

9th Annual Open Meet 8th and 9th April 2017

Important Information for Swimmers, Spectators, Parents and Coaches

Session	Warm Up	Start	Est. Finish
1	2pm	2.50pm	5.20pm
2*	5.30pm	6.20pm	8.45pm
3	8.30am	9.30am	12.00pm
4*	12.15pm	1.15pm	4pm
5*	4.15pm	5.15pm	7.30pm
*subject to change on the day			

There has been a fantastic response to our Open meet again this year and thank you all for supporting it. With the large numbers of swimmers attending it is very likely that the poolside will be extremely busy and the spectator area may well reach capacity. Please read the following carefully:

1. We have been heavily oversubscribed for the Open Meet which has unfortunately meant some rejections. These have been determined so as to keep within the required swimming hours per day and maintain reasonable session times. This allows for the maximum number of swimmers to enter as possible. Refunds for rejected entries will be returned to the relevant club for distribution to the swimmers involved.
2. **All clubs/swimmers will be based in the Main hall, this is situated in the Leisure centre and can be found at the end of the corridor to the left hand side of reception. Although this is different to previous years, we still encourage swimmers to come poolside at the shallow end to support their team mates. Please don't bring any bags poolside and ensure that you enter poolside through the changing rooms.**
3. Swimmers won't be allowed into the changing area or on poolside until 1.55pm on the Saturday, this is 5 minutes before the start of warm up. Those in the first warm up can use the dry change facilities to change.
4. To allow more swimming time, the warm up's have been reduced to four 10 minutes sessions on the Saturday. It is likely the warm up sessions will be very busy so we ask that the swimmers and coaches assist us by starting and finishing their session promptly.
5. Please note there is **limited seating area within the pool** so we do ask that swimmers do not bring a large entourage of supporters as they may not be able to be seated or allowed into the spectator area if numbers are too large. **If spectator numbers exceed capacity any spectator leaving the spectator area during a session may not be guaranteed being able to re-enter for the remainder of the session and may have to wait for another spectator or spectators to leave. We would ask that as soon as your swimmer has completed their events that you leave poolside to allow others in.** This only applies when poolside seating is at capacity and we have others waiting to come in.

6. Swimmers when on pool side must not climb into the spectator area directly from the pool at any time for health and safety reasons. The Leisure Centre staff will have the authority to eject anyone from the pool who does this. To get to the spectator area swimmers must return through the changing areas and reception. Swimmers when leaving the changing area at any time must wear appropriate clothing and footwear.
7. On each day between each session spectators and swimmers will be asked to leave the spectator area and pool side so that the Leisure Centre staff can clean the pool and all the dry side areas. Could we ask that you place all rubbish in the bins/bags provided to assist the staff and leave the areas promptly so that the meet is not delayed. **PLEASE TAKE ALL BELONGINGS WITH YOU, ANY ITEMS LEFT IN THE SPECTATOR AREA BETWEEN SESSIONS WILL BE REMOVED.** The Leisure Centre may exclude spectators or swimmers who do not comply with this request.
8. **We will be operating a withdrawal system where it is the coaches or swimmers responsibility to advise of any withdrawals. These must be submitted at the announcers table no later than 15 minutes after warm up has started using the withdrawal slips provided. Withdrawal slips have been sent to each club by e mail, are in the coaches packs and are available from the announcers table.** To avoid empty lanes and to help the event run smoothly it is very important that withdrawals are advised of correctly.
9. Entry Fees for Spectators will be £2.50 for Adults and £1 for concessions. Programmes, which cover all weekend, will be £3.
10. The Club has arranged a swim shop and official photographer to attend. Both of these will be located in the Main Hall and will be selling merchandise on the days and also by website after the weekend. The password for the photographers on line gallery is "DIVING" and can be found at: <http://www.glamorouseventphotography.com/>
11. Photography will not be permitted on pool side.
12. Car parking is available at the Leisure Centre and the Centre has provided an overflow car park at the adjacent Newmarket College. When arriving can you initially head straight to the overflow car park as the main car park will be being used by members of the public attending other activities in the Leisure Centre. Parking is free at the Leisure Centre.
13. The Leisure Centre has a café and bar area (Montage café/bar) which can serve cold and hot food and cold and hot drinks. The café/bar will be open all day for the two days. The only request is that only food and drink purchased from the café/bar should be eaten in the café/bar and the external seating area.
14. You are welcome to use the Main Hall to consume your own food or just to sit and relax.

15. The changing area is a village style area, swimmers must use the cubicles provided for changing. There are lockers (possibly not sufficient for all swimmers) these accept a £1 coin or trolley token which is refunded. Any bags/clothing/personnel items left in the changing areas and on poolside will not be the responsibility of Newmarket Swimming Club or the Leisure Centre. It should be noted that there will be other members of the public using the Leisure Centre during the weekend and they may have access to the changing area (but not the pool areas).
16. Results for each event will be posted at the pool during the day to allow swimmers to check times and collect medals. Top Boy, Top Girl and Top Visiting Team trophies will be advised after the event and if possible presented at the end of session 5.
17. There is a small pool which will be available for warm down only. When using the warm down pool swimmers must not stay in for too long (to allow other swimmers the benefit) and for safety must not dive in or swim with butterfly or backstroke and must exit through the changing rooms **NOT** directly into the spectator area. The Leisure Centre staff and officials will have the authority to remove anyone who does not abide by this.