

Spring Development Meet 3ER160492 - 07/05/2016 to 08/05/2016

Results

Event 1 Boys 9 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Clarke, Barnabas	9 Diss Otters	2:50.13
2 Andrews, Lewis	9 City of Norwich	3:08.15
3 Abramson, Samuel	9 City of Norwich	3:09.32
4 Brighton, Joshua	9 City of Norwich	3:11.28
5 Brookes, Maximilian	9 Diss Otters	3:26.84
6 Moktadir, Adam	9 Cambridge	3:40.34
7 Williamson, James	9 Cambridge	3:50.16
8 Robbins, Samuel	9 West Suffolk	4:14.08

Event 1 Boys 10 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 O'Connor, James	10 West Suffolk	2:39.58
2 Davies-Haywood, Maximilian	10 City of Norwich	2:59.59
3 Barnes, Joshua	10 West Suffolk	3:00.46
4 Dodsworth, Raven	10 Newmarket	3:03.44
5 Patterson, Alex	10 City of Norwich	3:06.65
6 Kerrigan, Conor	10 City of Norwich	3:08.43
7 White, Harry	10 West Suffolk	3:17.14
8 Oliver, Lewis	10 Newmarket	3:28.72
9 Wortley, Tom	10 West Suffolk	3:38.35
10 Rogers, Jameson	10 West Suffolk	3:39.21
11 Ellard, William	10 Kingfishers	3:55.10

Event 1 Boys 11 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Mantis, Spyros	11 Newmarket	2:47.49
2 Button, Harry	11 Diss Otters	2:49.24
3 Clay, James	11 Stowmarket	2:51.92
4 Barker, Owen	11 West Suffolk	2:53.95
5 Merhan, Edward	11 West Suffolk	3:00.24
6 Gilmour, Iain	11 Stowmarket	3:05.79
7 Carter, Christian	11 Kingfishers	3:07.99
8 Chapman, Jacob	11 Stowmarket	3:12.19

Event 1 Boys 12 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Willmott, Matthew	12 West Suffolk	2:25.18
2 Munnings, Matthew	12 Diss Otters	2:34.35
3 Houston, Connor	12 Deben	2:34.69
4 Sidney-Roberts, William	12 City of Norwich	2:35.55
5 Brindley, Robbie	12 West Suffolk	2:36.41
6 Day, Sam	12 Kingfishers	2:36.50
7 Ward, Jack	12 Deben	2:39.03
8 Beavis, Cameron	12 Newmarket	2:40.21
9 Wortley, Ben	12 West Suffolk	2:41.08
10 Briggingshaw, Archie	12 Deben	2:42.02
11 Green, James	12 Kingfishers	2:45.14
12 Munro-Smith, Casper	12 West Suffolk	2:46.13
13 Taylor, Luke	12 Cambridge	2:49.23
14 Harvey, Edward	12 West Suffolk	2:55.58
15 Black, Luke	12 Stowmarket	3:28.44

Event 1 Boys 13 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	2:24.98
2 Kenning, Thomas	13 West Suffolk	2:27.49
3 Munro-Smith, Sebastian	13 West Suffolk	2:31.78

4 Tempest, Adam	13 West Suffolk	2:32.11
5 Barwick, Harry	13 Vikings	2:35.55
6 Rose, Jaron	13 City of Ely	2:47.43
7 Hindle, Henry	13 Diss Otters	2:52.25

Event 1 Boys 14 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	2:15.87
2 Bachu, Issac	14 Diss Otters	2:28.53
3 Allen, Ben	14 West Suffolk	2:28.90
4 Fletcher, Joe	14 Stowmarket	2:30.77
5 Maher, Jack	14 West Suffolk	2:33.87
6 Graham, Sam	14 West Suffolk	2:42.02

Event 1 Boys 15-99 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Blatch, Liam	15 Vikings	2:11.78
2 Borrett, Nick	15 Stowmarket	2:12.08
3 Clarke, Jacob	15 West Suffolk	2:16.15

Event 2 Girls 9 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Stratford, Miriam	9 Newmarket	3:02.25
2 Gilbertson, Ella	9 City of Norwich	3:07.27
3 Stebbings, Katie	9 Stowmarket	3:19.43
4 Skoulding, Madison	9 Stowmarket	3:20.60
5 Nicholls, Abigail	9 City of Norwich	3:20.86
6 Lee, Martha	9 City of Norwich	3:22.01
7 Colbourne, Amy	9 City of Norwich	3:26.76
8 Gunton, Libby	9 City of Norwich	3:27.40
9 Barber, Isabelle	9 Stowmarket	3:43.08
10 Barker, Megan	9 West Suffolk	3:43.79
11 Roberts, Grace	9 Cambridge	3:57.00

Event 2 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Bushell, Leah	10 City of Norwich	2:50.85
2 Lee, Natasha	10 City of Norwich	2:51.70
3 Pooley, Elsie	10 Newmarket	2:57.97
4 Clark, Alice	10 West Suffolk	3:02.59
5 Parke, Eve	10 City of Norwich	3:07.44
6 Seys, Libby	10 West Suffolk	3:14.51
7 Day, Jess	10 Kingfishers	3:18.93
8 Brookes, Luella	10 Diss Otters	3:32.06
9 Close, Ellesha	10 Diss Otters	3:32.83
10 Smith, Sydney	10 Cambridge	3:35.02

Event 2 Girls 11 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Ransome, Lily Mae	11 Cambridge	2:38.66
2 Partridge, Chloe	11 City of Norwich	2:45.21
3 Adcock, Lucy	11 Kingfishers	2:48.07
4 Tolson, Bryony	11 City of Norwich	2:48.20
5 Reynolds, Leah	11 City of Norwich	2:49.38
6 Keegan, Ciara	11 Cambridge	2:53.43
7 Ellard, Lily	11 Kingfishers	2:53.50
8 George, Katie	11 City of Norwich	2:55.44
9 Small, Alise	11 Diss Otters	3:01.52
10 Rice, Charlotte	11 Newmarket	3:02.41
11 Phillips, Daisy	11 Newmarket	3:05.27

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(Event 2 Girls 11 Year Olds 200 SC Meter Freestyle)

Name	Age Team	Finals Time
12 Quinnell, Grace	11 Cambridge	3:11.10
13 Bradford, Alice	11 Newmarket	3:15.43
14 Nesbitt, Amelia	11 City of Norwich	3:17.46
15 Jackson, Eloise	11 Stowmarket	3:17.47
16 Chapman, Olivia	11 Diss Otters	3:21.04
17 Kent, Holly	11 City of Norwich	3:31.24
18 Williams, Freya	11 Fltwick Dolphins	3:44.90
--- Hudson, Lucy	11 West Suffolk	X2:31.98

Event 2 Girls 12 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Cowlan-Neal, Megan	12 Newmarket	2:25.49
2 Bemmer, Lily	12 Deben	2:27.40
3 Houston, Ella	12 Deben	2:28.87
4 Shaw, Alanya	12 Vikings	2:29.05
5 Attwater, Daisy	12 Deben	2:29.07
6 Gunton, Grace	12 City of Norwich	2:34.89
7 Sadler, Niamh	12 City of Norwich	2:38.18
8 McGonigle, Ella	12 Newmarket	2:39.07
9 Davis, Ruby	12 Newmarket	2:39.26
10 Beckmann, Rose	12 City of Ely	2:42.39
11 Rushton, Evie	12 West Suffolk	2:43.06
12 Reeve, Freya	12 City of Norwich	2:48.82
13 Housley, Abigail	12 West Suffolk	2:49.52
14 Clarke, Amy	12 City of Norwich	2:50.21
15 George, Emily	12 City of Norwich	2:50.51
16 Robinson, Rebecca	12 City of Norwich	2:50.93
17 Taylor, Libby	12 City of Norwich	2:58.82
18 Herrell, Lucy	12 City of Norwich	2:59.93
19 Chapman, Lily	12 Norwich Swan	3:02.92
20 Ayling, Abigail	12 Cambridge	3:03.19
21 Rogers, Katie-Elize	12 West Suffolk	3:10.56

Event 2 Girls 13 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Dootson, Ella	13 Stowmarket	2:26.82
2 Lonsdale-Ellis, Keanne	13 City of Derby	2:27.57
3 Yeomanson, Erin	13 Deben	2:28.11
4 Allen, Poppy	13 Kingfishers	2:30.11
5 Robbins, Holly	13 West Suffolk	2:31.50
6 Weston, India	13 Vikings	2:33.61
7 Brown, Olivia	13 City of Norwich	2:34.17
8 Miller, Otilie	13 Diss Otters	2:37.32
9 Rice, Alexandra	13 Newmarket	2:44.90
10 Wood, Maddie	13 Diss Otters	2:49.47
11 Treutler, Anna	13 City of Norwich	3:05.87

Event 2 Girls 14 Year Olds 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Booth, Gemma	14 Newmarket	2:23.20
2 Horne-Morris, Immy	14 City of Norwich	2:28.67
3 Holmes, Emma	14 Cambridge	2:28.83
4 Wheeler, Molly	14 West Suffolk	2:34.97
5 Brown, Alice	14 West Suffolk	2:39.17
6 Ford, Jo	14 West Suffolk	2:40.22
7 Barrett, Sophie	14 Stowmarket	2:46.01
8 Taylor, Lauren	14 Diss Otters	2:47.19

9 Barrett, Louise	14 Stowmarket	2:48.45
10 Dewsbery, Madison	14 Diss Otters	2:53.09
--- Penney, Rebecca	14 Cambridge	DQ
4.4 Starting before starting signal		

Event 2 Girls 15-99 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Nesbitt, Katie	17 City of Norwich	2:23.01
2 Coen, Molly	15 Cambridge	2:23.14
3 Housley, Megan	15 West Suffolk	2:32.91
--- Seamarks, Jasmine	16 Cambridge	X2:20.88

Event 3 Boys 9 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 McGonigle, Joseph	9 Newmarket	42.84
2 Baker, Matthew	9 West Suffolk	45.77
3 Andrews, Lewis	9 City of Norwich	46.29
4 Rowley, Jack	9 City of Norwich	46.31
5 Hines, Charlie	9 Stowmarket	47.03
6 Abramson, Samuel	9 City of Norwich	47.65
7 Brown, William	9 Diss Otters	47.94
8 White, Leo	9 City of Norwich	48.10
9 Moktadir, Adam	9 Cambridge	48.72
10 Brighton, Joshua	9 City of Norwich	49.14
11 Williams, Jack	9 Fltwick Dolphins	50.54
12 Weston, Elliott	9 Cambridge	51.04
13 Williamson, James	9 Cambridge	52.27
14 Brookes, Maximilian	9 Diss Otters	54.66
15 Thake, Andrew	9 Bottisham	55.06
--- Kent, Oliver	9 City of Norwich	DQ
6.5 Did not touch the wall during the turn		

Event 3 Boys 10 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Gillingham, Mason	10 West Suffolk	42.44
2 Ellard, William	10 Kingfishers	44.05
3 Barnes, Joshua	10 West Suffolk	44.13
*4 White, Harry	10 West Suffolk	44.81
*4 Kerrigan, Conor	10 City of Norwich	44.81
6 Patterson, Alex	10 City of Norwich	44.98
7 Dodsworth, Raven	10 Newmarket	45.41
8 Guy, Tobias	10 West Suffolk	47.24
9 Ruffles-Francis, Vaughn	10 Stowmarket	47.79
10 Oliver, Lewis	10 Newmarket	47.87
11 Eke-Cunis, Jacob	10 City of Norwich	48.99
12 Deaton, Thomas	10 Newmarket	49.06
13 Dewell, Henry	10 West Suffolk	52.66
14 Wortley, Tom	10 West Suffolk	54.09
15 Rogers, Jameson	10 West Suffolk	54.89

Event 3 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Button, Harry	11 Diss Otters	39.63
2 Clay, James	11 Stowmarket	40.31
3 Barker, Owen	11 West Suffolk	41.07
4 Carter, Christian	11 Kingfishers	42.47
5 Mantis, Spyros	11 Newmarket	42.55
6 Hudson, Harry	11 Vikings	42.97
7 Camacho, Eduardo	11 Cambridge	43.25

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(Event 3 Boys 11 Year Olds 50 SC Meter Backstroke)

Name	Age Team	Finals Time
8 Merhan, Edward	11 West Suffolk	43.55
9 Chapman, Jacob	11 Stowmarket	47.00
10 Baker, Samuel	11 West Suffolk	49.66
11 Tatum, Christopher	11 Diss Otters	50.94

Event 3 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Brindley, Robbie	12 West Suffolk	35.82
2 Munnings, Matthew	12 Diss Otters	36.35
3 Willmott, Matthew	12 West Suffolk	36.66
4 Beavis, Cameron	12 Newmarket	37.11
5 Mann, Oliver	12 Kingfishers	38.00
6 Day, Sam	12 Kingfishers	38.22
7 Houston, Connor	12 Deben	38.48
8 Munro-Smith, Casper	12 West Suffolk	38.64
9 Wortley, Ben	12 West Suffolk	38.82
10 Green, James	12 Kingfishers	39.26
11 Ward, Jack	12 Deben	39.39
12 Brigginsshaw, Archie	12 Deben	39.78
13 Martinez, James	12 West Suffolk	39.98
14 Sidney-Roberts, William	12 City of Norwich	41.01
15 Clarke, Ross	12 West Suffolk	41.40
16 Lawrence, Jacob	12 Bottisham	42.01
--- Smith, Tealk	12 Kingfishers	X34.45

Event 3 Boys 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	34.71
2 Kenning, Thomas	13 West Suffolk	35.19
3 Crisp, Brandon	13 Kingfishers	36.04
4 Swarbrick, Alex	13 Newmarket	36.36
5 Hall, Harvey	13 Deben	37.12
6 Munro-Smith, Sebastian	13 West Suffolk	37.81
7 Smart, Harry	13 West Suffolk	37.94
8 Barwick, Harry	13 Vikings	38.01
9 Wallace, George	13 Stowmarket	38.15
10 Rose, Jaron	13 City of Ely	41.55
11 Bond, Thomas	13 Kingfishers	41.67

Event 3 Boys 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Chapman, Lewis	14 Stowmarket	33.33
2 Allen, Ben	14 West Suffolk	36.61
3 Fletcher, Joe	14 Stowmarket	38.09
4 Maher, Jack	14 West Suffolk	41.00
5 Graham, Sam	14 West Suffolk	41.97
--- Woodrow, Owen	14 City of Norwich	DQ
6.5 More than one single or double simultaneous arm pull used to initiate turn		
--- Dineshkumar, Vijay	14 West Suffolk	DQ
6.4 Totally submerged, (except for 1st 15m following the start or turn) during		

Event 3 Boys 15-99 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Blatch, Liam	15 Vikings	33.22

Event 4 Girls 9 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Pickering, Sophia	9 Diss Otters	42.22

2 Gilbertson, Ella	9 City of Norwich	44.68
3 Chapman, Eva	9 City of Norwich	44.78
4 Stratford, Miriam	9 Newmarket	45.06
5 Colbourne, Amy	9 City of Norwich	46.87
6 Ransome, Matilda	9 Cambridge	47.59
7 Zecchini, Anouk	9 Bottisham	47.88
8 Stebbings, Katie	9 Stowmarket	48.00
9 Barber, Isabelle	9 Stowmarket	49.67
10 Barker, Megan	9 West Suffolk	49.76
11 Hudson, Amelia	9 Vikings	50.30
12 Lee, Martha	9 City of Norwich	50.48
13 Hailes, Lucy	9 Kingfishers	51.49
14 Miller, Tiggy	9 Diss Otters	53.46
15 Nicholls, Abigayle	9 City of Norwich	53.48
16 Moore, Charlotte	9 West Suffolk	54.00
17 Gunton, Libby	9 City of Norwich	54.84
18 Roberts, Grace	9 Cambridge	54.95
19 Long, Maya	9 Cambridge	55.27
20 Hutton, Emily	9 Stowmarket	56.57
--- Chapman, Ruby	9 Norwich Swan	DQ
6.3 Left position on the back (other than to initiate a turn)		
--- Putter, Kendal	9 City of Ely	DQ
6.5 Single or double simultaneous arm pull used to initiate turn or not perform		

