

Middlesex County ASA Masters 2023 - 21/05/2023
Results

Event 1 Women 25-29 200 SC Meter IM

Name	Age	Team	Finals Time	Points
1 Hanson, Flora	29	Cally Masters Islington	2:40.68	10
	37.48	1:15.23 (37.75) 2:03.54 (48.31) 2:40.68 (37.14)		

Event 1 Women 30-34 200 SC Meter IM

1 Laird, Catriona	30	Cally Masters Islington	2:54.94	10
	36.50	1:19.60 (43.10) 2:13.70 (54.10) 2:54.94 (41.24)		

Event 1 Women 35-39 200 SC Meter IM

1 Ha, Sophia	37	Frognaal Masters	3:01.02	10
	37.03	1:23.31 (46.28) 2:16.97 (53.66) 3:01.02 (44.05)		
2 Cash, Bethan	36	Cally Masters Islington	3:09.56	9
	42.57	1:33.89 (51.32) 2:29.23 (55.34) 3:09.56 (40.33)		
3 Humphries, Sian	35	Hackney Aquatics	3:17.32	8
	44.15	1:36.83 (52.68) 2:33.95 (57.12) 3:17.32 (43.37)		

Event 1 Women 45-49 200 SC Meter IM

1 Dawson, Lisa	45	Barnet Copthall	2:47.93	10
	38.20	1:21.37 (43.17) 2:10.74 (49.37) 2:47.93 (37.19)		
2 Lowsby, Karen	45	Ealing	3:23.44	9
	45.11	1:37.24 (52.13) 2:37.62 (1:00.38) 3:23.44 (45.82)		
3 Williams, Mari	47	Cally Masters Islington	3:43.10	8
	51.89	1:49.35 (57.46) 2:52.06 (1:02.71) 3:43.10 (51.04)		

Event 1 Women 50-54 200 SC Meter IM

1 Adams, Zorika	53	Camden Swiss Cottage	3:31.85	10
	49.36	1:41.61 (52.25) 2:46.13 (1:04.52) 3:31.85 (45.72)		

Event 1 Women 60-64 200 SC Meter IM

1 Knowles, Elizabeth	63	Camden Swiss Cottage	3:39.11	10
	52.06	1:46.30 (54.24) 2:48.20 (1:01.90) 3:39.11 (50.91)		

Event 1 Men 30-34 200 SC Meter IM

1 Bailey, Daniel	32	Metropolitan Police	2:52.44	10
	35.90	1:17.13 (41.23) 2:14.20 (57.07) 2:52.44 (38.24)		

Event 1 Men 40-44 200 SC Meter IM

1 Dominguez Rios, Jorge Enrique	42	Cally Masters Islington	2:55.49	10
	38.23	1:23.76 (45.53) 2:18.55 (54.79) 2:55.49 (36.94)		

Event 1 Men 45-49 200 SC Meter IM

1 Lorimer, Stephen	45	Cally Masters Islington	2:45.60	10
	33.28	1:16.35 (43.07) 2:05.86 (49.51) 2:45.60 (39.74)		
2 Heese, Anton	48	Camden Swiss Cottage	2:48.09	9
	35.66	1:19.38 (43.72) 2:07.56 (48.18) 2:48.09 (40.53)		
3 Ranaraja, Dominic	45	Ealing	3:47.59	8
	57.76	1:55.30 (57.54) 2:59.77 (1:04.47) 3:47.59 (47.82)		

Event 1 Men 50-54 200 SC Meter IM

1 Morgan, Christopher	51	Otter	2:43.70	10
	36.63	1:20.55 (43.92) 2:08.16 (47.61) 2:43.70 (35.54)		

Event 1 Men 60-64 200 SC Meter IM

1 Cartwright, Paul	62	Camden Swiss Cottage	2:57.72	10
	37.69	1:21.69 (44.00) 2:17.04 (55.35) 2:57.72 (40.68)		
2 Collins, Philip	61	Out To Swim	3:08.89	9
	44.66	1:32.36 (47.70) 2:25.39 (53.03) 3:08.89 (43.50)		

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Event 1 Men 65-69 200 SC Meter IM

1	Haftel, Neil	68	Frognal Masters	3:08.70	10
	40.07	1:28.43 (48.36)	2:26.61 (58.18)	3:08.70 (42.09)	

Event 2 Women 25-29 100 SC Meter Breaststroke

1	Hanson, Flora	29	Cally Masters Islington	1:26.50	10
	42.51	1:26.50 (43.99)			
2	Griffiths, Lianne	29	Metropolitan Police	1:27.85	9
	42.51	1:27.85 (45.34)			
3	Hartman, Erin	27	Cally Masters Islington	1:33.41	8
	44.09	1:33.41 (49.32)			

Event 2 Women 30-34 100 SC Meter Breaststroke

1	McDonagh, Megan	30	Otter	1:23.36	10
	38.84	1:23.36 (44.52)			

Event 2 Women 45-49 100 SC Meter Breaststroke

1	Shivik, Maida	49	Camden Swiss Cottage	1:42.77	10
	49.80	1:42.77 (52.97)			
2	Waltho-Smith, Clair	45	Ruislip Northwood	1:53.10	9
	54.17	1:53.10 (58.93)			

Event 2 Women 55-59 100 SC Meter Breaststroke

1	Shaw, Elizabeth	57	Otter	1:46.75	10
	50.98	1:46.75 (55.77)			
2	Robinson, Linda	56	Stevenage	1:52.59	9
	54.83	1:52.59 (57.76)			
3	Davies, Claire	55	Cally Masters Islington	1:52.61	8
	55.15	1:52.61 (57.46)			
4	Autullo, Stefania	55	Barnet Cophthall	2:03.35	7
	59.02	2:03.35 (1:04.33)			

Event 2 Women 60-64 100 SC Meter Breaststroke

1	Challands, Joanne	61	Cally Masters Islington	1:53.57	10
	54.55	1:53.57 (59.02)			
2	Fluss, Nizza	61	Barnet Cophthall	2:05.17	9
	58.70	2:05.17 (1:06.47)			
3	Julin, Barbro	61	Ealing	2:06.83	8
	1:01.86	2:06.83 (1:04.97)			
4	Davies, Lesley	63	Otter	2:18.68	7
	1:05.87	2:18.68 (1:12.81)			

Event 2 Women 65-69 100 SC Meter Breaststroke

1	Perry, Sara	66	Cally Masters Islington	1:41.17	10
	48.19	1:41.17 (52.98)			
2	Green, Susan	67	Cally Masters Islington	2:14.24	9
	1:04.35	2:14.24 (1:09.89)			

Event 2 Men 18-24 100 SC Meter Breaststroke

1	Stapleton, Albie	20	Metropolitan Police	1:15.02	10
	34.64	1:15.02 (40.38)			

Event 2 Men 30-34 100 SC Meter Breaststroke

1	May, Christopher	31	Ealing	1:20.10	10
	36.47	1:20.10 (43.63)			
2	Walcher, Matthew	30	Out To Swim	1:30.04	9
	42.67	1:30.04 (47.37)			

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3	Bailey, Daniel		32 Metropolitan Police		1:41.87		8
	48.12	1:41.87 (53.75)					
Event 2 Men 35-39 100 SC Meter Breaststroke							
1	Bennett, Joe		36 Camden Swiss Cottage		1:21.88		10
	38.88	1:21.88 (43.00)					
2	Pimentel, Yoel		39 Cally Masters Islington		1:51.47		9
	54.44	1:51.47 (57.03)					
Event 2 Men 40-44 100 SC Meter Breaststroke							
1	Burgham, Matt		43 Otter		1:15.03		10
	35.32	1:15.03 (39.71)					
Event 2 Men 45-49 100 SC Meter Breaststroke							
1	Heese, Anton		48 Camden Swiss Cottage		1:21.75		10
	40.52	1:21.75 (41.23)					
2	Lorimer, Stephen		45 Cally Masters Islington		1:26.98		9
	40.20	1:26.98 (46.78)					
3	Hopton, Christopher		48 Camden Swiss Cottage		1:31.49		8
	43.82	1:31.49 (47.67)					
---	Dowdeswell, Matthew		45 Out To Swim		DQ		
	7.2 Arm movements not simultaneous or not in the same horizontal plane						
	48.38	DQ (53.23)					
Event 2 Men 50-54 100 SC Meter Breaststroke							
1	Morgan, Christopher		51 Otter		1:22.63		10
	39.83	1:22.63 (42.80)					
Event 2 Men 55-59 100 SC Meter Breaststroke							
1	Lief, Kevin		56 Barnet Cophall		1:27.85		10
	42.38	1:27.85 (45.47)					
Event 2 Men 60-64 100 SC Meter Breaststroke							
1	Holme, Philip		64 Barnet Cophall		1:27.56		10
	40.60	1:27.56 (46.96)					
2	Catherall, Paul		61 Ruislip Northwood		1:45.80		9
	49.25	1:45.80 (56.55)					
Event 2 Men 75-79 100 SC Meter Breaststroke							
1	Wilson, Roy		77 Ruislip Northwood		2:12.17		10
	1:04.14	2:12.17 (1:08.03)					
Event 3 Women 25-29 50 SC Meter Butterfly							
1	Cordeaux, Grace		27 Metropolitan Police		34.09		10
2	Kennedy, Cassandra		29 Cally Masters Islington		34.61		9
Event 3 Women 35-39 50 SC Meter Butterfly							
1	Kinsella, Fiona		39 Camden Swiss Cottage		32.08		10
2	Cash, Bethan		36 Cally Masters Islington		40.01		9
Event 3 Women 45-49 50 SC Meter Butterfly							
1	Maclean, Susan		48 Camden Swiss Cottage		35.14		10
2	Dawson, Lisa		45 Barnet Cophall		36.44		9
3	Lowsby, Karen		45 Ealing		44.27		8
4	Williams, Mari		47 Cally Masters Islington		47.04		7
5	Gelera, Clara		45 Camden Swiss Cottage		47.14		6
6	Pandya, Roopa		45 Camden Swiss Cottage		48.88		5

