City of Birmingham Swimming Club

Winter Open Meet 2019

26th to 27th October 2019

Programme of Events – Ladywood Leisure Centre

Licensed by the ASA : **2WM192550**

www.cityofbiminghamswimming.club Affiliated to ASA West Midlands Region and Warwickshire ASA

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City of Birmingham Swimming Club

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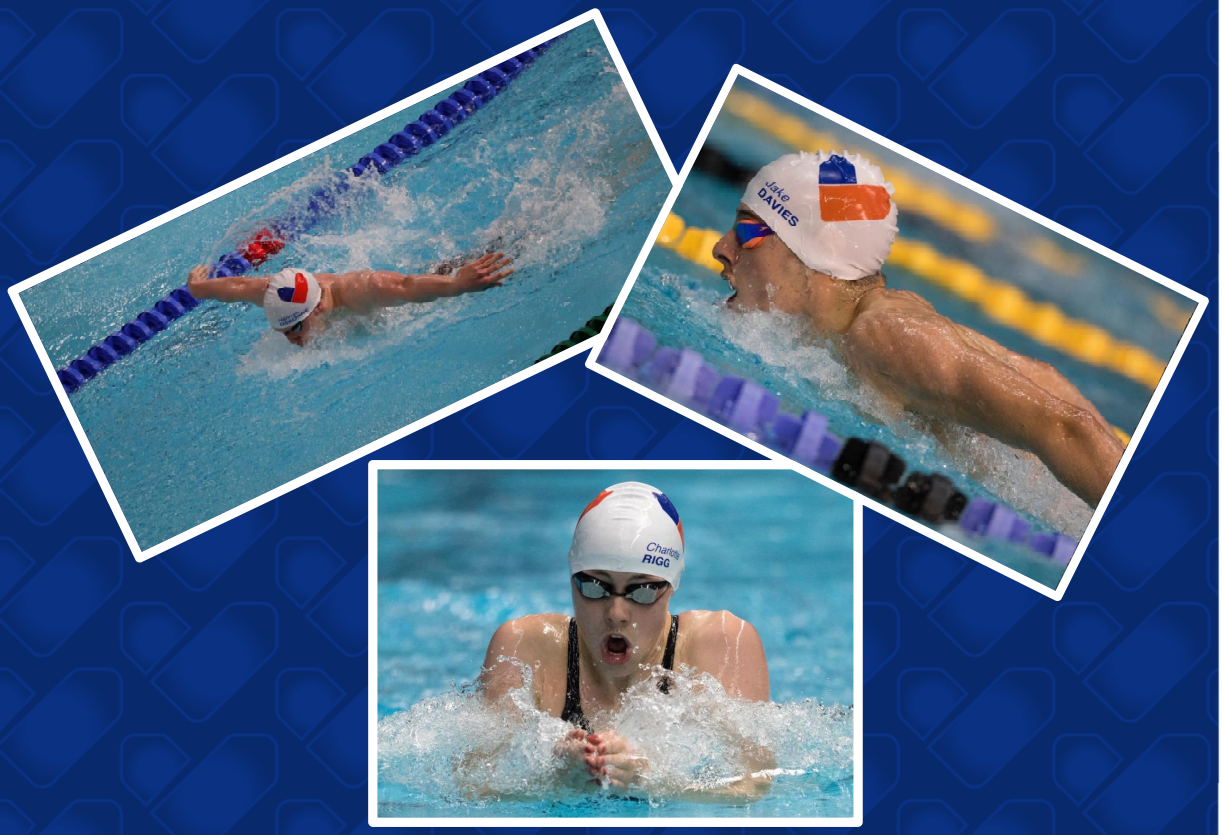
Welcome Swimmers, Coaches & Spectators…

The City of Birmingham Club (COB) extends a warm welcome to all. We greatly appreciate your support, in this our 1st Open Swim Meet at the New Ladywood Leisure (NEW Home of COB)

COB provides elite coaching in aquatic sports for swimmers, synchronised swimmers and water polo players. Bring together athletes from across the region, the club's highly successful coaching team builds on the excellent work of the local clubs to further develop the potential of outstanding competitors, preparing them to compete at the highest levels regionally, nationally and internationally.



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Short Course Qualifying Times

Entries must be equal to or faster than the qualifying times in the table below. The acceptance of competitors will be based on quickest times submitted by age and event. Full details are in the terms and conditions for the meet.

