

MCASA Masters 2018 - 03/06/2018
Meet Program

Event 1 Mixed 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Timed Finals				
2				
3	Wright, Helen	W55	Cally Masters Islington	4:00.00
4	Gormley, Oonagh	W60	Out to Swim	3:40.00
5	Green, Susan	W62	Cally Masters Islington	3:51.81
6	Cinnamon, Catherine	W68	Cally Masters Islington	6:00.00
7				
Heat 2 of 12 Timed Finals				
2	Pitcock, David	M69	Barnet Copthall SC	3:35.00
3	Link, Tal	W27	Out to Swim	3:30.00
4	Goad, Liz	W51	Otter	3:20.00
5	Carter, Vicki	W56	Out to Swim	3:25.00
6	XU, DI	W29	Out to Swim	3:30.00
7	Ray, Anthony	M74	Otter	3:35.00
Heat 3 of 12 Timed Finals				
2	De La Camara, Elena	W48	Camden Swiss Cottage S. C	3:18.25
3	Thomas, Robert	M75	Otter	3:15.00
4	Whatling, Richard	M64	Cally Masters Islington	3:12.00
5	Preston, Christopher	M67	Out to Swim	3:12.13
6	Knowles, Elizabeth	W58	Camden Swiss Cottage S. C	3:15.00
7	Gilbert, Jessica	W37	Barnet Copthall SC	3:20.00
Heat 4 of 12 Timed Finals				
2	Down, Ian	M56	Barnet Copthall SC	3:03.00
3	Johnson, Hilary	W60	Camden Swiss Cottage S. C	3:00.00
4	Adams, Zorika	W48	Camden Swiss Cottage S. C	2:56.29
5	Nelson, Jenny	W56	Cally Masters Islington	3:00.00
6	Parr, Derek	M74	Broomfield Park SC	3:00.00
7	Ward, Katie	W45	Hackney Aquatics	3:10.00
Heat 5 of 12 Timed Finals				
2	Droungas, George	M57	Barnet Copthall SC	2:55.00
3	Cartwright, Paul	M57	Camden Swiss Cottage S. C	2:50.00
4	Rowsome, Laura	W33	Out to Swim	2:50.00
5	Papalini, Davide	M35	Out to Swim	2:50.00
6	Cash, Bethan	W31	Cally Masters Islington	2:55.00
7	Rolf, Maree	W54	Cally Masters Islington	2:55.28
Heat 6 of 12 Timed Finals				
2	Manhartova, Zuzana	W26	Out to Swim	2:48.00
3	Adam, Rebecca	W37	Cally Masters Islington	2:45.00
4	Weind, Sarah	W41	Camden Swiss Cottage S. C	2:45.00
5	Shaw, Elizabeth	W52	Otter	2:45.00
6	Bateson, Natalie	W52	Barnet Copthall SC	2:47.60
7	Perry, Sara	W61	Cally Masters Islington	2:49.80
Heat 7 of 12 Timed Finals				
2	Flynn, Dermot	M42	Out to Swim	2:40.00
3	Kinsella, Fiona	W34	Camden Swiss Cottage S. C	2:36.35
4	Magrath, Sara	W31	Camden Swiss Cottage S. C	2:36.34
5	Durno, Kimberley	W31	Camden Swiss Cottage S. C	2:36.35
6	Shivik, Maida	W44	Camden Swiss Cottage S. C	2:40.00
7	Irurzun, Jaime	M32	Out to Swim	2:41.35
Heat 8 of 12 Timed Finals				
2	Andreini, Paolo	M28	Camden Swiss Cottage S. C	2:32.00
3	Muir-Cochrane, Nuala	W54	Barnet Copthall SC	2:30.00
4	Carniato, Nicola	M42	Camden Swiss Cottage S. C	2:30.00
5	Hall, Lucy	W36	Hackney Aquatics	2:30.00
6	Porter, Christine	W58	Barnet Copthall SC	2:30.48
7	Lorimer, Stephen	M40	Cally Masters Islington	2:36.25
Heat 9 of 12 Timed Finals				
2	Stops, Caspar	M35	Otter	2:26.08
3	Daniels, Chris	M49	Camden Swiss Cottage S. C	2:25.00
4	Pascoe, Clinton	M41	Out to Swim	2:22.00
5	May, Christopher	M26	Ealing	2:23.23
6	Kernkraut, Jonathan	M42	Cally Masters Islington	2:25.00
7	Ramsay, Stephanie	W25	Out to Swim	2:28.12

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Heat 10 of 12 Timed Finals (Event 1 Mixed 200 SC Meter Freestyle)

2	Young, Nils	M42	Cally Masters Islington	2:20.00
3	Howard, Mark	M33	Cally Masters Islington	2:18.16
4	Lawrence, Nicola	W20	Haringey Aquatics	2:17.69
5	Davies, Alexandra	W24	Camden Swiss Cottage S. C	2:18.00
6	Marsden, Simon	M44	Barnet Cophall SC	2:20.00
7	Keller, Caroline	W19	Camden Swiss Cottage S. C	2:20.80

Heat 11 of 12 Timed Finals

2	Mc Quaid, Sean	M50	Barnet Cophall SC	2:13.50
3	Hopton, Chris	M43	Camden Swiss Cottage S. C	2:12.00
4	Caciagli, Lorenzo	M30	Cally Masters Islington	2:08.56
5	Escudero, Jose Manuel	M27	Hackney Aquatics	2:10.00
6	Reys, Mike	M44	Otter	2:12.00
7	Lue, Matthew	M36	Out to Swim	2:15.00

