

SAST POLICY AGREEMENT UPDATE 2020

CODE OF CONDUCT, MOBILE PHONE SAFETY, SOCIAL MEDIA SAFETY AND ANTI-BULLYING POLICY

To All Members,

Now that we are well into the New Year, it's time to run through some of our policies again and make sure we are up to date as a Club.

CODE OF CONDUCT

Firstly, please can all swimmers sign the "Code of Conduct" Form.

MOBILE PHONE SAFETY

As many kids will have received mobile phones for Christmas, it's important that we remind them how to use them safely.

In order to comply with Scottish Swimming's guidelines, we need all swimmers and parents to read and sign the "Acceptable use of Mobile Phone Policy". This needs to be done annually.

We'd like to highlight from the policy that **no photos or videos should be taken within the changing rooms at any time**. Thanks.

SOCIAL MEDIA SAFETY

If your swimmer uses social media, please discuss with them how to use these apps safely. The most common apps for youngsters are **Snapchat, Instagram, Facebook and more recently TIK TOK**. Scottish Swimming asks us to remind our young swimmers to set their privacy settings and not to accept friend requests from people they don't know or from other adults in aquatics. Some of these apps have a reputation for not being secure, so please be aware of what your kids might be posting, for their own safety. Thank you.

ANTI-BULLYING POLICY

We are quite fortunate that we haven't had many bullying issues at SAST over the years. The kids are all great and generally really support one another which is fantastic. We'd still like to share Scottish Swimming's Anti-Bullying Policy for your information.

Please see link below:

<https://www.scottishswimming.com/media/2959359/Appx-7-Anti-Bullying-Policy.pdf>

Finally, thank you for taking the time to read this email today. If you ever have any concerns or queries of a Wellbeing or Child Protection nature, please contact either myself (Pamela) or Emma, confidentially on our email wpo@sast.me

Kind Regards,

Pamela Stevenson and Emma Lunan
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