

Middlesex County ASA Masters 2019
Saturday 1st June 2019
Results and Scores

Event 1 Women 18-24 200 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Procter, Sarah	23	Barnet Copthall SC	2:18.93	2:20.77	6
	32.07	1:08.03 (35.96)	1:44.28 (36.25)	2:20.77 (36.49)	
2 Lawrence, Nicola	21	Hackney Aquatics	2:17.69	2:26.67	5
	33.34	1:10.24 (36.90)	1:48.27 (38.03)	2:26.67 (38.40)	

Event 1 Women 30-34 200 SC Meter Freestyle

1 Thorpe, Jessica	34	Hackney Aquatics	2:31.00	2:20.02	6
	32.12	1:07.18 (35.06)	1:43.69 (36.51)	2:20.02 (36.33)	

Event 1 Women 35-39 200 SC Meter Freestyle

1 Adam, Rebecca	38	Cally Masters Islington	2:45.35	2:39.87	6
	37.14	1:17.93 (40.79)	1:58.97 (41.04)	2:39.87 (40.90)	

Event 1 Women 40-44 200 SC Meter Freestyle

1 Hovanessian, Georgina	44	Cally Masters Islington	3:40.00	3:04.59	6
	43.92	1:29.60 (45.68)	2:19.14 (49.54)	3:04.59 (45.45)	

Event 1 Women 50-54 200 SC Meter Freestyle

1 Bateson, Natalie	53	Barnet Copthall SC	2:43.90	2:43.32	6
	36.92	1:18.51 (41.59)	2:01.73 (43.22)	2:43.32 (41.59)	
--- Davies, Claire	51	Cally Masters Islington	3:30.00	NS	

Event 1 Women 55-59 200 SC Meter Freestyle

1 Jackson, Cate	55	Barnet Copthall SC	2:21.00	2:20.89	6
	32.25	1:07.50 (35.25)	1:44.29 (36.79)	2:20.89 (36.60)	

Event 1 Women 60-64 200 SC Meter Freestyle

1 Perry, Sara	62	Cally Masters Islington	2:50.52	2:51.43	6
	38.34	1:21.45 (43.11)	2:06.34 (44.89)	2:51.43 (45.09)	
2 Procter, Sue	63	Barnet Copthall SC	3:04.50	3:12.57	5
	43.02	1:31.32 (48.30)	2:21.95 (50.63)	3:12.57 (50.62)	
3 Butterworth, Karen	61	Ruislip and Northwood Swimming	3:30.00	3:29.27	4
	49.40	1:42.87 (53.47)	2:36.00 (53.13)	3:29.27 (53.27)	
4 Green, Susan	63	Cally Masters Islington	4:10.00	4:04.31	3
	54.59	1:57.92 (1:03.33)	3:02.52 (1:04.60)	4:04.31 (1:01.79)	

Event 1 Men 25-29 200 SC Meter Freestyle

1 Thomson, Neal	28	Out to Swim	2:01.00	2:03.02	6
	27.73	59.41 (31.68)	1:31.36 (31.95)	2:03.02 (31.66)	
2 Gray, Paul	29	Out to Swim	2:04.60	2:08.62	5
	29.16	1:01.00 (31.84)	1:34.34 (33.34)	2:08.62 (34.28)	
3 Brommage, Tom	25	Camden Swiss Cottage S. C	2:05.90	2:10.56	4
	27.94	59.37 (31.43)	1:33.86 (34.49)	2:10.56 (36.70)	
4 Andreini, Paolo	29	Camden Swiss Cottage S. C	2:30.00	2:24.46	3
	32.85	1:09.03 (36.18)	1:46.93 (37.90)	2:24.46 (37.53)	

Event 1 Men 30-34 200 SC Meter Freestyle

1 Benson, Andrew	30	Out to Swim	2:05.10	2:06.44	6
	28.78	1:00.43 (31.65)	1:33.01 (32.58)	2:06.44 (33.43)	
2 Gillespie, Craig	32	Otter	2:05.00	2:06.49	5
	28.33	1:00.09 (31.76)	1:33.09 (33.00)	2:06.49 (33.40)	
3 Dotson, Bradley	32	Camden Swiss Cottage S. C	2:09.00	2:07.27	4
	28.74	1:01.35 (32.61)	1:34.77 (33.42)	2:07.27 (32.50)	
4 Howard, Mark	34	Cally Masters Islington	2:15.46	2:13.09	3
	30.47	1:04.03 (33.56)	1:38.52 (34.49)	2:13.09 (34.57)	

Event 1 Men 35-39 200 SC Meter Freestyle

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1	Blakemore, David	35	Cally Masters Islington	3:00.00	2:41.62	6
	35.28	1:14.28 (39.00)	1:57.75 (43.47)	2:41.62 (43.87)		

Event 1 Men 40-44 200 SC Meter Freestyle

1	Lorimer, Stephen	41	Cally Masters Islington	2:33.95	2:25.08	6
	32.89	1:09.35 (36.46)	1:46.97 (37.62)	2:25.08 (38.11)		
2	Carniato, Nicola	43	Camden Swiss Cottage S. C	2:32.00	2:30.24	5
	33.97	1:11.56 (37.59)	1:50.68 (39.12)	2:30.24 (39.56)		
3	Fenart, Blaise	40	Out to Swim	2:58.00	2:48.41	4
	37.67	1:19.39 (41.72)	2:04.00 (44.61)	2:48.41 (44.41)		