Heat 12 of 12 Timed Finals

2	Norman, James	M27	Camden Swiss Cottage S. C	2:05.42
3	Dotson, Bradley	M31	Camden Swiss Cottage S. C	2:05.00
4	Thomson, Neal	M27	Out to Swim	1:59.80
5	Gillespie, Craig	M31	Otter	2:03.50
6	Benson, Andrew	M29	Out to Swim	2:05.10
7	Dixon, Peter	M50	Tower Hamlets	2:08.00

Event 2 Mixed 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Timed Finals

2				
3	Beesley, Jean	W62	Out to Swim	NT
4	Botham, Paul	M71	Cally Masters Islington	1:15.00
5	Cinnamon, Catherine	W68	Cally Masters Islington	1:15.30
6				
7				

Heat 2 of 13 Timed Finals

2	Hassim, Oona	W47	Cally Masters Islington	1:05.00
3	Wright, Helen	W55	Cally Masters Islington	1:00.00
4	Francez, Romain	M29	Out to Swim	55.00
5	Green, Susan	W62	Cally Masters Islington	58.57
6	Giray, Hurriyet	W58	Camden Swiss Cottage S. C	1:00.00
7	Whatling, Richard	M64	Cally Masters Islington	1:05.00

Heat 3 of 13 Timed Finals

2	Thomas, Robert	M75	Otter	52.00
3	Appleby, Martin	M65	Ruislip and Northwood Swimming	50.00
4	Lee, Edmond	M51	Out to Swim	50.00
5	Parr, Derek	M74	Broomfield Park SC	50.00
6	Ward, Katie	W45	Hackney Aquatics	50.00
7	Gormley, Oonagh	W60	Out to Swim	55.00

Heat 4 of 13 Timed Finals

2	Alden, Judy	W72	Barnet Cophall SC	49.50
3	Johnson, Hilary	W60	Camden Swiss Cottage S. C	48.00
4	Shivik, Maida	W44	Camden Swiss Cottage S. C	48.00
5	Hopps, Alex	W40	Out to Swim	48.00
6	Austin, Simon	M54	Out to Swim	48.00
7	Nelson, Jenny	W56	Cally Masters Islington	50.00

Heat 5 of 13 Timed Finals

2	Quinn, Rory	M38	Out to Swim	45.00
3	Shaw, Elizabeth	W52	Otter	45.00
4	Abdu, Waddaah	M38	Out to Swim	45.00
5	Rowsome, Laura	W33	Out to Swim	45.00
6	Hesselbo, Ingrid	W26	Cally Masters Islington	45.00
7	Rolf, Maree	W54	Cally Masters Islington	47.96

Heat 6 of 13 Timed Finals

2	Perry, Sara	W61	Cally Masters Islington	44.61
3	Manhartova, Zuzana	W26	Out to Swim	43.00
4	Browne, Kurt	M66	Camden Swiss Cottage S. C	42.00
5	Cox, Michael	M28	Out to Swim	42.50
6	Tutt, Sally	W62	Barnet Cophall SC	44.00
7	Fazekan, Reka	W30	Ealing	45.00

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Heat 7 of 13 Timed Finals (Event 2 Mixed 50 SC Meter Breaststroke)

2	Took, Christine	W28 Hackney Aquatics	41.25
3	Fidler, Chris	M65 Teddington SC	41.00
4	Keller, Caroline	W19 Camden Swiss Cottage S. C	40.40
5	Zafer, Caspar	M43 Hackney Aquatics	41.00
6	Durno, Kimberley	W31 Camden Swiss Cottage S. C	41.00
7	Adam, Rebecca	W37 Cally Masters Islington	42.00

Heat 8 of 13 Timed Finals

2	Young, Nils	M42 Cally Masters Islington	40.00
3	Procter, Sarah	W22 Barnet Copthall SC	39.92
4	Chung, Nin Au	M23 Out to Swim	39.50
5	Hall, Lucy	W36 Hackney Aquatics	39.50
6	Procter, Neil	M58 Barnet Copthall SC	39.94
7	Carniato, Nicola	M42 Camden Swiss Cottage S. C	40.00

Heat 9 of 13 Timed Finals

2	Lorimer, Stephen	M40 Cally Masters Islington	39.20
3	Trabolsi, Juan Carlos	M41 Westminster Tiburones	39.00
4	Lief, Kevin	M51 Barnet Copthall SC	38.10
5	Sutherland, Andrew	M32 Camden Swiss Cottage S. C	38.90
6	Grant, Nicholas	M33 Out to Swim	39.00
7	Lawrence, Nicola	W20 Haringey Aquatics	39.48

Heat 10 of 13 Timed Finals

2	Kaethner, Chris	M63 Hackney Aquatics	38.00
3	Forrest, David	M57 Out to Swim	38.00
4	Marsden, Simon	M44 Barnet Copthall SC	37.00
5	Lumby, Dougal	M48 Broomfield Park SC	37.50
6	Rey-Echevarria, Aitor	M33 Out to Swim	38.00
7	Flynn, Dermot	M42 Out to Swim	38.00

Heat 11 of 13 Timed Finals

2	Holme, Philip	M59 Barnet Copthall SC	36.80
3	Svrckova, Jana	W28 Hillingdon S C	36.50
4	Mc Guinness, Ian	M35 Westminster Tiburones	35.99
5	Howard, Mark	M33 Cally Masters Islington	36.02
6	Perugi, Stephen	M47 Teddington SC	36.58
7	Caciagli, Lorenzo	M30 Cally Masters Islington	37.00