Event 4 Girls 10 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Lee, Natasha	10 City of Norwich	39.63
2 Mann, Grace	10 Kingfishers	40.36
3 Rogers, Katie Grace	10 West Suffolk	40.66
4 Hammond, Lauren	10 Cambridge	41.17
5 Gotch, Imogen	10 West Suffolk	43.24
6 Cutting, Emily	10 West Suffolk	44.64
7 Seys, Libby	10 West Suffolk	45.66
8 Rushton, Georgia	10 West Suffolk	46.46
9 Talbot, Millie	10 Newmarket	47.33
10 Parke, Eve	10 City of Norwich	47.63
11 Martinez, Princess	10 West Suffolk	47.76
12 Day, Jess	10 Kingfishers	48.89
13 Sergeant, Adela	10 West Suffolk	48.91
14 Close, Ellesha	10 Diss Otters	49.71
15 Brookes, Luella	10 Diss Otters	51.26
16 Smith, Sydney	10 Cambridge	55.43
--- Wood, Kathryn	10 Diss Otters	DQ
6.5 More than one single or double simultaneous arm pull used to initiate turn		

Event 4 Girls 11 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Shaw, Katy	11 Stowmarket	37.76
2 Andrews, Katie	11 City of Norwich	38.00
3 Marks, Etholle	11 Newmarket	38.04
4 Snelham, Laura	11 Deben	38.35
5 Williams, Cerys	11 West Suffolk	38.58
6 Ellard, Lily	11 Kingfishers	38.73
7 Small, Alise	11 Diss Otters	39.44
8 Pyle, Evie	11 West Suffolk	39.59
9 Reynolds, Leah	11 City of Norwich	39.62
10 Ransome, Lily Mae	11 Cambridge	40.42
11 Hall, Helena	11 Deben	40.97

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(Event 4 Girls 11 Year Olds 50 SC Meter Backstroke)

Name	Age Team	Finals Time
12 Phillips, Daisy	11 Newmarket	41.79
13 Keegan, Ciara	11 Cambridge	42.76
14 George, Katie	11 City of Norwich	43.08
15 O'Dell, Kara	11 Diss Otters	43.14
16 Nesbitt, Amelia	11 City of Norwich	44.52
17 Rice, Charlotte	11 Newmarket	44.84
18 Bradford, Alice	11 Newmarket	45.11
19 Dampier, Lirit	11 Cambridge	45.29
20 Chapman, Olivia	11 Diss Otters	45.59
21 Dewsbury, Amber	11 Diss Otters	45.99
22 Kennedy, Isabella	11 Stowmarket	46.23
23 Partridge, Chloe	11 City of Norwich	47.51
24 Balado, Imogen	11 Vikings	48.40
25 Hines, Daisy	11 Stowmarket	49.40
26 Kent, Holly	11 City of Norwich	49.55
27 McGuire, Charlotte	11 West Suffolk	49.65
28 Williams, Freya	11 Fltwick Dolphins	50.60
29 Watson, Emily	11 City of Norwich	52.61
--- Jackson, Eloise	11 Stowmarket	DQ
6.5 Single or double simultaneous arm pull used to initiate turn or not perform		
--- Quinnell, Grace	11 Cambridge	DQ
6.5 Single or double simultaneous arm pull used to initiate turn or not perform		
--- Blatch, Emma	11 Vikings	DQ
6.3 Left position on the back (other than to initiate a turn)		

Event 4 Girls 12 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Swain, Rosie	12 West Suffolk	37.67
2 Sampson, Alex	12 Kingfishers	37.99
3 Kamara, Amelia	12 Vikings	38.09
4 Prager, Evie	12 Stowmarket	38.48
5 Shaw, Alanya	12 Vikings	38.67
6 Gunton, Grace	12 City of Norwich	38.84
7 Attwater, Daisy	12 Deben	38.94
8 Rushton, Evie	12 West Suffolk	38.96
9 McNaul, Jessica	12 West Suffolk	39.36
10 du Rieu, Tyra	12 City of Norwich	39.88
11 Miller, Cassia	12 Diss Otters	40.00
12 McGonigle, Ella	12 Newmarket	40.68
13 Genner, Emily	12 West Suffolk	40.98
14 Penney, Eleanor	12 Cambridge	41.42
15 Clark, Imogen	12 West Suffolk	41.66
16 Reeve, Freya	12 City of Norwich	41.88
17 Dodsworth, Terri	12 Newmarket	42.18
18 Sadler, Niamh	12 City of Norwich	42.54
19 Stokes, Georgina	12 Newmarket	42.90
20 Eke-Cunis, Freya	12 City of Norwich	42.94
21 Housley, Abigail	12 West Suffolk	43.03
22 Chapman, Lily	12 Norwich Swan	43.11
*23 Rootes, Freya	12 West Suffolk	43.15
*23 Mousley, Phoebe	12 West Suffolk	43.15
25 Taylor, Libby	12 City of Norwich	43.69
26 Ayling, Abigail	12 Cambridge	45.46
27 Rogers, Katie-Elize	12 West Suffolk	45.70
28 Hutton, Rachel	12 Stowmarket	48.15

--- Herrell, Lucy 12 City of Norwich DQ
6.5 Single or double simultaneous arm pull used to initiate turn or not perform

Event 4 Girls 13 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Weston, India	13 Vikings	35.99
2 Brown, Olivia	13 City of Norwich	36.62
3 Robbins, Holly	13 West Suffolk	36.98
4 Miller, Ottilie	13 Diss Otters	37.13
5 Dootson, Ella	13 Stowmarket	37.26
6 Allen, Poppy	13 Kingfishers	38.03
7 Crouch, Ellen-Louise	13 West Suffolk	39.00
8 Jordan-Lee, Maddie	13 Stowmarket	39.17
9 Rice, Alexandra	13 Newmarket	39.77
10 Wood, Maddie	13 Diss Otters	39.95
11 Treutler, Anna	13 City of Norwich	40.57
12 Robertson, Chloe	13 City of Norwich	43.95
--- Waller, Emily	13 Kingfishers	X34.91
--- Lonsdale-Ellis, Keanne	13 City of Derby	X36.02

Event 4 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Anderson, Naryce	14 City of Norwich	36.52
2 Wheeler, Molly	14 West Suffolk	37.29
3 Penney, Rebecca	14 Cambridge	39.62
4 Brown, Alice	14 West Suffolk	39.69
5 Taylor, Lauren	14 Diss Otters	39.72
6 Bell-Williamson, Ruby	14 Bottisham	41.60
7 Clark, Ella	14 West Suffolk	44.28
--- Holmes, Emma	14 Cambridge	X34.66

Event 5 Boys 9 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Clarke, Barnabas	9 Diss Otters	1:37.16
2 Abramson, Samuel	9 City of Norwich	1:45.74
3 White, Leo	9 City of Norwich	1:54.09
4 McGonigle, Joseph	9 Newmarket	1:55.04
5 Baker, Matthew	9 West Suffolk	2:00.52
6 Rowley, Jack	9 City of Norwich	2:01.60
7 Hines, Charlie	9 Stowmarket	2:06.25
8 Moktadir, Adam	9 Cambridge	2:09.20
9 Williamson, James	9 Cambridge	2:12.50
10 Brookes, Maximilian	9 Diss Otters	2:15.21
--- Williams, Jack	9 Fltwick Dolphins	DQ
7.4 Leg movements not on the same plane		

Event 5 Boys 10 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 O'Connor, James	10 West Suffolk	1:40.06
2 Davies-Haywood, Maximilian	10 City of Norwich	1:40.17
3 Gillingham, Mason	10 West Suffolk	1:50.81
4 Deaton, Thomas	10 Newmarket	1:51.30
5 Barnes, Joshua	10 West Suffolk	1:51.90
6 Ruffles-Francis, Vaughn	10 Stowmarket	1:53.32
7 Patterson, Alex	10 City of Norwich	1:54.96
8 Kerrigan, Conor	10 City of Norwich	1:54.98
9 White, Harry	10 West Suffolk	1:56.82
10 Rogers, Jameson	10 West Suffolk	1:58.76
11 Oliver, Lewis	10 Newmarket	2:17.74

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(Event 5 Boys 10 Year Olds 100 SC Meter Breaststroke)

Name	Age Team	Finals Time
--- Eke-Cunis, Jacob	10 City of Norwich	DQ
7.4 Leg movements not simultaneous (alternating leg movement)		

Event 5 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Merhan, Edward	11 West Suffolk	1:32.36
2 Clay, James	11 Stowmarket	1:40.77
3 Camacho, Eduardo	11 Cambridge	1:44.72
4 Gilmour, Iain	11 Stowmarket	1:50.09
5 Mantis, Spyros	11 Newmarket	1:52.35
6 Barker, Owen	11 West Suffolk	1:54.27
7 Carter, Christian	11 Kingfishers	1:56.35
8 Baker, Samuel	11 West Suffolk	1:56.83
9 Tatum, Christopher	11 Diss Otters	2:16.78

Event 5 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Martinez, James	12 West Suffolk	1:24.00
2 Gillingham, Connor	12 West Suffolk	1:25.63
3 Brigginsshaw, Archie	12 Deben	1:31.75
4 Harvey, Edward	12 West Suffolk	1:32.49
5 Munnings, Matthew	12 Diss Otters	1:35.37
6 Taylor, Luke	12 Cambridge	1:35.92
7 Willmott, Matthew	12 West Suffolk	1:39.98
8 Brindley, Robbie	12 West Suffolk	1:40.07
9 Beavis, Cameron	12 Newmarket	1:41.03
10 Day, Sam	12 Kingfishers	1:41.67
11 Munro-Smith, Casper	12 West Suffolk	1:41.88
12 Vaughan, Matthew	12 Kingfishers	1:42.93
13 Mann, Oliver	12 Kingfishers	1:43.18
14 Green, James	12 Kingfishers	1:51.61
15 Black, Luke	12 Stowmarket	2:03.03

Event 5 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Swarbrick, Alex	13 Newmarket	1:31.57
2 Hall, Harvey	13 Deben	1:32.19
3 Tempest, Adam	13 West Suffolk	1:34.51
4 Barwick, Harry	13 Vikings	1:36.07
5 Munro-Smith, Sebastian	13 West Suffolk	1:38.24
6 Hindle, Henry	13 Diss Otters	1:38.47
7 Bond, Thomas	13 Kingfishers	1:40.40
8 Rose, Jaron	13 City of Ely	1:44.18

Event 5 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	1:22.18
2 Dineshkumar, Vijay	14 West Suffolk	1:26.64
3 Chapman, Lewis	14 Stowmarket	1:28.50
4 Woodrow, Owen	14 City of Norwich	1:54.04

Event 6 Girls 9 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Ransome, Matilda	9 Cambridge	1:43.65
2 Chapman, Eva	9 City of Norwich	1:47.82
3 Putter, Kendal	9 City of Ely	1:54.01
4 Pickering, Sophia	9 Diss Otters	1:57.53
5 Colbourne, Amy	9 City of Norwich	1:58.00

6 Zecchini, Anouk	9 Bottisham	2:00.84
7 Smith, Charlotte	9 Norwich Swan	2:01.81
8 Gunton, Libby	9 City of Norwich	2:02.40
9 Chapman, Ruby	9 Norwich Swan	2:03.70
10 Nicholls, Abigail	9 City of Norwich	2:04.08
11 Gilbertson, Ella	9 City of Norwich	2:04.80
12 Skoulding, Madison	9 Stowmarket	2:07.21
13 Hutton, Emily	9 Stowmarket	2:08.95
14 Roberts, Grace	9 Cambridge	2:11.39
15 Moore, Charlotte	9 West Suffolk	2:12.24
16 Bachu, Millie	9 Diss Otters	2:24.28
17 Miller, Tiggy	9 Diss Otters	2:24.49

Event 6 Girls 10 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Lee, Natasha	10 City of Norwich	1:43.55
2 Gotch, Imogen	10 West Suffolk	1:46.81
3 Bushell, Leah	10 City of Norwich	1:47.33
4 Mann, Grace	10 Kingfishers	1:47.37
5 Rogers, Katie Grace	10 West Suffolk	1:49.35
6 Whyte, Olivia	10 West Suffolk	1:52.09
7 Smith, Sydney	10 Cambridge	1:56.15
8 Pooley, Elsie	10 Newmarket	1:58.60
9 Talbot, Millie	10 Newmarket	2:00.49
10 Brookes, Luella	10 Diss Otters	2:02.08
11 Williams, Sophie	10 Stowmarket	2:06.22
12 Close, Ellesha	10 Diss Otters	2:08.35
13 Day, Jess	10 Kingfishers	2:09.35

Event 6 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	1:35.68
2 Andrews, Katie	11 City of Norwich	1:36.90
3 Williams, Cerys	11 West Suffolk	1:37.87
4 Keegan, Ciara	11 Cambridge	1:39.82
5 Quinell, Grace	11 Cambridge	1:42.78
6 Ransome, Lily Mae	11 Cambridge	1:44.58
7 Pyle, Evie	11 West Suffolk	1:44.83
8 Hall, Helena	11 Deben	1:48.06
9 Tolson, Bryony	11 City of Norwich	1:53.34
10 O'Dell, Kara	11 Diss Otters	1:53.35
11 Kent, Holly	11 City of Norwich	1:54.27
12 Nesbitt, Amelia	11 City of Norwich	1:54.45
13 Chapman, Olivia	11 Diss Otters	1:55.05
14 Phillips, Daisy	11 Newmarket	1:56.33
15 Hines, Daisy	11 Stowmarket	1:56.35
16 Rice, Charlotte	11 Newmarket	1:57.43
17 Watson, Emily	11 City of Norwich	2:00.67
18 Van Wijk, Lauren	11 West Suffolk	2:10.91
--- McGuire, Charlotte	11 West Suffolk	DQ
7.4 Leg movements not on the same plane		
--- Williams, Freya	11 Fltwick Dolphins	DQ
7.4 Leg movements not simultaneous (alternating leg movement)		

Event 6 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Smith, Rebecca	12 Norwich Swan	1:29.12
2 Sadler, Niamh	12 City of Norwich	1:30.28
3 George, Emily	12 City of Norwich	1:30.40

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(Event 6 Girls 12 Year Olds 100 SC Meter Breaststroke)

Name	Age Team	Finals Time
4 Prager, Evie	12 Stowmarket	1:31.83
5 Clarke, Amy	12 City of Norwich	1:34.54
6 Wayman, Minnie	12 Deben	1:34.55
7 Cowlan-Neal, Megan	12 Newmarket	1:34.80
8 Rushton, Evie	12 West Suffolk	1:35.14
9 McNaul, Jessica	12 West Suffolk	1:36.72
10 Attwater, Daisy	12 Deben	1:37.31
11 Taylor, Libby	12 City of Norwich	1:37.64
12 Houston, Ella	12 Deben	1:37.79
13 Davis, Ruby	12 Newmarket	1:38.02
14 Stokes, Georgina	12 Newmarket	1:38.03
15 du Rieu, Tyra	12 City of Norwich	1:38.43
16 Shaw, Alanya	12 Vikings	1:39.01
17 Herrell, Lucy	12 City of Norwich	1:39.14
18 Robinson, Rebecca	12 City of Norwich	1:39.83
19 Kamara, Amelia	12 Vikings	1:40.75
20 Miller, Cassia	12 Diss Otters	1:41.19
21 Chapman, Lily	12 Norwich Swan	1:45.13
22 Dodsworth, Terri	12 Newmarket	1:46.42
23 Beckmann, Rose	12 City of Ely	1:47.31
24 Eke-Cunis, Freya	12 City of Norwich	1:47.66
25 Reeve, Freya	12 City of Norwich	1:48.96
26 Rogers, Katie-Elize	12 West Suffolk	1:49.12
27 Ayling, Abigail	12 Cambridge	1:49.99
28 Hutton, Rachel	12 Stowmarket	1:50.70

Event 6 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Hudson, Charlotte	13 West Suffolk	1:27.08
2 Brown, Olivia	13 City of Norwich	1:29.84
3 Weston, India	13 Vikings	1:33.18
4 Yeomanson, Erin	13 Deben	1:35.50
5 Miller, Otilie	13 Diss Otters	1:36.83
6 Wood, Maddie	13 Diss Otters	1:38.84
7 Rice, Alexandra	13 Newmarket	1:43.07
8 Treutler, Anna	13 City of Norwich	1:48.07
9 Robertson, Chloe	13 City of Norwich	1:48.14
10 Levett, Bethany	13 Stowmarket	3:11.73
--- Lonsdale-Ellis, Keanne	13 City of Derby	X1:27.46