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Event 3 Women 50-54 50 SC Meter Butterfly

1	Clarke, Kelly	51	Metropolitan Police	37.03	10
2	Tydeman, Natalie	52	Frognal Masters	39.56	9

Event 3 Women 55-59 50 SC Meter Butterfly

1	Shaw, Elizabeth	57	Otter	43.02	10
2	Morris, Abigail	59	Cally Masters Islington	51.02	9

Event 3 Women 60-64 50 SC Meter Butterfly

1	Fluss, Nizza	61	Barnet Cophall	53.01	10
2	Croydon, Debbie	63	Cally Masters Islington	59.75	9

Event 3 Women 65-69 50 SC Meter Butterfly

1	Perry, Sara	66	Cally Masters Islington	45.66	10
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Event 3 Women 70-74 50 SC Meter Butterfly

1	Cinnamon, Catherine	73	Cally Masters Islington	1:23.34	10
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Event 3 Men 25-29 50 SC Meter Butterfly

1	Messenger, Charles	27	Hackney Aquatics	26.11	10
2	Andrews, Toby	29	Metropolitan Police	29.57	9
3	Hanlon, Myles	27	Out To Swim	31.50	8

Event 3 Men 30-34 50 SC Meter Butterfly

1	Yiu, Nicholas	30	Camden Swiss Cottage	27.92	10
2	Pong, Martin	30	Out To Swim	28.76	9
3	Quintana, Claudio	30	Out To Swim	32.59	8
4	Bailey, Daniel	32	Metropolitan Police	34.67	7

Event 3 Men 35-39 50 SC Meter Butterfly

1	Dunne, Aiden	37	Camden Swiss Cottage	29.92	10
2	Etherington, John	36	Wycombe District	30.77	9
3	Castro, Diogo	35	Out To Swim	56.51	8

Event 3 Men 40-44 50 SC Meter Butterfly

1	Dominguez Rios, Jorge Enrique	42	Cally Masters Islington	38.08	10
2	Sattar, Abdul	40	Out To Swim	47.11	9
3	Wahab, Charles	41	Cally Masters Islington	51.20	8

Event 3 Men 45-49 50 SC Meter Butterfly

1	Bransby, Craig	49	Enfield Swim Squad	29.19	10
2	Hopton, Christopher	48	Camden Swiss Cottage	32.32	9
3	Kernkraut, Jonathan	47	Cally Masters Islington	33.18	8

Event 3 Men 50-54 50 SC Meter Butterfly

1	Hoff, Evan	54	Frognal Masters	31.46	10
2	Allan, Richard	50	Frognal Masters	47.37	9

Event 3 Men 55-59 50 SC Meter Butterfly

1	McQuaid, Sean	55	Barnet Cophall	31.69	10
2	Mathews, Stuart	59	Camden Swiss Cottage	33.22	9
3	Molnar, Gabor	56	Camden Swiss Cottage	35.52	8
4	Finean, Robert	56	Out To Swim	38.81	7

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---	High, Brandon	57	Cally Masters Islington		DQ
	8.2 Arms not brought forward simultaneously or arms not brought forward over the water				
Event 3	Men 60-64 50 SC Meter Butterfly				
1	Cartwright, Paul	62	Camden Swiss Cottage	34.29	10
Event 3	Men 65-69 50 SC Meter Butterfly				
1	Haftel, Neil	68	Frognal Masters	37.05	10
Event 3	Men 70-74 50 SC Meter Butterfly				
1	Haley, Peter	72	Ruislip Northwood	1:06.12	10
Event 3	Men 75-79 50 SC Meter Butterfly				
1	Vider, Peter	77	Otter	44.30	10
Event 4	Women 18-24 50 SC Meter Backstroke				
1	Fraser, Taryn	24	Metropolitan Police	37.47	10
Event 4	Women 25-29 50 SC Meter Backstroke				
1	Hanson, Flora	29	Cally Masters Islington	34.71	10
2	Sangster, Honor	25	Cally Masters Islington	39.20	9
3	Hartman, Erin	27	Cally Masters Islington	39.65	8
Event 4	Women 30-34 50 SC Meter Backstroke				
1	McDonagh, Megan	30	Otter	33.20	10
2	Snell, Ella	30	Cally Masters Islington	36.85	9
Event 4	Women 35-39 50 SC Meter Backstroke				
1	Humphries, Sian	35	Hackney Aquatics	41.04	10
Event 4	Women 45-49 50 SC Meter Backstroke				
1	Dawson, Lisa	45	Barnet Copthall	36.19	10
2	Maclean, Susan	48	Camden Swiss Cottage	37.60	9
3	Lowsby, Karen	45	Ealing	44.07	8
4	Gelera, Clara	45	Camden Swiss Cottage	45.17	7
5	Waltho-Smith, Clair	45	Ruislip Northwood	47.93	6
6	Pandya, Roopa	45	Camden Swiss Cottage	49.84	5
Event 4	Women 50-54 50 SC Meter Backstroke				
1	Lee, Danielle	52	Frognal Masters	44.74	10
2	Riechert, Heike	52	Frognal Masters	45.47	9
Event 4	Women 55-59 50 SC Meter Backstroke				
1	Butler Brown, Claire	55	Haringey Aquatics	42.84	10
2	Shaw, Elizabeth	57	Otter	46.42	9
3	Autullo, Stefania	55	Barnet Copthall	52.22	8
Event 4	Women 60-64 50 SC Meter Backstroke				
1	Rowley, Christine	64	Ruislip Northwood	42.06	10
2	Challands, Joanne	61	Cally Masters Islington	51.95	9
3	Davies, Lesley	63	Otter	1:04.50	8
Event 4	Women 65-69 50 SC Meter Backstroke				
1	Butterworth, Karen	65	Ruislip Northwood	55.27	10
2	Green, Susan	67	Cally Masters Islington	1:02.11	9

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Event 4 Women 70-74 50 SC Meter Backstroke

1 Cinnamon, Catherine	73 Cally Masters Islington	1:21.62	10
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Event 4 Women 75-79 50 SC Meter Backstroke

1 Blower, Elaine	78 Barnet Copthall	51.40	10
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Event 4 Men 30-34 50 SC Meter Backstroke

1 Pong, Martin	30 Out To Swim	30.68	10
2 Bailey, Daniel	32 Metropolitan Police	35.46	9

Event 4 Men 35-39 50 SC Meter Backstroke

1 Dunne, Aiden	37 Camden Swiss Cottage	30.89	10
2 Etherington, John	36 Wycombe District	32.32	9
3 Walsh, Arthur	36 Out To Swim	50.78	8

Event 4 Men 40-44 50 SC Meter Backstroke

1 Sattar, Abdul	40 Out To Swim	50.31	10
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Event 4 Men 45-49 50 SC Meter Backstroke

1 Heese, Anton	48 Camden Swiss Cottage	37.51	10
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Event 4 Men 55-59 50 SC Meter Backstroke

1 Pester, Paul	59 Camden Swiss Cottage	35.31	10
2 Molnar, Gabor	56 Camden Swiss Cottage	38.76	9
--- High, Brandon	57 Cally Masters Islington	DQ	
10.6 Pulled on the lane rope			

Event 4 Men 60-64 50 SC Meter Backstroke

1 Catherall, Paul	61 Ruislip Northwood	50.35	10
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Event 4 Men 70-74 50 SC Meter Backstroke

1 Appleby, Martin	70 Ruislip Northwood	46.79	10
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Event 4 Men 75-79 50 SC Meter Backstroke

1 Botham, Paul	76 Cally Masters Islington	1:12.90	10
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Event 5 Women 18-24 100 SC Meter Freestyle

1 Fraser, Taryn	24 Metropolitan Police	1:14.29	10
36.82	1:14.29 (37.47)		

Event 5 Women 25-29 100 SC Meter Freestyle

1 Kennedy, Cassandra	29 Cally Masters Islington	1:08.62	10
33.21	1:08.62 (35.41)		
2 Cordeaux, Grace	27 Metropolitan Police	1:08.95	9
32.68	1:08.95 (36.27)		
3 Hartman, Erin	27 Cally Masters Islington	1:16.64	8
35.19	1:16.64 (41.45)		

