

Norwich Swan Development Gala

Race Schedule

Event 1 Boys 50m Backstroke	Event 2 Girls 50m Backstroke
Event 3 Boys 100m Backstroke	Event 4 Girls 100m Backstroke
Event 5 Boys 50m Breaststroke	Event 6 Girls 50m Breaststroke
Event 7 Boys 100m Breaststroke	Event 8 Girls 100m Breaststroke
Event 9 Boys 50m Butterfly	Event 10 Girls 50m Butterfly
Event 11 Boys 100m Butterfly	Event 12 Girls 100m Butterfly
Event 13 Boys 50m Freestyle	Event 14 Girls 50m Freestyle
Event 15 Boys 100m Freestyle	Event 16 Girls 100m Freestyle

Cut off times 2022 – Age at 22nd October 2022

Boys

Event	8	9	10	11	12	13/over
50m Freestyle	46.57	46.57	46.57	40.37	37.10	35.19
100m Freestyle		1.46.71	1.46.71	1.29.07	1.22.19	1.19.06
50m Breaststroke	1.05.56	1.05.56	1.05.56	54.60	50.25	48.34
100m Breaststroke		2.19.09	2.19.09	1.58.94	1.52.97	1.41.03
50m Butterfly	1.09.50	1.09.50	1.09.50	51.47	44.40	43.66
100m Butterfly		2.05.44	2.05.44	1:42.30	1:37.20	1:33.10
50m Backstroke	55.00	55.00	55.00	48.12	44.35	41.62
100m Backstroke		1.52.35	1.52.35	1.47.12	1.33.75	1.29.57

Girls

Event	8	9	10	11	12	13/over
50m Freestyle	49.63	49.63	49.63	40.94	35.91	34.44
100m Freestyle		1.48.28	1.48.28	1.25.34	1.18.16	1.13.19
50m Breaststroke	1.11.75	1.11.75	1.11.75	53.53	44.53	41.85
100m Breaststroke		2.25.00	2.25.00	1.57.18	1.41.03	1.36.10
50m Butterfly	54.81	54.81	54.81	48.23	44.86	37.92
100m Butterfly		2.03.56	2.03.56	1.51.48	1.42.79	1.30.92
50m Backstroke	59.68	59.68	59.68	47.93	42.62	39.72
100m Backstroke		1.56.50	1.56.50	1.36.21	1.29.81	1.23.91

- Swimmers must be SLOWER than the cut off times to enter
- No 8 year olds in 100m races