

## Rushmoor Royals L3 LC Regional Qualifier - 26th and 27th February 2022

### Upper Limit Times - entry times must be equal to or slower than

Ages as of 27th February 2022

*Short course times must be converted using Swim England Equivalent Tables*

<b>Boys</b>									
<b>Event</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/O</b>
50 Free	34.00	32.00	30.00	28.50	27.00	25.50	24.50	24.00	23.00
100 Free	1.12.00	1.09.00	1.02.00	1.01.00	56.00	54.00	53.00	52.00	51.00
200 Free	2.40.00	2.30.00	2.20.00	2.12.00	2.02.00	2.00.00	1.55.00	1.52.00	1.50.00
400 Free	6.10.00	5.20.00	4.55.00	4.42.00	4.20.00	4.10.00	4.08.00	4.02.00	3.58.00
50 Breast	45.50	41.00	37.00	35.00	32.50	31.50	30.00	29.50	29.00
100 Breast	1.41.00	1.32.00	1.21.00	1.16.00	1.09.50	1.07.50	1.05.50	1.04.50	1.02.00
200 Breast	3.40.00	3.20.00	2.55.00	2.43.00	2.30.00	2.28.00	2.22.00	2.21.00	2.15.00
50 Back	40.00	37.00	34.00	32.50	30.50	28.50	27.50	27.00	26.00
100 Back	1.29.00	1.21.00	1.12.00	1.09.00	1.05.00	1.01.50	59.00	58.50	56.50
200 Back	3.05.00	2.50.00	2.37.00	2.30.00	2.22.00	2.13.00	2.08.00	2.07.00	2.03.00
50 Fly	36.00	33.50	31.00	29.50	27.00	26.50	25.50	25.00	24.00
100 Fly	1.22.50	1.14.50	1.09.50	1.04.50	1.01.00	58.00	56.00	55.00	53.50
200 Fly	3.00.00	2.45.00	2.34.00	2.20.00	2.15.00	2.08.00	2.04.5	2.02.00	1.56.00
200 IM	2.57.00	2.40.00	2.31.50	2.23.50	2.15.00	2.11.50	2.08.50	2.04.50	1.57.50
400 IM	6.25.00	5.38.00	5.18.00	5.00.00	4.42.00	4.35.00	4.30.50	4.25.00	4.15.00

<b>Girls</b>									
<b>Event</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/O</b>
50 Free	36.00	32.00	30.00	28.00	27.50	27.00	26.50	26.00	25.50
100 Free	1.15.00	1.10.00	1.05.50	1.02.50	1.00.50	59.00	58.00	57.50	56.50
200 Free	2.55.00	2.30.00	2.22.00	2.16.50	2.10.50	2.08.00	2.05.00	2.03.50	2.03.00
400 Free	6.00.00	5.20.00	5.00.00	4.45.00	4.32.00	4.28.00	4.23.00	4.18.00	4.11.00
50 Breast	46.00	41.00	38.00	35.50	34.50	33.50	32.50	31.50	31.00
100 Breast	1.40.50	1.28.50	1.21.00	1.16.50	1.14.00	1.12.50	1.11.50	1.10.50	1.08.00
200 Breast	3.36.00	3.06.00	2.56.00	2.50.00	2.37.00	2.36.00	2.35.00	2.33.50	2.29.00
50 Back	40.50	36.50	34.00	31.00	30.50	29.50	29.50	29.50	28.50
100 Back	1.27.50	1.17.00	1.14.00	1.10.00	1.06.00	1.04.50	1.03.50	1.03.00	1.01.00
200 Back	3.04.00	2.49.00	2.35.00	2.30.00	2.24.00	2.18.00	2.16.00	2.14.00	2.13.00
50 Fly	36.00	33.50	31.00	29.50	28.50	28.00	27.50	27.20	26.30
100 Fly	1.22.00	1.14.00	1.09.50	1.05.50	1.04.50	1.02.50	1.00.50	1.00.00	58.00
200 Fly	3.00.00	2.45.00	2.34.00	2.24.00	2.20.00	2.16.00	2.12.00	2.11.00	2.07.50
200 IM	2.57.00	2.40.00	2.32.00	2.25.00	2.21.50	2.19.00	2.16.00	2.13.50	2.10.00
400 IM	6.25.00	5.38.00	5.18.00	5.05.50	4.56.00	4.50.50	4.45.00	4.42.00	4.38.00