



NUEL Long Course Non-National Qualifiers Open Meet

**(Held under Swim England Laws and Swim England Technical Rules of Swimming)
LICENCE NUMBER 3LR191609**



Saturday 27th & Sunday 28th July 2019

London Aquatics Centre
Queen Elizabeth Olympic Park
E20 2ZQ

CLOSING DATE FOR ENTRIES Saturday 6th July 2019





PROMOTER'S CONDITIONS

1. The competition will be held under Swim England law, Swim England Technical Rules of Swimming and these promoter's conditions.
2. The meet is licensed at level 3 and held under licensed number 3LR191609
3. The competition is open to Swim England registered swimmers and all entrants must be category 2 members.
4. There are no qualifying times, but there are upper limit times (ULT). **Entry times faster than the published "ULT" will be rejected.** Swimmers are expected to enter their current best times and we will not be accepting NT so, **PLEASE NOTE NO TIME = NO SWIM.**
5. The events are 50m, 100m, 200m & 400m all strokes as well as Individual Medley. Over the top starts will be used where appropriate.
6. Male and female age groups will be 9, 10, 11,12,13,14, 15, 16 years and over. Age as at **28th July 2019**. Heats will be swum with all age groups combined and swimmers seeded by entry times. All heats will be spearheaded and swum on a **heat declared winner basis.** The first three for each age group in each event will receive medals.
7. The venue is the London Aquatics Centre, Queen Elizabeth Olympic Park, E20 2ZQ.
8. The pool length is 50metres, 10 lanes with anti-wave lane ropes, electronic timing and secondary strobe light. It is recommended that if you travel by car that you use the multi-story car parks in Westfield Shopping Centre which are a short walk away from the pool. The pool is also easily accessible by train/tube with a short walk from Stratford station.
9. The entry fees are £6.50 per 50s, 100s and 200 events and £7.50 for all 400s events.
10. All entries must be entered electronically, using Hytek software. If clubs, choose to use an entry form they will incur a £25 administration charge. Entries must be sent by the club with either payment online or single club cheque please.
11. There will be no refunds of entry fee unless the entries are rejected by the organisers.
12. Once your entry has been accepted it is assumed that you will be swimming. Withdrawals must be made by the start of each warm-up session to the recorders using the withdrawal sheets which will be included in the coach's pack.
13. **Entries per club will be processed on a first come first served basis**, however if the gala is nearing capacity the promoter reserves the right to restrict entries from the last club's entries received to ensure compliance with licensing guidelines and the restrictions will be made from the longest distance events first then in reducing distance by individual age groups. Full reimbursement of entry fee(s) shall be made to unsuccessful applicants.
14. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data, they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems



15. Spectator entry will be by colour-coded wristbands. Entry fees are £10.00 per day or £5 per session including programme. Children under the age of 10 will gain entry free of charge.
16. Coaches and Team Managers' passes are available in advance for £40 for the weekend or £25 per day. Food is provided by the in-house catering service only. This entitles the holder to a programme; meal between session, poolside drinks and result sheets posted or sent electronically. Coaches and Team Managers' Passes must be ordered using the Club Entry Form. Coaches and Team Managers will not be allowed on poolside without a Pass. The Promoter has the right to ask any unauthorised persons to leave the poolside. For insurance purpose's all applicants should be registered members of Swim England and hold a current DBS check.
17. Visiting clubs bringing a team of 5 or more swimmers are requested to provide one qualified official per session and their details (together with their qualification) are to be forwarded with the entry information. Meals and refreshments will be provided.
18. It is the responsibility of coaches and parents to ensure the safety of their swimmers. All swimmers should meet the requirements of the Swim England competitive start award and should obey all safety notices and announcements. The organisers and pool management reserve the right to remove any spectator or swimmer whose behaviour is against the rules of the pool or the efficient running of the meet. Stewards will be patrolling the centre and anyone found causing damage or seriously misbehaving, will be banned from the meet and refused entry to the building. For health and safety reasons only, small drawstring bags will be allowed poolside. Lockers are available with the use of a refundable £1 coin.
19. Any changes to the stated warm-up times will be notified with accepted swims and be published on our website.
20. Coaches and Team Managers are expected to wear their wristbands at all times. Only competing swimmers, coaches, officials and Team Managers are allowed on poolside. This is a security request from the pool operator
21. In accordance with the Swim England Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.
22. Flash photography is prohibited at all times and absolutely no photographs are permitted poolside. No cameras, video or digital capturing devices (including mobile phones) may be used in the changing area. This policy will be vigorously enforced, and any person found to be contravening this policy will be asked to leave the gala without refund
23. As the permitted use of devices which capture still or moving images is no longer dependent upon pre-registration, we request that all persons attending this meet at the London Aquatic Centre have a clear understanding of their responsibilities and obligations as detailed in the "Swim England Photography Guidance" section of Wavepower 2016-19 (the current Swim England Child Safeguarding Policies and Procedures publication).
24. Please ensure you clear up after yourself by placing all litter in the receptacles provided, do not leave it for others to clear up for you.
25. Payment can be made either via Cheques made payable to Newham & UEL Swimming Club (one cheque per club) or BACS (details on summary sheet) and sent together with the entry summary sheet to: Holly Richards, 3 Warren Terrace, Chadwell Heath. Romford. RM6 5SB.



