

PRESS RELEASE



17th September 2018

Blue Fins Masters kick off the new season in style

A team of four Bicester Blue Fin's Masters kicked off the new season in exceptional style at the County Masters Championship Event at Maidenhead Magnet Leisure Centre on Sunday 16th September.

Three of the team secured gold medals with Mike Procter taking an impressive three from his four races. Team Representative Hannah Mansfield, who claimed four PB's, was delighted with the strong start to the season and said "This was our first meet since post-summer training (and a reduced schedule). It was a great opportunity for us to gauge where we are with regards to our target pace. We are all preparing for the National Championships at the end of October, and these results show us we are on target to meet our goals."

Results:

Hannah Mansfield (18-24 age group)

- 200m freestyle 2:35.13 Silver (PB)
- 200m backstroke 2:54.82 Gold (PB)
- 200m individual medley 3:04.57 Silver (PB)

Mike Procter (25-29 age group)

- 50m butterfly 00.27.08 Gold
- 100m butterfly 1:00.37 Gold
- 50m backstroke 00.29.41 Gold
- 100m individual medley 1:05.25 Silver

Alison McGregor (25-29 age group)

- 50m backstroke 00.37.90 Gold
- 100m freestyle 1:11.66 Bronze

Francis Varney (30-34 age group)

- 50m butterfly 00.30.73 Silver
- 100m freestyle 1:03.08 Bronze

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Head Coach Craig Oliver said "It's great to see our Masters leading by example with a strong start to the season. We hope to maintain the momentum all the way to the Nationals at the end of next month."

-Ends-

For further information, please contact:
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Notes to editors:

Bicester Blue Fins Amateur Swimming Club was established in 1950 and has been based at Bicester Leisure Centre since 1971. The Club aims to deliver a comprehensive teaching and training programme to maximise the potential of all swimmers and help them to achieve success at local, county, regional and national levels. Programmes are designed by the club's head coaching team and delivered by trained coaching / teaching staff assisted by a team of volunteer helpers who have either been swimmers themselves or who have children who are or have been swimmers.

Bicester Blue Fins is 'SWIM 21' accredited and affiliated to the ASA South East Region and the Oxfordshire & North Buckinghamshire ASA