



WSSC Home Series: Round 3

Level 4 Licence TBC

Saturday 5th January 2019 | Abbeycroft Leisure Centre
Bury St Edmunds IP33 3TT

Held under Swim England Laws and Regulations and Swim England Technical Rules of Swimming and to the
ASA Open Meet Licensing Criteria

Meet Rules & Information

1. The competition is a Level 4 licensed meet, held under Swim England Laws and Swim England Technical Rules of Swimming.
2. The competition is only open to members of West Suffolk Swimming Club.
3. The promoter is Tina Hudson on behalf West Suffolk Swimming Club.
4. All events will be organised on a time trial basis to enable swimmers from Skills One Squad to Masters to gain a time/or refresh an existing time at a licenced meet and a 'Last Chance' opportunity to gain County Qualifying Times for 2019.
5. There will be no awards or medals for placings, it is time trial only.
6. Age groups are 8, 9, 10, 11, 12, 13, 14, 15, 16, 17 and over.
7. Age will be as of 31st December 2019.
8. The pool is 25m and 6 lanes with anti-turbulence lane ropes and use of electronic timing.
9. Over the top starts may be used at the referee's discretion
10. Heats will be swum mixed aged and gender with swimmers seeded by entry times.
11. Round Three will consist of 100m Freestyle, 100m Breaststroke, 100m Backstroke, 100m Butterfly and 200 IM.
12. There is no maximum number of entries, however, please bear in mind the duration of the session is only 2½ hours. If swimmers in Skills One & Two wish to race 100 Butterfly and 200IM they **must** seek coach approval to do so.
13. Entry times are not essential, please state NT on the entry form and we will try to seed you appropriately.
14. Entries will be accepted on a '**first come first served basis**' till the session time is full.
15. The cost to participate is an Entry Fee of £2.50 per race. All payments must be received by **5th January 2019**. Preferably by BACS payment to the WSSC Gala Account Sort Code: 20-16-12 Acc. 10106593 Reference HOME and Swimmer Surname.
16. Once entries have been confirmed and published on the club website no refunds will be issued unless there is a valid medical reason and at the discretion of the promoter.
17. Results will be published on the club website as soon as practically possible and will be supplied to British Swimming for entry into the national ranking database.
18. All Swimmers will be expected to register upon arrival.
19. In accordance with the Swim England Child Safeguarding Policies and Procedures, any parents

or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images. Should you have any concerns about photography or filming please bring them to the attention of the promoter. Participants and spectators are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Child Safeguarding Policy and Procedures, Wavepower 2016-19 Section 2 provides guidance on the use of social networking (page 72-75) and guidance on photography (page 76-77). <http://www.swimming.org/asa/clubs-and-members/safeguarding-children/>. Both sets of guidance apply if social media platforms are being used to share images or recordings either after the meet or during live streaming of the event.

20. No photography is permitted in changing rooms. Any person found to be contravening this condition will be required to leave the competition and venue without refund.
21. All participants must observe the safety precautions in operation at Abbeycroft Leisure Centre Bury St Edmunds. Neither the Promoter nor West Suffolk Swimming Club will be responsible for any loss or damage occurring during this meet.
22. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 1998 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
23. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing.