

### **Return to Training Provisional Training Timetable (Phase 1)**

<b>Day</b>	<b>Time</b>	<b>Squad</b>	<b>Location</b>
Monday	5.45am to 7.45am	Performance & A Squad	Harvey Hadden
Tuesday	5.45am to 7.45am	Performance, A & B1 Squads	Harvey Hadden
Thursday	5.45am to 7.45am	Performance, A & B2 Squad	Harvey Hadden
Friday	5.45am to 7.45am	Performance, A & B1 Squad	Harvey Hadden
Saturday AM	6.15am to 8.15am	Performance & A Squad	Harvey Hadden
Saturday AM	6.30am to 7.30am	B1 Squad	Harvey Hadden
Saturday AM	6.30am to 7.30am	B2 Squad	Harvey Hadden
Saturday AM	7.30am to 8.30am	Development	Harvey Hadden