

The A'MAY'zing Spring Development Meet

Saturday 6th & Sunday 7th May 2017

Held under ASA Technical Rules Licensed Level 3ER170752



Programme of Events

Saturday 6th May

Session One Warm-up 11:30am Start 12:30 pm - Est Fin 3.30 pm

Event	Male	Event	Female
		1	200m Freestyle
2	50m Backstroke	3	50m Backstroke
4	100m Breaststroke	5	100m Breaststroke

Session Two Warm-up 4.00 pm Start 5.00 pm - Est Fin 8.00 pm

Event	Male	Event	Female
6	200m Butterfly	7	200m Butterfly
8	200m Individual Medley	9	200m Individual Medley
10	100m Backstroke	11	100m Backstroke
12	50m Butterfly	13	50m Butterfly

Sunday 7th May

Session Three Warm-up 8:00 am Start 9:00 am - Est Fin 11.30 am

Event	Male	Event	Female
14	200m Backstroke	15	200m Backstroke
16	50m Breaststroke	17	50m Breaststroke
18	100m Freestyle		

Session Four Warm up 11.45 am Start 12.45 pm - Est Fin 3.15 pm

Event	Male	Event	Female
19	200m Freestyle	20	100m Freestyle
21	100m Butterfly	22	100m Butterfly
23	200m Breaststroke		

Session Five Warm up 3.45 pm Start 4.45 pm - Est Fin 7.15 pm

Event	Male	Event	Female
		24	200m Breaststroke
25	50m Freestyle	26	50m Freestyle
27	100m Individual Medley	28	100m Individual Medley