Event 5 Women 30-34 100 SC Meter Freestyle

1 Ferguson, Rachael	30 Cally Masters Islington	1:15.37	10
35.96	1:15.37 (39.41)		

Event 5 Women 35-39 100 SC Meter Freestyle

1 Ha, Sophia	37 Frognaal Masters	1:10.96	10
33.95	1:10.96 (37.01)		
2 Cash, Bethan	36 Cally Masters Islington	1:13.96	9
36.64	1:13.96 (37.32)		

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--- Noske-Turner, Jessica 39 Cally Masters Islington SCR

Event 5 Women 40-44 100 SC Meter Freestyle

1	Lichter, Yael	41 Cally Masters Islington	1:14.26	10
	35.60	1:14.26 (38.66)		

Event 5 Women 45-49 100 SC Meter Freestyle

1	Shivik, Maida	49 Camden Swiss Cottage	1:17.48	10
	37.98	1:17.48 (39.50)		
2	Lowsby, Karen	45 Ealing	1:20.97	9
	39.25	1:20.97 (41.72)		
3	Gelera, Clara	45 Camden Swiss Cottage	1:29.46	8
	41.84	1:29.46 (47.62)		
4	Pandya, Roopa	45 Camden Swiss Cottage	1:35.18	7
	45.41	1:35.18 (49.77)		
5	Waltho-Smith, Clair	45 Ruislip Northwood	1:37.93	6
	45.61	1:37.93 (52.32)		

Event 5 Women 50-54 100 SC Meter Freestyle

1	Clarke, Kelly	51 Metropolitan Police	1:10.37	10
	33.65	1:10.37 (36.72)		
2	McDonald, Sarah	50 Camden Swiss Cottage	1:16.92	9
	38.10	1:16.92 (38.82)		
3	Tydeman, Natalie	52 Frogna! Masters	1:17.36	8
	36.65	1:17.36 (40.71)		
4	Adams, Zorika	53 Camden Swiss Cottage	1:21.45	7
	38.23	1:21.45 (43.22)		
5	Riechert, Heike	52 Frogna! Masters	1:22.91	6
	38.00	1:22.91 (44.91)		
6	Taylor, Elizabeth	51 Camden Swiss Cottage	1:25.65	5
	40.63	1:25.65 (45.02)		
7	Lee, Danielle	52 Frogna! Masters	1:27.65	4
	40.87	1:27.65 (46.78)		
8	Cusido, Elsa	52 Barnet Copthall	1:32.24	3
	43.59	1:32.24 (48.65)		

Event 5 Women 55-59 100 SC Meter Freestyle

1	Bourne, Beverley	55 Barnet Copthall	1:15.93	10
	35.59	1:15.93 (40.34)		
2	Shaw, Elizabeth	57 Otter	1:16.13	9
	36.71	1:16.13 (39.42)		
3	Butler Brown, Claire	55 Haringey Aquatics	1:22.71	8
	39.09	1:22.71 (43.62)		
4	Robinson, Linda	56 Stevenage	1:26.97	7
	42.67	1:26.97 (44.30)		
5	Davies, Claire	55 Cally Masters Islington	1:32.46	6
	45.37	1:32.46 (47.09)		

Event 5 Women 60-64 100 SC Meter Freestyle

1	Rowley, Christine	64 Ruislip Northwood	1:22.50	10
	38.11	1:22.50 (44.39)		
2	Knowles, Elizabeth	63 Camden Swiss Cottage	1:32.32	9
	43.30	1:32.32 (49.02)		
3	Horsley, Janet	60 Ruislip Northwood	1:39.67	8
	46.17	1:39.67 (53.50)		
4	Croydon, Debbie	63 Cally Masters Islington	1:43.13	7
	47.86	1:43.13 (55.27)		

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5	Fluss, Nizza	61	Barnet Copthall	1:50.59	6
	53.65		1:50.59 (56.94)		

Event 5 Women 65-69 100 SC Meter Freestyle

1	Perry, Sara	66	Cally Masters Islington	1:20.78	10
	39.38		1:20.78 (41.40)		
2	Butterworth, Karen	65	Ruislip Northwood	1:41.90	9
	48.28		1:41.90 (53.62)		
3	Green, Susan	67	Cally Masters Islington	2:02.74	8
	56.69		2:02.74 (1:06.05)		

Event 5 Women 70-74 100 SC Meter Freestyle

1	Cinnamon, Catherine	73	Cally Masters Islington	2:38.44	10
	1:17.84		2:38.44 (1:20.60)		

Event 5 Men 18-24 100 SC Meter Freestyle

1	MacDonald, Cameron	22	Cally Masters Islington	1:00.09	10
	28.62		1:00.09 (31.47)		

Event 5 Men 25-29 100 SC Meter Freestyle

1	Messenger, Charles	27	Hackney Aquatics	54.41	10
	25.86		54.41 (28.55)		
2	Hanlon, Myles	27	Out To Swim	1:00.62	9
	28.82		1:00.62 (31.80)		
3	Kirk, William	29	Cally Masters Islington	1:04.91	8
	30.68		1:04.91 (34.23)		

Event 5 Men 30-34 100 SC Meter Freestyle

1	Jones, Jack	31	Out To Swim	1:03.00	10
	29.26		1:03.00 (33.74)		
2	Sheklashvili, Irakli	32	Hackney Aquatics	1:04.11	9
	32.24		1:04.11 (31.87)		
3	Bailey, Daniel	32	Metropolitan Police	1:04.80	8
	31.16		1:04.80 (33.64)		
4	Quintana, Claudio	30	Out To Swim	1:05.40	7
	31.51		1:05.40 (33.89)		
5	May, Christopher	31	Ealing	1:05.41	6
	31.04		1:05.41 (34.37)		
6	Eastaugh, Thomas	30	Cally Masters Islington	1:05.77	5
	31.66		1:05.77 (34.11)		

Event 5 Men 35-39 100 SC Meter Freestyle

1	Dunne, Aiden	37	Camden Swiss Cottage	58.93	10
	27.30		58.93 (31.63)		
2	Oakes, Nicholas	37	Hackney Aquatics	59.20	9
	27.97		59.20 (31.23)		
3	Bennett, Joe	36	Camden Swiss Cottage	1:00.38	8
	29.86		1:00.38 (30.52)		
4	Walsh, Arthur	36	Out To Swim	1:34.39	7
	41.90		1:34.39 (52.49)		
5	Castro, Diogo	35	Out To Swim	1:42.96	6
	47.70		1:42.96 (55.26)		

Event 5 Men 40-44 100 SC Meter Freestyle

1	Burgham, Matt	43	Otter	1:01.73	10
	28.75		1:01.73 (32.98)		

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2	Dominguez Rios, Jorge Enrique	42	Cally Masters Islington	1:07.80	9
	32.89	1:07.80 (34.91)			
3	Wahab, Charles	41	Cally Masters Islington	1:21.10	8
	39.80	1:21.10 (41.30)			

Event 5 Men 45-49 100 SC Meter Freestyle

1	Bransby, Craig	49	Enfield Swim Squad	57.41	10
	27.14	57.41 (30.27)			
2	Hopton, Christopher	48	Camden Swiss Cottage	1:02.82	9
	30.21	1:02.82 (32.61)			
3	Lorimer, Stephen	45	Cally Masters Islington	1:03.71	8
	30.71	1:03.71 (33.00)			
4	Kernkraut, Jonathan	47	Cally Masters Islington	1:04.79	7
	30.65	1:04.79 (34.14)			
5	Heese, Anton	48	Camden Swiss Cottage	1:07.46	6
	31.86	1:07.46 (35.60)			
6	Drake, Alastair	49	Camden Swiss Cottage	1:13.23	5
	34.85	1:13.23 (38.38)			
7	Ranaraja, Dominic	45	Ealing	1:31.78	4
	43.65	1:31.78 (48.13)			

Event 5 Men 50-54 100 SC Meter Freestyle

1	Morgan, Christopher	51	Otter	1:07.21	10
	32.97	1:07.21 (34.24)			
2	Daniels, Chris	54	Otter	1:16.61	9
	36.68	1:16.61 (39.93)			
3	Allan, Richard	50	Frognal Masters	1:20.08	8
	38.34	1:20.08 (41.74)			

Event 5 Men 55-59 100 SC Meter Freestyle

1	McQuaid, Sean	55	Barnet Copthall	1:00.84	10
2	Mathews, Stuart	59	Camden Swiss Cottage	1:06.46	9
	31.94	1:06.46 (34.52)			
3	Molnar, Gabor	56	Camden Swiss Cottage	1:10.56	8
	33.32	1:10.56 (37.24)			
4	Pester, Paul	59	Camden Swiss Cottage	1:10.61	7
	33.11	1:10.61 (37.50)			
5	Finean, Robert	56	Out To Swim	1:14.51	6
	34.57	1:14.51 (39.94)			
6	Jeffery, Will	56	Frognal Masters	1:27.24	5
	40.84	1:27.24 (46.40)			
7	High, Brandon	57	Cally Masters Islington	2:59.75	4
	1:17.58	2:59.75 (1:42.17)			