Event 1 Men 45-49 200 SC Meter Freestyle

1	Morgan, Christopher	47	Out to Swim	2:18.00	2:20.79	6
	32.40	1:08.57 (36.17)	1:45.27 (36.70)	2:20.79 (35.52)		
2	Albright, Philip	49	Camden Swiss Cottage S. C	2:28.00	2:25.95	5
	33.82	1:10.67 (36.85)	1:47.90 (37.23)	2:25.95 (38.05)		

Event 1 Men 50-54 200 SC Meter Freestyle

1	Dixon, Peter	51	Tower Hamlets	2:13.00	2:07.15	6
	29.62	1:01.05 (31.43)	1:34.06 (33.01)	2:07.15 (33.09)		
2	Mc Quaid, Sean	51	Barnet Copthall SC	2:13.00	2:14.66	5
	32.09	1:07.16 (35.07)	1:41.32 (34.16)	2:14.66 (33.34)		
3	Benfield, Ewan	53	Cally Masters Islington	3:36.00	3:12.41	4
	41.89	1:30.14 (48.25)	2:21.50 (51.36)	3:12.41 (50.91)		

Event 1 Men 55-59 200 SC Meter Freestyle

1	Woodhams, Martin	56	Camden Swiss Cottage S. C	2:41.00	2:33.10	6
	35.82	1:14.99 (39.17)	1:54.00 (39.01)	2:33.10 (39.10)		
2	Cartwright, Paul	58	Camden Swiss Cottage S. C	2:40.00	2:34.62	5
	36.51	1:16.77 (40.26)	1:56.74 (39.97)	2:34.62 (37.88)		
3	Josephs, David	55	Camden Swiss Cottage S. C	2:40.10	2:41.51	4
	36.49	1:16.80 (40.31)	1:58.97 (42.17)	2:41.51 (42.54)		

Event 1 Men 65-69 200 SC Meter Freestyle

1	Whatling, Richard	65	Cally Masters Islington	3:10.00	3:09.58	6
	42.46	1:29.68 (47.22)	2:19.65 (49.97)	3:09.58 (49.93)		
2	Preston, Christopher	68	Out to Swim	3:13.17	3:09.99	5
	42.76	1:31.93 (49.17)	2:22.21 (50.28)	3:09.99 (47.78)		

Event 1 Men 70-74 200 SC Meter Freestyle

1	Moore, Richard	71	Hackney Aquatics	3:20.00	3:34.68	6
	51.05	1:47.32 (56.27)	2:44.09 (56.77)	3:34.68 (50.59)		

Event 1 Men 75-79 200 SC Meter Freestyle

1	Parr, Derek	75	Broomfield Park SC	3:00.00	2:57.52	6
	40.44	1:26.33 (45.89)	2:12.53 (46.20)	2:57.52 (44.99)		

Event 2 Women 18-24 50 SC Meter Breaststroke

1	Procter, Sarah	23	Barnet Copthall SC	39.16	40.76	6
2	Lawrence, Nicola	21	Hackney Aquatics	39.48	42.75	5

Event 2 Women 30-34 50 SC Meter Breaststroke

1	Thorpe, Jessica	34	Hackney Aquatics	45.00	40.69	6
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Event 2 Women 40-44 50 SC Meter Breaststroke

1	Dawson, Lisa	41	Barnet Copthall SC	40.50	41.32	6
2	Hovanessian, Georgina	44	Cally Masters Islington	44.00	45.70	5

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Event 2 Women 45-49 50 SC Meter Breaststroke

1	Rosa, Valeria	45	Cally Masters Islington	50.00	43.64	6
2	Adams, Zorika	49	Camden Swiss Cottage S. C	50.00	48.76	5

Event 2 Women 50-54 50 SC Meter Breaststroke

---	Davies, Claire	51	Cally Masters Islington	1:00.00	NS	
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Event 2 Women 55-59 50 SC Meter Breaststroke

---	Challands, Jo	57	Cally Masters Islington	50.00	DQ	
4.4 Start before starting signal						

Event 2 Women 60-64 50 SC Meter Breaststroke

1	Perry, Sara	62	Cally Masters Islington	44.33	46.27	6
2	Butterworth, Karen	61	Ruislip and Northwood Swimming	59.00	57.51	5
3	Green, Susan	63	Cally Masters Islington	1:05.00	58.72	4

Event 2 Women 70-74 50 SC Meter Breaststroke

1	Alden, Judy	73	Barnet Cophall SC	49.50	51.17	6
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Event 2 Men 25-29 50 SC Meter Breaststroke

1	Thomson, Neal	28	Out to Swim	31.00	31.95	6
2	Brommage, Tom	25	Camden Swiss Cottage S. C	33.74	34.98	5
3	May, Christopher	27	Ealing	34.49	36.72	4
4	Fesemeyer, James	26	Out to Swim	37.64	36.96	3
5	Hall, Kelvin	25	Out to Swim	45.00	38.50	2

