PRESS RELEASE



9th October 2018

Blue Fins Shine with Sensational Start to Season

Maxwell Swim Club played host to a Level 3 Open Meet at Aquavale Swimming Pool in Aylesbury on the 6th and 7th of October. Over the course of the weekend 43 Blue Fins athletes attended and put in some sensational swims.

Flying the flag for the girls were Grace Bradney (13) and Tia Falkner (14) who took home an exceptional medal haul and fantastic PB's. An excited Grace who claimed a fantastic three golds, three silvers and a bronze plus two PB's said "It was great to be back after the summer. The atmosphere was amazing and helped us all as we had lots of team supporting. My favourite race was the 200m backstroke as I got such a good PB. I am really hoping to make Regionals again this year and the dream one day is Nationals".

Tia Falkner also shone achieving four PB's from her from her nine swims with one gold and six silvers. Leading the way for the boys was Luca Soleil-Arnephy (15) who claimed five medals from six swims (four Silvers and a Bronze) and bagged five PB's.

Other impressive performances swims came from;

Ethan Cavill (16) 100m freestyle – Bronze 50m backstroke – Bronze 50M fly - Gold

Maxim Tarna (11) 50m freestyle – Silver 400m freestyle – Silver 100m freestyle – Silver (PB) 50m fly – Gold (PB)

Joshua Scrivener (9) 400m freestyle – Gold (PB) 100m freestyle – Silver (PB) 200m individual medley - Gold (PB) 50m backstroke – Silver

PRESS RELEASE



Team Captain Rachel Lawrence (15) 200m individual medley – Bronze 50m fly – Bronze 50m breaststroke – Gold

Georgia Usher (13) 50m breaststroke – Gold 200m freestyle – Silver 100m breaststroke – Bronze

Medals also went to Katelin Cavill, Seb Gomm, Rayan Guesmi, Finlay Holman, Aidan Holman, Catlin Laverick, Ryan McKenzie, Frankie Oliver, Harry Snelgrove and Archie Steward.

Head Coach Craig Oliver "This weekend was a great return to racing for many of our team. After low intensity training in the summer, we used this meet to assess where our swimmers are before we go into our big work blocks. We saw many swimmers equaling or beating personal bests, plus a few hitting bit improvement times! For the Coaching Team and I, this is a very encouraging start to the season and has us all that little bit more excited over what 2019 has to offer our BBF team".

-Ends-

For further information, please contact: Gemma Scrivener Marketing & Communications Officer Bicester Blue Fins Amateur Swimming Club 07540 739564 bbf.pressofficer@gmail.com

Notes to editors:

Bicester Blue Fins Amateur Swimming Club was established in 1950 and has been based at Bicester Leisure Centre since 1971. The Club aims to deliver a comprehensive teaching and training programme to maximise the potential of all swimmers and help them to achieve success at local, county, regional and national levels. Programmes are designed by the club's head coaching team and delivered by trained coaching / teaching staff assisted by a team of volunteer helpers who have either been swimmers themselves or who have children who are or have been swimmers.

Bicester Blue Fins is 'SWIM 21' accredited and affiliated to the ASA South East Region and the Oxfordshire & North Buckinghamshire ASA