Putteridge Swimming Club

Spring Long Course National Qualifier 2022

(Licensed by Swim England for entry into regional and Summer National championships as Level 1 under No. 1ER220161)

Saturday 12th and Sunday 13th March 2022

Minimum Qualifying Standard (25m)

(Equal to or fast than, times achieved from 1st January 2020)
Ages as at 31st December 2022

BOYS							EVENT	GIRLS						
10	11	12	13	14	15	16/ Ov.		10	11	12	13	14	15	16/ Ov.
42.6	00.38.4	37.0	34.9	33.0	31.3	28.7	50 Freestyle	42.8	39.8	37.3	35.4	34.0	32.9	31.9
01:38.2	01.25.8	01:18.8	01:13.7	01:09.8	01:06.9	01:02.6	100 Freestyle	01.38.3	01:26.2	01:19.3	01:15.2	01:12.7	01:10.7	01:08.8
03:23.4	03.03.6	02:51.3	02:40.8	02:32.6	02:25.6	02:16.3	200 Freestyle	03:29.1	03:04.4	02:51.3	02:42.5	02:36.2	02:32.1	02:27.5
07:22.5	06:26.4	05:56.0	05:38.1	05:21.8	5:07.0	04:49.1	400 Freestyle	07:20.7	06:27.4	05:56.4	05:38.8	05:26.3	5:18.0	05:09.2
13:.00.0	12:44.6	11:47.1	11:12.8	10:42.5	10:21.8	10:05.0	800 Freestyle	13:04.0	13:04.0	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5
26:13.0	26:13.0	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1	1500 Freestyle	25:30.2	25:30.2	24:30.1	22:25.8	21:30.4	21:00.8	20:43.1
56.8	51.6	48.2	44.6	41.8	39.7	37.8	50 Breaststroke	57.00	51.2	47.8	45.0	43.1	41.5	40.1
02;07.7	01:50.7	01:41.5	01:34.7	01:28.8	01:24.6	01:18.9	100 Breaststroke	02:08.7	01:50.3	01:41.6	01:35.2	01:30.8	01:28.5	01:26.1
04:20.5	03:57.2	03:39.1	03:25.2	03:12.5	03:02.5	02:51.6	200 Breaststroke	04:27.3	03:55.5	03:36.6	03:24.9	03:15.5	03:09.5	03:05.8
48.8	43.5	40.8	38.1	35.9	34.00	31.4	50 Butterfly	48.2	44.0	40.7	38.6	36.7	35.70	34.2
01:49.4	01:35.8	01:27.7	01:21.5	01:16.8	01:12.8	01:07.8	100 Butterfly	01:47.7	01:37.1	01:27.9	01:22.6	01:19.1	01:17.2	01:14.8
04:02.7	03:32.3	03:12.5	02:59.9	02:49.9	02:40.9	02:30.4	200 Butterfly	03:56.6	03:34.6	03:12.6	03:01.7	02:53.5	02:48.0	02:43.3
50.3	46.0	43.2	40.5	38.2	36.1	33.5	50 Backstroke	50.2	46.0	43.1	40.9	39.4	38.0	36.6
01:49.8	01:36.9	01:29.8	01:24.1	01:19.2	01:15.0	01:10.3	100 Backstroke	01:52.0	01:37.5	01:29.9	01:24.5	01:21.7	01:19.6	01:17.1
03:46.7	03:25.8	03:12.0	03:00.7	02:50.3	02:42.3	02:31.4	200 Backstroke	03:52.7	03:26.3	03:11.0	03:00.6	02:54.3	02:49.8	02:43.9
03:52.0	03:29.6	03:14.2	03:02.8	02:52.7	02:44.8	02:33.9	Ind. Medley 200	03:55.2	03:29.6	03:14.3	03:03.3	02:56.8	02:52.3	02:46.9
07:26.3	07:26.3	06:50.8	06:26.7	06:06.4	05:49.3	05:27.6	Ind. Medley 400	07:26.2	07:26.2	06:47.3	06:24.9	06:10.6	06:02.0	05:50.8

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