

# Information on accessing 50m training time for swimmers/clubs external to WDSC

WDSC provides training opportunities for swimmers which are members of other local clubs, as part of our shared "Swim Wycombe" plan. We have two programmes.

**The WDSC Partner Club and WDSC Link Club programmes.** Further details can be found on the website regarding these opportunities.

The partner club programme is centred on the swimmer pathway and progressing athletes to join WDSC in a structured, supportive manor; whilst enabling local clubs and swimmers to benefit from WDSC. The link club programme is solely about 'structured training time' at pre agreed dates, where swimmers can access 25m or 50m training to "Top Up" their current training programmes at their home clubs.

**Places on both programmes are very limited, due to the current space limitations in WDSC at present. Swimmers will be prioritised based on level and needs.**

## WDSC Talent Programme - Performance

Generally suitable for swimmers of **English, British & International Level** which have a comprehensive training background and would be able to cope with WDSC Performance Training; can apply for limited spaces on Sunday mornings. Swimmers would be placed in suitable WDSC training lanes. Home club coaches are welcome to work with the WDSC coaching team.

*Swimmers need to be 15+, but the WDSC Head Coach will determine if any younger swimmers are appropriate.*

## WDSC Talent Programme - Competitive

Generally suitable for swimmers of **Regional Level** which have an appropriate training background, can apply for limited spaces at limited sessions; within the following squads:

**Senior Competitive 14-18 years**

**Junior Competitive 12-13 years**

**Potential One 11-12 years**

*Depending on availability, sessions will either be 25m or 50m sessions.*

