

Squad	Monday	Tuesday		Wednesday	Thursday		Friday		Saturday	Sunday	Sunday
	PM	AM	PM	PM	AM	PM	AM	PM	AM	PM land	PM Swim
<b>Cruisers</b>											
Northcroft						18:00-18:45 (VW)	06:00-07:30 (EH) (Discuss with Vicki - her permission to attend is mandatory)				
Kennet											17:30-18:30 (VW)
Brockhurst									07:30-8:30 (EH)		
<b>Sprinters</b>											
Northcroft						18:45-19:30 (VW)	06:00-07:30 (EH)	19:00-20:00 (EH)			
Kennet			18:00-19:00 (EH)								18:30-19:30 (VW)
<b>Challengers</b>											
Northcroft							06:00-07:30 (EH)			17:00-17:30 (EH)	17:30-19:00 (FB)
Hungerford				18:30-20:00 (FB)							
Kennet		06:00-07:30 (EH)	19:00-20:30 (EH)		06:00-07:30 (EH)				06:30-8:00 (LP)		
<b>B</b>											
Northcroft	19:00-21:00 (EH)			19:00-21:00 (CM)		19:30-21:00 (EH)	06:00-07:30 (EH)			18:00-19:00 (EH)	19:00-21:00 (EH)
Kennet		06:00-07:30 (EH)			06:00-07:30 (EH)						
Aldershot									12-2 (VW) (dates as per event sign up on website)		
<b>A</b>											
Northcroft	19:00-21:00 (EH)			19:00-21:00 (EH)		19:30-21:00 (EH)	06:00-07:30 (EH)	19:00-21:00 (EH)		18:00-19:00 (EH)	19:00-21:00 (EH)
Kennet		06:00-07:30 (EH)			06:00-07:30 (EH)						
Aldershot									12-2 (VW) (dates as per event sign up on website)		
<b>Masters and Youth</b>											
Northcroft							06:00-07:30 (EH)	20:00-21:00 (EH)			
Kennet		06:00-07:30 (EH)			06:00-07:30 (EH)				06:30-8:00 (LP) youth only		
Hungerford	19:30-20:30 (FC)			20:00-21:00 (FC)							

Coaches	Squad Coach	Other coaches for the squad	
Cruisers	Vicki Wade	Emma Harris	
Sprinters	Vicki Wade	Emma Harris	
Challengers	Freyja Baker	Emma Harris	Louise Peters Tracy Apps
B squad	Emma Harris	Carolyn McLeod	
A squad	Emma Harris	Vicki Wade	
Masters/Youth	Fiona Crane	Emma Harris	