

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION

Open Inclusive of Multi-Classification Events

At Southbury Road Leisure Centre, 8; 21 & 22 May 2022

Under Swim England Laws and Swim England Technical Rules at Level 3 under no: 3LR220805, & 3LR220806

Schedule of Events

Sunday 8 May	
Session 1 - Warm Up 8:15	
E1	Male - 400 IM
E2	Female - 800 Free
E3	Male - 100 BR
E4	Female - 50 Fly
E5	Male - 100 Free
E6	Female - 200 IM

Saturday 21 May	
Session 3 - Warm Up 12 noon	
E20	Female - 200 Free
E21	Male - 100 Fly
E22	Female - 50 Free
E23	Male - 50 BR
E24	Female - 200 Back
E25	Male - 1500 Free

Sunday 22 May	
Session 5 - Warm Up 09:45	
E32	Male - 200 Free
E33	Female - 100 Fly
E34	Male - 50 Free
E35	Female - 50 BR
E36	Male - 200 Back
E37	Female - 1500 Free

Session 2 - Warm Up TBC	
E7	Female - 400 IM
E8	Male - 800 Free
E9	Female - 100 BR
E10	Male - 50 Fly
E11	Female - 100 Free
E12	Male - 200 IM

Session 4 - Warm Up TBC	
E26	Female - 200 BR
E27	Male - 100 Back
E28	Female - 400 Free
E29	Male - 50 Back
E30	Female - 200 Fly
E31	Male - 100 IM

Session 6 - Warm Up TBC	
E38	Male - 200 BR
E39	Female - 100 Back
E40	Male - 400 Free
E41	Female - 50 Back
E42	Male - 200 Fly
E43	Female - 100 IM