

Code of Conduct for Parents

Parents are expected to:

1. Complete the Medical Information details, within the registration form, as requested by the club and detail any health conditions / concerns relevant to your child on the consent form. Any changes in the state of your child's health should be reported to the coach prior to coaching sessions. Ensure the club has up to date contact details for you and any alternative person.
2. Deliver and collect your child punctually to and from coaching sessions/swim meets. Please inform the club via OnDeck if your child is unable to attend. If the club changes your child's lane and training times, please remember the change is to provide appropriate levels of training and enable your child to progress and should be facilitated and encouraged at all times.
3. Ensure your child is properly and adequately attired for the training session/events including all required equipment, i.e. named water bottle for adequate hydration, hats, goggles etc.
4. Inform the Coach before a session if your child is to be collected early from a coaching session/meet and if so by whom.
5. Encourage your child to obey rules and teach them that they can only do their best.
6. Behave responsibly as a spectator at training / meets and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the ASA commitment to equality.
7. Ensure you do not use inappropriate language within the club environment.
8. Show appreciation and support your child and all the team members.
9. Parents should be aware that posting messages, comments or any other media on a social networking site that breaches the above requirement of a parent in a Swim England club may breach the SE Parents Code of Conduct.
10. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the club coach / nutritionist.
11. Support the club coach and committee appropriately and raise any concerns you have in an appropriate manner.
12. Do not enter poolside unless requested to do so or in an emergency. If you wish to have a discussion with the coach please arrange a time with the coach that is mutually convenient to both parties.
13. Most of all help your child enjoy the sport and achieve to the best of their ability.
14. Failure to adhere with the code of conduct for parents may result in investigation which could lead to disciplinary procedures. Verbal abuse of club coaches, officers, officials, other parents and swimmers in an inappropriate and unacceptable manner may lead to action taken through statutory agencies or legislation.

The club will undertake to:

- Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him / her.
- Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
- Ensure all activities are properly supervised / taught / coached and consent is obtained for any activity outside of that previously agreed.

The parent has a right to:

- Make a complaint to the club if they feel the club or a member of the club is not acting appropriate to ASA / club rules and regulations. Details of how to do this can be obtained from the club Welfare Officer.
- Make a complaint on behalf of their child to the ASA Office of Judicial Administration.

Code of Conduct for swimmers**General Behaviour**

1. Treat all members of the club with equality, due dignity and respect including: Fellow swimmers, coaches, officials, poolside helpers, competing club competitors.
2. Display a high standard of behaviour at all times. Always report any poor behaviour by other swimmers to an appropriate club officer.
3. The use of inappropriate or abusive language, bullying, harassment, discrimination or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.

Swimming training

1. Arrive in good time to stretch, 15 - 20 minutes before start time.
2. Have all your equipment with you, i.e. named water bottle for hydration, paddles; kick boards, hats, goggles etc.
3. Use the lavatory before training begins and always inform the coach if you need to leave the pool during training.
4. Listen to what your coach is telling you and concentrate on what you are doing.
5. Always swim to the wall as you do in a race, and practice turns as instructed.
6. Do not stop and stand in the lane, you may get injured.
7. Do not pull on the ropes as this may injure other swimmers.
8. Do not skip lengths or sets – you are only cheating yourself.
9. Keep lane discipline at all times and do not interfere with other lane swimmers.

Competition

1. You must swim events and galas that the Coach has entered/selected you for unless agreed otherwise by prior agreement with the relevant club official.
2. Report to your club coach/team manager on arrival at poolside.
3. At Open Meets, ensure that you go to your assembly point on time for the races you are entered in.
4. At all competitions behave in a manner that shows respect to your club, your coach and members of competing clubs.
5. Warm-up properly as directed by your coach, not playing or stopping in the lane. Turning practice should have taken place during your normal training sessions.
6. Be part of the team. Stay with the team on poolside. If you leave for any reason you must tell the Coach and Team Manager where you are going.
7. Listen for your race to be announced. Go to the marshalling area in time and report in. Take your hat and goggles with you.
8. Support your team mates. Everyone likes to be supported.
9. You must wear club uniform and hats when representing the club.
10. Swim down after the race, if possible. Do not use this time to play.
11. After your race report to the coach, not your parents and wait to receive feedback on your race and splits.