Event 2 Men 30-34 50 SC Meter Breaststroke

1	Gillespie, Craig	32	Otter	30.20	32.01	6
2	Howard, Mark	34	Cally Masters Islington	36.50	37.17	5
3	Miller, Nicholas	30	Out to Swim	40.00	37.44	4
4	Shepherd, Samuel	32	Out to Swim	40.96	40.65	3

Event 2 Men 35-39 50 SC Meter Breaststroke

1	Lue, Stephen	35	Out to Swim	32.30	32.25	6
2	Czyzewski, Andrew	36	Otter	38.15	35.93	5

Event 2 Men 40-44 50 SC Meter Breaststroke

1	Hopton, Chris	44	Camden Swiss Cottage S. C	45.00	37.32	6
2	Lorimer, Stephen	41	Cally Masters Islington	39.36	39.33	5
3	Carniato, Nicola	43	Camden Swiss Cottage S. C	40.00	42.68	4

Event 2 Men 45-49 50 SC Meter Breaststroke

1	Lynch, Mike	49	Cally Masters Islington	36.00	36.60	6
2	Morgan, Christopher	47	Out to Swim	35.80	36.85	5
3	Albright, Philip	49	Camden Swiss Cottage S. C	39.26	38.64	4
4	Kelly, John	45	Out to Swim	42.00	44.99	3

Event 2 Men 50-54 50 SC Meter Breaststroke

1	Dixon, Peter	51	Tower Hamlets	38.50	38.02	6
2	Lee, Edmond	52	Out to Swim	47.00	45.64	5

Event 2 Men 55-59 50 SC Meter Breaststroke

1	Procter, Neil	59	Barnet Cophall SC	38.04	38.92	6
---	Woodhams, Martin	56	Camden Swiss Cottage S. C	41.22	DQ	
4.4 Start before starting signal						

Event 2 Men 60-64 50 SC Meter Breaststroke

1	Holme, Philip	60	Barnet Cophall SC	36.00	36.93	6
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1	Preston, Christopher	68	Out to Swim	1:17.17	56.83	6
2	Whatling, Richard	65	Cally Masters Islington	59.39	58.95	5

Event 2 Men 70-74 50 SC Meter Breaststroke

1	Moore, Richard	71	Hackney Aquatics	50.00	56.78	6
2	Botham, Paul	72	Cally Masters Islington	1:10.00	1:07.88	5

Event 2 Men 75-79 50 SC Meter Breaststroke

1	Parr, Derek	75	Broomfield Park SC	48.00	50.13	6
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Event 3 Women 18-24 50 SC Meter Butterfly

1	Procter, Sarah	23	Barnet Copthall SC	29.19	31.50	6
2	Lawrence, Nicola	21	Hackney Aquatics	33.21	35.11	5
3	Burini, Vanessa	24	Camden Swiss Cottage S. C	36.70	37.97	4

Event 3 Women 30-34 50 SC Meter Butterfly

1	Thorpe, Jessica	34	Hackney Aquatics	40.00	34.45	6
2	Kravanja, Neza	32	Camden Swiss Cottage S. C	43.00	45.01	5

Event 3 Women 35-39 50 SC Meter Butterfly

1	Adam, Rebecca	38	Cally Masters Islington	36.20	35.15	6
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Event 3 Women 40-44 50 SC Meter Butterfly

1	Dawson, Lisa	41	Barnet Copthall SC	35.20	34.48	6
2	Williams, Mari	43	Cally Masters Islington	50.00	45.94	5

Event 3 Women 45-49 50 SC Meter Butterfly

1	Adams, Zorika	49	Camden Swiss Cottage S. C	50.00	47.70	6
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Event 3 Women 50-54 50 SC Meter Butterfly

1	Bateson, Natalie	53	Barnet Copthall SC	36.20	36.47	6
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Event 3 Women 55-59 50 SC Meter Butterfly

1	Muir-Cochrane, Nuala	55	Barnet Copthall SC	38.00	37.24	6
2	Amara, Fabiola	56	Camden Swiss Cottage S. C	41.66	43.05	5

Event 3 Women 60-64 50 SC Meter Butterfly

1	Procter, Sue	63	Barnet Copthall SC	42.51	41.71	6
2	Butterworth, Karen	61	Ruislip and Northwood Swimming	58.00	58.53	5
3	Green, Susan	63	Cally Masters Islington	1:10.00	1:03.58	4

Event 3 Men 25-29 50 SC Meter Butterfly

1	Thomson, Neal	28	Out to Swim	26.50	27.28	6
2	Brommage, Tom	25	Camden Swiss Cottage S. C	30.97	30.71	5
3	Gray, Paul	29	Out to Swim	29.20	31.34	4
4	Ripington, William	28	Out to Swim	32.00	31.84	3
5	Creeley, Connor	25	Out to Swim	35.00	31.85	2
6	May, Christopher	27	Ealing	33.27	33.88	1

