

Easter Swim 2023 - Application Form *(Please complete all details below, clearly)*

Swimmer One: First Name: _____ **Surname:** _____ **Date of Birth:** _____ M/F (circle)

Medical conditions/disabilities (we need to be aware of): _____ Swim awards passed: _____

Pool/Organisation already attending (if any): _____

Swimmer Two: First Name: _____ **Surname:** _____ **Date of Birth:** _____ M/F (circle)

Medical conditions/disabilities (we need to be aware of): _____ Swim awards passed: _____

Pool/Organisation already attending (if any): _____

Home Address: _____ Postcode: _____

Telephone number: _____

Mobile number: _____ Email address: _____

Where did you hear about the course? _____

If leaflet from school, then which school? _____

Please tick the week and time you request:

Heartsease Primary Academy	Week 1	Week 2
	Mon 3 rd – Fri 7 th Apr	Mon 10 th – Fri 14 th Apr
9.00am Beginners		
9.30am Improvers		
10.00am Beginners		
10.30am Beginners		
11.00am Improvers		
11.30am Beginners		

Drayton CofE Junior School	Week 1
	Mon 3 rd – Thurs 6 th Apr
12.30pm Beginners	
1.00pm Improvers	
1.30pm Beginners	
2.00pm Beginners	
2.30pm Beginners	

Price and details for our courses above:

£35 for one week (5 days) at Heartsease. £28 for 4 days at Drayton (Mon – Thurs) All prices are per swimmer. Heartsease courses run Monday to Friday. Drayton course runs Monday to Thursday. All lessons are 30 mins long.

Full payment must be made prior to attending any Easter Swim Course to guarantee your place. **(Payment is non-refundable unless the course has to be cancelled by Norwich Swan.)**

*Please complete this form, detach it and email a scan/photo of your completed form to membership@norwichswansc.co.uk Please ensure you provide a phone number so we can call you, if required, to take a card payment to secure your place.

Payment is by card only. Once we receive your form, we will phone you to take payment or set you up an account on the Swan website where you will be able to book onto the course and pay by card yourself.

I agree to the terms and conditions as published on this form and on the Norwich Swan website: *(please print clearly)*

Parent/Guardian Name: _____ **Parent/Guardian Signature:** _____ **Date:** _____

I consent to allow the storage and use of our personal information within Norwich Swan Swimming Club for administration of our lessons. Without this permission you will not receive information essential to your lessons and progress.

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*Please note we will use the data supplied on your application form for course administration and payment purposes. Your data is secure and will not be shared with any third parties. Your data will only be used as outlined in our club privacy policy found on our website: www.norwichswansc.co.uk



Norwich Swan Swimming Club Easter Swim 2023

Swan Easter Swim Courses are suitable for children aged 4 years and over. The intensive courses are an ideal opportunity for children to top up their skills or start learning to swim during the school holidays in a fun and safe environment.

All of our lessons are taught by Swim England qualified swimming teachers and are based on the national plan for teaching Swimming as recommended by Swim England. As per Swim England guidelines, all involved adults have a current DBS check.

The lessons at Heartsease are £35 for a 5-day course. The 4-day course at Drayton is £28 (Monday to Thursday). (Prices are per swimmer. The lessons cannot be split between siblings etc). **Bookings are non-refundable unless the course has to be cancelled by Norwich Swan.**

- Week 1- Monday 3rd April to Friday 7th April – Heartsease Primary Academy
- Week 2- Monday 10th April to Friday 14th April – Heartsease Primary Academy

- Week 1 - Monday 3rd April to Thursday 6th April – Drayton CofE Junior School

Venues are:

- Heartsease Primary Academy, Rider Haggard Road, Norwich, NR7 9UE
- Drayton CofE Junior School, School Road, Drayton, Norwich NR8 6EF

Course Information:

- Beginners range from no swimming ability up to 10m swimming (stages 1-3).
- Improvers (working on stages 4-6) can swim at least 10m on front & back or have passed stage 3.
- Beginners will swim widths; Improvers will swim lengths.
- All lessons are 30 minutes long.

Changing Rooms:

Use of the changing rooms will depend on COVID rules at the time of the course.

Where changing rooms are being used: If a child is of an age where help is required from a parent, then the parent/guardian must use the correct changing room for their own gender and their child should accompany them. Once children are aged 8, we expect them to change unassisted without parents in the changing rooms. This is for the privacy of older children who may feel uncomfortable with adults present.

If a child requires additional specific assistance this should be addressed with the teacher at the start of the course.

Please refrain from taking any photographs in the pool and changing areas. Mobile phones should remain in bags or pockets or have the camera function disabled.

Booking a Place:

Places are sought after so book early to avoid disappointment. Booking details are on the application form overleaf.

To speak to a teacher about the course, please call Michael Stowers on 01603 478315 or email:

michael.stowers@live.co.uk



Term Time Swimming Lessons Norwich Swan Swimming Club

Continue your child's swimming journey with us during term time at all these times and venues:

Monday

- Thorpe St Andrew Sch 5.00-7.30pm

Tuesday

- Drayton CofE Junior Sch 4.30-7.30pm
- Heartsease Primary Academy 4.00-8.00pm
- Sprowston Community Academy 4.30-8.00pm

Wednesday

- Hethersett VC Primary Sch 5.00-8.00pm
- Broadland High Ormiston Academy 4.30-7.30pm
- Thorpe St Andrew Sch 5.00-6.30pm

Thursday

- Heartsease Primary Academy 4.00-8.00pm
- Colman Junior Sch 4.30-8.00pm

Friday

- Sprowston Community Academy 5.00-8.00pm

Saturday

- Broadland High Ormiston Academy 9.00-12.00pm
- Heartsease Primary Academy 9.00-12.00pm
- Heartsease Primary Academy 1.00-4.00pm
- Norwich High School for Girls 12.00-2.30pm

Sunday

- Heartsease Primary Academy 9.00-12.00pm
- Norwich High School for Girls 12.00-2.30pm

One to One Lessons

Various

All lessons are 30 mins long. Price available on enquiry.

To book term time lessons:

Contact Mrs Christine Bedder on 01603 986161

Email: lts@norwichswansc.co.uk or **visit:** www.norwichswansc.co.uk

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