

The Neate Meet 2019

Held under Swim England Technical Rules Licensed Level
3ER191833



Programme of Events

Friday 4 October | Session One Warm-up: 6.00pm Start 6.30pm Est Fin 8.15pm

Event	Male	Event	Female
1	400m Individual Medley	2	400m Individual Medley
3	400m Freestyle	4	400m Freestyle

Saturday 5 October | Session Two Warm-up 12.00pm Start 1.00pm Est Fin 3.50pm

Event	Male	Event	Female
5	200m Freestyle	6	200m Freestyle
7	50m Butterfly	8	50m Butterfly
9	100m Backstroke	10	100m Backstroke
11	100m Individual Medley		

Saturday 5 October | Session Three Warm-up 4.00pm - Start 5.00pm Est Fin 7.30pm

Event	Male	Event	Female
		12	200m Breaststroke
13	200m Breaststroke	14	50m Backstroke
15	50m Backstroke	16	100m Butterfly
17	100m Butterfly	18	100m Individual Medley

Sunday 6 October | Session Four Warm-up 9.00am - Start 10.00am Est Fin 1.00pm

Event	Male	Event	Female
19	200m Backstroke	20	200m Backstroke
21	100m Breaststroke	22	100m Breaststroke
23	50m Freestyle	24	50 Freestyle
25	200m Butterfly	26	200m Butterfly

Sunday 6 October | Session Five Warm-up 1.30pm - Start 2.30pm Est Fin 5.15pm

Event	Male	Event	Female
27	100m Freestyle	28	100m Freestyle
29	50m Breaststroke	30	50m Breaststroke
31	200m Individual Medley	32	200m Individual Medley