
100m IM	M. Harris	Tower Hamlets	55.95	Imperia Italy	1997
200m IM	J. Britton	Ealing	1.59.77	Sheffield	2019
400m IM	J. Britton	Ealing	4.15.03	Sheffield	2019
200m Medley Relay		Ealing	1.45.56	Basildon	2014
200m Freestyle Relay		Ealing	1.36.84	Enfield	2009
400m Medley Relay		Ealing	3.36.27	Leeds	2009
400m Freestyle Relay		Ealing	3.17.95	Leeds	2009
800m Freestyle Relay		Ealing	7.19.67	Leeds	2009

Mens

Long Course

50m Free	C. Turner	Ealing	22.18	Sheffield	2009
100m Free	C. Turner	Ealing	49.81	Sheffield	2008
200m Free	A. Lindenberg	Ealing	1.51.12	Glasgow	2010
400m Free	J. Smithers	Ealing	3.59.79	Sheffield	2004
800m Free	A. Mackay	Camden Swiss Cottage	8.24.53	Sheffield	2008
1500m Free	B. Slavinec	Barnet Copthall	15.57.41	Sheffield	2014
50m Back	J. Murphy	Ealing	25.82	Israel	2017
100m Back	J. Murphy	Ealing	55.90	Israel	2017
200m Back	C. Boldison	Barnet Copthall	2.00.60	Sheffield	2012
50m Breast	L. Clifford-Stephen	C & W	27.86	Sheffield	2017
100m Breast	C. Jones	Ealing	1.01.89	Sheffield	2009
200m Breast	C. Jones.	Ealing	2.15.52	Sheffield	2009
50m Fly	C. Rotundo	Ealing	24.66	London	2018
100m Fly	B. Hooper	Hillingdon	54.61	Sheffield	2018
200m Fly	B Hooper	Hillingdon	2.01.37	Sheffield	2018
200m IM	J. Britton	Ealing	2.04.96	Dublin	2019
400m IM	J. Britton	Ealing	4.23.47	Dublin	2019
200m Medley Relay		Ealing	1.45.70	Sheffield	2010
200m Free Relay		Barnet Copthall	1.40.06	Sheffield	2001
400m Free Relay		Ealing	3.28.83	Sheffield	2015
400m Medley Relay		Ealing	3.46.33	Sheffield	2017
800m Free Relay		Ealing	7.50.92	Sheffield	2015

OPEN MEET LICENSING GUIDELINES

Meet Licensing provides common ground rules for the conduct of swimming events to ensure that, wherever possible, every swimmer will have the opportunity to swim in appropriate, quality competition to enable them to achieve their full potential.

The document 'Success is Long Term' gives excellent background information about the rationale behind Meet Licensing.

Full details of the Guidelines and Levels of Officials required for the various licensed meet levels can be found at the British Swimming website on this link:

http://www.swimming.org/assets/uploads/library/ASA_Logo_Open_Meet_Licensing_Criteria-V2.pdf

REGISTERED AQUATIC OFFICIALS

Historically, MCASA has published lists of officials that are linked to affiliated Clubs and Associations within Middlesex.

Recent changes in the application of the Data Protection Act have meant that all officials had to give express permission for their contact details to be published.

Therefore it has been decided not to publish details of officials – information can be obtained from individual clubs.

MCASA AFFILIATED CLUBS

Details of all affiliated clubs can be found by visiting their individual web sites:

Anaconda SC	Feltham SC	Natare West London SC
Aquavision N London SC	Forward Hillingdon SC	Otter SC
Barnet SC	Halliwick Penguin SC	Out to Swim
Barnet Cophall SC	Hampstead Heath Winter SC	Polytechnic S & WPC
Barnet Water Polo Club	Hackney Aquatics Club	Ruislip & Northwood SC
Bethnal Green Sharks SC	Haringey Aquatics SC	Sea Byrd SC
Borough of Harrow S.C.	Harrow Scout & Guide S.C	Serpentine SC
Brent Dolphins SC	Hayes & Harlington SC	Seymour Synchro Swims
Brompton S.C.	Hillingdon S.C	Staines SC
Broomfield Park SC	Hounslow Jets SC	Stock Exchange SC
Cally Masters Islington	Imp. College Union Synchro	Survive & Save SC
Camden Swiss Cottage SC	Isleworth Penguins S.C.	Teddington SC
Chelsea & Westminster SC	L B of Enfield WPC	Teddington Torpedoes
Citizens WPC	L B of Hounslow	Tower Hamlets SC
Ealing SC	London Disability SC	West London Penguin S & WPC
Eaton Square SC	London Region Synchronised	Westminster Triburones SC
Enfield Swim Squad	Metropolitan Police S.C.	Y Swim

VOLUNTEERS

ALL COUNTY COMPETITIONS ARE RUN BY VOLUNTARY OFFICIALS BOTH TECHNICAL AND NON-TECHNICAL IN ALL DISCIPLINES WITHOUT WHOSE ASSISTANCE THE EVENTS COULD NOT TAKE PLACE.

CAN YOU HELP, PLEASE????

**IF YOU ARE WILLING TO ASSIST IN ANY CAPACITY, PLEASE CONTACT THE MCASA SECRETARY ON
SECRETARY@MIDDLESEXSWIMMING.COM
ALL NECESSARY TRAINING WILL BE PROVIDED.**

THANK YOU!