Event 5 Men 60-64 100 SC Meter Freestyle

1	Cartwright, Paul	62	Camden Swiss Cottage	1:08.98	10
	33.48	1:08.98 (35.50)			
2	Riddell, Robert	61	Camden Swiss Cottage	1:16.17	9
	35.90	1:16.17 (40.27)			
3	Collins, Philip	61	Out To Swim	1:17.99	8
	37.30	1:17.99 (40.69)			

Event 5 Men 65-69 100 SC Meter Freestyle

1	Haftel, Neil	68	Frognal Masters	1:15.77	10
	36.37	1:15.77 (39.40)			

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2	Croydon, Richard	65	Otter	1:23.79	9
	37.76	1:23.79	(46.03)		

Event 5 Men 70-74 100 SC Meter Freestyle

1	Colman, Trevor	70	Barnet Copthall	1:22.56	10
	38.63	1:22.56	(43.93)		
2	Appleby, Martin	70	Ruislip Northwood	1:23.58	9
	40.10	1:23.58	(43.48)		
3	Haley, Peter	72	Ruislip Northwood	1:51.98	8
	49.10	1:51.98	(1:02.88)		

Event 5 Men 75-79 100 SC Meter Freestyle

1	Wilson, Roy	77	Ruislip Northwood	1:54.87	10
	55.64	1:54.87	(59.23)		

Event 6 Women 72-99 200 SC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Metropolitan Police	A	NT	2:28.32	20
	38.10	1:17.37 (39.27)	1:56.26 (38.89)	2:28.32 (32.06)

Event 6 Women 100-119 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:22.95	20
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Event 6 Women 120-159 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:35.95	20
	37.46	1:21.96 (44.50)	2:01.04 (39.08)	2:35.95 (34.91)	

Event 6 Women 160-199 200 SC Meter Medley Relay

1	Camden Swiss Cottage	A	NT	2:39.73	20
	43.24	1:30.68 (47.44)	2:02.07 (31.39)	2:39.73 (37.66)	
2	Frognal Masters	A	NT	2:43.54	18
	45.32	1:26.10 (40.78)	2:07.73 (41.63)	2:43.54 (35.81)	
3	Cally Masters Islington	A	NT	2:51.12	16
	45.08	1:29.00 (43.92)	2:17.83 (48.83)	2:51.12 (33.29)	

Event 6 Women 200-13 200 SC Meter Medley Relay

1	Camden Swiss Cottage	A	NT	2:47.64	20
	52.61	1:37.99 (45.38)	2:13.00 (35.01)	2:47.64 (34.64)	
2	Barnet Copthall	A	NT	2:48.29	18
	35.84	1:30.03 (54.19)	2:09.83 (39.80)	2:48.29 (38.46)	
---	Cally Masters Islington	A	NT	DQ	
	10.5 Walks during freestyle events or during the freestyle portion of the medley - misc				
	49.79	1:39.59 (49.80)	2:33.74 (54.15)	DQ (46.38)	

Event 6 Women 240-279 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	4:04.56	20
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Event 7 Men 72-99 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:11.79	20
	30.86	1:10.36 (39.50)	1:44.06 (33.70)	2:11.79 (27.73)	

Event 7 Men 100-119 200 SC Meter Medley Relay

A

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1	Out To Swim	30.82	1:10.31 (39.49)	1:44.01 (33.70)	2:11.55 (27.54)	NT	2:11.55	20
Event 7 Men 120-159 200 SC Meter Medley Relay								
				A				
1	Camden Swiss Cottage	32.25	1:11.15 (38.90)	1:38.62 (27.47)	2:07.19 (28.57)	NT	2:07.19	20
				A				
2	Cally Masters Islington	39.25	1:18.81 (39.56)	1:52.46 (33.65)	2:19.47 (27.01)	NT	2:19.47	18
				A				
3	Out To Swim	41.16	1:21.84 (40.68)	1:55.76 (33.92)	2:48.32 (52.56)	NT	2:48.32	16
Event 7 Men 160-199 200 SC Meter Medley Relay								
				A				
1	Cally Masters Islington					NT	2:51.69	20
				B				
2	Out To Swim	50.31	1:34.26 (43.95)	2:12.55 (38.29)	2:56.75 (44.20)	NT	2:56.75	18
Event 7 Men 200-239 200 SC Meter Medley Relay								
				A				
1	Camden Swiss Cottage					NT	2:27.61	20
				A				
2	Cally Masters Islington	1:14.54	1:52.11 (37.57)	2:28.06 (35.95)	3:00.61 (32.55)	NT	3:00.61	18
				A				
---	Frogna! Masters					NT	DQ	
	2 arms pulls into backstroke turn after leaving position on back							
Event 7 Men 240-279 200 SC Meter Medley Relay								
				A				
1	Barnet Copthall	40.17	1:18.79 (38.62)	1:50.29 (31.50)	2:24.97 (34.68)	NT	2:24.97	20
				A				
2	Camden Swiss Cottage	36.67	1:20.06 (43.39)	1:53.79 (33.73)	2:26.38 (32.59)	NT	2:26.38	18
				A				
Event 8 Mixed 72-99 200 SC Meter Medley Relay								
				A				
1	Metropolitan Police	37.97		1:42.18 ()	2:14.04 (31.86)	NT	2:14.04	20
				A				
2	Cally Masters Islington	34.74	1:18.14 (43.40)	1:48.38 (30.24)	2:18.06 (29.68)	NT	2:18.06	18
Event 8 Mixed 100-119 200 SC Meter Medley Relay								
				A				
1	Cally Masters Islington	37.43	1:17.08 (39.65)	1:53.31 (36.23)	2:22.82 (29.51)	NT	2:22.82	20
Event 8 Mixed 120-159 200 SC Meter Medley Relay								
				A				
1	Cally Masters Islington	38.20	1:17.52 (39.32)	1:52.46 (34.94)	2:20.05 (27.59)	NT	2:20.05	20
				A				
2	Camden Swiss Cottage	32.10	1:18.84 (46.74)	2:01.74 (42.90)	2:27.36 (25.62)	NT	2:27.36	18
Event 8 Mixed 160-199 200 SC Meter Medley Relay								
				B				
1	Camden Swiss Cottage	47.92	1:24.77 (36.85)	1:56.69 (31.92)	2:28.99 (32.30)	NT	2:28.99	20
				A				

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2	Cally Masters Islington	45.31	1:23.37 (38.06)	2:02.10 (38.73)	2:35.12 (33.02)	NT	2:35.12	18
				A				
3	Camden Swiss Cottage	33.52	1:26.73 (53.21)	1:56.21 (29.48)	2:35.26 (39.05)	NT	2:35.26	16
				A				
4	Ealing	47.61	1:24.14 (36.53)	2:08.22 (44.08)	2:55.74 (47.52)	NT	2:55.74	14
Event 8 Mixed 200-239 200 SC Meter Medley Relay								
				A				
1	Barnet Copthall	36.24	1:14.69 (38.45)	1:55.31 (40.62)	2:24.40 (29.09)	NT	2:24.40	20
				A				
2	Frognaal Masters	38.92	1:16.88 (37.96)	1:52.62 (35.74)	2:27.07 (34.45)	NT	2:27.07	18
				B				
3	Camden Swiss Cottage	37.87	1:26.75 (48.88)	2:00.30 (33.55)	2:32.13 (31.83)	NT	2:32.13	16
				A				
4	Cally Masters Islington					NT	2:45.51	14
				A				
5	Camden Swiss Cottage	1:38.70	2:15.21 (36.51)	2:48.88 (33.67)	2:48.81 ()	NT	2:48.81	12
Event 8 Mixed 240-279 200 SC Meter Medley Relay								
				A				
1	Cally Masters Islington	1:15.33	2:08.42 (53.09)	3:00.69 (52.27)	4:14.29 (1:13.60)	NT	4:14.29	20
Event 9 Women 25-29 100 SC Meter IM								
1	Hanson, Flora	34.81	1:16.06 (41.25)	29 Cally Masters Islington			1:16.06	10
2	Griffiths, Lianne	40.39	1:22.36 (41.97)	29 Metropolitan Police			1:22.36	9
3	Hartman, Erin	39.16	1:24.96 (45.80)	27 Cally Masters Islington			1:24.96	8
Event 9 Women 30-34 100 SC Meter IM								
1	McDonagh, Megan	33.55	1:13.33 (39.78)	30 Otter			1:13.33	10
2	Laird, Catriona	37.88	1:22.43 (44.55)	30 Cally Masters Islington			1:22.43	9
3	Snell, Ella	38.04	1:24.74 (46.70)	30 Cally Masters Islington			1:24.74	8
4	Ferguson, Rachael	39.74	1:27.87 (48.13)	30 Cally Masters Islington			1:27.87	7
Event 9 Women 35-39 100 SC Meter IM								
1	Kinsella, Fiona	34.47	1:13.62 (39.15)	39 Camden Swiss Cottage			1:13.62	10
2	Cash, Bethan	45.69	1:30.41 (44.72)	36 Cally Masters Islington			1:30.41	9
3	Humphries, Sian	42.95	1:31.98 (49.03)	35 Hackney Aquatics			1:31.98	8
4	Clement, Dominique	45.20	1:35.50 (50.30)	38 Cally Masters Islington			1:35.50	7
Event 9 Women 45-49 100 SC Meter IM								

