

## **October Invitation Meet 1-3 October 2021**

**Venue** Bury St Edmunds Leisure Centre, Beetons Way, IP33 3TT

**Car Parking** Olding Road Car Park, IP33 3TA (entrance just off ASDA roundabout but the steps at far end bring you out opposite the front of the Leisure Centre)

Please Note: the West Suffolk College Car Park is not available

**As a precautionary safety measure, all swimmers, spectators, volunteers, officials and team personnel are strongly advised to complete a Lateral Flow Test (LFT) before arriving at the venue. They should remain at home if the test is positive.**

**No person should attend the meet if they are feeling in any way unwell.**

### **Swimmer entry**

Swimmers should arrive '**swim ready**' where possible but changing rooms are available if required by anyone travelling a long distance. On Friday, entry to the pool hall will be from 5.30pm via the fire exit door (not the main sports centre entrance). If you arrive earlier please wait outside at the side of the leisure centre. All swimmers will be seated and marshalled in the pool hall on Friday evening. Swimmers have access to the sports hall from 12pm on Saturday and 8.30am on Sunday via the fire door. Please do not arrive at the venue excessively early. All clubs will be designated an area for swimmers in the sports hall and they must wait in this area throughout the competition. Everyone will be expected to wear a **face mask** whilst walking in communal areas unless medically exempt. Swimmers will need to wear a mask whilst marshalling to the races. We suggest swimmers bring spare masks in case they get wet. Swimmers are allowed to eat in the sports hall but we would request that they please use the rubbish bags provided. Swimmers must bring and wear appropriate **indoor footwear**, the floor can become extremely slippery when wet and we would like to avoid any unnecessary accidents. It may be cold so we also advise swimmers to have warm **clothing to wear between races**. Please ensure that each swimmer has a see-through **plastic bag** in which to store any clothes and shoes they bring onto poolside while they are racing. Boxes that we have used in the past will not be available. Swimmers should leave the venue when their racing is done for the day unless they are required for presentation. Swimmers may use the changing rooms before going home.

### **Spectators**

We will be allowing spectators on Friday and Saturday. We will make a decision about Sunday based on how Saturday runs. We request each swimmer has a maximum of **1 spectator**. We will also be **live streaming** the event (see p3) so that any family and friends unable to attend will be able to watch. Please consider watching via the live stream in preference to coming to the venue. Links to the live stream will be emailed to clubs beforehand.

As a precaution, we will be insisting that everyone at the meet, including swimmers, spectators and volunteers, wear masks inside the facility, except when they are swimming or where they are medically exempt. All spectators will be expected to **stay seated** while they are in the seating area. Please **do not stand near the poolside barriers** as the officials are working close to that area and we want to keep them safe. As much as we all want to cheer on our swimmers please refrain from shouting. Lots of clapping is definitely encouraged though ☺

On Friday, spectators and swimmers will be seated together in the seating area of the pool. Each club will be allocated a section of seating. On Saturday the seating in the pool will be for spectators only. **Entry to the pool hall for spectators will be via the fire exit** (not the main sports centre entrance). Spectators are asked not to use the door into the corridor towards the sports hall as we will be using this corridor to allow the swimmers to move between the sports hall and pool hall.

**In order to assist with the government track and trace system we ask that all spectators log their visit by using Abbeycroft's QR code which is displayed on the walls in the venue.**

**Spectator entry fee** Friday: £2.00, Saturday: £3.00 per session or £5.00 all day

### **Withdrawals**

Withdrawals should be notified to [meets@westsuffolkswimming.co.uk](mailto:meets@westsuffolkswimming.co.uk) before Thursday 30<sup>th</sup> September at 6pm. The start lists for the weekend's races will then be created and published on [www.westsuffolkswimming.co.uk](http://www.westsuffolkswimming.co.uk). Subsequent withdrawals must be verbally notified by team personnel on the day to Jacqueline Chamberlain or Caroline Wright to help with efficient marshalling. Heats will be swum with empty lanes.

### **Swimmer Check In**

There will not be a check in desk for swimmers. Instead we ask that club coaches inform the gala promoters if there are any absences.

### **Awards**

These will be available from our medal table as soon as the results for each event have been posted. Age groups are 9,10,11,12,13,14,15, 16/over. Awards will be made for the three top placed swimmers in each age group. Awards will also be made to the highest scoring Boy and Girl using Hy-tek cumulative points system and Top Visiting Club.

### **Relays**

We have decided to add two relays to the weekend – please see updated programme for more information. This is purely to add a bit of fun and enjoyment to the weekend. There will not be any awards or cash prizes.

### **Results**

A full set of results will be available on our website [www.westsuffolkswimming.co.uk](http://www.westsuffolkswimming.co.uk) as soon as possible. Live results will be on Meet Mobile throughout the weekend. Results slips will also be given to Club Coaches on the day.

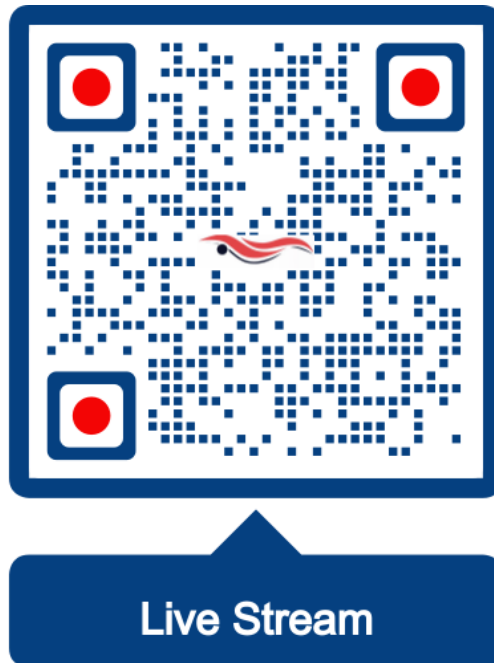
### **Swim Shop**

We are fortunate to have Stortford Sports Supplies visiting on Saturday. They provide a great selection of swimming equipment and offer an excellent service. If there is anything you would particularly like them to bring please contact them in advance at [stortfordsportsupplies@gmail.com](mailto:stortfordsportsupplies@gmail.com)

## Live Streaming

Please use the following link for the session 1 live stream

<https://youtu.be/pFPNAIGPVdw>



**We thank all visiting clubs for supporting our event and hope that all swimmers have an enjoyable meet!**