

WEEKEND 1: Southbury Road Leisure Centre			ALL AGE GROUPS	
Saturday 29 January	Session 1	Warm Up: 08:30	Start 09:30	
	Session 2	Warm Up: 15:15	Start 16:15	Estimated Finish: 17:30
Sunday 30 January	Session 3	Warm Up: 08:30	Start 09:30	
	Session 4	Warm Up: 14:50	Start: 15:50	Estimated Finish: 17:00
WEEKEND 2: Hillingdon Leisure Centre			14/over	
Saturday 5 February	Session 5	Warm Up: 08:15	Start: 09:15	
	Session 6	Warm Up: 12:45	Start: 13:45	Estimate Finish: 16:15
Sunday 6 February	Session 7	Warm Up: 08:15	Start: 09:15	
	Session 8	Warm Up: 12:45	Start: 13:45	Estimate Finish: 15:45
WEEKEND 3: Southbury Road Leisure Centre			13/under	
Saturday 12 February	Session 9	Warm Up: 08:15	Start: 09:15	
	Session 10	Warm Up: 12:15	Start: 13:15	Estimate Finish: 15:30
Sunday 13 February	Session 11	Warm Up: 08:15	Start 09:15	
	Session 12	Warm Up: 12:45	Start: 13:45	Estimate Finish: 15:30