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1	Lowsby, Karen	45	Ealing	1:35.63	10
	47.11	1:35.63	(48.52)		
2	Gelera, Clara	45	Camden Swiss Cottage	1:41.61	9
	46.60	1:41.61	(55.01)		
3	Waltho-Smith, Clair	45	Ruislip Northwood	1:45.12	8
	49.63	1:45.12	(55.49)		
4	Pandya, Roopa	45	Camden Swiss Cottage	1:52.65	7
	56.78	1:52.65	(55.87)		
---	Williams, Mari	47	Cally Masters Islington	DQ	
	7.6	Did not touch at turn or finish with both hands, or touch not simultaneous or hands no			
	51.43	DQ	(54.08)		

Event 9 Women 50-54 100 SC Meter IM

1	Clarke, Kelly	51	Metropolitan Police	1:22.14	10
	38.07	1:22.14	(44.07)		
2	Adams, Zorika	53	Camden Swiss Cottage	1:39.02	9
	47.67	1:39.02	(51.35)		

Event 9 Women 55-59 100 SC Meter IM

1	Shaw, Elizabeth	57	Otter	1:30.83	10
	43.96	1:30.83	(46.87)		
2	Bourne, Beverley	55	Barnet Copthall	1:31.06	9
	42.96	1:31.06	(48.10)		
3	Morris, Abigail	59	Cally Masters Islington	1:47.77	8
	52.68	1:47.77	(55.09)		
4	Davies, Claire	55	Cally Masters Islington	1:55.41	7
	1:00.87	1:55.41	(54.54)		

Event 9 Women 60-64 100 SC Meter IM

1	Knowles, Elizabeth	63	Camden Swiss Cottage	1:42.69	10
	50.15	1:42.69	(52.54)		
2	Fluss, Nizza	61	Barnet Copthall	1:57.81	9
	56.92	1:57.81	(1:00.89)		
3	Croydon, Debbie	63	Cally Masters Islington	2:03.54	8
	59.50	2:03.54	(1:04.04)		
4	Davies, Lesley	63	Otter	2:11.20	7
	1:07.82	2:11.20	(1:03.38)		

Event 9 Women 65-69 100 SC Meter IM

1	Perry, Sara	66	Cally Masters Islington	1:34.53	10
	45.62	1:34.53	(48.91)		
2	Green, Susan	67	Cally Masters Islington	2:20.07	9
	1:08.17	2:20.07	(1:11.90)		

Event 9 Women 70-74 100 SC Meter IM

1	Cinnamon, Catherine	73	Cally Masters Islington	2:59.87	10
	1:32.11	2:59.87	(1:27.76)		

Event 9 Men 25-29 100 SC Meter IM

1	Andrews, Toby	29	Metropolitan Police	1:10.12	10
	32.57	1:10.12	(37.55)		
2	Hanlon, Myles	27	Out To Swim	1:13.14	9
	34.50	1:13.14	(38.64)		

Event 9 Men 30-34 100 SC Meter IM

1	Pong, Martin	30	Out To Swim	1:08.79	10
	29.91	1:08.79	(38.88)		
2	Eastough, Thomas	30	Cally Masters Islington	1:15.73	9

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	35.19	1:15.73 (40.54)		
3 May, Christopher	31 Ealing		1:16.69	8
	36.44	1:16.69 (40.25)		
4 Bailey, Daniel	32 Metropolitan Police		1:16.90	7
	33.99	1:16.90 (42.91)		
5 Walcher, Matthew	30 Out To Swim		1:28.64	6
	41.91	1:28.64 (46.73)		
Event 9 Men 35-39 100 SC Meter IM				
1 Bennett, Joe	36 Camden Swiss Cottage		1:10.63	10
	31.30	1:10.63 (39.33)		
2 Etherington, John	36 Wycombe District		1:11.19	9
	32.20	1:11.19 (38.99)		
3 Pimentel, Yoel	39 Cally Masters Islington		1:41.87	8
	50.20	1:41.87 (51.67)		
4 Castro, Diogo	35 Out To Swim		2:06.84	7
	1:04.83	2:06.84 (1:02.01)		
Event 9 Men 40-44 100 SC Meter IM				
1 Dominguez Rios, Jorge Enrique	42 Cally Masters Islington		1:25.72	10
	40.09	1:25.72 (45.63)		
--- Sattar, Abdul	40 Out To Swim		DQ	
	7.2 Arm movements not simultaneous or not in the same horizontal plane - breast			
	52.45	DQ (56.66)		
Event 9 Men 45-49 100 SC Meter IM				
1 Lorimer, Stephen	45 Cally Masters Islington		1:13.94	10
	34.87	1:13.94 (39.07)		
2 Heese, Anton	48 Camden Swiss Cottage		1:15.52	9
	35.52	1:15.52 (40.00)		
3 Kernkraut, Jonathan	47 Cally Masters Islington		1:17.92	8
	35.54	1:17.92 (42.38)		
4 Hopton, Christopher	48 Camden Swiss Cottage		1:17.95	7
	36.73	1:17.95 (41.22)		
5 Dowdeswell, Matthew	45 Out To Swim		1:39.17	6
	44.84	1:39.17 (54.33)		
6 Ranaraja, Dominic	45 Ealing		1:43.74	5
	50.66	1:43.74 (53.08)		
Event 9 Men 50-54 100 SC Meter IM				
1 Morgan, Christopher	51 Otter		1:18.38	10
	37.28	1:18.38 (41.10)		
Event 9 Men 55-59 100 SC Meter IM				
1 Pester, Paul	59 Camden Swiss Cottage		1:21.61	10
	37.92	1:21.61 (43.69)		
2 Molnar, Gabor	56 Camden Swiss Cottage		1:22.32	9
	37.61	1:22.32 (44.71)		
3 Jeffery, Will	56 Frogna! Masters		1:41.92	8
	50.26	1:41.92 (51.66)		
Event 9 Men 65-69 100 SC Meter IM				
1 Haftel, Neil	68 Frogna! Masters		1:28.45	10
	40.23	1:28.45 (48.22)		
2 Croydon, Richard	65 Otter		1:42.01	9
	47.15	1:42.01 (54.86)		

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Event 9 Men 70-74 100 SC Meter IM

1	Haley, Peter	72	Ruislip Northwood	2:11.01	10
	1:05.77	2:11.01	(1:05.24)		

Event 9 Men 75-79 100 SC Meter IM

1	Wilson, Roy	77	Ruislip Northwood	2:14.00	10
	1:09.08	2:14.00	(1:04.92)		

Event 10 Women 18-24 100 SC Meter Backstroke

1	Fraser, Taryn	24	Metropolitan Police	1:22.00	10
	40.73	1:22.00	(41.27)		

Event 10 Women 25-29 100 SC Meter Backstroke

1	Hanson, Flora	29	Cally Masters Islington	1:13.82	10
	36.36	1:13.82	(37.46)		
2	Browne, Sarah	29	Haringey Aquatics	1:26.75	9
	41.45	1:26.75	(45.30)		

Event 10 Women 30-34 100 SC Meter Backstroke

1	Laird, Catriona	30	Cally Masters Islington	1:21.31	10
	39.84	1:21.31	(41.47)		
2	Snell, Ella	30	Cally Masters Islington	1:23.98	9
	40.02	1:23.98	(43.96)		

Event 10 Women 45-49 100 SC Meter Backstroke

1	Lowsby, Karen	45	Ealing	1:35.91	10
	46.78	1:35.91	(49.13)		
2	Pandya, Roopa	45	Camden Swiss Cottage	1:56.36	9
	55.74	1:56.36	(1:00.62)		

Event 10 Women 50-54 100 SC Meter Backstroke

1	Lee, Danielle	52	Frognaal Masters	1:40.82	10
	47.86	1:40.82	(52.96)		

Event 10 Women 55-59 100 SC Meter Backstroke

1	Bourne, Beverley	55	Barnet Cophthall	1:31.09	10
	44.45	1:31.09	(46.64)		
2	Butler Brown, Claire	55	Haringey Aquatics	1:35.86	9
	45.35	1:35.86	(50.51)		
3	Autullo, Stefania	55	Barnet Cophthall	1:52.92	8
	53.20	1:52.92	(59.72)		

Event 10 Women 60-64 100 SC Meter Backstroke

1	Rowley, Christine	64	Ruislip Northwood	1:31.03	10
	43.67	1:31.03	(47.36)		
2	Knowles, Elizabeth	63	Camden Swiss Cottage	1:45.99	9
	52.08	1:45.99	(53.91)		
3	Challands, Joanne	61	Cally Masters Islington	1:47.58	8
	51.22	1:47.58	(56.36)		