Event 3 Men 30-34 50 SC Meter Butterfly

1	Gillespie, Craig	32	Otter	28.00	29.06	6
2	Benson, Andrew	30	Out to Swim	27.12	29.53	5
3	Howard, Mark	34	Cally Masters Islington	32.50	31.93	4

Event 3 Men 35-39 50 SC Meter Butterfly

1	Kapellos, Alexander	35	Cally Masters Islington	28.00	27.94	6
2	Lue, Stephen	35	Out to Swim	28.90	28.98	5

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3	Czyzewski, Andrew	36	Otter	30.25	29.49	4
4	Blakemore, David	35	Cally Masters Islington	38.68	37.10	3
Event 3 Men 40-44 50 SC Meter Butterfly						
1	Hopton, Chris	44	Camden Swiss Cottage S. C	30.76	29.93	6
2	Lorimer, Stephen	41	Cally Masters Islington	35.28	35.31	5
3	Carniato, Nicola	43	Camden Swiss Cottage S. C	33.00	35.82	4
4	Fenart, Blaise	40	Out to Swim	39.50	36.83	3
Event 3 Men 45-49 50 SC Meter Butterfly						
1	Morgan, Christopher	47	Out to Swim	31.90	32.98	6
2	Albright, Philip	49	Camden Swiss Cottage S. C	34.16	33.44	5
3	Kelly, John	45	Out to Swim	42.00	43.00	4
Event 3 Men 50-54 50 SC Meter Butterfly						
1	Mc Quaid, Sean	51	Barnet Copthall SC	30.50	31.36	6
2	Dixon, Peter	51	Tower Hamlets	32.00	31.48	5
3	Butterworth, Paul	54	Ruislip and Northwood Swimming	30.74	31.74	4
4	Benfield, Ewan	53	Cally Masters Islington	50.00	48.25	3
5	Lee, Edmond	52	Out to Swim	51.00	49.03	2
Event 3 Men 55-59 50 SC Meter Butterfly						
1	Procter, Neil	59	Barnet Copthall SC	31.61	33.25	6
2	Cartwright, Paul	58	Camden Swiss Cottage S. C	34.00	33.83	5
3	Josephs, David	55	Camden Swiss Cottage S. C	35.38	38.25	4
---	Droungas, George	58	Barnet Copthall SC	48.50	DQ	
	4.4 Start before starting signal					
Event 3 Men 65-69 50 SC Meter Butterfly						
1	Whatling, Richard	65	Cally Masters Islington	52.62	50.77	6
2	Preston, Christopher	68	Out to Swim	54.47	53.04	5
Event 3 Men 75-79 50 SC Meter Butterfly						
1	Parr, Derek	75	Broomfield Park SC	36.00	36.37	6

Event 4 Women 72-99 100 SC Meter Medley Relay						
1	Barnet Copthall SC	A		NT	1:07.07	12
	36.05				1:07.07 (31.02)	
2	Camden Swiss Cottage S. C	A		NT	1:17.13	10
	42.63				1:17.13 (34.50)	
Event 4 Women 160-199 100 SC Meter Medley Relay						
1	Cally Masters Islington	A		NT	1:26.43	12
Event 4 Women 200-239 100 SC Meter Medley Relay						
1	Cally Masters Islington	A		NT	1:17.99	12
	42.78				1:17.99 (35.21)	

Event 5 Men 72-99 100 SC Meter Medley Relay						
1	Camden Swiss Cottage S. C	A		NT	55.61	12
	29.95				55.61 (25.66)	
Event 5 Men 100-119 100 SC Meter Medley Relay						
1	Out to Swim	A		NT	58.60	12
	33.32				58.60 (25.28)	
Event 5 Men 120-159 100 SC Meter Medley Relay						
1	Out to Swim	A		NT	1:00.14	12

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	32.33	1:00.14 (27.81)				
2	Cally Masters Islington	A	NT	1:02.90	10	
	34.21	1:02.90 (28.69)				
Event 5 Men 160-199 100 SC Meter Medley Relay						
1	Out to Swim	A	NT	1:12.16	12	
Event 5 Men 200-239 100 SC Meter Medley Relay						
1	Barnet Copthall SC	A	NT	55.70	12	
2	Camden Swiss Cottage S. C	A	NT	1:06.28	10	
3	Cally Masters Islington	A	NT	1:31.26	8	

Event 6 Mixed 72-99 100 SC Meter Medley Relay						
1	Barnet Copthall SC	A	NT	1:02.62	12	
	36.08	1:02.62 (26.54)				
2	Camden Swiss Cottage S. C	A	NT	1:08.87	10	
	41.72	1:08.87 (27.15)				
Event 6 Mixed 120-159 100 SC Meter Medley Relay						
1	Cally Masters Islington	A	NT	1:04.47	12	
	37.59	1:04.47 (26.88)				
Event 6 Mixed 160-199 100 SC Meter Medley Relay						
1	Cally Masters Islington	A	NT	1:11.81	12	
	39.09	1:11.81 (32.72)				
Event 6 Mixed 200-239 100 SC Meter Medley Relay						
1	Barnet Copthall SC	A	NT	1:07.79	12	
	36.72	1:07.79 (31.07)				
2	Cally Masters Islington	A	NT	1:19.60	10	
	42.02	1:19.60 (37.58)				
Event 6 Mixed 240-279 100 SC Meter Medley Relay						
1	Cally Masters Islington	A	NT	1:38.52	12	
	53.36	1:38.52 (45.16)				