Heat 12 of 13 Timed Finals

2	May, Christopher	M26 Ealing	33.85
3	Reys, Mike	M44 Otter	33.20
4	Skliarov, Ilya	M26 Camden Swiss Cottage S. C	32.74
5	Bland, Daniel	M34 Hackney Aquatics	33.00
6	Gill-Nasadi, Dontony	M26 Otter	33.79
7	Clark, Stephen	M28 Out to Swim	35.00

Heat 13 of 13 Timed Finals

2	Wai Kwong Wan, Matt	M33 Otter	31.61
3	Taliga, David	M27 Hillingdon S C	30.50
4	Benson, Andrew	M29 Out to Swim	29.71
5	Gillespie, Craig	M31 Otter	30.17
6	Thomson, Neal	M27 Out to Swim	30.70
7	Lue, Matthew	M36 Out to Swim	32.50

Event 3 Mixed 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Timed Finals

2				
3	Cinnamon, Catherine	W68	Cally Masters Islington	1:12.00
4	Green, Susan	W62	Cally Masters Islington	59.98
5	Dana, Michael	M73	Cally Masters Islington	1:10.00
6				
7				

Heat 2 of 13 Timed Finals

2	Francez, Romain	M29	Out to Swim	55.00
3	Pitcock, David	M69	Barnet Copthall SC	52.00
4	Austin, Simon	M54	Out to Swim	50.00
5	Whatling, Richard	M64	Cally Masters Islington	50.00
6	Nelson, Jenny	W56	Cally Masters Islington	55.00
7				

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Heat 3 of 13 Timed Finals Event 3 Mixed 50 SC Meter Butterfly					
2	Johnson, Hilary	W60	Camden Swiss Cottage S. C		46.00
3	Hesselbo, Ingrid	W26	Cally Masters Islington		45.00
4	Ward, Katie	W45	Hackney Aquatics		45.00
5	Cartwright, Paul	M57	Camden Swiss Cottage S. C		45.00
6	Abdu, Waddaah	M38	Out to Swim		45.00
7	Hopps, Alex	W40	Out to Swim		48.00
Heat 4 of 13 Timed Finals					
2	Link, Tal	W27	Out to Swim		45.00
3	Cash, Bethan	W31	Cally Masters Islington		43.00
4	Rolf, Maree	W54	Cally Masters Islington		41.94
5	Fazekan, Reka	W30	Ealing		42.00
6	Perry, Sara	W61	Cally Masters Islington		44.82
7	Shaw, Elizabeth	W52	Otter		45.00
Heat 5 of 13 Timed Finals					
2	MacLean, Susan	W43	Camden Swiss Cottage S. C		40.50
3	Blakemore, David	M34	Cally Masters Islington		39.35
4	Flynn, Dermot	M42	Out to Swim		39.00
5	Manhartova, Zuzana	W26	Out to Swim		39.00
6	Rowsome, Laura	W33	Out to Swim		40.00
7	West, Zoe	W41	Camden Swiss Cottage S. C		40.59
Heat 6 of 13 Timed Finals					
2	Muir-Cochrane, Nuala	W54	Barnet Copthall SC		38.00
3	Weind, Sarah	W41	Camden Swiss Cottage S. C		37.00
4	Fidler, Chris	M65	Teddington SC		36.36
5	Browne, Kurt	M66	Camden Swiss Cottage S. C		37.00
6	Green, Tracey	W55	Barnet Copthall SC		37.80
7	Hopton, Chris	M43	Camden Swiss Cottage S. C		38.00
Heat 7 of 13 Timed Finals					
2	Ramsay, Stephanie	W25	Out to Swim		36.15
3	Randall, Roger	M47	Barnet Copthall SC		36.00
4	Jaeggi, Christine	W37	Cally Masters Islington		35.50
5	Lorimer, Stephen	M40	Cally Masters Islington		35.55
6	Bateson, Natalie	W52	Barnet Copthall SC		36.10
7	Hall, Lucy	W36	Hackney Aquatics		36.17
Heat 8 of 13 Timed Finals					
2	Lief, Kevin	M51	Barnet Copthall SC		35.10
3	Sarracino, Antonio	M30	Camden Swiss Cottage S. C		35.00
4	Carniato, Nicola	M42	Camden Swiss Cottage S. C		35.00
5	Adam, Rebecca	W37	Cally Masters Islington		35.00
6	Trabolsi, Juan Carlos	M41	Westminster Tiburones		35.00
7	Parr, Derek	M74	Broomfield Park SC		35.50
Heat 9 of 13 Timed Finals					
2	Dawson, Lisa	W40	Barnet Copthall SC		34.50
3	Perugi, Stephen	M47	Teddington SC		34.07
4	Porter, Christine	W58	Barnet Copthall SC		34.00
5	Howard, Mark	M33	Cally Masters Islington		34.06
6	Cumber, Helen	W26	Camden Swiss Cottage S. C		34.11
7	Rey-Echevarria, Aitor	M33	Out to Swim		34.77
Heat 10 of 13 Timed Finals					
2	Davies, Alexandra	W24	Camden Swiss Cottage S. C		34.00
3	Lawrence, Nicola	W20	Haringey Aquatics		33.21
4	Mathews, Stuart	M54	Camden Swiss Cottage S. C		33.00
5	Lumby, Dougal	M48	Broomfield Park SC		33.00
6	Dotson, Bradley	M31	Camden Swiss Cottage S. C		34.00
7	Pascoe, Clinton	M41	Out to Swim		34.00
Heat 11 of 13 Timed Finals					
2	Marsden, Simon	M44	Barnet Copthall SC		32.00
3	Law, Sarah-Jane	W29	Otter		31.99
4	Procter, Neil	M58	Barnet Copthall SC		31.61
5	Stops, Caspar	M35	Otter		31.91
6	Forrest, David	M57	Out to Swim		32.00
7	Irurzun, Jaime	M32	Out to Swim		32.66