Event 10 Women 65-69 100 SC Meter Backstroke

1	Butterworth, Karen	65	Ruislip Northwood	1:59.34	10
	58.58	1:59.34	(1:00.76)		

Event 10 Women 75-79 100 SC Meter Backstroke

1	Blower, Elaine	78	Barnet Cophthall	1:53.88	10
	56.15	1:53.88	(57.73)		

Event 10 Men 18-24 100 SC Meter Backstroke

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1	MacDonald, Cameron	22	Cally Masters Islington	1:08.21	10
	32.51		1:08.21 (35.70)		
Event 10 Men 30-34 100 SC Meter Backstroke					
1	Sartorius, Martin	31	Otter	1:06.59	10
	32.10		1:06.59 (34.49)		
2	Bailey, Daniel	32	Metropolitan Police	1:19.54	9
	39.38		1:19.54 (40.16)		
Event 10 Men 35-39 100 SC Meter Backstroke					
1	Dunne, Aiden	37	Camden Swiss Cottage	1:06.83	10
	31.61		1:06.83 (35.22)		
2	Oakes, Nicholas	37	Hackney Aquatics	1:08.90	9
	33.38		1:08.90 (35.52)		
Event 10 Men 45-49 100 SC Meter Backstroke					
1	Kernkraut, Jonathan	47	Cally Masters Islington	1:17.35	10
	37.79		1:17.35 (39.56)		
2	Heese, Anton	48	Camden Swiss Cottage	1:22.78	9
	40.03		1:22.78 (42.75)		
3	Hopton, Christopher	48	Camden Swiss Cottage	1:23.86	8
	41.32		1:23.86 (42.54)		
Event 10 Men 55-59 100 SC Meter Backstroke					
1	Pester, Paul	59	Camden Swiss Cottage	1:20.58	10
	39.16		1:20.58 (41.42)		
2	Molnar, Gabor	56	Camden Swiss Cottage	1:24.45	9
	41.32		1:24.45 (43.13)		
Event 10 Men 60-64 100 SC Meter Backstroke					
1	Cartwright, Paul	62	Camden Swiss Cottage	1:23.62	10
	40.89		1:23.62 (42.73)		
Event 10 Men 70-74 100 SC Meter Backstroke					
1	Appleby, Martin	70	Ruislip Northwood	1:43.63	10
	50.66		1:43.63 (52.97)		
Event 11 Women 18-24 50 SC Meter Freestyle					
1	Fraser, Taryn	24	Metropolitan Police	33.19	10
Event 11 Women 25-29 50 SC Meter Freestyle					
1	Griffiths, Lianne	29	Metropolitan Police	31.77	10
2	Cordeaux, Grace	27	Metropolitan Police	31.88	9
3	Sangster, Honor	25	Cally Masters Islington	33.07	8
4	Browne, Sarah	29	Haringey Aquatics	34.82	7
Event 11 Women 30-34 50 SC Meter Freestyle					
1	McDonagh, Megan	30	Otter	29.98	10
2	Snell, Ella	30	Cally Masters Islington	33.37	9
3	Ferguson, Rachael	30	Cally Masters Islington	34.23	8
4	Richardson, Ruth	32	Hackney Aquatics	34.46	7
Event 11 Women 35-39 50 SC Meter Freestyle					
1	Cash, Bethan	36	Cally Masters Islington	34.42	10
2	Humphries, Sian	35	Hackney Aquatics	36.06	9
3	Le Sage, Tanya	37	Cally Masters Islington	36.15	8

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4	Clement, Dominique	38	Cally Masters Islington	36.42	7
Event 11 Women 40-44 50 SC Meter Freestyle					
1	Lichter, Yael	41	Cally Masters Islington	33.52	10
Event 11 Women 45-49 50 SC Meter Freestyle					
1	Maclean, Susan	48	Camden Swiss Cottage	32.73	10
2	Shivik, Maida	49	Camden Swiss Cottage	35.17	9
3	Lowsby, Karen	45	Ealing	37.45	8
4	Gelera, Clara	45	Camden Swiss Cottage	39.13	7
5	Pandya, Roopa	45	Camden Swiss Cottage	39.33	6
6	Williams, Mari	47	Cally Masters Islington	40.81	5
7	Waltho-Smith, Clair	45	Ruislip Northwood	43.54	4
8	Kalirai, Nirmal	48	Cally Masters Islington	50.00	3
Event 11 Women 50-54 50 SC Meter Freestyle					
1	McDonald, Sarah	50	Camden Swiss Cottage	35.11	10
2	Lee, Danielle	52	Frognaal Masters	38.22	9
3	Taylor, Elizabeth	51	Camden Swiss Cottage	38.73	8
4	Cusido, Elsa	52	Barnet Copthall	40.60	7
5	Nakano, Marina	50	Camden Swiss Cottage	41.62	6
Event 11 Women 55-59 50 SC Meter Freestyle					
1	Shaw, Elizabeth	57	Otter	34.74	10
2	Butler Brown, Claire	55	Haringey Aquatics	37.25	9
3	Davies, Claire	55	Cally Masters Islington	42.50	8
4	Morris, Abigail	59	Cally Masters Islington	43.44	7
Event 11 Women 60-64 50 SC Meter Freestyle					
1	Rowley, Christine	64	Ruislip Northwood	35.89	10
2	Spence, Barbara	63	Camden Swiss Cottage	41.89	9
3	Horsley, Janet	60	Ruislip Northwood	43.56	8
4	Challands, Joanne	61	Cally Masters Islington	44.41	7
5	Croydon, Debbie	63	Cally Masters Islington	44.96	6
Event 11 Women 65-69 50 SC Meter Freestyle					
1	Perry, Sara	66	Cally Masters Islington	37.00	10
2	Butterworth, Karen	65	Ruislip Northwood	46.10	9
Event 11 Women 70-74 50 SC Meter Freestyle					
1	Cinnamon, Catherine	73	Cally Masters Islington	1:12.51	10
Event 11 Men 25-29 50 SC Meter Freestyle					
1	Messenger, Charles	27	Hackney Aquatics	24.72	10
2	Hanlon, Myles	27	Out To Swim	27.16	9
3	Andrews, Toby	29	Metropolitan Police	27.72	8
4	Kirk, William	29	Cally Masters Islington	29.82	7
5	Byron, Alexander	29	Out To Swim	32.36	6
Event 11 Men 30-34 50 SC Meter Freestyle					
1	Yiu, Nicholas	30	Camden Swiss Cottage	25.11	10
2	Pong, Martin	30	Out To Swim	27.55	9

Middlesex County ASA Masters 2023 - 21/05/2023

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3	Bailey, Daniel	32	Metropolitan Police	29.75	8
4	Quintana, Claudio	30	Out To Swim	30.22	7
5	Jones, Jack	31	Out To Swim	30.70	6
6	Walcher, Matthew	30	Out To Swim	35.09	5

Event 11 Men 35-39 50 SC Meter Freestyle

1	Dunne, Aiden	37	Camden Swiss Cottage	27.05	10
2	Etherington, John	36	Wycombe District	27.37	9
3	Bennett, Joe	36	Camden Swiss Cottage	28.54	8
4	Walsh, Arthur	36	Out To Swim	40.58	7

Event 11 Men 40-44 50 SC Meter Freestyle

1	Dominguez Rios, Jorge Enrique	42	Cally Masters Islington	31.57	10
2	Wahab, Charles	41	Cally Masters Islington	34.76	9
3	Sattar, Abdul	40	Out To Swim	41.83	8

Event 11 Men 45-49 50 SC Meter Freestyle

1	Bransby, Craig	49	Enfield Swim Squad	25.95	10
2	Lorimer, Stephen	45	Cally Masters Islington	29.01	9
3	Hopton, Christopher	48	Camden Swiss Cottage	29.47	8
4	Heese, Anton	48	Camden Swiss Cottage	30.17	7
5	Kernkraut, Jonathan	47	Cally Masters Islington	31.03	6
6	Dowdeswell, Matthew	45	Out To Swim	40.11	5
7	Ranaraja, Dominic	45	Ealing	40.93	4

Event 11 Men 50-54 50 SC Meter Freestyle

1	Carville, Donal	52	Camden Swiss Cottage	32.62	10
2	Allan, Richard	50	Frognaal Masters	34.34	9

Event 11 Men 55-59 50 SC Meter Freestyle

1	McQuaid, Sean	55	Barnet Copthall	27.54	10
2	Lief, Kevin	56	Barnet Copthall	31.07	9
3	Kearney, William	55	Haringey Aquatics	31.32	8
4	Molnar, Gabor	56	Camden Swiss Cottage	31.53	7
5	Finean, Robert	56	Out To Swim	34.28	6
6	High, Brandon	57	Cally Masters Islington	1:20.63	5

Event 11 Men 60-64 50 SC Meter Freestyle

1	Riddell, Robert	61	Camden Swiss Cottage	32.57	10
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Event 11 Men 65-69 50 SC Meter Freestyle