Event 6 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Horne-Morris, Immy	14 City of Norwich	1:27.02
2 Holmes, Emma	14 Cambridge	1:29.67
3 Booth, Gemma	14 Newmarket	1:33.20
4 Bell-Williamson, Ruby	14 Bottisham	1:34.09
5 Brown, Alice	14 West Suffolk	1:35.74
6 Barrett, Louise	14 Stowmarket	1:36.31
7 Wheeler, Molly	14 West Suffolk	1:36.93
8 Ford, Jo	14 West Suffolk	1:38.46
9 Penney, Rebecca	14 Cambridge	1:39.67
10 Taylor, Lauren	14 Diss Otters	1:42.31
11 Dewsbery, Madison	14 Diss Otters	1:42.80
12 Rose, Chasity	14 City of Ely	2:01.53
--- Clark, Ella	14 West Suffolk	DQ

7.4 Leg movements not simultaneous (alternating leg movement)

Event 6 Girls 15-99 100 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Nesbitt, Katie	17 City of Norwich	1:26.41
2 Davis, Charlie	15 Newmarket	1:28.55
3 Housley, Megan	15 West Suffolk	1:32.27

Event 7 Boys 12 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Smith, Tealk	12 Kingfishers	2:49.70
2 Munnings, Matthew	12 Diss Otters	3:00.27
3 Gillingham, Connor	12 West Suffolk	3:04.70
4 Willmott, Matthew	12 West Suffolk	3:17.26

Event 7 Boys 14 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Chapman, Lewis	14 Stowmarket	2:46.19
2 Thurston-Woolnough, Daniel	14 Kingfishers	2:52.38

Event 7 Boys 15-99 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Turner, Myles	15 West Suffolk	2:22.27
2 Thurston-Woolnough, Callum	16 Kingfishers	2:33.31

Event 8 Girls 9 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Marks, Romilly	9 Newmarket	3:45.96

Event 8 Girls 10 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Parke, Eve	10 City of Norwich	3:49.86
2 Clark, Alice	10 West Suffolk	4:22.07
--- Rogers, Katie Grace	10 West Suffolk	DQ

8.3 Breaststroke kick used (legal in Masters Competitions)

Event 8 Girls 11 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	3:03.22
2 Ellard, Lily	11 Kingfishers	3:31.05
3 Hall, Helena	11 Deben	3:33.41
4 George, Katie	11 City of Norwich	3:39.83
5 Adcock, Lucy	11 Kingfishers	3:39.88

Event 8 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Wayman, Minnie	12 Deben	2:45.25
2 Smith, Rebecca	12 Norwich Swan	2:45.60
3 Morgan, Lucy	12 Colchester	2:59.49
4 Gunton, Grace	12 City of Norwich	3:08.36
5 Sampson, Alex	12 Kingfishers	3:17.94
6 du Rieu, Tyra	12 City of Norwich	3:18.85
7 Beckmann, Rose	12 City of Ely	3:23.84
8 Reeve, Freya	12 City of Norwich	3:45.78

Event 8 Girls 13 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Genner, Lily	13 West Suffolk	2:46.39
2 Hudson, Charlotte	13 West Suffolk	3:01.97
3 Allen, Poppy	13 Kingfishers	3:07.93
4 McKay, Caitlin	13 West Suffolk	3:11.78

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(Event 8 Girls 13 Year Olds 200 SC Meter Butterfly)

Name	Age Team	Finals Time
--- O'Flynn, Jenna	13 City of Norwich	DQ
8.3 Movements of the legs not simultaneous		

Event 8 Girls 14 Year Olds 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Barrett, Sophie	14 Stowmarket	3:27.88

Event 9 Boys 9 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Abramson, Samuel	9 City of Norwich	3:28.89
2 White, Leo	9 City of Norwich	3:44.09
3 Rowley, Jack	9 City of Norwich	3:55.14
4 Moktadir, Adam	9 Cambridge	4:10.99
--- Hines, Charlie	9 Stowmarket	DQ
9.3 Finish of each stroke not in accordance with rules for the particular stroke		
--- Williamson, James	9 Cambridge	DQ
8.2 Arms not brought forward simultaneously - fly		

Event 9 Boys 10 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 O'Connor, James	10 West Suffolk	3:10.97
2 Davies-Haywood, Maximilian	10 City of Norwich	3:16.56
3 Kerrigan, Conor	10 City of Norwich	3:44.08
4 Deaton, Thomas	10 Newmarket	3:46.65
5 Ruffles-Francis, Vaughn	10 Stowmarket	3:53.32
--- Gillingham, Mason	10 West Suffolk	DQ
8.3 Breaststroke kick used (legal in Masters Competitions) - fly		

Event 9 Boys 11 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Merhan, Edward	11 West Suffolk	3:18.07
2 Barker, Owen	11 West Suffolk	3:24.54
3 Bachu, Daniel	11 Diss Otters	3:28.59
4 Chapman, Jacob	11 Stowmarket	3:38.51
5 Carter, Christian	11 Kingfishers	3:40.22
--- Tepedino, Elio	11 Cambridge	DQ
8.3 Movements of the legs not simultaneous - fly		

Event 9 Boys 12 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Willmott, Matthew	12 West Suffolk	2:51.55
2 Houston, Connor	12 Deben	2:57.58
3 Day, Sam	12 Kingfishers	2:58.84
4 Munnings, Matthew	12 Diss Otters	2:59.86
5 Brindley, Robbie	12 West Suffolk	3:01.39
6 Munro-Smith, Casper	12 West Suffolk	3:06.45
7 Taylor, Luke	12 Cambridge	3:23.63
8 Thurston-Woolnough, Ollie	12 Kingfishers	3:24.91
--- Vaughan, Matthew	12 Kingfishers	DQ
8.3 Alternating movement of legs or feet - fly		
--- Beavis, Cameron	12 Newmarket	DQ
7.4 Leg movements not simultaneous (alternating leg movement) - breast		

Event 9 Boys 13 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	2:40.92
2 Swarbrick, Alex	13 Newmarket	2:52.99
3 Hall, Harvey	13 Deben	2:56.43

4 Munro-Smith, Sebastian	13 West Suffolk	2:59.71
5 Barwick, Harry	13 Vikings	3:00.96
6 Bond, Thomas	13 Kingfishers	3:05.26
7 Hindle, Henry	13 Diss Otters	3:08.13

Event 9 Boys 14 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	2:31.79
2 Allen, Ben	14 West Suffolk	2:53.01
3 Dineshkumar, Vijay	14 West Suffolk	2:56.42

Event 9 Boys 15-99 200 SC Meter IM

Name	Age Team	Finals Time
1 Pyle, Ollie	16 West Suffolk	2:26.53
2 Blatch, Liam	15 Vikings	2:28.60
3 Thurston-Woolnough, Callum	16 Kingfishers	2:31.31

Event 10 Girls 9 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Ransome, Matilda	9 Cambridge	3:23.00
2 Gilbertson, Ella	9 City of Norwich	3:35.55
3 Chapman, Eva	9 City of Norwich	3:37.47
4 Putter, Kendal	9 City of Ely	3:45.10
5 Smith, Charlotte	9 Norwich Swan	3:47.30
--- Lee, Martha	9 City of Norwich	DQ
9.3 Finish of each stroke not in accordance with rules for the particular stroke		
--- Nicholls, Abigail	9 City of Norwich	DQ
6.5 Not on back when leaving the wall - back		

Event 10 Girls 10 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Mann, Grace	10 Kingfishers	3:13.63
2 Lee, Natasha	10 City of Norwich	3:16.29
3 Hammond, Lauren	10 Cambridge	3:16.99
4 Whyte, Olivia	10 West Suffolk	3:29.35
5 King, Alice	10 Stowmarket	3:32.14
6 Seys, Libby	10 West Suffolk	3:32.27
7 Parke, Eve	10 City of Norwich	3:35.57
8 Talbot, Millie	10 Newmarket	3:40.49

Event 10 Girls 11 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Williams, Cerys	11 West Suffolk	2:58.24
2 Ransome, Lily Mae	11 Cambridge	3:02.89
3 Ellard, Lily	11 Kingfishers	3:09.36
4 Reynolds, Leah	11 City of Norwich	3:12.24
5 Keegan, Ciara	11 Cambridge	3:14.75
6 Small, Alise	11 Diss Otters	3:16.33
7 Pyle, Evie	11 West Suffolk	3:16.46
8 Tolson, Bryony	11 City of Norwich	3:22.30
9 Quinnell, Grace	11 Cambridge	3:24.24
10 O'Dell, Kara	11 Diss Otters	3:28.21
11 Nesbitt, Amelia	11 City of Norwich	3:35.04
12 Hines, Daisy	11 Stowmarket	3:48.17
--- Snelham, Laura	11 Deben	X2:57.56

Event 10 Girls 12 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Cowlan-Neal, Megan	12 Newmarket	2:52.56
2 Shaw, Alanya	12 Vikings	2:57.17

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(Event 10 Girls 12 Year Olds 200 SC Meter IM)

Name	Age Team	Finals Time
3 Attwater, Daisy	12 Deben	2:58.46
4 Rushton, Evie	12 West Suffolk	3:00.69
5 Sadler, Niamh	12 City of Norwich	3:01.96
6 King, Emily	12 Stowmarket	3:03.16
7 Clarke, Amy	12 City of Norwich	3:06.06
8 Kowalska, Karolina	12 Cambridge	3:06.16
9 George, Emily	12 City of Norwich	3:06.84
10 Davis, Ruby	12 Newmarket	3:08.29
11 Beckmann, Rose	12 City of Ely	3:11.66
12 Taylor, Libby	12 City of Norwich	3:14.80
13 Dodsworth, Terri	12 Newmarket	3:15.32
14 Genner, Emily	12 West Suffolk	3:16.73
15 Clark, Imogen	12 West Suffolk	3:17.61
16 Reeve, Freya	12 City of Norwich	3:17.95
17 Ayling, Abigail	12 Cambridge	3:22.78
18 Eke-Cunis, Freya	12 City of Norwich	3:26.38
19 Mousley, Phoebe	12 West Suffolk	3:36.56

Event 10 Girls 13 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Peacock, Molly	13 West Suffolk	2:47.04
2 Genner, Lily	13 West Suffolk	2:47.94
3 Yeomanson, Erin	13 Deben	2:48.12
4 Waller, Emily	13 Kingfishers	2:50.51
5 Miller, Otilie	13 Diss Otters	2:58.07
6 Robbins, Holly	13 West Suffolk	3:01.06
7 Wood, Maddie	13 Diss Otters	3:06.09
8 Levett, Bethany	13 Stowmarket	4:33.79

Event 10 Girls 14 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Booth, Gemma	14 Newmarket	2:53.74
2 Cooper, Hannah	14 City of Norwich	2:53.84
3 Wheeler, Molly	14 West Suffolk	2:55.02
4 Anderson, Naryce	14 City of Norwich	2:57.84
5 Ford, Jo	14 West Suffolk	3:01.94
6 Barrett, Louise	14 Stowmarket	3:02.33
7 Brown, Alice	14 West Suffolk	3:06.15
8 Taylor, Lauren	14 Diss Otters	3:09.74
9 Barrett, Sophie	14 Stowmarket	3:10.56

Event 10 Girls 15-99 200 SC Meter IM

Name	Age Team	Finals Time
1 Davis, Charlie	15 Newmarket	2:43.92
2 Neaves, Sirena	15 West Suffolk	2:45.38
--- Nesbitt, Katie	17 City of Norwich	X2:39.47

Event 11 Boys 9 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 McGonigle, Joseph	9 Newmarket	1:34.29
2 Brown, William	9 Diss Otters	1:44.22
3 Baker, Matthew	9 West Suffolk	1:45.02
--- Brighton, Joshua	9 City of Norwich	DQ

6.5 Single or double simultaneous arm pull used to initiate turn or not perform

Event 11 Boys 10 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Davies-Haywood, Maximilian	10 City of Norwich	1:27.38

2 O'Connor, James	10 West Suffolk	1:30.16
3 Blair, Callum	10 Diss Otters	1:31.59
4 Ellard, William	10 Kingfishers	1:34.87
5 White, Harry	10 West Suffolk	1:37.29
6 Dodsworth, Raven	10 Newmarket	1:39.09
7 Gillingham, Mason	10 West Suffolk	1:40.11
8 Oliver, Lewis	10 Newmarket	1:46.55
9 Ruffles-Francis, Vaughn	10 Stowmarket	1:49.16
10 Eke-Cunis, Jacob	10 City of Norwich	1:55.67

Event 11 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Button, Harry	11 Diss Otters	1:27.18
2 Barker, Owen	11 West Suffolk	1:31.07
3 Carter, Christian	11 Kingfishers	1:32.46
4 Hudson, Harry	11 Vikings	1:32.76
5 Mantis, Spyros	11 Newmarket	1:34.57
6 Tatum, Christopher	11 Diss Otters	1:42.11
--- Chapman, Jacob	11 Stowmarket	DQ

6.5 Single or double simultaneous arm pull used to initiate turn or not perform

Event 11 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Brindley, Robbie	12 West Suffolk	1:20.08
2 Willmott, Matthew	12 West Suffolk	1:20.64
3 Beavis, Cameron	12 Newmarket	1:21.62
4 Day, Sam	12 Kingfishers	1:23.13
5 Houston, Connor	12 Deben	1:24.30
6 Ward, Jack	12 Deben	1:25.18
7 Mann, Oliver	12 Kingfishers	1:26.06
8 Munro-Smith, Casper	12 West Suffolk	1:27.23
9 Sidney-Roberts, William	12 City of Norwich	1:27.35
10 Green, James	12 Kingfishers	1:27.58
11 Wortley, Ben	12 West Suffolk	1:29.89
12 Lawrence, Jacob	12 Bottisham	1:31.73
13 Munnings, Matthew	12 Diss Otters	1:32.30
14 Thurston-Woolnough, Ollie	12 Kingfishers	1:34.69
--- Smith, Tealk	12 Kingfishers	X1:14.98

Event 11 Boys 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	1:14.53
2 Swarbrick, Alex	13 Newmarket	1:18.34
3 Kenning, Thomas	13 West Suffolk	1:18.78
4 Munro-Smith, Sebastian	13 West Suffolk	1:20.89
5 Thurston-Woolnough, Josh	13 Kingfishers	1:22.36
6 Hall, Harvey	13 Deben	1:22.84
7 Barwick, Harry	13 Vikings	1:24.08
8 Hindle, Henry	13 Diss Otters	1:28.60
9 Bond, Thomas	13 Kingfishers	1:28.75

Event 11 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Bachu, Issac	14 Diss Otters	1:11.27
2 Thurston-Woolnough, Daniel	14 Kingfishers	1:13.53
3 Dineshkumar, Vijay	14 West Suffolk	1:21.24
4 Allen, Ben	14 West Suffolk	1:21.94

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Event 11 Boys 15-99 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Pyle, Ollie	16 West Suffolk	1:10.27
2 Clarke, Jacob	15 West Suffolk	1:11.92
3 Blatch, Liam	15 Vikings	1:13.95

Event 12 Girls 9 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Fenner, Anna-Lucia	9 Romford Town	1:34.58
2 Gilbertson, Ella	9 City of Norwich	1:38.30
3 Stratford, Miriam	9 Newmarket	1:40.79
4 Ransome, Matilda	9 Cambridge	1:42.68
5 Smith, Charlotte	9 Norwich Swan	1:44.04
6 Moore, Charlotte	9 West Suffolk	1:54.98
--- Marks, Romilly	9 Newmarket	X1:31.27
--- Putter, Kendal	9 City of Ely	DQ

6.5 Single or double simultaneous arm pull used to initiate turn or not perform

Event 12 Girls 10 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Bushell, Leah	10 City of Norwich	1:23.60
2 Lee, Natasha	10 City of Norwich	1:29.54
3 Mann, Grace	10 Kingfishers	1:30.00
4 Clark, Alice	10 West Suffolk	1:31.67
5 Hammond, Lauren	10 Cambridge	1:33.11
6 Gotch, Imogen	10 West Suffolk	1:37.20
7 Whyte, Olivia	10 West Suffolk	1:39.47
8 Talbot, Millie	10 Newmarket	1:44.87
9 Day, Jess	10 Kingfishers	1:46.27
10 Sergeant, Adela	10 West Suffolk	1:49.01
--- Neaves, Morgan	10 West Suffolk	DQ