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Heat 12 of 13 Timed Finals (Event 3 Mixed 50 SC Meter Butterfly)

2	Aranaz Padron, Manuel	M29	Camden Swiss Cottage S. C	31.00
3	Gill-Nasadi, Dontony	M26	Otter	30.00
4	Reys, Mike	M44	Otter	29.50
5	Buxton, David	M35	Out to Swim	29.89
6	Bland, Daniel	M34	Hackney Aquatics	30.00
7	Caciagli, Lorenzo	M30	Cally Masters Islington	31.50

Heat 13 of 13 Timed Finals

2	Kernkraut, Jonathan	M42	Cally Masters Islington	29.00
3	Gillespie, Craig	M31	Otter	27.68
4	Thomson, Neal	M27	Out to Swim	25.80
5	Benson, Andrew	M29	Out to Swim	27.17
6	Norman, James	M27	Camden Swiss Cottage S. C	28.35
7	Procter, Sarah	W22	Barnet Copthall SC	29.19

Event 4 Women 100 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Timed Finals			
2	Barnet Copthall SC	W280 A	1:45.00
3	Cally Masters Islington	W240 A	1:40.00
4	Cally Masters Islington	W200 A	1:30.00
5	Camden Swiss Cottage S. C	W200 A	1:30.00
6	Barnet Copthall SC	W200 A	1:30.00
7	Out to Swim	W200 A	1:30.00
Heat 2 of 2 Timed Finals			
2			
3	Camden Swiss Cottage S. C	W160 A	1:20.00
4	Camden Swiss Cottage S. C	W120 A	1:10.00
5	Cally Masters Islington	W120 A	1:10.00
6	Out to Swim	W100 A	1:05.00
7	Barnet Copthall SC	W72 A	1:00.00

Event 5 Men 100 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Timed Finals			
2			
3	Cally Masters Islington	M240 A	1:40.00
4	Barnet Copthall SC	M240 A	1:40.00
5	Out to Swim	M200 A	1:30.00
6	Barnet Copthall SC	M200 A	1:30.00
7			
Heat 2 of 3 Timed Finals			
2			
3	Camden Swiss Cottage S. C	M160 A	1:20.00
4	Camden Swiss Cottage S. C	M160 B	1:20.00
5	Out to Swim	M160 A	1:20.00
6	Cally Masters Islington	M160 A	1:20.00
7			
Heat 3 of 3 Timed Finals			
2	Cally Masters Islington	M120 A	1:10.00
3	Otter	M120 A	1:10.00
4	Out to Swim	M120 A	1:10.00
5	Out to Swim	M100 A	1:05.00
6	Camden Swiss Cottage S. C	M100 A	1:05.00
7			

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Event 6 Mixed 100 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Timed Finals			
2	Cally Masters Islington	X240 A	1:40.00
3	Barnet Cophall SC	X240 A	1:40.00
4			
5	Cally Masters Islington	X160 A	1:20.00
6	Camden Swiss Cottage S. C	X160 A	1:20.00
7	Out to Swim	X160 A	1:20.00
Heat 2 of 3 Timed Finals			
2	Barnet Cophall SC	X200 C	1:30.00
3	Otter	X200 A	1:30.00
4	Camden Swiss Cottage S. C	X200 A	1:30.00
5	Barnet Cophall SC	X200 A	1:30.00
6	Cally Masters Islington	X200 A	1:30.00
7	Barnet Cophall SC	X200 B	1:30.00
Heat 3 of 3 Timed Finals			
2			
3	Camden Swiss Cottage S. C	X100 A	1:05.00
4	Cally Masters Islington	X120 A	1:10.00
5	Out to Swim	X120 A	1:10.00
6	Camden Swiss Cottage S. C	X120 A	1:10.00
7			

30 minutes break

Event 7 not commencing before 4pm

Event 7 Women 100 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Timed Finals			
2	Barnet Cophall SC	W280 A	1:45.00
3	Cally Masters Islington	W240 A	1:40.00
4	Out to Swim	W200 A	1:30.00
5	Cally Masters Islington	W200 A	1:30.00
6	Camden Swiss Cottage S. C	W200 A	1:30.00
7	Barnet Cophall SC	W200 A	1:30.00
Heat 2 of 2 Timed Finals			
2			
3	Camden Swiss Cottage S. C	W72 A	1:00.00
4	Barnet Cophall SC	W72 A	1:00.00
5	Out to Swim	W100 A	1:05.00
6	Cally Masters Islington	W120 A	1:10.00
7	Camden Swiss Cottage S. C	W160 A	1:20.00

