Warm Up Schedule

Friday 1st October

Session 1	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
17.45-18.00	WSSC	WSSC	WSSC	WSSC	WSSC	WSSC
18.00-18.15	Cambridge	Deben	Newmarket	Newmarket	Newmarket	WSSC

Saturday 2nd October

Session 2	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
12.15-12.30	WSSC	WSSC	WSSC	WSSC	WSSC	WSSC
12.30-12.45	St Felix	St Felix	St Felix	St Felix	Deben	Deben
12.45-13.00	Newmarket	Newmarket	Newmarket	Newmarket	WSSC	WSSC
13.00-13.15	Cambridge	Cambridge	Cambridge	Cambridge	WSSC	WSSC

Session 3	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
16.00-16.15	Cambridge	Cambridge	Cambridge	Cambridge	WSSC	WSSC
16.15-16.30	WSSC	WSSC	WSSC	WSSC	WSSC	WSSC
16.30-16.45	St Felix	St Felix	St Felix	St Felix	Deben	Deben
16.45-17.00	Newmarket	Newmarket	Newmarket	Newmarket	WSSC	WSSC

Sunday 3rd October

Session 4	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
08.45-09.00	Newmarket	Newmarket	Newmarket	Newmarket	WSSC	WSSC
09.00-09.15	Cambridge	Cambridge	Cambridge	Cambridge	WSSC	WSSC
09.15-09.30	WSSC	WSSC	WSSC	WSSC	WSSC	WSSC
09.30-09.45	St Felix	St Felix	St Felix	St Felix	Deben	Deben

Session 5	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
12.30-12.45	St Felix	St Felix	St Felix	St Felix	Deben	Deben
12.45-13.00	Newmarket	Newmarket	Newmarket	Newmarket	WSSC	WSSC
13.00-13.15	Cambridge	Cambridge	Cambridge	Cambridge	WSSC	WSSC
13.15-13.30	WSSC	WSSC	WSSC	WSSC	WSSC	WSSC