6.5 More than one single or double simultaneous arm pull used to initiate turn

Event 12 Girls 11 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	1:22.43
2 Williams, Cerys	11 West Suffolk	1:22.48
3 Shaw, Katy	11 Stowmarket	1:25.50
4 Reynolds, Leah	11 City of Norwich	1:25.65
5 Ransome, Lily Mae	11 Cambridge	1:27.77
6 Ellard, Lily	11 Kingfishers	1:28.37
7 Small, Alise	11 Diss Otters	1:30.99
8 Phillips, Daisy	11 Newmarket	1:31.27
9 George, Katie	11 City of Norwich	1:32.26
10 Keegan, Ciara	11 Cambridge	1:34.15
11 Bradford, Alice	11 Newmarket	1:34.87
12 Quinnell, Grace	11 Cambridge	1:36.76
13 Chapman, Olivia	11 Diss Otters	1:37.45
14 Nesbitt, Amelia	11 City of Norwich	1:40.07
15 Dampier, Lirit	11 Cambridge	1:41.73
16 Partridge, Chloe	11 City of Norwich	1:44.57
17 Kennedy, Isabella	11 Stowmarket	1:49.22
--- Blatch, Emma	11 Vikings	DQ

6.5 Single or double simultaneous arm pull used to initiate turn or not perform

Event 12 Girls 12 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Smith, Rebecca	12 Norwich Swan	1:16.95
2 Houston, Ella	12 Deben	1:17.23

3 Prager, Evie	12 Stowmarket	1:21.39
4 Kamara, Amelia	12 Vikings	1:22.49
5 Sampson, Alex	12 Kingfishers	1:23.02
6 Kowalska, Karolina	12 Cambridge	1:24.40
7 Rushton, Evie	12 West Suffolk	1:25.21
8 Shaw, Alanya	12 Vikings	1:25.62
9 Swain, Rosie	12 West Suffolk	1:25.90
10 Robinson, Rebecca	12 City of Norwich	1:27.05
11 Davis, Ruby	12 Newmarket	1:27.25
12 Genner, Emily	12 West Suffolk	1:30.60
13 Sadler, Niamh	12 City of Norwich	1:30.75
14 Miller, Cassia	12 Diss Otters	1:31.15
15 Reeve, Freya	12 City of Norwich	1:31.62
16 Clarke, Amy	12 City of Norwich	1:32.92
17 Mousley, Phoebe	12 West Suffolk	1:33.54
18 Stokes, Georgina	12 Newmarket	1:33.64
19 Ayling, Abigail	12 Cambridge	1:35.87

Event 12 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Waller, Emily	13 Kingfishers	1:16.67
2 Peacock, Molly	13 West Suffolk	1:17.80
3 McKay, Caitlin	13 West Suffolk	1:18.24
4 Genner, Lily	13 West Suffolk	1:19.10
5 Robbins, Holly	13 West Suffolk	1:21.50
6 Miller, Ottilie	13 Diss Otters	1:22.42
7 Allen, Poppy	13 Kingfishers	1:24.35
8 Wood, Maddie	13 Diss Otters	1:27.79
9 Treutler, Anna	13 City of Norwich	1:27.90
10 Levett, Bethany	13 Stowmarket	1:46.92

Event 12 Girls 14 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Guy, Scarlett	14 West Suffolk	1:14.22
2 Booth, Gemma	14 Newmarket	1:16.61
3 Wheeler, Molly	14 West Suffolk	1:22.27
4 Barrett, Louise	14 Stowmarket	1:26.90
5 Brown, Alice	14 West Suffolk	1:28.15
6 Barrett, Sophie	14 Stowmarket	1:28.94
--- Taylor, Lauren	14 Diss Otters	DQ

6.5 More than one single or double simultaneous arm pull used to initiate turn

Event 12 Girls 15-99 100 SC Meter Backstroke

Name	Age Team	Finals Time
1 Allen, Charlotte	16 West Suffolk	1:15.52

Event 13 Boys 9 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Rowley, Jack	9 City of Norwich	47.24
2 Brown, William	9 Diss Otters	49.45
3 Abramson, Samuel	9 City of Norwich	50.31
4 King, Oscar	9 City of Norwich	55.69
5 Williamson, James	9 Cambridge	59.46
6 Moktadir, Adam	9 Cambridge	1:04.26
7 Hines, Charlie	9 Stowmarket	1:07.53
--- Baker, Matthew	9 West Suffolk	DQ

8.3 Breaststroke kick used (legal in Masters Competitions)

--- Weston, Elliott

8.2 Arms not brought forward over the water

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(Event 13 Boys 9 Year Olds 50 SC Meter Butterfly)

Name	Age Team	Finals Time
--- Brighton, Joshua	9 City of Norwich	DQ
8.2 Arms not brought forward simultaneously		

Event 13 Boys 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Barnes, Joshua	10 West Suffolk	43.68
2 Davies-Haywood, Maximilian	10 City of Norwich	45.78
3 Blair, Callum	10 Diss Otters	50.01
4 Gillingham, Mason	10 West Suffolk	50.27
5 Dodsworth, Raven	10 Newmarket	52.51
6 Ruffles-Francis, Vaughn	10 Stowmarket	54.11
7 Dewell, Henry	10 West Suffolk	55.10
8 Wortley, Tom	10 West Suffolk	57.61
--- Oliver, Lewis	10 Newmarket	DQ
8.2 Arms not brought forward simultaneously		

Event 13 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Tepedino, Elio	11 Cambridge	36.69
2 Merhan, Edward	11 West Suffolk	39.16
3 Hudson, Harry	11 Vikings	43.03
4 Bachu, Daniel	11 Diss Otters	43.63
5 Barker, Owen	11 West Suffolk	44.18
6 Mantis, Spyros	11 Newmarket	45.37
7 Tatum, Christopher	11 Diss Otters	51.72
8 Baker, Samuel	11 West Suffolk	53.62
9 Carter, Christian	11 Kingfishers	57.28

Event 13 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Day, Sam	12 Kingfishers	35.76
2 Brindley, Robbie	12 West Suffolk	36.15
3 Taylor, Luke	12 Cambridge	36.86
4 Willmott, Matthew	12 West Suffolk	38.13
5 Sidney-Roberts, William	12 City of Norwich	38.67
6 Ward, Jack	12 Deben	38.85
7 Martinez, James	12 West Suffolk	41.77
8 Beavis, Cameron	12 Newmarket	42.46
9 Munro-Smith, Casper	12 West Suffolk	42.78
10 Clarke, Ross	12 West Suffolk	46.58
11 Vaughan, Matthew	12 Kingfishers	49.42
12 Black, Luke	12 Stowmarket	52.41
--- Smith, Tealk	12 Kingfishers	X33.91

Event 13 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Crisp, Brandon	13 Kingfishers	34.39
2 Swarbrick, Alex	13 Newmarket	34.90
3 Kenning, Thomas	13 West Suffolk	35.01
4 Hindle, Henry	13 Diss Otters	36.61
5 Bond, Thomas	13 Kingfishers	37.66
6 Wallace, George	13 Stowmarket	39.68
7 Rose, Jaron	13 City of Ely	41.55
--- Smart, Harry	13 West Suffolk	DQ
8.3 Movements of the legs not simultaneous		

Event 13 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Dineshkumar, Vijay	14 West Suffolk	32.59
2 Allen, Ben	14 West Suffolk	38.29

Event 13 Boys 15-99 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Turner, Myles	15 West Suffolk	30.18
2 Blatch, Liam	15 Vikings	30.50

Event 14 Girls 9 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Ransome, Matilda	9 Cambridge	47.62
2 Chapman, Eva	9 City of Norwich	49.01
3 Stratford, Miriam	9 Newmarket	49.46
4 Barker, Megan	9 West Suffolk	53.04
5 Lee, Martha	9 City of Norwich	54.30
6 Fenner, Anna-Lucia	9 Romford Town	55.43
7 Long, Maya	9 Cambridge	58.81
8 Bachu, Millie	9 Diss Otters	59.58
9 Hudson, Amelia	9 Vikings	1:03.23
--- Putter, Kendal	9 City of Ely	DQ
8.2 Arms not brought forward simultaneously		
--- Nicholls, Abigayle	9 City of Norwich	DQ
8.3 Alternating movement of legs or feet		

Event 14 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Gotch, Imogen	10 West Suffolk	41.53
2 Hammond, Lauren	10 Cambridge	42.42
3 Clark, Alice	10 West Suffolk	43.80
4 King, Alice	10 Stowmarket	44.59
5 Smith, Sydney	10 Cambridge	48.30
6 Rushton, Georgia	10 West Suffolk	48.37
7 Seys, Libby	10 West Suffolk	49.39
8 Talbot, Millie	10 Newmarket	49.91
9 Bushell, Leah	10 City of Norwich	50.21
10 Day, Jess	10 Kingfishers	55.40
11 Neaves, Morgan	10 West Suffolk	1:06.69
--- Lee, Natasha	10 City of Norwich	DQ
8.4 At turn or finish, touch not simultaneous or hands not separated		

Event 14 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Keegan, Ciara	11 Cambridge	38.57
2 Williams, Cerys	11 West Suffolk	38.65
3 Hall, Helena	11 Deben	40.43
4 Ransome, Lily Mae	11 Cambridge	40.50
5 Shaw, Katy	11 Stowmarket	40.93
6 Reynolds, Leah	11 City of Norwich	42.41
7 Small, Alise	11 Diss Otters	42.48
8 Pyle, Evie	11 West Suffolk	42.75
9 Ellard, Lily	11 Kingfishers	42.88
10 Phillips, Daisy	11 Newmarket	44.50
11 Tolson, Bryony	11 City of Norwich	45.26
12 Quinnell, Grace	11 Cambridge	46.77
13 Partridge, Chloe	11 City of Norwich	47.38
14 Chapman, Olivia	11 Diss Otters	48.65
15 Blatch, Emma	11 Vikings	50.85

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(Event 14 Girls 11 Year Olds 50 SC Meter Butterfly)

Name	Age Team	Finals Time
16 Hines, Daisy	11 Stowmarket	54.43
17 Van Wijk, Lauren	11 West Suffolk	56.83
18 Bradford, Alice	11 Newmarket	56.94
19 Balado, Imogen	11 Vikings	58.08
20 Watson, Emily	11 City of Norwich	1:07.02
--- Snelham, Laura	11 Deben	X36.57

Event 14 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 McGonigle, Ella	12 Newmarket	35.93
2 Huckstep, Mia	12 West Suffolk	36.23
3 King, Emily	12 Stowmarket	36.49
4 Rushton, Evie	12 West Suffolk	36.67
5 Houston, Ella	12 Deben	37.11
6 du Rieu, Tyra	12 City of Norwich	37.26
7 Sampson, Alex	12 Kingfishers	37.43
8 Cowlan-Neal, Megan	12 Newmarket	37.81
9 Attwater, Daisy	12 Deben	38.72
10 Prager, Evie	12 Stowmarket	38.85
11 George, Emily	12 City of Norwich	40.05
12 Penney, Eleanor	12 Cambridge	40.13
13 Kamara, Amelia	12 Vikings	41.50
14 Housley, Abigail	12 West Suffolk	41.74
15 Dodsworth, Terri	12 Newmarket	42.08
16 Ayling, Abigail	12 Cambridge	42.56
17 Kowalska, Karolina	12 Cambridge	43.18
18 Robinson, Rebecca	12 City of Norwich	43.64
19 Miller, Cassia	12 Diss Otters	43.95
20 Sadler, Niamh	12 City of Norwich	44.00
21 Taylor, Libby	12 City of Norwich	44.85
22 Eke-Cunis, Freya	12 City of Norwich	45.39
--- Clark, Imogen	12 West Suffolk	DNF

10.2 A swimmer did not cover the whole distance – DNF

Event 14 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Yeomanson, Erin	13 Deben	34.28
2 Waller, Emily	13 Kingfishers	34.96
3 Peacock, Molly	13 West Suffolk	35.03
4 Crouch, Ellen-Louise	13 West Suffolk	35.53
5 McKay, Caitlin	13 West Suffolk	36.92
6 Weston, India	13 Vikings	37.68
7 Jordan-Lee, Millie	13 Stowmarket	38.17
8 Wood, Maddie	13 Diss Otters	38.63
9 Miller, Otilie	13 Diss Otters	38.64
10 Robbins, Holly	13 West Suffolk	38.84
11 Robertson, Chloe	13 City of Norwich	46.46

Event 14 Girls 14 Year Olds 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Cooper, Hannah	14 City of Norwich	35.01
2 Everard, Manon	14 Stowmarket	35.38
3 Ford, Jo	14 West Suffolk	36.38
4 Spain, Beanie	14 Stowmarket	36.51
5 Anderson, Naryce	14 City of Norwich	36.76
6 Brown, Alice	14 West Suffolk	37.78
7 Penney, Rebecca	14 Cambridge	39.48

8 Barrett, Sophie	14 Stowmarket	39.54
9 Wheeler, Molly	14 West Suffolk	39.62
10 Clark, Ella	14 West Suffolk	44.54
11 Rose, Chasity	14 City of Ely	50.46

Event 14 Girls 15-99 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Allen, Charlotte	16 West Suffolk	34.63

Event 15 Boys 9 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Clarke, Barnabas	9 Diss Otters	3:06.64
2 McGonigle, Joseph	9 Newmarket	3:19.71
3 Andrews, Lewis	9 City of Norwich	3:31.55
--- Gjoka, Ilir	9 City of Norwich	DQ

6.3 Left position on the back (other than to initiate a turn)

Event 15 Boys 10 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Blair, Callum	10 Diss Otters	3:19.75
2 Dodsworth, Raven	10 Newmarket	3:22.37
3 Ellard, William	10 Kingfishers	3:22.54
4 White, Harry	10 West Suffolk	3:25.25
5 Addison, James	10 Vikings	4:06.35

Event 15 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Button, Harry	11 Diss Otters	3:02.88
2 Barker, Owen	11 West Suffolk	3:07.79
3 Mantis, Spyros	11 Newmarket	3:15.01
4 Clay, James	11 Stowmarket	3:16.03
--- Chapman, Jacob	11 Stowmarket	DQ

6.3 Left position on the back (other than to initiate a turn)

Event 15 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Willmott, Matthew	12 West Suffolk	2:46.30
2 Brindley, Robbie	12 West Suffolk	2:52.03
3 Houston, Connor	12 Deben	2:54.75
4 Day, Sam	12 Kingfishers	2:55.84
5 Beavis, Cameron	12 Newmarket	2:56.34
6 Wortley, Ben	12 West Suffolk	2:56.82
7 Munnings, Matthew	12 Diss Otters	2:58.27
8 Green, James	12 Kingfishers	3:01.00
9 Munro-Smith, Casper	12 West Suffolk	3:03.63
10 Lawrence, Jacob	12 Bottisham	3:09.30

Event 15 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Kenning, Thomas	13 West Suffolk	2:45.45
2 Munro-Smith, Sebastian	13 West Suffolk	2:50.24
3 Tempest, Adam	13 West Suffolk	2:53.20
4 Barwick, Harry	13 Vikings	2:53.29
5 Frost, Daniel	13 Cambridge	3:00.08
--- Pyle, Logan	13 West Suffolk	X2:36.10
--- Rose, Jaron	13 City of Ely	DQ

6.5 Did not touch the wall during the turn

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Event 15 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	2:26.39
2 Chapman, Lewis	14 Stowmarket	2:38.13
3 Allen, Ben	14 West Suffolk	2:45.64
4 Palmer, George	14 Bottisham	2:56.78
5 Maher, Jack	14 West Suffolk	3:04.29

Event 15 Boys 15-99 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Thurston-Woolnough, Callum	16 Kingfishers	2:28.55
2 Clarke, Jacob	15 West Suffolk	2:37.79
3 Yeates, Noah	16 City of Norwich	2:45.90

Event 16 Girls 9 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Marks, Romilly	9 Newmarket	3:06.63
2 Arbon, Dayna	9 City of Norwich	3:20.88
3 Gilbertson, Ella	9 City of Norwich	3:22.96
4 Ransome, Matilda	9 Cambridge	3:29.54
5 Colbourne, Amy	9 City of Norwich	3:31.65
6 Smith, Charlotte	9 Norwich Swan	3:32.05
7 Stebbings, Katie	9 Stowmarket	3:36.87
8 Pickering, Sophia	9 Diss Otters	3:41.31
9 Roberts, Grace	9 Cambridge	4:01.98