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Event 8 Men 100 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Timed Finals			
2			
3	Barnet Copthall SC	M240 A	1:40.00
4	Cally Masters Islington	M240 A	1:40.00
5	Cally Masters Islington	M160 A	1:20.00
6	Out to Swim	M160 A	1:20.00
7			
Heat 2 of 3 Timed Finals			
2			
3	Out to Swim	M200 A	1:30.00
4	Barnet Copthall SC	M200 A	1:30.00
5	Camden Swiss Cottage S. C	M200 A	1:30.00
6			
7			
Heat 3 of 3 Timed Finals			
2	Out to Swim	M120 A	1:10.00
3	Cally Masters Islington	M120 A	1:10.00
4	Otter	M120 A	1:10.00
5	Camden Swiss Cottage S. C	M120 A	1:10.00
6	Camden Swiss Cottage S. C	M100 A	1:05.00
7	Out to Swim	M100 A	1:05.00

Event 9 Mixed 100 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Timed Finals			
2	Cally Masters Islington	X240 A	1:40.00
3	Barnet Copthall SC	X240 A	1:40.00
4			
5	Out to Swim	X160 A	1:20.00
6	Cally Masters Islington	X160 A	1:20.00
7	Barnet Copthall SC	X160 A	1:20.00
Heat 2 of 3 Timed Finals			
2	Barnet Copthall SC	X200 A	1:30.00
3	Otter	X200 A	1:30.00
4	Cally Masters Islington	X200 A	1:30.00
5	Barnet Copthall SC	X200 B	1:30.00
6	Camden Swiss Cottage S. C	X200 B	1:30.00
7	Camden Swiss Cottage S. C	X200 A	1:30.00
Heat 3 of 3 Timed Finals			
2	Cally Masters Islington	X120 A	1:10.00
3	Camden Swiss Cottage S. C	X120 B	1:10.00
4	Camden Swiss Cottage S. C	X120 A	1:10.00
5	Out to Swim	X120 A	1:10.00
6	Camden Swiss Cottage S. C	X72 A	1:00.00
7			

Event 10 Mixed 100 SC Meter IM

Lane	Name	Age Team	Seed Time
Heat 1 of 14 Timed Finals			
2	Giray, Hurriyet	W58 Camden Swiss Cottage S. C	2:15.00
3	Green, Susan	W62 Cally Masters Islington	2:01.66
4	Gilbert, Jessica	W37 Barnet Copthall SC	1:55.00
5	Davila-Jijon, Pablo	M48 Out to Swim	2:00.00
6	Francez, Romain	M29 Out to Swim	2:15.00
7	Cinnamon, Catherine	W68 Cally Masters Islington	2:40.00
Heat 2 of 14 Timed Finals			
2	Austin, Simon	M54 Out to Swim	1:50.00
3	Whatling, Richard	M64 Cally Masters Islington	1:48.00
4	Chung, Nin Au	M23 Out to Swim	1:45.00
5	Preston, Christopher	M67 Out to Swim	1:46.40
6	De La Camara, Elena	W48 Camden Swiss Cottage S. C	1:49.99
7	Lee, Edmond	M51 Out to Swim	1:55.00

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Heat 3 of 14 Timed Finals (Event 10 Mixed 100 SC Meter IM)		
2	Hopps, Alex	W40 Out to Swim 1:45.00
3	Hesselbo, Ingrid	W26 Cally Masters Islington 1:40.00
4	Ward, Katie	W45 Hackney Aquatics 1:40.00
5	Link, Tal	W27 Out to Swim 1:40.00
6	Nelson, Jenny	W56 Cally Masters Islington 1:45.00
7	Knowles, Elizabeth	W58 Camden Swiss Cottage S. C 1:45.00
Heat 4 of 14 Timed Finals		
2	Manhartova, Zuzana	W26 Out to Swim 1:35.00
3	Tutt, Sally	W62 Barnet Copthall SC 1:34.00
4	Cartwright, Paul	M57 Camden Swiss Cottage S. C 1:30.00
5	Perry, Sara	W61 Cally Masters Islington 1:30.71
6	Papalini, Davide	M35 Out to Swim 1:35.00
7	Johnson, Hilary	W60 Camden Swiss Cottage S. C 1:36.00
Heat 5 of 14 Timed Finals		
2	Green, Tracey	W55 Barnet Copthall SC 1:30.00
3	Weind, Sarah	W41 Camden Swiss Cottage S. C 1:30.00
4	Rolf, Maree	W54 Cally Masters Islington 1:29.21
5	Zerdin, Dorothy	W48 Hackney Aquatics 1:30.00
6	Kaethner, Chris	M63 Hackney Aquatics 1:30.00
7	Cash, Bethan	W31 Cally Masters Islington 1:30.00
Heat 6 of 14 Timed Finals		
2	Shaw, Elizabeth	W52 Otter 1:28.00
3	Irurzun, Jaime	M32 Out to Swim 1:26.37
4	Muir-Cochrane, Nuala	W54 Barnet Copthall SC 1:25.00
5	Rowsome, Laura	W33 Out to Swim 1:26.00
6	Grant, Nicholas	M33 Out to Swim 1:28.00
7	Fazekan, Reka	W30 Ealing 1:29.00
Heat 7 of 14 Timed Finals		
2	Durno, Kimberley	W31 Camden Swiss Cottage S. C 1:24.00
3	Adam, Rebecca	W37 Cally Masters Islington 1:23.00
4	Hall, Lucy	W36 Hackney Aquatics 1:22.00
5	Ramsay, Stephanie	W25 Out to Swim 1:22.00
6	Holme, Philip	M59 Barnet Copthall SC 1:24.00
7	Barber, Edd	M36 Hackney Aquatics 1:25.00
Heat 8 of 14 Timed Finals		
2	Fidler, Chris	M65 Teddington SC 1:21.16
3	Rey-Echevarria, Aitor	M33 Out to Swim 1:20.72
4	Dawson, Lisa	W40 Barnet Copthall SC 1:20.00
5	Clark, Stephen	M28 Out to Swim 1:20.00
6	Keller, Caroline	W19 Camden Swiss Cottage S. C 1:21.08
7	Law, Sarah-Jane	W29 Otter 1:21.23
Heat 9 of 14 Timed Finals		
2	Browne, Kurt	M66 Camden Swiss Cottage S. C 1:20.00
3	Lorimer, Stephen	M40 Cally Masters Islington 1:18.92
4	Lief, Kevin	M51 Barnet Copthall SC 1:17.50
5	Sutherland, Andrew	M32 Camden Swiss Cottage S. C 1:18.40
6	Barrison, Helen	W43 Barnet Copthall SC 1:19.19
7	Flynn, Dermot	M42 Out to Swim 1:20.00
Heat 10 of 14 Timed Finals		
2	Magrath, Sara	W31 Camden Swiss Cottage S. C 1:17.00
3	Took, Christine	W28 Hackney Aquatics 1:15.82
4	Kinsella, Fiona	W34 Camden Swiss Cottage S. C 1:15.72
5	Procter, Neil	M58 Barnet Copthall SC 1:15.78
6	Stops, Caspar	M35 Otter 1:16.21
7	Randall, Roger	M47 Barnet Copthall SC 1:17.00
Heat 11 of 14 Timed Finals		
2	Mathews, Stuart	M54 Camden Swiss Cottage S. C 1:15.00
3	Lawrence, Nicola	W20 Haringey Aquatics 1:13.27
4	Buxton, David	M35 Out to Swim 1:12.27
5	Pascoe, Clinton	M41 Out to Swim 1:13.00
6	Andreini, Paolo	M28 Camden Swiss Cottage S. C 1:14.00
7	Svrckova, Jana	W28 Hillingdon S C 1:15.00

