



# RSC Rugby Races Sprints Meet 2021

(Level 3 License: 3WM210711)

Event	RSC Rugby Races Sprints Meet 2021
Venue	The Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby, CV22 5LJ
Date	Saturday 04 December 2021
Time	Session 1: Warm up 13:00, start 13:45 Session 2: Warm up TBC, start TBC
Pool	Electronic timing, 8 lane, 25m pool
Events	100m Freestyle 50m All strokes
Age groups	9 Years, 10 Years, 11 Years, 12 years, 13 Years, 14 Years, 15/over. Age as of 04 December 2021
Fees	£6.00 per event
Entries to	<a href="mailto:rugbyopen@rugbyswimmingclub.co.uk">rugbyopen@rugbyswimmingclub.co.uk</a>
Closing date for entries	Midnight, Saturday 06 November 2021



## Information, rules and conditions

### Information

#### Swimmers and coaches

**EVENT:** This event has been licensed at Level 3 (3WM210711) by the ASA for Entry into County Competitions.

**VENUE:** The Queens Diamond Jubilee Centre, Bruce Williams Way, Rugby, Warwickshire, CV22 5LJ. There's a large car park at the Centre and a play area next to the car park.

**DATE:** It'll be a spectacular one day event on Saturday 04 December 2021.

**TIME:** Make sure you check the timings and arrive in plenty of time for warm up;

- Session 1: Saturday 04 December, warm up 13:00, start 13:45
- Session 2: Saturday 04 December, warm up TBC, start TBC

**POOL:** The length of the pool is 25m (eight lanes) with anti-turbulence lane ropes. We'll be using Swiss Timing Quantum Aquatics electronic timing and OMEGA timing pads. The depth of water at the shallow end is 1 metre and at the deep end is 2.5 metres.

Warm up will take place 45 minutes before the start of each session.

**AGE GROUPS:** 9 Years, 10 Years, 11 Years, 12 years, 13 Years, 14 Years, 15/over. Age is at 04/12/2021.

**SEEDING:** All events will be seeded in time classification – the slowest competitors will be in the first heats.

**AWARDS:** Individual awards will be made to the first three swimmers in each age category: 9 Years, 10 Years, 11 Years, 12 years, 13 Years, 14 Years, 15/over. Winners will be announced at the event and they'll be able to collect their medals poolside.

**POOLSIDE:** Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet. Camping/personal chairs are not allowed poolside.

**COACH PASS:** Pre-booked coach's passes will be available at £15 for the day. This includes a programme, club result sheets and pass. These are collected from the desk at the changing room door and pre-ordered on the entry form contained within this information pack. One pass per person please.

It is the responsibility of the Club applying for Coach passes to make sure their Coaches and team manager is DBS checked and named on the application form. Passes will only be given to those named by their Club and there is no entry through the changing room for anyone not having a pass.

#### Officials

**OFFICIALS:** Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session where possible. Please contact the Officials Coordinator on [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk) with your volunteers and any questions. Professional catering and refreshments will be provided.

**Organisation:** We'll be running the Meet using Sportsystems meet management system.



### Spectators

Subject to operator capacity rules, there's a large balcony at the Centre so you'll be able to watch your swimmer and cheer them on. We'll be charging £4.00 per session or £7.00 all day entry to watch and a programme will cost £2.00. Cash only please. Wet swimmers are not allowed in the spectator area.

**REFRESHMENTS:** There's a café at the Centre which serves hot and cold food and drink. There are also vending machines available in the foyer.

**PHOTOGRAPHY:** Sorry, you're not allowed to take any photos or videos inside The Queen's Diamond Jubilee Centre. You might be asked to leave if you do.