Event 16 Girls 10 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Bushell, Leah	10 City of Norwich	3:03.09
2 Mann, Grace	10 Kingfishers	3:04.31
3 Lee, Natasha	10 City of Norwich	3:05.91
4 Hammond, Lauren	10 Cambridge	3:11.22
5 Seys, Libby	10 West Suffolk	3:34.78

Event 16 Girls 11 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	2:47.61
2 Williams, Cerys	11 West Suffolk	2:57.85
3 Snelham, Laura	11 Deben	2:58.54
4 Shaw, Katy	11 Stowmarket	2:59.43
5 Ransome, Lily Mae	11 Cambridge	3:02.19
6 Small, Alise	11 Diss Otters	3:02.80
7 Tolson, Bryony	11 City of Norwich	3:03.43
8 Ellard, Lily	11 Kingfishers	3:03.88
9 Pyle, Evie	11 West Suffolk	3:09.56
10 George, Katie	11 City of Norwich	3:10.91
11 Rice, Charlotte	11 Newmarket	3:18.31
12 Partridge, Chloe	11 City of Norwich	3:27.08
13 Galbraith, Catherine	11 Deben	3:30.94
14 Dewsbery, Amber	11 Diss Otters	3:31.98
15 Williams, Freya	11 Fltwick Dolphins	3:47.29
--- Reynolds, Leah	11 City of Norwich	DQ

6.3 Left position on the back (other than to initiate a turn)

Event 16 Girls 12 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Houston, Ella	12 Deben	2:42.57
2 Cowlan-Neal, Megan	12 Newmarket	2:50.65
3 Beckmann, Rose	12 City of Ely	2:58.36

4 Davis, Ruby	12 Newmarket	3:01.39
5 Robinson, Rebecca	12 City of Norwich	3:10.01
6 Clarke, Amy	12 City of Norwich	3:11.56
7 Stokes, Georgina	12 Newmarket	3:21.39
8 Clark, Imogen	12 West Suffolk	3:22.03
9 Chapman, Lily	12 Norwich Swan	3:22.81

Event 16 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Peacock, Molly	13 West Suffolk	2:43.10
2 Waller, Emily	13 Kingfishers	2:46.49
3 Branton, Rose	13 Deben	2:49.81
4 Robbins, Holly	13 West Suffolk	2:52.69
5 Allen, Poppy	13 Kingfishers	2:56.37
6 Williams, Kiera	13 West Suffolk	2:57.16
7 Rice, Alexandra	13 Newmarket	3:07.23
8 Moktadir, Zara	13 Cambridge	3:07.28
9 Treutler, Anna	13 City of Norwich	3:14.03

Event 16 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Wright, Freya	14 West Suffolk	2:38.67
2 Booth, Gemma	14 Newmarket	2:45.60
3 Anderson, Naryce	14 City of Norwich	2:53.45
4 Wheeler, Molly	14 West Suffolk	2:54.92

Event 16 Girls 15-99 200 SC Meter Backstroke

Name	Age Team	Finals Time
1 Coen, Molly	15 Cambridge	2:42.86
2 Housley, Megan	15 West Suffolk	2:58.39
3 Cordoba Young, Marisa	15 Vikings	3:08.08

Event 17 Boys 9 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Wilson, George	9 City of Norwich	56.33
2 Baker, Matthew	9 West Suffolk	56.40
3 Brighton, Joshua	9 City of Norwich	57.11
4 Moktadir, Adam	9 Cambridge	57.60
5 Williamson, James	9 Cambridge	58.20
6 Williams, Jack	9 Fltwick Dolphins	1:00.50
7 Brookes, Maximilian	9 Diss Otters	1:01.19
8 Baldwin, Curtis	9 Newmarket	1:15.81
--- Robbins, Samuel	9 West Suffolk	DQ
7.4 Leg movements not on the same plane		
--- Tolputt, Samuel	9 Deben	DQ
7.5 Executed alternating or downward fly kicks (except after start or turn (as		
--- Weston, Elliott	9 Cambridge	DQ
7.4 Leg movements not on the same plane		

Event 17 Boys 10 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 O'Connor, James	10 West Suffolk	46.82
2 Barnes, Joshua	10 West Suffolk	47.59
3 Blair, Callum	10 Diss Otters	51.05
4 Deaton, Thomas	10 Newmarket	51.09
5 Patterson, Alex	10 City of Norwich	52.47
6 White, Harry	10 West Suffolk	53.81
7 Rogers, Jameson	10 West Suffolk	54.54
8 Ruffles-Francis, Vaughn	10 Stowmarket	54.80
9 Ellard, William	10 Kingfishers	55.40

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(Event 17 Boys 10 Year Olds 50 SC Meter Breaststroke)

Name	Age Team	Finals Time
10 Dewell, Henry	10 West Suffolk	59.61
11 Dodsworth, Raven	10 Newmarket	59.81
12 Addison, James	10 Vikings	1:00.34
13 Wortley, Tom	10 West Suffolk	1:00.79

Event 17 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Merhan, Edward	11 West Suffolk	41.40
2 Tepedino, Elio	11 Cambridge	44.36
3 Clay, James	11 Stowmarket	46.22
4 Crossfield, James	11 Deben	48.40
5 Button, Harry	11 Diss Otters	49.47
6 Mantis, Spyros	11 Newmarket	50.68
7 Baldwin, Zak	11 Newmarket	50.69
8 Barker, Owen	11 West Suffolk	52.77
9 Hilton, Thomas	11 Deben	54.96
10 Baker, Samuel	11 West Suffolk	56.18
11 Tatum, Christopher	11 Diss Otters	1:01.24

Event 17 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Martinez, James	12 West Suffolk	37.72
2 Brigginsshaw, Archie	12 Deben	40.67
3 Taylor, Luke	12 Cambridge	41.45
4 Munnings, Matthew	12 Diss Otters	42.10
5 Harvey, Edward	12 West Suffolk	42.84
6 Munro-Smith, Casper	12 West Suffolk	44.53
7 Willmott, Matthew	12 West Suffolk	45.25
8 Brindley, Robbie	12 West Suffolk	45.90
9 Sidney-Roberts, William	12 City of Norwich	45.98
10 Vaughan, Matthew	12 Kingfishers	46.28
11 Clarke, Ross	12 West Suffolk	47.30
12 Beavis, Cameron	12 Newmarket	47.65
13 Mann, Oliver	12 Kingfishers	47.90
14 Day, Sam	12 Kingfishers	48.44
15 Green, James	12 Kingfishers	50.09
16 Black, Luke	12 Stowmarket	53.14
17 Thurston-Woolnough, Ollie	12 Kingfishers	54.67

Event 17 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	38.91
2 Hall, Harvey	13 Deben	41.57
3 Barwick, Harry	13 Vikings	43.26
4 Tempest, Adam	13 West Suffolk	44.05
5 Aitken, Jeremy	13 Kingfishers	44.35
6 Bond, Thomas	13 Kingfishers	44.69
7 Munro-Smith, Sebastian	13 West Suffolk	44.76
8 Crisp, Brandon	13 Kingfishers	44.83
9 Rose, Jaron	13 City of Ely	47.06
10 Frost, Daniel	13 Cambridge	49.26

Event 17 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Coen, Tom	14 Cambridge	37.44
2 Poltorak, Maksymiiian	14 City of Norwich	38.08
3 Dineshkumar, Vijay	14 West Suffolk	38.35

4 Beevor, Max	14 Kingfishers	40.34
5 Chapman, Lewis	14 Stowmarket	40.35
6 Tatum, Matthew	14 Diss Otters	40.36
7 Quick, Ben	14 West Suffolk	41.56
8 Allen, Ben	14 West Suffolk	44.05
9 Maher, Jack	14 West Suffolk	44.52
10 Fletcher, Joe	14 Stowmarket	45.03
11 Graham, Sam	14 West Suffolk	47.07
12 Woodrow, Owen	14 City of Norwich	51.53

Event 17 Boys 15-99 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Thurston-Woolnough, Callum	16 Kingfishers	36.45
2 Clarke, Jacob	15 West Suffolk	37.26
3 Challenger, Jake	15 City of Ely	39.31
4 den Ouden, Youri	15 Bottisham	45.09

Event 18 Girls 9 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Chen, Ellice	9 City of Norwich	49.75
2 Pickering, Sophia	9 Diss Otters	50.91
3 Arbon, Dayna	9 City of Norwich	53.87
4 Barker, Megan	9 West Suffolk	55.84
5 Gilbertson, Ella	9 City of Norwich	56.97
6 Colbourne, Amy	9 City of Norwich	57.69
7 Stebbings, Katie	9 Stowmarket	58.03
8 Chapman, Ruby	9 Norwich Swan	59.17
9 Flack, Eloise	9 Stowmarket	59.75
10 Hutton, Emily	9 Stowmarket	1:00.49
11 Roberts, Grace	9 Cambridge	1:02.00
12 Moore, Charlotte	9 West Suffolk	1:02.09
13 Hailes, Lucy	9 Kingfishers	1:02.16
14 Hudson, Amelia	9 Vikings	1:02.73
15 Long, Maya	9 Cambridge	1:07.82
--- Ransome, Matilda	9 Cambridge	X47.48
--- Clark, Darcy	9 Stowmarket	DQ

7.4 Leg movements not on the same plane

Event 18 Girls 10 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Lee, Natasha	10 City of Norwich	46.01
2 Irvine, Thea	10 Diss Otters	46.40
3 Cutting, Emily	10 West Suffolk	47.78
4 Benedetti, Erica	10 Stowmarket	48.63
5 McNicholas, Caitlin	10 Deben	49.06
6 King, Alice	10 Stowmarket	50.03
7 Smith, Sydney	10 Cambridge	50.38
8 Clark, Alice	10 West Suffolk	50.76
9 Bushell, Leah	10 City of Norwich	51.59
10 Hammond, Lauren	10 Cambridge	51.85
11 Martinez, Princess	10 West Suffolk	52.59
12 Brookes, Luella	10 Diss Otters	52.99
13 Parke, Eve	10 City of Norwich	53.22
14 Whyte, Olivia	10 West Suffolk	54.07
15 Rushton, Georgia	10 West Suffolk	56.15
16 Day, Jess	10 Kingfishers	56.77
17 Wood, Kathryn	10 Diss Otters	56.94
18 Williams, Sophie	10 Stowmarket	58.29
19 Close, Ellesha	10 Diss Otters	1:00.55

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(Event 18 Girls 10 Year Olds 50 SC Meter Breaststroke)

Name	Age Team	Finals Time
20 Sergent, Adela	10 West Suffolk	1:01.35

Event 18 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Williams, Cerys	11 West Suffolk	44.33
2 Marks, Etholle	11 Newmarket	45.80
3 Ransome, Lily Mae	11 Cambridge	47.00
4 Reynolds, Leah	11 City of Norwich	47.08
5 Pyle, Evie	11 West Suffolk	47.89
6 Ellard, Lily	11 Kingfishers	48.13
7 Hall, Helena	11 Deben	48.26
8 Shaw, Katy	11 Stowmarket	49.30
9 Small, Alise	11 Diss Otters	50.38
10 Galbraith, Catherine	11 Deben	50.87
11 Tolson, Bryony	11 City of Norwich	52.81
12 Partridge, Chloe	11 City of Norwich	53.28
13 Rice, Charlotte	11 Newmarket	54.42
14 Balado, Imogen	11 Vikings	56.08
15 McGuire, Charlotte	11 West Suffolk	56.57
16 Dewsbery, Amber	11 Diss Otters	57.76
17 Van Wijk, Lauren	11 West Suffolk	1:00.01
18 Williams, Freya	11 Fltwick Dolphins	1:01.65
--- Palmer, Chloe	11 Bottisham	DQ

7.4 Leg movements not simultaneous (alternating leg movement)

Event 18 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 George, Emily	12 City of Norwich	41.23
2 Smith, Rebecca	12 Norwich Swan	41.89
3 Smalls, Ella	12 City of Norwich	42.17
4 Fynn, Jessica	12 Cambridge	43.13
5 Rushton, Evie	12 West Suffolk	44.35
6 du Rieu, Tyra	12 City of Norwich	44.37
7 Taylor, Libby	12 City of Norwich	44.93
8 Poll, Daisy	12 Kingfishers	45.48
9 Davis, Ruby	12 Newmarket	45.66
10 Kamara, Amelia	12 Vikings	45.91
11 King, Emily	12 Stowmarket	46.44
12 Dodsworth, Terri	12 Newmarket	46.48
13 Stokes, Georgina	12 Newmarket	46.98
14 Houston, Ella	12 Deben	47.32
15 Penney, Eleanor	12 Cambridge	48.37
16 Rogers, Katie-Elize	12 West Suffolk	48.43
17 Chapman, Lily	12 Norwich Swan	48.55
18 Ungless, Isabelle	12 West Suffolk	49.04
19 Newman, Caitlin	12 Bottisham	49.23
20 Genner, Emily	12 West Suffolk	49.56
21 Hutton, Rachel	12 Stowmarket	50.21
22 Querns, Leila	12 Bottisham	51.29
23 Branton, Poppy	12 Deben	53.77
24 Muir, Christabel	12 Stowmarket	55.91
--- Sampson, Alex	12 Kingfishers	X41.83

Event 18 Girls 13 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Williams, Kiera	13 West Suffolk	41.03
2 Weston, India	13 Vikings	41.30

3 Genner, Lily	13 West Suffolk	41.31
4 Snelham, Hannah	13 Deben	41.83
5 Yeomanson, Erin	13 Deben	43.39
6 Crouch, Ellen-Louise	13 West Suffolk	43.67
7 Peacock, Molly	13 West Suffolk	44.64
8 Wood, Maddie	13 Diss Otters	45.42
9 Abram, Mollie	13 City of Norwich	46.45
10 Branton, Rose	13 Deben	47.18
11 Rice, Alexandra	13 Newmarket	48.00
12 Robbins, Holly	13 West Suffolk	48.48
13 Allen, Poppy	13 Kingfishers	48.79
--- Waller, Emily	13 Kingfishers	X41.39

Event 18 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Wright, Freya	14 West Suffolk	40.94
2 Guy, Scarlett	14 West Suffolk	41.78
3 Holland, Megan	14 West Suffolk	42.16
4 Booth, Gemma	14 Newmarket	42.24
5 Brown, Alice	14 West Suffolk	43.18
6 Wheeler, Molly	14 West Suffolk	43.89
7 Winslow, Maisie	14 City of Norwich	44.53
8 Dewsbery, Madison	14 Diss Otters	45.89
9 Clark, Ella	14 West Suffolk	49.18
10 Rose, Chasity	14 City of Ely	57.23

Event 18 Girls 15-99 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Coen, Molly	15 Cambridge	41.30
2 Housley, Megan	15 West Suffolk	42.65
*3 Barrios, Megan	16 Bottisham	42.76
*3 Butelli, Agata	17 City of Norwich	42.76
5 Challenger, Lauren	15 City of Ely	44.42
6 Livesey, Jessica	15 Bottisham	45.60
7 Cordoba Young, Marisa	15 Vikings	48.93

Event 19 Boys 9 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Clarke, Barnabas	9 Diss Otters	1:18.06
2 Gjoka, Ilir	9 City of Norwich	1:22.03
3 Baker, Matthew	9 West Suffolk	1:31.14
4 Wilson, George	9 City of Norwich	1:31.49
5 White, Leo	9 City of Norwich	1:32.39
6 Rowley, Jack	9 City of Norwich	1:32.52
7 Brighton, Joshua	9 City of Norwich	1:34.22
8 Brookes, Maximilian	9 Diss Otters	1:39.24
9 Muktadir, Adam	9 Cambridge	1:48.33
10 Williamson, James	9 Cambridge	1:49.01
11 Thake, Andrew	9 Bottisham	1:49.13
12 Williams, Jack	9 Fltwick Dolphins	1:51.90
13 Weston, Elliott	9 Cambridge	1:54.84

Event 19 Boys 10 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Barnes, Joshua	10 West Suffolk	1:22.68
2 Patterson, Alex	10 City of Norwich	1:23.18
3 Blair, Callum	10 Diss Otters	1:26.25
4 Deaton, Thomas	10 Newmarket	1:28.02
5 White, Harry	10 West Suffolk	1:31.30

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(Event 19 Boys 10 Year Olds 100 SC Meter Freestyle)

Name	Age Team	Finals Time
6 Ellard, William	10 Kingfishers	1:31.37
7 Dewell, Henry	10 West Suffolk	1:39.79
8 Addison, James	10 Vikings	1:44.48