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Heat 12 of 14 Timed Finals (Event 10 Mixed 100 SC Meter IM)				
2	Kernkraut, Jonathan	M42	Cally Masters Islington	1:12.00
3	Procter, Sarah	W22	Barnet Cophall SC	1:11.04
4	Gill-Nasadi, Dontony	M26	Otter	1:10.05
5	Howard, Mark	M33	Cally Masters Islington	1:10.86
6	Marsden, Simon	M44	Barnet Cophall SC	1:12.00
7	Forrest, David	M57	Out to Swim	1:12.00
Heat 13 of 14 Timed Finals				
2	Bland, Daniel	M34	Hackney Aquatics	1:10.00
3	Aranaz Padron, Manuel	M29	Camden Swiss Cottage S. C	1:09.00
4	Reys, Mike	M44	Otter	1:06.50
5	Taliga, David	M27	Hillingdon S C	1:08.00
6	Caciagli, Lorenzo	M30	Cally Masters Islington	1:09.49
7	Perugi, Stephen	M47	Teddington SC	1:10.00
Heat 14 of 14 Timed Finals				
2	Lue, Matthew	M36	Out to Swim	1:04.00
3	Benson, Andrew	M29	Out to Swim	1:02.83
4	Thomson, Neal	M27	Out to Swim	59.90
5	Gillespie, Craig	M31	Otter	1:01.93
6	Wai Kwong Wan, Matt	M33	Otter	1:03.84
7	Dotson, Bradley	M31	Camden Swiss Cottage S. C	1:05.00

Event 11 Mixed 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Timed Finals				
2				
3	Beesley, Jean	W62	Out to Swim	NT
4	Botham, Paul	M71	Cally Masters Islington	1:15.00
5	Cinnamon, Catherine	W68	Cally Masters Islington	1:20.00
6				
7				
Heat 2 of 10 Timed Finals				
2	Green, Susan	W62	Cally Masters Islington	1:00.94
3	Nelson, Jenny	W56	Cally Masters Islington	59.00
4	Lee, Edmond	M51	Out to Swim	55.00
5	Davila-Jijon, Pablo	M48	Out to Swim	59.00
6	Wright, Helen	W55	Cally Masters Islington	1:00.00
7				
Heat 3 of 10 Timed Finals				
2	Pitcock, David	M69	Barnet Cophall SC	53.00
3	Ray, Anthony	M74	Otter	51.00
4	Appleby, Martin	M65	Ruislip and Northwood Swimming	50.00
5	Johnson, Hilary	W60	Camden Swiss Cottage S. C	50.00
6	Whatling, Richard	M64	Cally Masters Islington	52.00
7	Breslin, Susie	W71	Barnet Cophall SC	54.00
Heat 4 of 10 Timed Finals				
2	Perry, Sara	W61	Cally Masters Islington	47.51
3	Preston, Christopher	M67	Out to Swim	45.50
4	Cartwright, Paul	M57	Camden Swiss Cottage S. C	45.00
5	Cox, Michael	M28	Out to Swim	45.00
6	Shaw, Elizabeth	W52	Otter	47.00
7	Ward, Katie	W45	Hackney Aquatics	50.00
Heat 5 of 10 Timed Finals				
2	Blakemore, David	M34	Cally Masters Islington	41.51
3	Ramsay, Stephanie	W25	Out to Swim	41.00
4	Lorimer, Stephen	M40	Cally Masters Islington	40.02
5	MacLean, Susan	W43	Camden Swiss Cottage S. C	40.50
6	Rolf, Maree	W54	Cally Masters Islington	41.21
7	Thomas, Robert	M75	Otter	45.00
Heat 6 of 10 Timed Finals				
2	Hopton, Chris	M43	Camden Swiss Cottage S. C	40.00
3	Rowsome, Laura	W33	Out to Swim	40.00
4	Droungas, George	M57	Barnet Cophall SC	40.00
5	Cash, Bethan	W31	Cally Masters Islington	40.00
6	Dawson, Lisa	W40	Barnet Cophall SC	40.00
7	Zerdin, Dorothy	W48	Hackney Aquatics	40.00