Event 7 Women 72-99 100 SC Meter Freestyle Relay						
1	Barnet Copthall SC	A	NT	58.49	12	
	27.77	58.49 (30.72)				
2	Camden Swiss Cottage S. C	A	NT	1:06.41	10	
	33.06	1:06.41 (33.35)				
Event 7 Women 160-199 100 SC Meter Freestyle Relay						
1	Cally Masters Islington	A	NT	1:14.21	12	
	38.91	1:14.21 (35.30)				
Event 7 Women 200-239 100 SC Meter Freestyle Relay						
1	Cally Masters Islington	A	NT	1:09.33	12	
	31.06	1:09.33 (38.27)				

Event 8 Men 100-119 100 SC Meter Freestyle Relay						
1	Out to Swim	A	NT	54.30	12	
	26.67	54.30 (27.63)				
Event 8 Men 120-159 100 SC Meter Freestyle Relay						
1	Out to Swim	A	NT	51.24	12	

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	26.26	51.24 (24.98)				
2	Cally Masters Islington	A	NT	58.08	10	
	30.20	58.08 (27.88)				
3	Westminster Tiburones	A	NT	1:01.35	8	
	30.05	1:01.35 (31.30)				

Event 8 Men 200-239 100 SC Meter Freestyle Relay

1	Camden Swiss Cottage S. C	A	NT	56.44	12	
	29.13	56.44 (27.31)				
2	Barnet Copthall SC	A	NT	58.65	10	
	30.64	58.65 (28.01)				
3	Out to Swim	A	NT	1:14.16	8	
	38.19	1:14.16 (35.97)				
4	Cally Masters Islington	A	NT	1:20.47	6	
	49.88	1:20.47 (30.59)				

Event 9 Mixed 72-99 100 SC Meter Freestyle Relay

1	Barnet Copthall SC	A	NT	54.19	12	
	27.51	54.19 (26.68)				
2	Camden Swiss Cottage S. C	A	NT	57.25	10	
	32.37	57.25 (24.88)				

Event 9 Mixed 120-159 100 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	1:00.57	12	
	32.94	1:00.57 (27.63)				

Event 9 Mixed 160-199 100 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	1:04.56	12	
	32.95	1:04.56 (31.61)				

Event 9 Mixed 200-239 100 SC Meter Freestyle Relay

1	Barnet Copthall SC	A	NT	1:01.59	12	
	30.15	1:01.59 (31.44)				
2	Camden Swiss Cottage S. C	A	NT	1:02.02	10	
	31.07	1:02.02 (30.95)				
3	Cally Masters Islington	A	NT	1:18.63	8	
	1:08.63	1:18.63 (10.00)				

Event 9 Mixed 240-279 100 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	1:28.93	12	
	49.23	1:28.93 (39.70)				

Event 10 Women 18-24 100 SC Meter IM

1	Procter, Sarah	23 Barnet Copthall SC	1:10.90	1:16.54	6	
	34.66	1:16.54 (41.88)				
2	Lawrence, Nicola	21 Hackney Aquatics	1:13.27	1:18.86	5	
	35.76	1:18.86 (43.10)				

Event 10 Women 30-34 100 SC Meter IM

1	Thorpe, Jessica	34 Hackney Aquatics	1:30.00	1:17.44	6	
	36.81	1:17.44 (40.63)				
2	Kravanja, Neza	32 Camden Swiss Cottage S. C	1:40.00	1:34.42	5	
	46.10	1:34.42 (48.32)				

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Event 10 Women 35-39 100 SC Meter IM

1	Adam, Rebecca	38	Cally Masters Islington	1:23.45	1:20.98	6
	38.60	1:20.98 (42.38)				

Event 10 Women 40-44 100 SC Meter IM

1	Dawson, Lisa	41	Barnet Cophthall SC	1:15.80	1:16.73	6
	36.32	1:16.73 (40.41)				
2	Hovanessian, Georgina	44	Cally Masters Islington	2:10.00	1:38.03	5
	49.02	1:38.03 (49.01)				
---	Williams, Mari	43	Cally Masters Islington	2:00.00	DQ	
	9.1 Incorrect individual stroke order (Fly, Back, Breast, Free) - IM					
	52.59	DQ (53.85)				

Event 10 Women 45-49 100 SC Meter IM

1	Rosa, Valeria	45	Cally Masters Islington	1:40.00	1:33.49	6
	43.76	1:33.49 (49.73)				
2	Adams, Zorika	49	Camden Swiss Cottage S. C	1:40.00	1:36.83	5
	47.44	1:36.83 (49.39)				

Event 10 Women 50-54 100 SC Meter IM

---	Davies, Claire	51	Cally Masters Islington	2:15.00	NS	
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Event 10 Women 55-59 100 SC Meter IM

