

PRESS RELEASE



30th October 2018

A Triumphant Weekend for Blue Fins

From 26th-28th October 13 Senior and Masters swimmer from Bicester Blue Fins competed at the Swim England Masters National Championships. This short course event took place at Ponds Forge in Sheffield and the squad put in some exceptional swims returning triumphantly with 14 medals in including three golds.

Mike Procter (25) took a spectacular three golds from his four events taking to the podium in the 50m freestyle, 50m fly and 100m fly. An elated Mike said "None of us expected to achieve as much as we did, but we have all worked really hard and sacrificed a lot particularly over the past three months. It feels so good that it paid off and we are all really enjoying the moment now and for some time to come!"

Ryan Steward had an outstanding Championship claiming two silver and two bronze medals from seven events. Andy Smith and Noah Cadle also excelled and took home individual medals. The Men's relay team did not disappoint with incredible performances claiming two silvers and a bronze from their three races.

Full information on all Blue Fins top eight finishes is detailed below;

- Mike Procter (25-29 years)
50m freestyle, 50m fly and 100m fly GOLD
100m freestyle 4th
- Ryan Steward (30-34 years)
50m freestyle and 100m freestyle 5th
200m freestyle and 100m individual medley SILVER
50m breaststroke and 100m breaststroke BRONZE
- Andy Smith (30-34 years)
100m freestyle and 200m freestyle 8th
50m backstroke 4th
100, backstroke BRONZE
- Noah Cadle (18-24 years)
1500m freestyle BRONZE
- David Jardine (40-44 years)
100m fly 8th
100m individual medley 6th
200m individual medley 4th

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- Samantha Usher (45-49)
1500m freestyle 4th
- Hannah Mansfield (18-24 years)
200m backstroke 5th
- Men's medley relay (4x50m) 120+
BRONZE
- Men's freestyle relay (4x50) 120+
SILVER
- Men's freestyle relay (4x100) 120+
BRONZE

(Relay team – Mike Procter, Ryan Steward, Andy Smith & Dave Jardine)

Meanwhile at the City of Bristol L3 Short Course Meet the Blue Fins Junior squad were also scooping silverware aplenty. Ben Inness (17) lead the way with an incredible three gold medals, five silvers and one bronze. Seb Gomm (12) bagged four silvers and Tom Henley (12) a gold and a silver. Other medallists were Ethan Cavill, Alex Pryce, Luca Soleil-Arnephy and Freddie Whybrow.

Coach Darren Inness said "it was a fantastic Meet for our swimmers. Every individual excelled with some securing PB's in every event, with the squad achieving a 64% PB rate overall. Poolside the atmosphere was amazing too and we all came away very pleased and proud".

It has been an exceptional weekend for Bicester Blue Fins, one which will be celebrated for some time and remembered always.

-Ends-

For further information, please contact:
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Notes to editors:

Bicester Blue Fins Amateur Swimming Club was established in 1950 and has been based at Bicester Leisure Centre since 1971. The Club aims to deliver a comprehensive teaching and training programme to maximise the potential of all swimmers and help them to achieve success at local, county, regional and national levels. Programmes are designed by the club's head coaching team and delivered by trained coaching / teaching staff assisted by a team of volunteer helpers who have either been swimmers themselves or who have children who are or have been swimmers.

Bicester Blue Fins is 'SWIM 21' accredited and affiliated to the ASA South East Region and the Oxfordshire & North Buckinghamshire ASA