

Squad	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Cruisers														
Northcroft								18:00-18:45	06:15-07:30					
Kennet														17:30-18:25
Brockhurst												08:30-09:30 (changing to 07:30-8.30 in Oct TBC)		
Sprinters														
Northcroft								18:50-19:35	06:15-07:30	19:00-19:55				
Kennet				18:00-18:55										18:35-19:30
Challengers														
Northcroft						19:00-20:25			06:15-07:30					17:30-18:55
Kennet			06:00-07:30	19:05-20:30			06:00-07:30				06:30-8:00			
B														
Northcroft		19:00-21:00				19:00-21:00		19:40-21:00	06:15-07:30					19:05-21:00
Kennet			06:00-07:30				06:00-07:30							
Aldershot												Expect from Nov 12:00-14:00		
A														
Northcroft		19:00-21:00						19:40-21:00	06:15-07:30	19:00-21:00				19:05-21:00
Kennet			06:00-07:30				06:00-07:30							
Hungerford						18:30-20:30								
Aldershot												Expect from Nov 12:00-14:00		
Masters and Youth														
Northcroft						20:35-21:30			06:15-07:30	20:05-21:00				
Kennet			06:00-07:30				06:00-07:30				06:30-8:00 youth only			