Boys							Girls					
10/11	12	13	14	15/16	17+	EVENT	10/11	12	13	14	15/16	17+
37.2	35.1	33.1	31.3	29.0	28.4	50m Freestyle	37.7	35.7	34.3	33.3	32	31.9
1.20.6	1.15.7	1.11.1	1.07.3	1.02.6	1.01.4	100m Freestyle	1.21.3	1.16.6	1.13.5	1.11.3	1.08.7	1.08.4
2.54.8	2.44.7	2.35.0	2.26.6	2.16.3	2.13.8	200m Freestyle	2.55.4	2.44.9	2.38.0	2.33.5	2.28.0	2.26.4
6.06.0	5.46.0	5.26.8	5.10.4	4.48.7	4.42.5	400m Freestyle	6.04.9	5.43.7	5.29.8	5.20.8	5.10.2	5.07.2
48	45.1	41.9	39.6	36.4	35.7	50m Breaststroke	48.3	45.4	43.2	41.8	40.3	40.0
1.43.4	1.36.9	1.30.1	1.25.1	1.18.4	1.16.7	100m Breaststroke	1.43.5	1.37.3	1.32.3	1.28.7	1.26.2	1.24.9
3.42.4	3.29.2	3.15.3	3.03.9	2.50.7	2.46.3	200m Breaststroke	3.42.1	3.28.8	3.18.2	3.11.5	3.05.8	3.04.1
41	38.8	36.4	34.3	31.5	30.7	50m Butterfly	41.3	39.1	37.3	36.1	34.7	34.6
1.30.4	1.24.6	1.19.1	1.14.4	1.08.8	1.07.0	100m Butterfly	1.30.9	1.24.9	1.21.2	1.18.3	1.15.8	1.14.9
3.18.2	3.06.6	2.54.7	2.44.7	2.31.7	2.26.9	200m Butterfly	3.20.2	3.06.4	2.57.3	2.51.0	2.44.8	2.42.8
42.5	40.3	37.6	35.8	32.6	32.1	50m Backstroke	42.7	40.5	38.7	37.5	36.1	35.8
1.30.5	1.25.2	1.19.7	1.15.0	1.09.3	1.07.6	100m Backstroke	1.31.0	1.25.3	1.21.4	1.19.0	1.16.1	1.15.6
3.13.3	3.02.6	2.51.1	2.41.4	2.29.8	2.27.0	200m Backstroke	3.12.5	3.01.7	2.54.3	2.49.2	2.42.4	2.40.6
1.33.9	1.28.7	1.23.1	1.18.1	1.11.8	1.10.3	100m Ind Medley	1.34.2	1.29.1	1.24.9	1.22.6	1.19.4	1.18.9
3.17.6	3.06.8	2.55.8	2.45.3	2.33.7	2.30.5	200m Ind Medley	3.17.9	3.06.3	2.58.8	2.53.1	2.47.2	2.45.7
6.59.7	6.34.3	6.12.0	5.50.3	5.25.4	5.18.7	400m Ind Medley	6.57.3	6.32.0	6.14.4	6.03.1	5.50.5	5.48.2

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Session and Warmup Times

Saturday 26th October 2019				Sunday 27th October 2019			
Session 1 : Warm-up **09:00**am		Session 2 : Warm-up **01:00**pm		Session 3 : Warm-up **09:00**am		Session 4 : Warm-up **01:00**pm	
101	400 Free - Girls	201	400 IM – Boys	301	400 Free – Boys	401	400 IM – Girls
102	100 IM - Boys	202	100 Free - Girls	302	100 IM – Girls	402	100 Free – Boys
103	50 Breast – Girls	203	50 Fly – Boys	303	50 Breast – Boys	403	50 Fly – Girls
104	50 Free – Boys	204	50 Back - Girls	304	50 Free – Girls	404	50 Back – Boys
105	200 Back - Girls	205	200 Free – Boys	305	200 Back – Boys	405	200 Free – Girls
106	100 Back – Boys	206	200 Breast – Girls	306	100 Back – Girls	406	200 Breast - Boys
107	100 Fly – Girls	207	100 Brst - Boys	307	100 Fly - Boys	407	100 Breast - Girls
108	200 Fly - Boys	208	200 IM - Girls	308	200 Fly - Girls	408	200 IM - Boys

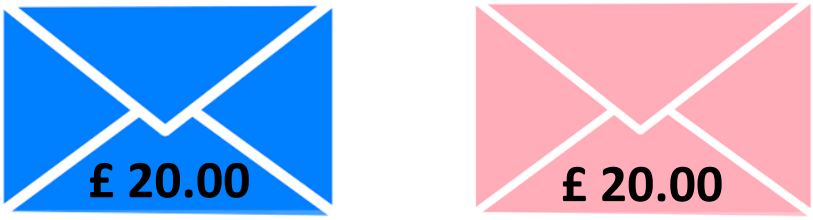
Open Meet Awards

Events

Awards will be age grouped 11 years and under, 12, 13, 14, 15/16, 17 and over.

