

## Getting Here

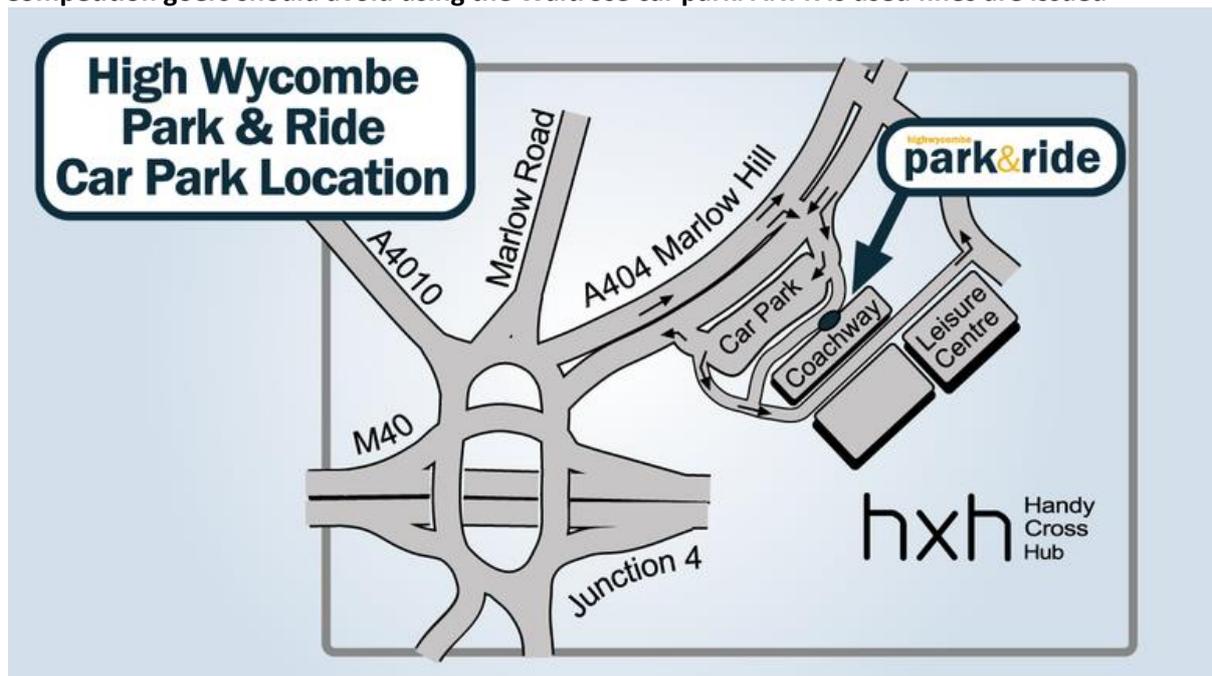
### Address

Wycombe Leisure Centre  
Handy Cross  
High Wycombe  
Buckinghamshire  
HP11 1UP

### Parking

Car Parking at the new Wycombe Leisure Centre is £1 for 4 hours maximum stay, additional parking is available in the adjacent Coach way Park and ride which now charges for parking.

Competition goers should avoid using the Waitrose car park. ANPR is used fines are issued



### Sign In

All events require sign in at least 10 minutes before start of each session (except 800/1500 which will sign in by 9am. Reserves are allocated spaces based on this so you will lose your swim if you don't sign in.

### Changing Village

Changing rooms are on the left after the turnstiles. **Please proceed to sign in desk before changing**

Please take off any dirty outdoor shoes or use the overshoes provided before proceeding poolside.

Do not leave bags and clothes in any cubicle. Please note that only authorised volunteers, officials, team managers, Coaches and swimmers will be permitted entry into the changing rooms.

### Lockers

All lockers are secured by Padlock rather than coin mechanism. Padlocks should be 40mm combination locks with a 6mm diameter shackle and can be purchased at Reception or you can bring your own.

## Spectators

Please note that spectators **may not bring** their own chairs and should use the seating provided, and walkways must be kept clear.

All seats can see the scoreboard. Admission to the spectator area will be on a first come first served basis. Please do not reserve seats. There are more than 300 seats and all can see the pool.

Access to the spectator area is through the turnstiles and upstairs.

**Payment is by CARD only.**

There will be no Spectator access on Friday Night .

## Water

Drinking water will be available from dispenser by the Sauna. Please note refreshments in this area are for badge holders only.

## Food Facilities

Wycombe Leisure Centre has a small cafe, offering hot drinks, there is no facility for full catering.

Waitrose, located adjacent to the leisure centre is also open and has a cafe. Vending machines are available in the centre for all things swimmers probably should not eat or drink.

## Important Information for Coaches and Team Managers

### Poolside Passes

Coaches will be issued with poolside passes. This should be visibly at all times or you may be challenged. Please return the lanyard and pass holder at the end of the meet. A box will be available by security.

### Emergency Procedures

The signal in the event of an emergency evacuation will be a continuous alarm followed by a spoken announcement. Procedure for Swimmers poolside will be directed by the centre staff, the swimmers will be lined up by the exits and evacuated in a controlled manner when necessary. Please ensure swimmers follow the instructions and do not return to the changing rooms.

The marshalling point is in front of the leisure centre car park.

Team Managers should check their teams are present and report to the Fire Marshalls when requested. You should not return to the building until the staff say it is safe to do so.

### The Pool

We will be using the Competition Pool in Long Course (50m) configuration. The pool depth is a constant 2m and starting blocks are 75cm above the water.

Teams are requested to leave space for officials to walk up and down poolside. The AOE will be used during this event, with timing pads at both ends. All races finish at the banner end of the pool. Blocks are Omega Wedge blocks there will be no backstroke ledges used for this meet.

Over the top starts will be used – please ensure swimmers are aware of the need to exit the pool promptly when told. Swimmers should not climb out of the pool over the timing pads.

### Swim Down

The swim down facility will be available during the meet