26. Clubs are requested to send all entries with an entry report, completed summary sheet and any poolside applications at the same time with one payment, preferably via BACS transfer, to cover all swimmers and coach passes. If an entry has been submitted electronically only the summary sheet is required, do not send entry forms.
27. Closing date for this meet is **Saturday 6th July 2019**. NUEL reserves the right to refuse or close entries before this time to facilitate the smooth running of the competition
28. The promoter reserves the right to refuse admission to any competitor or other personnel.
29. Anything not covered within these rules will be at the discretion of the promoters of the competition.



PROGRAMME OF EVENTS

SATURDAY

SESSION 1

SESSION 2

Withdrawal closes at:		08.10hrs	Withdrawal closes at:		TBC
Warm Up for Boys:		08.00-08.30hrs	Warm Up for Girls:		TBC
Warm Up for Girls:		08.30-09.00hrs	Warm Up for Boys:		TBC
Start:		09.10hrs	Start:		TBC
Event 101	Boys 400m IM		Event 201	Boys 200m Freestyle	
Event 102	Girls 200m IM		Event 202	Girls 400m Freestyle	
Event 103	Boys 100m Backstroke		Event 203	Boys 100m Breaststroke	
Event 104	Girls 100m Freestyle		Event 204	Girls 100m Butterfly	
Event 105	Boys 200m Breaststroke		Event 205	Boys 200m Backstroke	
Event 106	Girls 200m Butterfly		Event 206	Girls 50m Backstroke	
Event 107	Boys 50m Butterfly		Event 207	Boys 50m Freestyle	
Event 108	Girls 50m Breaststroke				

SUNDAY

SESSION 3

SESSION 4

Withdrawal closes at:		08.10hrs	Withdrawal closes at:		TBC
Warm Up for Boys:		08.00-08.30hrs	Warm Up for Girls:		TBC
Warm Up for Girls:		08.30-09.00hrs	Warm Up for Boys:		TBC
Start:		09.10hrs	Start:		TBC
Event 301	Girls 400m IM		Event 401	Girls 200m Freestyle	
Event 302	Boys 200m IM		Event 402	Boys 400m Freestyle	
Event 303	Girls 100m Backstroke		Event 403	Girls 100m Breaststroke	
Event 304	Boys 100m Freestyle		Event 404	Boys 100m Butterfly	
Event 305	Girls 200m Breaststroke		Event 405	Girls 200m Backstroke	
Event 306	Boys 200m Butterfly		Event 406	Boys 50m Backstroke	
Event 307	Girls 50m Butterfly		Event 407	Girls 50m Freestyle	
Event 308	Boys 50m Breaststroke				