SPOT PRIZES – Arena prizes (Donated by Solo Sports) for random heat winners will be awarded through the weekend

Top Boy and Girl



Top Visiting Club

£ 50.00

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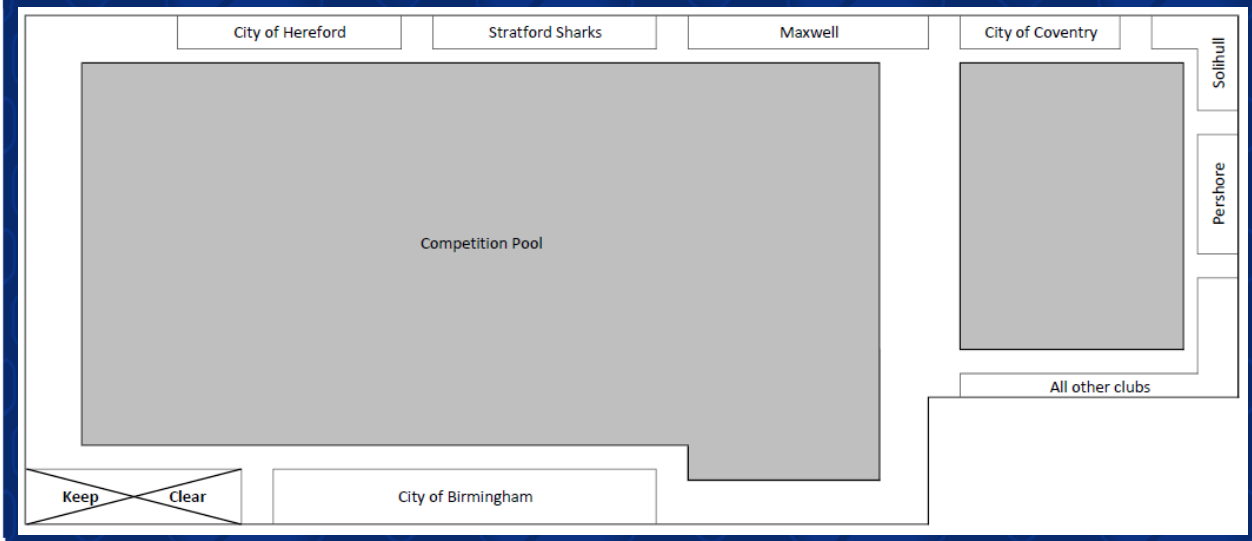
Visiting Clubs…

The City of Birmingham would like to welcome everyone from the following clubs competing at this Winter Open Meet:

- Blythe Barracudas
- Boldmere
- Bromsgrove
- City Of Coventry
- City of Hereford
- Crawley
- Ellesmere
- Halesowen
- Lichfield
- Maxwell
- Oswestry
- Perry Beeches
- Pershore
- Redditch
- Solihull
- Stratford
- Warley Wasps
- Wyre Forest

The Swimmers Seating Plan



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BIG thanks to all the OFFICALS as this meet could not run without their valuable time given up by them.

BIG thanks to all our TEAM volunteers as this meet would not be a success without them

