



West Suffolk Swimming Club Long Distance Meet 2019

Held under Swim England Technical Rules Licensed Level 3ER191828

Programme of Events

Sunday 16th June 2019

Session One Warm-up: 10.00 am Start: 10.30 pm
Est Fin: 1.00 pm

Event	Female	Event	Male
1	1500m Freestyle	2	800m Freestyle

Session Two Warm-up: 1.30 pm Start: 2.00 pm
Est Fin: 5.00 pm

Event	Female	Event	Male
3	800m Freestyle	4	1500m Freestyle

Please note: all times provisional and subject to change based on entries