1	Haftel, Neil	68	Frognaal Masters	34.66	10
2	Croydon, Richard	65	Otter	36.10	9

Event 11 Men 70-74 50 SC Meter Freestyle

1	Browne, Kurt	71	Camden Swiss Cottage	34.33	10
2	Colman, Trevor	70	Barnet Copthall	35.22	9
3	Appleby, Martin	70	Ruislip Northwood	37.02	8
4	Haley, Peter	72	Ruislip Northwood	50.28	7

Event 11 Men 75-79 50 SC Meter Freestyle

1	Vider, Peter	77	Otter	38.37	10
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Middlesex County ASA Masters 2023 - 21/05/2023

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2	Wilson, Roy	77	Ruislip Northwood	51.86	9
3	Botham, Paul	76	Cally Masters Islington	1:14.20	8

Event 12 Women 25-29 50 SC Meter Breaststroke

1	Griffiths, Lianne	29	Metropolitan Police	40.49	10
2	Hanson, Flora	29	Cally Masters Islington	41.34	9
3	Hartman, Erin	27	Cally Masters Islington	44.17	8

Event 12 Women 35-39 50 SC Meter Breaststroke

1	Le Sage, Tanya	37	Cally Masters Islington	44.51	10
2	Humphries, Sian	35	Hackney Aquatics	46.21	9

Event 12 Women 45-49 50 SC Meter Breaststroke

1	Gelera, Clara	45	Camden Swiss Cottage	49.85	10
2	Williams, Mari	47	Cally Masters Islington	52.18	9
3	Waltho-Smith, Clair	45	Ruislip Northwood	52.80	8
4	Pandya, Roopa	45	Camden Swiss Cottage	58.41	7

Event 12 Women 50-54 50 SC Meter Breaststroke

1	Clarke, Kelly	51	Metropolitan Police	44.20	10
2	Riechert, Heike	52	Frognal Masters	47.05	9
3	Lee, Danielle	52	Frognal Masters	48.14	8
4	Adams, Zorika	53	Camden Swiss Cottage	50.09	7
5	Nakano, Marina	50	Camden Swiss Cottage	55.38	6

Event 12 Women 55-59 50 SC Meter Breaststroke

1	Bourne, Beverley	55	Barnet Cophthall	46.93	10
2	Shaw, Elizabeth	57	Otter	49.48	9
3	Davies, Claire	55	Cally Masters Islington	53.02	8
4	Autullo, Stefania	55	Barnet Cophthall	56.32	7

Event 12 Women 60-64 50 SC Meter Breaststroke

1	Challands, Joanne	61	Cally Masters Islington	51.05	10
2	Fluss, Nizza	61	Barnet Cophthall	56.48	9
3	Julin, Barbro	61	Ealing	58.66	8
---	Spence, Barbara	63	Camden Swiss Cottage	DQ	

7.2 Arm movements not simultaneous or not in the same horizontal plane

Event 12 Women 65-69 50 SC Meter Breaststroke

1	Perry, Sara	66	Cally Masters Islington	48.72	10
2	Butterworth, Karen	65	Ruislip Northwood	58.19	9
3	Green, Susan	67	Cally Masters Islington	1:02.04	8

Event 12 Women 70-74 50 SC Meter Breaststroke

1	Cinnamon, Catherine	73	Cally Masters Islington	1:21.60	10
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Event 12 Men 18-24 50 SC Meter Breaststroke

1	Stapleton, Albie	20	Metropolitan Police	34.42	10
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Event 12 Men 25-29 50 SC Meter Breaststroke

1	Bozkurt, Can	28	Hackney Aquatics	29.95	10
2	Byron, Alexander	29	Out To Swim	40.95	9

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Event 12 Men 30-34 50 SC Meter Breaststroke

1	Walcher, Matthew	30	Out To Swim	42.92	10
2	Bailey, Daniel	32	Metropolitan Police	46.60	9

Event 12 Men 35-39 50 SC Meter Breaststroke

1	Pimentel, Yoel	39	Cally Masters Islington	51.45	10
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Event 12 Men 40-44 50 SC Meter Breaststroke

1	Sattar, Abdul	40	Out To Swim	49.60	10
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Event 12 Men 45-49 50 SC Meter Breaststroke

1	Heese, Anton	48	Camden Swiss Cottage	37.76	10
2	Dowdeswell, Matthew	45	Out To Swim	46.03	9

Event 12 Men 50-54 50 SC Meter Breaststroke

1	Morgan, Christopher	51	Otter	40.96	10
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Event 12 Men 55-59 50 SC Meter Breaststroke

1	Lief, Kevin	56	Barnet Cophthall	39.50	10
2	Kearney, William	55	Haringey Aquatics	40.48	9
3	Molnar, Gabor	56	Camden Swiss Cottage	41.59	8

Event 12 Men 60-64 50 SC Meter Breaststroke

1	Holme, Philip	64	Barnet Cophthall	38.27	10
2	Collins, Philip	61	Out To Swim	40.19	9
3	Cartwright, Paul	62	Camden Swiss Cottage	43.53	8
4	Catherall, Paul	61	Ruislip Northwood	45.51	7

Event 12 Men 70-74 50 SC Meter Breaststroke

1	Browne, Kurt	71	Camden Swiss Cottage	42.19	10
2	Appleby, Martin	70	Ruislip Northwood	50.43	9
3	Haley, Peter	72	Ruislip Northwood	1:01.20	8

Event 12 Men 75-79 50 SC Meter Breaststroke

1	Wilson, Roy	77	Ruislip Northwood	59.99	10
2	Botham, Paul	76	Cally Masters Islington	1:14.78	9

Event 13 Women 25-29 100 SC Meter Butterfly

1	Kennedy, Cassandra	29	Cally Masters Islington	1:18.94	10
	37.13		1:18.94 (41.81)		

Event 13 Women 30-34 100 SC Meter Butterfly

1	Laird, Catriona	30	Cally Masters Islington	1:21.56	10
	37.85		1:21.56 (43.71)		

Event 13 Women 35-39 100 SC Meter Butterfly

1	Ha, Sophia	37	Frognaal Masters	1:22.75	10
	40.20		1:22.75 (42.55)		

Event 13 Women 45-49 100 SC Meter Butterfly

1	Lowsby, Karen	45	Ealing	1:46.21	10
	49.31		1:46.21 (56.90)		
2	Williams, Mari	47	Cally Masters Islington	1:51.69	9
	54.01		1:51.69 (57.68)		

Event 13 Women 60-64 100 SC Meter Butterfly

**Middlesex County ASA Masters 2023 - 21/05/2023
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1 Fluss, Nizza		61 Barnet Cophthall		2:00.66	10
	54.85	2:00.66 (1:05.81)			

Event 13 Men 18-24 100 SC Meter Butterfly

1 MacDonald, Cameron		22 Cally Masters Islington		1:07.76	10
	31.11	1:07.76 (36.65)			

Event 13 Men 25-29 100 SC Meter Butterfly

1 Messenger, Charles		27 Hackney Aquatics		1:00.79	10
	28.05	1:00.79 (32.74)			
2 Kirk, William		29 Cally Masters Islington		1:17.33	9
	36.41	1:17.33 (40.92)			

Event 13 Men 30-34 100 SC Meter Butterfly

1 Bailey, Daniel		32 Metropolitan Police		1:26.55	10
	39.15	1:26.55 (47.40)			

Event 13 Men 35-39 100 SC Meter Butterfly

--- Pimentel, Yoel		39 Cally Masters Islington		DQ	
	4.4 Start before starting signal				

Event 13 Men 45-49 100 SC Meter Butterfly

1 Heese, Anton		48 Camden Swiss Cottage		1:13.25	10
	34.04	1:13.25 (39.21)			
2 Lorimer, Stephen		45 Cally Masters Islington		1:15.71	9
	34.53	1:15.71 (41.18)			
3 Hopton, Christopher		48 Camden Swiss Cottage		1:22.34	8
	38.38	1:22.34 (43.96)			

Event 13 Men 50-54 100 SC Meter Butterfly

1 Morgan, Christopher		51 Otter		1:15.44	10
	36.38	1:15.44 (39.06)			

Event 13 Men 55-59 100 SC Meter Butterfly

1 Jeffery, Will		56 Frogna! Masters		1:47.15	10
	51.89	1:47.15 (55.26)			

Event 13 Men 60-64 100 SC Meter Butterfly

1 Collins, Philip		61 Out To Swim		1:43.43	10
	47.55	1:43.43 (55.88)			

Event 14 Women 72-99 200 SC Meter Freestyle Relay

		A			
1 Metropolitan Police				NT	2:07.65
	32.36	1:03.33 (30.97)	1:36.05 (32.72)	2:07.65 (31.60)	20

Event 14 Women 100-119 200 SC Meter Freestyle Relay

		A			
1 Cally Masters Islington				NT	2:14.49
	31.85	1:07.76 (35.91)	1:42.67 (34.91)	2:14.49 (31.82)	20