### Rules and conditions

1. The Promoter of the RSC Rugby Races 2021 is Rugby Swimming Club (RSC). For any queries relating to this competition please contact Faye Emery on [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)
2. The competition will be held under A.S.A. Law and A.S.A. Technical Rules.
3. There are upper qualifying times for this Meet and they're included in this pack - times are from 01/01/20.
4. Swimmers diving into the pool must have reached the standard of the A.S.A. Preliminary Competitive Start Award. Those who have not achieved this standard must start in the water. Coaches are to oversee their own swimmers during the warm up.
5. Age groups will be: Girls and Boys – 9 Years, 10 Years, 11 Years, 12 years, 13 Years, 14 Years, 15/over. Age is at 04/12/2021.
6. Awards will be made to the first three swimmers in the 9 Years, 10 Years, 11 Years, 12 years, 13 Years, 14 Years, 15/over age groups. All events will be heat declared winners.
7. Entry fee is £6.00 per event. Total fee must be paid at the time of entry, bank transfer only.
8. We would like as many entries as possible to be by Sportsystems Entry Manager, with one submission only per club, please. The Sportsystems entry file set can be found on the club website [www.rugbyswimmingclub.co.uk](http://www.rugbyswimmingclub.co.uk). The fee is to accompany the entry form and will be non-returnable if the entry is accepted. Bank transfer account name: Rugby Swimming Club, Sort Code 20-73-48, Account Number 83410730, Reference club or swimmers name/RR21). Completed entry files or forms should be emailed to the Open Meet organisers at [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk). Entries will not be accepted without the appropriate fee being paid.
9. The closing date for entries is midnight on **Saturday 06 November 2021**. The club reserve the right to close entries at an earlier date, should the meet be full. Please check the club website for details.
10. The Promoter reserves the right to restrict the number of entries, based on a 'First Come, First Served' basis.
11. All details of accepted/rejected entries will be posted on the club website, [www.rugbyswimmingclub.co.uk](http://www.rugbyswimmingclub.co.uk), and no details will be sent by post. All details must be checked by swimmers (or their guardians) and any changes notified immediately by email to [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk). Refunds for any rejected entries will be made by bank transfer.
12. By entering the competition you agree to the swimmer's name, age and entered events appearing on the Rugby Swimming Club and ASA/Swim England websites in line with confirmed or rejected entries and published results on Rankings.
13. Competitors not reporting in time for an event may be excluded from that event.
14. The start list will be created at 10:00am on the day of the Meet. If swimmers don't attend their heat then it will be swum with an empty lane. No changes can be made after the start list is created, and no filling of empty lanes will be allowed.
15. Over the top and side by side (for backstroke) starts may be used.
16. We will be using a secondary strobe light for starts subject to availability at the pool.
17. Start times are as stated in this information pack. If they need to change you'll find details on the club website.



- 18.** Sportsystems meet management system will be used to run the event.
- 19.** By entering the competition you agree to the swimmer's name, age and entered events appearing on the Rugby Swimming Club and ASA/Swim England websites in line with confirmed or rejected entries and published results
- 20.** Any item not covered within these conditions will be at the sole discretion of the Promoter.
- 21.** Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session where possible. Free professional catering and refreshments will be provided.
- 22.** Please email withdrawals to [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk) before 10:00am on Saturday 04 December 2021.
- 23.** If you're an individual wanting to enter the Meet, please email [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk).
- 24.** RSC has an appointed Covid-19 Lead ([covidlead@rugbyswimmingclub.co.uk](mailto:covidlead@rugbyswimmingclub.co.uk)). Where necessary, they are responsible for developing and communicating to all participants, prior to any competitive activity taking place, a Covid-19 plan and Risk Assessment in the event that Covid-19 restrictions apply at the time of the competition.
- 25.** No swimmers, officials, volunteers and/or spectators (if allowed) should leave home to participate in the competition if they, or someone they live with, has any of the following Covid-19 symptoms:
  - a. A high temperature
  - b. A new, continuous cough
  - c. A loss of, or change to, their sense of smell or taste
- 26.** Those participants who withdraw due to Covid-19 symptoms will receive a full refund after the competition – notify [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)



Upper time limits (Short Course 25m)