Event 19 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Tepedino, Elio	11 Cambridge	1:10.67
2 Baldwin, Zak	11 Newmarket	1:14.58
3 Button, Harry	11 Diss Otters	1:18.28
4 Hudson, Harry	11 Vikings	1:18.92
5 Merhan, Edward	11 West Suffolk	1:19.63
6 Crossfield, James	11 Deben	1:19.90
7 Clay, James	11 Stowmarket	1:20.89
8 Mantis, Spyros	11 Newmarket	1:21.13
9 Barker, Owen	11 West Suffolk	1:21.92
10 Hilton, Thomas	11 Deben	1:22.49
11 Chapman, Jacob	11 Stowmarket	1:30.46
12 Baker, Samuel	11 West Suffolk	1:30.75
13 Tatum, Christopher	11 Diss Otters	1:38.28

Event 19 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Smith, Tealk	12 Kingfishers	1:07.84
2 Munnings, Matthew	12 Diss Otters	1:07.92
3 Willmott, Matthew	12 West Suffolk	1:08.76
4 Brindley, Robbie	12 West Suffolk	1:11.50
5 Sidney-Roberts, William	12 City of Norwich	1:11.97
6 Beavis, Cameron	12 Newmarket	1:12.31
7 Brigginsshaw, Archie	12 Deben	1:13.78
8 Day, Sam	12 Kingfishers	1:13.81
9 Wortley, Ben	12 West Suffolk	1:13.84
10 Green, James	12 Kingfishers	1:16.54
11 Vaughan, Matthew	12 Kingfishers	1:19.33
12 Taylor, Luke	12 Cambridge	1:21.45
13 Thurston-Woolnough, Ollie	12 Kingfishers	1:23.54
14 Lawrence, Jacob	12 Bottisham	1:23.85
15 Black, Luke	12 Stowmarket	1:32.44

Event 19 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	1:06.39
2 Aitken, Jeremy	13 Kingfishers	1:08.06
3 Kenning, Thomas	13 West Suffolk	1:08.48
4 Barwick, Harry	13 Vikings	1:10.31
5 Smart, Harry	13 West Suffolk	1:11.05
6 Munro-Smith, Sebastian	13 West Suffolk	1:11.14
7 Hall, Harvey	13 Deben	1:12.24
8 Tempest, Adam	13 West Suffolk	1:12.66
9 Bond, Thomas	13 Kingfishers	1:15.50
10 Frost, Daniel	13 Cambridge	1:16.64
11 Rose, Jaron	13 City of Ely	1:17.59
12 Bingham, Oliver	13 Stowmarket	1:20.19

Event 19 Boys 14 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	1:01.65
2 Thurston-Woolnough, Daniel	14 Kingfishers	1:04.82

3 Beevor, Max	14 Kingfishers	1:07.21
4 Poltorak, Maksymiiian	14 City of Norwich	1:07.98
5 Fletcher, Joe	14 Stowmarket	1:08.40
6 Maher, Jack	14 West Suffolk	1:09.67
7 Dineshkumar, Vijay	14 West Suffolk	1:09.94
8 Quick, Ben	14 West Suffolk	1:12.39
9 Nicol, Connor	14 Bottisham	1:12.77
10 Palmer, George	14 Bottisham	1:13.12
11 Coen, Tom	14 Cambridge	1:15.81
12 Graham, Sam	14 West Suffolk	1:16.68
13 Woodrow, Owen	14 City of Norwich	1:20.43

Event 19 Boys 15-99 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Challenger, Jake	15 City of Ely	1:04.46
2 Yeates, Noah	16 City of Norwich	1:06.01
3 den Ouden, Youri	15 Bottisham	1:11.67

Event 20 Girls 9 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Kenworthy, Isabelle	9 City of Norwich	1:23.54
2 Arbon, Dayna	9 City of Norwich	1:24.34
3 Stratford, Miriam	9 Newmarket	1:26.24
4 Ransome, Matilda	9 Cambridge	1:30.81
5 Gilbertson, Ella	9 City of Norwich	1:31.97
6 Gunton, Libby	9 City of Norwich	1:33.76
7 Stebbings, Katie	9 Stowmarket	1:35.06
8 Smith, Charlotte	9 Norwich Swan	1:35.59
9 Chapman, Ruby	9 Norwich Swan	1:36.48
10 Nicholls, Abigayle	9 City of Norwich	1:36.60
11 Collins, Eliza	9 City of Norwich	1:37.56
12 Chapman, Eva	9 City of Norwich	1:37.70
13 Colbourne, Amy	9 City of Norwich	1:38.73
14 Long, Maya	9 Cambridge	1:54.42

Event 20 Girls 10 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Mann, Grace	10 Kingfishers	1:16.88
2 Bushell, Leah	10 City of Norwich	1:18.04
3 Clark, Alice	10 West Suffolk	1:21.66
4 Lee, Natasha	10 City of Norwich	1:21.94
5 Gotch, Imogen	10 West Suffolk	1:24.46
6 Benedetti, Erica	10 Stowmarket	1:25.60
7 Irvine, Thea	10 Diss Otters	1:26.89
8 Parke, Eve	10 City of Norwich	1:27.51
9 Whyte, Olivia	10 West Suffolk	1:27.62
10 Cutting, Emily	10 West Suffolk	1:32.79
11 Rushton, Georgia	10 West Suffolk	1:33.09
12 Day, Jess	10 Kingfishers	1:33.80
13 Smith, Sydney	10 Cambridge	1:35.81
14 Wood, Kathryn	10 Diss Otters	1:36.23
15 King, Alice	10 Stowmarket	1:36.66
16 Brookes, Luella	10 Diss Otters	1:38.72
17 Close, Ellesha	10 Diss Otters	1:39.27

Event 20 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	1:11.49
2 Ransome, Lily Mae	11 Cambridge	1:12.05

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(Event 20 Girls 11 Year Olds 100 SC Meter Freestyle)

Name	Age Team	Finals Time
3 Andrews, Katie	11 City of Norwich	1:12.08
4 Snelham, Laura	11 Deben	1:12.14
5 Partridge, Chloe	11 City of Norwich	1:17.38
6 Ellard, Lily	11 Kingfishers	1:18.43
7 Hall, Helena	11 Deben	1:18.45
8 Shaw, Katy	11 Stowmarket	1:18.51
9 Keegan, Ciara	11 Cambridge	1:19.10
10 Reynolds, Leah	11 City of Norwich	1:20.12
11 Pyle, Evie	11 West Suffolk	1:23.12
12 George, Katie	11 City of Norwich	1:23.25
13 Phillips, Daisy	11 Newmarket	1:23.52
14 Small, Alise	11 Diss Otters	1:26.92
15 Galbraith, Catherine	11 Deben	1:27.05
16 Quinnell, Grace	11 Cambridge	1:27.32
17 Bradford, Alice	11 Newmarket	1:29.51
18 Kennedy, Isabella	11 Stowmarket	1:32.46
19 Barrett, Jessica	11 West Suffolk	1:32.49
20 McGuire, Charlotte	11 West Suffolk	1:37.39
21 Watson, Emily	11 City of Norwich	1:39.18
22 Williams, Freya	11 Fltwick Dolphins	1:44.57
23 Palmer, Chloe	11 Bottisham	1:49.82
24 Van Wijk, Lauren	11 West Suffolk	1:52.65

Event 20 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Cowlan-Neal, Megan	12 Newmarket	1:08.70
2 Smalls, Ella	12 City of Norwich	1:09.58
3 Prager, Evie	12 Stowmarket	1:12.05
4 Rushton, Evie	12 West Suffolk	1:12.49
5 Beckmann, Rose	12 City of Ely	1:13.36
6 Davis, Ruby	12 Newmarket	1:13.40
7 Penney, Eleanor	12 Cambridge	1:14.11
8 McGonigle, Ella	12 Newmarket	1:14.14
9 du Rieu, Tyra	12 City of Norwich	1:15.55
10 Robinson, Rebecca	12 City of Norwich	1:16.16
11 King, Emily	12 Stowmarket	1:16.24
12 Kowalska, Karolina	12 Cambridge	1:17.09
13 Herrell, Lucy	12 City of Norwich	1:17.90
14 Nelson, Alice	12 City of Norwich	1:18.73
15 Ungless, Isabelle	12 West Suffolk	1:18.75
16 Swain, Rosie	12 West Suffolk	1:18.76
17 George, Emily	12 City of Norwich	1:19.51
18 Dodsworth, Terri	12 Newmarket	1:19.55
19 Housley, Abigail	12 West Suffolk	1:19.57
20 Patterson, Annabelle	12 City of Norwich	1:20.27
21 Poll, Daisy	12 Kingfishers	1:20.78
22 Genner, Emily	12 West Suffolk	1:20.89
23 Fynn, Jessica	12 Cambridge	1:20.97
24 Clark, Imogen	12 West Suffolk	1:22.50
25 Taylor, Libby	12 City of Norwich	1:23.06
26 Branton, Poppy	12 Deben	1:24.33
27 Rogers, Katie-Elize	12 West Suffolk	1:24.68
28 Chapman, Lily	12 Norwich Swan	1:27.75
29 Newman, Caitlin	12 Bottisham	1:28.37
30 Hutton, Rachel	12 Stowmarket	1:32.03
31 Querns, Leila	12 Bottisham	1:32.36

32 Muir, Christabel	12 Stowmarket	1:33.00
33 Partington Momber, Lucha	12 Bottisham	1:36.56
34 Yeates, Lane	12 City of Norwich	1:43.10

Event 20 Girls 13 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Allen, Poppy	13 Kingfishers	1:07.87
2 Peacock, Molly	13 West Suffolk	1:07.93
3 Yeomanson, Erin	13 Deben	1:07.97
4 Weston, India	13 Vikings	1:08.69
5 Branton, Rose	13 Deben	1:11.45
6 Crouch, Ellen-Louise	13 West Suffolk	1:12.66
7 Martin, Bethany	13 Cambridge	1:14.45
8 Wood, Maddie	13 Diss Otters	1:16.57
9 Chapman, Freya	13 Stowmarket	1:24.22
10 Moktadir, Zara	13 Cambridge	1:25.37
11 Abram, Mollie	13 City of Norwich	1:25.52
12 Hitch, Megan	13 Bottisham	1:26.71
13 Levett, Bethany	13 Stowmarket	1:32.94
--- Snelham, Hannah	13 Deben	X1:09.04
--- Williams, Kiera	13 West Suffolk	X1:10.62

Event 20 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Horne-Morris, Immy	14 City of Norwich	1:05.87
2 Guy, Scarlett	14 West Suffolk	1:06.17
3 Spain, Beanie	14 Stowmarket	1:09.44
*4 Everard, Manon	14 Stowmarket	1:10.20
*4 Holland, Megan	14 West Suffolk	1:10.20
6 Anderson, Naryce	14 City of Norwich	1:10.51
7 Brown, Alice	14 West Suffolk	1:12.07
8 Dewsbery, Madison	14 Diss Otters	1:18.12
9 Clark, Ella	14 West Suffolk	1:22.86
10 Winslow, Maisie	14 City of Norwich	1:23.16
11 Rose, Chasity	14 City of Ely	1:37.18

Event 20 Girls 15-99 100 SC Meter Freestyle

Name	Age Team	Finals Time
1 Coen, Molly	15 Cambridge	1:06.44
2 Butelli, Agata	17 City of Norwich	1:15.65
3 Barrios, Megan	16 Bottisham	1:15.89
4 Cordoba Young, Marisa	15 Vikings	1:18.27

Event 21 Boys 9 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Gjoka, Ilir	9 City of Norwich	1:47.99
2 Rowley, Jack	9 City of Norwich	2:01.56

Event 21 Boys 10 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Barnes, Joshua	10 West Suffolk	1:45.60
2 Patterson, Alex	10 City of Norwich	1:50.60
3 Dodsworth, Raven	10 Newmarket	1:56.20
--- Ruffles-Francis, Vaughn	10 Stowmarket	DQ
8.2 Arms not brought forward over the water		

Event 21 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Baldwin, Zak	11 Newmarket	1:37.17
2 Chapman, Jacob	11 Stowmarket	1:52.64

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(Event 21 Boys 11 Year Olds 100 SC Meter Butterfly)

Name	Age Team	Finals Time
3 Mantis, Spyros	11 Newmarket	1:52.87

Event 21 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Munnings, Matthew	12 Diss Otters	1:15.69
2 Smith, Tealk	12 Kingfishers	1:16.05
3 Willmott, Matthew	12 West Suffolk	1:28.21
4 Brindley, Robbie	12 West Suffolk	1:35.06
5 Beavis, Cameron	12 Newmarket	1:35.35
6 Munro-Smith, Casper	12 West Suffolk	1:38.96
7 Thurston-Woolnough, Ollie	12 Kingfishers	1:40.29

Event 21 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	1:16.34
2 Swarbrick, Alex	13 Newmarket	1:19.40
3 Aitken, Jeremy	13 Kingfishers	1:23.69
4 Tempest, Adam	13 West Suffolk	1:24.67
5 Bond, Thomas	13 Kingfishers	1:25.36
6 Frost, Daniel	13 Cambridge	1:35.05

Event 21 Boys 14 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	1:09.31
2 Bachu, Issac	14 Diss Otters	1:14.13
3 Thurston-Woolnough, Daniel	14 Kingfishers	1:14.70
4 Dineshkumar, Vijay	14 West Suffolk	1:16.37
5 Palmer, George	14 Bottisham	1:24.51

Event 21 Boys 15-99 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Turner, Myles	15 West Suffolk	1:05.09
2 Thurston-Woolnough, Callum	16 Kingfishers	1:09.30
3 Clarke, Jacob	15 West Suffolk	1:10.95

Event 22 Girls 9 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Kenworthy, Isabelle	9 City of Norwich	1:41.19
2 Marks, Romilly	9 Newmarket	1:42.47
3 Putter, Kendal	9 City of Ely	1:54.99
4 Collins, Eliza	9 City of Norwich	2:04.27
5 Smith, Charlotte	9 Norwich Swan	2:04.52
--- Arbon, Dayna	9 City of Norwich	DQ
8.2 Arms not brought forward over the water		

Event 22 Girls 10 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Irvine, Thea	10 Diss Otters	1:39.37
2 Parke, Eve	10 City of Norwich	1:43.79
3 Hammond, Lauren	10 Cambridge	1:47.70
4 King, Alice	10 Stowmarket	1:50.84
5 Bushell, Leah	10 City of Norwich	1:52.94
6 Brookes, Luella	10 Diss Otters	1:55.27
7 Clark, Alice	10 West Suffolk	2:01.85

Event 22 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Marks, Ethollee	11 Newmarket	1:21.93

2 Williams, Cerys	11 West Suffolk	1:30.70
3 Keegan, Ciara	11 Cambridge	1:31.85
4 Snelham, Laura	11 Deben	1:32.92
5 Hall, Helena	11 Deben	1:37.71
6 Ellard, Lily	11 Kingfishers	1:38.02
7 Pyle, Evie	11 West Suffolk	1:39.73
8 George, Katie	11 City of Norwich	1:39.83
9 Small, Alise	11 Diss Otters	1:40.04
10 Adcock, Lucy	11 Kingfishers	1:41.37
11 Tolson, Bryony	11 City of Norwich	1:43.85

Event 22 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Houston, Ella	12 Deben	1:23.43
2 Sampson, Alex	12 Kingfishers	1:24.75
3 King, Emily	12 Stowmarket	1:25.99
4 Smalls, Ella	12 City of Norwich	1:26.64
5 McGonigle, Ella	12 Newmarket	1:29.81
6 du Rieu, Tyra	12 City of Norwich	1:30.13
7 Beckmann, Rose	12 City of Ely	1:30.80
8 Genner, Emily	12 West Suffolk	1:32.11
9 Partington Momber, Lucha	12 Bottisham	1:44.12
--- Clark, Imogen	12 West Suffolk	DQ
8.2 Arms not brought forward over the water		

Event 22 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Genner, Lily	13 West Suffolk	1:15.41
2 Yeomanson, Erin	13 Deben	1:19.32
3 Hudson, Charlotte	13 West Suffolk	1:19.47
4 Peacock, Molly	13 West Suffolk	1:20.58
5 Allen, Poppy	13 Kingfishers	1:23.70
6 Williams, Kiera	13 West Suffolk	1:27.88
7 McKay, Caitlin	13 West Suffolk	1:29.88
8 Martin, Bethany	13 Cambridge	1:31.09
9 Wood, Maddie	13 Diss Otters	1:38.28

