

Chalfont Otters Swimming Club



Dear Swimmer,

Welcome to Chalfont Otters Swimming Club! Thank you for completing all the paperwork and returning it, you are now an official member of Chalfont Otters. We hope you will have an enjoyable and happy time as a swimmer at our club and that you make many new friends and enjoy training and competing with us.

Your parents have been given a letter, which includes details of your training times and squad allocation. This letter is to give you some additional information you may find helpful now or in the future.

Coaching

We, as a Swim21 club, are committed to help you swim, to enjoy your training, to learn to train hard and to achieve your potential. The coaches and teachers are here to help you do that and have been trained to do so in a safe and proper manner. You should soon get to know your coach and if you have any concerns about training do talk this over with your coach and your parents.

Handbook

A copy of the Official Otters Handbook can be downloaded via our website. Please go to the members section of www.chalfontotters.org.uk and print off your copy. It includes valuable information about how to make the most of your swimming training & how to prepare for galas.

Safeguarding

You may wonder what we mean by Safeguarding. Basically alongside our wish for you to enjoy and succeed at your swimming we want to ensure you are safe and happy in the club and we act upon anything that prevents that. That is what we call safeguarding our members. You may ask what am I being safeguarded from. So by way of an example we want to make sure you are not being:

- Bullied
- Treated differently to others
- Hurt by another person on purpose
- Ignored

Preventing such behaviour is very important to us as a club and to achieve that we have adopted a safeguarding policy called Wavepower. If you want to have a look at Wavepower the club Welfare Officer will have a copy or it can be viewed and downloaded from the ASA website, www.swimming.org. Wavepower has a section (Section 5) specifically for swimmers that the ASA Youth Forum has helped to write, which you may find interesting to read.



We know any bullying or poor behaviour towards you would make you feel unhappy so please do not feel you have to just put up with it. While we will do all we can to prevent anything happening it is important if something or someone causes you to be unhappy you tell someone. Tell your parent, your coach, the Club Welfare Officer or any other adult you feel happy to speak to. Any issues you raise will be dealt with in strictest confidence.

To assist you here are some helpful details of how you can raise concerns:

- Your club Welfare Officer is Liz Phippen and she can be contacted at lizhippen@chalfontotters.org.uk
- The ASA also have a helpline called Swimline if you want to tell someone but not anyone in the club. The number is 0808 100 4001. You will be asked to leave a number at which you can be contacted in the next 24 hours. If you feel you cannot wait that long for someone to talk to you hang on and you will be put through to the NCPCC / Child Line helpline number who will answer your call immediately.
- Child Power is an ASA section of the ASA website just for young people. It has a message link that you can send a concern in writing to the ASA Safeguarding Team who will then help you with whatever issue you have raised.

Codes of conduct

Just as we expect others to behave properly to you we expect all our swimmers to behave in an appropriate manner to their coaches, all club helpers, fellow swimmers and all adults and young people you have contact with in training and at competitions. You have signed the swimmers code of conduct, which goes alongside similar codes for the coaches, officers and swimmers. If you are unsure about any aspect of the code of conduct please feel free to ask.

We hope you will have a very happy and successful time while a member of Chalfont Otters.

Enjoy your swimming with Otters.

Yours sincerely,

Jen Hutchison
Membership Secretary

Below is a voucher for a Chalfont Otters hat and T-shirt. Please present your voucher at the Otters shop. The cost of these items have been included as part of your joining fee. The Otters shop opens most Sundays between 5pm and 6pm at Chalfont Leisure Centre.

Additional swimming equipment required are: Fins (flippers)
Pullboy
Float/kick board

Chalfont Otters Shop		Voucher 227
Swimmers Name		
Description	Qty	Collected
Chalfont Otters T-Bag Shirt	1	
Chalfont Otters Hat	1	
Authorised:	Date:	