1	Muir-Cochrane, Nuala	55	Barnet Cophthall SC	1:24.00	1:23.94	6
	38.98	1:23.94 (44.96)				
2	Amara, Fabiola	56	Camden Swiss Cottage S. C	1:30.94	1:36.49	5
	43.81	1:36.49 (52.68)				
3	Challands, Jo	57	Cally Masters Islington	1:50.00	1:46.28	4
	51.22	1:46.28 (55.06)				

Event 10 Women 60-64 100 SC Meter IM

1	Perry, Sara	62	Cally Masters Islington	1:33.80	1:33.30	6
	45.05	1:33.30 (48.25)				
2	Eifion-Jones, Sandy	62	Teddington SC	2:15.10	2:00.27	5
	58.48	2:00.27 (1:01.79)				
3	Green, Susan	63	Cally Masters Islington	2:10.00	2:06.39	4
	1:01.79	2:06.39 (1:04.60)				

Event 10 Men 25-29 100 SC Meter IM

1	Gray, Paul	29	Out to Swim	1:07.00	1:08.41	6
	31.85	1:08.41 (36.56)				
2	Rippington, William	28	Out to Swim	1:10.00	1:11.95	5
	32.28	1:11.95 (39.67)				
3	Fesemeyer, James	26	Out to Swim	1:10.00	1:15.06	4
	33.31	1:15.06 (41.75)				
4	Hall, Kelvin	25	Out to Swim	1:40.00	1:27.19	3
	41.59	1:27.19 (45.60)				

Event 10 Men 30-34 100 SC Meter IM

1	Gillespie, Craig	32	Otter	1:02.00	1:05.00	6
	32.08	1:05.00 (32.92)				
2	Howard, Mark	34	Cally Masters Islington	1:12.02	1:11.40	5
	33.66	1:11.40 (37.74)				

Event 10 Men 35-39 100 SC Meter IM

1	Kapellos, Alexander	35	Cally Masters Islington	1:05.00	1:06.39	6
	29.62	1:06.39 (36.77)				
2	Lue, Stephen	35	Out to Swim	1:06.00	1:08.53	5
	31.76	1:08.53 (36.77)				

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3	Czyzewski, Andrew	36	Otter	1:12.30	1:10.14	4
	33.51	1:10.14 (36.63)				
4	Muthumala, pas	35	Camden Swiss Cottage S. C	NT	1:14.34	3
	33.61	1:14.34 (40.73)				
5	Blakemore, David	35	Cally Masters Islington	1:25.78	1:20.39	2
	38.26	1:20.39 (42.13)				
Event 10 Men 40-44 100 SC Meter IM						
1	Lorimer, Stephen	41	Cally Masters Islington	1:19.74	1:18.42	6
	37.14	1:18.42 (41.28)				
2	Carniato, Nicola	43	Camden Swiss Cottage S. C	1:15.00	1:21.52	5
	38.10	1:21.52 (43.42)				
Event 10 Men 45-49 100 SC Meter IM						
1	Lynch, Mike	49	Cally Masters Islington	1:18.00	1:14.51	6
	36.10	1:14.51 (38.41)				
2	Morgan, Christopher	47	Out to Swim	1:12.00	1:18.20	5
	37.74	1:18.20 (40.46)				
Event 10 Men 50-54 100 SC Meter IM						
1	Dixon, Peter	51	Tower Hamlets	1:15.00	1:09.82	6
	32.49	1:09.82 (37.33)				
2	Lee, Edmond	52	Out to Swim	1:45.00	1:40.72	5
	49.96	1:40.72 (50.76)				
3	Benfield, Ewan	53	Cally Masters Islington	1:45.00	1:43.11	4
	51.52	1:43.11 (51.59)				
---	Butterworth, Paul	54	Ruislip and Northwood Swimming	1:20.51	DQ	
	6.5 Not on the back at finish - back					
	35.10	DQ (39.57)				
Event 10 Men 55-59 100 SC Meter IM						
1	Procter, Neil	59	Barnet Copthall SC	1:15.19	1:18.16	6
	37.05	1:18.16 (41.11)				
2	Woodhams, Martin	56	Camden Swiss Cottage S. C	1:22.00	1:24.28	5
	42.14	1:24.28 (42.14)				
3	Austin, Simon	55	Out to Swim	1:50.00	1:53.84	4
	58.00	1:53.84 (55.84)				
Event 10 Men 65-69 100 SC Meter IM						
1	Preston, Christopher	68	Out to Swim	1:45.24	1:47.77	6
	47.95	1:47.77 (59.82)				
2	Whatling, Richard	65	Cally Masters Islington	1:54.00	1:50.67	5
	52.49	1:50.67 (58.18)				
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Event 11 Women 18-24 50 SC Meter Backstroke						
1	Procter, Sarah	23	Barnet Copthall SC	34.43	34.88	6
2	Lawrence, Nicola	21	Hackney Aquatics	33.74	34.99	5
Event 11 Women 40-44 50 SC Meter Backstroke						
1	Dawson, Lisa	41	Barnet Copthall SC	35.17	36.31	6
Event 11 Women 55-59 50 SC Meter Backstroke						
1	Muir-Cochrane, Nuala	55	Barnet Copthall SC	38.00	37.72	6
2	Challands, Jo	57	Cally Masters Islington	50.00	47.69	5
Event 11 Women 60-64 50 SC Meter Backstroke						
1	Eifion-Jones, Sandy	62	Teddington SC	49.00	50.40	6
2	Green, Susan	63	Cally Masters Islington	1:10.00	1:02.19	5