Event 22 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Wright, Freya	14 West Suffolk	1:14.41
2 Booth, Gemma	14 Newmarket	1:25.38
3 Holland, Megan	14 West Suffolk	1:28.62
4 Brown, Alice	14 West Suffolk	1:29.19
5 Barrett, Sophie	14 Stowmarket	1:30.61

Event 22 Girls 15-99 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Davis, Charlie	15 Newmarket	1:20.51
2 Coen, Molly	15 Cambridge	1:20.81

Event 23 Boys 9 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Clarke, Barnabas	9 Diss Otters	3:30.22
2 McGonigle, Joseph	9 Newmarket	4:07.03
3 Moktadir, Adam	9 Cambridge	4:13.90
4 Rowley, Jack	9 City of Norwich	4:25.75
5 Williamson, James	9 Cambridge	4:31.65
6 Williams, Jack	9 Fltwick Dolphins	4:36.43
--- Andrews, Lewis	9 City of Norwich	X3:48.10

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Event 23 Boys 10 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 O'Connor, James	10 West Suffolk	3:36.31
2 Barnes, Joshua	10 West Suffolk	3:52.22
3 Blair, Callum	10 Diss Otters	3:58.95
4 Rogers, Jameson	10 West Suffolk	4:09.31
5 Patterson, Alex	10 City of Norwich	4:20.05

Event 23 Boys 11 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Merhan, Edward	11 West Suffolk	3:22.97
2 Baldwin, Zak	11 Newmarket	3:53.59
3 Mantis, Spyros	11 Newmarket	3:54.53
4 Bachu, Daniel	11 Diss Otters	4:02.61
5 Baker, Samuel	11 West Suffolk	4:11.25

Event 23 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Harvey, Edward	12 West Suffolk	3:16.92
2 Briginshaw, Archie	12 Deben	3:22.34
3 Munnings, Matthew	12 Diss Otters	3:29.94
4 Willmott, Matthew	12 West Suffolk	3:30.78
5 Houston, Connor	12 Deben	3:32.04
6 Taylor, Luke	12 Cambridge	3:32.51
7 Vaughan, Matthew	12 Kingfishers	3:34.96
8 Munro-Smith, Casper	12 West Suffolk	3:37.42
9 Beavis, Cameron	12 Newmarket	3:40.06
--- Day, Sam	12 Kingfishers	DQ

7.5 Executed alternating or downward fly kicks (except after start or turn (as

Event 23 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Pyle, Logan	13 West Suffolk	3:06.94
2 Swarbrick, Alex	13 Newmarket	3:20.07
3 Barwick, Harry	13 Vikings	3:28.04
4 Munro-Smith, Sebastian	13 West Suffolk	3:29.30
5 Tempest, Adam	13 West Suffolk	3:31.75

Event 23 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Tatum, Matthew	14 Diss Otters	3:02.09
2 Poltorak, Maksymiiian	14 City of Norwich	3:05.99
3 Beevor, Max	14 Kingfishers	3:08.57
4 Coen, Tom	14 Cambridge	3:09.59
5 Chapman, Lewis	14 Stowmarket	3:09.87
6 Allen, Ben	14 West Suffolk	3:25.51

Event 23 Boys 15-99 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Pyle, Ollie	16 West Suffolk	2:45.93

Event 24 Girls 9 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Ransome, Matilda	9 Cambridge	3:38.98
2 Chapman, Eva	9 City of Norwich	3:49.14
3 Chen, Ellice	9 City of Norwich	3:51.85
4 Putter, Kendal	9 City of Ely	3:57.64
5 Colbourne, Amy	9 City of Norwich	4:09.76
6 Gunton, Libby	9 City of Norwich	4:13.08

7 Smith, Charlotte	9 Norwich Swan	4:34.94
--- Chapman, Ruby	9 Norwich Swan	DQ

7.6 Did not touch at turn or finish with both hands

Event 24 Girls 10 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Bushell, Leah	10 City of Norwich	3:35.67
2 Irvine, Thea	10 Diss Otters	3:36.68
3 Lee, Natasha	10 City of Norwich	3:39.59
4 Gotch, Imogen	10 West Suffolk	3:54.69
5 Seys, Libby	10 West Suffolk	3:57.78
6 Clark, Alice	10 West Suffolk	3:58.31
7 Cutting, Emily	10 West Suffolk	3:59.57
8 Whyte, Olivia	10 West Suffolk	3:59.74
9 Smith, Sydney	10 Cambridge	3:59.91
10 Williams, Sophie	10 Stowmarket	4:26.06
11 Close, Ellesha	10 Diss Otters	4:32.42

Event 24 Girls 11 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	3:16.98
2 Andrews, Katie	11 City of Norwich	3:24.20
3 Keegan, Ciara	11 Cambridge	3:28.32
4 Williams, Cerys	11 West Suffolk	3:30.10
5 Quinnell, Grace	11 Cambridge	3:33.37
6 Ransome, Lily Mae	11 Cambridge	3:33.72
7 Adcock, Lucy	11 Kingfishers	3:41.27
8 Hall, Helena	11 Deben	3:44.46
9 Pyle, Evie	11 West Suffolk	3:45.20
10 Tolson, Bryony	11 City of Norwich	3:50.83
11 Bradford, Alice	11 Newmarket	3:51.27
12 Galbraith, Catherine	11 Deben	3:56.94
13 McGuire, Charlotte	11 West Suffolk	4:13.04
14 Watson, Emily	11 City of Norwich	4:16.50

Event 24 Girls 12 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Bemmer, Lily	12 Deben	3:09.29
2 George, Emily	12 City of Norwich	3:13.45
3 Prager, Evie	12 Stowmarket	3:18.08
4 Sampson, Alex	12 Kingfishers	3:19.77
5 Clarke, Amy	12 City of Norwich	3:21.13
6 Taylor, Libby	12 City of Norwich	3:22.89
7 Rushton, Evie	12 West Suffolk	3:24.18
8 Davis, Ruby	12 Newmarket	3:29.92
9 Fynn, Jessica	12 Cambridge	3:30.13
10 Stokes, Georgina	12 Newmarket	3:30.93
11 Herrell, Lucy	12 City of Norwich	3:37.00
12 Robinson, Rebecca	12 City of Norwich	3:37.61
13 Dodsworth, Terri	12 Newmarket	3:38.28
14 Nelson, Alice	12 City of Norwich	3:43.23
15 Housley, Abigail	12 West Suffolk	3:44.52
16 Chapman, Emily	12 Bottisham	3:47.42
17 Beckmann, Rose	12 City of Ely	3:47.49
18 Chapman, Lily	12 Norwich Swan	3:53.82
19 Clark, Imogen	12 West Suffolk	3:54.84
20 Hutton, Rachel	12 Stowmarket	3:58.38
21 Patterson, Annabelle	12 City of Norwich	4:00.60
22 Yeates, Lane	12 City of Norwich	4:31.13

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Event 24 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 McKay, Caitlin	13 West Suffolk	3:08.75
2 Snelham, Hannah	13 Deben	3:11.41
3 Genner, Lily	13 West Suffolk	3:20.33
4 Martin, Bethany	13 Cambridge	3:28.58
5 Wood, Maddie	13 Diss Otters	3:35.17
6 Abram, Mollie	13 City of Norwich	3:46.89
7 Treutler, Anna	13 City of Norwich	3:48.39

Event 24 Girls 14 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Barrett, Louise	14 Stowmarket	3:20.09
2 Booth, Gemma	14 Newmarket	3:20.64
3 Penney, Rebecca	14 Cambridge	3:26.06
4 Winslow, Maisie	14 City of Norwich	3:41.67
5 Dewsbery, Madison	14 Diss Otters	3:45.78

Event 24 Girls 15-99 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Davis, Charlie	15 Newmarket	3:10.94
2 Chapman, Lauren	17 Bottisham	3:17.71
3 Barrios, Molly	15 Bottisham	3:24.38
4 Barrios, Megan	16 Bottisham	3:25.70
5 Butelli, Agata	17 City of Norwich	3:26.84

Event 25 Boys 9 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Abramson, Samuel	9 City of Norwich	39.09
2 Andrews, Lewis	9 City of Norwich	39.25
3 McGonigle, Joseph	9 Newmarket	40.49
4 Wilson, George	9 City of Norwich	41.82
5 White, Leo	9 City of Norwich	42.36
6 Baker, Matthew	9 West Suffolk	42.62
7 Rowley, Jack	9 City of Norwich	44.10
8 Kiddy, Jake	9 Deben	44.83
9 Brown, William	9 Diss Otters	45.10
10 Brookes, Maximilian	9 Diss Otters	45.14
11 Moktadir, Adam	9 Cambridge	45.67
12 Williamson, James	9 Cambridge	47.07
13 Tolputt, Samuel	9 Deben	47.22
14 King, Oscar	9 City of Norwich	47.36
15 Thake, Andrew	9 Bottisham	47.37
16 Williams, Jack	9 Fltwick Dolphins	47.60
17 Baldwin, Curtis	9 Newmarket	48.82
18 Weston, Elliott	9 Cambridge	49.44
19 Robbins, Samuel	9 West Suffolk	51.36

Event 25 Boys 10 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Patterson, Alex	10 City of Norwich	35.73
2 Davies-Haywood, Maximilian	10 City of Norwich	36.18
3 Barnes, Joshua	10 West Suffolk	37.92
4 Ellard, William	10 Kingfishers	39.26
5 Dodsworth, Raven	10 Newmarket	39.58
6 Ruffles-Francis, Vaughn	10 Stowmarket	41.11
7 Rogers, Jameson	10 West Suffolk	41.36
8 Wortley, Tom	10 West Suffolk	47.64
--- Bavey, Joseph	10 Newmarket	X30.64

Event 25 Boys 11 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Tepedino, Elio	11 Cambridge	33.04
2 Baldwin, Zak	11 Newmarket	34.57
3 Mantis, Spyros	11 Newmarket	34.87
4 Crossfield, James	11 Deben	34.88
5 Merhan, Edward	11 West Suffolk	35.19
6 Hudson, Harry	11 Vikings	35.82
7 Button, Harry	11 Diss Otters	35.91
8 Hilton, Thomas	11 Deben	36.98
9 Barker, Owen	11 West Suffolk	37.83
10 Chapman, Jacob	11 Stowmarket	39.27
11 Baker, Samuel	11 West Suffolk	41.12
12 Tatum, Christopher	11 Diss Otters	42.93

Event 25 Boys 12 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Smith, Tealk	12 Kingfishers	30.79
2 Martinez, James	12 West Suffolk	32.26
*3 Beavis, Cameron	12 Newmarket	32.59
*3 Sidney-Roberts, William	12 City of Norwich	32.59
5 Willmott, Matthew	12 West Suffolk	32.63
6 Brindley, Robbie	12 West Suffolk	32.89
7 Day, Sam	12 Kingfishers	33.33
8 Brigginsshaw, Archie	12 Deben	33.53
9 Ward, Jack	12 Deben	33.54
10 Taylor, Luke	12 Cambridge	33.86
11 Wortley, Ben	12 West Suffolk	33.87
12 Houston, Connor	12 Deben	34.07
13 Munro-Smith, Casper	12 West Suffolk	34.08
14 Green, James	12 Kingfishers	34.95
15 Arora, Aryan	12 Deben	35.31
16 Clarke, Ross	12 West Suffolk	35.55
17 Vaughan, Matthew	12 Kingfishers	35.74
18 Mann, Oliver	12 Kingfishers	36.19
19 Lawrence, Jacob	12 Bottisham	37.29
20 Thurston-Woolnough, Ollie	12 Kingfishers	37.97
21 Black, Luke	12 Stowmarket	40.35

Event 25 Boys 13 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Crisp, Brandon	13 Kingfishers	30.92
2 Aitken, Jeremy	13 Kingfishers	30.96
3 Kenning, Thomas	13 West Suffolk	31.06
4 Smart, Harry	13 West Suffolk	31.13
5 Munro-Smith, Sebastian	13 West Suffolk	32.38
6 Swarbrick, Alex	13 Newmarket	32.54
7 Hall, Harvey	13 Deben	32.78
8 Barwick, Harry	13 Vikings	33.53
9 Frost, Daniel	13 Cambridge	34.46
10 Bond, Thomas	13 Kingfishers	35.23
11 Bingham, Oliver	13 Stowmarket	35.99

Event 25 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Thurston-Woolnough, Daniel	14 Kingfishers	29.27
2 Bachu, Issac	14 Diss Otters	29.37
3 Poltorak, Maksymiiian	14 City of Norwich	30.49

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(Event 25 Boys 14 Year Olds 50 SC Meter Freestyle)

Name	Age Team	Finals Time
4 Dineshkumar, Vijay	14 West Suffolk	31.24
5 Quick, Ben	14 West Suffolk	31.55
6 Allen, Ben	14 West Suffolk	32.38
7 Fletcher, Joe	14 Stowmarket	32.39
8 Nicol, Connor	14 Bottisham	32.81
9 Graham, Sam	14 West Suffolk	35.53

Event 25 Boys 15-99 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Yeates, Noah	16 City of Norwich	29.11
2 Challenger, Jake	15 City of Ely	30.30
3 den Ouden, Youri	15 Bottisham	32.44
--- Clarke, Jacob	15 West Suffolk	X26.49

Event 26 Girls 9 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Arbon, Dayna	9 City of Norwich	38.19
2 Chen, Ellice	9 City of Norwich	40.43
3 Ransome, Matilda	9 Cambridge	40.56
4 Gilbertson, Ella	9 City of Norwich	40.65
5 Colbourne, Amy	9 City of Norwich	43.20
6 Chapman, Eva	9 City of Norwich	43.70
7 Nicholls, Abigail	9 City of Norwich	43.78
8 Barker, Megan	9 West Suffolk	43.83
9 Clark, Darcy	9 Stowmarket	44.27
10 Collins, Eliza	9 City of Norwich	44.36
11 Flack, Eloise	9 Stowmarket	45.01
12 Hudson, Amelia	9 Vikings	45.26
13 Miller, Tiggy	9 Diss Otters	47.56
14 Hailes, Lucy	9 Kingfishers	49.38
15 Hutton, Emily	9 Stowmarket	51.78
16 Bachu, Millie	9 Diss Otters	53.54

Event 26 Girls 10 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Irvine, Thea	10 Diss Otters	36.25
2 Benedetti, Erica	10 Stowmarket	37.84
3 Pooley, Elsie	10 Newmarket	37.94
4 Hammond, Lauren	10 Cambridge	38.13
5 Parke, Eve	10 City of Norwich	38.47
6 McNicholas, Caitlin	10 Deben	39.11
7 Day, Jess	10 Kingfishers	39.29
8 Gotch, Imogen	10 West Suffolk	39.66
9 Martinez, Princess	10 West Suffolk	40.24
10 Cutting, Emily	10 West Suffolk	40.84
11 Rushton, Georgia	10 West Suffolk	41.23
12 Brookes, Luella	10 Diss Otters	41.41
13 King, Alice	10 Stowmarket	42.39
14 Smith, Sydney	10 Cambridge	42.70
15 Wood, Kathryn	10 Diss Otters	43.30
16 Sergeant, Adela	10 West Suffolk	45.49
17 Washington, Mae	10 Stowmarket	45.52
--- Clark, Alice	10 West Suffolk	X35.98

Event 26 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Reynolds, Leah	11 City of Norwich	34.58

2 Shaw, Katy	11 Stowmarket	34.99
3 Hall, Helena	11 Deben	35.09
4 Phillips, Daisy	11 Newmarket	35.18
5 Ellard, Lily	11 Kingfishers	35.34
6 Adcock, Lucy	11 Kingfishers	35.54
7 Keegan, Ciara	11 Cambridge	37.29
8 Small, Alise	11 Diss Otters	37.62
9 Galbraith, Catherine	11 Deben	38.29
10 Crawley, Sophie	11 Kingfishers	39.36
11 Kennedy, Isabella	11 Stowmarket	40.40
12 Barrett, Jessica	11 West Suffolk	40.76
13 McGuire, Charlotte	11 West Suffolk	41.42
14 Dewsbery, Amber	11 Diss Otters	42.44
15 Dampier, Lirit	11 Cambridge	42.56
16 Watson, Emily	11 City of Norwich	44.49
17 Illueca-Kent, Anna	11 Bottisham	44.51
18 Balado, Imogen	11 Vikings	46.90
19 Van Wijk, Lauren	11 West Suffolk	48.23
--- Hudson, Lucy	11 West Suffolk	X31.76
--- Ransome, Lily Mae	11 Cambridge	X33.29

