

Return to Training Provisional Training Timetable (Phase 2 - 10th August onwards)

Day	Time	Squad	Location
Monday	6am to 8am	Performance & A Squad	Harvey Hadden
Monday	5pm to 7pm	Performance & A Squad	Harvey Hadden
Monday	7pm to 8pm	B1 Squad	Harvey Hadden
Monday	7pm to 8pm	B2 Squad	Harvey Hadden
Monday	8pm to 9pm	Development	Harvey Hadden
Tuesday	6am to 8am	Performance, A & B1 Squad	Harvey Hadden
Tuesday	5pm to 7pm	Performane & A Squad	Harvey Hadden
Tuesday	7pm to 8.30pm	B1 Squad	Harvey Hadden
Tuesday	7pm to 8.30pm	B2 Squad	Harvey Hadden
Thursday	6am to 8am	Performance, A & B2 Squad	Harvey Hadden
Thursday	5pm to 7pm	Performance & A Squad	Harvey Hadden
Thursday	7pm to 8.30pm	B1 Squad	Harvey Hadden
Thursday	7pm to 8.30pm	B2 Squad	Harvey Hadden
Friday	6am to 8am	Performance,A & B1 Squad	Harvey Hadden
Saturday AM	6.15am to 8.15am	Performance & A Squad	Harvey Hadden
Saturday AM	9.30am to 11am	Para Squad	Harvey Hadden
Saturday AM	6.30am to 7.30am	B1 Squad	Harvey Hadden
Saturday AM	6.30am to 7.30am	B2 Squad	Harvey Hadden
Saturday AM	7.30am to 8.30am	Development	Harvey Hadden