

Return to Training Provisional Training Timetable (Phase 3 - 7th September onwards)

Day	Time	Squad	Location
Monday	5.45am to 8am	Performance & A Squad	Harvey Hadden
Monday	5pm to 7pm	Performance & A Squad	Harvey Hadden
Monday	7pm to 8pm	B1 Squad	Harvey Hadden
Monday	7pm to 8pm	B2 Squad	Harvey Hadden
Monday	8pm to 9pm	Development	Harvey Hadden
Tuesday	5.45am to 8am	Performance, A & B1 Squad	Harvey Hadden
Tuesday	5pm to 7pm	Performance & A Squad	Harvey Hadden
Tuesday	7pm to 8.30pm	B1 Squad	Harvey Hadden
Tuesday	7pm to 8.30pm	B2 Squad	Harvey Hadden
Thursday	5.45am to 8am	Performance, A & B2 Squad	Harvey Hadden
Thursday	5pm to 7pm	Performance & A Squad	Harvey Hadden
Thursday	7pm to 8.30pm	B1 Squad	Harvey Hadden
Thursday	7pm to 8.30pm	B2 Squad	Harvey Hadden
Friday	5.45am to 8am	Performance, A & B1 Squad	Harvey Hadden
Saturday AM	6.00am to 8.15am	Performance & A Squad	Harvey Hadden
Saturday AM	6.15am to 7.30am	B1 Squad	Harvey Hadden
Saturday AM	6.15am to 7.30am	B2 Squad	Harvey Hadden
Saturday AM	7.30am to 8.30am	Development Squads	Harvey Hadden