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Heat 7 of 10 Timed Finals (Event 11 Mixed 50 SC Meter Backstroke)

2	May, Christopher	M26	Ealing	38.36
3	Barber, Edd	M36	Hackney Aquatics	38.00
4	Young, Nils	M42	Cally Masters Islington	37.00
5	Fidler, Chris	M65	Teddington SC	37.22
6	Procter, Neil	M58	Barnet Copthall SC	38.15
7	Lief, Kevin	M51	Barnet Copthall SC	39.00

Heat 8 Timed Finals...

2	Barrison, Helen	W43	Barnet Copthall SC	36.93
3	Took, Christine	W28	Hackney Aquatics	35.60
4	Clark, Stephen	M28	Out to Swim	35.00
5	Procter, Sarah	W22	Barnet Copthall SC	35.24
6	Forrest, David	M57	Out to Swim	36.00
7	Randall, Roger	M47	Barnet Copthall SC	37.00

Heat 9 of 10 Timed Finals

2	Howard, Mark	M33	Cally Masters Islington	34.07
3	Lawrence, Nicola	W20	Haringey Aquatics	33.74
4	Benson, Andrew	M29	Out to Swim	33.03
5	Cumber, Helen	W26	Camden Swiss Cottage S. C	33.72
6	Pascoe, Clinton	M41	Out to Swim	34.00
7	Marsden, Simon	M44	Barnet Copthall SC	35.00

Heat 10 of 10 Timed Finals

2	Caciagli, Lorenzo	M30	Cally Masters Islington	32.26
3	Thomson, Neal	M27	Out to Swim	29.90
4	Norman, James	M27	Camden Swiss Cottage S. C	28.84
5	Kernkraut, Jonathan	M42	Cally Masters Islington	29.00
6	Gillespie, Craig	M31	Otter	30.35
7	Reys, Mike	M44	Otter	32.70

Event 12 Mixed 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Timed Finals

2				
3	Beesley, Jean	W62	Out to Swim	NT
4	Cinnamon, Catherine	W68	Cally Masters Islington	1:10.00
5	Botham, Paul	M71	Cally Masters Islington	1:15.00
6				
7				

Heat 2 of 18 Timed Finals

2				
3	Francez, Romain	M29	Out to Swim	50.00
4	Green, Susan	W62	Cally Masters Islington	48.96
5	Wright, Helen	W55	Cally Masters Islington	50.00
6	Dana, Michael	M73	Cally Masters Islington	1:00.00
7				

Heat 3 of 18 Timed Finals

2	Gormley, Oonagh	W60	Out to Swim	45.00
3	Pitcock, David	M69	Barnet Copthall SC	43.00
4	Austin, Simon	M54	Out to Swim	42.00
5	Hopps, Alex	W40	Out to Swim	42.00
6	Gilbert, Jessica	W37	Barnet Copthall SC	44.00
7	Jackson, Jackie	W80	Barnet Copthall SC	48.10

Heat 4 of 18 Timed Finals

2	Nelson, Jenny	W56	Cally Masters Islington	42.00
3	Whatling, Richard	M64	Cally Masters Islington	41.00
4	Carter, Vicki	W56	Out to Swim	40.00
5	Goad, Liz	W51	Otter	40.40
6	Ray, Anthony	M74	Otter	41.00
7	Quinn, Rory	M38	Out to Swim	42.00

Heat 5 of 18 Timed Finals

2	Ward, Katie	W45	Hackney Aquatics	40.00
3	Thomas, Robert	M75	Otter	39.00
4	Down, Ian	M56	Barnet Copthall SC	38.00
5	De La Camara, Elena	W48	Camden Swiss Cottage S. C	38.50
6	Alden, Judy	W72	Barnet Copthall SC	39.50
7	Hesselbo, Ingrid	W26	Cally Masters Islington	40.00

