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| **The Neate Meet 2019**  **Friday 4th, Saturday 5th & Sunday 6th October**  **Held under Swim England Technical Rules Licensed Level 3ER191833** | wssc-logo |

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| **Individual Entry Form** | | | | |
| **Name** |  | **Date of Birth:** |  | **M/F (please circle)** |
| **Club:** |  | **ASA No:** |  | |
| **Email:** |  | **Tel:** |  | |

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| **Event** | **Male** | **Entry Time** | **Event** | **Female** | **Entry Time** |
| 1 | 400m Individual Medley |  | 2 | 400m Individual Medley |  |
| 3 | 400m Freestyle |  | 4 | 400m Freestyle |  |
| 5 | 200m Freestyle |  | 6 | 200m Freestyle |  |
| 7 | 50m Butterfly |  | 8 | 50m Butterfly |  |
| 9 | 100m Backstroke |  | 10 | 100m Backstroke |  |
| 11 | 100m Individual Medley |  | 12 | 200m Breaststroke |  |
| 13 | 200m Breaststroke |  | 14 | 50m Backstroke |  |
| 15 | 50m Backstroke |  | 16 | 100m Butterfly |  |
| 17 | 100m Butterfly |  | 18 | 100m Individual Medley |  |
| 19 | 200m Backstroke |  | 20 | 200m Backstroke |  |
| 21 | 100m Breaststroke |  | 22 | 100m Breaststroke |  |
| 23 | 50m Freestyle |  | 24 | 50m Freestyle |  |
| 25 | 200m Butterfly |  | 26 | 200m Butterfly |  |
| 27 | 100m Freestyle |  | 28 | 100m Freestyle |  |
| 29 | 50m Breaststroke |  | 30 | 50m Breaststroke |  |
| 31 | 200m Individual Medley |  | 32 | 200m Individual Medley |  |

**Please Note: NTs will not be accepted**

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| **Total No: of Entries** |  | **Payment @ £5.00 per entry** | **£** |
| **Payment method (please circle)** | **Cash** | **BACs** | **Cheque** |

Offers to officiate or request mentoring should be directed to: [officials@westsuffolkswimming.co.uk](mailto:officials@westsuffolkswimming.co.uk)

Cheques payable to ‘West Suffolk Swimming Club’ | BACS payments to West Suffolk Swimming Club Gala Account

Sort Code 20-16-12 A/C No: 10106593

Entries to: meets@westsuffolkswimming.co.uk

Closing date: Midnight Friday 6th September 2019 Age as of Sunday 6th October 2019