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Terms of Conductions

1. This Meet is licensed by SE at level 2 for entry into County, Regional and National Championships. It will be run in accordance with SE Laws, SE Technical Rules and the rules and conditions of this competition, for swimmers who are members of a club affiliated to SE, SASA or WASA.
2. Ages as on 31st December 2019 - Age groups are: 10/11, 12, 13, 14, 15/16 & 17/over.
3. All entry times must be faster than the qualifying times in the table provided.
4. Entries will be accepted up to and including the closing date of **1st September 2019**. Entries must be made using Sports Systems Entry Manager. The entry fee is **£7.00** per event. Preferred payment method is bank transfer to account number **25147660** sort code **40-43-28** with reference CB19 and swimmer/club name. The promoter reserves the right to refuse entries at their discretion. Any entry not accepted will be refunded in full. Should the meet be oversubscribed the slowest entries in each event/age group will be rejected. In the event of rejections of this nature a full refund of the rejected swims will be given. No other monies will be refunded. No electronic entries will be accepted until full payment and the signed entry summary sheet have been received.
5. By submitting a signed entry summary for club entries, you are agreeing to being contacted regarding your entries to this gala, and in relation to other COB galas. If you do not wish to receive further communication from COB please email cityofbriminghamsc.OpenMeets@gmail.com to register this request.
6. Entries to this Meet will be held on computer and consent, as required by the Data Protection Act 1998, to the holding of personal data on computer will be deemed to have been given by the submission of entry. Personal data will be available for inspection during the Meet on application to the Promoter.
7. All accepted/rejected entries will be posted on the City of Birmingham SC website as soon as possible after the closing date. These lists are automatically generated by our meet management software and may include each swimmers date of birth. Please include notification with entries if you do not want this data published.
8. Each club will be required to advise any withdrawals by the start of each warm-up. Withdrawal forms and procedure will be emailed to each club prior to the gala.
9. Starts may be over the top except for backstroke, which may be side by side.
10. It is the responsibility of team managers to ensure that swimmers report to the marshals in time for their event.
11. Competitors placed 1st, 2nd and 3rd in each event, in each age group, will receive awards. Points will be awarded as 8pts for 1st to 1pt for 8th place (no points will be awarded for a disqualification). In the event of a tie, the result will be decided by count back of the number of first, second or third places (as necessary) to decide a winner. Awards will be given to the overall top Male/Female in each age group, as well as top visiting Club.
12. Coaches passes will be issued at a cost of £20.00 each for the weekend. Passes must be purchased when submitting entries, they will not be available on the day. Passes must be worn at all times whilst on poolside and all wearers MUST have a valid DBS certificate.
13. No photography will be permitted other than by the appointed Professional Sports Photographer for this event. This event is in the public arena and when entering for the event the participants and parents acknowledge this fact, which may result in the recording and publication of his/her image. All photographs taken at this event will be password protected when posted on the photographer's website. All photographers have been DBS checked and operate within a strict Child Protection Policy and Code of Ethics.
14. A secondary strobe light is available at this meet.
15. Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the Promoter. The promoter reserves the right to change the Meet rules at her discretion.
16. All participants must observe the safety precautions in operation at Ladywood Leisure Centre. Neither the promoter nor City of Birmingham Swimming Club will be responsible for any loss, damage or injury occurring during this Meet.
17. The promotor for this event is **Louise Barnes** on behalf of City of Birmingham Swimming Club.
18. All enquiries to be sent to **cityofbriminghamsc.OpenMeets@gmail.com**