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Heat 6 of 18 Timed Finals (Event 12 Mixed 50 SC Meter Freestyle)			
2	Appleby, Martin	M65 Ruislip and Northwood Swimming	38.00
3	Cox, Michael	M28 Out to Swim	36.36
4	Tutt, Sally	W62 Barnet Copthall SC	36.00
5	Preston, Christopher	M67 Out to Swim	36.26
6	Shivik, Maida	W44 Camden Swiss Cottage S. C	37.00
7	Johnson, Hilary	W60 Camden Swiss Cottage S. C	38.00
Heat 7 of 18 Timed Finals			
2	Daniels, Chris	M49 Camden Swiss Cottage S. C	36.00
3	Adams, Zorika	W48 Camden Swiss Cottage S. C	35.96
4	Blakemore, David	M34 Cally Masters Islington	35.81
5	Perry, Sara	W61 Cally Masters Islington	35.95
6	Maw, Chris	M30 Ealing	36.00
7	Cartwright, Paul	M57 Camden Swiss Cottage S. C	36.00
Heat 8 of 18 Timed Finals			
2	Rowsome, Laura	W33 Out to Swim	35.00
3	Shaw, Elizabeth	W52 Otter	35.00
4	Browne, Kurt	M66 Camden Swiss Cottage S. C	34.00
5	Barrison, Helen	W43 Barnet Copthall SC	34.50
6	Cash, Bethan	W31 Cally Masters Islington	35.00
7	Papalini, Davide	M35 Out to Swim	35.00
Heat 9 of 18 Timed Finals			
2	Droungas, George	M57 Barnet Copthall SC	34.00
3	Ramsay, Stephanie	W25 Out to Swim	34.00
4	Green, Tracey	W55 Barnet Copthall SC	33.50
5	Holme, Philip	M59 Barnet Copthall SC	33.50
6	Manhartova, Zuzana	W26 Out to Swim	34.00
7	Muir-Cochrane, Nuala	W54 Barnet Copthall SC	34.00
Heat 10 of 18 Timed Finals			
2	Sarracino, Antonio	M30 Camden Swiss Cottage S. C	33.00
3	Kaethner, Chris	M63 Hackney Aquatics	33.00
4	Bateson, Natalie	W52 Barnet Copthall SC	32.90
5	Barber, Edd	M36 Hackney Aquatics	33.00
6	MacLean, Susan	W43 Camden Swiss Cottage S. C	33.00
7	Took, Christine	W28 Hackney Aquatics	33.14
Heat 11 of 18 Timed Finals			
2	Zafer, Caspar	M43 Hackney Aquatics	32.50
3	Adam, Rebecca	W37 Cally Masters Islington	32.00
4	Abdu, Waddaah	M38 Out to Swim	31.56
5	Fidler, Chris	M65 Teddington SC	32.00
6	Keller, Caroline	W19 Camden Swiss Cottage S. C	32.10
7	Dawson, Lisa	W40 Barnet Copthall SC	32.50
Heat 12 of 18 Timed Finals			
2	Lorimer, Stephen	M40 Cally Masters Islington	31.40
3	Porter, Christine	W58 Barnet Copthall SC	31.00
4	Irurzun, Jaime	M32 Out to Swim	30.68
5	Rey-Echevarria, Aitor	M33 Out to Swim	30.86
6	Jackson, Cate	W54 Barnet Copthall SC	31.40
7	Perugi, Stephen	M47 Teddington SC	31.45
Heat 13 of 18 Timed Finals			
2	Lief, Kevin	M51 Barnet Copthall SC	30.50
3	Procter, Neil	M58 Barnet Copthall SC	30.07
4	Young, Nils	M42 Cally Masters Islington	30.00
5	Randall, Roger	M47 Barnet Copthall SC	30.05
6	Andreini, Paolo	M28 Camden Swiss Cottage S. C	30.50
7	Westcough, David	M24 Enfield Swim Squad	30.58
Heat 14 of 18 Timed Finals			
2	Mathews, Stuart	M54 Camden Swiss Cottage S. C	30.00
3	Ghee, Alex	M29 Westminster Tiburones	30.00
4	Cumber, Helen	W26 Camden Swiss Cottage S. C	29.85
5	Lawrence, Nicola	W20 Haringey Aquatics	29.94
6	Marsden, Simon	M44 Barnet Copthall SC	30.00
7	Chung, Nin Au	M23 Out to Swim	30.00

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Heat 15 of 18 Timed Finals (Event 12 Mixed 50 SC Meter Freestyle)			
2	Howard, Mark	M33 Cally Masters Islington	29.31
3	Clark, Stephen	M28 Out to Swim	29.00
4	Caciagli, Lorenzo	M30 Cally Masters Islington	28.29
5	Bland, Daniel	M34 Hackney Aquatics	28.50
6	Davies, Alexandra	W24 Camden Swiss Cottage S. C	29.20
7	Law, Sarah-Jane	W29 Otter	29.54
Heat 16 of 18 Timed Finals			
2	Dotson, Bradley	M31 Camden Swiss Cottage S. C	28.00
3	Sutherland, Andrew	M32 Camden Swiss Cottage S. C	27.60
4	Gill-Nasadi, Dontony	M26 Otter	27.37
5	Procter, Sarah	W22 Barnet Cophall SC	27.51
6	Stops, Caspar	M35 Otter	27.71
7	Hopton, Chris	M43 Camden Swiss Cottage S. C	28.00
Heat 17 of 18 Timed Finals			
2	Buxton, David	M35 Out to Swim	27.10
3	Reys, Mike	M44 Otter	26.10
4	Skliarov, Ilya	M26 Camden Swiss Cottage S. C	26.00
5	Taliga, David	M27 Hillingdon S C	26.10
6	Kernkraut, Jonathan	M42 Cally Masters Islington	27.00
7	Mc Guinness, Ian	M35 Westminster Tiburones	27.15
Heat 18 of 18 Timed Finals			
2	Gillespie, Craig	M31 Otter	25.52
3	Norman, James	M27 Camden Swiss Cottage S. C	24.80
4	Thomson, Neal	M27 Out to Swim	23.80
5	Lue, Matthew	M36 Out to Swim	24.50
6	Benson, Andrew	M29 Out to Swim	24.92
7	Wai Kwong Wan, Matt	M33 Otter	25.91

End of Meet
Estimated finish time 5.30pm

Presentation of Top Team trophies follows

Huge thanks to our County Officials and helpers giving up their time to run the Competition.

Swimmers, these people give up their time to help YOU.
Please remember to thank them