Upper Times (you must be slower than this to enter)

BOYS							EVENT	GIRLS						
9	10	11	12	13	14	15+		9	10	11	12	13	14	15+
0:32.9	0:31.1	0:29.6	0:27.9	0:26.6	0:25.6	0:24.8	50m Free	0:32.9	0:31.4	0:30.0	0:28.6	0:27.9	0:27.5	0:27.1
0:42.9	0:41.0	0:38.5	0:36.1	0:33.8	0:32.5	0:31.4	50m Breast	0:42.5	0:41.0	0:38.5	0:36.4	0:35.2	0:34.5	0:34.0
0:35.6	0:34.9	0:32.8	0:31.1	0:29.3	0:28.1	0:27.1	50m Fly	0:35.7	0:34.8	0:33.1	0:31.4	0:30.5	0:29.9	0:29.4
0:37.9	0:36.0	0:34.1	0:32.3	0:30.4	0:29.4	0:28.4	50m Back	0:36.6	0:35.9	0:34.0	0:32.5	0:31.6	0:31.0	0:30.7
1:12.8	1:07.8	1:03.9	0:59.8	0:56.8	0:54.8	0:53.6	100m Free	1:11.9	1:09.0	1:04.3	1:01.0	0:59.6	0:58.6	0:58.0

**SESSION 1: Warm-up: 13:00, Start 13:45 - Sat. 04 December 2021**

Event No.	EVENT			Age Group
1	100m	Boys	FREESTYLE	Open
2	50m	Girls	BACKSTROKE	Open
3	50m	Boys	BREASTSTROKE	Open
4	50m	Girls	BUTTERFLY	Open
5	50m	Boys	FREESTYLE	Open

**SESSION 2: Warm-up: TBC, Start TBC - Sat. 04 December 2021**

Event No.	EVENT			Age Group
6	100m	Girls	FREESTYLE	Open
7	50m	Boys	BACKSTROKE	Open
8	50m	Girls	BREASTSTROKE	Open
9	50m	Boys	BUTTERFLY	Open
10	50m	Girls	FREESTYLE	Open

**RSC Rugby Races Sprints Meet 2021  
Saturday 04 December**



**Officials Coordinator**

Email: [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk)

Dear Official,

It is with great pleasure that I invite you to officiate at our RSC Rugby Races 2021. This meet takes place at the Queens Diamond Jubilee Centre, Rugby on Saturday 04 December 2021.

**Session 1: Saturday 04 December 2021, warm up 13:00, start 13:45**

**Session 2: Saturday 04 December 2021, warm up TBC, start TBC**

Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session where possible. Please contact me on [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk) with your volunteers and any questions.

Free professional catering (for those volunteering at both sessions) and refreshments will be provided for Officials.

Please use the form below to let me know the details of your Officials by 13 November 2021.

If you require any further information, please email me at the address above.

**Yours faithfully,**

**RSC Officials Coordinator**

Club											
Name	ASA No.	DBS No.	Email address	Session		Current level					
				1	2	TK	J1	J2	J2S	Ref.	Training



**Summary of Entries and Coaches Passes**

Total No of Entries: \_\_\_\_\_ @ £6.00 per event                      Total £ \_\_\_\_\_

No of Coach Passes: \_\_\_\_\_ @ £15.00 each                      Total £ \_\_\_\_\_

**Total £ \_\_\_\_\_**

**Please provide the names and DBS of all coaches requiring a pass:**

Name of Coach	DBS Number

Coach Passes can only be purchased in advance of the Meet.

For administration purposes, please fill in contact details below:

Contact Name: \_\_\_\_\_ Club: \_\_\_\_\_

Tel No: \_\_\_\_\_ Email address: \_\_\_\_\_

I certify that all the above details are correct and that I will abide by the Promoter's conditions

Signed on behalf of all swimmers entered \_\_\_\_\_ (Club official)

Return to:

Meet Manager, [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)