UPPER LIMIT QUALIFYING TIMES

Boys Upper Qualifying Times								Long Course Times	Girls Upper Qualifying times							
09	10	11	12	13	14	15	16+	Events	09	10	11	12	13	14	15+	16+
00:33.0	00:31.0	00:29.0	00:27.0	00:26.0	00:25.0	00:24.0	00:22.0	<u>50m Freestyle</u>	00:33.0	00:31.0	00:30.0	00:28.0	00:27.0	00:27.0	00:26.0	00:24.0
01:17.0	01:10.0	01:06.0	01:02.0	00:59.0	00:57.0	00:55.0	00:52.0	<u>100m Freestyle</u>	01:17.0	01:10.0	01:07.0	01:03.0	01:01.0	00:59.5	00:58.0	00:54.0
02:43.0	02:30.0	02:22.0	02:15.0	02:08.0	02:02.0	01:55.0	01:53.0	<u>200m Freestyle</u>	02:42.0	02:30.0	02:22.0	02:16.0	02:12.0	02:08.0	02:06.0	02:02.0
05:45.6	05:20.5	04:58.9	04:42.9	04:29.0	04:20.0	04:08.0	04:05.0	<u>400m Freestyle</u>	05:45.6	05:20.5	04:58.9	04:42.9	04:37.0	04:30.0	04:20.0	04:18.0
00:45.0	00:43.0	00:39.0	00:36.0	00:35.0	00:33.0	00:31.0	00:30.0	<u>50m Breaststroke</u>	00:44.0	00:41.0	00:39.0	00:36.0	00:35.5	00:35.0	00:34.0	00:31.0
01:40.0	01:30.0	01:26.0	01:22.0	01:17.0	01:14.0	01:11.0	01:09.0	<u>100m Breaststroke</u>	01:39.0	01:30.0	01:25.0	01:21.0	01:18.0	01:14.0	01:12.0	01:10.0
03:38.9	03:18.1	03:04.5	02:52.1	02:41.4	02:33.9	02:31.9	02:28.9	<u>200m Breaststroke</u>	03:41.4	03:17.9	03:02.4	02:52.9	02:45.7	02:41.7	02:31.7	02:28.7
00:38.0	00:34.0	00:32.0	00:30.0	00:29.0	00:28.0	00:27.0	00:26.0	<u>50m Butterfly</u>	00:38.0	00:34.0	00:32.0	00:31.0	00:30.0	00:29.0	00:28.0	00:25.0
01:26.0	01:18.0	01:14.0	01:10.0	01:06.0	01:03.0	01:01.0	01:00.0	<u>100m Butterfly</u>	01:26.0	01:18.0	01:14.0	01:11.0	01:08.0	01:05.0	01:04.0	01:00.0
03:39.6	03:05.3	02:46.7	02:35.2	02:25.8	02:18.3	02:10.3	02:08.3	<u>200m Butterfly</u>	03:39.3	03:03.5	02:46.2	02:36.0	02:29.2	02:24.7	02:14.7	02:10.7
00:38.0	00:34.0	00:33.0	00:31.0	00:30.0	00:28.0	00:27.0	00:26.0	<u>50m Backstroke</u>	00:38.0	00:34.0	00:33.0	00:32.0	00:31.0	00:29.0	00:28.0	00:24.0
01:26.0	01:17.0	01:13.0	01:10.0	01:06.0	01:04.0	01:01.0	01:00.0	<u>100m Backstroke</u>	01:26.0	01:17.0	01:13.0	01:12.0	01:09.0	01:05.0	01:04.0	01:00.0
03:11.7	02:53.2	02:39.7	02:29.6	02:21.9	02:15.6	02:10.6	02:05.6	<u>200m Backstroke</u>	03:10.4	02:51.3	02:39.0	02:30.8	02:26.3	02:22.9	02:12.9	02:10.9
03:12.0	02:50.0	02:36.0	02:32.0	02:25.0	02:20.0	02:18.0	02:14.0	<u>200m Ind. Medley</u>	03:10.0	02:50.0	02:36.0	02:33.0	02:29.0	02:26.0	02:24.0	02:20.0
06:59.0	06:50.8	06:26.7	05:49.6	05:31.2	05:05.0	04:45.8	04:40.8	<u>400m Ind. Medley</u>	06:59.0	06:50.8	06:26.7	05:49.6	05:31.2	05:05.0	05:00.0	04:50.0



ENTRY SUMMARY FORM

One of these forms must accompany ALL entries. The club contact named below will receive ALL pre-meet information VIA e-mail regarding entries and rejections for distribution to their swimmers.

CLUB			
CONTACT NAME			
ADDRESS			
POST CODE			
TELEPHONE			
MOBILE			
E-MAIL			
Total Number of Entries @ £6.50¹		Entries	£
Total Number of Entries @ £7.50²		Entries	£
Admin Fee @£25³			
Weekend Coach Pass @ £40.00⁴			£
Total Remittance = 1 + 2 + 3 + 4	CHEQUE / BACS * Delete as necessary		£
Total Number of submitted entry forms or			
Hytek entry files emailed on			

Make cheques payable to:
 Payment by BACS to:
 Sort Code
 Account No.
 Reference
 Closing date for entries:
 Post your entries to

NUEL (Newham & UEL Swimming Club)
NUEL (Newham & UEL Swimming Club)
 20-67-88
 50281808
 XXXX280719 – XXXX club short code
 6th July 2019
 Holly Richards, 3 Warren Terrace. Romford.
 RM6 5SB

E-mail entries/queries to

nuelopenmeets@gmail.com

SIGNED BY CLUB OFFICIAL

.....



COACHES/CHAPERONE/TEAM MANAGER INDIVIDUAL APPLICATION FORM

Name of Club:		CLUB CODE
Full Name		
Position in Club		
Postal Address		
Telephone No		
Pass Required	<u>Saturday 27th July 2019</u>	<u>Sunday 28th July 2019</u>
Email Address		
SE Affiliation No		
Dietary Requirement		

Club Secretary:.....**Signed:**.....

The above-named person is authorised to hold a pass for this club and their details are visible on the Swim England Members Check.

There will be no access to the poolside without a coach's pass and passes will need to be purchased in advance and the cost included the summary total for your club entries. Coach Passes are non-transferable.



REQUEST FOR OFFICIALS

Name		CLUB CODE
Qualification (Judge Level)		
Licence Number		
Swimming Club		
Sessions Available	Session 1	Session 2
	Session 3	Session 4
Contact Phone no		
Contact Address		
Contact email		
Swimmer's name		
Mentoring request	<i>If you are in the middle of training to become an official and require mentoring, please indicate the session are available and use this box to detail the tasks you require mentoring for and we will our best to accommodate requests</i>	
Dietary requirements	<i>Officials working a full day will be provided with lunch. Let us know if you have any special requirements</i>	

All completed forms to be emailed to nuelopenmeets@gmail.com