Event 14 Women 120-159 200 SC Meter Freestyle Relay

		A			
1 Cally Masters Islington				NT	2:15.32
	32.74	1:06.75 (34.01)	1:40.97 (34.22)	2:15.32 (34.35)	20

Event 14 Women 160-199 200 SC Meter Freestyle Relay

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			A				
1	Camden Swiss Cottage				NT	2:14.87	20
	35.71	1:13.26 (37.55)	1:45.31 (32.05)	2:14.87 (29.56)			
			A				
2	Cally Masters Islington				NT	2:29.62	18
	36.81	1:12.98 (36.17)	1:55.98 (43.00)	2:29.62 (33.64)			
Event 14 Women 200-239 200 SC Meter Freestyle Relay							
			A				
1	Camden Swiss Cottage				NT	2:40.99	20
	43.22	1:22.06 (38.84)	2:01.76 (39.70)	2:40.99 (39.23)			
			A				
2	Ruislip Northwood				NT	2:46.84	18
	35.74	1:29.13 (53.39)	2:03.89 (34.76)	2:46.84 (42.95)			
			A				
3	Cally Masters Islington				NT	2:54.50	16
	43.80	1:27.42 (43.62)	2:19.53 (52.11)	2:54.50 (34.97)			
Event 14 Women 240-279 200 SC Meter Freestyle Relay							
			A				
1	Cally Masters Islington				NT	3:45.65	20
	44.72	2:08.13 (1:23.41)	3:01.80 (53.67)	3:45.65 (43.85)			
Event 15 Men 72-99 200 SC Meter Freestyle Relay							
			A				
1	Cally Masters Islington				NT	1:54.79	20
	29.64	56.95 (27.31)	1:27.27 (30.32)	1:54.79 (27.52)			
Event 15 Men 100-119 200 SC Meter Freestyle Relay							
			A				
1	Out To Swim				NT	1:54.53	20
	27.26	1:00.18 (32.92)	1:28.20 (28.02)	1:54.53 (26.33)			
Event 15 Men 120-159 200 SC Meter Freestyle Relay							
			A				
1	Camden Swiss Cottage				NT	1:48.77	20
	28.18	54.78 (26.60)	1:23.23 (28.45)	1:48.77 (25.54)			
			A				
2	Cally Masters Islington				NT	1:58.07	18
	29.40	59.45 (30.05)	1:28.41 (28.96)	1:58.07 (29.66)			
			A				
3	Out To Swim				NT	2:33.65	16
	35.27						
Event 15 Men 160-199 200 SC Meter Freestyle Relay							
			A				
1	Cally Masters Islington				NT	2:20.30	20
	32.42	1:13.79 (41.37)	1:48.60 (34.81)	2:20.30 (31.70)			
Event 15 Men 200-239 200 SC Meter Freestyle Relay							
			A				
1	Camden Swiss Cottage				NT	2:11.69	20
	31.73	1:03.77 (32.04)	1:39.83 (36.06)	2:11.69 (31.86)			
			A				
2	Out To Swim				NT	2:28.90	18
	33.49	1:11.21 (37.72)	1:53.07 (41.86)	2:28.90 (35.83)			
			A				
3	Cally Masters Islington				NT	2:57.67	16
		1:53.19 ()	2:27.07 (33.88)	2:57.67 (30.60)			
Event 15 Men 240-279 200 SC Meter Freestyle Relay							
			A				
1	Barnet Copthall				NT	2:07.29	20
		1:09.48 ()	1:39.37 (29.89)	2:07.29 (27.92)			
			A				
---	Camden Swiss Cottage				NT	DQ	
	10.11 Swimmer #2 feet lost touch with starting place before preceding team mate touches						
	31.66	1:04.30 (32.64)	1:38.66 (34.36)	DQ (30.95)			

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Event 15 Men 280-319 200 SC Meter Freestyle Relay

A

1 Ruislip Northwood					NT	2:53.23	20
	36.72	1:26.31 (49.59)	2:16.84 (50.53)	2:53.23 (36.39)			

Event 16 Mixed 72-99 200 SC Meter Freestyle Relay

A

1 Metropolitan Police					NT	1:58.43	20
	31.92	1:04.08 (32.16)	1:32.22 (28.14)	1:58.43 (26.21)			

A

2 Cally Masters Islington					NT	2:04.05	18
	31.66	1:06.22 (34.56)	1:34.33 (28.11)	2:04.05 (29.72)			

Event 16 Mixed 100-119 200 SC Meter Freestyle Relay

A

1 Cally Masters Islington					NT	2:06.35	20
	32.49	1:03.09 (30.60)	1:33.03 (29.94)	2:06.35 (33.32)			

Event 16 Mixed 120-159 200 SC Meter Freestyle Relay

A

1 Camden Swiss Cottage					NT	1:57.14	20
	27.32	1:02.36 (35.04)	1:31.78 (29.42)	1:57.14 (25.36)			

A

2 Cally Masters Islington					NT	2:01.41	18
	31.31	58.87 (27.56)	1:31.77 (32.90)	2:01.41 (29.64)			

Event 16 Mixed 160-199 200 SC Meter Freestyle Relay

A

1 Camden Swiss Cottage					NT	2:04.42	20
	28.56	1:00.98 (32.42)	1:34.98 (34.00)	2:04.42 (29.44)			

A

2 Cally Masters Islington					NT	2:10.68	18
	33.62	1:05.10 (31.48)	1:40.00 (34.90)	2:10.68 (30.68)			

B

3 Camden Swiss Cottage					NT	2:15.82	16
	31.45	1:08.71 (37.26)	1:47.07 (38.36)	2:15.82 (28.75)			

Event 16 Mixed 200-239 200 SC Meter Freestyle Relay

A

1 Cally Masters Islington					NT	2:23.76	20
	32.98	1:15.94 (42.96)	1:46.42 (30.48)	2:23.76 (37.34)			

A

2 Frogna! Masters					NT	2:26.39	18
		1:15.20 ()	1:52.99 (37.79)	2:26.39 (33.40)			

A

3 Camden Swiss Cottage					NT	2:28.14	16
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Event 16 Mixed 240-279 200 SC Meter Freestyle Relay

A

1 Camden Swiss Cottage					NT	2:30.91	20
	34.91	1:16.65 (41.74)	1:59.87 (43.22)	2:30.91 (31.04)			

A

2 Barnet Copthall					NT	2:39.89	18
	34.97	1:23.83 (48.86)	2:04.43 (40.60)	2:39.89 (35.46)			

A

3 Cally Masters Islington					NT	4:05.94	16
	44.04	1:28.99 (44.95)	2:44.65 (1:15.66)	4:05.94 (1:21.29)			

**Congratulations everyone competing.
Points scores below:**

**Middlesex County ASA Masters 2023 - 21/05/2023
Results**

Women - Team Scores

Place	Team		Points
1	Cally Masters Islington	Cally Masters Islington	851
2	Camden Swiss Cottage	Camden Swiss Cottage	375
3	Barnet Copthall	Barnet Copthall	199
4	Metropolitan Police	Metropolitan Police	186
5	Ruislip Northwood	Ruislip Northwood	162
6	Frognal Masters	Frognal Masters	130
7	Otter	Otter	129
8	Ealing	Ealing	88
9	Haringey Aquatics	Haringey Aquatics	52
10	Hackney Aquatics	Hackney Aquatics	51
Total			2,223 points

Men - Team Scores

Place	Team		Points
1	Camden Swiss Cottage	Camden Swiss Cottage	556
2	Cally Masters Islington	Cally Masters Islington	449
3	Out To Swim	Out To Swim	419
4	Ruislip Northwood	Ruislip Northwood	184
5	Metropolitan Police	Metropolitan Police	152
6	Otter	Otter	146
7	Barnet Copthall	Barnet Copthall	138
8	Frognal Masters	Frognal Masters	109
9	Hackney Aquatics	Hackney Aquatics	77
10	Ealing	Ealing	45
11	Enfield Swim Squad	Enfield Swim Squad	30
12	Haringey Aquatics	Haringey Aquatics	17
Total			2,322 points

**Middlesex County ASA Masters 2023 - 21/05/2023
Results**

Combined Team Scores

Place	Team		Points
1	Cally Masters Islington	Cally Masters Islington	1,300
2	Camden Swiss Cottage	Camden Swiss Cottage	931
3	Out To Swim	Out To Swim	419
4	Ruislip Northwood	Ruislip Northwood	346
5	Metropolitan Police	Metropolitan Police	338
6	Barnet Cophall	Barnet Cophall	337
7	Otter	Otter	275
8	Frognal Masters	Frognal Masters	239
9	Ealing	Ealing	133
10	Hackney Aquatics	Hackney Aquatics	128
11	Haringey Aquatics	Haringey Aquatics	69
12	Enfield Swim Squad	Enfield Swim Squad	30
		Total	4,545 points

Congratulations to our top teams

Cally Masters Islington (Top Women)

Camden Swiss Cottage (Top Men)

Cally Masters Islington (Top Combined overall)