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Event 11 Men 25-29 50 SC Meter Backstroke

1	Brommage, Tom	25	Camden Swiss Cottage S. C	32.22	32.18	6
2	Ripington, William	28	Out to Swim	34.00	33.39	5
3	Fesemeyer, James	26	Out to Swim	33.82	33.52	4
4	Creeley, Connor	25	Out to Swim	35.00	37.00	3
5	May, Christopher	27	Ealing	36.88	38.37	2

Event 11 Men 30-34 50 SC Meter Backstroke

1	Gillespie, Craig	32	Otter	30.50	31.96	6
2	Howard, Mark	34	Cally Masters Islington	34.02	34.02	5
3	Miller, Nicholas	30	Out to Swim	40.00	35.99	4
4	Shepherd, Samuel	32	Out to Swim	37.61	37.35	3

Event 11 Men 35-39 50 SC Meter Backstroke

1	Kapellos, Alexander	35	Cally Masters Islington	33.00	32.14	6
2	Blakemore, David	35	Cally Masters Islington	40.85	38.68	5

Event 11 Men 40-44 50 SC Meter Backstroke

1	Hopton, Chris	44	Camden Swiss Cottage S. C	35.00	33.99	6
2	Lorimer, Stephen	41	Cally Masters Islington	41.39	40.38	5

Event 11 Men 45-49 50 SC Meter Backstroke

1	Morgan, Christopher	47	Out to Swim	36.15	37.17	6
---	Albright, Philip	49	Camden Swiss Cottage S. C	38.20	NS	

Event 11 Men 55-59 50 SC Meter Backstroke

1	Cartwright, Paul	58	Camden Swiss Cottage S. C	39.00	37.42	6
2	Procter, Neil	59	Barnet Copthall SC	38.15	38.50	5
3	Droungas, George	58	Barnet Copthall SC	44.50	43.33	4

Event 11 Men 65-69 50 SC Meter Backstroke

1	Preston, Christopher	68	Out to Swim	44.72	46.71	6
2	Whatling, Richard	65	Cally Masters Islington	50.43	50.64	5

Event 11 Men 70-74 50 SC Meter Backstroke

1	Botham, Paul	72	Cally Masters Islington	1:10.00	1:12.31	6
---	Moore, Richard	71	Hackney Aquatics	50.00	DQ	

6.2 Left position on the back (other than to initiate a turn)

Event 11 Men 75-79 50 SC Meter Backstroke

---	Parr, Derek	75	Broomfield Park SC	49.00	NS	
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Event 12 Women 18-24 50 SC Meter Freestyle

1	Procter, Sarah	23	Barnet Copthall SC	27.51	29.26	6
2	Lawrence, Nicola	21	Hackney Aquatics	29.94	31.51	5
3	Burini, Vanessa	24	Camden Swiss Cottage S. C	33.50	35.17	4

Event 12 Women 30-34 50 SC Meter Freestyle

1	Kravanja, Neza	32	Camden Swiss Cottage S. C	39.00	36.28	6
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Event 12 Women 35-39 50 SC Meter Freestyle

1	Adam, Rebecca	38	Cally Masters Islington	31.35	32.19	6
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Event 12 Women 40-44 50 SC Meter Freestyle