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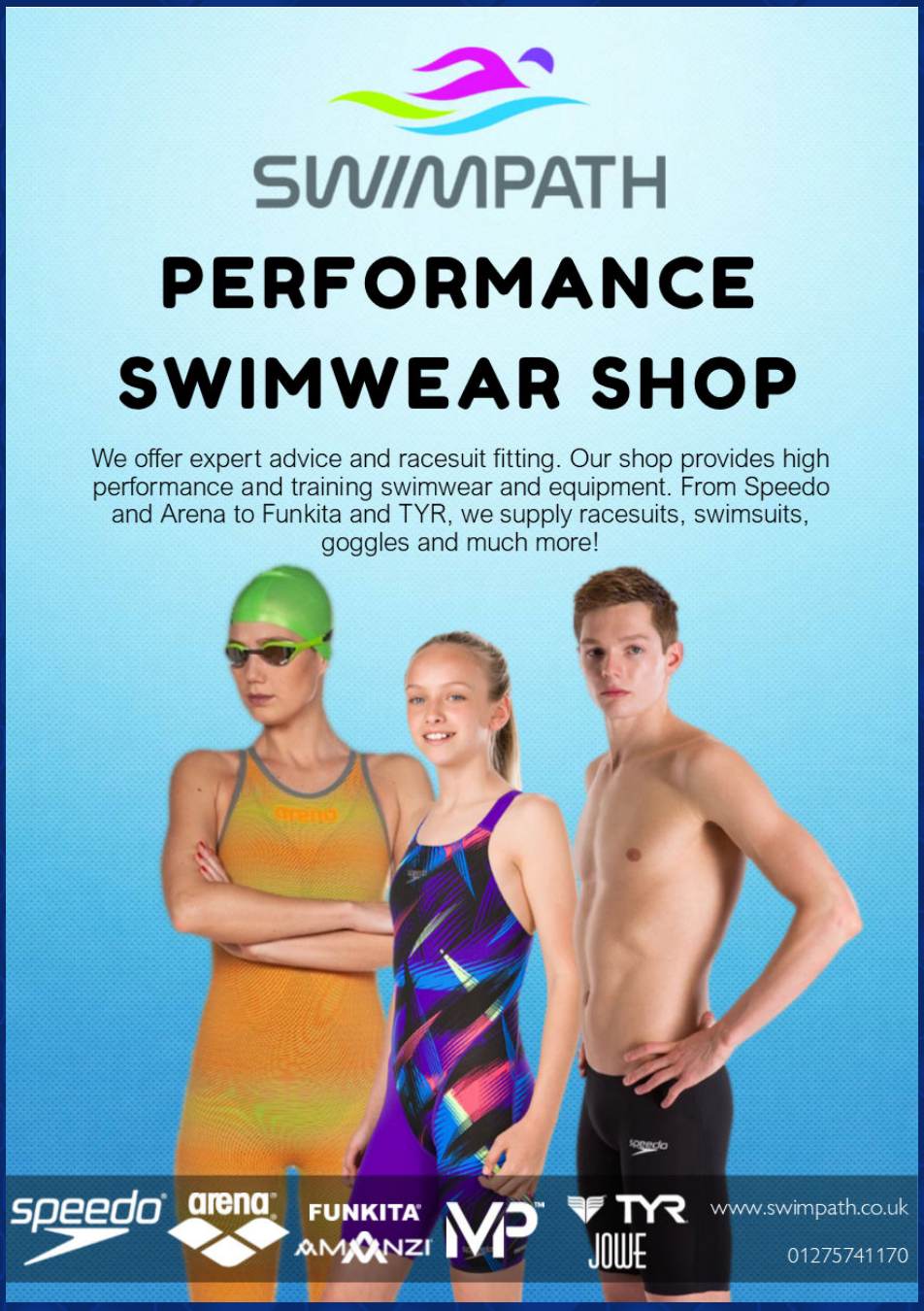
On Site Shop

In reception you will find some excellent bargains at the Swim Path shop and who we like to thank for their support



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Our New Medals and Trophy Supplier

Running Imp Limited is the UK's established market leader in running and mass participation event and race supplies and sports medals.

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Our New Squad Kit Printer

Welcome to WE LOVE LOGOS based in Cumbria who are a printing, embroidery and design specialists, with an in depth knowledge and over 20 years experience in printing and embroider.