Event 26 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Cowlan-Neal, Megan	12 Newmarket	32.17
2 Rushton, Evie	12 West Suffolk	32.89
3 Penney, Eleanor	12 Cambridge	34.34
4 Miller, Cassia	12 Diss Otters	34.90
5 Huckstep, Mia	12 West Suffolk	34.95
6 Patterson, Annabelle	12 City of Norwich	35.00
7 Poll, Daisy	12 Kingfishers	35.24
8 King, Emily	12 Stowmarket	35.31
9 Nelson, Alice	12 City of Norwich	35.37
10 McGonigle, Ella	12 Newmarket	35.45
11 Kowalska, Karolina	12 Cambridge	35.56
12 Ungless, Isabelle	12 West Suffolk	35.57
13 Clark, Imogen	12 West Suffolk	36.00
14 Rogers, Katie-Elize	12 West Suffolk	36.11
15 Housley, Abigail	12 West Suffolk	36.59
16 Dodsworth, Terri	12 Newmarket	37.12
17 Taylor, Libby	12 City of Norwich	37.47
18 Stokes, Georgina	12 Newmarket	37.61
19 Rootes, Freya	12 West Suffolk	37.81
20 Fynn, Jessica	12 Cambridge	38.02
21 Branton, Poppy	12 Deben	38.54
22 Hutton, Rachel	12 Stowmarket	39.73
23 Chapman, Emily	12 Bottisham	41.62
24 Muir, Christabel	12 Stowmarket	41.81
25 Yeates, Lane	12 City of Norwich	44.29
--- Sampson, Alex	12 Kingfishers	X33.05

Event 26 Girls 13 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Weston, India	13 Vikings	31.79
2 Jordan-Lee, Millie	13 Stowmarket	33.59
3 Martin, Bethany	13 Cambridge	33.99
4 Wood, Maddie	13 Diss Otters	35.17
5 Muktadir, Zara	13 Cambridge	37.47
6 Chapman, Freya	13 Stowmarket	38.84

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(Event 26 Girls 13 Year Olds 50 SC Meter Freestyle)

Name	Age Team	Finals Time
7 Abram, Mollie	13 City of Norwich	39.10
8 Hitch, Megan	13 Bottisham	39.42
9 Levett, Bethany	13 Stowmarket	43.28
--- Waller, Emily	13 Kingfishers	X30.96
--- Williams, Kiera	13 West Suffolk	X31.65
--- McKay, Caitlin	13 West Suffolk	X32.73

Event 26 Girls 14 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Everard, Manon	14 Stowmarket	32.19
2 Holland, Megan	14 West Suffolk	32.23
3 Anderson, Naryce	14 City of Norwich	32.51
4 Brown, Alice	14 West Suffolk	32.63
5 Penney, Rebecca	14 Cambridge	33.97
6 Bell-Williamson, Ruby	14 Bottisham	34.91
7 Cooper, Molly	14 Vikings	36.37
8 Clark, Ella	14 West Suffolk	37.38

Event 26 Girls 15-99 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Barrios, Megan	16 Bottisham	33.09
2 Chapman, Lauren	17 Bottisham	33.59
3 Barrios, Molly	15 Bottisham	33.90
4 Cordoba Young, Marisa	15 Vikings	33.97
5 White, Bethan	15 Bottisham	34.28
6 Challenger, Lauren	15 City of Ely	36.46
7 Livesey, Jessica	15 Bottisham	37.52

Event 27 Boys 9 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Abramson, Samuel	9 City of Norwich	1:38.57
2 Andrews, Lewis	9 City of Norwich	1:39.43
3 McGonigle, Joseph	9 Newmarket	1:44.84
4 Baker, Matthew	9 West Suffolk	1:45.01
5 White, Leo	9 City of Norwich	1:46.13
6 Wilson, George	9 City of Norwich	1:48.09
7 Brown, William	9 Diss Otters	1:50.62
8 Rowley, Jack	9 City of Norwich	1:53.69
9 Williams, Jack	9 Fltwick Dolphins	1:55.90
10 Brookes, Maximilian	9 Diss Otters	1:57.63
11 Moktadir, Adam	9 Cambridge	1:59.15
12 Weston, Elliott	9 Cambridge	1:59.87
13 Williamson, James	9 Cambridge	2:02.13
--- King, Oscar	9 City of Norwich	DQ

4.4 Starting before starting signal - misc

Event 27 Boys 10 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 O'Connor, James	10 West Suffolk	1:29.29
2 Barnes, Joshua	10 West Suffolk	1:31.99
3 Davies-Haywood, Maximilian	10 City of Norwich	1:32.32
4 Blair, Callum	10 Diss Otters	1:38.03
5 Patterson, Alex	10 City of Norwich	1:40.15
6 Ellard, William	10 Kingfishers	1:43.88
7 Ruffles-Francis, Vaughn	10 Stowmarket	1:46.41
8 Dodsworth, Raven	10 Newmarket	1:46.62
--- Bavey, Joseph	10 Newmarket	X1:17.17

--- Wortley, Tom 10 West Suffolk DQ
7.1 After the start or after each turn single fly kick not performed before the 1

Event 27 Boys 11 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Tepedino, Elio	11 Cambridge	1:25.73
2 Merhan, Edward	11 West Suffolk	1:28.65
3 Baldwin, Zak	11 Newmarket	1:29.88
4 Crossfield, James	11 Deben	1:32.73
5 Button, Harry	11 Diss Otters	1:33.08
6 Mantis, Spyros	11 Newmarket	1:33.63
7 Hudson, Harry	11 Vikings	1:37.70
8 Hilton, Thomas	11 Deben	1:37.77
9 Chapman, Jacob	11 Stowmarket	1:41.89
--- Tatum, Christopher	11 Diss Otters	DQ
7.2 Arm movements not simultaneous or not in the same horizontal plane - b		
--- Baker, Samuel	11 West Suffolk	DQ
7.6 Touch not simultaneous and/or hands not separated - breast		
--- Barker, Owen	11 West Suffolk	DQ
6.6 Not on the back at finish - back		

Event 27 Boys 12 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Munnings, Matthew	12 Diss Otters	1:18.03
2 Smith, Tealk	12 Kingfishers	1:18.26
3 Briggins, Archie	12 Deben	1:22.16
4 Willmott, Matthew	12 West Suffolk	1:22.23
5 Day, Sam	12 Kingfishers	1:22.61
6 Brindley, Robbie	12 West Suffolk	1:25.41
7 Houston, Connor	12 Deben	1:25.57
8 Beavis, Cameron	12 Newmarket	1:26.45
9 Munro-Smith, Casper	12 West Suffolk	1:27.60
10 Sidney-Roberts, William	12 City of Norwich	1:28.07
11 Ward, Jack	12 Deben	1:28.33
12 Green, James	12 Kingfishers	1:30.90
13 Mann, Oliver	12 Kingfishers	1:30.97
14 Taylor, Luke	12 Cambridge	1:31.06
15 Clarke, Ross	12 West Suffolk	1:31.57
16 Vaughan, Matthew	12 Kingfishers	1:31.74
17 Lawrence, Jacob	12 Bottisham	1:37.62
18 Arora, Aryan	12 Deben	1:38.56
19 Black, Luke	12 Stowmarket	1:48.39

Event 27 Boys 13 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Swarbrick, Alex	13 Newmarket	1:20.70
2 Hall, Harvey	13 Deben	1:21.76
3 Aitken, Jeremy	13 Kingfishers	1:21.80
4 Barwick, Harry	13 Vikings	1:24.80
5 Smart, Harry	13 West Suffolk	1:25.91
6 Bond, Thomas	13 Kingfishers	1:26.01
7 Munro-Smith, Sebastian	13 West Suffolk	1:26.27
8 Frost, Daniel	13 Cambridge	1:30.18
9 Bingham, Oliver	13 Stowmarket	1:36.17
--- Crisp, Brandon	13 Kingfishers	DQ
7.6 Touch not simultaneous and/or hands not separated - breast		

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Event 27 Boys 14 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Chapman, Lewis	14 Stowmarket	1:14.30
2 Bachu, Issac	14 Diss Otters	1:15.24
3 Dineshkumar, Vijay	14 West Suffolk	1:18.12
4 Poltorak, Maksymiiian	14 City of Norwich	1:18.58
5 Fletcher, Joe	14 Stowmarket	1:22.85
6 Allen, Ben	14 West Suffolk	1:24.22
7 Graham, Sam	14 West Suffolk	1:31.29

Event 27 Boys 15-99 100 SC Meter IM

Name	Age Team	Finals Time
1 Clarke, Jacob	15 West Suffolk	1:10.66
2 Challenger, Jake	15 City of Ely	1:16.38
3 den Ouden, Youri	15 Bottisham	1:27.47

Event 28 Girls 9 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Stratford, Miriam	9 Newmarket	1:33.91
2 Arbon, Dayna	9 City of Norwich	1:36.40
3 Chen, Ellice	9 City of Norwich	1:41.59
4 Chapman, Eva	9 City of Norwich	1:44.58
5 Colbourne, Amy	9 City of Norwich	1:47.94
6 Nicholls, Abigayle	9 City of Norwich	1:48.70
7 Barker, Megan	9 West Suffolk	1:52.88
8 Miller, Tiggy	9 Diss Otters	2:11.38
--- Ransome, Matilda	9 Cambridge	X1:37.05
--- Flack, Eloise	9 Stowmarket	DQ
9.3 Finish of each stroke not in accordance with rules for the particular stroke		
--- Hudson, Amelia	9 Vikings	DQ
8.2 Arms not brought forward simultaneously - fly		
--- Gilbertson, Ella	9 City of Norwich	DQ
8.4 At turn or finish, did not touch with both hands - fly		
--- Collins, Eliza	9 City of Norwich	DQ
7.2 Arm movements not simultaneous or not in the same horizontal plane - b		

Event 28 Girls 10 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Irvine, Thea	10 Diss Otters	1:32.63
2 Clark, Alice	10 West Suffolk	1:33.33
3 Hammond, Lauren	10 Cambridge	1:33.53
4 Lee, Natasha	10 City of Norwich	1:37.51
5 Gotch, Imogen	10 West Suffolk	1:38.38
6 Benedetti, Erica	10 Stowmarket	1:39.43
7 Parke, Eve	10 City of Norwich	1:40.44
8 McNicholas, Caitlin	10 Deben	1:42.25
9 Rushton, Georgia	10 West Suffolk	1:43.90
10 Pooley, Elsie	10 Newmarket	1:44.14
11 Cutting, Emily	10 West Suffolk	1:44.46
12 King, Alice	10 Stowmarket	1:44.75
13 Wood, Kathryn	10 Diss Otters	1:45.69
14 Day, Jess	10 Kingfishers	1:45.95
15 Smith, Sydney	10 Cambridge	1:46.07
16 Brookes, Luella	10 Diss Otters	1:54.14

Event 28 Girls 11 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Marks, Etholle	11 Newmarket	1:22.07
2 Williams, Cerys	11 West Suffolk	1:22.89

3 Andrews, Katie	11 City of Norwich	1:24.00
4 Reynolds, Leah	11 City of Norwich	1:27.41
5 Ransome, Lily Mae	11 Cambridge	1:28.48
6 Ellard, Lily	11 Kingfishers	1:28.83
7 Shaw, Katy	11 Stowmarket	1:30.33
8 Keegan, Ciara	11 Cambridge	1:30.81
9 Hall, Helena	11 Deben	1:31.06
10 Small, Alise	11 Diss Otters	1:32.88
11 Galbraith, Catherine	11 Deben	1:36.26
12 Bradford, Alice	11 Newmarket	1:40.82
13 Barrett, Jessica	11 West Suffolk	1:46.64
14 Dewsbery, Amber	11 Diss Otters	1:48.41
15 Crawley, Sophie	11 Kingfishers	1:49.22
16 Illueca-Kent, Anna	11 Bottisham	1:52.15
17 Balado, Imogen	11 Vikings	1:53.23
18 Kennedy, Isabella	11 Stowmarket	1:53.63
19 Watson, Emily	11 City of Norwich	1:53.76
20 Williams, Freya	11 Fltwick Dolphins	1:54.60
--- Hudson, Lucy	11 West Suffolk	X1:21.57
--- Phillips, Daisy	11 Newmarket	DQ

7.2 Arm movements not simultaneous or not in the same horizontal plane - b

Event 28 Girls 12 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Houston, Ella	12 Deben	1:19.90
2 Cowlan-Neal, Megan	12 Newmarket	1:21.90
3 Rushton, Evie	12 West Suffolk	1:22.63
4 Robinson, Rebecca	12 City of Norwich	1:26.64
5 Huckstep, Mia	12 West Suffolk	1:26.91
6 McGonigle, Ella	12 Newmarket	1:27.27
7 Clarke, Amy	12 City of Norwich	1:27.30
8 Davis, Ruby	12 Newmarket	1:27.80
9 Miller, Cassia	12 Diss Otters	1:28.75
10 Kowalska, Karolina	12 Cambridge	1:28.78
11 Fynn, Jessica	12 Cambridge	1:29.39
12 Penney, Eleanor	12 Cambridge	1:29.76
13 Ungless, Isabelle	12 West Suffolk	1:30.99
14 Housley, Abigail	12 West Suffolk	1:32.24
15 Stokes, Georgina	12 Newmarket	1:33.37
16 Genner, Emily	12 West Suffolk	1:33.70
17 Dodsworth, Terri	12 Newmarket	1:33.80
18 Nelson, Alice	12 City of Norwich	1:34.21
19 Taylor, Libby	12 City of Norwich	1:34.81
20 Rogers, Katie-Elize	12 West Suffolk	1:35.12
21 Rootes, Freya	12 West Suffolk	1:36.88
22 Patterson, Annabelle	12 City of Norwich	1:38.90
23 Branton, Poppy	12 Deben	1:39.26
24 Chapman, Emily	12 Bottisham	1:41.61
--- King, Emily	12 Stowmarket	DQ
8.3 Movements of the legs not simultaneous - fly		
--- Hutton, Rachel	12 Stowmarket	DQ
8.2 Arms not brought forward simultaneously - fly		

Event 28 Girls 13 Year Olds 100 SC Meter IM

Name	Age Team	Finals Time
1 Dootson, Ella	13 Stowmarket	1:15.53
2 Peacock, Molly	13 West Suffolk	1:19.28
3 Weston, India	13 Vikings	1:19.45

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(Event 28 Girls 13 Year Olds 100 SC Meter IM)

	Name	Age Team	Finals Time
4	Williams, Kiera	13 West Suffolk	1:20.02
5	Miller, Otilie	13 Diss Otters	1:21.44
6	McKay, Caitlin	13 West Suffolk	1:21.80
7	Branton, Rose	13 Deben	1:24.08
8	Robbins, Holly	13 West Suffolk	1:24.82
9	Jordan-Lee, Millie	13 Stowmarket	1:25.29
10	Martin, Bethany	13 Cambridge	1:25.99
11	Jordan-Lee, Maddie	13 Stowmarket	1:27.43
12	Moktadir, Zara	13 Cambridge	1:34.32
13	Hitch, Megan	13 Bottisham	1:37.00
14	Abram, Mollie	13 City of Norwich	1:44.35
---	Waller, Emily	13 Kingfishers	X1:18.49
---	Wood, Maddie	13 Diss Otters	DQ

6.5 Not on back when leaving the wall - back

Event 28 Girls 14 Year Olds 100 SC Meter IM

	Name	Age Team	Finals Time
1	Booth, Gemma	14 Newmarket	1:18.82
2	Anderson, Naryce	14 City of Norwich	1:22.92
3	Barrett, Louise	14 Stowmarket	1:23.93
4	Barrett, Sophie	14 Stowmarket	1:24.87
5	Holland, Megan	14 West Suffolk	1:25.30
6	Bell-Williamson, Ruby	14 Bottisham	1:26.19
7	Brown, Alice	14 West Suffolk	1:27.27
8	Cooper, Molly	14 Vikings	1:35.63
9	Clark, Ella	14 West Suffolk	1:40.03

Event 28 Girls 15-99 100 SC Meter IM

	Name	Age Team	Finals Time
1	Barrios, Megan	16 Bottisham	1:26.49
2	Cordoba Young, Marisa	15 Vikings	1:27.63
3	White, Bethan	15 Bottisham	1:30.77
4	Livesey, Jessica	15 Bottisham	1:36.01