1	Dawson, Lisa	41	Barnet Copthall SC	30.30	31.60	6
2	Hovanessian, Georgina	44	Cally Masters Islington	40.00	42.03	5

Event 12 Women 45-49 50 SC Meter Freestyle

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1	Rosa, Valeria	45	Cally Masters Islington	38.00	37.15	6
Event 12 Women 50-54 50 SC Meter Freestyle						
1	Bateson, Natalie	53	Barnet Cophthall SC	32.90	33.03	6
---	Davies, Claire	51	Cally Masters Islington	50.00	NS	
Event 12 Women 55-59 50 SC Meter Freestyle						
1	Jackson, Cate	55	Barnet Cophthall SC	29.82	30.06	6
2	Muir-Cochrane, Nuala	55	Barnet Cophthall SC	34.00	33.84	5
3	Amara, Fabiola	56	Camden Swiss Cottage S. C	35.97	36.35	4
Event 12 Women 60-64 50 SC Meter Freestyle						
1	Perry, Sara	62	Cally Masters Islington	35.74	36.04	6
2	Eifion-Jones, Sandy	62	Teddington SC	45.00	46.50	5
3	Green, Susan	63	Cally Masters Islington	55.00	50.08	4
Event 12 Men 25-29 50 SC Meter Freestyle						
1	Brommage, Tom	25	Camden Swiss Cottage S. C	26.86	26.75	6
2	Gray, Paul	29	Out to Swim	26.00	27.04	5
3	Ripington, William	28	Out to Swim	29.00	29.16	4
4	May, Christopher	27	Ealing	28.66	29.22	3
5	Creeley, Connor	25	Out to Swim	29.52	29.29	2
6	Andreini, Paolo	29	Camden Swiss Cottage S. C	30.00	29.89	1
7	Hall, Kelvin	25	Out to Swim	40.00	33.14	
8	Powell, Elisha	26	Westminster Tiburones	32.50	33.40	
Event 12 Men 30-34 50 SC Meter Freestyle						
1	Gillespie, Craig	32	Otter	25.50	27.26	6
2	Howard, Mark	34	Cally Masters Islington	29.21	29.86	5
3	Shepherd, Samuel	32	Out to Swim	29.00	29.89	4
4	Miller, Nicholas	30	Out to Swim	30.00	29.91	3
5	Constantin-Cort, Tobias	33	Westminster Tiburones	35.00	36.59	2
6	Castro, Diogo	31	Out to Swim	45.00	44.50	1
Event 12 Men 35-39 50 SC Meter Freestyle						
1	Lue, Stephen	35	Out to Swim	26.00	26.02	6
2	Czyzewski, Andrew	36	Otter	27.42	26.88	5
3	Kapellos, Alexander	35	Cally Masters Islington	28.00	27.81	4
Event 12 Men 40-44 50 SC Meter Freestyle						
1	Hopton, Chris	44	Camden Swiss Cottage S. C	27.31	26.65	6
2	Lorimer, Stephen	41	Cally Masters Islington	31.78	30.71	5
3	Trabolsi, Juan Carlos	42	Westminster Tiburones	32.50	31.84	4
4	Des Tombe, Michael	41	Westminster Tiburones	33.22	32.75	3
Event 12 Men 45-49 50 SC Meter Freestyle						
1	Lynch, Mike	49	Cally Masters Islington	31.00	29.33	6
2	Albright, Philip	49	Camden Swiss Cottage S. C	30.70	29.68	5
3	Morgan, Christopher	47	Out to Swim	28.70	31.05	4
4	Kelly, John	45	Out to Swim	37.00	35.97	3
Event 12 Men 50-54 50 SC Meter Freestyle						
1	Mc Quaid, Sean	51	Barnet Cophthall SC	27.50	27.74	6
2	Dixon, Peter	51	Tower Hamlets	27.50	27.86	5
3	Butterworth, Paul	54	Ruislip and Northwood Swimming	28.06	29.07	4
4	Lee, Edmond	52	Out to Swim	40.00	39.15	3
Event 12 Men 55-59 50 SC Meter Freestyle						
1	Procter, Neil	59	Barnet Cophthall SC	28.74	30.55	6

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2	Cartwright, Paul	58	Camden Swiss Cottage S. C	31.00	31.20	5
3	Josephs, David	55	Camden Swiss Cottage S. C	32.10	32.66	4
4	Droungas, George	58	Barnet Copthall SC	36.00	34.74	3
5	Austin, Simon	55	Out to Swim	44.00	44.28	2

Event 12 Men 60-64 50 SC Meter Freestyle

1	Holme, Philip	60	Barnet Copthall SC	33.00	32.95	6
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Event 12 Men 65-69 50 SC Meter Freestyle

1	Preston, Christopher	68	Out to Swim	37.68	39.68	6
2	Whatling, Richard	65	Cally Masters Islington	42.88	42.79	5

Event 12 Men 70-74 50 SC Meter Freestyle

1	Moore, Richard	71	Hackney Aquatics	36.00	39.05	6
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Event 12 Men 75-79 50 SC Meter Freestyle

---	Parr, Derek	75	Broomfield Park SC	37.00	NS	
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Combined Team Scores - Through Event 12

1.	Cally Masters Islington	466
2.	Out to Swim	305
3.	Barnet Copthall SC	295
4.	Camden Swiss Cottage S. C	280
5.	Hackney Aquatics	72
6.	Otter	53
7.	Tower Hamlets	28
8.	Ruislip and Northwood Swimming	22
9.	Broomfield Park SC	18
10.	Westminster Tiburones	17
11.	Teddington SC	16
12.	Ealing	10

Women - Team Rankings - Through Event 12

1.	Cally Masters Islington	173
2.	Barnet Copthall SC	160
3.	Camden Swiss Cottage S. C	74
4.	Hackney Aquatics	54
5.	Teddington SC	16
6.	Ruislip and Northwood Swimming	14

Men - Team Rankings - Through Event 12

1.	Out to Swim	305
2.	Cally Masters Islington	203
3.	Camden Swiss Cottage S. C	176
4.	Barnet Copthall SC	87
5.	Otter	53
6.	Tower Hamlets	28

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Results and Scores

7.	Hackney Aquatics	18
7.	Broomfield Park SC	18
9.	Westminster Tiburones	17
10.	Ealing	10
11.	Ruislip and Northwood Swimming	8

Congratulations to our "Top Teams"

Thank you once again for your support and great racing

Thank you too to our wonderful officials and helpers on the day.

We couldn't have done it without you!

The results will be sent to Swim England Rankings in the next few days.

Good luck for the rest of 2019.

Ian