WE Love Logos
print embroidery design

Suppliers of

Uniform & Leisurewear
Sports & Clubwear
Workwear

Signs & Banners
Business Stationery

Print & Embroidery Specialists
Est 2008

www.welovelogos.co.uk
E: sales@welovelogos.co.uk
015395 63170

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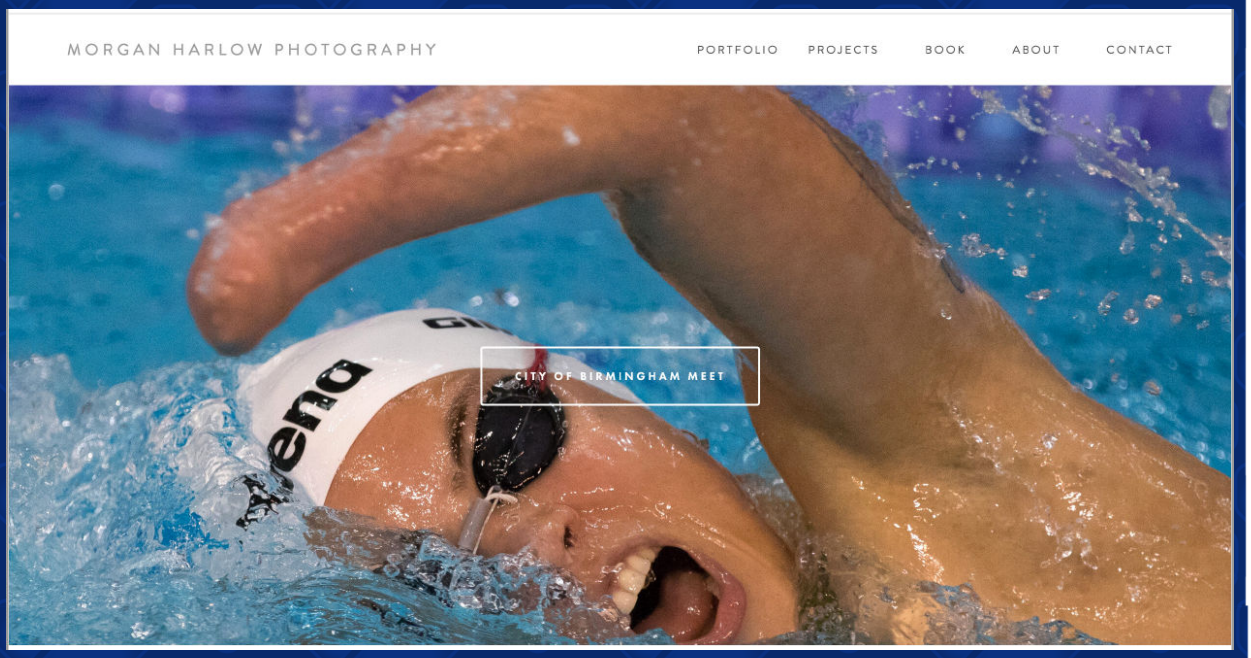
Morgan Harlow Photography

Morgan is a young photographer specialising in sports photography. After spending nine years training and competing in the pool, Morgan decided to combine her interest in photography with her passion for swimming and sports. Her work involves use of stills and moving image. Morgan is currently based in the West Midlands of the United Kingdom.



Website : **https://www.morganharlow.co.uk/**
Mobile : **+44 7540 686111**
Email : **morgan@morganharlow.co.uk**

Photography Policy

In line with Swim England and Local authority policies, **NO** photography using a camera, mobile phone, iPad/tablet or any other filming equipment are allowed at this open meet.

Anyone seen violating this policy maybe asked to leave the venue.

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Sponsorship

arena

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SOLO SPORTS

City of Birmingham Swimming Club

BIRMINGHAM CITY University

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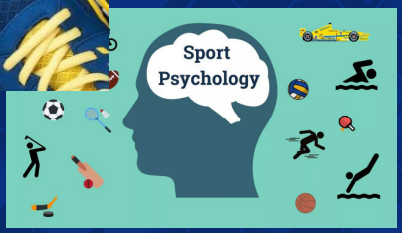
New Partnership

City of Birmingham Swimming Club has joined forces with Birmingham City University in a new partnership aimed at boosting the opportunities available for swimmers and students.

The collaboration will see university students secure work placements with the club, where they will gain valuable experience working with elite athletes in areas such as sports massage, nutrition and fitness.

The partnership plans to announce its first scholarship September 2019 and offer placements to current students from February 2019

UKAD Protecting Sport



@BCUSport @BCUSport BCUSPORT

sport@bcu@BCU.ac.uk www.bcu.ac.uk/bcu-sport

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New Kit Supplier

Solo Sport Brands and **Arena UK** are extremely delighted to announce that we will be the official kit supplier to City of Birmingham Swimming Club
We are pleased to welcome one of Britain's premier clubs to **Team Arena UK** and look forward to working with you and supporting the club over the next three years. Fantastic news for our club to be working with such a prestigious brand. Really looking forward to developing our partnership and can't wait to see the new kit!

Solo Sports is the UKs premier swim shop for high tech competition swimwear, swimsuits, tri suits, wetsuits and accessories.
They are the OFFICIAL DISTRIBUTORS of Arena products for UK and Eire

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Thank You!

WE HOPE YOU ENJOYED OUR WINTER OPEN MEET

Up and Coming Summer Open Meet in 2020.

- Level 3 Licenced
- 25m 8 Lane Pool with electronic timing
- Top Male and Female Awards
- Top Visiting Club Trophy
- Spot Prizes sponsored by Arena/Solo Sports
- Age groups are: 10/11, 12, 13, 14, 15/16 & 17/over
- Events : 50m, 100m, 200m – All four strokes plus 400IM and 400 Free.

Entry Information coming soon!

www.cityofbirminghamswimming.club or email
cityofbirminghamsc.OpenMeets@gmail.com

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