



Welcome to Newbury District Swimming Club.

We are delighted you have joined our club. As a Swim England Club, NDSC strives to promote a programme that will inspire a love for the sport of swimming and provide an environment of motivation and enthusiasm that challenges and rewards at all levels. Every swimmer and parent/guardian is a valuable asset to our club and to our success. We strive to ensure that each swimmer learns, improves and has a positive experience that they will value forever.

Club training

The club's current Head Coach is Tony Woodward. Our other coaches and teachers, who all support Tony in running the club's training sessions, are Janet Hopkins, Emma Harris, Vicki Wade, Louise Peters, Dave Milburn, Mark Bruton, Tracy Apps, Nick Shanahan and Liz Pudney.

Our main training base is at Northcroft Leisure Centre, but sessions also take place at Kennet Leisure Centre, Brockhurst School, Hungerford Leisure Centre, Willink School and Aldershot Garrison pool.

Swimmers are placed into one of five squads when they join the club - Cruisers, Sprinters, Challengers, B-Squad and A-Squad, depending on their ability as assessed by our coaches. The club aims to help them progress through the squads as and when each individual swimmer is ready. NDSC also has a vibrant Youth and Masters squad.

Each squad has its individual requirements in regards to training expectations and more details can be found under the [squads tab](#) on our website. You can also find the current training times there too, under the [pool schedule tab](#). Sessions may change at specific times throughout the year due to pool closures and holidays, but the club will endeavour to inform parents/guardians of any changes in advance wherever possible.

Squad representatives

Each squad has its own dedicated coach and also a squad representative, who is normally a parent. If you ever have any questions the squad rep is the best person to contact first. All contact emails can be found on our website under the [club contacts tab](#).

Competitions

NDSC is a competitive club and we encourage all of our members to start competing as soon as possible. The club competes in various competitions throughout the year and more details can be found under the [events tab](#) on the website. One that must not be missed is our [Club Championships](#)

Before competing for the first time, please have a look at our [Gala Guide](#) which offers swimmers, and parents/guardians, more information about what to expect from a gala and what essential kit to take with you.

Emergency contact numbers

If you ever need to contact a coach, squad rep or leisure centre in an emergency there is a list of all the relevant contact numbers on our website under the [Emergency Contacts tab](#). Please note that this is a restricted area, however, and so you will have to login to your account to see the list.

Fees

Details of our current Squad and Annual Membership fees can be found here - [Club Fees](#)

Facebook page

We have two closed group Facebook pages where members can find information on club events, ask questions or even sell swimming related items that are no longer needed.

Junior Squads - <https://www.facebook.com/groups/NDSCSwimmersGroup/>

Masters - <https://www.facebook.com/groups/newburymasters/>

Please join the group that is relevant to you or your swimmer.

On Deck app

NDSC also has a phone app called OnDeck. This app allows you to keep up-to-date with all the latest club information, as well as modify your contact details and medical information, check yours or your child's swim times, enter galas and check your account balance.

Please click on the relevant link below to download the app.

[-Android Phones](#)

[-iPhones](#)

Volunteers

Newbury District Swimming Club is run entirely by volunteers. All members are welcome to contact us for any advice or with any query but please appreciate that you may not get an immediate response as all our volunteers, like everyone, have very busy lives. Contact emails can be found under the Coaches and Committee tab on the website.

We appreciate all offers of help to run our club and new volunteers are always made very welcome. Whatever your skills, interests and availability there will be a role for you at Newbury. We are always on the lookout for more volunteers to fill a variety of roles, including officials, committee members, admin support, fundraising, team managers and general helpers for home galas/meets. Please let any of the committee members or your squad rep know if you would like more details on helping out.

We have a club to be proud of thanks to everyone who is part of it and our Head Coach, Tony Woodward, has an incredible passion and drive to see NDSC grow into an even more successful club. Your help and support in achieving this will be much appreciated.

We wish you every success with Newbury and hope you enjoy your time with us.

From Newbury District Swimming Club coaches and committee members